



# ASA East Region Cheestrings BAGCAT Championships 2006

(Under ASA Laws & ASA Technical Rules)  
A Level One Licensed Meet - N<sup>o</sup>. ERX613/4



## EVENT 47 Girls Open 400m Freestyle

### 10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50 250	100 300	150 350	200 400
1.	Poppy INGLESON	10 UEA Norwich	5:24.17	495	35.13 42.17	40.03 41.37	41.86 41.43	42.00 40.18
2.	Issy FAULKNER	10 UEA Norwich	5:24.43	494	37.26 41.43	40.52 41.23	40.86 41.31	41.69 40.13
3.	Charlotte HICKS	10 St Felix Sch	5:27.29	482	36.93 42.55	41.31 42.43	41.64 40.81	42.34 39.28
4.	Chloe PRICE	10 Ipswich	5:29.43	472	37.15 42.35	41.13 43.24	42.16 41.39	43.25 38.76
5.	Charlotte PRIOR	10 Brentwood	5:37.76	436	37.42 43.38	42.09 43.58	42.40 43.13	44.16 41.60
6.	Shauna LEE	10 Mid Beds	5:39.03	431	37.37 42.45	43.06 43.26	44.19 42.85	44.49 41.36
7.	Amy BEARDWELL-LACEY	10 Thurrock Swi	5:41.01	424	38.83 43.67	43.50 43.43	43.50 43.07	43.27 41.74
8.	Zara BAILEY	10 Co Peterboro	5:43.84	412	37.69 43.81	44.09 45.83	44.36 44.47	43.20 40.39
9.	Katie R FITZJOHN	10 Co Peterboro	5:47.72	398	37.59 44.53	43.36 46.64	44.33 43.78	44.96 42.53
10.	Ellie E TOWNLEY	10 Southend	5:48.15	396	38.58 44.72	42.87 45.36	45.00 45.57	44.75 41.30
11.	Katie SAVAGE	10 West Suffolk	5:50.91	386	40.39 44.89	44.08 44.62	45.61 44.43	45.82 41.07
12.	Amelia A KNOWLES	10 Southend	5:51.02	386	40.19 45.75	44.55 45.90	45.22 43.67	45.75 39.99
13.	Jodie ALLEN	10 UEA Norwich	5:53.58	376	40.74 45.31	45.78 44.85	44.50 45.14	45.01 42.25
14.	Alexandra PERKINS	10 UEA Norwich	5:53.81	375	39.74 45.65	45.22 46.62	45.00 44.26	45.77 41.55
15.	Bonnie SAWYER	10 Epping For't	5:53.97	375	39.93 46.06	46.30 44.69	45.56 44.31	45.99 41.13
16.	Ellie FAIRFOOT	10 UEA Norwich	5:56.77	365	40.98 44.50	44.19 45.41	45.92 45.40	46.99 43.38
17.	Megan BRETT	10 Berkhamsted	5:59.56	355	38.72 47.16	43.77 47.47	46.09 46.20	46.37 43.78
18.	Evangeline TAYLOR	10 West Suffolk	6:03.19	344	38.04 47.58	45.48 46.84	47.09 46.98	46.53 44.65
19.	Rimini CHETTLEBURGH	10 Dereham	6:04.63	339	41.05 47.90	46.74 46.13	47.04 45.89	47.24 42.64
20.	Charlotte REID	10 Hitchin	6:07.44	331	40.59 47.95	46.62 47.51	46.80 46.47	47.29 44.21

### 11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50 250	100 300	150 350	200 400
1.	Ellis JACKSON	11 St Felix Sch	4:42.77	706	32.94 35.92	35.14 36.10	35.84 36.05	35.98 34.80
2.	Kiera MOONEY	11 UEA Norwich	5:02.85	584	34.73 38.85	38.38 38.43	38.37 38.40	38.89 36.80
3.	Holly BATEMAN	11 UEA Norwich	5:04.59	575	35.03 38.88	38.64 39.00	38.39 39.02	38.83 36.80
4.	Charlotte BECK	11 Flitwick	5:06.11	567	34.03 39.77	37.85 39.60	39.33 38.85	39.75 36.93
5.	Evie ADAMS	11 Deben	5:07.65	559	34.83 39.69	37.78 39.83	40.00 38.85	39.57 37.10
6.	Georgia WIGHTON	11 Chelmsford	5:09.97	547	35.33 40.15	39.13 39.73	39.78 39.11	39.44 37.30
7.	Alexandra TAYLOR	11 West Suffolk	5:12.46	534	35.16 40.74	39.43 39.93	39.98 39.43	40.56 37.23
8.	Paige YOUNG	11 Colchester	5:13.44	529	36.50 40.40	39.82 39.85	40.46 39.34	40.15 36.92
9.	Heather RODWELL	11 Colchester	5:15.65	518	36.27 39.47	40.57 40.18	40.39 39.81	40.93 38.03
10.	Antonia GATEHOUSE	11 Ipswich	5:16.61	514	36.09 39.96	40.07 40.52	40.88 39.63	40.68 38.78
11.	Harriette DAVIS	11 Thurrock Swi	5:17.05	512	35.37 40.41	39.63 40.06	41.00 41.29	39.77 39.52
12.	Kim'ley-Ann ANASTASIOU	11 UEA Norwich	5:22.29	487	36.02 41.43	41.24 41.33	41.76 40.73	41.52 38.26



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13.	Jessica HARVEY	11	Ipswich	5:22.52	486	37.22	40.56	41.14	41.57
						40.29	41.27	40.94	39.53
14.	Jenny THOMPSON	11	St Felix Sch	5:23.81	480	34.64	39.90	40.99	42.16
						41.64	41.95	41.86	40.67
15.	Flora HANSON	11	Harpenden Sw	5:29.86	454	35.92	39.98	42.63	43.91
						44.07	42.59	41.29	39.47
16.	Pascale REEVES	11	St Felix Sch	5:29.89	453	36.98	41.78	41.73	43.46
						42.62	43.17	41.33	38.82
17.	Joanne E LONGLAND	11	Co Peterboro	5:35.27	431	36.80	42.32	42.99	43.51
						43.57	43.10	41.85	41.13
18.	Bethan BOTTOMLEY	11	West Suffolk	5:36.53	426	36.81	41.65	43.48	43.56
						43.24	43.25	44.29	40.25

## 12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
					250	300	350	400	
1.	Anne BOCHMANN	12	UEA Norwich	4:32.88	774	31.83	34.22	34.91	35.04
						34.55	34.91	34.47	32.95
2.	Charlotte CLARIDGE	12	Hatfield	4:43.77	699	32.70	35.42	35.79	36.23
						36.18	36.59	36.26	34.60
3.	Laura ADAMS	12	UEA Norwich	4:45.54	687	33.22	36.66	36.47	36.38
						35.65	36.08	35.70	35.38
4.	Chloe FRANCIS	12	Basildon	4:51.36	651	32.35	35.23	36.39	36.92
						37.87	37.77	38.76	36.07
5.	Bethany COGGINS	12	UEA Norwich	4:52.48	644	33.06	36.73	37.36	37.41
						37.42	37.47	36.89	36.14
6.	Kerriann CHIPPERFIELD	12	Thurrock Swi	4:55.14	628	33.33	36.55	37.48	37.55
						38.31	38.09	37.59	36.24
7.	Georgie H FREEMAN	12	Co Peterboro	4:57.19	616	32.95	36.67	38.07	37.96
						38.06	38.48	38.28	36.72
8.	Jennifer REDMOND	12	Ipswich	4:59.60	603	33.66	37.87	38.80	38.45
						38.23	38.62	37.41	36.56
9.	Eleanor VEASY	12	St Felix Sch	5:00.98	595	35.04	38.09	38.60	37.99
						38.34	38.37	37.67	36.88
10.	Jessica RALFS	12	UEA Norwich	5:02.96	584	34.24	38.02	38.32	38.81
						38.70	38.92	38.35	37.60
11.	Charlotte BLACKSLEY	12	Luton	5:04.33	576	33.76	37.52	38.62	39.05
						39.18	39.51	38.91	37.78
12.	Victoria SPARROW	12	West Suffolk	5:05.11	572	34.19	39.04	39.49	38.60
						38.94	39.06	38.46	37.33
13.	Alexandra HARRISON	12	West Suffolk	5:05.77	569	34.32	38.57	39.07	39.82
						39.31	39.40	38.73	36.55
14.	Coral YOUNG	12	Ipswich	5:05.83	568	34.45	39.24	39.30	39.90
						39.61	40.25	38.88	34.20
15.	Charlotte WADE	12	Rochford	5:09.26	550	34.03	38.53	39.63	39.60
						39.97	40.26	39.92	37.32
16.	Lucy HALL	12	Chelmsford	5:09.97	547	34.79	39.00	39.56	39.61
						39.74	40.01	39.01	38.25
17.	Zoe SMITH	12	Lowestoft &	5:10.33	545	34.77	41.03	38.49	39.22
						39.33	39.23	39.31	38.95
18.	Yasmin BITHREY	12	Luton	5:11.14	541	34.64	38.96	39.61	39.94
						40.35	39.81	39.76	38.07
19.	Holly GANNON	12	Hoddesdon	5:13.93	527	35.52	39.49	39.40	40.55
						40.35	40.64	39.89	38.09
20.	Chloe M DAVIS	12	Runnymede	5:19.22	501	34.85	39.33	40.79	40.69
						41.78	41.25	40.64	39.89
21.	Danielle SAYER	12	Thurrock Swi	5:21.67	490	36.09	39.51	40.94	40.85
						40.66	41.64	41.07	40.91
22.	Rosie ANTUNES	12	Luton	5:24.70	476	33.71	38.55	40.35	41.85
						42.73	42.94	42.65	41.92

## 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
					250	300	350	400	
1.	Rebecca WETTEN	13	St Felix Sch	4:33.98	766	31.86	34.69	34.85	35.12
						34.91	35.12	34.40	33.03
2.	Sophie CHAMBERLAIN	13	Lowestoft &	4:44.80	692	31.79	35.64	35.44	36.08
						36.12	36.75	36.46	36.52
3.	Molly EPSLY	13	Thurrock Swi	4:47.72	674	33.28	35.53	35.92	36.54
						36.72	36.70	37.31	35.72
4.	Georgina HUNT	13	Thurrock Swi	4:48.61	668	32.47	35.67	36.69	37.16
						37.25	37.01	36.49	35.87
5.	Carolyn ASTBURY	13	Watford	4:51.81	648	33.25	36.13	36.76	37.01
						37.07	37.69	37.28	36.62
6.	Gabrielle BRASIER	13	UEA Norwich	4:54.17	634	33.77	36.85	37.60	37.56
						38.16	37.43	37.55	35.25
7.	Whitney BUCKLER	13	St Felix Sch	4:54.89	630	33.29	36.65	37.20	37.55
						38.11	38.20	38.24	35.65



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8.	Emma JONES	13	Mid Beds	4:57.43	615	32.92	36.75	37.45	37.88
						38.21	38.45	38.07	37.70
9.	Sarah HASLETT	13	Flitwick	4:59.32	604	33.48	38.31	38.30	38.57
						38.23	38.61	37.45	36.37
10.	Alice TENNANT	13	Deben	4:59.47	603	32.91	37.61	38.48	39.16
						38.70	39.10	38.79	34.72
11.	Megan LANGRIDGE	13	Thurrock Swi	5:00.06	600	34.22	36.92	38.05	37.96
						38.53	38.66	38.30	37.42
12.	Sophie INGLESAN	13	UEA Norwich	5:00.07	600	32.60	36.84	37.58	38.68
						38.51	39.11	38.69	38.06
13.	Becky WILKINSON	13	UEA Norwich	5:00.92	595	33.51	37.40	38.08	38.69
						38.28	38.85	38.39	37.72
14.	Robyn TURNER	13	Thurrock Swi	5:03.22	582	33.74	37.57	38.67	38.78
						39.24	39.96	37.11	38.15
15.	Danielle LEE	13	Mid Beds	5:05.79	569	33.14	37.41	39.53	39.56
						38.98	39.59	39.91	37.67
16.	Alice MARCHANT	13	Luton	5:08.39	555	35.15	38.08	39.48	39.62
						39.39	39.92	38.88	37.87
17.	Hazel PICKFORD	13	Watford	5:09.16	551	34.08	38.30	39.03	39.64
						40.45	40.37	39.82	37.47
18.	Abigail LAVALLIN	13	Mid Beds	5:09.68	548	33.99	39.24	39.87	40.58
						39.91	39.93	38.72	37.44
19.	Jessica HILL	13	Co Ely	5:15.35	520	33.61	37.50	38.59	39.74
						41.56	42.54	40.99	40.82
20.	Sophie THRUSSELL	13	Mid Beds	5:15.60	519	36.31	39.73	40.38	40.44
						40.66	40.16	39.86	38.06

## EVENT 48 Boys Open 200m Breaststroke

### 10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Caleb HUGHES	10	Luton	3:09.19	447	43.12	47.98	49.55	48.54
2.	Kane FARRELL	10	Mid Beds	3:13.50	414	43.77	50.42	51.34	47.97
3.	Jordan PURDY	10	St Felix Sch	3:24.42	341	46.82	52.11	53.16	52.33
4.	Harry SMITH	10	UEA Norwich	3:29.93	310	48.48	55.33	54.65	51.47
5.	Joel KNIGHT	10	Hatfield	3:32.81	294	47.73	53.88	56.53	54.67
6.	Tom LAMBERT	10	Luton	3:35.09	283	48.30	56.61	54.72	55.46
7.	Jack J CARTER	10	Southend	3:35.19	282	49.57	56.18	56.63	52.81
8.	George LAVALLIN	10	Mid Beds	3:38.24	268	49.41	56.96	56.93	54.94
9.	Thomas D GILES	10	Runnymede	3:39.43	261	48.96	56.50	59.13	54.84
10.	Adam DANIELL	10	Hemel Hemp	3:40.18	258	49.93	57.23	56.66	56.36
11.	Rory GEOGHEGAN	10	Runnymede	3:41.08	254	50.85	58.31	58.40	53.52
12.	Carl JOHNSON	10	St Ives	3:41.13	254	48.00	58.50	58.60	56.03
13.	Braddan WESTLAKE	10	West Suffolk	3:41.67	251	49.81	59.28	57.85	54.73
14.	Matthew KNOWLES	10	Chelmsford	3:45.67	235	50.57	58.77	59.04	57.29
15.	Sonny FORD	10	Thurrock Swi	3:46.50	231	52.12	58.53	58.41	57.44
16.	Jonathan ANDVIG	10	Ipswich	3:46.92	228	52.81	59.25	58.03	56.83
17.	Luke JONES	10	Hertsmere	3:48.55	222	50.11	59.92	59.33	59.19
	Matthew G BRIGHAM	10	Co Peterboro	DQ	ST-				
	Bradley CLARKE	10	Thurrock Swi	DQ	T-1L				

### 11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Jake ROBINSON	11	Stevenage	3:09.05	449	42.13	47.96	49.84	49.12
2.	Miles GARNER	11	UEA Norwich	3:10.91	435	44.74	48.87	49.26	48.04
3.	Senner KOSKOCAN	11	Harlow Pen	3:15.06	403	42.34	50.47	52.53	49.72
4.	Adam KEMP	11	West Suffolk	3:16.12	397	44.57	49.83	50.75	50.97
5.	Richard JEFFERIES	11	Co Cambridge	3:17.96	384	46.24	51.31	50.81	49.60
6.	Owen SMITH	11	Deben	3:19.44	374	43.38	51.62	53.54	50.90
7.	Luca POLI	11	Hatfield	3:19.80	372	45.65	52.40	51.11	50.64
8.	Sidney WOOD	11	Basildon	3:21.28	361	46.91	53.18	52.25	48.94
9.	Liam KNIGHT	11	Wisbech Swim	3:21.63	360	46.22	52.69	52.74	49.98
10.	Samuel GOWER	11	Chelmsford	3:21.66	359	47.44	53.25	51.20	49.77
11.	Tom SARAH	11	West Suffolk	3:23.23	350	47.62	53.79	51.93	49.89
12.	Luke BAILEY	11	St Felix Sch	3:23.66	347	46.35	52.81	53.82	50.68
13.	Jamie KEEVILL	11	Hemel Hemp	3:25.26	337	46.81	52.61	53.18	52.66
14.	Alexander HAYMAN	11	Epping Fort	3:26.00	333	46.71	53.76	52.93	52.60
15.	William DAVIS	11	Ipswich	3:26.54	330	49.20	54.90	51.97	50.47
16.	George FLINTHAM	11	UEA Norwich	3:27.01	327	47.00	53.21	54.57	52.23
17.	Ben KLEINAU	11	Theford	3:29.72	312	45.24	54.30	56.51	53.67
18.	Cameron BASHIR	11	Sudbury	3:29.92	310	50.30	53.47	53.88	52.27
19.	Henry MILLS	11	Ipswich	3:31.51	302	47.63	57.49	53.73	52.66
20.	Daniel SADLER	11	St Neots Swa	3:33.21	293	48.49	54.51	55.29	54.92
	Chris STEVENS	11	Harlow Pen	DNC					



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## 12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Alexander BAKER	12 Hitchin	2:59.77	483	39.76	46.79	46.85	46.37
2.	Aaron LYNCH	12 Stowmarket	3:00.32	479	40.11	47.02	47.15	46.04
3.	Ricky JONES	12 Hatfield	3:02.58	460	40.30	47.43	48.04	46.81
4.	Dacre CAPSTICK	12 Berkhamsted	3:04.52	445	40.93	47.68	48.03	47.88
5.	Josh PEDDER	12 Co Cambridge	3:06.69	428	42.46	47.59	48.24	48.40
6.	Joshua PAGE	12 UEA Norwich	3:08.64	414	42.21	49.24	49.84	47.35
7.	Charlie HAYES	12 Thurrock Swi	3:11.42	394	43.69	48.75	49.43	49.55
8.	Alexander JACKSON	12 Colchester	3:12.64	385	43.79	48.67	48.80	51.38
9.	Alasdair KERR	12 Mid Beds	3:14.04	375	43.67	49.65	50.89	49.83
10.	Toby ANSELL	12 Luton	3:18.16	349	44.66	51.45	51.28	50.77
	Aydin BERKI	12 Luton	DQ	SL-				

## 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Dean WOODCOCK	13 Chelmsford	2:44.26	618	36.56	41.28	43.00	43.42
2.	Andrew EGAN	13 Hemel Hemp	2:48.63	572	38.24	42.61	43.81	43.97
3.	Nathan HENDERSON	13 Gt Yarmouth	2:54.34	516	39.21	45.64	47.00	42.49
4.	Andrew THOMPSON	13 Co Cambridge	2:54.71	513	37.43	44.48	47.54	45.26
5.	James WYATT	13 West Suffolk	2:55.32	507	38.43	45.53	46.75	44.61
6.	David GODRIDGE	13 Hemel Hemp	2:55.79	503	39.83	45.09	45.70	45.17
7.	Owen HANCOCK	13 Luton	2:56.63	496	40.96	45.46	45.28	44.93
8.	Christian C PARKER	13 Southend	2:58.33	481	39.91	45.90	47.02	45.50
9.	Josh FARRELL	13 Mid Beds	3:02.76	445	40.33	47.18	47.82	47.43

## 14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Lewis COLEMAN	14 Ipswich	2:33.09	719	35.28	40.08	38.36	39.37
2.	Nicholas THOMPSON	14 UEA Norwich	2:39.84	638	36.52	41.03	41.45	40.84
3.	Tom A FREEMAN	14 Co Peterboro	2:46.08	571	37.25	42.14	43.22	43.47
4.	Stephen FISHER	14 Gt Yarmouth	2:48.47	548	36.59	42.32	44.24	45.32
5.	Matthew McKEOWN	14 Modernians	2:48.50	548	37.08	42.30	44.28	44.84
6.	Adam MAXWELL	14 Hatfield	2:53.13	505	38.49	43.58	45.46	45.60
7.	Andrew R COATES	14 Co Peterboro	2:55.96	480	36.97	43.17	46.99	48.83
8.	Henry WOOD	14 Basildon	2:57.06	471	39.02	44.82	46.91	46.31
9.	Sam MUNKLEY	14 Hertsmere	3:00.59	442	40.66	46.45	46.94	46.54

## EVENT 49 Boys/Girls Open 1500m Freestyle

### BOYS 11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	500
					600	700	800	900	1000
					1100	1200	1300	1400	1500
1.	Luke BAILEY	11 St Felix Sch	19:12.48	641	1:13.90	1:18.80	1:18.21	1:16.75	1:17.04
					1:16.06	1:16.67	1:16.47	1:17.11	1:17.79
					1:17.70	1:17.87	1:17.81	1:16.62	1:13.68
2.	Daniel SORRELL	11 Chelmsford	19:23.41	623	1:12.95	1:18.20	1:17.75	1:18.26	1:18.12
					1:18.73	1:16.70	1:18.88	1:17.80	1:18.28
					1:18.55	1:18.90	1:17.55	1:18.26	1:14.48
3.	Craig COLLIER	11 West Suffolk	20:57.77	487	1:18.55	1:21.62	1:23.23	1:24.38	1:23.52
					1:24.59	1:24.44	1:23.60	1:23.98	1:24.14
					1:24.25	1:25.37	1:26.10	1:23.88	1:26.12
4.	Cameron BASHIR	11 Sudbury	21:28.92	449	1:21.53	1:26.41	1:28.06	1:27.84	1:26.84
					1:28.79	1:27.19	1:24.89	1:25.27	1:25.22
					1:25.49	1:26.58	1:25.70	1:24.96	1:24.15
5.	Fraser CHIVERS	11 Hitchin	23:37.87	322	1:28.84	1:34.17	1:34.98	1:34.63	1:34.18
					1:35.51	1:35.68	1:34.37	1:36.23	1:36.94
					1:35.54	1:35.34	1:38.07	1:33.25	1:30.14
	Richard JEFFERIES	11 Co Cambridge	DNC						

### BOYS 12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	500
					600	700	800	900	1000
					1100	1200	1300	1400	1500
1.	Samuel MUNRO	12 St Felix Sch	18:31.26	562	1:10.06	1:14.80	1:14.32	1:14.67	1:14.80
					1:14.94	1:14.78	1:15.21	1:15.35	1:15.20
					1:14.61	1:14.01	1:14.28	1:13.70	1:10.53
2.	Sean COLLIER	12 West Suffolk	18:32.72	559	1:10.01	1:14.80	1:14.15	1:14.72	1:14.87
					1:13.85	1:14.64	1:14.62	1:15.42	1:14.88
					1:14.59	1:15.65	1:15.11	1:14.66	1:10.75



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3.	Tom KEENES	12	Chelmsford	18:56.26	526	1:10.15 1:17.10 1:17.15	1:14.49 1:17.45 1:17.36	1:14.59 1:16.31 1:17.25	1:16.57 1:15.07 1:17.31	1:16.25 1:15.69 1:13.52
4.	Alex RAINE	12	Mid Beds	18:59.28	522	1:11.56 1:15.17 1:16.27	1:15.72 1:16.37 1:17.16	1:16.58 1:16.83 1:16.47	1:16.09 1:15.91 1:18.91	1:16.69 1:16.74 1:12.81
5.	Thomas HALE	12	Brentwood	19:00.76	520	1:10.03 1:15.83 1:16.88	1:15.08 1:16.52 1:17.35	1:15.78 1:17.06 1:16.27	1:16.38 1:17.01 1:17.56	1:16.43 1:17.58 1:15.00
6.	Toby ANSELL	12	Luton	19:05.74	514	1:10.91 1:16.49 1:17.10	1:15.76 1:16.98 1:17.64	1:16.81 1:16.85 1:17.60	1:17.23 1:17.91 1:16.61	1:17.34 1:17.07 1:13.44
7.	Daniel RILEY	12	Luton	20:00.25	446	1:13.52 1:21.60 1:21.46	1:20.23 1:21.60 1:19.64	1:20.85 1:21.42 1:20.58	1:21.02 1:21.06 1:20.06	1:21.53 1:21.52 1:14.16
8.	Samuel L MILLER	12	Co Peterboro	20:28.02	415	1:15.76 1:23.84 1:21.57	1:22.20 1:23.94 1:21.09	1:23.14 1:22.49 1:21.54	1:23.30 1:21.86 1:23.57	1:23.45 1:21.77 1:18.50
9.	Robert L STAFFORD	12	Co Peterboro	20:37.48	405	1:14.67 1:21.67 1:23.39	1:21.28 1:22.91 1:24.16	1:21.89 1:23.95 1:24.47	1:21.29 1:25.00 1:25.10	1:21.13 1:24.58 1:21.99

## BOYS 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	500	
					600	700	800	900	1000	
					1100	1200	1300	1400	1500	
1.	Jordan BATE	13	UEA Norwich	17:46.33	631	1:06.54 1:10.78 1:11.88	1:11.05 1:11.90 1:11.66	1:10.71 1:11.68 1:12.27	1:11.05 1:11.24 1:12.59	1:11.16 1:11.46 1:10.36
2.	Callum CANDY	13	Hatfield	18:25.52	570	1:08.73 1:14.03 1:15.36	1:12.84 1:14.05 1:14.09	1:13.35 1:14.91 1:14.78	1:13.77 1:14.11 1:14.04	1:13.70 1:15.25 1:12.51
3.	Braden WREN	13	Thurrock Swi	18:33.65	558	1:09.33 1:15.51 1:14.59	1:14.57 1:15.53 1:14.42	1:14.57 1:15.09 1:12.92	1:15.04 1:15.00 1:14.42	1:15.36 1:14.54 1:12.76
4.	Conor HARROLD	13	Thurrock Swi	18:43.48	544	1:09.94 1:14.60 1:15.21	1:14.91 1:14.97 1:16.05	1:15.83 1:15.11 1:15.25	1:15.77 1:15.33 1:14.51	1:15.53 1:15.24 1:15.23
5.	Christian STOKES	13	Mid Beds	18:56.98	525	1:09.35 1:16.51 1:18.40	1:13.78 1:16.51 1:17.67	1:14.37 1:17.80 1:16.59	1:15.47 1:17.80 1:16.11	1:16.15 1:17.90 1:12.57
6.	Bevan DANIELS	13	Hatfield	19:05.20	514	1:11.47 1:17.36 1:17.22	1:15.64 1:17.32 1:16.64	1:16.22 1:16.33 1:17.26	1:15.90 1:17.66 1:16.96	1:16.85 1:16.77 1:15.60
7.	James MITCHELL	13	Thurrock Swi	19:10.08	508	1:11.88 1:16.51 1:18.07	1:15.58 1:16.71 1:18.15	1:16.29 1:16.62 1:17.75	1:16.61 1:17.57 1:18.23	1:16.49 1:17.58 1:16.04
8.	James ATTWATER	13	Deben	19:25.84	487	1:13.34 1:17.07 1:19.06	1:17.27 1:17.73 1:19.08	1:17.07 1:19.03 1:19.06	1:17.94 1:18.61 1:18.07	1:17.44 1:18.60 1:16.47
9.	Josh FARRELL	13	Mid Beds	19:54.39	453	1:11.65 1:19.95 1:20.86	1:17.11 1:20.64 1:21.72	1:19.76 1:21.10 1:20.60	1:20.43 1:20.60 1:21.55	1:20.57 1:20.75 1:17.10
10.	Owen HANCOCK	13	Luton	20:00.38	446	1:13.83 1:21.22 1:20.55	1:20.05 1:21.82 1:20.87	1:20.57 1:21.91 1:20.06	1:20.70 1:21.28 1:20.13	1:21.71 1:21.94 1:13.74
11.	Timothy TRIPP	13	Colchester	20:11.98	433	1:14.13 1:20.48 1:21.32	1:20.35 1:21.09 1:21.08	1:21.23 1:20.87 1:22.24	1:21.49 1:20.96 1:22.54	1:21.78 1:20.79 1:21.63



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2.	Lewis DIGHTON	13	Hitchin	21:13.19	369	1:11.94	1:20.73	1:22.52	1:23.81	1:23.08
						1:24.01	1:25.89	1:26.10	1:27.36	1:29.02
						1:28.69	1:28.67	1:27.90	1:28.64	1:24.83

## BOYS 14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	500	
					600	700	800	900	1000	
					1100	1200	1300	1400	1500	
1.	Nicholas ROBSON	14	Hatfield	17:15.38	684	1:04.66	1:10.50	1:08.70	1:08.96	1:08.82
						1:09.52	1:09.64	1:09.76	1:09.87	1:10.40
						1:10.32	1:09.34	1:09.23	1:09.26	1:06.40
2.	Tom A FREEMAN	14	Co Peterboro	17:32.37	654	1:05.14	1:09.62	1:09.65	1:09.65	1:10.49
						1:10.87	1:10.57	1:10.24	1:10.43	1:11.20
						1:11.24	1:11.13	1:11.77	1:10.80	1:09.57
3.	Nicholas THOMPSON	14	UEA Norwich	17:36.31	648	1:06.97	1:10.32	1:09.96	1:10.61	1:10.56
						1:09.71	1:11.10	1:10.96	1:11.13	1:11.25
						1:11.18	1:11.47	1:11.22	1:10.91	1:08.96
4.	Adam PEAK	14	Deben	18:56.08	527	1:08.40	1:14.92	1:15.60	1:15.99	1:16.60
						1:16.46	1:16.82	1:16.72	1:16.38	1:17.34
						1:16.48	1:17.89	1:15.28	1:17.32	1:13.88
5.	Sam MUNKLEY	14	Hertsmere	19:37.25	473	1:11.00	1:17.58	1:18.19	1:18.55	1:19.18
						1:19.28	1:19.23	1:20.01	1:19.65	1:19.83
						1:20.08	1:19.55	1:19.38	1:18.76	1:16.98

## GIRLS 11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	500	
					600	700	800	900	1000	
					1100	1200	1300	1400	1500	
1.	Heather RODWELL	11	Colchester	20:15.04	582	1:16.97	1:21.63	1:22.15	1:22.22	1:23.61
						1:23.04	1:23.76	1:19.96	1:21.21	1:20.78
						1:20.57	1:20.63	1:20.85	1:20.17	1:17.49
2.	Katharine LIGHTOWLER	11	Co St Albans	20:17.55	578	1:15.54	1:21.74	1:21.87	1:21.45	1:22.52
						1:21.94	1:22.11	1:22.33	1:21.65	1:21.88
						1:22.83	1:22.03	1:21.77	1:21.24	1:16.65
3.	Charlotte BECK	11	Flitwick	20:22.73	571	1:16.86	1:21.80	1:21.75	1:22.05	1:23.52
						1:21.28	1:24.16	1:23.92	1:22.85	1:22.50
						1:21.32	1:21.01	1:20.59	1:19.75	1:19.37
4.	Joanne E LONGLAND	11	Co Peterboro	21:55.51	458	1:20.36	1:28.44	1:29.52	1:27.37	1:27.63
						1:28.84	1:29.41	1:30.20	1:29.51	1:31.22
						1:30.48	1:28.69	1:27.38	1:26.09	1:20.37

## GIRLS 12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	500	
					600	700	800	900	1000	
					1100	1200	1300	1400	1500	
1.	Anne BOCHMANN	12	UEA Norwich	18:01.02	786	1:08.39	1:11.76	1:12.66	1:13.00	1:13.17
						1:12.67	1:12.71	1:12.74	1:12.81	1:12.80
						1:12.11	1:10.91	1:11.90	1:12.15	1:11.24
2.	Lucy CHARLES	12	Hoddesdon	19:09.41	668	1:11.73	1:16.13	1:17.14	1:17.46	1:16.99
						1:17.80	1:17.31	1:17.97	1:17.89	1:17.82
						1:16.73	1:17.22	1:17.47	1:16.18	1:13.57
3.	Eleanor VEASY	12	St Felix Sch	19:51.44	604	1:16.12	1:20.65	1:20.89	1:21.40	1:20.18
						1:19.95	1:20.50	1:20.25	1:20.08	1:19.23
						1:19.31	1:19.00	1:19.67	1:18.68	1:15.53
4.	Charlotte BLACKSLEY	12	Luton	19:57.49	595	1:14.71	1:19.85	1:19.30	1:19.10	1:19.21
						1:18.98	1:19.16	1:18.74	1:19.27	1:19.31
						1:19.96	1:21.34	1:24.15	1:22.47	1:21.94
5.	Rosie ANTUNES	12	Luton	20:26.26	555	1:13.38	1:20.26	1:20.97	1:21.38	1:22.22
						1:22.73	1:23.22	1:23.29	1:22.49	1:22.49
						1:22.02	1:23.82	1:22.85	1:23.60	1:21.54



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6.	Mattaya A NABARRO	12	Luton	20:43.05	534	1:16.39 1:23.18 1:25.21	1:21.58 1:23.28 1:25.52	1:22.18 1:21.72 1:25.14	1:23.08 1:24.55 1:23.58	1:23.02 1:25.64 1:18.98
7.	Danielle SAYER	12	Thurrock Swi	20:46.50	529	1:17.61 1:23.48 1:23.62	1:22.61 1:23.72 1:24.33	1:23.27 1:23.76 1:25.08	1:23.45 1:24.13 1:22.34	1:24.15 1:24.71 1:20.24
8.	Abigail SAYER	12	Thurrock Swi	21:05.91	505	1:18.81 1:24.51 1:24.80	1:23.67 1:25.01 1:25.77	1:24.96 1:25.03 1:25.53	1:24.06 1:25.42 1:24.42	1:23.78 1:26.42 1:23.72
9.	Hannah M PARR	12	Luton	21:55.90	448	1:20.27 1:27.31 1:30.87	1:26.63 1:29.12 1:30.61	1:26.71 1:28.70 1:30.71	1:27.19 1:29.65 1:29.04	1:27.00 1:30.19 1:21.90

## GIRLS 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	500	
					600	700	800	900	1000	
					1100	1200	1300	1400	1500	
1.	Rebecca WETTEN	13	St Felix Sch	17:56.64	787	1:08.93 1:12.02 1:12.05	1:12.92	9:37.04 1:11.88 1:11.56	6:01.61 1:11.68 1:09.83	
2.	Leanne BARNARD	13	Lowestoft &	18:20.93	743	1:11.84 1:14.04 1:12.99	1:14.89 1:13.58 1:14.14	1:14.25 1:13.74 1:14.51	1:13.43 1:13.10 1:13.90	1:13.58 1:12.99 1:09.95
3.	Molly EPSLY	13	Thurrock Swi	18:22.22	741	1:10.33 1:13.86 1:13.77	1:13.62 1:14.17 1:13.92	1:13.62 1:14.30 1:14.26	1:13.81 1:14.15 1:13.93	1:13.66 1:14.13 1:10.69
4.	Gabrielle BRASIER	13	UEA Norwich	19:20.18	645	1:12.90 1:18.35 1:18.48	1:15.99 1:18.43 1:18.49	1:17.31 1:18.58 1:18.10	1:17.82 1:17.28 1:17.69	1:16.74 1:18.71 1:15.31
5.	Alice MARCHANT	13	Luton	19:34.28	623	1:16.36 1:18.58 1:18.04	1:20.29 1:18.47 1:19.14	1:18.87 1:18.01 1:18.81	1:18.57 1:18.46 1:17.81	1:19.30 1:18.51 1:15.06
6.	Chloe HARRIS	13	St Felix Sch	19:42.73	611	1:16.09 1:19.23 1:17.57	1:19.80 1:20.08 1:18.46	1:20.44 1:19.33 1:18.42	1:20.43 1:19.23 1:19.86	1:20.65 1:18.36 1:14.78
7.	Rhianydd JONES	13	Flitwick	20:46.13	524	1:13.94	1:20.17 9:31.74 1:26.03	1:21.51 1:25.33 1:24.64	1:22.22 1:24.50 1:22.43	1:23.83 1:25.91 1:19.77

## EVENT 50 FINAL OF EVENT 48 Boys 11 Yrs 200m Breaststroke

Place	Name	AaD Club	Time	BAG Pt	100	200
1.	Jake ROBINSON	11	Stevenage	3:07.22	464	42.69 2:24.53
2.	Miles GARNER	11	UEA Norwich	3:07.57	461	43.49 2:24.08
3.	Senner KOSKOCAN	11	Harlow Pen	3:09.02	449	42.98 2:26.04
4.	Adam KEMP	11	West Suffolk	3:10.77	435	44.01 2:26.76
5.	Owen SMITH	11	Deben	3:17.39	388	43.94 2:33.45
6.	Sidney WOOD	11	Basildon	3:17.48	387	45.10 2:32.38
7.	Luca POLI	11	Halfeld	3:18.50	380	45.40 2:33.10
8.	Richard JEFFERIES	11	Co Cambridge	3:20.22	369	45.36 2:34.86

## EVENT 51 FINAL OF EVENT 48 Boys 12 Yrs 200m Breaststroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Aaron LYNCH	12	Stowmarket	2:55.69	519	39.81 45.90	47.07	42.91
2.	Alexander BAKER	12	Hitchin	2:56.27	515	39.00 45.57	46.13	45.57
3.	Ricky JONES	12	Halfeld	2:58.97	490	39.76 45.51	46.73	46.97
4.	Dacre CAPSTICK	12	Berkhamsted	3:01.88	466	40.05 46.29	47.52	48.02
5.	Josh PEDDER	12	Co Cambridge	3:03.28	454	40.91 46.50	47.82	48.05
6.	Joshua PAGE	12	UEA Norwich	3:06.26	431	42.26 48.08	49.06	46.86
7.	Charlie HAYES	12	Thurrock Swi	3:06.67	428	43.12 47.39	48.33	47.83
8.	Alexander JACKSON	12	Colchester	3:15.19	368	43.40 49.87	50.37	51.55



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## *EVENT 52 FINAL OF EVENT 48 Boys 13 Yrs 200m Breaststroke*

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Dean WOODCOCK	13 Chelmsford	2:42.11	642	37.29	41.16	41.70	41.96
2.	Andrew EGAN	13 Hemel Hemp	2:45.06	609	38.35	42.49	41.50	42.72
3.	David GODRIDGE	13 Hemel Hemp	2:49.82	559	39.19	44.22	43.00	43.41
4.	Andrew THOMPSON	13 Co Cambridge	2:51.69	541	39.22	44.06	44.28	44.13
5.	Christian C PARKER	13 Southend	2:53.13	528	38.00	44.34	45.43	45.36
6.	Nathan HENDERSON	13 Gt Yarmouth	2:53.36	525	39.32	45.53	45.93	42.58
7.	James WYATT	13 West Suffolk	2:55.55	505	39.89	45.69	45.88	44.09
8.	Owen HANCOCK	13 Luton	2:58.95	476	41.47	45.39	46.66	45.43

## *EVENT 53 FINAL OF EVENT 48 Boys 14 Yrs 200m Breaststroke*

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Lewis COLEMAN	14 Ipswich	2:33.69	712	35.58	39.83	38.61	39.67
2.	Nicholas THOMPSON	14 UEA Norwich	2:43.97	593	37.47	42.26	42.67	41.57
3.	Stephen FISHER	14 Gt Yarmouth	2:46.96	563	36.46	42.30	43.84	44.36
4.	Matthew McKEOWN	14 Modernians	2:47.11	562	38.41	43.88	43.28	41.54
5.	Tom A FREEMAN	14 Co Peterboro	2:51.18	522	38.33	43.62	45.34	43.89
6.	Andrew R COATES	14 Co Peterboro	2:53.23	504	38.62	45.44	45.25	43.92
7.	Henry WOOD	14 Basildon	2:53.53	501	37.57	44.46	45.36	46.14
8.	Sam MUNKLEY	14 Hertsmere	3:04.94	410	40.64	48.02	48.40	47.88