



ASA East Region Cheestrings BAGCAT Championships 2006

(Under ASA Laws & ASA Technical Rules)
A Level One Licensed Meet - N^o. ERX613/4



EVENT 54 Womens Open 400m Medley Team

Place	Name	A.G Club	Time	BAG Pt	50 250	100 300	150 350	200 400
1.	UEA City of Norwich	UEA Norwich	4:49.55	635*	35.90 32.81	37.86 38.21	38.29 30.63	42.04 33.81
2.	St Felix School A	St Felix Sch	4:50.90	627*	35.85 31.17	39.98 35.98	39.61 30.45	44.34 33.52
3.	Thurrock	Thurrock Swi	5:00.12	574*	37.04 34.10	38.56 39.63	39.92 30.74	45.46 34.67
4.	Mid Beds A	Mid Beds	5:01.86	565*	35.81 35.78	39.19 40.88	39.79 30.42	45.95 34.04
5.	West Suffolk	West Suffolk	5:02.49	562*	37.27 34.20	40.16 41.33	37.39 32.87	43.51 35.76
6.	Hoddesdon	Hoddesdon	5:07.04	538*	37.17 35.43	40.87 42.43	38.30 31.90	46.19 34.75
7.	Ipswich	Ipswich	5:09.97	523*	36.53 36.71	38.18 40.59	41.68 31.89	49.17 35.22
8.	Mid Beds B	Mid Beds	5:18.93	480*	38.33 37.34	40.35 44.06	41.72 32.96	47.90 36.27
9.	Luton A	Luton	5:20.57	473*	37.12 1:21.35	40.23 44.53	41.68 33.45	05.19 37.02
10.	Luton B	Luton	5:36.72	405*	43.22 37.24	45.95 41.44	45.49 33.60	51.18 38.60
11.	Flitwick Dolphins SC	Flitwick	5:41.01	389*	40.20 37.19	41.76 44.20	47.26 35.63	54.43 40.34

EVENT 55 Boys Open 200m Backstroke

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Miles GARNER	11 UEA Norwich	2:39.88	488	38.28	40.89	40.08	40.63
2.	Richard JEFFERIES	11 Co Cambridge	2:43.49	455	38.46	41.91	41.85	41.27
3.	Samuel GOWER	11 Chelmsford	2:44.82	443	40.23	42.60	42.39	39.60
4.	Alexander SHREEVE	11 UEA Norwich	2:45.40	438	40.07	42.64	42.17	40.52
5.	Senner KOSKOCAN	11 Harlow Pen	2:49.40	405	39.78	43.91	43.41	42.30
6.	Joe HATTON	11 UEA Norwich	2:50.58	396	40.86	44.97	43.77	40.98
7.	George FLINTHAM	11 UEA Norwich	2:51.03	392	40.46	44.44	44.68	41.45
8.	Lewis HUGHES	11 UEA Norwich	2:52.56	381	41.09	44.45	45.13	41.89
9.	Oliver BARKER	11 Bishop Stort	2:52.82	378	40.32	45.42	45.17	41.91
10.	Chris STEVENS	11 Harlow Pen	2:52.90	377	40.27	44.01	45.26	43.36
11.	Liam KNIGHT	11 Wisbech Swim	2:53.39	374	41.46	45.60	45.33	41.00
12.	Oliver NORMAN	11 Ipswich	2:55.02	362	40.87	45.26	44.70	44.19
13.	Daniel SADLER	11 St Neots Swa	2:55.52	359	40.58	45.11	45.10	44.73
14.	Daniel SORRELL	11 Chelmsford	2:55.82	357	41.98	45.58	45.88	42.38
15.	Henry NEWTON	11 Runnymede	2:56.38	352	41.43	45.98	46.56	42.41
16.	Christopher PALMER	11 Colchester	2:57.24	346	42.34	45.93	46.86	42.11
17.	Luke BAILEY	11 St Felix Sch	2:57.38	345	40.27	44.07	46.55	46.49
18.	Henry CROSBY	11 Co Cambridge	2:58.26	339	41.70	46.32	46.06	44.18
19.	Ryan TOMKINS	11 Ipswich	3:00.74	323	42.57	47.03	46.32	44.82
20.	James WINNELL	11 Phoenix Bas	3:00.85	322	43.54	46.52	47.53	43.26
21.	Adam KEMP	11 West Suffolk	3:01.45	319	42.06	46.67	47.43	45.29
22.	Cameron BASHIR	11 Sudbury	3:02.22	314	43.42	47.60	46.45	44.75
23.	Jack SPENCE	11 Walford	3:03.03	310	43.53	48.02	47.04	44.44
24.	Matthew McDONALD-LIGGI	11 Brentwood	3:05.46	295	43.88	48.38	47.64	45.56
25.	Nicholas J ILSLEY	11 Co Peterboro	3:05.49	295	43.38	47.62	48.01	46.48
26.	Fraser CHIVERS	11 Hitchin	3:15.91	240	46.53		2:29.28	46.63

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	David KELLEWAY	12 Bishop Stort	2:29.89	565	35.09	38.30	38.54	37.96
2.	James POOLE	12 Ipswich	2:34.81	513	36.33	40.30	39.73	38.45
3.	Samuel L MILLER	12 Co Peterboro	2:37.27	488	36.47	41.07	40.92	38.81
4.	Tom KEENES	12 Chelmsford	2:38.25	479	38.00	40.69	40.61	38.95
5.	Thomas HALE	12 Brentwood	2:38.32	478	37.06	41.14	40.90	39.22
6.	Dacre CAPSTICK	12 Berkhamsted	2:40.05	463	37.74	40.63	41.13	40.55
7.	Samuel MUNRO	12 St Felix Sch	2:40.14	462	39.20	41.27	40.79	38.88
8.	Sean COLLIER	12 West Suffolk	2:42.28	442	37.86	42.03	42.67	39.72
9.	Alexander BAKER	12 Hitchin	2:42.70	439	37.35	41.54	42.51	41.30
10.	Daniel RILEY	12 Luton	2:45.89	412	38.83	41.46	43.63	41.97
11.	Alexander P DELICATA	12 Runnymede	2:46.40	407	39.30	42.72	43.38	41.00
12.	John M AYRES	12 Hoddesdon	2:47.34	401	38.54	42.67	43.57	42.56
13.	Joshua PAGE	12 UEA Norwich	2:47.81	396	40.25	43.00	43.41	41.15



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14.	Ben ASHTON	12	Chelmsford	2:49.79	381	39.57	44.42	44.40	41.40
15.	Robert L STAFFORD	12	Co Peterboro	2:51.13	371	40.42	43.85	43.91	42.95
16.	Thomas KELLY	12	Mid Beds	2:51.42	369	38.30	44.49	45.18	43.45
17.	Keiran MORPHEW	12	Ipswich	2:51.98	365	41.19		2:08.80	43.18
18.	Louis HOBBS	12	Hatfield	2:52.38	363	40.88	44.50	44.47	42.53
19.	Alex GARNER	12	Co Cambridge	2:55.59	340	39.88	45.36	45.83	44.52
20.	Alex RAINE	12	Mid Beds	2:56.71	332	41.42	45.89	45.04	44.36
21.	Toby ANSELL	12	Luton	2:58.42	321	42.21	45.63	45.85	44.73

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Adam INGLEDEW	13	Mid Beds	2:25.46	613	34.08	37.81	37.74	35.83
2.	Dean WOODCOCK	13	Chelmsford	2:30.02	561	35.68	38.02	38.46	37.86
3.	Callum CANDY	13	Hatfield	2:32.77	531	35.92	38.86	39.35	38.64
4.	Jason G DANIELS	13	Runnymede	2:35.00	508	36.18	39.70	39.82	39.30
5.	Jordan BATE	13	UEA Norwich	2:35.98	499	37.34	40.49	39.54	38.61
6.	David LAMBERT	13	UEA Norwich	2:36.04	499	36.33	39.94	40.07	39.70
7.	Timothy T EVANS	13	Southend	2:36.28	495	37.68	40.32	41.01	37.27
8.	Morgan PUGH	13	Harpenden Sw	2:37.57	483	36.81	39.98	41.11	39.67
9.	Andrew THOMPSON	13	Co Cambridge	2:37.69	482	37.99	41.08	40.20	38.42
10.	Andrew EGAN	13	Hemel Hemp	2:38.59	474	38.65	40.44	40.50	39.00
11.	William BLACKABY	13	Stowmarket	2:39.48	465	37.74	41.09	41.47	39.18
12.	Christian STOKES	13	Mid Beds	2:39.96	461	36.54	40.39	41.54	41.49
13.	Mark PEAK	13	Deben	2:42.24	441	37.95	41.86	41.52	40.91
14.	James WYATT	13	West Suffolk	2:42.37	440	37.69	41.62	42.14	40.92
15.	Thomas SUTTON	13	Kings Lynn	2:43.71	428	40.22	41.62	40.63	41.24
16.	Timothy TRIPP	13	Colchester	2:46.11	409	38.16	42.33	43.95	41.67

14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Thomas GREEN	14	Bishop Stort	2:22.65	631	33.12	35.30	37.78	36.45
2.	Lewis COLEMAN	14	Ipswich	2:25.66	594	34.55	37.68	37.17	36.26
3.	Sean BROWN	14	Hatfield	2:26.65	582	34.63	38.00	37.95	36.07
4.	James SUTHERLAND	14	Hatfield	2:28.01	568	34.37	37.48	38.22	37.94
5.	Nicholas ROBSON	14	Hatfield	2:28.09	567	35.62	38.12	37.40	36.95
6.	Zach MOTTER	14	St Ives	2:30.04	545	33.28	37.82	39.96	38.98
7.	Tom A FREEMAN	14	Co Peterboro	2:30.91	536	35.04	38.48	39.37	38.02
8.	Craig ROSS	14	Bishop Stort	2:31.10	534	34.71	39.27	39.85	37.27
9.	Dale HART	14	Kings Lynn	2:31.32	531	35.32	38.42	38.84	38.74
10.	Adam PEAK	14	Deben	2:32.02	525	35.28	38.84	39.14	38.76
11.	Matthew S AUSTIN	14	Co Peterboro	2:33.76	507	34.67	39.37	40.80	38.92
12.	Luke DeMOYA	14	Co Peterboro	2:34.74	496	34.62	39.36	41.07	39.69
13.	Henry WOOD	14	Basildon	2:35.58	489	36.30	39.79	40.19	39.30

10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Caleb HUGHES	10	Luton	2:40.97	484	38.59	41.31	41.82	39.25
2.	Kilian KORTH	10	Ipswich	2:50.02	405	40.84	43.85	44.16	41.17
3.	Matthew G BRIGHAM	10	Co Peterboro	2:50.86	398	41.42	43.99	44.18	41.27
4.	Gareth HAWKINS	10	Thurrock Swi	2:54.94	366	40.98	45.05	45.29	43.62
5.	Louis MAYHEW	10	Hemel Hemp	2:57.77	347	42.13	46.23	45.17	44.24
6.	Joel KNIGHT	10	Hatfield	2:57.88	346	41.23	45.28	46.68	44.69
7.	Bradley CLARKE	10	Thurrock Swi	2:58.46	342	43.40	45.88	45.06	44.12
8.	Charlie SMITH	10	Clacton On S	2:58.52	342	42.45	45.72	46.79	43.56
9.	Harry SMITH	10	UEA Norwich	3:00.67	327	44.17	46.30	46.50	43.70
10.	Joshua INWOOD	10	Basildon	3:00.73	327	41.07	46.70	48.07	44.89
11.	George LAVALLIN	10	Mid Beds	3:01.02	326	41.86	46.47	48.18	44.51
12.	Jordan PURDY	10	St Felix Sch	3:02.66	315	43.48	46.37	46.89	45.92
13.	Thomas SHERRIFF	10	Hemel Hemp	3:04.21	305	44.13	47.79	48.15	44.14
14.	Thomas HEAD	10	Thurrock Swi	3:04.31	305	43.36	47.07	47.83	46.05
15.	Matthew KNOWLES	10	Chelmsford	3:05.40	298	43.29	47.73	48.29	46.09
16.	Carl JOHNSON	10	St Ives	3:05.88	296	44.05	47.26	47.87	46.70
17.	Sonny FORD	10	Thurrock Swi	3:08.00	283	44.78	48.48	47.78	46.96
18.	Kane FARRELL	10	Mid Beds	3:08.07	283	44.02	47.82	48.60	47.63
19.	Jonathan ANDVIG	10	Ipswich	3:09.65	275	45.13	49.24	48.07	47.21
20.	Luke DURBAN	10	Halstead	3:10.25	271	46.12	49.62	48.79	45.72
21.	Adam DANIELL	10	Hemel Hemp	3:12.08	261	45.57	49.45	48.84	48.22
22.	Tom LAMBERT	10	Luton	3:12.51	259	46.44	49.78	48.76	47.53
23.	Nicholas FITCH	10	UEA Norwich	3:13.58	254	46.68	50.31	49.86	46.73
24.	Thomas McLAGAN	10	Braintree	3:14.88	247	46.88	50.37	49.48	48.15
25.	Gregory GILMOUR	10	Linslade	3:15.38	245	45.92	52.15	50.30	47.01
	Hamish MUNRO-SMITH	10	West Suffolk	DQ	S-1L	46.86	49.77	49.72	33.65



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EVENT 56 Girls Open 200m Freestyle

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Ellis JACKSON	11 St Felix Sch	2:18.16	686	32.71	34.94	35.67	34.84
2.	Holly BATEMAN	11 UEA Norwich	2:24.82	601	34.37	37.27	37.32	35.86
3.	Kiera MOONEY	11 UEA Norwich	2:24.89	600	34.14	37.07	37.15	36.53
4.	Jenny THOMPSON	11 St Felix Sch	2:27.10	575	32.49	37.49	38.91	38.21
5.	Georgia WIGHTON	11 Chelmsford	2:28.07	564	34.28	38.64	39.30	35.85
6.	Evie ADAMS	11 Deben	2:28.17	563	34.03	38.36	38.28	37.50
7.	Alexandra TAYLOR	11 West Suffolk	2:28.79	557	35.57	37.84	38.85	36.53
8.	Charlotte BECK	11 Flitwick	2:29.69	547	34.25	38.72	39.47	37.25
9.	Heather RODWELL	11 Colchester	2:30.04	543	34.83	39.28	38.43	37.50
10.	Harriette DAVIS	11 Thurrock Swi	2:30.45	538	34.28	38.97	39.47	37.73
11.	Kim'ley-Ann ANASTASIOU	11 UEA Norwich	2:30.81	535	35.47	39.58	38.75	37.01
12.	Jessica HARVEY	11 Ipswich	2:30.84	534	35.55	38.67	38.69	37.93
13.	Paige YOUNG	11 Colchester	2:31.42	528	35.81	38.63	39.26	37.72
14.	Fiona MANTHORPE	11 Ipswich	2:31.58	527	34.92	39.53	39.50	37.63
15.	Antonia GATEHOUSE	11 Ipswich	2:32.37	519	35.44	38.86	39.87	38.20
16.	Flora HANSON	11 Harpenden Sw	2:32.98	512	35.03	40.44	40.08	37.43
17.	Nicole COOPER	11 Lowestoft &	2:36.91	474	37.33	41.49	41.19	36.90
18.	Lauren GEDDES	11 Bishop Stort	2:37.48	469	37.19	41.61	41.97	36.71
19.	Pascale REEVES	11 St Felix Sch	2:38.02	464	37.18	40.27	41.11	39.46
20.	Emily PHELPS	11 Chelmsford	2:38.69	458	35.99	40.22	41.81	40.67
21.	Joanne E LONGLAND	11 Co Peterboro	2:39.24	454	35.55	41.78	43.00	38.91
22.	Grace LEE	11 Bishop Stort	2:39.25	454	35.84	40.70	42.43	40.28
23.	Lydia SMITH	11 Hatfield	2:40.53	442	35.83	42.10	43.04	39.56
24.	Bethan BOTTOMLEY	11 West Suffolk	2:41.42	434	36.99	42.19	43.26	38.98
25.	Emily J COOK	11 Co Peterboro	2:45.07	404	37.59	43.64	42.99	40.85

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Anne BOCHMANN	12 UEA Norwich	2:14.00	733	31.94	33.93	34.84	33.29
2.	Charlotte CLARIDGE	12 Hatfield	2:14.86	721	31.97	33.92	34.83	34.14
3.	Chloe FRANCIS	12 Basildon	2:16.49	698	31.72	34.50	35.37	34.90
4.	Laura ADAMS	12 UEA Norwich	2:17.38	686	32.21	34.98	35.28	34.91
5.	Bethany COGGINS	12 UEA Norwich	2:20.81	641	32.55	36.22	36.84	35.20
6.	Lucy CHARLES	12 Hoddesdon	2:21.34	634	32.57	36.24	36.86	35.67
7.	Georgie H FREEMAN	12 Co Peterboro	2:22.72	618	32.54	35.97	37.49	36.72
8.	Eleanor VEASY	12 St Felix Sch	2:24.40	598	33.88	37.09	37.21	36.22
9.	Georgie VARTI	12 Hemel Hemp	2:24.74	594	32.46	37.33	38.20	36.75
10.	Jennifer REDMOND	12 Ipswich	2:24.77	594	34.20	38.03	37.15	35.39
11.	Jessica RALFS	12 UEA Norwich	2:25.11	590	34.87	37.18	37.63	35.43
12.	Charlotte WADE	12 Rochford	2:25.46	585	33.14	37.02	38.36	36.94
13.	Coral YOUNG	12 Ipswich	2:25.49	585	33.85	38.46	37.68	35.50
14.	Charlotte BLACKSLEY	12 Luton	2:25.69	582	34.20	37.45	37.49	36.55
15.	Kerriann CHIPPERFIELD	12 Thurrock Swi	2:25.72	582	33.53	36.82	37.80	37.57
16.	Alexandra HARRISON	12 West Suffolk	2:25.77	581	33.73	36.75	38.40	36.89
17.	Charlotte BONNAR	12 Ipswich	2:26.28	576	34.42	39.21	35.87	36.78
18.	Zoe SMITH	12 Lowestoft &	2:26.45	574	34.40	37.14	37.95	36.96
19.	Lucy HALL	12 Chelmsford	2:26.84	570	33.50	37.46	38.48	37.40
20.	Rachel HOLLINGTON	12 Mid Beds	2:27.20	566	34.43	37.91	37.38	37.48
21.	Charlotte PETERS	12 Chelmsford	2:28.01	557	34.31	38.64	38.73	36.33
22.	Victoria SPARROW	12 West Suffolk	2:29.56	540	34.57	38.99	39.54	36.46
23.	Yasmin BITHREY	12 Luton	2:30.15	534	34.51	38.71	39.85	37.08
24.	Rosie ANTUNES	12 Luton	2:30.22	534	33.87	38.62	40.81	36.92
25.	Holly GANNON	12 Hoddesdon	2:30.28	533	35.52	38.84	38.95	36.97
26.	Eleanor NEWELL	12 Kings Lynn	2:30.65	528	35.69	39.52	38.77	36.67
27.	Charlotte HENSON	12 Co St Albans	2:30.79	527	33.25	37.69	40.09	39.76
28.	Chloe M DAVIS	12 Runnymede	2:31.63	518	34.08	38.74	40.36	38.45
29.	Lauren OTTAWAY	12 Leighton Buz	2:32.47	510	33.96	37.91	40.83	39.77
30.	Eleanor BEDWELL	12 Epping For't	2:32.96	505	34.75	38.98	40.43	38.80
31.	Alex EAMES-BAYTON	12 Deben	2:33.28	502	34.05	38.65	40.43	40.15
32.	Annabelle STANNARD	12 St Felix Sch	2:33.29	502	33.90	38.97	40.61	39.81
33.	Jasmine CROSS	12 Ipswich	2:33.47	500	34.71	39.46	39.94	39.36
34.	Mattaya A NABARRO	12 Luton	2:35.88	478	34.69	39.78	41.44	39.97

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Rebecca WETTEN	13 St Felix Sch	2:14.54	719	31.49	34.86	34.54	33.65
2.	Sarah SWINDELL	13 Hatfield	2:17.65	676	30.91	34.51	36.35	35.88
3.	Leanne BARNARD	13 Lowestoft &	2:18.51	665	32.52	36.08	35.70	34.21
4.	Sophie CHAMBERLAIN	13 Lowestoft &	2:18.62	664	31.77	35.59	35.75	35.51
5.	Georgina HUNT	13 Thurrock Swi	2:19.36	654	32.33	35.01	36.44	35.58
6.	Sarah HASLETT	13 Flitwick	2:20.84	636	32.08	36.54	36.67	35.55
7.	Molly EPSLY	13 Thurrock Swi	2:20.86	635	33.24	35.88	36.71	35.03



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8.	Carolyn ASTBURY	13	Watford	2:20.97	634	32.65	35.64	36.92	35.76
9.	Alice TENNANT	13	Deben	2:21.91	622	32.30	36.17	37.96	35.48
10.	Sophie HOOKHAM	13	St Ives	2:22.61	613	31.67	36.74	37.16	37.04
11.	Whitney BUCKLER	13	St Felix Sch	2:22.73	612	32.65	36.23	37.96	35.89
12.	Robyn TURNER	13	Thurrock Swi	2:23.55	602	32.06	36.34	37.40	37.75
13.	Becky WILKINSON	13	UEA Norwich	2:23.57	602	32.80	36.31	37.79	36.67
14.	Emma JONES	13	Mid Beds	2:24.01	597	32.59	36.77	37.85	36.80
15.	Charley C GALLAGHER	13	Southend	2:24.16	595	32.64	37.63	38.61	35.28
16.	Rachel ANDVIG	13	Ipswich	2:24.75	588	33.83	37.70	37.25	35.97
17.	Danielle LEE	13	Mid Beds	2:24.86	587	32.55	36.79	38.60	36.92
18.	Jessica HILL	13	Co Ely	2:25.03	585	33.34	36.98	37.68	37.03
19.	Gabrielle BRASIER	13	UEA Norwich	2:25.11	584	33.96	37.62	37.36	36.17
20.	Abigail LAVALLIN	13	Mid Beds	2:25.18	583	32.31	38.04	39.42	35.41
21.	Hazel PICKFORD	13	Watford	2:25.30	582	32.85	37.00	38.15	37.30
22.	Megan LANGRIDGE	13	Thurrock Swi	2:26.18	572	34.31	37.18	37.96	36.73
23.	Melissa SEELEY	13	Epping For't	2:27.23	560	33.36	37.31	39.31	37.25
24.	Alice MARCHANT	13	Luton	2:27.75	555	34.16	37.69	38.49	37.41
25.	Sophie INGLESON	13	UEA Norwich	2:29.59	535	33.41	37.60	39.12	39.46
	Helen STRUTHERS	13	Co Cambridge	DNC					00.00

10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	
1.	Poppy INGLESON	10	UEA Norwich	2:35.98	468	34.29	40.16	41.15	40.38
2.	Charlotte HICKS	10	St Felix Sch	2:36.84	460	35.78	41.58	40.74	38.74
3.	Chloe PRICE	10	Ipswich	2:37.16	457	36.77	41.05	40.64	38.70
4.	Issy FAULKNER	10	UEA Norwich	2:37.27	456	36.83	39.80	40.85	39.79
5.	Charlotte PRIOR	10	Brentwood	2:40.14	431	37.45	40.36	41.45	40.88
6.	Chantel WHITING	10	UEA Norwich	2:40.71	426	37.35	43.03	41.33	39.00
7.	Sauna LEE	10	Mid Beds	2:42.38	412	37.44	42.87	42.79	39.28
8.	Danielle BAYLISS	10	Hemel Hemp	2:43.79	401	37.86	42.77	42.14	41.02
9.	Ellie E TOWNLEY	10	Southend	2:44.30	397	36.50	42.03	44.55	41.22
10.	Zara BAILEY	10	Co Peterboro	2:44.67	394	36.92	43.22	43.18	41.35
11.	Megan BRETT	10	Berkhamsted	2:44.88	393	37.82	42.21	42.71	42.14
12.	Katie SAVAGE	10	West Suffolk	2:45.13	391	38.93	43.19	43.03	39.98
13.	Emma WAITE	10	Epping For't	2:45.48	388	38.71	42.11	43.42	41.24
14.	Jenny R HOPKINS	10	Co Peterboro	2:46.12	383	40.22	42.67	43.41	39.82
15.	Amy BEARDWELL-LACEY	10	Thurrock Swi	2:47.26	375	38.44	42.96	43.71	42.15
16.	Bonnie SAWYER	10	Epping For't	2:48.38	366	38.14	43.98	44.26	42.00
17.	Matilda BOND	10	Ipswich	2:48.58	365	39.14	44.38	45.53	39.53
18.	Amelia A KNOWLES	10	Southend	2:48.74	364	37.91	43.60	44.74	42.49
19.	Ellen OXBROW	10	Ipswich	2:48.97	362	37.86	44.63	44.74	41.74
20.	Katie R FITZJOHN	10	Co Peterboro	2:49.75	357	37.89	44.66	45.16	42.04
21.	Miami PEARSON	10	Thetford	2:50.46	352	36.46	44.87	46.89	42.24
22.	Ellie FAIRFOOT	10	UEA Norwich	2:50.62	351	40.50	46.25	43.66	40.21
23.	Louise CHARLESWORTH	10	Lowestoft &	2:50.76	350	39.18	45.54	45.14	40.90
24.	Alice E CAIN	10	Runnymede	2:53.10	334	40.51	45.49	44.98	42.12
25.	Jodie ALLEN	10	UEA Norwich	2:53.17	334	41.38		2:11.48	41.69
26.	Rimini CHETTLEBURGH	10	Dereham	2:54.99	322	39.78	46.46	45.73	43.02
27.	Evangelina TAYLOR	10	West Suffolk	2:57.34	307	40.69	45.63	46.65	44.37

EVENT 57 Boys Open 100m Butterfly

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	
1.	Miles GARNER	11	UEA Norwich	1:15.47	458	35.56	39.91
2.	Lewis HUGHES	11	UEA Norwich	1:16.32	440	35.62	40.70
3.	Alexander SHREEVE	11	UEA Norwich	1:19.87	376	37.41	42.46
4.	Henry NEWTON	11	Runnymede	1:20.83	360	37.77	43.06
5.	Liam KNIGHT	11	Wisbech Swim	1:21.48	351	36.89	44.59
6.	Jake ROBINSON	11	Stevenage	1:22.45	335	37.46	44.99

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	
1.	Ricky JONES	12	Hatfield	1:12.48	480	33.85	38.63
2.	Sean COLLIER	12	West Suffolk	1:12.76	474	33.03	39.73
3.	Jack HOLLIS	12	Ipswich	1:14.02	448	34.06	39.96
4.	David KELLEWAY	12	Bishop Stort	1:15.23	425	33.75	41.48
5.	Thomas HALE	12	Brentwood	1:15.29	423	35.25	40.04
6.	Tom KEENES	12	Chelmsford	1:22.47	307	37.10	45.37
7.	Daniel RILEY	12	Luton	1:23.23	298	37.96	45.27
8.	John M AYRES	12	Hoddesdon	1:24.41	282	37.52	46.89

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	
1.	Callum FRENCH	13	St Ives	1:04.73	642	29.65	35.08
2.	Adam INGLEDEW	13	Mid Beds	1:07.43	570	31.40	36.03
3.	David LAMBERT	13	UEA Norwich	1:08.17	552	32.36	35.81
4.	Jason G DANIELS	13	Runnymede	1:09.42	522	32.18	37.24



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5.	Dean WOODCOCK	13	Chelmsford	1:09.60	517	32.21	37.39
6.	David GODRIDGE	13	Hemel Hemp	1:10.41	499	33.23	37.18
7.	Jordan BATE	13	UEA Norwich	1:11.62	472	33.22	38.40
8.	William BLACKABY	13	Stowmarket	1:11.99	464	33.52	38.47
9.	Conor HARROLD	13	Thurrock Swi	1:12.55	453	34.20	38.35
10.	Braden WREN	13	Thurrock Swi	1:12.78	448	33.97	38.81
11.	Liam LEWIS	13	Chatteris	1:13.46	436	32.98	40.48
12.	Timothy T EVANS	13	Southend	1:14.41	417	34.60	39.81
13.	Kayvan DARAGHEH	13	Co Peterboro	1:14.93	408	33.78	41.15

14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	
1.	Andrew BIGLEY	14	Ipswich	1:05.16	607	30.08	35.08
2.	Dale HART	14	Kings Lynn	1:05.28	604	29.85	35.43
3.	Sam MUNKLEY	14	Hertsmere	1:06.83	563	30.73	36.10
4.	Sean BROWN	14	Hatfield	1:07.81	539	32.08	35.73
5.	Craig ROSS	14	Bishop Stort	1:08.03	534	31.43	36.60
6.	Lewis COLEMAN	14	Ipswich	1:08.27	528	31.96	36.31
7.	Adam MAXWELL	14	Hatfield	1:08.35	527	31.68	36.67
8.	Troy LYNCH	14	Ipswich	1:09.29	505	32.73	36.56
9.	Oliver CREASEY	14	Hitchin	1:09.76	495	31.85	37.91
	Thomas BURLEY	14	Harlow Pen	DNC			00.00

10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	
1.	Caleb HUGHES	10	Luton	1:20.24	385	37.73	42.51
2.	Charlie SMITH	10	Clacton On S	1:20.93	373	37.57	43.36
3.	Joel KNIGHT	10	Hatfield	1:21.52	363	38.20	43.32
4.	Harry SMITH	10	UEA Norwich	1:25.72	301	40.66	45.06
5.	Kilian KORTH	10	Ipswich	1:26.56	290	40.82	45.74
6.	Louis MAYHEW	10	Hemel Hemp	1:29.53	253	42.12	47.41
7.	Joshua INWOOD	10	Basildon	1:29.95	249	41.58	48.37
8.	Thomas SHERRIFF	10	Hemel Hemp	1:33.22	215	41.90	51.32
9.	George LAVALLIN	10	Mid Beds	1:33.80	210	42.80	51.00
10.	Tom LAMBERT	10	Luton	1:34.18	207	41.93	52.25
11.	Luke DURBAN	10	Halstead	1:35.43	194	44.61	50.82

EVENT 58 FINAL OF EVENT 55 Boys 11 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Miles GARNER	11	UEA Norwich	2:38.67	500	38.40	40.43	39.42
2.	Richard JEFFERIES	11	Co Cambridge	2:42.21	467	38.46	40.97	40.79
3.	Samuel GOWER	11	Chelmsford	2:43.07	459	38.97	42.01	39.86
4.	Alexander SHREEVE	11	UEA Norwich	2:43.60	454	39.73	42.22	38.88
5.	Senner KOSKOCAN	11	Harlow Pen	2:49.08	407	39.70	44.32	41.31
6.	Joe HATTON	11	UEA Norwich	2:49.39	405	40.50	44.41	41.21
7.	Lewis HUGHES	11	UEA Norwich	2:52.81	378	41.37	44.87	41.86
8.	George FLINTHAM	11	UEA Norwich	2:54.67	365	40.56	44.88	43.64

EVENT 59 FINAL OF EVENT 55 Boys 12 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	David KELLEWAY	12	Bishop Stort	2:30.55	558	35.20	37.85	38.15
2.	Thomas HALE	12	Brentwood	2:34.62	515	36.20	39.94	38.19
3.	James POOLE	12	Ipswich	2:35.71	504	36.87	39.93	38.81
4.	Samuel MUNRO	12	St Felix Sch	2:38.28	479	37.46	40.83	39.14
5.	Samuel L MILLER	12	Co Peterboro	2:38.41	478	38.09	41.41	38.02
6.	Tom KEENES	12	Chelmsford	2:39.04	471	37.65	41.16	39.14
7.	Dacre CAPSTICK	12	Berkhamsted	2:39.91	464	38.17	41.23	39.06
8.	Sean COLLIER	12	West Suffolk	2:50.41	377	38.54	43.72	43.90

EVENT 60 FINAL OF EVENT 55 Boys 13 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Adam INGLEDEW	13	Mid Beds	2:25.04	619	33.50	36.68	36.63
2.	Dean WOODCOCK	13	Chelmsford	2:28.17	582	35.29	37.57	37.48
3.	Callum CANDY	13	Hatfield	2:30.72	553	35.69	38.10	37.89
4.	Jason G DANIELS	13	Runnymede	2:33.67	522	36.95	39.70	37.53
5.	Jordan BATE	13	UEA Norwich	2:34.38	515	37.02	39.44	38.28
6.	Timothy T EVANS	13	Southend	2:36.94	489	38.82	41.00	37.34
7.	David LAMBERT	13	UEA Norwich	2:38.44	475	37.45	40.16	39.72
8.	Morgan PUGH	13	Harpenden Sw	2:38.48	475	36.70	40.85	39.60



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EVENT 61 FINAL OF EVENT 55 Boys 14 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Thomas GREEN	14 Bishop Stort	2:19.64	669	32.77	35.95	36.63	34.29
2.	Lewis COLEMAN	14 Ipswich	2:22.75	629	33.98	37.49	36.44	34.84
3.	Nicholas ROBSON	14 Hatfield	2:24.20	612	34.63	36.45	37.28	35.84
4.	Sean BROWN	14 Hatfield	2:28.15	566	34.77	37.84	38.89	36.65
5.	Zach MOTTER	14 St Ives	2:28.60	560	32.83	37.49	39.60	38.68
6.	James SUTHERLAND	14 Hatfield	2:29.77	548	33.59	39.43	39.24	37.51
7.	Craig ROSS	14 Bishop Stort	2:30.70	538	34.74	38.40	40.36	37.20
8.	Tom A FREEMAN	14 Co Peterboro	2:30.92	535	35.02	38.32	38.64	38.94

EVENT 62 FINAL OF EVENT 56 Girls 11 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Ellis JACKSON	11 St Felix Sch	2:17.65	692	32.10	34.83	35.40	35.32
2.	Holly BATEMAN	11 UEA Norwich	2:24.73	602	33.47	37.24	37.67	36.35
3.	Kiera MOONEY	11 UEA Norwich	2:24.76	602	33.96	36.85	37.64	36.31
4.	Jenny THOMPSON	11 St Felix Sch	2:24.99	599	32.60	37.21	38.40	36.78
5.	Evie ADAMS	11 Deben	2:27.78	567	33.87	37.53	38.86	37.52
6.	Alexandra TAYLOR	11 West Suffolk	2:29.68	547	34.47	38.50	39.57	37.14
7.	Georgia WIGHTON	11 Chelmsford	2:29.78	546	34.79	38.21	39.44	37.34
8.	Charlotte BECK	11 Flitwick	2:30.29	540	34.44	38.19	39.80	37.86

EVENT 63 FINAL OF EVENT 56 Girls 12 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Anne BOCHMANN	12 UEA Norwich	2:12.63	753	32.22	33.34	34.36	32.71
2.	Charlotte CLARIDGE	12 Hatfield	2:12.94	748	31.58	33.38	34.45	33.53
3.	Chloe FRANCIS	12 Basildon	2:15.09	718	32.11	33.97	34.72	34.29
4.	Laura ADAMS	12 UEA Norwich	2:17.42	685	32.04	35.00	35.46	34.92
5.	Bethany COGGINS	12 UEA Norwich	2:21.98	627	32.86	36.28	36.80	36.04
6.	Lucy CHARLES	12 Hoddesdon	2:21.99	627	32.38	36.38	37.32	35.91
7.	Georgie H FREEMAN	12 Co Peterboro	2:22.04	626	32.67	36.60	37.00	35.77
8.	Eleanor VEASY	12 St Felix Sch	2:24.74	594	32.88	36.85	38.11	36.90

EVENT 64 FINAL OF EVENT 56 Girls 13 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200
1.	Rebecca WETTEN	13 St Felix Sch	2:12.35	751	30.59	34.09	34.50	33.17
2.	Leanne BARNARD	13 Lowestoft &	2:16.84	687	33.22	34.92	34.86	33.84
3.	Sophie CHAMBERLAIN	13 Lowestoft &	2:17.23	682	32.18	35.57	35.61	33.87
4.	Georgina HUNT	13 Thurrock Swi	2:18.07	671	32.41	35.06	35.79	34.81
5.	Sarah HASLETT	13 Flitwick	2:20.28	643	32.28	36.14	36.29	35.57
6.	Carolyn ASTBURY	13 Watford	2:21.13	632	32.73	35.86	36.84	35.70
7.	Molly EPSLY	13 Thurrock Swi	2:21.22	631	33.65	35.80	36.31	35.46
8.	Sarah SWINDELL	13 Hatfield	2:21.59	626	31.66	35.94	37.32	36.67

EVENT 65 FINAL OF EVENT 57 Boys 11 Yrs 100m Butterfly

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Miles GARNER	11 UEA Norwich	1:13.79	493	35.26	38.53
2.	Alexander SHREEVE	11 UEA Norwich	1:16.79	431	36.82	39.97
3.	Lewis HUGHES	11 UEA Norwich	1:17.19	423	35.69	41.50
4.	Liam KNIGHT	11 Wisbech Swim	1:19.77	378	37.37	42.40
5.	Henry NEWTON	11 Runnymede	1:21.78	345	38.14	43.64
6.	Jake ROBINSON	11 Stevenage	1:24.10	311	38.12	45.98



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EVENT 66 FINAL OF EVENT 57 Boys 12 Yrs 100m Butterfly

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Sean COLLIER	12 West Suffolk	1:10.81	517	33.04	37.77
2.	David KELLEWAY	12 Bishop Stort	1:11.80	495	33.28	38.52
3.	Ricky JONES	12 Hatfield	1:11.96	491	33.65	38.31
4.	Jack HOLLIS	12 Ipswich	1:13.59	456	34.25	39.34
5.	Thomas HALE	12 Brentwood	1:15.34	422	35.28	40.06
6.	Daniel RILEY	12 Luton	1:23.50	294	38.84	44.66
7.	Tom KEENES	12 Chelmsford	1:23.69	292	37.44	46.25
8.	John M AYRES	12 Hoddesdon	1:24.62	279	38.80	45.82

EVENT 67 FINAL OF EVENT 57 Boys 13 Yrs 100m Butterfly

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Adam INGLEDEW	13 Mid Beds	1:05.56	619	30.80	34.76
2.	Callum FRENCH	13 St Ives	1:05.80	612	30.71	35.09
3.	David LAMBERT	13 UEA Norwich	1:06.79	586	31.71	35.08
4.	David GODRIDGE	13 Hemel Hemp	1:08.90	533	32.57	36.33
5.	Jordan BATE	13 UEA Norwich	1:09.51	520	32.86	36.65
6.	Dean WOODCOCK	13 Chelmsford	1:09.70	515	32.08	37.62
7.	Jason G DANIELS	13 Runnymede	1:10.59	494	33.20	37.39
8.	William BLACKABY	13 Stowmarket	1:11.91	467	33.73	38.18

EVENT 68 FINAL OF EVENT 57 Boys 14 Yrs 100m Butterfly

Place	Name	AaD Club	Time	BAG Pt	50	100
1.	Andrew BIGLEY	14 Ipswich	1:03.92	642	30.38	33.54
2.	Lewis COLEMAN	14 Ipswich	1:05.97	585	31.48	34.49
3.	Sean BROWN	14 Hatfield	1:06.57	570	31.52	35.05
4.	Sam MUNKLEY	14 Hertsmere	1:07.06	558	30.91	36.15
5.	Adam MAXWELL	14 Hatfield	1:08.08	532	31.21	36.87
6.	Craig ROSS	14 Bishop Stort	1:08.24	529	31.69	36.55
7.	Troy LYNCH	14 Ipswich	1:08.79	516	32.05	36.74
8.	Oliver CREASEY	14 Hitchin	1:09.84	492	31.94	37.90