



ASA East Region Cheestrings BAGCAT Championships 2006

(Under ASA Laws & ASA Technical Rules)
A Level One Licensed Meet - N° ERX613/4



EVENT 7 Mens Open 400m Freestyle Team

Place	Name	A.G Club	Time	BAG Pt	50 250	100 300	150 350	200 400
1.	Ipswich	Ipswich	3:58.82	596*	28.67 27.76	30.62 30.24	29.92 28.69	33.39 29.53
2.	Hatfield	Hatfield	3:59.65	590*	28.23 28.94	30.78 30.85	29.91 27.78	32.57 30.59
3.	City Of Peterborough	Co Peterboro	4:04.92	554*	28.65 29.40	33.34 31.76	30.67 26.86	33.56 30.68
4.	St Ives	St Ives	4:07.59	537*	28.07 29.89	31.00 36.34	30.91 26.90	33.59 30.89
5.	West Suffolk	West Suffolk	4:10.26	521*	29.73 29.51	31.97 33.53	28.99 29.81	32.53 34.19
6.	UEA City of Norwich	UEA Norwich	4:10.67	518*	30.57 30.83	33.89 34.66	29.55 28.98	31.13 31.06
7.	Chelmsford	Chelmsford	4:12.42	507*	29.45 29.82	32.47 35.45	30.01 24.64	34.52 36.06
8.	Hemel Hempstead	Hemel Hemp	4:13.82	499*	29.92 31.57	33.11 34.37	30.86 28.32	34.75 30.92
9.	Mid Beds B	Mid Beds	4:31.05	407*	32.32 32.52	35.04 36.60	31.64 32.59	34.23 36.11
10.	Luton A	Luton	4:32.71	399*	31.23 32.52	34.65 35.41	34.66 31.82	38.17 34.25
11.	Flitwick Dolphins SC	Flitwick	4:44.33	348*	32.64 33.52	36.03 37.79	36.03 33.15	39.40 35.77
	Mid Beds A	Mid Beds	DQ	O-				

EVENT 8 Girls Open 200m Backstroke

10 Yrs Age Group (HDW)

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Danielle BAYLISS	10 Hemel Hemp	2:52.22	490	41.66	43.96	45.54	41.06
2.	Poppy INGLESON	10 UEA Norwich	2:56.90	452	39.46	45.44	46.69	45.31
3.	Chloe PRICE	10 Ipswich	2:57.23	448	41.33	45.44	46.59	43.87
4.	Amy BEARDWELL-LACEY	10 Thurrock Swi	2:59.98	427	42.46	46.51	46.56	44.45
5.	Melissa KNIGHTON	10 Canvey Islan	3:01.19	418	41.98	46.97	47.27	44.97
6.	Alice HICKMOTT	10 Braintree	3:02.19	411	43.03	47.94	47.44	43.78
7.	Miami PEARSON	10 Thetford	3:02.29	410	40.29	48.74	49.36	43.90
8.	Charlotte PRIOR	10 Brentwood	3:03.06	404	43.35	46.88	47.28	45.55
9.	Katie SAVAGE	10 West Suffolk	3:03.61	400	44.28	48.63	46.70	44.00
10.	Charlotte HICKS	10 St Felix Sch	3:03.80	399	43.41	46.20	47.17	47.02
11.	Chantel WHITING	10 UEA Norwich	3:04.42	395	44.79	47.55	47.42	44.66
12.	Alexandra PERKINS	10 UEA Norwich	3:04.48	393	45.29	47.29	46.27	45.63
13.	Katie R FITZJOHN	10 Co Peterboro	3:05.32	388	43.53	47.70	48.35	45.74
14.	Alice E CAIN	10 Runnymede	3:05.55	386	45.64	47.39	48.20	44.32
15.	Ellen OXBROW	10 Ipswich	3:08.51	366	43.89	48.17	48.97	47.48
16.	Issy FAULKNER	10 UEA Norwich	3:09.18	362	45.16	47.06	47.86	49.10
17.	Zara BAILEY	10 Co Peterboro	3:09.62	359	45.45	49.70	49.54	44.93
18.	Charlotte REID	10 Hitchin	3:11.40	348	45.09	49.57	50.87	45.87
19.	Lauren McGIVERN	10 Newmarket	3:14.82	327	44.98	51.74	50.75	47.35
20.	Faye BRUMBY	10 Rochford	3:16.03	320	45.93	49.82	51.41	48.87

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Ellis JACKSON	11 St Felix Sch	2:31.92	732	36.29	38.87	39.08	37.68
2.	Kim'ley-Ann ANASTASIOU	11 UEA Norwich	2:41.58	616	38.36	41.29	41.49	40.44
3.	Mimi BARR	11 UEA Norwich	2:42.86	603	38.07	41.69	42.25	40.85
4.	Holly BATEMAN	11 UEA Norwich	2:43.97	590	40.09	41.67	41.67	40.54
5.	Georgia WIGHTON	11 Chelmsford	2:44.31	587	39.37	41.93	42.31	40.70
6.	Harriette DAVIS	11 Thurrock Swi	2:44.70	582	38.85	41.76	43.19	40.90
7.	Jenny THOMPSON	11 St Felix Sch	2:44.98	579	37.27	41.81	43.42	42.48
8.	Paige YOUNG	11 Colchester	2:47.66	552	39.89	42.74	43.21	41.82
9.	Flora HANSON	11 Harpenden Sw	2:47.96	549	40.03	44.88	43.90	39.15
10.	Evie ADAMS	11 Deben	2:49.13	538	40.12	43.37	43.91	41.73
11.	Jessica HARVEY	11 Ipswich	2:49.96	530	40.32	43.86	42.69	43.09
12.	Charlotte BECK	11 Flitwick	2:52.41	508	40.05	44.64	44.78	42.94
13.	Heather RODWELL	11 Colchester	2:52.89	503	41.28	43.85	44.19	43.57
14.	Alexandra TAYLOR	11 West Suffolk	2:53.47	497	41.24	44.99	45.63	41.61
15.	Kiera MOONEY	11 UEA Norwich	2:53.79	495	42.50	44.36	44.13	42.80
16.	Grace LEE	11 Bishop Stort	2:54.30	491	39.74	44.74	45.50	44.32
17.	Fiona MANTHORPE	11 Ipswich	2:54.82	485	40.33	45.27	46.13	43.09
18.	Evie FISHER	11 Chelmsford	2:56.10	475	41.70	45.21	45.87	43.32
19.	Joanne E LONGLAND	11 Co Peterboro	2:56.53	471	42.43	45.60	45.39	43.11
20.	Antonia GATEHOUSE	11 Ipswich	2:56.57	471	40.73	45.66	45.37	44.81

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21.	Katharine LIGHTOWLER	11	Co St Albans	2:58.10	458	42.01	46.20	45.65	44.24
22.	Nicole COOPER	11	Lowestoft &	2:58.83	452	42.31	47.35	46.53	42.64
23.	Jodi WARD	11	Thurrock Swi	2:59.25	448	42.04	45.83	45.97	45.41
24.	Lauren GEDDES	11	Bishop Stort	3:03.90	413	42.76	47.09	47.91	46.14

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Anne BOCHMANN	12	UEA Norwich	2:30.84	708	37.10	38.73	38.14	36.87
2.	Bethany COGGINS	12	UEA Norwich	2:38.67	616	37.97	40.25	40.67	39.78
3.	Lucy CHARLES	12	Hoddesdon	2:39.37	607	37.91	41.13	40.72	39.61
4.	Annie GROOME	12	Harlow Pen	2:39.39	607	37.67	41.42	41.28	39.02
5.	Coral YOUNG	12	Ipswich	2:39.87	602	38.39	41.92	41.60	37.96
6.	Laura ADAMS	12	UEA Norwich	2:41.31	587	38.17	40.89	41.62	40.63
7.	Charlotte CLARIDGE	12	Hatfield	2:42.77	571	38.62	41.62	41.78	40.75
8.	Charlotte WADE	12	Rochford	2:42.78	571	38.02	40.96	42.87	40.93
9.	Victoria SPARROW	12	West Suffolk	2:43.43	565	38.29	41.99	42.24	40.91
10.	Jennifer REDMOND	12	Ipswich	2:43.55	564	39.56	42.16	41.38	40.45
11.	Lauren OTTAWAY	12	Leighton Buz	2:43.89	561	39.31	41.91	42.35	40.32
12.	Georgie VARTI	12	Hemel Hemp	2:44.16	558	37.80	42.80	42.70	40.86
13.	Rachel HOLLINGTON	12	Mid Beds	2:44.39	555	38.90	41.84	41.98	41.67
14.	Georgie H FREEMAN	12	Co Peterboro	2:46.62	533	38.57	42.49	43.61	41.95
15.	Mattaya A NABARRO	12	Luton	2:47.32	527	38.55	43.49	44.00	41.28
16.	Rosie ANTUNES	12	Luton	2:48.41	516	37.71	42.55	44.09	44.06
17.	Charlotte HENSON	12	Co St Albans	2:48.46	516	38.44	42.28	44.51	43.23
18.	Laura R HUMPHREYS	12	Runnymede	2:49.27	509	40.41	2:08.86	18.67	41.33
19.	Alex EAMES-BAYTON	12	Deben	2:50.11	501	38.97	42.86	43.81	44.47
20.	Katie TAVENER	12	Mid Beds	2:51.19	492	39.86	43.71	44.20	43.42
21.	Charlotte PETERS	12	Chelmsford	2:51.40	490	40.00	43.51	44.20	43.69
22.	Charlotte BONNAR	12	Ipswich	2:51.74	486	40.04	43.13		2:51.74
23.	Phillippa BENNETT	12	Canvey Islan	2:52.95	476	40.26	44.49	45.47	42.73
24.	Charlotte BLACKSLEY	12	Luton	2:54.86	460	39.97	45.52	45.08	44.29
25.	Yasmin BITHREY	12	Luton	2:56.42	447	40.87	45.05	45.77	44.73

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Sophie HOOKHAM	13	St Ives	2:32.09	704	34.57	37.24	40.10	40.18
2.	Carly OGOGO	13	Lowestoft &	2:33.23	690	36.37	38.85	39.75	38.26
3.	Rebecca WETTEN	13	St Felix Sch	2:33.24	690	36.13	39.21	39.45	38.45
4.	Sophie CHAMBERLAIN	13	Lowestoft &	2:37.79	636	36.83	40.02	40.22	40.72
5.	Whitney BUCKLER	13	St Felix Sch	2:38.41	628	36.60	40.62	41.29	39.90
6.	Larissa AYRES	13	Modernians	2:38.90	623	36.98	40.91	41.89	39.12
7.	Hazel PICKFORD	13	Watford	2:39.56	615	37.94	40.86	41.39	39.37
8.	Sophie INGLESON	13	UEA Norwich	2:40.49	606	37.17	40.89	41.80	40.63
9.	Megan LANGRIDGE	13	Thurrock Swi	2:40.53	606	38.35	40.35	41.02	40.81
10.	Amy HATFIELD	13	Thurrock Swi	2:40.86	601	37.89	40.52	41.52	40.93
11.	Alice TENNANT	13	Deben	2:41.01	600	36.78	40.63	42.37	41.23
12.	Sarah HASLETT	13	Flitwick	2:41.39	596	38.09	41.11	41.91	40.28
13.	Georgina HUNT	13	Thurrock Swi	2:43.23	577	37.70	42.11	42.20	41.22
14.	Abigail LAVALLIN	13	Mid Beds	2:44.16	567	38.91	43.72	42.42	39.11
15.	Grace WILLIAMS	13	Ipswich	2:44.96	559	38.32	42.65	43.20	40.79

EVENT 9 Boys Open 200m Freestyle

10 Yrs Age Group (HDW)

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Caleb HUGHES	10	Luton	2:27.24	416	33.63	37.72	38.70	37.19
2.	Joel KNIGHT	10	Hatfield	2:29.32	397	33.66	38.15	39.18	38.33
3.	Charlie SMITH	10	Clacton On S	2:32.65	370	34.48	39.05	39.77	39.35
4.	Bradley CLARKE	10	Thurrock Swi	2:33.33	365	35.85	39.18	39.43	38.87
5.	Jordan PURDY	10	St Felix Sch	2:33.81	361	33.97	39.02	40.67	40.15
6.	Louis MAYHEW	10	Hemel Hemp	2:36.04	343	36.36	40.99	40.68	38.01
7.	Matthew G BRIGHAM	10	Co Peterboro	2:37.05	336	35.41	40.94	40.83	39.87
8.	Harry SMITH	10	UEA Norwich	2:37.30	334	37.20	41.75	40.07	38.28
9.	Kane FARRELL	10	Mid Beds	2:37.40	333	35.53	41.25	41.25	39.37
10.	Carl JOHNSON	10	St Ives	2:40.72	311	36.68	41.93	42.61	39.50
11.	George LAVALLIN	10	Mid Beds	2:40.97	309	36.53	41.87	42.11	40.46
12.	David ALLEN	10	Flitwick	2:42.92	295	37.42	42.68	42.83	39.99
13.	Kilian KORTH	10	Ipswich	2:43.46	292	36.92	42.09	43.30	41.15
14.	Thomas SHERRIFF	10	Hemel Hemp	2:43.57	291	35.71	42.19	43.80	41.87
15.	James WINTER	10	Chelmsford	2:44.87	283	36.64	42.27	45.13	40.83
16.	Matthew KNOWLES	10	Chelmsford	2:46.14	276	38.26	43.15	43.72	41.01
17.	Tom LAMBERT	10	Luton	2:47.62	267	37.79	43.48	43.65	42.70
18.	Adam DANIELL	10	Hemel Hemp	2:47.78	266	38.63	44.34	43.94	40.87
19.	Luke JONES	10	Hertsmere	2:48.35	263	37.30	42.67	44.31	44.07
20.	Rory GEOGHEGAN	10	Runnymede	2:49.51	256	38.06	45.02	45.42	41.01
21.	Nicholas FITCH	10	UEA Norwich	2:49.97	253	39.23	44.77	45.70	40.27
22.	Sonny FORD	10	Thurrock Swi	2:51.60	245	39.53	43.65	44.85	43.57

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23.	Gareth HAWKINS	10	Thurrock Swi	2:51.89	243	38.14	46.48	46.09	41.18
24.	Luke DURBAN	10	Halstead	2:52.15	242	38.32	45.73	46.06	42.04
25.	Hamish MUNRO-SMITH	10	West Suffolk	2:53.22	236	40.08	45.79	45.79	41.56
26.	Jack J CARTER	10	Southend	2:54.16	232	38.26	44.17	46.93	44.80
27.	Jonathan ANDVIG	10	Ipswich	2:56.38	221	39.85	46.44	46.54	43.55
28.	Gregory GILMOUR	10	Linslade	3:03.58	188	40.16	47.86	49.57	45.99

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Miles GARNER	11	UEA Norwich	2:20.59	501	33.18	35.96	36.53	34.92
2.	Richard JEFFERIES	11	Co Cambridge	2:20.95	497	32.42	36.12	36.62	35.79
3.	Lewis HUGHES	11	UEA Norwich	2:24.70	458	32.23	37.00	38.64	36.83
4.	Luke BAILEY	11	St Felix Sch	2:25.49	450	33.36	36.72	37.64	37.77
5.	Daniel SORRELL	11	Chelmsford	2:26.14	444	33.23	36.69	38.45	37.77
6.	Samuel GOWER	11	Chelmsford	2:28.60	421	34.74	37.77	38.66	37.43
7.	Jake ROBINSON	11	Stevenage	2:29.59	412	33.41	37.84	39.99	38.35
8.	Henry CROSBY	11	Co Cambridge	2:29.65	411	33.59	38.34	39.54	38.18
9.	Alexander SHREEVE	11	UEA Norwich	2:29.74	410	33.83	39.11	39.02	37.78
10.	Liam KNIGHT	11	Wisbech Swim	2:32.48	387	34.15	39.44	39.82	39.07
11.	Ryan TOMKINS	11	Ipswich	2:33.84	376	36.02	40.63	39.30	37.89
12.	Joe HATTON	11	UEA Norwich	2:34.01	374	35.04	40.72	41.17	37.08
13.	George FLINTHAM	11	UEA Norwich	2:34.04	374	34.68	41.07	40.00	38.29
14.	Cameron BASHIR	11	Sudbury	2:34.39	371	35.95	40.31	40.86	37.27
15.	Chris STEVENS	11	Harlow Pen	2:35.12	365	35.84	39.51	40.56	39.21
16.	Senner KOSKOCAN	11	Harlow Pen	2:36.03	358	34.62	40.33	40.84	40.24
17.	Oliver BARKER	11	Bishop Stort	2:37.28	348	35.81	41.50	41.71	38.26
18.	Craig COLLIER	11	West Suffolk	2:38.57	339	37.32	40.24	40.92	40.09
19.	Luca POLI	11	Hatfield	2:38.62	339	36.83	41.16	41.72	38.91
20.	Nicholas J ILSLEY	11	Co Peterboro	2:38.89	337	36.48	40.42	41.22	40.77
21.	Ben KLEINAU	11	Theford	2:39.63	331	36.00	42.03	42.01	39.59
22.	Daniel SADLER	11	St Neots Swa	2:40.55	325	36.88	41.33	41.65	40.69
23.	Adam KEMP	11	West Suffolk	2:40.73	323	37.18	41.56	42.43	39.56
24.	Henry NEWTON	11	Runnymede	2:40.96	322	36.72	42.21	42.72	39.31
25.	Jamie KEEVILL	11	Hemel Hemp	2:40.97	322	35.52	41.57	42.18	41.70
26.	Henry MILLS	11	Ipswich	2:50.07	264	37.53	44.97	44.89	42.68
27.	Tom SARAH	11	West Suffolk	2:53.65	244	38.76	45.65	46.15	43.09

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Sean COLLIER	12	West Suffolk	2:12.55	589	30.10	34.28	34.66	33.51
2.	Aaron LYNCH	12	Stowmarket	2:17.84	525	32.19	35.80	36.24	33.61
3.	Samuel MUNRO	12	St Felix Sch	2:18.09	523	32.93	35.89	35.55	33.72
4.	Jack HOLLIS	12	Ipswich	2:18.93	513	32.78	36.06	35.77	34.32
5.	Joshua PAGE	12	UEA Norwich	2:19.58	506	32.22	36.80	36.15	34.41
6.	David KELLEWAY	12	Bishop Stort	2:19.90	503	32.15	35.75	36.77	35.23
7.	James POOLE	12	Ipswich	2:20.53	495	32.50	36.17	36.16	35.70
8.	Marius VERMAAK	12	Epping For't	2:21.01	490	32.10	36.70	36.93	35.28
9.	Ricky JONES	12	Hatfield	2:21.14	489	32.34	35.40	37.25	36.15
10.	Thomas HALE	12	Brentwood	2:21.39	486	32.18	35.81	36.86	36.54
11.	Tom KEENES	12	Chelmsford	2:21.91	481	33.09	36.61	36.83	35.38
12.	Dacre CAPSTICK	12	Berkhamsted	2:21.94	481	32.30	36.20	37.50	35.94
13.	Lewis FARMER	12	Lowestoft &	2:23.38	466	33.96	37.65	37.69	34.08
14.	Daniel RILEY	12	Luton	2:24.58	453	32.29	36.62	38.10	37.57
15.	Joe WILSON-NEALE	12	Modernians	2:24.75	452	33.32	37.18	38.76	35.49
16.	Alexander P DELICATA	12	Runnymede	2:25.64	443	33.81	37.52	37.39	36.92
17.	Harlon HYPOLITE	12	Chelmsford	2:26.08	439	33.16	37.09	38.34	37.49
18.	Alex RAINE	12	Mid Beds	2:27.07	430	32.73	37.94	38.99	37.41
19.	Luke WALSH	12	Theford	2:27.61	425	32.68	37.98	38.80	38.15
20.	Oliver BOTT	12	Ipswich	2:28.29	419	33.82	39.08	38.17	37.22
20.	Louis HOBBS	12	Hatfield	2:28.29	419	34.16	38.82	38.58	36.73
22.	Samuel L MILLER	12	Co Peterboro	2:28.52	417	34.61	39.01	38.59	36.31
23.	Jay MUNKLEY	12	Hertsmere	2:28.56	417	34.00	38.66	38.52	37.38
24.	Robert L STAFFORD	12	Co Peterboro	2:28.62	416	32.97	38.18	39.52	37.95
25.	Alexander BAKER	12	Hitchin	2:28.98	412	32.74	38.55	39.78	37.91
26.	Charlie TAYLOR-SMITH	12	Luton	2:29.17	410	33.08	39.39	39.88	36.82
27.	Aydin BERKI	12	Luton	2:29.51	407	33.37	38.18	39.97	37.99
28.	Christopher MITCHELL	12	Epping For't	2:29.79	405	35.26	38.57	38.75	37.21
29.	Simon WEIGHELL	12	Flitwick	2:30.01	403	34.61	39.16	38.93	37.31
30.	Ryan G DANIELS	12	Runnymede	2:30.17	402	34.91	39.18	39.11	36.97
31.	Adam BOND	12	Epping For't	2:31.14	393	34.04	39.72	39.87	37.51
32.	Toby ANSELL	12	Luton	2:31.39	391	34.90	38.63	39.41	38.45
33.	Charlie HAYES	12	Thurrock Swi	2:31.90	387	35.36	38.99	39.33	38.22
34.	Elliot JOHN	12	Kings Lynn	2:32.93	379	34.79	39.90	39.54	38.70
35.	James STUDD	12	Deben	2:33.61	372	35.35	39.23	39.93	39.10
36.	Alex GARNER	12	Co Cambridge	2:35.62	357	34.21	40.12	41.20	40.09
	Keiran MORPHEW	12	Ipswich	DNC					
	John M AYRES	12	Hoddesdon	DNC					

RESULTS



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13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Adam INGLEDEW	13 Mid Beds	2:08.65	625	29.59	33.22	33.44	32.40
2.	Dean WOODCOCK	13 Chelmsford	2:11.01	593	30.24	33.31	33.84	33.62
3.	Callum CANDY	13 Hatfield	2:12.08	580	30.96	34.05	34.13	32.94
4.	David LAMBERT	13 UEA Norwich	2:13.99	556	30.31	34.33	34.87	34.48
5.	Thomas SUTTON	13 Kings Lynn	2:14.05	555	31.87	33.60	34.29	34.29
6.	David GODDRIDGE	13 Hemel Hemp	2:14.33	552	31.71	36.22	34.65	31.75
7.	Timothy T EVANS	13 Southend	2:14.63	549	31.37	35.18	36.48	31.60
8.	Jason G DANIELS	13 Runnymede	2:14.95	545	30.71	34.73	35.41	34.10
9.	Jordan BATE	13 UEA Norwich	2:15.41	540	30.42	35.59	35.04	34.36
10.	Christian C PARKER	13 Southend	2:18.15	508	30.81	35.52	36.44	35.38
11.	Christian STOKES	13 Mid Beds	2:18.52	504	31.86	35.08	36.65	34.93
12.	Andrew EGAN	13 Hemel Hemp	2:19.17	497	32.84	35.70	35.85	34.78
13.	Callum FRENCH	13 St Ives	2:20.05	488	30.47	36.12	37.47	35.99
14.	Kayvan DARAGHEH	13 Co Peterboro	2:22.48	462	32.65	35.99	37.59	36.25
15.	Andrew THOMPSON	13 Co Cambridge	2:22.70	460	31.62	36.78	38.35	35.95
16.	Mark PEAK	13 Deben	2:22.83	459	33.40	36.47	37.18	35.78
17.	Braden WREN	13 Thurrock Swi	2:22.85	459	33.03	36.83	37.22	35.77
18.	Brendon MARSH	13 Ipswich	2:23.08	457	33.74	36.62	36.81	35.91
19.	Bevan DANIELS	13 Hatfield	2:23.57	452	33.52	36.85	37.28	35.92
20.	Christopher BRADBURY	13 Mid Beds	2:23.88	449	32.38	37.47	38.09	35.94
21.	Matthew DAVIES	13 Deben	2:24.05	447	33.76	36.94	37.77	35.58
22.	Owen HANCOCK	13 Luton	2:24.24	445	34.30	36.97	37.77	35.20
23.	Joe TUCK	13 Linslade	2:24.32	445	32.69	36.93	37.93	36.77

14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Andrew BIGLEY	14 Ipswich	2:07.47	638	30.50	33.22	32.46	31.29
2.	Luke DeMOYA	14 Co Peterboro	2:07.61	636	29.11	33.06	33.31	32.13
3.	Thomas GREEN	14 Bishop Stort	2:07.62	636	29.82	32.85	33.37	31.58
4.	Lewis COLEMAN	14 Ipswich	2:08.64	622	30.08	33.66	33.13	31.77
5.	Nicholas ROBSON	14 Hatfield	2:08.70	621	30.18	33.19	33.06	32.27
6.	Adam MAXWELL	14 Hatfield	2:08.76	620	29.87	33.31	33.44	32.14
7.	Dale HART	14 Kings Lynn	2:10.56	596	29.45	33.09	33.81	34.21
8.	Tom A FREEMAN	14 Co Peterboro	2:10.71	594	30.27	33.52	33.75	33.17
9.	Nicholas THOMPSON	14 UEA Norwich	2:10.87	592	30.78	33.55	33.78	32.76
10.	James SUTHERLAND	14 Hatfield	2:11.11	589	29.30	33.18	35.02	33.61
11.	Troy LYNCH	14 Ipswich	2:12.57	571	30.75	34.36	35.12	32.34
12.	Zach MOTTER	14 St Ives	2:13.08	565	28.91	32.96	35.17	36.04
13.	Sean BROWN	14 Hatfield	2:14.09	553	31.20	34.25	35.12	33.52
14.	Craig ROSS	14 Bishop Stort	2:14.63	546	30.22	34.80	36.11	33.50
15.	Thomas LANG	14 West Suffolk	2:15.26	538	30.61	34.73	35.34	34.58
16.	Jack ASHTON	14 Chelmsford	2:15.42	536	31.88	35.10	35.72	32.72
17.	Henry WOOD	14 Basildon	2:15.43	536	31.36	34.78	35.57	33.72
18.	Matthew S AUSTIN	14 Co Peterboro	2:18.48	502	29.70	35.24	37.65	35.89
19.	Christopher BUDD	14 Mid Beds	2:18.62	501	30.30	35.44	37.08	35.80
20.	Sam MUNKLEY	14 Hertsmere	2:19.12	495	30.81	35.41	36.72	36.18
21.	Robert HILL	14 Hemel Hemp	2:20.47	481	31.28	35.69	36.78	36.72
22.	Adam PEAK	14 Deben	2:21.17	474	32.00	35.89	37.00	36.28
23.	Stephen FISHER	14 Gt Yarmouth	2:21.43	471	30.64	36.66	37.24	36.89

EVENT 10 Girls Open 100m Butterfly

10 Yrs Age Group (HDW)

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Amelia A KNOWLES	10 Southend	1:20.98	524	37.03	43.95
2.	Charlotte HICKS	10 St Felix Sch	1:22.24	499	38.35	43.89
3.	Poppy INGLESON	10 UEA Norwich	1:22.76	488	37.62	45.14
4.	Issy FAULKNER	10 UEA Norwich	1:25.10	445	40.29	44.81
5.	Charlotte PRIOR	10 Brentwood	1:30.77	355	41.25	49.52
6.	Katie SAVAGE	10 West Suffolk	1:31.40	345	41.58	49.82
7.	Zara BAILEY	10 Co Peterboro	1:32.20	335	42.23	49.97

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Ellis JACKSON	11 St Felix Sch	1:10.65	702	33.39	37.26
2.	Pascale REEVES	11 St Felix Sch	1:18.54	513	36.53	42.01
3.	Mimi BARR	11 UEA Norwich	1:19.02	503	35.13	43.89
4.	Georgina WIGHTON	11 Chelmsford	1:19.51	493	36.25	43.26
5.	Lauren GEDDES	11 Bishop Stort	1:22.31	441	38.27	44.04
6.	Charlotte BECK	11 Flitwick	1:24.64	402	39.66	44.98
7.	Katharine LIGHTOWLER	11 Co St Albans	1:28.61	343	40.32	48.29
8.	Antonia GATEHOUSE	11 Ipswich	1:30.86	313	40.31	50.55

RESULTS



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12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Chloe FRANCIS	12 Basildon	1:10.83	671	32.93	37.90
2.	Anne BOCHMANN	12 UEA Norwich	1:12.37	632	34.09	38.28
3.	Alexandra HARRISON	12 West Suffolk	1:13.50	603	33.94	39.56
4.	Bethany COGGINS	12 UEA Norwich	1:13.71	599	34.13	39.58
5.	Laura ADAMS	12 UEA Norwich	1:14.00	592	35.27	38.73
6.	Kerriann CHIPPERFIELD	12 Thurrock Swi	1:14.03	591	34.73	39.30
7.	Charlotte CLARIDGE	12 Hatfield	1:14.10	589	33.53	40.57
8.	Lauren OTTAWAY	12 Leighton Buz	1:16.73	530	35.86	40.87
9.	Jennifer REDMOND	12 Ipswich	1:17.36	518	36.28	41.08
10.	Victoria SPARROW	12 West Suffolk	1:19.55	473	36.51	43.04
11.	Rosie ANTUNES	12 Luton	1:20.46	457	36.68	43.78
12.	Yasmin BITHREY	12 Luton	1:20.66	453	37.22	43.44

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Rebecca WETTEN	13 St Felix Sch	1:07.48	748	31.99	35.49
2.	Sophie CHAMBERLAIN	13 Lowestoft &	1:11.53	636	33.43	38.10
3.	Robyn TURNER	13 Thurrock Swi	1:12.72	606	33.63	39.09
4.	Megan LANGRIDGE	13 Thurrock Swi	1:12.92	602	34.63	38.29
5.	Alice TENNANT	13 Deben	1:14.02	576	34.48	39.54
6.	Sarah SWINDELL	13 Hatfield	1:14.11	574	34.04	40.07
7.	Georgina HUNT	13 Thurrock Swi	1:15.55	542	35.17	40.38
8.	Carolyn ASTBURY	13 Watford	1:15.91	534	35.17	40.74
9.	Abigail LAVALLIN	13 Mid Beds	1:20.49	444	36.63	43.86

EVENT 11 FINAL OF EVENT 8 Girls 11 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Ellis JACKSON	11 St Felix Sch	2:33.65	710	36.47	38.77	39.27	39.14
2.	Kim'ley-Ann ANASTASIOU	11 UEA Norwich	2:42.44	607	38.59	41.68	41.85	40.32
3.	Georgia WIGHTON	11 Chelmsford	2:44.13	588	38.48	42.31	42.15	41.19
4.	Mimi BARR	11 UEA Norwich	2:45.05	579	38.40	41.62	42.98	42.05
5.	Jenny THOMPSON	11 St Felix Sch	2:45.07	579	37.97	42.04	43.21	41.85
6.	Harriette DAVIS	11 Thurrock Swi	2:45.42	575	38.31	41.83	43.31	41.97
7.	Holly BATEMAN	11 UEA Norwich	2:46.23	567	39.16	42.26	43.43	41.38
8.	Paige YOUNG	11 Colchester	2:48.47	544	39.65	43.27	43.49	42.06

EVENT 12 FINAL OF EVENT 8 Girls 12 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Anne BOCHMANN	12 UEA Norwich	2:31.74	696	37.31	38.28	39.06	37.09
2.	Lucy CHARLES	12 Hoddesdon	2:34.13	668	37.25	39.13	39.72	38.03
3.	Annie GROOME	12 Harlow Pen	2:36.91	635	36.63	40.33	41.25	38.70
4.	Bethany COGGINS	12 UEA Norwich	2:38.38	619	38.07	40.06	40.52	39.73
5.	Laura ADAMS	12 UEA Norwich	2:39.99	601	37.86	41.00	40.71	40.42
6.	Coral YOUNG	12 Ipswich	2:40.56	595	37.67	41.94	41.50	39.45
7.	Charlotte WADE	12 Rochford	2:42.17	578	37.84	41.53	41.68	41.12
8.	Charlotte CLARIDGE	12 Hatfield	2:42.49	574	37.86	41.39	41.74	41.50

EVENT 13 FINAL OF EVENT 8 Girls 13 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Carly OGOGO	13 Lowestoft &	2:30.32	726	35.39	37.85	39.22	37.86
2.	Sophie HOOKHAM	13 St Ives	2:30.48	725	34.44	38.31	40.30	37.43
3.	Rebecca WETTEN	13 St Felix Sch	2:31.50	711	35.15	38.83	39.27	38.25
4.	Sophie CHAMBERLAIN	13 Lowestoft &	2:36.35	652	36.56	40.00	40.33	39.46
5.	Larissa AYRES	13 Modernians	2:37.98	634	37.06	40.21	41.22	39.49
6.	Whitney BUCKLER	13 St Felix Sch	2:39.32	619	36.95	40.71	41.65	40.01
7.	Hazel PICKFORD	13 Watford	2:41.26	597	37.55	40.79	41.89	41.03
8.	Sophie INGLESON	13 UEA Norwich	2:43.79	571	37.07	41.31	42.58	42.83



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EVENT 14 FINAL OF EVENT 9 Boys 11 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Luke BAILEY	11 St Felix Sch	2:18.13	528	31.86	35.37	36.16	34.74
2.	Richard JEFFERIES	11 Co Cambridge	2:19.42	514	32.83	35.96	35.96	34.67
3.	Miles GARNER	11 UEA Norwich	2:20.08	507	33.20	36.23	36.05	34.60
4.	Lewis HUGHES	11 UEA Norwich	2:25.55	449	33.88	37.11	37.97	36.59
5.	Daniel SORRELL	11 Chelmsford	2:28.19	425	34.23	38.05	38.41	37.50
6.	Jake ROBINSON	11 Stevenage	2:29.15	415	34.31	37.93	38.95	37.96
7.	Henry CROSBY	11 Co Cambridge	2:29.67	411	34.50	38.67	39.28	37.22
8.	Samuel GOWER	11 Chelmsford	2:29.98	408	36.38	39.33	38.69	35.58

EVENT 15 FINAL OF EVENT 9 Boys 12 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Sean COLLIER	12 West Suffolk	2:12.94	585	30.43	33.89	34.90	33.72
2.	Aaron LYNCH	12 Stowmarket	2:16.47	542	31.79	34.61	35.67	34.40
3.	Samuel MUNRO	12 St Felix Sch	2:17.39	530	32.05	34.88	35.98	34.48
4.	Ricky JONES	12 Hatfield	2:18.85	514	31.41	35.44	37.05	34.95
5.	David KELLEWAY	12 Bishop Stort	2:19.05	511	31.86	35.76	36.91	34.52
6.	Jack HOLLIS	12 Ipswich	2:19.89	503	32.00	35.41	36.67	35.81
7.	Joshua PAGE	12 UEA Norwich	2:20.75	493	32.69	36.93	36.53	34.60
8.	Marius VERMAAK	12 Epping For't	2:20.81	492	32.91	36.70	36.35	34.85

EVENT 16 FINAL OF EVENT 9 Boys 13 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Adam INGLEDEW	13 Mid Beds	2:07.79	636	29.14	33.09	33.38	32.18
2.	Dean WOODCOCK	13 Chelmsford	2:09.76	610	30.13	33.04	33.55	33.04
3.	David GODRIDGE	13 Hemel Hemp	2:11.36	589	30.19	34.37	34.15	32.65
4.	Callum CANDY	13 Hatfield	2:11.54	587	30.96	33.43	34.41	32.74
5.	David LAMBERT	13 UEA Norwich	2:14.34	552	31.19	34.46	34.88	33.81
6.	Jason G DANIELS	13 Runnymede	2:14.74	547	31.19	34.07	35.63	33.85
7.	Timothy T EVANS	13 Southend	2:15.77	535	32.27	35.73	35.58	32.19
8.	Thomas SUTTON	13 Kings Lynn	2:19.14	497	32.18	35.36	35.45	36.15

EVENT 17 FINAL OF EVENT 9 Boys 14 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Luke DeMOYA	14 Co Peterboro	2:05.24	670	28.42	31.45	33.06	32.31
2.	Nicholas ROBSON	14 Hatfield	2:06.66	649	29.79	32.30	32.58	31.99
3.	Adam MAXWELL	14 Hatfield	2:07.44	638	29.68	32.59	33.12	32.05
4.	Thomas GREEN	14 Bishop Stort	2:07.48	638	29.74	32.49	33.80	31.45
5.	Lewis COLEMAN	14 Ipswich	2:07.51	637	29.86	33.10	33.03	31.52
6.	Andrew BIGLEY	14 Ipswich	2:07.52	637	30.90	32.89	32.10	31.63
7.	Nicholas THOMPSON	14 UEA Norwich	2:09.86	606	30.47	33.19	33.65	32.55
8.	Tom A FREEMAN	14 Co Peterboro	2:12.74	569	30.46	33.86	34.63	33.79

EVENT 18 FINAL OF EVENT 10 Girls 11 Yrs 100m Butterfly

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Ellis JACKSON	11 St Felix Sch	1:12.55	652	34.24	38.31
2.	Georgia WIGHTON	11 Chelmsford	1:17.86	527	35.24	42.62
3.	Mimi BARR	11 UEA Norwich	1:18.18	520	36.78	41.40
4.	Lauren GEDDES	11 Bishop Stort	1:20.24	479	37.45	42.79
5.	Pascale REEVES	11 St Felix Sch	1:20.32	478	36.91	43.41
6.	Katharine LIGHTOWLER	11 Co St Albans	1:22.47	439	37.70	44.77
7.	Charlotte BECK	11 Flitwick	1:26.79	369	39.18	47.61
	Antonia GATEHOUSE	11 Ipswich	DNC			



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EVENT 19 FINAL OF EVENT 10 Girls 12 Yrs 100m Butterfly

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Chloe FRANCIS	12 Basildon	1:08.95	724	32.45	36.50
2.	Charlotte CLARIDGE	12 Hatfield	1:11.79	646	33.22	38.57
3.	Anne BOCHMANN	12 UEA Norwich	1:12.00	641	34.23	37.77
4.	Laura ADAMS	12 UEA Norwich	1:13.41	605	34.75	38.66
5.	Alexandra HARRISON	12 West Suffolk	1:14.05	591	34.48	39.57
6.	Kerriann CHIPPERFIELD	12 Thurrock Swi	1:14.34	584	35.04	39.30
7.	Bethany COGGINS	12 UEA Norwich	1:14.52	579	34.51	40.01
	Lauren OTTAWAY	12 Leighton Buz	DQ	ST-		

EVENT 20 FINAL OF EVENT 10 Girls 13 Yrs 100m Butterfly

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Rebecca WETTEN	13 St Felix Sch	1:07.07	760	32.04	35.03
2.	Robyn TURNER	13 Thurrock Swi	1:11.38	639	32.81	38.57
3.	Sophie CHAMBERLAIN	13 Lowestoft &	1:11.54	636	33.22	38.32
4.	Megan LANGRIDGE	13 Thurrock Swi	1:13.56	586	34.80	38.76
5.	Carolyn ASTBURY	13 Watford	1:14.34	568	35.17	39.17
6.	Sarah SWINDELL	13 Hatfield	1:14.39	567	34.82	39.57
7.	Alice TENNANT	13 Deben	1:14.58	563	34.75	39.83
8.	Georgina HUNT	13 Thurrock Swi	1:14.83	557	34.74	40.09