



ASA East Region 2006 Inter-County Competition

(Under ASA Laws & ASA Technical Rules)
A Level Three Licensed Meet - N^o. 3ER6183



Colorado
TIME SYSTEMS



EVENT 1 Womens 17&Over 200m IM

Place	Name	AaD Club	Time	50	100	150	200
1.	Dawn JASON	19 Suffolk ASA	2:22.43	32.61	34.76	43.55	31.51
2.	Hayley DAVIS	21 Norfolk Coun	2:27.64	31.19	37.31	43.06	36.08
3.	Sasha GILBERT	17 HertfordsASA	2:29.87	33.99	37.08	42.88	35.92
4.	Aimee DRAKE	17 EssexCounASA	2:37.23	33.49	39.37	47.29	37.08
5.	Susan MORRIS	25 Bedfords ASA	2:38.37	33.74	42.14	45.20	37.29

EVENT 2 Mens 17&Over 200m IM

Place	Name	AaD Club	Time	50	100	150	200
1.	Karl BATORSKI	18 EssexCounASA	2:09.03	28.65	32.84	38.45	29.09
2.	Matthew EDWARDS	20 Norfolk Coun	2:12.18	26.98	33.84	39.26	32.10
3.	Brad NEAL	20 HertfordsASA	2:15.65	27.74	35.83	39.84	32.24
4.	Danny WARNER	17 Bedfords ASA	2:19.28	29.62	34.20	41.03	34.43
5.	Konrad KORTH	17 Suffolk ASA	2:19.81	29.06	34.80	43.49	32.46

EVENT 3 Womens 11/12 Yrs 200m Medley Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Essex	EssexCounASA	2:12.32	34.16	35.05	32.81	30.30
	C WADE	34.16					
	C FRANCIS	35.05					
	K CHIPPERFIELD	32.81					
	E BEDWELL	30.30					
2.	Suffolk	Suffolk ASA	2:13.36	34.59	38.02	32.06	28.69
	C YOUNG	34.59					
	Z SMITH	38.02					
	E JACKSON	32.06					
	A HARRISON	28.69					
3.	Herts	HertfordsASA	2:13.70	33.55	39.20	31.25	29.70
	G VARTI	33.55					
	C HENSON	39.20					
	C CLARIDGE	31.25					
	L CHARLES	29.70					
4.	Norfolk	Norfolk Coun	2:19.31	35.34	40.62	32.16	31.19
	M PEARSON	35.34					
	F TATTAM	40.62					
	A BOCHMANN	32.16					
	H BATEMAN	31.19					
5.	Beds	Bedfords ASA	2:19.89	35.31		1:49.80	30.09
	M NABARRO	35.31					
	R ANTUNES						
	Y BITHREY	1.14.49					
	L CONDON	30.09					



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A Level Three Licensed Meet - N^o. 3ER6183



Colorado
TIME SYSTEMS



EVENT 4 Mens 11/12 Yrs 200m Medley Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Suffolk	Suffolk ASA	2:11.71	33.19	36.33	33.89	28.30
	S MUNRO	33.19					
	A LYNCH	36.33					
	J HOLLIS	33.89					
	L BAILEY	28.30					
2.	Herts	HertfordsASA	2:11.95	33.74	37.87	31.74	28.60
	D CAPSTICK	33.74					
	J ROBINSON	37.87					
	R JONES	31.74					
	J AYRES	28.60					
3.	Norfolk	Norfolk Coun	2:16.79	34.58	38.05	34.54	29.62
	M GARNER	34.58					
	A CROSS	38.05					
	A SHREEVE	34.54					
	L WALSH	29.62					
4.	Essex	EssexCounASA	2:19.31	37.10	39.90	33.58	28.73
	C STEVENS	37.10					
	A JACKSON	39.90					
	C PATEL	33.58					
	M VERMAAK	28.73					
5.	Beds	Bedfords ASA	2:23.53	36.92		1:54.24	29.29
	A RAINE	36.92					
	T KELLY						
	T WINDER	1:17.32					
	D RILEY	29.29					

EVENT 5 Womens 13/14 Yrs 200m Medley Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Suffolk	Suffolk ASA	2:06.30	31.97	35.43	30.50	28.40
	R READER	31.97					
	A SWALLOW	35.43					
	R WETTEN	30.50					
	E HAYNES	28.40					
2.	Beds	Bedfords ASA	2:11.05	32.12	38.11	31.63	29.19
	L AYRES	32.12					
	C MALLET	38.11					
	A LAVALLIN	31.63					
	H BRETTELE	29.19					
3.	Essex	EssexCounASA	2:13.81	33.88	38.36	32.85	28.72
	S DRAKE	33.88					
	C DRAKE	38.36					
	G HUNT	32.85					
	V GOODEY	28.72					
4.	Norfolk	Norfolk Coun	2:14.93	34.60			2:14.93
	S INGLESON	34.60					
	C PELLICAN						
	J HANDS						
	B WILKINSON	1:40.33					
5.	Herts	HertfordsASA	2:15.43	34.55	37.18	32.89	30.81
	H PICKFORD	34.55					
	S SWINDELL	37.18					
	C ASTBURY	32.89					
	E LANDER	30.81					



ASA East Region 2006 Inter-County Competition

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A Level Three Licensed Meet - N^o. 3ER6183



Colorado
TIME SYSTEMS



EVENT 6 Mens 13/14 Yrs 200m Medley Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Herts T GREEN A EGAN J SUTHERLAND C ROSS	HertfordsASA 28.83 34.80 28.13 26.88	1:58.64	28.83	34.80	28.13	26.88
2.	Suffolk L COLEMAN M NAUNTON A BIGLEY T LYNCH	Suffolk ASA 29.70 35.23 29.45 25.75	2:00.13	29.70	35.23	29.45	25.75
3.	Norfolk N HENDERSON B ROBSON D HART K LOANE	Norfolk Coun 32.07 34.24 28.70 27.60	2:02.61	32.07	34.24	28.70	27.60
4.	Essex J ASHTON D WOODCOCK T BURLEY D SANDERS	EssexCounASA 33.07 35.25 28.09 27.62	2:04.03	33.07	35.25	28.09	27.62
5.	Beds S BRAIN O HANCOCK N JOHNSON A INGLEDEW	Bedfords ASA 34.54 37.63 31.13 26.22	2:09.52	34.54	37.63	31.13	26.22

EVENT 7 Womens 15/16 Yrs 200m Medley Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Norfolk L INGLESON P CHOMICZ H JOHN G INGLESON	Norfolk Coun 32.22 33.76 30.72 28.30	2:05.00	32.22	33.76	30.72	28.30
2.	Herts A KNAPMAN B EDGWORTH F BARNARD N BROWN	HertfordsASA 31.21 35.65 31.06 27.36	2:05.28	31.21	35.65	31.06	27.36
3.	Essex K MELVIN G FRANCIS H DRAKE A GOILLAU	EssexCounASA 31.01 35.61 31.87 28.76	2:07.25	31.01	35.61	31.87	28.76
4.	Suffolk A SEAL V CADGE M WALKER S CALVER	Suffolk ASA 34.95 35.05 31.44 29.04	2:10.48	34.95	35.05	31.44	29.04
5.	Beds N NEWELL E AUST K EDWARDS R WARNER	Bedfords ASA 33.45 37.68 31.51 28.32	2:10.96	33.45	37.68	31.51	28.32



ASA East Region 2006 Inter-County Competition

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A Level Three Licensed Meet - N^o. 3ER6183



Colorado
TIME SYSTEMS



EVENT 8 Mens 15/16 Yrs 200m Medley Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Herts	HertfordsASA	1:53.38	28.90	31.28	27.77	25.43
	A RUST	28.90					
	J QUINN	31.28					
	A LODGE	27.77					
	A CURTIN	25.43					
2.	Suffolk	Suffolk ASA	1:57.70	29.90	34.69	28.03	25.08
	B MATTHEWS	29.90					
	C STEPHENS	34.69					
	J PETTICAN	28.03					
	D GORDON	25.08					
3.	Essex	EssexCounASA	1:58.25	30.22	33.53	28.50	26.00
	C CHENERY	30.22					
	M RICHARDS	33.53					
	S WARD	28.50					
	T ROOTSEY	26.00					
4.	Beds	Bedfords ASA	1:58.93	29.11	32.85	29.95	27.02
	J CARLINE	29.11					
	C HOWE	32.85					
	E PAYNE	29.95					
	M GIBSON	27.02					
5.	Norfolk	Norfolk Coun	1:59.27	28.99	36.23		1:59.27
	J McKENZIE	28.99					
	UNKNOWN	36.23					
	A BARKER						
	L LARGE	54.05					

EVENT 9 Womens 17&Over 200m Medley Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Beds	Bedfords ASA	2:07.12	32.93	36.12	29.80	28.27
	R MACKIE	32.93					
	S MORRIS	36.12					
	R WARNER	29.80					
	Y EL-CIRCY	28.27					
2.	Norfolk	Norfolk Coun	2:08.55	33.68	37.81	29.61	27.45
	A BEDDER	33.68					
	M HANCOCK	37.81					
	H DAVIS	29.61					
	H JOHN	27.45					
3.	Suffolk	Suffolk ASA	2:08.71	32.86	37.09	30.73	28.03
	L HEALEY	32.86					
	M RODES	37.09					
	V CADGE	30.73					
	D JASON	28.03					
4.	Herts	HertfordsASA	2:10.59	34.39	36.61	32.37	27.22
	S GILBERT	34.39					
	A MURRAY	36.61					
	R MILES	32.37					
	N SMITH	27.22					
5.	Essex	EssexCounASA	2:10.99	33.15	36.49	31.88	29.47
	A DRAKE	33.15					
	K MELVIN	36.49					
	C THOMAS	31.88					
	G FRANCIS	29.47					



ASA East Region 2006 Inter-County Competition

(Under ASA Laws & ASA Technical Rules)
A Level Three Licensed Meet - N^o. 3ER6183



Colorado
TIME SYSTEMS



EVENT 10 Mens 17&Over 200m Medley Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Beds	Bedfords ASA	1:53.13	28.88	32.05	27.81	24.39
	D WHEELER	28.88					
	D WARNER	32.05					
	N METCALF	27.81					
	R BUCKTON	24.39					
2.	Norfolk	Norfolk Coun	1:53.18	28.61	33.95	25.67	24.95
	J LAWTON	28.61					
	N THOMPSON	33.95					
	M EDWARDS	25.67					
	G EDWARDS	24.95					
3.	Herts	HertfordsASA	1:53.34	29.33	32.71	26.37	24.93
	G SHORT	29.33					
	R CHARLESWORTH	32.71					
	B NEAL	26.37					
	B FERGUSON	24.93					
4.	Essex	EssexCounASA	1:53.44	30.07	31.17	27.49	24.71
	J CLENAGHAN	30.07					
	K BATORSKI	31.17					
	P GREEN	27.49					
	D HUNT	24.71					
5.	Suffolk	Suffolk ASA	1:55.83	30.15	33.50	27.84	24.34
	K KORTH	30.15					
	J WESTON	33.50					
	W BOOSEY	27.84					
	C SMITH	24.34					

EVENT 11 Womens 11/12 Yrs 100m Backstroke

Place	Name	AaD Club	Time	50	100
1.	Anne BOCHMANN	12 Norfolk Coun	1:08.67	34.39	34.28
2.	Ellis JACKSON	11 Suffolk ASA	1:09.66	34.26	35.40
3.	Lucy CHARLES	12 HertfordsASA	1:12.29	35.20	37.09
4.	Charlotte WADE	12 EssexCounASA	1:12.78	35.32	37.46
5.	Mattaya NABARRO	12 Bedfords ASA	1:16.19	37.06	39.13

EVENT 12 Mens 11/12 Yrs 100m Backstroke

Place	Name	AaD Club	Time	50	100
1.	Dacre CAPSTICK	12 HertfordsASA	1:11.11		1:11.11
2.	Samuel MUNRO	12 Suffolk ASA	1:11.29		1:11.29
3.	Miles GARNER	12 Norfolk Coun	1:11.95		1:11.95
4.	Tom KEENES	12 EssexCounASA	1:14.40		1:14.40
5.	Daniel RILEY	12 Bedfords ASA	1:15.26		1:15.26

EVENT 13 Womens 13/14 Yrs 100m Breaststroke

Place	Name	AaD Club	Time	50	100
1.	Amy SWALLOW	14 Suffolk ASA	1:16.90	37.40	39.50
2.	Chloe PELLICAN	14 Norfolk Coun	1:19.29	38.99	40.30
3.	Sarah SWINDELL	13 HertfordsASA	1:21.32	38.22	43.10
4.	Charlotte DELICATA	14 EssexCounASA	1:22.32	39.26	43.06
5.	Carmen MALLETT	14 Bedfords ASA	1:23.82	39.33	44.49

EVENT 14 Mens 13/14 Yrs 100m Breaststroke

Place	Name	AaD Club	Time	50	100
1.	Lewis COLEMAN	14 Suffolk ASA	1:08.94	33.22	35.72
2.	Nicholas THOMPSON	14 Norfolk Coun	1:13.10	35.23	37.87
3.	Dean WOODCOCK	14 EssexCounASA	1:14.73	35.59	39.14
4.	Andrew EGAN	13 HertfordsASA	1:16.55	36.26	40.29
5.	Owen HANCOCK	13 Bedfords ASA	1:20.35	38.37	41.98



ASA East Region 2006 Inter-County Competition

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A Level Three Licensed Meet - N^o. 3ER6183



Colorado
TIME SYSTEMS



EVENT 15 Womens 15/16 Yrs 100m Butterfly

Place	Name	AaD Club	Time	50	100
1.	Hannah JOHN	15 Norfolk Coun	1:05.74	32.93	32.81
2.	Faye BARNARD	16 HertfordsASA	1:06.74	31.60	35.14
3.	Louise KING	15 Bedfords ASA	1:09.00	32.81	36.19
4.	Mairi WALKER	16 Suffolk ASA	1:11.14	34.61	36.53
5.	Louise KENDALL	15 EssexCounASA	1:12.83	34.91	37.92

EVENT 16 Mens 15/16 Yrs 100m Butterfly

Place	Name	AaD Club	Time	50	100
1.	Kouji URATA	16 HertfordsASA	59.83	28.47	31.36
2.	Samuel WARD	15 EssexCounASA	1:01.97	29.01	32.96
3.	James CARLINE	16 Bedfords ASA	1:03.31	29.53	33.78
4.	Joshua PETTICAN	16 Suffolk ASA	1:03.86	29.78	34.08
5.	John MCKENZIE	16 Norfolk Coun	1:04.62	29.78	34.84

EVENT 17 Womens 17&Over 100m Freestyle

Place	Name	AaD Club	Time	50	100
1.	Dawn JASON	19 Suffolk ASA	59.72	29.41	30.31
2.	Natalie SMITH	17 HertfordsASA	1:00.12	29.57	30.55
3.	Amanda BEDDER	20 Norfolk Coun	1:04.35	30.93	33.42
4.	Sarah OVERINGTON	17 EssexCounASA	1:04.36	30.95	33.41
5.	Susan MORRIS	25 Bedfords ASA	1:07.87	31.48	36.39

EVENT 18 Mens 17&Over 100m Freestyle

Place	Name	AaD Club	Time	50	100
1.	Ray BUCKTON	18 Bedfords ASA	53.82	26.16	27.66
2.	Bret FERGUSON	19 HertfordsASA	54.41	27.07	27.34
3.	Christopher SMITH	17 Suffolk ASA	55.04	26.36	28.68
4.	Daniel HUNT	17 EssexCounASA	55.17	26.84	28.33
5.	Gavin EDWARDS	19 Norfolk Coun	56.43	27.36	29.07

EVENT 19 Womens 11/12 Yrs 100m Breaststroke

Place	Name	AaD Club	Time	50	100
1.	Chloe FRANCIS	12 EssexCounASA	1:15.53	36.21	39.32
2.	Alexandra HARRISON	12 Suffolk ASA	1:21.63	39.01	42.62
3.	Rosie ANTUNES	12 Bedfords ASA	1:24.13	40.73	43.40
4.	Charlotte HENSON	12 HertfordsASA	1:26.99	40.74	46.25
5.	Faye TATTAM	12 Norfolk Coun	1:31.34	44.70	46.64

EVENT 20 Mens 11/12 Yrs 100m Breaststroke

Place	Name	AaD Club	Time	50	100
1.	Aaron LYNCH	12 Suffolk ASA	1:18.11	36.97	41.14
2.	Dacre CAPSTICK	12 HertfordsASA	1:20.78	38.34	42.44
3.	Joshua PAGE	12 Norfolk Coun	1:27.45	41.41	46.04
4.	Alexander JACKSON	12 EssexCounASA	1:27.84	41.39	46.45
5.	Alistair KERR	12 Bedfords ASA	1:28.26	42.38	45.88

EVENT 21 Womens 13/14 Yrs 100m Butterfly

Place	Name	AaD Club	Time	50	100
1.	Rebecca WETTEN	13 Suffolk ASA	1:07.01	32.32	34.69
2.	Verity GOODEY	14 EssexCounASA	1:10.60	33.23	37.37
3.	Chloe PELLICAN	14 Norfolk Coun	1:11.52	34.10	37.42
4.	Carolyn ASTBURY	14 HertfordsASA	1:11.62	33.63	37.99
5.	Abigail LAVALLIN	13 Bedfords ASA	1:14.86	35.41	39.45



ASA East Region 2006 Inter-County Competition

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A Level Three Licensed Meet - N° 3ER6183



Colorado
TIME SYSTEMS



EVENT 22 Mens 13/14 Yrs 100m Butterfly

Place	Name	AaD Club	Time	50	100
1.	Sean BROWN	14 HertfordsASA	1:04.27	30.29	33.98
2.	Andrew BIGLEY	14 Suffolk ASA	1:04.57	30.27	34.30
3.	Thomas BURLEY	14 EssexCounASA	1:05.51	29.96	35.55
4.	David LAMBERT	14 Norfolk Coun	1:09.09	32.40	36.69
5.	Sam BRAIN	14 Bedfords ASA	1:12.63	33.82	38.81

EVENT 23 Womens 15/16 Yrs 100m Freestyle

Place	Name	AaD Club	Time	50	100
1.	Hannah JOHN	15 Norfolk Coun	1:00.17	29.83	30.34
2.	Grace FRANCIS	16 EssexCounASA	1:01.15	29.92	31.23
3.	Ann-louise KNAPMAN	15 HertfordsASA	1:01.41	29.91	31.50
4.	Stephanie CALVER	15 Suffolk ASA	1:02.68	30.33	32.35
5.	Hannah RAINE	15 Bedfords ASA	1:02.95	30.65	32.30

EVENT 24 Mens 15/16 Yrs 100m Freestyle

Place	Name	AaD Club	Time	50	100
1.	Alex RUST	16 HertfordsASA	53.17	25.77	27.40
2.	Luke LARGE	16 Norfolk Coun	54.97	26.37	28.60
3.	Christopher CHENERY	16 EssexCounASA	55.68	26.85	28.83
4.	Chris HOWE	15 Bedfords ASA	57.11	27.47	29.64
5.	Benjamin MATTHEWS	16 Suffolk ASA	57.39	27.66	29.73

EVENT 25 Womens 17&Over 100m Backstroke

Place	Name	AaD Club	Time	50	100
1.	Hayley DAVIS	21 Norfolk Coun	1:07.55	33.52	34.03
2.	Laura HEALEY	17 Suffolk ASA	1:09.75	33.13	36.62
3.	Aimee DRAKE	17 EssexCounASA	1:10.39	34.22	36.17
4.	Natalie SMITH	17 HertfordsASA	1:10.41	35.01	35.40
5.	Rachel MACKIE	20 Bedfords ASA	1:11.04	34.80	36.24

EVENT 26 Mens 17&Over 100m Backstroke

Place	Name	AaD Club	Time	50	100
1.	David WHEELER	22 Bedfords ASA	1:00.73	29.49	31.24
2.	Bret FERGUSON	19 HertfordsASA	1:02.64	31.23	31.41
3.	James LAWTON	19 Norfolk Coun	1:03.25	31.10	32.15
4.	Konrad KORTH	17 Suffolk ASA	1:03.40	31.28	32.12
5.	Jazza CLENAGHAN	17 EssexCounASA	1:04.27	30.97	33.30

EVENT 27 Womens 11/12 Yrs 100m Butterfly

Place	Name	AaD Club	Time	50	100
1.	Ellis JACKSON	11 Suffolk ASA	1:08.80	32.43	36.37
2.	Charlotte CLARIDGE	12 HertfordsASA	1:09.38	31.85	37.53
3.	Anne BOCHMANN	12 Norfolk Coun	1:10.39	34.54	35.85
4.	Kerriann CHIPPERFIELD	12 EssexCounASA	1:12.82	33.74	39.08
5.	Yasmin BITHREY	12 Bedfords ASA	1:17.67	36.12	41.55

EVENT 28 Mens 11/12 Yrs 100m Butterfly

Place	Name	AaD Club	Time	50	100
1.	Ricky JONES	12 HertfordsASA	1:11.62	33.91	37.71
2.	Miles GARNER	12 Norfolk Coun	1:14.02	36.06	37.96
3.	Jack HOLLIS	12 Suffolk ASA	1:14.50	34.41	40.09
4.	Tom KEENES	12 EssexCounASA	1:20.52	38.57	41.95
5.	Daniel RILEY	12 Bedfords ASA	1:22.10	38.12	43.98



ASA East Region 2006 Inter-County Competition

(Under ASA Laws & ASA Technical Rules)
A Level Three Licensed Meet - N^o. 3ER6183



Colorado
TIME SYSTEMS



EVENT 29 Womens 13/14 Yrs 100m Freestyle

Place	Name	AaD Club	Time	50	100
1.	Harriet BRETTE	14 Bedfords ASA	1:01.95	30.43	31.52
2.	Eleanor HAYNES	14 Suffolk ASA	1:01.98	30.35	31.63
3.	Sarah SWINDELL	13 HertfordsASA	1:02.80	30.32	32.48
4.	Verity GOODEY	14 EssexCounASA	1:03.82	30.67	33.15
5.	Becky WILKINSON	13 Norfolk Coun	1:04.44	30.91	33.53

EVENT 30 Mens 13/14 Yrs 100m Freestyle

Place	Name	AaD Club	Time	50	100
1.	Adam INGLEDEW	13 Bedfords ASA	55.96	27.40	28.56
2.	Troy LYNCH	14 Suffolk ASA	56.35	27.08	29.27
3.	Dale HART	14 Norfolk Coun	57.22	27.91	29.31
4.	David GODRIDGE	13 HertfordsASA	57.46	27.82	29.64
5.	Timothy EVANS	13 EssexCounASA	59.53	29.33	30.20

EVENT 31 Womens 15/16 Yrs 100m Backstroke

Place	Name	AaD Club	Time	50	100
1.	Victoria CADGE	16 Suffolk ASA	1:07.20	32.58	34.62
2.	Laura INGLESON	15 Norfolk Coun	1:08.16	33.50	34.66
3.	Kaz MELVIN	15 EssexCounASA	1:08.20	33.66	34.54
4.	Ann-louise KNAPMAN	15 HertfordsASA	1:08.98	33.38	35.60
5.	Nikki NEWELL	16 Bedfords ASA	1:12.64	35.00	37.64

EVENT 32 Mens 15/16 Yrs 100m Backstroke

Place	Name	AaD Club	Time	50	100
1.	Johnny QUINN	16 HertfordsASA	1:00.18	29.83	30.35
2.	James CARLINE	17 Bedfords ASA	1:01.85	30.27	31.58
3.	Luke LARGE	16 Norfolk Coun	1:02.86	30.17	32.69
4.	Tom GILBERT	15 EssexCounASA	1:04.23	31.54	32.69
5.	Benjamin MATTHEWS	16 Suffolk ASA	1:05.32	31.91	33.41

EVENT 33 Womens 17&Over 100m Breaststroke

Place	Name	AaD Club	Time	50	100
1.	Ashley MURRAY	17 HertfordsASA	1:19.97	37.64	42.33
2.	Susan MORRIS	25 Bedfords ASA	1:21.44	38.59	42.85
3.	Mair HANCOCK	18 Norfolk Coun	1:22.09	39.45	42.64
4.	M RODES	18 Suffolk ASA	1:22.15	40.08	42.07
5.	Amy STUMBKE	17 EssexCounASA	1:24.63	39.88	44.75

EVENT 34 Mens 17&Over 100m Breaststroke

Place	Name	AaD Club	Time	50	100
1.	Matt EDWARDS	20 Norfolk Coun	1:08.27	32.79	35.48
2.	Karl BATORSKI	18 EssexCounASA	1:08.69	32.58	36.11
3.	Danny WARNER	17 Bedfords ASA	1:09.72	34.32	35.40
4.	Richard CHARLESWORTH	17 HertfordsASA	1:12.72	34.38	38.34
5.	Jake WESTON	18 Suffolk ASA	1:13.39	34.17	39.22

EVENT 35 Womens 11/12 Yrs 100m Freestyle

Place	Name	AaD Club	Time	50	100
1.	Charlotte CLARIDGE	12 HertfordsASA	1:01.25	30.15	31.10
2.	Chloe FRANCIS	12 EssexCounASA	1:01.30	30.01	31.29
3.	Alexandra HARRISON	12 Suffolk ASA	1:04.46	30.88	33.58
4.	Yasmin BITHREY	12 Bedfords ASA	1:06.04	32.41	33.63
5.	Mimi BARR	11 Norfolk Coun	1:06.61	31.35	35.26



ASA East Region 2006 Inter-County Competition

(Under ASA Laws & ASA Technical Rules)
A Level Three Licensed Meet - N^o. 3ER6183



Colorado
TIME SYSTEMS



EVENT 36 Mens 11/12 Yrs 100m Freestyle

Place	Name	AaD Club	Time	50	100
1.	Aaron LYNCH	12 Suffolk ASA	59.37	28.82	30.55
2.	Ricky JONES	12 HertfordsASA	1:02.60	30.16	32.44
3.	Marius VERMAAK	12 EssexCounASA	1:04.75	30.53	34.22
4.	Joe WILSON-NEAL	12 Bedfords ASA	1:06.10	31.60	34.50
5.	Joshua PAGE	12 Norfolk Coun	1:06.32	32.03	34.29

EVENT 37 Womens 13/14 Yrs 100m Backstroke

Place	Name	AaD Club	Time	50	100
1.	Rebecca READER	14 Suffolk ASA	1:07.99	33.30	34.69
2.	Hazel PICKFORD	13 HertfordsASA	1:11.99	34.95	37.04
3.	Harriet BRETTL	14 Bedfords ASA	1:13.37	35.55	37.82
4.	Charlotte DELICATA	14 EssexCounASA	1:13.52	36.00	37.52
5.	Sophie INGLES	13 Norfolk Coun	1:13.60	35.79	37.81

EVENT 38 Mens 13/14 Yrs 100m Backstroke

Place	Name	AaD Club	Time	50	100
1.	Thomas GREEN	14 HertfordsASA	1:03.01	31.02	31.99
2.	Adam INGLEDEW	13 Bedfords ASA	1:06.37	32.70	33.67
3.	Dale HART	14 Norfolk Coun	1:07.01	32.90	34.11
4.	Henry WOOD	14 EssexCounASA	1:10.56	33.66	36.90
	Lewis COLEMAN	14 Suffolk ASA	DQ	ST-1L	

EVENT 39 Womens 15/16 Yrs 100m Breaststroke

Place	Name	AaD Club	Time	50	100
1.	Petra CHOMICZ	16 Norfolk Coun	1:12.89	35.55	37.34
2.	Victoria CADGE	16 Suffolk ASA	1:16.61	36.45	40.16
3.	Kaz MELVIN	15 EssexCounASA	1:17.91	37.96	39.95
4.	Bernice EDGEWORTH	15 HertfordsASA	1:18.45	37.14	41.31
5.	Emily AUST	16 Bedfords ASA	1:22.32	39.19	43.13

EVENT 40 Mens 15/16 Yrs 100m Breaststroke

Place	Name	AaD Club	Time	50	100
1.	Johnny QUINN	16 HertfordsASA	1:07.24	32.21	35.03
2.	Chris HOWE	15 Bedfords ASA	1:12.55	34.29	38.26
3.	Marc RICHARDS	16 EssexCounASA	1:15.13	34.86	40.27
4.	Joshua PETTICAN	16 Suffolk ASA	1:16.88	36.41	40.47
5.	James BIRD	16 Norfolk Coun	1:21.49	37.11	44.38

EVENT 41 Womens 17&Over 100m Butterfly

Place	Name	AaD Club	Time	50	100
1.	Hayley DAVIS	21 Norfolk Coun	1:06.12	31.28	34.84
2.	Clare THOMAS	17 EssexCounASA	1:10.96	33.13	37.83
3.	Sasha GILBERT	17 HertfordsASA	1:13.08	34.62	38.46
4.	Laura HEALEY	17 Suffolk ASA	1:14.40	34.54	39.86
		Bedfords ASA	DQ	E	

EVENT 42 Mens 17&Over 100m Butterfly

Place	Name	AaD Club	Time	50	100
1.	Matthew EDWARDS	20 Norfolk Coun	56.09	26.50	29.59
2.	Brad NEAL	20 HertfordsASA	57.96	26.97	30.99
3.	Sean DOWNEY	17 Bedfords ASA	59.97	28.69	31.28
4.	Paul GREEN	20 EssexCounASA	1:01.98	28.76	33.22
5.	William BOOSEY	17 Suffolk ASA	1:02.60	28.79	33.81



ASA East Region 2006 Inter-County Competition

(Under ASA Laws & ASA Technical Rules)
A Level Three Licensed Meet - N^o. 3ER6183



Colorado
TIME SYSTEMS



EVENT 43 Womens 11/12 Yrs 200m Free. Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Herts	HertfordsASA	1:58.71	30.66	30.36	28.41	29.28
	G VARTI	30.66					
	C HENSON	30.36					
	C CLARIDGE	28.41					
	L CHARLES	29.28					
2.	Suffolk	Suffolk ASA	1:59.14	30.20	29.68	29.81	29.45
	C YOUNG	30.20					
	A HARRISON	29.68					
	E JACKSON	29.81					
	Z SMITH	29.45					
3.	Essex	EssexCounASA	2:00.56	29.24	31.14	29.74	30.44
	C FRANCIS	29.24					
	C WADE	31.14					
	K CHIPPERFIELD	29.74					
	E BEDWELL	30.44					
4.	Beds	Bedfords ASA	2:04.64	31.63	30.74	31.52	30.75
	R ANTUNES	31.63					
	L CONDON	30.74					
	Y BITHREY	31.52					
	C BLACKSLEY	30.75					
5.	Norfolk	Norfolk Coun	2:05.66	29.73	31.49	31.02	33.42
	A BOCHMANN	29.73					
	H BATEMAN	31.49					
	M BARR	31.02					
	UNKNOWN	33.42					

EVENT 44 Mens 11/12 Yrs 200m Free. Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Suffolk	Suffolk ASA	1:57.23	30.34	30.57	31.58	24.74
	L BAILEY	30.34					
	J HOLLIS	30.57					
	S MUNRO	31.58					
	A LYNCH	24.74					
2.	Herts	HertfordsASA	1:57.97	29.64	30.53	28.88	28.92
	R JONES	29.64					
	J ROBINSON	30.53					
	D CAPSTICK	28.88					
	J AYRES	28.92					
3.	Beds	Bedfords ASA	2:03.40	30.81	32.02	30.75	29.82
	J WILSON-NEAL	30.81					
	T KELLY	32.02					
	C SMITH	30.75					
	D RILEY	29.82					
4.	Norfolk	Norfolk Coun	2:03.51	30.17	32.22	31.51	29.61
	L WALSH	30.17					
	J PAGE	32.22					
	A SHREEVE	31.51					
	E JOHN	29.61					
5.	Essex	EssexCounASA	2:03.95	29.99	31.22	32.00	30.74
	M VERMAAK	29.99					
	T KEENES	31.22					
	C PATEL	32.00					
	C STEVENS	30.74					



ASA East Region 2006 Inter-County Competition

(Under ASA Laws & ASA Technical Rules)
A Level Three Licensed Meet - N^o. 3ER6183



Colorado
TIME SYSTEMS



EVENT 45 Womens 13/14 Yrs 200m Free. Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Suffolk	Suffolk ASA	1:55.61	28.85	29.73	28.67	28.36
	R WETTEN	28.85					
	A HARRISON	29.73					
	E HAYNES	28.67					
	R READER	28.36					
2.	Beds	Bedfords ASA	1:57.20	30.03	28.96	28.56	29.65
	D LEE	30.03					
	S HASLETT	28.96					
	L AYRES	28.56					
	H BRETTELE	29.65					
3.	Essex	EssexCounASA	1:58.60	30.62	30.11	29.29	28.58
	V GOODEY	30.62					
	G HUNT	30.11					
	R SHUTE	29.29					
	C FRANCIS	28.58					
4.	Herts	HertfordsASA	2:01.34	30.56		1:31.07	30.27
	H PICKFORD	30.56					
	E LANDER						
	S SWINDELL	1.00.51					
	C ASTBURY	30.27					
5.	Norfolk	Norfolk Coun	2:01.39	30.62	31.02	30.85	28.90
	B WILKINSON	30.62					
	C PELLICAN	31.02					
	J HANDS	30.85					
	E BOWERS	28.90					

EVENT 46 Mens 13/14 Yrs 200m Free. Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Herts	HertfordsASA	1:45.76	26.42	26.38	26.15	26.81
	T GREEN	26.42					
	A EGAN	26.38					
	J SUTHERLAND	26.15					
	C ROSS	26.81					
2.	Suffolk	Suffolk ASA	1:47.49	26.54	27.57	27.31	26.07
	M NAUNTON	26.54					
	T LYNCH	27.57					
	A BIGLEY	27.31					
	L COLEMAN	26.07					
3.	Norfolk	Norfolk Coun	1:48.18	26.25	27.69	27.63	26.61
	D HART	26.25					
	K LOANE	27.69					
	C SEARLE	27.63					
	N HENDERSON	26.61					
4.	Essex	EssexCounASA	1:50.22	27.82	27.52	27.60	27.28
	T BURLEY	27.82					
	D SANDERS	27.52					
	D WOODCOCK	27.60					
	J ASHTON	27.28					
5.	Beds	Bedfords ASA	1:53.12	30.31	28.07	27.97	26.77
	O HANCOCK	30.31					
	S BRAIN	28.07					
	N JOHNSON	27.97					
	A INGLEDEW	26.77					



ASA East Region 2006 Inter-County Competition

(Under ASA Laws & ASA Technical Rules)
A Level Three Licensed Meet - N^o. 3ER6183



Colorado
TIME SYSTEMS



EVENT 47 Womens 15/16 Yrs 200m Free. Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Herts	HertfordsASA	1:53.28	28.26	27.79	29.07	28.16
	A KNAPMAN	28.26					
	N BROWN	27.79					
	C PURVIS	29.07					
	R TOTT	28.16					
2.	Norfolk	Norfolk Coun	1:54.62	28.71	28.75	28.97	28.19
	H JOHN	28.71					
	G INGLESON	28.75					
	L INGLESON	28.97					
	H NASH	28.19					
3.	Suffolk	Suffolk ASA	1:54.68	28.84	29.23	27.95	28.66
	A SEAL	28.84					
	S CALVER	29.23					
	V CADGE	27.95					
	R READER	28.66					
4.	Beds	Bedfords ASA	1:56.26	29.71	29.26	28.89	28.40
	K EDWARDS	29.71					
	N NEWELL	29.26					
	L KING	28.89					
	R WARNER	28.40					
5.	Essex	EssexCounASA	1:58.80	28.99	29.49	30.45	29.87
	G FRANCIS	28.99					
	A GOILLAU	29.49					
	K MELVIN	30.45					
	V GOODEY	29.87					

EVENT 48 Mens 15/16 Yrs 200m Free. Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Norfolk	Norfolk Coun	1:44.25	25.54	25.13	27.18	26.40
	L LARGE	25.54					
	A BARKER	25.13					
	UNKNOWN	27.18					
	J McKENZIE	26.40					
2.	Essex	EssexCounASA	1:44.30	26.34	25.46	26.28	26.22
	C CHENERY	26.34					
	T ROOTSEY	25.46					
	T GILBERT	26.28					
	S WARD	26.22					
3.	Suffolk	Suffolk ASA	1:44.37	26.10	26.34	26.02	25.91
	D GORDON	26.10					
	T LYNCH	26.34					
	J PETTICAN	26.02					
	B MATTHEWS	25.91					
4.	Beds	Bedfords ASA	1:45.69	26.72	27.33	26.33	25.31
	C HOWE	26.72					
	M GIBSON	27.33					
	E PAYNE	26.33					
	J CARLINE	25.31					
	Herts	HertfordsASA	DQ	O-5L	24.40	25.41	
	A RUST	24.40					
	J QUINN	25.41					
	A LODGE						
	A CURTIN						



ASA East Region 2006 Inter-County Competition

(Under ASA Laws & ASA Technical Rules)
A Level Three Licensed Meet - N^o. 3ER6183



Colorado
TIME SYSTEMS



EVENT 49 Womens 17&Over 200m Free. Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Suffolk	Suffolk ASA	1:55.15	28.65	28.90	29.80	27.80
	V CADGE	28.65					
	A SEAL	28.90					
	L HEALEY	29.80					
	D JASON	27.80					
2.	Norfolk	Norfolk Coun	1:56.05	28.72	28.91	29.93	28.49
	H DAVIS	28.72					
	G INGLESON	28.91					
	M HANCOCK	29.93					
	A BEDDER	28.49					
3.	Beds	Bedfords ASA	1:57.48	28.99	30.02	29.23	29.24
	Y EL-CIRCY	28.99					
	S MORRIS	30.02					
	H RAINE	29.23					
	K EDWARDS	29.24					
4.	Essex	EssexCounASA	1:57.50	30.14	59.55		1:57.50
	V GOODEY	30.14					
	S OVERINGTON	59.55					
	A GOILLAU						
	G FRANCIS	27.81					
5.	Herts	HertfordsASA	1:59.35	28.48	30.78	30.98	29.11
	N SMITH	28.48					
	A MURRAY	30.78					
	S GILBERT	30.98					
	R MILES	29.11					

EVENT 50 Mens 17&Over 200m Free. Team

Place	Name	A.G Club	Time	50	100	150	200
1.	Norfolk	Norfolk Coun	1:38.77	24.44	23.76	25.03	25.54
	J LAWTON	24.44					
	M EDWARDS	23.76					
	G EDWARDS	25.03					
	S NAZAR	25.54					
2.	Essex	EssexCounASA	1:39.72	25.40	24.66	24.77	24.89
	P GREEN	25.40					
	D HUNT	24.66					
	B PRESTON	24.77					
	K BATORSKI	24.89					
3.	Suffolk	Suffolk ASA	1:40.08	24.40	25.44	25.80	24.44
	M VINTER	24.40					
	K KORTH	25.44					
	W BOOSEY	25.80					
	C SMITH	24.44					
4.	Beds	Bedfords ASA	1:40.73	24.87	25.80	24.94	25.12
	S DOWNEY	24.87					
	N METCALF	25.80					
	D WARNER	24.94					
	R BUCKTON	25.12					
	Herts	HertfordsASA	DQ	O-3L	25.97		
	B FERGUSON	25.97					
	B NEAL						
	G SHORT						
	R CHARLESWORTH						