



# ASA East Region Cheestrings BAGCAT Championships 2006

(Under ASA Laws & ASA Technical Rules)  
A Level One Licensed Meet - N<sup>o</sup> ERX613/4



## EVENT 21 Girls Open 100m Breaststroke

### 10 Yrs Age Group (HDW)

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Ria MELVIN	10 Harlow Pen	1:33.99	478	45.49	48.50
2.	Zara BAILEY	10 Co Peterboro	1:35.92	448	45.47	50.45
3.	Anne-Marie DuPREEZ	10 Co St Albans	1:37.03	431	45.95	51.08
4.	Charlotte HICKS	10 St Felix Sch	1:37.46	425	47.08	50.38
5.	Charlotte REID	10 Hitchin	1:38.19	414	47.10	51.09
6.	Chantel WHITING	10 UEA Norwich	1:38.63	408	46.95	51.68
7.	Rebecca WELCH	10 Cheshunt	1:38.83	405	46.95	51.88
8.	Charlotte PRIOR	10 Brentwood	1:38.92	404	47.14	51.78
9.	Chloe PRICE	10 Ipswich	1:39.34	398	48.60	50.74
10.	Jenny R HOPKINS	10 Co Peterboro	1:39.66	393	48.39	51.27
11.	Jodie ALLEN	10 UEA Norwich	1:40.14	387	47.96	52.18
12.	Faye BRUMBY	10 Rochford	1:40.34	385	48.24	52.10
13.	Alice HICKMOTT	10 Braintree	1:40.41	384	47.97	52.44
14.	Melissa KNIGHTON	10 Canvey Islan	1:41.02	375	48.14	52.88
15.	Bethany CATCHPOLE	10 Ipswich	1:41.10	375	47.74	53.36
16.	Isabelle MARTIN	10 Flitwick	1:41.87	364	47.54	54.33
17.	Katie SAVAGE	10 West Suffolk	1:45.29	324	50.69	54.60
18.	Sian CHAMBERS	10 Braintree	1:45.49	322	49.93	55.56
19.	Issy FAULKNER	10 UEA Norwich	1:45.53	322	50.56	54.97
20.	Katie R FITZJOHN	10 Co Peterboro	1:46.11	316	50.87	55.24
21.	Suzanne PITTS	10 Hemel Hemp	1:47.75	298	51.12	56.63

### 11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Mimi BARR	11 UEA Norwich	1:29.55	527	41.88	47.67
2.	Kiera MOONEY	11 UEA Norwich	1:29.62	526	42.84	46.78
3.	Heather RODWELL	11 Colchester	1:30.81	504	42.64	48.17
4.	Evie FISHER	11 Chelmsford	1:34.01	452	44.19	49.82
5.	Lydia SMITH	11 Hatfield	1:34.29	447	44.68	49.61
6.	Sophie DEMETRIADES	11 Ipswich	1:34.29	447	44.41	49.88
7.	Emma IRVINE	11 Leighton Buz	1:34.60	442	44.09	50.51
8.	Fiona MANTHORPE	11 Ipswich	1:35.17	434	45.20	49.97
9.	Laura SEARLE	11 Co Cambridge	1:36.55	414	45.12	51.43
10.	Rachel BURT	11 UEA Norwich	1:38.41	389	44.74	53.67
11.	Antonia GATEHOUSE	11 Ipswich	1:39.54	374	47.71	51.83

### 12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Anne BOCHMANN	12 UEA Norwich	1:21.35	657	39.24	42.11
2.	Chloe FRANCIS	12 Basildon	1:21.56	652	39.13	42.43
3.	Alexandra HARRISON	12 West Suffolk	1:22.91	623	38.53	44.38
4.	Zoe SMITH	12 Lowestoft &	1:24.52	589	40.43	44.09
5.	Bethany COGGINS	12 UEA Norwich	1:25.75	565	41.01	44.74
6.	Phillippa BENNETT	12 Canvey Islan	1:26.82	544	40.12	46.70
7.	Rosie ANTUNES	12 Luton	1:27.58	530	41.36	46.22
8.	Charlotte HENSON	12 Co St Albans	1:29.01	504	41.44	47.57
9.	Faye TATTAM	12 UEA Norwich	1:29.17	502	42.82	46.35
10.	Charlotte McCONNELL	12 Mid Beds	1:29.58	495	42.21	47.37

### 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Emma R WARRINGTON	13 Hoddesdon	1:22.54	626	38.53	44.01
2.	Sarah SWINDELL	13 Hatfield	1:23.07	615	38.85	44.22
3.	Abigail LAVALLIN	13 Mid Beds	1:23.87	598	39.45	44.42
4.	Bryony HENRY	13 Deben	1:24.61	583	40.55	44.06
5.	Sophie CHAMBERLAIN	13 Lowestoft &	1:24.85	578	40.84	44.01
6.	Georgina HUNT	13 Thurrock Swi	1:27.16	534	42.01	45.15
7.	Charley C GALLAGHER	13 Southend	1:29.52	492	42.89	46.63

## EVENT 22 Boys Open 200m IM

### 10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Caleb HUGHES	10 Luton	2:44.97	450	37.89	41.88	47.94	37.26
2.	Joel KNIGHT	10 Hatfield	2:55.19	368	38.32	45.79	52.93	38.15
3.	Charlie SMITH	10 Clacton On S	2:55.52	366	36.67	43.98	56.35	38.52
4.	Kane FARRELL	10 Mid Beds	2:58.45	346	41.39	48.36	49.26	39.44
5.	Harry SMITH	10 UEA Norwich	2:58.89	343	41.36	46.51	52.80	38.22
6.	Jordan PURDY	10 St Felix Sch	2:59.61	338	41.13	47.49	52.06	38.93
7.	Louis MAYHEW	10 Hemel Hemp	3:02.33	321	40.76	46.04	57.18	38.35
8.	Matthew G BRIGHAM	10 Co Peterboro	3:02.44	320	42.33	44.73	56.01	39.37
9.	Carl JOHNSON	10 St Ives	3:02.64	318	40.86	46.69	56.22	38.87
10.	Bradley CLARKE	10 Thurrock Swi	3:03.59	313	44.52	45.46	56.02	37.59

**RESULTS**



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11.	George LAVALLIN	10	Mid Beds	3:03.68	312	41.04	47.85	55.61	39.18
12.	Genki MIYAUCHI	10	Co Cambridge	3:04.42	307	42.69	46.46	53.96	41.31
13.	Thomas SHERRIFF	10	Hemel Hemp	3:07.33	291	40.53	48.71	57.85	40.24
14.	Tom LAMBERT	10	Luton	3:07.39	291	42.58	47.15	55.35	42.31
15.	Kilian KORTH	10	Ipswich	3:07.44	290	38.97	45.98	1:03.42	39.07
16.	Adam DANIELL	10	Hemel Hemp	3:07.71	289	42.81	49.99	54.57	40.34
17.	Thomas D GILES	10	Runnymede	3:09.00	282	42.62	49.08	53.31	43.99
18.	Sonny FORD	10	Thurrock Swi	3:09.70	278	40.59	48.65	58.09	42.37
19.	Nicholas FITCH	10	UEA Norwich	3:10.38	274	40.88	50.62	58.33	40.55
20.	Thomas HEAD	10	Thurrock Swi	3:11.42	269	44.30	47.27	58.32	41.53
21.	Curtis BARNETT	10	Hemel Hemp	3:12.73	262	40.93		2:31.33	41.40
22.	Jack J CARTER	10	Southend	3:12.87	261	40.54	49.51	58.38	44.44
23.	Rory GEOGHEGAN	10	Runnymede	3:13.40	259	42.88	51.33	55.59	43.60
24.	Luke DURBAN	10	Halstead	3:13.47	258	43.73	47.87	1:00.83	41.04
25.	Matthew KNOWLES	10	Chelmsford	3:15.30	249	44.71	49.40	58.72	42.47
26.	Joshua INWOOD	10	Basildon	3:17.03	241	40.49	50.36	1:00.80	45.38
27.	Jonathan ANDVIG	10	Ipswich	3:20.11	227	46.51	51.08	58.98	43.54
28.	Gareth HAWKINS	10	Thurrock Swi	3:20.69	225	46.68	47.60	1:03.64	42.77
29.	Stephen MEARS	10	Hatfield	3:22.74	216	41.66	52.26	1:02.89	45.93

## 11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Miles GARNER	11	UEA Norwich	2:39.63	506	34.51	41.40	47.73	35.99
2.	Alexander SHREEVE	11	UEA Norwich	2:45.15	454	35.74	41.65	52.16	35.60
3.	Luke BAILEY	11	St Felix Sch	2:45.76	449	37.65	44.63	49.84	33.64
4.	Senner KOSKOCAN	11	Harlow Pen	2:48.11	430	37.33	44.01	47.80	38.97
5.	Richard JEFFERIES	11	Co Cambridge	2:48.74	424	39.08	42.66	52.08	34.92
6.	Jake ROBINSON	11	Stevenage	2:49.64	416	37.11	44.00	49.42	39.11
7.	Lewis HUGHES	11	UEA Norwich	2:50.06	413	35.82	44.86	53.14	36.24
8.	Liam KNIGHT	11	Wisbech Swim	2:51.39	403	36.19	44.39	51.83	38.98
9.	Daniel SORRELL	11	Chelmsford	2:53.40	387	41.41	44.52	49.97	37.50
10.	Henry CROSBY	11	Co Cambridge	2:53.77	385	37.36	45.11	52.07	39.23
11.	George FLINTHAM	11	UEA Norwich	2:55.49	371	39.21	45.20	52.86	38.22
12.	Christopher PALMER	11	Colchester	2:56.18	367	39.77	46.46	50.54	39.41
13.	Henry NEWTON	11	Runnymede	2:56.77	362	37.05	44.67	55.23	39.82
14.	Adam KEMP	11	West Suffolk	2:57.26	359	41.13	45.82	50.03	40.28
15.	Chris STEVENS	11	Harlow Pen	2:57.27	359	40.77	44.13	55.76	36.61
16.	Oliver BARKER	11	Bishop Stort	2:57.54	357	37.93	43.83	54.84	40.94
17.	Joe HATTON	11	UEA Norwich	2:58.27	352	39.37	46.19	55.27	37.44
18.	Ryan TOMKINS	11	Ipswich	2:59.97	341	44.06	44.32	53.92	37.67
19.	Daniel SADLER	11	St Neots Swa	3:00.42	338	39.52	44.71	55.38	40.81
20.	Cameron BASHIR	11	Sudbury	3:01.95	328	43.66	46.84	52.90	38.55
21.	Ben KLEINAU	11	Thetford	3:02.43	324	40.21	49.48	51.26	41.48
22.	Luca POLI	11	Hatfield	3:03.11	321	42.14	48.81	53.20	38.96
23.	Danny PROFFITT	11	West Suffolk	3:04.15	314	39.93	46.08	58.53	39.61
24.	Craig COLLIER	11	West Suffolk	3:04.26	313	42.52	50.16	52.53	39.05
25.	Nicholas J ILSLEY	11	Co Peterboro	3:04.28	313	39.94	45.29	55.84	43.21
26.	Jamie KEEVILL	11	Hemel Hemp	3:05.27	308	42.29	47.74	53.78	41.46
	James LOFTUS	11	UEA Norwich	DNC					

## 12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	David KELLEWAY	12	Bishop Stort	2:35.91	524	33.60	38.19	47.46	36.66
2.	Aaron LYNCH	12	Stowmarket	2:37.41	509	35.30	42.93	45.94	33.24
3.	James POOLE	12	Ipswich	2:38.20	502	35.65	40.76	47.43	34.36
4.	Ricky JONES	12	Hatfield	2:38.31	501	35.43	40.36	47.30	35.22
5.	Sean COLLIER	12	West Suffolk	2:38.72	496	32.10	41.44	51.82	33.36
6.	Samuel MUNRO	12	St Felix Sch	2:39.40	490	36.13	41.28	48.11	33.88
7.	Jack HOLLIS	12	Ipswich	2:40.32	481	35.05	41.56	48.77	34.94
8.	Alexander BAKER	12	Hitchin	2:41.78	468	36.13	42.23	45.37	38.05
9.	Dacre CAPSTICK	12	Berkhamsted	2:42.02	466	36.35	41.13	47.45	37.09
10.	Joshua PAGE	12	UEA Norwich	2:42.09	465	37.93	41.58	46.91	35.67
11.	Thomas HALE	12	Brentwood	2:42.76	459	35.35	40.79	51.00	35.62
12.	Alexander P DELICATA	12	Runnymede	2:44.83	441	35.86	42.29	50.44	36.24
13.	Luke WALSH	12	Thetford	2:45.89	432	34.86	42.67	50.68	37.68
14.	Charlie HAYES	12	Thurrock Swi	2:45.92	432	36.84	42.51	49.50	37.07
15.	Tom KEENES	12	Chelmsford	2:46.06	430	36.71	41.69	52.02	35.64
16.	Daniel RILEY	12	Luton	2:46.41	427	35.91	42.78	52.12	35.60
17.	Toby ANSELL	12	Luton	2:47.53	419	37.41	43.50	48.75	37.87
18.	Samuel L MILLER	12	Co Peterboro	2:47.88	415	38.61	42.27	50.45	36.55
19.	Alasdair KERR	12	Mid Beds	2:49.40	404	36.87	43.31	49.75	39.47
20.	Alex RAINE	12	Mid Beds	2:50.68	394	36.33	43.48	53.20	37.67
21.	Marius VERMAAK	12	Epping For't	2:51.88	384	35.76	44.46	54.59	37.07
22.	Robert L STAFFORD	12	Co Peterboro	2:52.83	378	35.81	44.30	54.77	37.95
23.	Louis HOBBS	12	Hatfield	2:55.99	355	40.16	44.22	53.96	37.65
24.	Charlie TAYLOR-SMITH	12	Luton	2:56.63	351	38.76	44.79	54.07	39.01
25.	Jay MUNKLEY	12	Hertsmere	2:58.56	338	38.75	46.90	55.53	37.38

**RESULTS**



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## 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Dean WOODCOCK	13 Chelmsford	2:25.95	620	32.20	37.73	42.13	33.89
2.	Adam INGLEDEW	13 Mid Beds	2:28.23	593	31.74	37.08	46.81	32.60
3.	David GODRIDGE	13 Hemel Hemp	2:28.98	585	32.22	40.18	44.46	32.12
4.	David LAMBERT	13 UEA Norwich	2:29.57	578	32.41	39.20	45.10	32.86
5.	Jordan BATE	13 UEA Norwich	2:32.47	547	32.46	39.99	45.03	34.99
6.	Christian C PARKER	13 Southend	2:34.15	529	34.65	43.24	42.30	33.96
7.	Timothy T EVANS	13 Southend	2:34.81	522	34.23	41.26	46.58	32.74
8.	Callum CANDY	13 Hatfield	2:35.73	513	34.38	39.38	47.71	34.26
9.	Andrew EGAN	13 Hemel Hemp	2:36.65	504	37.52	39.98	42.45	36.70
10.	Andrew THOMPSON	13 Co Cambridge	2:36.94	501	34.55	41.89	44.68	35.82
11.	Conor HARROLD	13 Thurrock Swi	2:37.51	495	34.17	41.14	47.89	34.31
12.	William BLACKABY	13 Stowmarket	2:38.04	490	33.48	40.37	48.89	35.30
13.	Christian STOKES	13 Mid Beds	2:38.06	490	34.41	41.20	47.35	35.10
14.	Thomas SUTTON	13 Kings Lynn	2:39.03	481	34.35	41.20	47.21	36.27
15.	Braden WREN	13 Thurrock Swi	2:39.27	478	32.66	43.73	47.92	34.96
16.	Nicholas BATSON	13 UEA Norwich	2:39.60	475	33.04	42.23	47.32	37.01
17.	Jason RODD	13 Ipswich	2:40.04	472	35.14	41.88	48.97	34.05
18.	James WYATT	13 West Suffolk	2:40.55	467	36.06	41.81	45.05	37.63
19.	Owen HANCOCK	13 Luton	2:40.82	465	36.22	43.50	44.98	36.12
20.	Christopher BRADBURY	13 Mid Beds	2:45.83	422	35.28	42.82	50.90	36.83
	Jonathan DAVIS	13 Ipswich	DNC					

## 14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Lewis COLEMAN	14 Ipswich	2:21.45	669	32.36	37.41	39.17	32.51
2.	Andrew BIGLEY	14 Ipswich	2:25.01	624	30.11	38.89	43.33	32.68
3.	Nicholas ROBSON	14 Hatfield	2:25.92	613	32.96	37.85	41.88	33.23
3.	Nicholas THOMPSON	14 UEA Norwich	2:25.92	613	32.44	39.58	41.02	32.88
5.	Tom A FREEMAN	14 Co Peterboro	2:26.09	611	32.84	36.89	43.01	33.35
6.	James SUTHERLAND	14 Hatfield	2:27.06	600	30.48	36.49	45.90	34.19
7.	Stephen FISHER	14 Gt Yarmouth	2:27.50	595	31.60	37.27	43.08	35.55
8.	Thomas GREEN	14 Bishop Stort	2:27.52	595	30.90	36.02	48.91	31.69
9.	Sean BROWN	14 Hatfield	2:29.61	571	32.11	39.06	45.19	33.25
10.	Zach MOTTER	14 St Ives	2:29.88	568	30.54	37.97	48.73	32.64
11.	Henry WOOD	14 Basildon	2:29.90	568	33.64	40.36	43.27	32.63
12.	Craig ROSS	14 Bishop Stort	2:32.13	544	32.27	38.96	46.37	34.53
13.	Luke DeMOYA	14 Co Peterboro	2:32.68	538	32.56	39.63	47.53	32.96
14.	Adam MAXWELL	14 Hatfield	2:32.85	537	32.02	41.68	46.17	32.98
15.	Thomas LANG	14 West Suffolk	2:33.24	532	32.60	37.14	49.29	34.21
16.	Jack ASHTON	14 Chelmsford	2:33.80	526	35.18	40.25	44.61	33.76
17.	Adam RAW	14 Watford	2:34.04	524	32.13	39.28	47.62	35.01
18.	Sam MUNKLEY	14 Hertsmere	2:39.59	470	30.90	43.10	48.72	36.87
19.	Robert HILL	14 Hemel Hemp	2:40.55	462	34.76	39.05	48.75	37.99

## EVENT 23 Girls Open 400m IM

### 10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Charlotte HICKS	10 St Felix Sch	6:07.77	544	250	39.31	45.32	48.12	48.70
					50.17	51.99	42.25	41.91	
2.	Charlotte PRIOR	10 Brentwood	6:21.96	483	41.85	51.72	48.62	48.30	
					52.46	54.35	43.63	41.03	
3.	Issy FAULKNER	10 UEA Norwich	6:22.38	480	40.40	46.69	50.74	49.63	
					55.29	57.18	42.40	40.05	
4.	Amy BEARDWELL-LACEY	10 Thurrock Swi	6:26.78	464	40.36	47.93	48.79	47.96	
					56.94	56.81	44.34	43.65	
5.	Amelia A KNOWLES	10 Southend	6:30.39	450	38.96	46.02	51.60	49.11	
					58.29	1:00.16	43.33	42.92	
6.	Bonnie SAWYER	10 Epping For't	6:42.53	407	40.83	50.39	52.48	50.70	
					58.02	59.18	45.50	45.43	
7.	Jodie ALLEN	10 UEA Norwich	6:43.26	404	47.66	57.69	51.48	50.85	
					51.84	55.52	45.10	43.12	

### 11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Ellis JACKSON	11 St Felix Sch	5:14.21	789	250	33.21	37.43	40.31	39.49
					44.57	46.00	37.21	35.99	
2.	Georgia WIGHTON	11 Chelmsford	5:49.41	588	35.96	44.41	44.14	42.77	
					52.14	52.27	39.66	38.06	
3.	Holly BATEMAN	11 UEA Norwich	5:50.52	583	37.95	46.16	43.66	42.83	
					51.82	51.40	41.04	35.66	
4.	Kiera MOONEY	11 UEA Norwich	5:50.53	582	38.39	45.97	44.88	44.48	
					48.14	50.02	40.36	38.29	

**RESULTS**



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5.	Mimi BARR	11	UEA Norwich	5:53.50	568	36.82	42.72	45.47	46.16
						50.13	51.86	40.68	39.66
6.	Charlotte BECK	11	Flitwick	6:01.68	531	38.00	45.00	44.49	44.00
						55.06	54.48	41.11	39.54
7.	Kim'ley-Ann ANASTASIOU	11	UEA Norwich	6:02.00	530	39.84	46.79	43.74	42.37
						54.16	54.38	41.82	38.90
8.	Heather RODWELL	11	Colchester	6:03.31	523	42.61	49.88	45.95	44.72
						48.53	51.89	40.62	39.11
9.	Paige YOUNG	11	Colchester	6:08.80	501	41.72	51.42	45.02	44.47
						54.14	54.18	39.73	38.12
10.	Katharine LIGHTOWLER	11	Co St Albans	6:09.78	496	39.69	49.06	49.87	47.46
						51.95	53.56	40.20	37.99
11.	Grace LEE	11	Bishop Stort	6:19.50	457	40.40	52.66	46.43	44.36
						54.29	55.74	43.02	42.60
12.	Lydia SMITH	11	Hatfield	6:20.69	453	41.67	50.88	48.40	47.61
						53.76	54.49	44.25	39.63
13.	Rachel BURT	11	UEA Norwich	6:53.78	344	43.42	53.12	52.09	58.94
						39.54	1:13.62	47.16	45.89
	Joanne E LONGLAND	11	Co Peterboro	DQ	ST-				

Joanne E LONGLAND

## 12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
					250	300	350	400	
1.	Anne BOCHMANN	12	UEA Norwich	5:07.23	814	34.59	38.90	39.99	38.10
						43.01	43.05	35.53	34.06
2.	Chloe FRANCIS	12	Basildon	5:19.68	733	32.73	38.61	42.68	41.34
						45.81	46.28	37.40	34.83
3.	Laura ADAMS	12	UEA Norwich	5:30.78	669	35.05	40.75	43.67	41.34
						49.07	48.90	37.03	34.97
4.	Bethany COGGINS	12	UEA Norwich	5:33.65	653	34.85	41.54	43.78	41.96
						47.84	47.89	39.04	36.75
5.	Lucy CHARLES	12	Hoddesdon	5:37.65	631	35.60	42.67	42.74	41.53
						50.96	52.23	36.34	35.58
6.	Zoe SMITH	12	Lowestoft &	5:46.23	587	38.29	44.52	46.37	44.19
						47.31	47.42	39.58	38.55
7.	Georgie H FREEMAN	12	Co Peterboro	5:47.90	579	35.82	43.37	44.63	43.26
						52.37	52.81	39.06	36.58
8.	Jessica RALFS	12	UEA Norwich	5:48.15	578	37.80	42.26	44.74	44.39
						51.56	51.15	39.25	37.00
9.	Kerriann CHIPPERFIELD	12	Thurrock Swi	5:48.49	577	35.38	41.34	44.60	44.37
						53.99	55.14	36.01	37.66
10.	Yasmin BITHREY	12	Luton	5:48.77	575	36.94	42.44	44.41	43.90
						51.52	52.55	38.91	38.10
11.	Rosie ANTUNES	12	Luton	5:51.07	564	36.24	44.15	45.78	44.98
						47.74	49.37	41.75	41.06
12.	Charlotte BLACKSLEY	12	Luton	5:55.43	544	37.14	43.78	45.55	45.65
						50.18	54.92	39.21	39.00
13.	Abigail SAYER	12	Thurrock Swi	5:56.70	539	37.76	43.77	44.37	42.65
						53.76	54.42	39.76	40.21
14.	Charlotte McCONNELL	12	Mid Beds	5:58.08	532	38.51	46.17	47.06	45.36
						48.53	49.88	42.02	40.55
15.	Mattaya A NABARRO	12	Luton	5:58.99	528	38.54	47.37	43.93	43.60
						52.83	53.36	41.97	37.39
16.	Katie TAVENER	12	Mid Beds	6:20.43	441	39.58	50.96	46.12	46.31
						53.73	56.86	43.54	43.33

## 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
					250	300	350	400	
1.	Sophie CHAMBERLAIN	13	Lowestoft &	5:18.25	738	33.97	39.52	41.38	40.39
						44.94	46.55	36.19	35.31
2.	Rebecca WETTEN	13	St Felix Sch	5:19.55	731	32.03	36.59	40.97	39.56
						49.01	50.01	36.61	34.77
3.	Georgina HUNT	13	Thurrock Swi	5:29.91	670	34.86	40.73	43.54	42.68
						46.24	46.60	38.28	36.98
4.	Carolyn ASTBURY	13	Watford	5:30.65	666	35.83	40.78	42.84	42.23
						47.96	48.65	37.30	35.06
5.	Molly EPSLY	13	Thurrock Swi	5:31.62	660	35.33	39.54	43.62	43.20
						48.81	49.75	36.42	34.95
6.	Megan LANGRIDGE	13	Thurrock Swi	5:34.15	647	34.68	38.19	42.95	41.73
						49.63	49.83	39.18	37.96
7.	Leanne BARNARD	13	Lowestoft &	5:40.16	615	38.99	45.56	43.70	42.76
						48.05	50.33	37.01	33.76
8.	Whitney BUCKLER	13	St Felix Sch	5:40.54	613	35.65	43.00	44.04	41.64
						51.30	50.82	38.91	35.18
9.	Abigail LAVALLIN	13	Mid Beds	5:40.70	612	37.59	45.58	43.88	42.24
						47.75	47.46	40.14	36.06
10.	Sarah HASLETT	13	Flitwick	5:40.85	612	37.51	44.00	42.10	40.96
						52.00	52.60	37.29	34.39

**RESULTS**



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11.	Robyn TURNER	13	Thurrock Swi	5:42.46	604	33.14	40.88	43.44	41.94
						49.90	53.19	39.60	40.37
12.	Alice TENNANT	13	Deben	5:43.14	600	35.75	42.92	44.47	41.96
						53.18	52.04	37.60	35.22
13.	Gabrielle BRASIER	13	UEA Norwich	5:45.88	587	37.47	43.37	44.17	43.80
						49.94	51.35	38.54	37.24
14.	Charley C GALLAGHER	13	Southend	5:46.60	582	37.76	44.08	47.05	44.91
						48.14	48.93	39.74	35.99
15.	Sophie THRUSSELL	13	Mid Beds	5:52.55	555	37.00	43.59	45.33	44.03
						52.09	51.96	40.69	37.86
16.	Saffron ARDREN	13	Hoddesdon	5:54.67	545	36.38	44.64	43.98	43.75
						53.01	53.20	40.68	39.03

## EVENT 24 FINAL OF EVENT 22 Boys 10 Yrs 200m IM

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Caleb HUGHES	10 Luton	2:42.89	467	36.61	40.99	47.82	37.47
2.	Charlie SMITH	10 Clacton On S	2:55.42	367	36.72	45.53	56.25	36.92
3.	Joel KNIGHT	10 Hatfield	2:55.50	366	38.78	46.10	53.95	36.67
4.	Jordan PURDY	10 St Felix Sch	2:59.02	342	40.34	47.91	51.84	38.93
5.	Kane FARRELL	10 Mid Beds	2:59.18	341	41.31	49.32	48.80	39.75
6.	Harry SMITH	10 UEA Norwich	2:59.73	337	41.33	46.61	53.34	38.45
7.	Louis MAYHEW	10 Hemel Hemp	3:01.22	327	41.16	45.85	55.86	38.35
8.	Matthew G BRIGHAM	10 Co Peterboro	3:03.52	313	42.68	45.27	55.21	40.36

## EVENT 25 FINAL OF EVENT 22 Boys 11 Yrs 200m IM

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Miles GARNER	11 UEA Norwich	2:37.21	530	33.82	39.88	47.64	35.87
2.	Luke BAILEY	11 St Felix Sch	2:44.94	456	37.03	42.83	49.88	35.20
3.	Alexander SHREEVE	11 UEA Norwich	2:45.81	449	35.83	42.54	52.03	35.41
4.	Senner KOSKOCAN	11 Harlow Pen	2:46.99	439	36.07	43.52	50.16	37.24
5.	Richard JEFFERIES	11 Co Cambridge	2:47.18	436	38.08	43.07	50.78	35.25
6.	Jake ROBINSON	11 Stevenage	2:49.88	415	37.26	43.62	49.38	39.62
7.	Lewis HUGHES	11 UEA Norwich	2:52.01	398	36.27	44.96	53.32	37.46
8.	Liam KNIGHT	11 Wisbech Swim	2:52.16	397	37.13	44.60	52.05	38.38

## EVENT 26 FINAL OF EVENT 22 Boys 12 Yrs 200m IM

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	David KELLEWAY	12 Bishop Stort	2:32.85	557	32.75	38.07	46.50	35.53
2.	Ricky JONES	12 Hatfield	2:35.24	531	34.01	40.41	45.77	35.05
3.	Aaron LYNCH	12 Stowmarket	2:35.32	531	35.32	41.58	45.51	32.91
4.	Sean COLLIER	12 West Suffolk	2:37.15	511	32.28	41.01	50.86	33.00
5.	Samuel MUNRO	12 St Felix Sch	2:39.28	491	36.05	41.47	47.86	33.90
6.	James POOLE	12 Ipswich	2:39.64	488	35.80	41.02	48.44	34.38
7.	Alexander BAKER	12 Hitchin	2:40.88	476	36.21	40.99	45.96	37.72
8.	Jack HOLLIS	12 Ipswich	2:44.39	445	34.76	41.53	52.38	35.72

## EVENT 27 FINAL OF EVENT 22 Boys 13 Yrs 200m IM

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Dean WOODCOCK	13 Chelmsford	2:23.51	650	32.05	37.54	40.62	33.30
2.	Adam INGLEDEW	13 Mid Beds	2:28.20	593	31.92	38.18	46.39	31.71
3.	David GODRIDGE	13 Hemel Hemp	2:28.37	592	32.47	39.25	44.00	32.65
4.	David LAMBERT	13 UEA Norwich	2:28.42	591	32.42	38.86	44.91	32.23
5.	Jordan BATE	13 UEA Norwich	2:31.28	559	32.32	40.22	44.59	34.15
6.	Timothy T EVANS	13 Southend	2:34.52	525	34.76	40.99	46.24	32.53
7.	Callum CANDY	13 Hatfield	2:35.15	518	35.06	39.21	47.14	33.74
8.	Christian C PARKER	13 Southend	2:35.58	514	34.64	43.16	43.25	34.53



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## ***EVENT 28 FINAL OF EVENT 22 Boys 14 Yrs 200m IM***

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Lewis COLEMAN	14 Ipswich	2:20.41	683	32.33	36.58	38.96	32.54
2.	Andrew BIGLEY	14 Ipswich	2:25.15	623	30.41	37.62	44.44	32.68
3.	Nicholas ROBSON	14 Hatfield	2:25.52	619	32.14	37.00	43.08	33.30
4.	Tom A FREEMAN	14 Co Peterboro	2:25.66	617	32.35	37.17	43.39	32.75
5.	Nicholas THOMPSON	14 UEA Norwich	2:26.15	610	32.58	38.63	41.92	33.02
6.	James SUTHERLAND	14 Hatfield	2:27.21	598	31.61	38.18	44.67	32.75
7.	Sean BROWN	14 Hatfield	2:27.97	590	31.91	38.73	44.38	32.95
8.	Stephen FISHER	14 Gt Yarmouth	2:28.30	585	30.81	37.05	44.23	36.21

## ***EVENT 29 FINAL OF EVENT 21 Girls 11 Yrs 100m Breaststroke***

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Kiera MOONEY	11 UEA Norwich	1:28.47	547	42.39	46.08
2.	Mimi BARR	11 UEA Norwich	1:28.70	542	41.47	47.23
3.	Heather RODWELL	11 Colchester	1:29.62	526	41.76	47.86
4.	Emma IRVINE	11 Leighton Buz	1:33.51	460	43.65	49.86
5.	Evie FISHER	11 Chelmsford	1:33.67	457	44.89	48.78
6.	Lydia SMITH	11 Hatfield	1:34.49	445	44.08	50.41
7.	Sophie DEMETRIADES	11 Ipswich	1:34.79	440	46.21	48.58
8.	Fiona MANTHORPE	11 Ipswich	1:35.36	431	45.43	49.93

## ***EVENT 30 FINAL OF EVENT 21 Girls 12 Yrs 100m Breaststroke***

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Chloe FRANCIS	12 Basildon	1:18.81	716	37.40	41.41
2.	Anne BOCHMANN	12 UEA Norwich	1:19.90	691	39.08	40.82
3.	Alexandra HARRISON	12 West Suffolk	1:22.28	636	39.22	43.06
4.	Zoe SMITH	12 Lowestoft &	1:25.20	575	40.52	44.68
5.	Bethany COGGINS	12 UEA Norwich	1:25.99	560	41.17	44.82
6.	Phillippa BENNETT	12 Canvey Islan	1:26.04	559	41.00	45.04
7.	Rosie ANTUNES	12 Luton	1:27.77	527	41.56	46.21
8.	Charlotte HENSON	12 Co St Albans	1:30.23	484	41.91	48.32

## ***EVENT 31 FINAL OF EVENT 21 Girls 13 Yrs 100m Breaststroke***

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Sarah SWINDELL	13 Hatfield	1:23.32	610	39.32	44.00
2.	Emma R WARRINGTON	13 Hoddesdon	1:23.59	603	39.95	43.64
3.	Bryony HENRY	13 Deben	1:24.18	591	40.68	43.50
4.	Abigail LAVALLIN	13 Mid Beds	1:24.32	588	40.24	44.08
5.	Sophie CHAMBERLAIN	13 Lowestoft &	1:24.67	582	40.94	43.73
6.	Georgina HUNT	13 Thurrock Swi	1:24.75	580	40.03	44.72
7.	Charley C GALLAGHER	13 Southend	1:29.83	487	42.47	47.36