



# ASA East Region Cheestrings BAGCAT Championships 2006

(Under ASA Laws & ASA Technical Rules)  
A Level One Licensed Meet - N<sup>o</sup>. ERX613/4



## EVENT 1 Boys Open 400m Freestyle

### 10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50 250	100 300	150 350	200 400
1.	Caleb HUGHES	10 Luton	5:04.42	439	33.38 39.48	38.55 39.12	39.49 38.57	38.44 37.39
2.	Joel KNIGHT	10 Hatfield	5:07.77	424	33.51 38.93	37.44 40.20	39.05 39.44	39.82 39.38
3.	Bradley CLARKE	10 Thurrock Swi	5:12.99	402	35.81 39.80	39.22 40.35	39.49 39.43	40.11 38.78
4.	Jordan PURDY	10 St Felix Sch	5:22.22	365	34.62 42.01	39.52 41.28	41.47 41.73	41.74 39.85
5.	Harry SMITH	10 UEA Norwich	5:25.29	354	37.57 41.52	41.23 41.93	41.65 39.79	41.88 39.72
6.	Matthew G BRIGHAM	10 Co Peterboro	5:29.75	338	35.15 42.12	40.75 42.59	41.88 43.04	42.13 42.09
7.	Kane FARRELL	10 Mid Beds	5:31.54	332	36.91 43.10	41.87 43.24	41.79 42.74	42.20 39.69
8.	George LAVALLIN	10 Mid Beds	5:31.65	332	36.26 42.91	42.19 43.14	42.57 42.03	43.59 38.96
9.	Tom LAMBERT	10 Luton	5:32.40	329	38.22 42.86	43.90 42.62	42.33 41.89	43.20 37.38
10.	Carl JOHNSON	10 St Ives	5:36.45	316	37.20 44.47	42.03 41.24	43.23 44.21	43.99 40.08
11.	Kilian KORTH	10 Ipswich	5:40.06	304	38.24 43.67	43.70 44.61	43.97 42.74	43.89 39.24
12.	Luke JONES	10 Hertsmere	5:59.35	249	37.75 47.66	44.62 47.41	45.45 46.34	46.16 43.96
13.	Luke DURBAN	10 Halstead	6:01.35	244	40.05 46.01	45.81 48.41	46.86 44.79	47.89 41.53
14.	Jonathan ANDVIG	10 Ipswich	6:10.34	223	40.40 47.07	47.91 47.53	48.67 46.22	48.87 43.67
	Charlie SMITH	10 Clacton On S	DNF					

### 11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50 250	100 300	150 350	200 400
1.	Luke BAILEY	11 St Felix Sch	4:49.48	512	32.35 37.16	36.91 37.59	36.81 36.55	37.61 34.50
2.	Miles GARNER	11 UEA Norwich	4:50.63	506	33.80 37.35	36.90 36.54	37.42 36.31	37.61 34.70
3.	Richard JEFFERIES	11 Co Cambridge	4:56.20	478	33.56 37.15	37.78 38.36	38.56 37.47	38.29 35.03
4.	Lewis HUGHES	11 UEA Norwich	5:02.97	445	33.94 38.95	37.81 38.96	39.30 39.03	38.90 36.08
5.	Daniel SORRELL	11 Chelmsford	5:04.61	438	33.57 39.18	38.19 38.98	39.02 38.34	39.69 37.64
6.	Henry CROSBY	11 Co Cambridge	5:17.50	384	34.80 41.59	39.56 40.85	39.81 40.73	40.78 39.38
7.	George FLINTHAM	11 UEA Norwich	5:17.65	383	34.60 40.40	40.39 40.97	41.10 40.65	40.90 38.64
8.	Joe HATTON	11 UEA Norwich	5:21.00	370	35.66 40.96	41.33 42.10	41.10 40.23	40.84 38.78
9.	Jake ROBINSON	11 Stevenage	5:21.83	367	34.81 41.08	39.82 41.52	41.38 41.37	41.71 40.14
10.	Alexander SHREEVE	11 UEA Norwich	5:22.24	365	35.46 41.35	40.38 41.47	42.29 41.69	41.76 37.84
11.	Senner KOSKOCAN	11 Harlow Pen	5:24.03	359	34.31 41.69	39.80 42.36	41.97 41.16	42.17 40.57
12.	Craig COLLIER	11 West Suffolk	5:25.48	353	37.79 41.94	40.41 42.11	41.30 40.85	41.10 39.98
13.	Ryan TOMKINS	11 Ipswich	5:28.64	342	37.35 42.29	41.70 42.16	42.93 40.96	43.19 38.06
14.	Henry NEWTON	11 Runnymede	5:38.51	309	36.11 44.56	42.32 44.49	43.46 43.32	44.37 39.88
15.	Cameron BASHIR	11 Sudbury	5:39.36	306	37.46 43.61	42.96 44.68	43.71 42.74	43.19 41.01
16.	Adam KEMP	11 West Suffolk	5:40.49	303	37.97 44.30	42.54 44.00	43.82 43.36	44.05 40.45
	Danny PROFFITT	11 West Suffolk	DNC					

**RESULTS**



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## 12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50 250	100 300	150 350	200 400
1.	Sean COLLIER	12 West Suffolk	4:43.03	547	30.29	34.13	35.51	35.96
					36.92	37.56	37.62	35.04
2.	Samuel MUNRO	12 St Felix Sch	4:43.96	542	32.45	35.68	36.41	36.40
					36.26	36.31	35.94	34.51
3.	Ricky JONES	12 Hatfield	4:47.13	524	32.16	36.38	36.01	37.27
					37.03	37.03	35.62	35.63
4.	Jack HOLLIS	12 Ipswich	4:47.41	523	32.20	36.44	36.72	37.00
					36.98	37.20	36.27	34.60
5.	Alex RAINE	12 Mid Beds	4:55.36	482	32.81	37.49	37.85	38.10
					37.36	37.21	39.00	35.54
6.	Tom KEENES	12 Chelmsford	4:56.06	478	33.14	36.72	37.52	38.27
					38.18	38.01	37.64	36.58
7.	Toby ANSELL	12 Luton	4:56.95	474	33.39	37.23	37.51	37.76
					38.16	38.43	38.45	36.02
8.	Joshua PAGE	12 UEA Norwich	4:57.21	473	33.10	37.68	37.89	39.00
					38.41	38.75	37.38	35.00
9.	Marius VERMAAK	12 Epping For't	4:57.47	471	33.02	37.48	38.55	38.36
					37.02	38.65	37.46	36.93
10.	David KELLEWAY	12 Bishop Stort	4:57.83	470	32.63	37.09	38.16	38.02
					37.78	37.90	38.47	37.78
11.	Dacre CAPSTICK	12 Berkhamsted	4:59.34	462	32.40	37.02	38.42	37.92
					38.25	38.69	39.08	37.56
12.	Joe WILSON-NEALE	12 Modernians	5:03.41	443	33.72	37.90	38.39	39.71
					38.21	39.74	38.54	37.20
13.	Charlie HAYES	12 Thurrock Swi	5:03.85	441	34.45	38.70	38.80	39.40
					38.65	38.77	37.47	37.61
14.	Lewis FARMER	12 Lowestoft &	5:06.03	432	34.72	38.97	40.09	40.31
					40.01	38.43	38.37	35.13
15.	Daniel RILEY	12 Luton	5:06.51	430	33.56	38.65	38.97	38.80
					39.60	40.00	39.57	37.36
16.	John M AYRES	12 Hoddesdon	5:09.28	417	34.85	39.62	40.67	39.71
					40.21	39.32	39.49	35.41
17.	Jay MUNKLEY	12 Hertsmere	5:09.52	416	34.25	40.00	40.67	39.66
					40.20	39.34	38.27	37.13
18.	Aydin BERKI	12 Luton	5:10.52	412	32.88	37.75	39.52	40.32
					40.83	41.25	39.68	38.29
19.	Samuel L MILLER	12 Co Peterboro	5:12.72	403	34.91	39.63	40.72	40.38
					39.91	40.61	39.56	37.00
20.	Luke WALSH	12 Thetford	5:13.14	401	33.55	38.16	39.85	39.71
					41.08	40.88	40.36	39.55
21.	Louis HOBBS	12 Hatfield	5:14.56	395	35.23	39.26	40.73	40.63
					40.60	40.36	40.48	37.27
22.	James STUDD	12 Deben	5:14.81	394	35.43	39.44	40.71	40.62
					40.30	40.19	40.50	37.62
23.	Robert L STAFFORD	12 Co Peterboro	5:15.56	391	33.01	38.48	40.31	40.74
					40.97	41.40	41.38	39.27
24.	Christopher MITCHELL	12 Epping For't	5:17.26	385	35.82	39.76	40.36	41.00
					40.17	40.79	40.37	38.99
25.	Josh PEDDER	12 Co Cambridge	5:19.07	377	34.17	38.64	40.80	40.90
					41.66	41.73	41.40	39.77
26.	Charlie TAYLOR-SMITH	12 Luton	5:25.40	354	34.55	40.09	41.23	41.77
					42.05	43.09	42.26	40.36
	Alex GARNER	12 Co Cambridge	DNF					

## 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50 250	100 300	150 350	200 400
1.	Dean WOODCOCK	13 Chelmsford	4:32.69	610	30.68	34.27	34.54	34.80
					34.94	35.13	34.68	33.65
2.	Callum CANDY	13 Hatfield	4:33.72	604	26.70	39.31	34.60	35.55
					34.33	35.30	34.13	33.80
3.	Jordan BATE	13 UEA Norwich	4:38.30	576	31.19	34.58	34.71	35.43
					35.34	36.11	35.40	35.54
4.	Thomas SUTTON	13 Kings Lynn	4:39.96	566	31.89	34.83	35.74	35.88
					36.31	35.69	35.48	34.14
5.	Adam INGLEDEW	13 Mid Beds	4:43.96	544	29.94	35.64	36.40	36.42
					36.39	37.14	37.33	34.70
6.	David LAMBERT	13 UEA Norwich	4:44.79	539	32.58	36.75	36.54	36.86
					36.73	36.97	34.28	34.08
7.	Conor HARROLD	13 Thurrock Swi	4:47.10	526	32.43	35.53	36.65	36.90
					37.01	36.98	36.37	35.23
8.	Braden WREN	13 Thurrock Swi	4:50.50	508	31.96	36.47	36.79	37.08
					37.16	37.73	37.40	35.91

**RESULTS**



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9.	Christian STOKES	13	Mid Beds	4:50.94	506	31.67	35.47	36.57	37.35
						37.31	37.88	38.00	36.69
10.	Andrew EGAN	13	Hemel Hemp	4:53.15	494	33.14	36.48	37.90	37.49
						37.36	37.61	36.86	36.31
11.	Mark PEAK	13	Deben	4:55.95	480	32.96	37.21	37.88	38.73
						38.18	38.45	38.38	34.16
12.	James ATTWATER	13	Deben	4:58.21	469	34.10	37.61	37.93	38.50
						38.04	38.38	37.66	35.99
13.	William BLACKABY	13	Stowmarket	4:58.97	465	32.06	37.36	38.02	38.92
						38.39	39.28	38.48	36.46
14.	Matthew DAVIES	13	Deben	5:00.29	459	34.16	37.44	38.61	38.00
						39.23	38.53	38.26	36.06
15.	Owen HANCOCK	13	Luton	5:02.31	449	33.96	37.78	38.61	39.11
						38.35	39.40	38.21	36.89
16.	James MITCHELL	13	Thurrock Swi	5:02.97	446	34.52	37.20	38.33	38.23
						38.68	38.86	38.89	38.26
17.	Jonathan DAVIS	13	Ipswich	5:05.87	433	32.59	37.59	39.42	39.66
						39.78	39.03	39.08	38.72
18.	Andrew THOMPSON	13	Co Cambridge	5:08.08	424	32.55	38.49	39.11	40.29
						39.25	40.07	40.26	38.06
19.	Timothy TRIPP	13	Colchester	5:08.14	423	32.71	36.29	38.49	39.82
						40.40	40.98	41.27	38.18
20.	Joe TUCK	13	Linslade	5:09.10	419	34.12	38.03	39.61	39.76
						39.82	40.00	40.34	37.42
21.	Christopher DAVEY	13	Mid Beds	5:16.60	388	33.72	39.74	41.07	41.51
						40.41	41.05	40.75	38.35
22.	Josh FARRELL	13	Mid Beds	5:17.96	383	34.07	38.27	39.39	40.64
						40.98	41.53	41.38	41.70

## 14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
					250	300	350	400	
1.	Nicholas ROBSON	14	Hatfield	4:24.91	662	29.94	32.66	33.04	34.03
						33.72	34.26	34.51	32.75
2.	Nicholas THOMPSON	14	UEA Norwich	4:27.38	645	30.29	33.19	33.95	34.69
						34.57	34.39	33.65	32.65
3.	Luke DeMOYA	14	Co Peterboro	4:29.95	628	29.46	33.26	34.05	34.72
						34.88	34.90	35.34	33.34
4.	Thomas GREEN	14	Bishop Stort	4:31.14	621	30.63	34.23	34.26	35.38
						34.49	35.34	34.73	32.08
5.	Tom A FREEMAN	14	Co Peterboro	4:32.17	614	30.60	34.11	34.51	34.91
						34.83	35.17	35.09	32.95
6.	Sean BROWN	14	Hatfield	4:32.46	611	30.80	34.48	34.73	35.27
						34.65	35.19	34.42	32.92
7.	Lewis COLEMAN	14	Ipswich	4:36.30	588	30.54	33.98	34.61	35.67
						34.85	36.48	36.24	33.93
8.	Dale HART	14	Kings Lynn	4:38.09	577	30.83	33.33	34.80	35.96
						35.55	36.72	34.35	36.55
9.	Henry WOOD	14	Basildon	4:43.99	543	31.70	34.82	36.03	35.98
						36.41	36.95	36.63	35.47
10.	Craig ROSS	14	Bishop Stort	4:49.79	512	30.17	34.74	36.75	37.96
						38.34	37.76	38.02	36.05
11.	Thomas LANG	14	West Suffolk	4:49.98	511	31.46	35.73	36.92	37.23
						37.21	37.38	37.12	36.93
12.	Adam PEAK	14	Deben	4:55.83	481	32.78	35.88	37.17	38.09
						37.86	38.24	38.30	37.51
13.	Sam MUNKLEY	14	Hertsmere	5:00.82	457	31.36	36.21	38.51	38.74
						38.83	39.21	39.46	38.50

## EVENT 2 Girls Open 200m Breaststroke

### 10 Yrs Age Group (HDW)

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Ria MELVIN	10	Harlow Pen	3:19.05	485	45.66	51.59	52.45	49.35
2.	Anne-Marie DuPREEZ	10	Co St Albans	3:23.68	450	47.28	51.84	52.75	51.81
3.	Zara BAILEY	10	Co Peterboro	3:23.83	449	45.75	54.12	52.81	51.15
4.	Charlotte HICKS	10	St Felix Sch	3:24.61	444	48.01	52.74	52.24	51.62
5.	Charlotte REID	10	Hitchin	3:26.42	431	48.42	52.14	53.61	52.25
6.	Chloe PRICE	10	Ipswich	3:27.22	425	48.68	52.72	53.00	52.82
7.	Jodie ALLEN	10	UEA Norwich	3:29.27	411	48.48	54.53	54.34	51.92
8.	Charlotte PRIOR	10	Brentwood	3:29.37	411	47.36	54.00	54.72	53.29
9.	Faye BRUMBY	10	Rochford	3:32.96	388	50.37	54.74	54.31	53.54
10.	Melissa KNIGHTON	10	Canvey Islan	3:33.13	386	49.07	54.42	54.94	54.70
11.	Amy BEARDWELL-LACEY	10	Thurrock Swi	3:33.49	385	48.87	54.51	55.21	54.90
12.	Bethany CATCHPOLE	10	Ipswich	3:33.51	384	48.42	55.32	55.90	53.87
13.	Alice HICKMOTT	10	Braintree	3:33.72	383	49.23	55.59	55.17	53.73

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14.	Rebecca WELCH	10	Cheshunt	3:34.94	376	48.97	55.12	56.35	54.50
15.	Jenny R HOPKINS	10	Co Peterboro	3:35.50	372	47.89	55.24	55.98	56.39
16.	Chantel WHITING	10	UEA Norwich	3:35.56	372	48.70	55.57	56.79	54.50
17.	Issy FAULKNER	10	UEA Norwich	3:39.00	352	51.07	55.77	56.30	55.86
18.	Katie R FITZJOHN	10	Co Peterboro	3:40.35	344	50.36	56.64	57.14	56.21
19.	Sian CHAMBERS	10	Braintree	3:41.13	341	50.28	56.45	57.17	57.23
20.	Katie SAVAGE	10	West Suffolk	3:47.35	308	50.73	59.52	59.85	57.25
21.	Suzanne PITTS	10	Hemel Hemp	3:50.59	292	51.94	58.60	1:00.36	59.69

## 11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Ellis JACKSON	11	St Felix Sch	3:00.53	628	40.76	45.26	46.83	47.68
2.	Kiera MOONEY	11	UEA Norwich	3:07.00	567	42.16	47.04	49.11	48.69
3.	Heather RODWELL	11	Colchester	3:09.18	548	42.49	48.66	49.87	48.16
4.	Evie FISHER	11	Chelmsford	3:19.21	466	46.99	51.15	51.51	49.56
5.	Lydia SMITH	11	Hatfield	3:22.70	440	44.82	52.37	54.26	51.25
6.	Emma IRVINE	11	Leighton Buz	3:22.78	440	45.25	52.44	54.28	50.81
7.	Ella DELVES	11	Stowmarket	3:23.79	433	45.86	53.81	51.97	52.15
8.	Laura SEARLE	11	Co Cambridge	3:24.11	431	44.77	52.15	54.20	52.99
9.	Laura SMITH	11	Luton	3:24.67	427	46.69	52.25	53.93	51.80
10.	Lauren GEDDES	11	Bishop Stort	3:25.29	423	47.37	52.14	53.47	52.31
11.	Rachel BURT	11	UEA Norwich	3:34.50	364	47.11	54.99	58.19	54.21

## 12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Anne BOCHMANN	12	UEA Norwich	2:51.98	703	40.45	44.43	43.54	43.56
2.	Chloe FRANCIS	12	Basildon	2:52.04	702	39.34	43.60	44.87	44.23
3.	Alexandra HARRISON	12	West Suffolk	2:57.65	642	38.19	45.14	46.99	47.33
4.	Bethany COGGINS	12	UEA Norwich	2:58.26	636	40.91	45.51	46.25	45.59
5.	Phillippa BENNETT	12	Canvey Islan	3:00.65	611	40.59	45.84	46.96	47.26
6.	Zoe SMITH	12	Lowestoft &	3:02.83	590	42.22	46.81	46.39	47.41
7.	Rosie ANTUNES	12	Luton	3:04.13	578	40.57	46.41	48.76	48.39
8.	Charlotte McCONNELL	12	Mid Beds	3:09.56	531	42.13	48.92	49.56	48.95
9.	Faye TATTAM	12	UEA Norwich	3:11.48	514	44.66	49.74	49.53	47.55
10.	Hannah M PARR	12	Luton	3:12.79	503	43.99	50.28	49.04	49.48

## 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Sophie CHAMBERLAIN	13	Lowestoft &	2:55.08	650	40.53	44.37	45.17	45.01
2.	Georgina HUNT	13	Thurrock Swi	2:58.77	613	40.52	45.92	46.40	45.93
3.	Bryony HENRY	13	Deben	3:01.90	583	41.99	47.73	47.78	44.40
4.	Sarah SWINDELL	13	Hatfield	3:03.58	568	40.21	46.46	48.57	48.34
5.	Emma R WARRINGTON	13	Hoddesdon	3:08.41	526	43.05	48.42	49.24	47.70
6.	Charley C GALLAGHER	13	Southend	3:09.34	517	42.63	49.29	49.08	48.34
	Abigail LAVALLIN	13	Mid Beds	DQ	FI-				

## EVENT 3 Boys/Girls Open 800m Freestyle

### BOYS 11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	
					500	600	700	800	
1.	Luke BAILEY	11	St Felix Sch	9:52.38	588	1:07.27	1:14.69	1:14.63	1:12.99
						1:18.49	1:16.12	1:15.66	1:12.53
2.	George FLINTHAM	11	UEA Norwich	11:02.79	415	1:18.32	1:24.45	1:23.86	1:24.99
						1:24.47	1:24.55	1:22.20	1:19.95
3.	Cameron BASHIR	11	Sudbury	11:43.70	339	37.99	44.84	44.22	45.21
						44.90	45.90	44.09	6:36.55

### BOYS 12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	
					500	600	700	800	
1.	Samuel MUNRO	12	St Felix Sch	9:47.87	784	1:10.47	1:15.60	1:15.03	1:15.12
						1:14.52	1:14.14	1:13.45	1:09.54
2.	Alex RAINE	12	Mid Beds	9:58.10	745	1:11.45	1:15.37	1:15.64	1:15.77
						1:16.06	1:15.22	1:15.59	1:13.00
3.	Thomas HALE	12	Brentwood	10:04.22	723	1:12.19	1:15.44	1:16.28	1:16.95
						1:16.79	1:17.01	1:16.40	1:13.16
4.	Toby ANSELL	12	Luton	10:18.06	675	1:13.65	1:18.06	1:19.34	1:18.99
						1:18.60	1:17.91	1:17.70	1:13.81
5.	Daniel RILEY	12	Luton	10:31.79	632	1:13.75	1:19.59	1:20.74	1:21.09
						1:20.57	1:21.49	1:19.82	1:14.74
6.	Samuel L MILLER	12	Co Peterboro	10:52.39	571	1:16.65	1:23.69	1:23.50	1:23.52
						1:21.60	1:22.64	1:22.97	1:17.82
7.	Robert L STAFFORD	12	Co Peterboro	11:00.34	549	1:16.54	1:23.48	1:22.98	1:23.65
						1:23.66	1:24.11	1:24.76	1:21.16
8.	Charlie TAYLOR-SMITH	12	Luton	11:29.55	475	1:17.41	1:25.82	1:27.36	1:27.77
						1:30.00	1:26.53	1:30.85	1:23.81

**RESULTS**



# ASA East Region Cheestrings BAGCAT Championships 2006

(Under ASA Laws & ASA Technical Rules)  
A Level One Licensed Meet - N<sup>o</sup> ERX613/4



## BOYS 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400
					500	600	700	800
1.	Jordan BATE	13 UEA Norwich	9:32.33	660	1:08.54	1:12.28	1:11.89	1:12.13
					1:12.21	1:12.33	1:12.30	1:10.65
2.	Conor HARROLD	13 Thurrock Swi	9:49.53	606	1:10.55	1:15.41	1:14.83	1:14.93
					1:14.81	1:14.31	1:13.74	1:10.95
3.	Braden WREN	13 Thurrock Swi	9:51.41	601	1:10.77	1:15.25	1:15.04	1:15.06
					1:15.06	1:14.27	1:14.12	1:11.84
4.	Christian STOKES	13 Mid Beds	10:03.05	568	1:10.48	1:15.48	1:16.33	1:16.46
					1:16.94	1:16.73	1:16.29	1:14.34
5.	Bevan DANIELS	13 Hatfield	10:05.76	560	1:10.47	1:15.92	1:16.87	1:16.33
					1:17.72	1:17.89	1:16.91	1:13.65
6.	James MITCHELL	13 Thurrock Swi	10:09.99	548	1:12.83	1:15.91	1:16.64	1:16.27
					1:16.68	1:17.44	1:17.86	1:16.36
7.	James ATTWATER	13 Deben	10:18.19	527	1:15.72	1:18.91	1:18.72	1:18.07
					1:17.04	1:17.94	1:17.29	1:14.50
8.	Josh FARRELL	13 Mid Beds	10:32.76	491	1:17.21	1:23.04	1:20.69	1:20.15
					1:19.82	1:17.56	1:17.82	1:16.47
9.	Owen HANCOCK	13 Luton	10:37.99	477	1:13.48	1:19.46	1:20.99	1:20.79
					1:22.22	1:23.03	1:24.11	1:13.91
10.	Lewis DIGHTON	13 Hitchin	10:41.81	469	1:10.76	1:21.94	1:21.31	1:22.14
					1:22.88	1:22.86	1:22.41	1:17.51

## BOYS 14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400
					500	600	700	800
1.	Nicholas ROBSON	14 Hatfield	9:07.93	977	1:05.88	1:10.16	1:09.70	1:09.18
					1:09.37	1:09.04	1:08.48	1:06.12
2.	Nicholas THOMPSON	14 UEA Norwich	9:16.80	935	1:07.05	1:11.40	1:10.27	1:10.29
					1:10.05	1:10.49	1:09.70	1:07.55
3.	Tom A FREEMAN	14 Co Peterboro	9:30.98	873	1:07.16	1:10.88	1:11.78	1:13.01
					1:12.50	1:13.07	1:12.33	1:10.25
4.	Adam PEAK	14 Deben	9:58.62	761	1:08.70	1:13.86	1:14.95	1:15.65
					1:16.55	1:16.54	1:16.77	1:15.60
	James SUTHERLAND	14 Hatfield	DNC					

## GIRLS 11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400
					500	600	700	800
1.	Ellis JACKSON	11 St Felix Sch	9:45.47	717	1:08.13	1:12.77	1:13.50	1:14.49
					1:14.61	1:14.69	1:14.33	1:12.95
2.	Harriette DAVIS	11 Thurrock Swi	10:26.13	595	1:15.01	1:19.33	1:19.44	1:19.84
					1:18.29	1:19.09	1:19.62	1:15.51
3.	Kiera MOONEY	11 UEA Norwich	10:31.59	580	1:15.11	1:19.69	1:20.12	1:20.54
					1:19.95	1:19.96	1:19.70	1:16.52
4.	Katharine LIGHTOWLER	11 Co St Albans	10:35.76	569	1:14.09	1:19.92	1:20.94	1:21.22
					1:21.03	1:21.05	1:19.64	1:17.87
5.	Paige YOUNG	11 Colchester	10:36.44	568	1:16.92	1:21.09	1:20.69	1:20.45
					1:20.13	1:20.60	1:19.28	1:17.28
6.	Heather RODWELL	11 Colchester	10:41.83	554	1:16.70	1:22.19	1:21.29	1:20.68
					1:21.81	1:20.49	1:21.24	1:17.43
7.	Antonia GATEHOUSE	11 Ipswich	10:45.49	544	1:14.87	1:20.19	1:20.91	1:22.44
					1:22.43	1:22.36	1:22.57	1:19.72
8.	Charlotte BECK	11 Flitwick	11:01.82	504	1:16.34	1:23.65	1:24.28	1:25.20
					1:25.26	1:26.11	1:23.69	1:17.29
9.	Joanne E LONGLAND	11 Co Peterboro	11:18.84	467	1:19.69	1:27.21	1:25.23	1:25.77
					1:26.19	1:26.63	1:26.00	1:22.12

## GIRLS 12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400
					500	600	700	800
1.	Anne BOCHMANN	12 UEA Norwich	9:20.92	781	1:06.02	1:10.29	1:10.77	1:11.23
					1:11.16	1:11.34	1:11.68	1:08.43
2.	Charlotte CLARIDGE	12 Hatfield	9:43.69	703	1:06.89	1:11.43	1:13.21	1:14.51
					1:15.62	1:15.34	1:14.97	1:11.72
3.	Laura ADAMS	12 UEA Norwich	9:48.73	688	1:10.04	1:14.26	1:14.30	1:14.51
					1:14.22	1:14.59	1:14.57	1:12.24
4.	Bethany COGGINS	12 UEA Norwich	9:52.59	676	1:10.16	1:14.31	1:14.50	1:15.03
					1:16.11	1:15.34	1:15.29	1:11.85
5.	Lucy CHARLES	12 Hoddesdon	9:59.06	656	1:11.00	1:15.24	1:16.30	1:16.40
					1:16.18	1:16.27	1:15.63	1:12.04
6.	Kerriann CHIPPERFIELD	12 Thurrock Swi	10:01.26	649	1:10.42	1:15.52	1:15.39	1:15.75
					1:16.61	1:17.04	1:17.17	1:13.36
7.	Charlotte BLACKSLEY	12 Luton	10:06.44	634	1:11.69	1:16.57	1:17.34	1:17.14
					1:17.27	1:17.42	1:17.47	1:11.54
8.	Georgie H FREEMAN	12 Co Peterboro	10:19.17	598	1:10.81	1:16.34	1:17.88	1:18.23
					1:20.30	1:19.51	1:19.33	1:16.77

**RESULTS**



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9.	Jessica RALFS	12	UEA Norwich	10:23.65	586	1:13.97	1:20.29	1:19.83	1:19.16
						1:18.21	1:19.11	1:18.56	1:14.52
10.	Eleanor VEASY	12	St Felix Sch	10:23.73	586	1:13.92	1:19.78	1:19.73	1:19.71
						1:19.21	1:18.40	1:18.32	1:14.66
11.	Yasmin BITHREY	12	Luton	10:25.73	580	1:13.46	1:18.95	1:19.80	1:20.58
						1:19.83	1:19.71	1:19.58	1:13.82
12.	Danielle SAYER	12	Thurrock Swi	10:32.15	563	1:14.63	1:20.04	1:19.69	1:19.67
						1:19.26	1:19.88	1:19.72	1:19.26
13.	Jennifer REDMOND	12	Ipswich	10:35.14	556	1:13.74	1:19.58	1:19.88	1:21.45
						1:21.07	1:20.87	1:20.53	1:18.02
14.	Abigail SAYER	12	Thurrock Swi	10:38.26	548	1:16.29	1:21.08	1:20.26	1:21.82
						1:20.44	1:20.55	1:20.15	1:17.67
15.	Holly GANNON	12	Hoddesdon	10:39.34	546	1:14.55	1:20.09	1:20.31	1:21.01
						1:20.83	1:20.87	1:19.27	1:22.41
16.	Rosie ANTUNES	12	Luton	10:50.76	517	1:13.92	1:20.24	1:21.42	1:22.13
						1:23.67	1:24.56	1:23.29	1:21.53
17.	Mattaya A NABARRO	12	Luton	10:53.19	512	1:14.96	1:21.54	1:21.60	1:22.22
						1:24.34	1:24.55	1:24.45	1:19.53
18.	Hannah M PARR	12	Luton	11:07.93	478	1:20.66	1:25.53	1:25.54	1:25.41
						1:25.44	1:23.65	1:23.04	1:18.66
19.	Alex EAMES-BAYTON	12	Deben	11:08.06	478	1:15.28	1:24.46	1:25.66	1:27.98
						1:25.75	1:24.47	1:24.66	1:19.80

## GIRLS 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	
					500	600	700	800	
1.	Rebecca WETTEN	13	St Felix Sch	9:20.99	780	1:06.68	1:10.38	1:10.96	1:11.26
						1:10.88	1:11.34	1:11.29	1:08.20
2.	Sophie CHAMBERLAIN	13	Lowestoft &	9:34.06	734	1:07.03	1:11.22	1:12.12	1:12.49
						1:12.23	1:12.97	1:13.27	1:12.73
3.	Molly EPSLY	13	Thurrock Swi	9:41.67	709	1:08.17	1:12.14	1:12.67	1:13.82
						1:14.11	1:14.52	1:14.05	1:12.19
4.	Leanne BARNARD	13	Lowestoft &	9:42.83	705	1:08.51	1:13.35	1:14.43	1:13.18
						1:13.56	1:14.01	1:14.53	1:11.26
5.	Carolyn ASTBURY	13	Watford	9:52.77	673	1:09.83	1:14.59	1:15.01	1:14.97
						1:15.65	1:15.44	1:15.07	1:12.21
6.	Gabrielle BRASIER	13	UEA Norwich	9:54.17	669	1:10.98	1:14.75	1:14.55	1:15.11
						1:15.29	1:15.56	1:15.35	1:12.58
7.	Alice MARCHANT	13	Luton	10:05.64	635	1:12.14	1:16.50	1:17.29	1:16.81
						1:17.22	1:16.82	1:16.89	1:11.97
8.	Whitney BUCKLER	13	St Felix Sch	10:10.72	620	1:10.30	1:16.37	1:17.45	1:17.65
						1:17.39	1:17.89	1:18.18	1:15.49
9.	Megan LANGRIDGE	13	Thurrock Swi	10:12.82	614	1:11.38	1:16.57	1:17.06	1:17.50
						1:17.70	1:18.11	1:17.74	1:16.76
10.	Sarah HASLETT	13	Flitwick	10:12.89	614	1:12.43	1:18.17	1:19.19	1:17.74
						1:18.17	1:18.43	1:15.37	1:13.39
11.	Becky WILKINSON	13	UEA Norwich	10:13.00	614	1:11.43	1:16.93	1:16.95	1:17.42
						1:17.75	1:18.05	1:18.48	1:15.99
12.	Chloe HARRIS	13	St Felix Sch	10:13.15	614	1:15.48	1:18.52	1:17.03	1:17.25
						1:17.32	1:16.94	1:16.84	1:13.77
13.	Helen STRUTHERS	13	Co Cambridge	10:14.10	611	1:09.49	1:17.67	1:18.19	1:18.33
						1:18.38	1:18.45	1:19.38	1:14.21
14.	Robyn TURNER	13	Thurrock Swi	10:26.50	577	1:10.55	1:15.11	1:17.85	1:20.62
						1:18.56	1:23.21	1:21.05	1:19.55
15.	Abigail LAVALLIN	13	Mid Beds	10:33.37	559	1:13.63	1:19.23	1:19.82	1:19.64
						1:20.94	1:21.11	1:20.77	1:18.23
16.	Hazel PICKFORD	13	Watford	10:38.16	547	1:12.98	1:19.72	1:20.95	1:20.29
						1:21.40	1:21.79	1:21.81	1:19.22
17.	Danielle LEE	13	Mid Beds	10:59.74	495	1:11.42	1:22.93	1:24.80	1:25.03
						1:25.69	1:24.91	1:24.79	1:20.17

## EVENT 4 FINAL OF EVENT 2 Girls 11 Yrs 200m Breaststroke

Place	Name	AaD Club	Time	BAG Pt	100	200
1.	Ellis JACKSON	11	St Felix Sch	3:02.52	609	41.77
2.	Kiera MOONEY	11	UEA Norwich	3:07.22	565	43.59
3.	Heather RODWELL	11	Colchester	3:11.68	526	41.57
4.	Emma IRVINE	11	Leighton Buz	3:17.48	479	43.72
5.	Evie FISHER	11	Chelmsford	3:18.06	474	44.49
6.	Laura SEARLE	11	Co Cambridge	3:18.59	471	44.25
7.	Lydia SMITH	11	Hatfield	3:20.83	454	44.51
8.	Ella DELVES	11	Stowmarket	3:23.73	433	45.67

**RESULTS**



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## *EVENT 5 FINAL OF EVENT 2 Girls 12 Yrs 200m Breaststroke*

Place	Name	AaD Club	Time	BAG Pt	100	200
1.	Chloe FRANCIS	12 Basildon	2:47.38	757	37.94	2:09.44
2.	Anne BOCHMANN	12 UEA Norwich	2:48.11	748	40.56	2:07.55
3.	Alexandra HARRISON	12 West Suffolk	2:56.80	651	39.55	2:17.25
4.	Bethany COGGINS	12 UEA Norwich	2:58.22	636	40.90	2:17.32
5.	Phillippa BENNETT	12 Canvey Islan	3:01.24	606	40.74	2:20.50
6.	Zoe SMITH	12 Lowestoft &	3:01.53	604	42.31	2:19.22
7.	Rosie ANTUNES	12 Luton	3:09.60	530	42.05	2:27.55
8.	Charlotte McCONNELL	12 Mid Beds	3:09.72	528	42.38	2:27.34

## *EVENT 6 FINAL OF EVENT 2 Girls 13 Yrs 200m Breaststroke*

Place	Name	AaD Club	Time	BAG Pt	100	200
1.	Sophie CHAMBERLAIN	13 Lowestoft &	2:56.32	638	40.81	2:15.51
2.	Georgina HUNT	13 Thurrock Swi	2:56.39	638	40.74	2:15.65
3.	Sarah SWINDELL	13 Hatfield	2:59.62	605	39.54	2:20.08
4.	Bryony HENRY	13 Deben	3:00.48	597	41.61	2:18.87
5.	Emma R WARRINGTON	13 Hoddesdon	3:05.07	554	41.89	2:23.18
6.	Charley C GALLAGHER	13 Southend	3:07.83	530	42.23	2:25.60