



# ASA East Region 2006 Long Course Championships

(Under ASA Laws & ASA Technical Rules)  
A Level One Licensed Meet - N<sup>o</sup>. ERX628



## EVENT 301 Women's Open 100m Freestyle

### Open Age Group - Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50	100
1.	Lauren STEADMAN	13 Huntingdon	9	1:16.99	514	36.08	40.91

### Open Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100
1.	Ceri UNWIN	15 Hatfield		1:01.41	30.44	30.97
2.	Katie AMBRIDGE	16 Hatfield		1:01.80	30.52	31.28
3.	Rebecca READER	14 teamipswich		1:01.97	30.51	31.46
4.	Cara PURVIS	15 Hatfield		1:02.14	30.08	32.06
5.	Hannah JOHN	15 Kings Lynn		1:02.22	30.07	32.15
6.	Alex SEAL	15 teamipswich		1:02.24	30.90	31.34
7.	Sophie M CHAMBERLAIN	14 Lowestoft &		1:02.46	30.00	32.46
8.	Stephanie CALVER	16 teamipswich		1:02.57	30.62	31.95
9.	Rebecca WETTEN	13 St Felix Sch		1:02.71	30.49	32.22
10.	Natalie SMITH	17 Hatfield		1:02.89	30.84	32.05
11.	Helen POWLEY	17 teamipswich		1:02.99	30.79	32.20
12.	Natasha BROWN	16 Hatfield		1:03.21	30.28	32.93
13.	Anne BOCHMANN	13 UEA Norwich		1:03.23	31.10	32.13
14.	Laura INGLESON	15 UEA Norwich		1:03.30	30.97	32.33
15.	Catherine MARKWELL	25 UEA Norwich		1:03.41	30.64	32.77
16.	Ann-Louise KNAPMAN	16 Hatfield		1:03.45	30.79	32.66
17.	Georgia INGLESON	15 UEA Norwich		1:03.58	31.12	32.46
18.	Alice TENNANT	13 Deben		1:03.60	30.52	33.08
19.	Alex HUSTON	14 St Felix Sch		1:03.66	31.33	32.33
20.	Sophie POOLE	16 teamipswich		1:03.78	31.21	32.57
21.	Sarah SWINDELL	13 Hatfield		1:04.09	30.88	33.21
22.	Charlotte CLARIDGE	12 Hatfield		1:04.37	30.85	33.52
23.	Fenella FOSKETT	14 Deben		1:04.41	31.54	32.87
24.	Louise KENDALL	16 Harlow Pen		1:04.43	31.33	33.10
25.	Harriet BRETTL	14 Mid Beds		1:04.44	31.22	33.22
26.	Emma GAME	21 Cambridge Un		1:04.52	30.51	34.01
27.	Laura Fae WEST	16 Hitchin		1:04.62	30.67	33.95
28.	Samantha BERRY	16 teamipswich		1:04.72	31.73	32.99
29.	Danielle LEE	14 Mid Beds		1:04.85	30.88	33.97
30.	Hannah RAINE	16 Mid Beds		1:05.01	31.80	33.21
31.	Hannah MOUNSEY	15 Kings Lynn		1:05.08	31.57	33.51
32.	Rebecca WARNER	17 Modernians		1:05.15	31.82	33.33
33.	Hannah NASH	16 UEA Norwich		1:05.16	31.70	33.46
34.	Helen BALDRANCE	17 Mid Beds		1:05.26	31.30	33.96
35.	Nicola MACKIE	18 Modernians		1:05.50	31.62	33.88
36.	Louise KING	15 Mid Beds		1:05.60	32.13	33.47
37.	Catriona I WALKER	17 Lowestoft &		1:05.67	32.23	33.44
38.	Charlotte HAINES	17 Co Cambridge		1:05.79	31.50	34.29
38.	Kirsty EDWARDS	17 Luton		1:05.79	31.78	34.01
40.	Bethany COGGINS	12 UEA Norwich		1:05.85	31.85	34.00
41.	Charlotte LENNOX	17 Hatfield		1:06.24	32.05	34.19
42.	Katie ALLEN	14 Modernians		1:06.25	31.46	34.79
43.	Hannah OAKLEY-REID	15 Hatfield		1:06.34	31.84	34.50
44.	Emily PRIOR	15 Deben		1:06.50	32.65	33.85
45.	Charlotte AYRES	16 Modernians		1:06.81	32.11	34.70
46.	Becky WILKINSON	13 UEA Norwich		1:07.04	32.23	34.81
47.	Alex HARRISON	12 West Suffolk		1:07.12	32.02	35.10
48.	Amy GOILLAU	15 Epping For't		1:07.13	31.57	35.56
49.	Helen STRUTHERS	13 Co Cambridge		1:07.19	32.60	34.59
50.	Louise COX	17 Hemel Hemp		1:07.49	32.65	34.84
51.	Lydia DECARVALHO	14 teamipswich		1:07.56	31.95	35.61
52.	Rebecca BOWDEN	16 Hemel Hemp		1:07.60	32.58	35.02
53.	Laura ADAMS	12 UEA Norwich		1:08.14	32.63	35.51
54.	Lauren STEADMAN	13 Huntingdon	9	1:16.99	36.08	40.91

### 15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100
1.	Ceri UNWIN	15 Hatfield		1:01.41	30.44	30.97
2.	Rebecca READER	14 teamipswich		1:01.97	30.51	31.46
3.	Cara PURVIS	15 Hatfield		1:02.14	30.08	32.06
4.	Hannah JOHN	15 Kings Lynn		1:02.22	30.07	32.15
5.	Alex SEAL	15 teamipswich		1:02.24	30.90	31.34
6.	Sophie M CHAMBERLAIN	14 Lowestoft &		1:02.46	30.00	32.46
7.	Rebecca WETTEN	13 St Felix Sch		1:02.71	30.49	32.22
8.	Anne BOCHMANN	13 UEA Norwich		1:03.23	31.10	32.13
9.	Laura INGLESON	15 UEA Norwich		1:03.30	30.97	32.33
10.	Georgia INGLESON	15 UEA Norwich		1:03.58	31.12	32.46
11.	Alice TENNANT	13 Deben		1:03.60	30.52	33.08



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12.	Alex HUSTON	14	St Felix Sch	1:03.66	31.33	32.33
13.	Sarah SWINDELL	13	Hatfield	1:04.09	30.88	33.21
14.	Charlotte CLARIDGE	12	Hatfield	1:04.37	30.85	33.52
15.	Fenella FOSKETT	14	Deben	1:04.41	31.54	32.87
16.	Harriet BRETTE	14	Mid Beds	1:04.44	31.22	33.22
17.	Danielle LEE	14	Mid Beds	1:04.85	30.88	33.97
18.	Hannah MOUNSEY	15	Kings Lynn	1:05.08	31.57	33.51
19.	Louise KING	15	Mid Beds	1:05.60	32.13	33.47
20.	Bethany COGGINS	12	UEA Norwich	1:05.85	31.85	34.00
21.	Katie ALLEN	14	Modernians	1:06.25	31.46	34.79
22.	Hannah OAKLEY-REID	15	Hatfield	1:06.34	31.84	34.50
23.	Emily PRIOR	15	Deben	1:06.50	32.65	33.85
24.	Becky WILKINSON	13	UEA Norwich	1:07.04	32.23	34.81
25.	Alex HARRISON	12	West Suffolk	1:07.12	32.02	35.10
26.	Amy GOILLAU	15	Epping For't	1:07.13	31.57	35.56
27.	Helen STRUTHERS	13	Co Cambridge	1:07.19	32.60	34.59
28.	Lydia DECARVALHO	14	teamipswich	1:07.56	31.95	35.61
29.	Laura ADAMS	12	UEA Norwich	1:08.14	32.63	35.51
30.	Lauren STEADMAN	13	Huntingdon 9	1:16.99	36.08	40.91

## EVENT 302 Men's Open 200m Freestyle

### Open Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Chris WALKER-HEBBORN	16	West Suffolk	1:56.63	792	27.31	29.45	29.93
2.	Christopher CHENERY	16	Chelmsford	2:01.21	717	27.97	30.43	31.17
3.	Luke LARGE	17	Kings Lynn	2:02.59	696	27.30	30.33	31.96
4.	Samuel HEARD	17	UEA Norwich	2:02.63	695	28.99	31.76	31.36
5.	Brett FERGUSON	19	Hatfield	2:03.19	687	28.57	31.57	31.49
6.	Jonathan QUINN	16	Hatfield	2:03.88	677	28.67	31.18	31.37
7.	Bobby CAVE	16	Hatfield	2:04.19	672	28.55	31.17	32.62
8.	David PRICE	17	Epping For't	2:04.80	663	29.03	31.51	32.59
9.	Lawrence LOWMAN	17	Lowestoft &	2:04.86	662	29.26	31.55	32.05
10.	Andrew BIGLEY	15	teamipswich	2:04.90	662	30.00	32.10	31.76
11.	Lucas IRVING	16	Hatfield	2:05.11	659	28.91	31.70	32.74
12.	Richard HARRIS	16	St Felix Sch	2:05.47	654	28.75	31.90	32.56
13.	James LOCKYER	15	Hatfield	2:05.84	648	28.31	31.84	33.71
14.	Tom GILBERT	16	Chelmsford	2:05.97	647	29.25	31.89	32.72
15.	Benjamin SLEET	16	Chelmsford	2:06.16	644	28.58	31.83	32.71
16.	Sam SPAUL	16	UEA Norwich	2:06.37	641	28.95	31.27	33.07
17.	Adam MAXWELL	15	Hatfield	2:06.50	639	29.78	32.58	32.78
18.	Chris TAYLOR	16	teamipswich	2:06.63	637	28.91	32.47	32.69
19.	Benjamin PRESTON	18	Chelmsford	2:06.85	634	28.74	32.40	33.53
20.	Sean DOWNEY	18	Luton	2:06.96	633	29.87	32.89	33.74
21.	William BOOSEY	17	teamipswich	2:07.06	631	29.01	31.81	33.01
22.	Ray BUCKTON	19	Luton	2:07.11	631	29.90	32.56	33.21
23.	George SCOTHERN	16	Brentwood	2:07.13	630	28.93	32.07	33.42
23.	Thomas ROOTSEY	16	Colchester	2:07.13	630	29.03	32.44	33.45
25.	Michael VAN BERGEN	20	Epping For't	2:07.62	624	29.31	32.45	33.00
26.	Benjamin DAVIES	15	Deben	2:08.06	618	29.03	32.33	33.47
27.	Lewis KING	16	Hatfield	2:08.30	615	30.08	33.10	33.45
28.	Alistair KIRK	17	Modernians	2:08.34	614	29.20	33.01	32.98
29.	Douglas GORDON	16	West Suffolk	2:08.68	610	28.85	32.62	34.14
30.	Troy LYNCH	15	teamipswich	2:08.81	608	29.67	32.44	34.29
31.	Dean WOODCOCK	14	Chelmsford	2:09.03	605	29.65	32.69	33.74
32.	Tommy BOCHMANN	17	UEA Norwich	2:09.09	604	30.52	33.32	33.52
33.	Adam INGLEDEW	13	Mid Beds	2:09.81	595	29.57	33.09	33.76
34.	Matthew KING	15	Hatfield	2:09.93	593	29.43	33.71	34.56
35.	Callum CANDY	13	Hatfield	2:09.94	593	30.38	32.90	33.97
36.	Aaron LYNCH	12	Stowmarket	2:10.11	591	30.07	32.70	34.17
37.	Nicholas THOMPSON	14	UEA Norwich	2:10.14	590	29.86	33.12	34.53
38.	James SUTHERLAND	14	Hatfield	2:10.26	589	29.09	32.79	34.04
39.	Michael PUGH	17	teamipswich	2:10.30	588	30.31	33.57	33.83
40.	Karl JACKSON	17	Kings Lynn	2:10.72	583	30.13	33.65	34.27
41.	Luke J DE MOYA	15	Co Peterboro	2:11.23	577	28.89	32.92	34.74
42.	Dale BROWN	18	Wisbech	2:12.84	557	30.07	33.70	34.94
43.	Ian EDMANS	17	Harlow Pen	2:12.98	555	30.01	34.51	34.80
44.	James CARLINE	16	Modernians	2:13.91	544	30.04	33.23	35.60
	James RUMBELOW	17	Co Cambridge	DNC				00.00

### 15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Andrew BIGLEY	15	teamipswich	2:04.90	662	30.00	32.10	31.76
2.	James LOCKYER	15	Hatfield	2:05.84	648	28.31	31.84	33.71
3.	Adam MAXWELL	15	Hatfield	2:06.50	639	29.78	32.58	32.78
4.	Benjamin DAVIES	15	Deben	2:08.06	618	29.03	32.33	33.47



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5.	Troy LYNCH	15	teamipswich	2:08.81	608	29.67	32.44	34.29	32.41
6.	Dean WOODCOCK	14	Chelmsford	2:09.03	605	29.65	32.69	33.74	32.95
7.	Adam INGLEDEW	13	Mid Beds	2:09.81	595	29.57	33.09	33.76	33.39
8.	Matthew KING	15	Hatfield	2:09.93	593	29.43	33.71	34.56	32.23
9.	Callum CANDY	13	Hatfield	2:09.94	593	30.38	32.90	33.97	32.69
10.	Aaron LYNCH	12	Stowmarket	2:10.11	591	30.07	32.70	34.17	33.17
11.	Nicholas THOMPSON	14	UEA Norwich	2:10.14	590	29.86	33.12	34.53	32.63
12.	James SUTHERLAND	14	Hatfield	2:10.26	589	29.09	32.79	34.04	34.34
13.	Luke J DE MOYA	15	Co Peterboro	2:11.23	577	28.89	32.92	34.74	34.68

## EVENT 303 Womens Open 50m Breaststroke

### Open Age Group - Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints
1.	Lauren STEADMAN	13 Huntingdon	9	50.06	458

### Open Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	Petra CHOMICZ	16 Kings Lynn		35.37
2.	Amy SWALLOW	15 teamipswich		35.60
3.	Claire BARRON	15 UEA Norwich		35.94
4.	Alex HARRISON	12 West Suffolk		37.26
5.	Karen KWOK	15 Modernians		37.58
6.	Jodie WANT	15 Harlow Pen		37.59
7.	Micha DAHER	14 Mid Beds		37.83
8.	Pippa TAPPIN	18 Hitchin		38.06
9.	Sarah SWINDELL	13 Hatfield		38.24
10.	Meg CRANE	16 UEA Norwich		38.39
11.	Carmen MALLET	14 Mid Beds		38.81
12.	Rebecca BOWDEN	16 Hemel Hemp		39.03
13.	Nicola SALMON	18 Hemel Hemp		39.67
14.	Kelly MURRAY	15 Sudbury		40.67
15.	Lauren STEADMAN	13 Huntingdon	9	50.06

### 15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	Amy SWALLOW	15 teamipswich		35.60
2.	Claire BARRON	15 UEA Norwich		35.94
3.	Alex HARRISON	12 West Suffolk		37.26
4.	Karen KWOK	15 Modernians		37.58
5.	Jodie WANT	15 Harlow Pen		37.59
6.	Micha DAHER	14 Mid Beds		37.83
7.	Sarah SWINDELL	13 Hatfield		38.24
8.	Carmen MALLET	14 Mid Beds		38.81
9.	Kelly MURRAY	15 Sudbury		40.67
10.	Lauren STEADMAN	13 Huntingdon	9	50.06

## EVENT 304 Men's Open 100m Breaststroke

### STRAIGHT FINAL

## EVENT 305 Women's Open 400m IM

### 15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
					250	300	350	400
1.	Anne BOCHMANN	13 UEA Norwich	5:05.18	782	34.17	38.25	39.71	37.23
					44.23	43.36	35.64	32.59
2.	Ceri UNWIN	15 Hatfield	5:05.31	781	32.93	37.19	40.07	40.04
					43.43	44.01	35.16	32.48
3.	Ellis JACKSON	12 St Felix Sch	5:09.80	753	33.74	37.78	39.16	38.27
					45.34	45.52	36.55	33.44
4.	Hannah JOHN	15 Kings Lynn	5:10.07	751	32.38	36.94	41.49	40.72
					44.08	44.77	35.89	33.80
5.	Kaz MELVIN	15 Harlow Pen	5:15.85	715	35.95	40.96	40.00	39.04
					45.17	44.68	36.00	34.05
6.	Sophie M CHAMBERLAIN	14 Lowestoft &	5:19.51	694	33.85	40.21	41.48	40.30
					45.74	46.26	36.31	35.36



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7.	Bethany COGGINS	12	UEA Norwich	5:21.43	683	33.38	38.40	42.94	41.49
						45.96	45.85	37.25	36.16
8.	Catherine HICKS	14	St Felix Sch	5:26.13	657	34.45	38.01	42.59	42.40
						47.59	48.60	37.30	35.19
9.	Eleanor A HAYNES	15	teamipswich	5:27.34	650	33.43	40.71	42.91	41.33
						45.87	48.06	38.95	36.08
10.	Laura ADAMS	12	UEA Norwich	5:29.49	638	35.38	41.02	42.92	40.67
						48.65	48.13	36.94	35.78
11.	Georgina HUNT	14	Thurrock Swi	5:35.44	607	35.71	42.26	43.91	42.39
						46.87	47.44	38.61	38.25
12.	Briony LOWE	14	Lowestoft &	5:36.27	603	34.17	41.40	44.82	44.16
						47.08	49.89	37.11	37.64
13.	Megan LANGRIDGE	13	Thurrock Swi	5:37.02	599	35.56	39.19	42.90	41.31
						50.30	49.95	39.82	37.99

## Open Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200	
					250	300	350	400	
1.	Anne BOCHMANN	13	UEA Norwich	5:05.18	782	34.17	38.25	39.71	37.23
						44.23	43.36	35.64	32.59
2.	Ceri UNWIN	15	Hatfield	5:05.31	781	32.93	37.19	40.07	40.04
						43.43	44.01	35.16	32.48
3.	Ellis JACKSON	12	St Felix Sch	5:09.80	753	33.74	37.78	39.16	38.27
						45.34	45.52	36.55	33.44
4.	Hannah JOHN	15	Kings Lynn	5:10.07	751	32.38	36.94	41.49	40.72
						44.08	44.77	35.89	33.80
5.	Petra CHOMICZ	16	Kings Lynn	5:15.84	715	33.86	38.28	41.63	42.14
						42.29	43.93	38.08	35.63
6.	Kaz MELVIN	15	Harlow Pen	5:15.85	715	35.95	40.96	40.00	39.04
						45.17	44.68	36.00	34.05
7.	Sophie M CHAMBERLAIN	14	Lowestoft &	5:19.51	694	33.85	40.21	41.48	40.30
						45.74	46.26	36.31	35.36
8.	Bethany COGGINS	12	UEA Norwich	5:21.43	683	33.38	38.40	42.94	41.49
						45.96	45.85	37.25	36.16
9.	Catherine HICKS	14	St Felix Sch	5:26.13	657	34.45	38.01	42.59	42.40
						47.59	48.60	37.30	35.19
10.	Jessica FORD	16	Thurrock Swi	5:26.23	656	35.96	42.79	42.30	42.11
						45.19	46.50	37.26	34.12
11.	Eleanor A HAYNES	15	teamipswich	5:27.34	650	33.43	40.71	42.91	41.33
						45.87	48.06	38.95	36.08
12.	Hannah RAINE	16	Mid Beds	5:28.32	645	35.30	40.70	43.02	41.71
						46.49	46.56	38.03	36.51
13.	Laura ADAMS	12	UEA Norwich	5:29.49	638	35.38	41.02	42.92	40.67
						48.65	48.13	36.94	35.78
14.	Rebecca MILES	19	Hatfield	5:29.52	638	34.76	39.71	43.45	42.30
						46.56	47.97	37.98	36.79
15.	Georgina HUNT	14	Thurrock Swi	5:35.44	607	35.71	42.26	43.91	42.39
						46.87	47.44	38.61	38.25
16.	Briony LOWE	14	Lowestoft &	5:36.27	603	34.17	41.40	44.82	44.16
						47.08	49.89	37.11	37.64
17.	Megan LANGRIDGE	13	Thurrock Swi	5:37.02	599	35.56	39.19	42.90	41.31
						50.30	49.95	39.82	37.99
18.	Laura Fae WEST	16	Hitchin	5:45.07	560	34.52	41.26	44.84	45.49
						50.45	52.26	38.26	37.99

## EVENT 306 Men's Open 100m Butterfly

### Open Age Group

Place	Name	AaD Club	Time	GB Pts	50	100
1.	Chris WALKER-HEBBORN	16	West Suffolk	59.51	707	28.08
2.	Matthew EDWARDS	20	Kings Lynn	59.75	699	27.84
3.	Mark D STEVENS	16	Deben	1:00.54	675	28.36
4.	Roberto PAVONI	15	Brentwood	1:00.86	666	28.53
5.	James ALLCHORNE	17	Hatfield	1:00.94	663	28.41
5.	Kouji URATA	16	Hatfield	1:00.94	663	28.53
7.	David WHEELER	22	Modernians	1:02.11	630	28.39
8.	Christopher SMITH	18	Lowestoft &	1:02.12	629	28.63
9.	Alexander LODGE	16	Hatfield	1:02.38	622	28.48
10.	Geoffrey J SHORT	19	Bishop Stort	1:03.04	604	28.53
11.	Samuel HEARD	17	UEA Norwich	1:03.38	595	30.17
12.	Andrew BIGLEY	15	teamipswich	1:03.61	589	30.28
13.	Aaron GALVANI	15	Hatfield	1:03.79	584	30.15
14.	Lewis COLEMAN	14	teamipswich	1:03.85	583	30.01
15.	Steve BROOKS	16	Huntingdon	1:04.42	568	29.66
16.	Tristan HAMPSON	18	Modernians	1:04.79	559	29.94



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17.	Mark LEAMON	19	UEA Norwich	1:04.92	555	29.86	35.06
18.	Sean DOWNEY	18	Luton	1:05.03	553	29.97	35.06
19.	Thomas ROOTSEY	16	Colchester	1:05.10	551	30.52	34.58
20.	Sean BROWN	14	Hatfield	1:05.54	540	31.04	34.50
21.	Tom GILBERT	16	Chelmsford	1:05.86	533	30.73	35.13
22.	David PRICE	17	Epping For't	1:06.29	523	30.21	36.08
23.	Thomas BURLEY	15	Harlow Pen	1:06.30	522	30.03	36.27
24.	William BOOSEY	17	teamipswich	1:06.34	521	30.30	36.04
25.	James LOCKYER	15	Hatfield	1:07.52	495	31.26	36.26
26.	Adam INGLEDEW	13	Mid Beds	1:08.94	464	31.41	37.53
	Harry DOUGLAS	15	Co Cambridge	DNC			
	Sam MUNKLEY	15	Hertsmere	DQ	ST-		

## 15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	
1.	Roberto PAVONI	15	Brentwood	1:00.86	666	28.53	32.33
2.	Andrew BIGLEY	15	teamipswich	1:03.61	589	30.28	33.33
3.	Aaron GALVANI	15	Hatfield	1:03.79	584	30.15	33.64
4.	Lewis COLEMAN	14	teamipswich	1:03.85	583	30.01	33.84
5.	Sean BROWN	14	Hatfield	1:05.54	540	31.04	34.50
6.	Thomas BURLEY	15	Harlow Pen	1:06.30	522	30.03	36.27
7.	James LOCKYER	15	Hatfield	1:07.52	495	31.26	36.26
8.	Adam INGLEDEW	13	Mid Beds	1:08.94	464	31.41	37.53
	Harry DOUGLAS	15	Co Cambridge	DNC			
	Sam MUNKLEY	15	Hertsmere	DQ	ST-		

## EVENT 307 Women's Open 100m Backstroke

### Open Age Group - Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50	100
1.	Lauren STEADMAN	13	Huntingdon	9	1:28.89	489	42.81 46.08

### Open Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100
1.	Dawn JASON	19	West Suffolk	1:10.65	34.63	36.02
2.	Laura INGLESON	15	UEA Norwich	1:10.79	34.63	36.16
3.	Natasha BROWN	16	Hatfield	1:10.91	34.63	36.28
4.	Kaz MELVIN	15	Harlow Pen	1:10.94	34.98	35.96
5.	Ann-Louise KNAPMAN	16	Hatfield	1:11.01	34.23	36.78
6.	Larrisa AYRES	13	Modernians	1:11.39	34.99	36.40
7.	Alex HUSTON	14	St Felix Sch	1:12.14	36.06	36.08
8.	Hazel PICKFORD	13	Hatfield	1:12.45	35.12	37.33
9.	Rebecca READER	14	teamipswich	1:12.55	35.40	37.15
10.	Charlotte HAINES	17	Co Cambridge	1:13.26	35.52	37.74
11.	Anne BOCHMANN	13	UEA Norwich	1:13.52	35.97	37.55
12.	Hannah NASH	16	UEA Norwich	1:14.25	36.02	38.23
13.	Harriet BRETTL	14	Mid Beds	1:14.31	35.79	38.52
14.	Sophie INGLESON	14	UEA Norwich	1:16.39	36.66	39.73
15.	Lauren STEADMAN	13	Huntingdon	9	1:28.89	42.81 46.08

### 15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100
1.	Laura INGLESON	15	UEA Norwich	1:10.79	34.63	36.16
2.	Kaz MELVIN	15	Harlow Pen	1:10.94	34.98	35.96
3.	Larrisa AYRES	13	Modernians	1:11.39	34.99	36.40
4.	Alex HUSTON	14	St Felix Sch	1:12.14	36.06	36.08
5.	Hazel PICKFORD	13	Hatfield	1:12.45	35.12	37.33
6.	Rebecca READER	14	teamipswich	1:12.55	35.40	37.15
7.	Anne BOCHMANN	13	UEA Norwich	1:13.52	35.97	37.55
8.	Harriet BRETTL	14	Mid Beds	1:14.31	35.79	38.52
9.	Sophie INGLESON	14	UEA Norwich	1:16.39	36.66	39.73
10.	Lauren STEADMAN	13	Huntingdon	9	1:28.89	42.81 46.08

## EVENT 308 Men's Open 50m Backstroke

### Open Age Group

Place	Name	AaD Club	Time	GB Pts
1.	Chris WALKER-HEBBORN	16	West Suffolk	28.85 711
2.	Charles W WALKER	16	Co Peterboro	29.01 701
3.	John SARGENT	20	Hatfield	29.07 697
4.	Richard POWELL	25	Co Cambridge	29.31 682
5.	James CARLINE	16	Modernians	29.52 669
6.	Luke LARGE	17	Kings Lynn	29.58 665
7.	Tommy BOCHMANN	17	UEA Norwich	30.06 637
8.	David WHEELER	22	Modernians	30.37 619
9.	Steve BROOKS	16	Huntingdon	30.61 605



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10.	Douglas KERR	18	Mid Beds	30.64	604
11.	Jack WEATHERITT	18	St Ives	30.65	603
12.	James SUTHERLAND	14	Hatfield	30.83	593
13.	Geoffrey J SHORT	19	Bishop Stort	30.85	592
14.	Benjamin MATTHEWS	16	teamipswich	30.93	588
15.	Jazza CLENAGHAN	17	Chelmsford	31.07	580
16.	Adam BYFORD	17	Braintree	31.09	579
17.	David PRICE	17	Epping For't	31.28	569
18.	Stephen FISHER	15	Gt Yarmouth	31.44	561
19.	Mark LEAMON	19	UEA Norwich	31.84	541
20.	Chris TAYLOR	16	teamipswich	31.98	534
21.	Douglas GORDON	16	West Suffolk	32.48	510
22.	Christopher SMITH	18	Lowestoft &	32.55	507

## 15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts
1.	James SUTHERLAND	14 Hatfield	30.83	593
2.	Stephen FISHER	15 Gt Yarmouth	31.44	561

## EVENT 309 Women's Open 200m Butterfly

### Open Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Katie AMBRIDGE	16 Hatfield	2:22.85	744	32.44	35.92	36.88	37.61
2.	Rebecca WETTEN	13 St Felix Sch	2:26.99	690	32.91	37.69	38.52	37.87
3.	Krissie TAYLOR	17 Co Cambridge	2:30.72	645	33.65	38.28	39.31	39.48
4.	Ellis JACKSON	12 St Felix Sch	2:31.32	638	34.95	38.40	38.76	39.21
5.	Catherine HICKS	14 St Felix Sch	2:32.97	619	34.76	37.98	39.83	40.40
6.	Bethany COGGINS	12 UEA Norwich	2:33.16	617	33.57	39.65	39.69	40.25
7.	Megan LANGRIDGE	13 Thurrock Swi	2:33.36	614	34.94	39.18	39.63	39.61
8.	Laura ADAMS	12 UEA Norwich	2:36.35	582	35.42	39.08	41.81	40.04
9.	Kerriann CHIPPERFIELD	13 Thurrock Swi	2:38.85	556	34.35	40.09	41.82	42.59
10.	Louise KING	15 Mid Beds	2:40.44	540	33.88	40.86	42.94	42.76
11.	Anne BOCHMANN	13 UEA Norwich	2:40.96	535	36.05	41.32	42.26	41.33
	Hannah OAKLEY-REID	15 Hatfield	DNC					
	Hannah JOHN	15 Kings Lynn	DQ	SL-				

### 15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Rebecca WETTEN	13 St Felix Sch	2:26.99	690	32.91	37.69	38.52	37.87
2.	Ellis JACKSON	12 St Felix Sch	2:31.32	638	34.95	38.40	38.76	39.21
3.	Catherine HICKS	14 St Felix Sch	2:32.97	619	34.76	37.98	39.83	40.40
4.	Bethany COGGINS	12 UEA Norwich	2:33.16	617	33.57	39.65	39.69	40.25
5.	Megan LANGRIDGE	13 Thurrock Swi	2:33.36	614	34.94	39.18	39.63	39.61
6.	Laura ADAMS	12 UEA Norwich	2:36.35	582	35.42	39.08	41.81	40.04
7.	Kerriann CHIPPERFIELD	13 Thurrock Swi	2:38.85	556	34.35	40.09	41.82	42.59
8.	Louise KING	15 Mid Beds	2:40.44	540	33.88	40.86	42.94	42.76
9.	Anne BOCHMANN	13 UEA Norwich	2:40.96	535	36.05	41.32	42.26	41.33
	Hannah OAKLEY-REID	15 Hatfield	DNC					
	Hannah JOHN	15 Kings Lynn	DQ	SL-				

## EVENT 310 Men's Open 200m IM

### Open Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Roberto PAVONI	15 Brentwood	2:17.52	694	29.19	34.74	39.90	33.69
2.	John SARGENT	20 Hatfield	2:17.72	692	29.52	34.09	41.03	33.08
3.	Lewis COLEMAN	14 teamipswich	2:18.31	684	30.35	36.42	39.78	31.76
4.	Bobby CAVE	16 Hatfield	2:18.39	683	30.29	35.92	40.39	31.79
5.	James ALLCHORNE	17 Hatfield	2:18.42	682	29.45	36.56	40.79	31.62
6.	George SCOTHERN	16 Brentwood	2:18.77	678	29.83	35.43	40.10	33.41
7.	Tommy BOCHMANN	17 UEA Norwich	2:22.02	636	30.50	35.60	41.18	34.74
8.	Benjamin SLEET	16 Chelmsford	2:22.43	631	29.68	36.95	42.56	33.24
9.	Dean WOODCOCK	14 Chelmsford	2:23.32	621	31.83	37.57	41.10	32.82
10.	Thomas ROOTSEY	16 Colchester	2:23.38	620	30.45	37.52	43.25	32.16
11.	Michael VAN BERGEN	20 Epping For't	2:23.52	618	31.45	36.81	42.17	33.09
12.	Jazza CLENAGHAN	17 Chelmsford	2:23.95	613	30.69	35.89	43.87	33.50
13.	Lewis KING	16 Hatfield	2:27.59	571	31.56	38.70	44.06	33.27
14.	Nicholas THOMPSON	14 UEA Norwich	2:28.39	562	33.69	38.82	42.21	33.67
15.	Michael PUGH	17 teamipswich	2:29.32	552	31.36	40.44	43.54	33.98
16.	Paul TITLEY	17 Mid Beds	2:30.39	541	31.98	37.17	45.01	36.23
17.	James LOCKYER	15 Hatfield	2:30.48	540	31.74	40.63	45.93	32.18
18.	Benjamin DAVIES	15 Deben	2:30.65	538	31.89	38.99	46.34	33.43
19.	Stephen FISHER	15 Gt Yarmouth	2:31.29	532	31.65	37.46	44.30	37.88



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20.	James SUTHERLAND	14	Hatfield	2:32.63	518	30.69	39.08	46.50	36.36
21.	Sam MUNKLEY	15	Hertsmere	2:37.77	469	31.54	42.60	48.07	35.56

## 15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200	
1.	Roberto PAVONI	15	Brentwood	2:17.52	694	29.19	34.74	39.90	33.69
2.	Lewis COLEMAN	14	teamipswich	2:18.31	684	30.35	36.42	39.78	31.76
3.	Dean WOODCOCK	14	Chelmsford	2:23.32	621	31.83	37.57	41.10	32.82
4.	Nicholas THOMPSON	14	UEA Norwich	2:28.39	562	33.69	38.82	42.21	33.67
5.	James LOCKYER	15	Hatfield	2:30.48	540	31.74	40.63	45.93	32.18
6.	Benjamin DAVIES	15	Deben	2:30.65	538	31.89	38.99	46.34	33.43
7.	Stephen FISHER	15	Gt Yarmouth	2:31.29	532	31.65	37.46	44.30	37.88
8.	James SUTHERLAND	14	Hatfield	2:32.63	518	30.69	39.08	46.50	36.36
9.	Sam MUNKLEY	15	Hertsmere	2:37.77	469	31.54	42.60	48.07	35.56

## EVENT 311 Women's Open 400m Freestyle (HDW)

### 15 Yrs/Under Age Group - Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50	100	150	200	
						250	300	350	400	
1.	Lauren STEADMAN	13	Huntingdon	9	6:02.13	387	39.60	45.24	47.17	46.67
						46.72	46.34	45.90	44.49	

### 15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150	200	
					250	300	350	400	
1.	Ceri UNWIN	15	Hatfield	4:28.66	30.53	33.34	33.82	34.23	
					34.26	34.65	34.63	33.20	
2.	Ellis JACKSON	12	St Felix Sch	4:40.32	32.67	35.45	35.31	35.72	
					35.36	36.09	35.95	33.77	
3.	Cara PURVIS	15	Hatfield	4:40.55	32.36	35.95	35.62	35.88	
					35.67	36.52	35.51	33.04	
4.	Harriet BRETTE	14	Mid Beds	4:40.59	32.37	36.07	35.34	35.93	
					35.57	36.59	35.63	33.09	
5.	Laura INGLES	15	UEA Norwich	4:42.75	32.66	35.47	36.08	36.36	
					35.42	35.79	36.00	34.97	
6.	Molly EPSLY	13	Thurrock Swi	4:42.79	33.59	35.50	35.50	35.76	
					35.95	36.07	35.94	34.48	
7.	Sophie M CHAMBERLAIN	14	Lowestoft &	4:43.12	32.29	36.37	36.33	36.67	
					35.76	36.03	35.62	34.05	
8.	Shannon HARROLD	15	Thurrock Swi	4:45.28	33.62	35.70	36.10	35.86	
					36.05	36.58	36.23	35.14	
9.	Charlotte CLARIDGE	12	Hatfield	4:46.00	33.60	35.67	36.17	36.45	
					36.54	36.45	36.25	34.87	
10.	Laura ADAMS	12	UEA Norwich	4:46.73	33.17	36.23	36.45	36.89	
					36.04	36.29	36.07	35.59	
11.	Hannah JOHN	15	Kings Lynn	4:48.41	32.67	34.96	36.01	36.67	
					36.55	37.29	37.51	36.75	
12.	Anne BOCHMANN	13	UEA Norwich	4:50.89	32.04	35.41	36.52	37.28	
					37.22	37.76	37.95	36.71	
13.	Fenella FOSKETT	14	Deben	4:52.17	33.78	37.32	37.33	37.58	
					37.36	37.79	37.21	33.80	
14.	Briony LOWE	14	Lowestoft &	4:52.85	32.68	35.32	36.63	37.89	
					37.52	37.88	38.10	36.83	
15.	Bethany COGGINS	12	UEA Norwich	4:53.92	33.91	37.11	37.54	37.91	
					36.65	37.37	37.31	36.12	
16.	Alice TENNANT	13	Deben	4:54.65	31.93	36.70	37.66	38.20	
					37.94	38.76	38.22	35.24	
17.	Louise KING	15	Mid Beds	4:55.42	34.52	38.38	36.85	37.90	
					36.75	37.94	37.52	35.56	
18.	Hannah MOUNSEY	15	Kings Lynn	4:56.40	34.00	37.68	38.28	38.18	
					37.75	38.07	36.94	35.50	
19.	Emily PRIOR	15	Deben	5:00.94	33.92	36.87	37.73	38.33	
					38.33	38.99	38.64	38.13	
20.	Gabrielle BRASIER	13	UEA Norwich	5:02.43	33.49	36.87	38.31	38.82	
					38.19	39.63	39.42	37.70	
21.	Laura PATTERN	14	Wisbech	5:03.16	32.56	37.06	38.29	39.37	
					39.26	39.94	39.14	37.54	
22.	Lauren STEADMAN	13	Huntingdon	9	6:02.13	39.60	45.24	47.17	46.67
					46.72	46.34	45.90	44.49	



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## Open Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50 250	100 300	150 350	200 400
1.	Ceri UNWIN	15 Hatfield		4:28.66	30.53	33.34	33.82	34.23
					34.26	34.65	34.63	33.20
2.	Dawn JASON	19 West Suffolk		4:34.34	31.56	34.41	34.71	35.25
					34.79	35.13	34.71	33.78
3.	Krissie TAYLOR	17 Co Cambridge		4:37.60	32.46	34.93	35.61	35.46
					35.54	35.23	35.27	33.10
4.	Petra CHOMICZ	16 Kings Lynn		4:38.49	32.46	34.64	35.17	35.28
					35.21	35.93	35.90	33.90
5.	Ellis JACKSON	12 St Felix Sch		4:40.32	32.67	35.45	35.31	35.72
					35.36	36.09	35.95	33.77
6.	Cara PURVIS	15 Hatfield		4:40.55	32.36	35.95	35.62	35.88
					35.67	36.52	35.51	33.04
7.	Harriet BRETTE	14 Mid Beds		4:40.59	32.37	36.07	35.34	35.93
					35.57	36.59	35.63	33.09
8.	Laura INGLESON	15 UEA Norwich		4:42.75	32.66	35.47	36.08	36.36
					35.42	35.79	36.00	34.97
9.	Molly EPSLY	13 Thurrock Swi		4:42.79	33.59	35.50	35.50	35.76
					35.95	36.07	35.94	34.48
10.	Sophie M CHAMBERLAIN	14 Lowestoft &		4:43.12	32.29	36.37	36.33	36.67
					35.76	36.03	35.62	34.05
11.	Natalie SMITH	17 Hatfield		4:43.48	32.21	34.87	35.76	36.25
					36.08	36.46	36.73	35.12
12.	Shannon HARROLD	15 Thurrock Swi		4:45.28	33.62	35.70	36.10	35.86
					36.05	36.58	36.23	35.14
13.	Louise KENDALL	16 Harlow Pen		4:45.59	33.05	36.01	36.77	36.43
					36.25	36.51	36.27	34.30
14.	Charlotte CLARIDGE	12 Hatfield		4:46.00	33.60	35.67	36.17	36.45
					36.54	36.45	36.25	34.87
15.	Laura ADAMS	12 UEA Norwich		4:46.73	33.17	36.23	36.45	36.89
					36.04	36.29	36.07	35.59
16.	Hannah JOHN	15 Kings Lynn		4:48.41	32.67	34.96	36.01	36.67
					36.55	37.29	37.51	36.75
17.	Sophie POOLE	16 teamipswich		4:50.14	33.11	36.49	37.21	37.11
					37.21	37.23	36.65	35.13
18.	Anne BOCHMANN	13 UEA Norwich		4:50.89	32.04	35.41	36.52	37.28
					37.22	37.76	37.95	36.71
19.	Catriona I WALKER	17 Lowestoft &		4:51.86	33.90	36.02	37.27	37.67
					37.01	36.73	37.71	35.55
20.	Charlotte HAINES	17 Co Cambridge		4:51.97	32.71	36.11	36.81	37.16
					36.96	37.27	37.99	36.96
21.	Fenella FOSKETT	14 Deben		4:52.17	33.78	37.32	37.33	37.58
					37.36	37.79	37.21	33.80
22.	Briony LOWE	14 Lowestoft &		4:52.85	32.68	35.32	36.63	37.89
					37.52	37.88	38.10	36.83
23.	Bethany COGGINS	12 UEA Norwich		4:53.92	33.91	37.11	37.54	37.91
					36.65	37.37	37.31	36.12
24.	Alice TENNANT	13 Deben		4:54.65	31.93	36.70	37.66	38.20
					37.94	38.76	38.22	35.24
25.	Louise KING	15 Mid Beds		4:55.42	34.52	38.38	36.85	37.90
					36.75	37.94	37.52	35.56
26.	Laura Fae WEST	16 Hitchin		4:55.64	33.33	37.32	37.92	38.55
					37.13	37.92	37.35	36.12
27.	Hannah MOUNSEY	15 Kings Lynn		4:56.40	34.00	37.68	38.28	38.18
					37.75	38.07	36.94	35.50
28.	Georgina BAXTER	16 Chelmsford		4:56.88	33.37	36.62	37.60	37.86
					37.77	38.29	38.02	37.35
29.	Emily PRIOR	15 Deben		5:00.94	33.92	36.87	37.73	38.33
					38.33	38.99	38.64	38.13
30.	Gabrielle BRASIER	13 UEA Norwich		5:02.43	33.49	36.87	38.31	38.82
					38.19	39.63	39.42	37.70
31.	Laura PATTERN	14 Wisbech		5:03.16	32.56	37.06	38.29	39.37
					39.26	39.94	39.14	37.54
32.	Stephanie ROBERTS	18 Modernians		5:04.70	33.96	36.74	37.52	38.98
					38.82	39.38	39.97	39.33
33.	Lauren STEADMAN	13 Huntingdon	9	6:02.13	39.60	45.24	47.17	46.67
					46.72	46.34	45.90	44.49



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## EVENT 312 Men's Open 50m Freestyle

### Open Age Group

Place	Name	AaD Club	Time	GB Pts
1.	James LAWTON	19 UEA Norwich	24.66	746
2.	Matthew VINTER	18 teamipswich	25.09	713
3.	Shaun HARRISON	27 Stowmarket	25.36	693
4.	Jonathan QUINN	16 Hatfield	25.70	668
4.	Ray BUCKTON	19 Luton	25.70	668
6.	Charles W WALKER	16 Co Peterboro	25.73	666
7.	Alexander BARKER	16 Kings Lynn	25.77	664
7.	Christopher SMITH	18 Lowestoft &	25.77	664
9.	Richard POWELL	25 Co Cambridge	25.89	655
10.	Benjamin PRESTON	18 Chelmsford	25.90	655
11.	Chris WALKER-HEBBORN	16 West Suffolk	25.93	652
12.	Luke LARGE	17 Kings Lynn	25.95	651
12.	David HARRISON	20 Stowmarket	25.95	651
14.	Stuart KIRK	18 Modernians	26.18	636
15.	Adam DUSZYNSKI	17 Stowmarket	26.19	635
15.	Sean DOWNEY	18 Luton	26.19	635
17.	Alexander LODGE	16 Hatfield	26.21	634
18.	Bobby CAVE	16 Hatfield	26.25	631
19.	David PRICE	17 Epping For't	26.36	624
20.	Christopher CHENERY	16 Chelmsford	26.41	620
21.	Troy LYNCH	15 teamipswich	26.52	613
22.	Geoffrey J SHORT	19 Bishop Stort	26.60	608
23.	William BOOSEY	17 teamipswich	26.65	605
24.	Luke J DE MOYA	15 Co Peterboro	26.67	604
25.	Mark LEAMON	19 UEA Norwich	26.69	602
25.	Ian EDMANS	17 Harlow Pen	26.69	602
27.	Richard HARRIS	16 St Felix Sch	26.82	594
28.	James LOCKYER	15 Hatfield	26.83	593
29.	Adam INGLEDEW	13 Mid Beds	26.85	592
30.	Karl JACKSON	17 Kings Lynn	26.90	589
31.	Aaron LYNCH	12 Stowmarket	26.93	587
32.	Gavin EDWARDS	19 Kings Lynn	26.94	587
33.	James SUTHERLAND	14 Hatfield	27.06	579
34.	Ryan CURRELL	17 Dunstable	27.12	576
35.	Chris TAYLOR	16 teamipswich	27.14	574
36.	Benjamin MATTHEWS	16 teamipswich	27.16	573
37.	Steve BROOKS	16 Huntingdon	27.17	573
38.	Adam MAXWELL	15 Hatfield	27.20	571
38.	Douglas GORDON	16 West Suffolk	27.20	571
40.	Lucas IRVING	16 Hatfield	27.21	570
41.	Adam JAMIESON	16 Mildenhall	27.29	565
42.	Thomas BURLEY	15 Harlow Pen	27.33	563
42.	James RUMBELOW	17 Co Cambridge	27.33	563
44.	Matthew KING	15 Hatfield	27.34	562
45.	Mark THOMPSON	17 Chatteris	27.44	557
46.	Tristan HAMPSON	18 Modernians	27.54	551
47.	Oliver CROSBY	15 Colchester	27.57	549
48.	Douglas KERR	18 Mid Beds	27.59	548
49.	Harry DOUGLAS	15 Co Cambridge	27.63	546
50.	Tom GILBERT	16 Chelmsford	27.70	542
51.	David DOWSETT	20 Mid Beds	27.76	538
52.	Alex PICKETT	16 Sudbury	28.07	521
53.	Sam MUNKLEY	15 Hertsmere	29.44	451

### 15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts
1.	Troy LYNCH	15 teamipswich	26.52	613
2.	Luke J DE MOYA	15 Co Peterboro	26.67	604
3.	James LOCKYER	15 Hatfield	26.83	593
4.	Adam INGLEDEW	13 Mid Beds	26.85	592
5.	Aaron LYNCH	12 Stowmarket	26.93	587
6.	James SUTHERLAND	14 Hatfield	27.06	579
7.	Adam MAXWELL	15 Hatfield	27.20	571
8.	Thomas BURLEY	15 Harlow Pen	27.33	563
9.	Matthew KING	15 Hatfield	27.34	562
10.	Oliver CROSBY	15 Colchester	27.57	549
11.	Harry DOUGLAS	15 Co Cambridge	27.63	546
12.	Sam MUNKLEY	15 Hertsmere	29.44	451



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## EVENT 313 Women's Open 200m Breaststroke

### Open Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Claire BARRON	15 UEA Norwich	2:48.42	674	38.39	43.44	43.68	42.91
2.	Petra CHOMICZ	16 Kings Lynn	2:52.16	635	38.25	43.34	44.95	45.62
3.	Kaz MELVIN	15 Harlow Pen	2:54.29	614	40.73	44.64	45.21	43.71
4.	Alex HARRISON	12 West Suffolk	2:55.77	599	39.85	45.59	46.62	43.71
5.	Meg CRANE	16 UEA Norwich	2:56.07	597	39.92	44.93	45.90	45.32
6.	Rebecca BOWDEN	16 Hemel Hemp	2:56.16	596	40.63	45.37	45.12	45.04
7.	Jessica FORD	16 Thurrock Swi	2:56.65	591	41.15	45.14	45.23	45.13
8.	Anne BOCHMANN	13 UEA Norwich	2:56.81	590	41.58	46.27	44.65	44.31
9.	Amy SWALLOW	15 teamipswich	2:58.58	573	40.77	46.32	46.61	44.88
10.	Georgina HUNT	14 Thurrock Swi	2:59.50	565	41.84	46.08	45.93	45.65
11.	Sophie M CHAMBERLAIN	14 Lowestoft &	2:59.66	563	41.38	45.94	46.56	45.78
12.	Pippa TAPPIN	18 Hitchin	3:00.90	552	39.62	45.92	47.54	47.82
13.	Micha DAHER	14 Mid Beds	3:01.70	545	40.28	46.33	47.89	47.20
14.	Charlotte LAMB	14 Thurrock Swi	3:02.80	536	41.46	47.23	47.76	46.35
15.	Nicola SALMON	18 Hemel Hemp	3:02.83	535	40.75	46.43	46.76	48.89
16.	Georgina BAXTER	16 Chelmsford	3:03.45	530	41.61	46.11	47.63	48.10
17.	Carmen MALLETT	14 Mid Beds	3:05.82	510	40.60	47.73	49.67	47.82

### 15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Claire BARRON	15 UEA Norwich	2:48.42	674	38.39	43.44	43.68	42.91
2.	Kaz MELVIN	15 Harlow Pen	2:54.29	614	40.73	44.64	45.21	43.71
3.	Alex HARRISON	12 West Suffolk	2:55.77	599	39.85	45.59	46.62	43.71
4.	Anne BOCHMANN	13 UEA Norwich	2:56.81	590	41.58	46.27	44.65	44.31
5.	Amy SWALLOW	15 teamipswich	2:58.58	573	40.77	46.32	46.61	44.88
6.	Georgina HUNT	14 Thurrock Swi	2:59.50	565	41.84	46.08	45.93	45.65
7.	Sophie M CHAMBERLAIN	14 Lowestoft &	2:59.66	563	41.38	45.94	46.56	45.78
8.	Micha DAHER	14 Mid Beds	3:01.70	545	40.28	46.33	47.89	47.20
9.	Charlotte LAMB	14 Thurrock Swi	3:02.80	536	41.46	47.23	47.76	46.35
10.	Carmen MALLETT	14 Mid Beds	3:05.82	510	40.60	47.73	49.67	47.82

## EVENT 314 Men's Open 200m Backstroke

### Open Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Chris WALKER-HEBBORN	16 West Suffolk	2:17.81	659	32.62	34.65	36.05	34.49
2.	John SARGENT	20 Hatfield	2:18.46	650	31.90	34.58	36.07	35.91
3.	Tommy BOCHMANN	17 UEA Norwich	2:18.47	650	32.27	35.89	35.18	35.13
4.	James CARLINE	16 Modernians	2:19.57	636	32.40	35.78	36.31	35.08
5.	Jazza CLENAGHAN	17 Chelmsford	2:21.66	610	32.87	36.06	36.05	36.68
6.	Tom GILBERT	16 Chelmsford	2:21.97	607	33.63	36.22	36.43	35.69
7.	Douglas GORDON	16 West Suffolk	2:23.62	587	32.84	36.30	37.85	36.63
8.	Thomas ROOTSEY	16 Colchester	2:24.28	580	33.52	36.90	37.70	36.16
9.	George SCOTHERN	16 Brentwood	2:24.76	574	33.80	35.96	38.00	37.00
10.	Paul TITLEY	17 Mid Beds	2:25.59	565	32.75	36.17	38.58	38.09
11.	Chris TAYLOR	16 teamipswich	2:28.90	529	34.45	38.14	38.67	37.64

## EVENT 315 Women's Open 50m Butterfly

### Open Age Group

Place	Name	AaD Club	Time	GB Pts
1.	Rebecca WARNER	17 Modernians	29.82	729
2.	Katie AMBRIDGE	16 Hatfield	30.19	706
3.	Samantha BERRY	16 teamipswich	30.45	690
4.	Rebecca WETTEN	13 St Felix Sch	31.41	634
5.	Kirsty EDWARDS	17 Luton	31.57	625
6.	Eleanor A HAYNES	15 teamipswich	31.87	609
7.	Alex SEAL	15 teamipswich	32.08	598
8.	Louise KING	15 Mid Beds	32.27	588
9.	Bethany COGGINS	12 UEA Norwich	32.65	569
10.	Sarah SWINDELL	13 Hatfield	32.77	563
11.	Hannah OAKLEY-REID	15 Hatfield	33.03	550
12.	Helen BALDRANCE	17 Mid Beds	33.06	549
13.	Mairi S WALKER	16 Lowestoft &	33.10	547
14.	Natasha BROWN	16 Hatfield	33.40	532
15.	Charlotte CLARIDGE	12 Hatfield	33.52	527
16.	Louise COX	17 Hemel Hemp	33.55	525



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17. Rebecca READER	14 teamipswich	33.64	521
18. Hannah NASH	16 UEA Norwich	33.67	520
19. Hannah MOUNSEY	15 Kings Lynn	33.83	513

## 15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts
1.	Rebecca WETTEN	13 St Felix Sch	31.41	634
2.	Eleanor A HAYNES	15 teamipswich	31.87	609
3.	Alex SEAL	15 teamipswich	32.08	598
4.	Louise KING	15 Mid Beds	32.27	588
5.	Bethany COGGINS	12 UEA Norwich	32.65	569
6.	Sarah SWINDELL	13 Hatfield	32.77	563
7.	Hannah OAKLEY-REID	15 Hatfield	33.03	550
8.	Charlotte CLARIDGE	12 Hatfield	33.52	527
9.	Rebecca READER	14 teamipswich	33.64	521
10.	Hannah MOUNSEY	15 Kings Lynn	33.83	513

## EVENT 316 Men's/Women's Open 1500m Freestyle (HDW)

### MENS 15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts	100	200	300	400	500
					600	700	800	900	1000
					1100	1200	1300	1400	1500
1.	Aaron GALVANI	15 Hatfield	17:05.09	702	1:04.49	1:08.93	1:08.69	1:08.18	1:08.62
					1:08.95	1:08.43	1:08.89	1:08.83	1:08.87
					1:09.04	1:09.00	1:08.79	1:09.22	1:06.16
2.	Tom A FREEMAN	14 Co Peterboro	17:21.15	674	1:05.24	1:09.52	1:09.54	1:10.25	1:09.99
					1:10.06	1:10.10	1:09.57	1:10.04	1:09.78
					1:10.22	1:10.16	1:10.27	1:09.66	1:06.75
3.	Nicholas THOMPSON	14 UEA Norwich	17:24.36	668	1:04.96	1:09.78	1:09.67	1:10.15	1:09.95
					1:10.36	1:09.81	1:10.53	1:10.55	1:10.92
					1:09.85	1:09.61	1:10.16	1:09.99	1:08.07
4.	Jordan BATE	14 UEA Norwich	17:52.36	621	1:07.06	1:11.16	1:11.62	1:11.62	1:12.52
					1:11.87	1:11.65	1:11.44	1:11.52	1:12.34
					1:12.09	1:11.96	1:12.53	1:11.71	1:11.27

### MENS Open Age Group

Place	Name	AaD Club	Time	GB Pts	100	200	300	400	500
					600	700	800	900	1000
					1100	1200	1300	1400	1500
1.	Jonathan QUINN	16 Hatfield	16:12.18	805	1:03.36	1:05.69	1:06.19	1:06.20	1:06.41
					1:03.77	1:04.97	1:05.02	1:05.05	1:05.38
					1:05.35	1:05.09	1:04.74	1:03.69	1:01.27
2.	Brett FERGUSON	19 Hatfield	16:16.39	797	1:03.30	1:05.75	1:06.22	1:06.20	1:06.43
					1:04.28	1:04.60	1:05.17	1:05.07	1:05.17
					1:05.42	1:05.15	1:05.05	1:04.59	1:03.99
3.	Samuel HEARD	17 UEA Norwich	16:45.29	739	1:03.94	1:06.46	1:06.48	1:06.82	1:06.84
					1:07.12	1:07.82	1:07.65	1:07.81	1:07.44
					1:07.51	1:07.59	1:07.64	1:07.94	1:06.23
4.	Lawrence LOWMAN	17 Lowestoft &	16:50.09	730	1:03.88	1:08.07	1:07.93	1:07.71	1:07.52
					1:08.04	1:07.81	1:07.29	1:07.12	1:07.43
					1:07.59	1:08.55	1:08.11	1:07.05	1:05.99
5.	Benjamin SLEET	16 Chelmsford	16:59.81	712	1:04.50	1:08.50	1:08.52	1:08.71	1:08.52
					1:08.32	1:08.48	1:08.75	1:08.22	1:08.52
					1:09.14	1:08.41	1:08.43	1:07.84	1:04.95
6.	Lucas IRVING	16 Hatfield	17:04.63	703	1:04.56	1:08.46	1:08.25	1:08.15	1:08.05
					1:09.08	1:09.38	1:08.85	1:08.14	1:08.41
					1:09.19	1:08.57	1:08.47	1:08.11	1:08.96
7.	Aaron GALVANI	15 Hatfield	17:05.09	702	1:04.49	1:08.93	1:08.69	1:08.18	1:08.62
					1:08.95	1:08.43	1:08.89	1:08.83	1:08.87
					1:09.04	1:09.00	1:08.79	1:09.22	1:06.16
8.	Sam SPAUL	16 UEA Norwich	17:05.14	702	1:06.38	1:10.24	1:09.65	1:08.98	1:09.05
					1:08.14	1:08.12	1:08.56	1:07.89	1:08.52
					1:08.31	1:08.59	1:08.43	1:08.32	1:05.96



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9.	Christopher CHENERY	16	Chelmsford	17:12.81	688	1:04.47 1:09.21 1:09.59	1:07.88 1:09.22 1:10.47	1:08.66 1:08.94 1:10.56	1:09.19 1:08.97 1:09.59	1:08.70 1:09.82 1:07.54
10.	Tom A FREEMAN	14	Co Peterboro	17:21.15	674	1:05.24 1:10.06 1:10.22	1:09.52 1:10.10 1:10.16	1:09.54 1:09.57 1:10.27	1:10.25 1:10.04 1:09.66	1:09.99 1:09.78 1:06.75
11.	Nicholas THOMPSON	14	UEA Norwich	17:24.36	668	1:04.96 1:10.36 1:09.85	1:09.78 1:09.81 1:09.61	1:09.67 1:10.53 1:10.16	1:10.15 1:10.55 1:09.99	1:09.95 1:10.92 1:08.07
12.	Lewis KING	16	Hatfield	17:25.89	665	1:05.86 1:09.86 1:10.24	1:09.63 1:10.39 1:10.67	1:09.92 1:09.82 1:10.61	1:09.91 1:10.12 1:11.18	1:09.84 1:10.22 1:07.62
13.	Lewis MATTIN	16	UEA Norwich	17:30.42	658	1:06.12 1:08.79 1:10.13	1:10.24 1:09.76 1:10.34	1:10.61 1:09.90 1:10.92	1:10.64 1:10.35 1:11.27	1:10.45 1:10.50 1:10.40
14.	Jordan BATE	14	UEA Norwich	17:52.36	621	1:07.06 1:11.87 1:12.09	1:11.16 1:11.65 1:11.96	1:11.62 1:11.44 1:12.53	1:11.62 1:11.52 1:11.71	1:12.52 1:12.34 1:11.27
15.	Matthew ANTUNES	17	Luton	18:04.24	602	1:07.32 1:12.88 1:13.14	1:10.90 1:13.57 1:13.14	1:11.41 1:13.20 1:13.12	1:12.25 1:13.69 1:12.78	1:12.67 1:13.61 1:10.56
16.	Dale BROWN	18	Wisbech	18:21.78	576	1:06.67 1:14.52 1:14.43	1:12.67 1:13.89 1:14.90	1:13.51 1:14.05 1:14.42	1:14.08 1:15.13 1:13.92	1:13.75 1:14.32 1:11.52

Adam BYFORD 17 Braintree DNC

## WOMENS 15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts	100	200	300	400	500
					600	700	800	900	1000
					1100	1200	1300	1400	1500
1.	Molly EPSLY	13 Thurrock Swi	18:21.43	720	1:10.54 1:14.31 1:14.24	1:13.28 1:13.94 1:13.96	1:13.05 1:14.28 1:14.42	1:13.24 1:13.60 1:14.05	1:14.12 1:14.07 1:10.33
2.	Shannon HARROLD	15 Thurrock Swi	18:21.82	719	1:10.82 1:14.07 1:14.30	1:13.41 1:14.13 1:14.17	1:12.99 1:14.39 1:13.67	1:13.36 1:13.95 1:13.79	1:13.75 1:14.23 1:10.79
3.	Catherine HICKS	14 St Felix Sch	18:37.15	693	1:10.19 1:15.00 1:14.91	1:14.21 1:14.43 1:15.29	1:14.22 1:14.77 1:15.16	1:14.68 1:14.78 1:15.52	1:14.97 1:14.90 1:14.12
4.	Alice MARCHANT	13 Luton	19:05.74	648	1:12.75 1:16.34 1:16.80	1:17.70 1:16.45 1:16.82	1:17.20 1:17.23 1:17.42	1:17.45 1:17.14 1:16.45	1:16.18 1:16.98 1:12.83
5.	Georgie H FREEMAN	12 Co Peterboro	19:16.48	631	1:10.65 1:17.61 1:17.56	1:16.00 1:17.10 1:18.43	1:17.18 1:17.26 1:19.14	1:17.79 1:17.23 1:18.96	1:17.63 1:17.19 1:16.75
6.	Gabrielle BRASIER	13 UEA Norwich	19:27.55	615	1:13.45 1:18.57 1:18.87	1:17.04 1:18.76 1:18.68	1:17.57 1:19.07 1:19.12	1:18.28 1:19.35 1:18.20	1:17.55 1:17.05 1:15.99
7.	Emma BACKHURST	15 Thurrock Swi	19:30.33	611	1:13.07 1:17.91 1:18.88	1:17.34 1:18.60 1:18.74	1:17.89 1:19.29 1:19.06	1:17.84 1:19.61 1:18.29	1:17.97 1:18.92 1:16.92
8.	Abbie WESTON	15 West Suffolk	19:30.38	611	1:12.74 1:17.72 1:19.44	1:17.17 1:18.78 1:19.16	1:17.73 1:19.84 1:19.94	1:18.08 1:19.61 1:19.16	1:18.07 1:17.74 1:15.20
9.	Eleanor VEASY	12 St Felix Sch	19:40.88	595	1:13.46 1:18.61 1:20.00	1:18.23 1:18.89 1:20.00	1:18.12 1:19.96 1:20.30	1:18.01 1:19.40 1:19.92	1:18.17 1:19.40 1:18.41



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10.	Jennifer REDMOND	13	teamipswich	19:41.65	594	1:14.53 1:19.48 1:18.58	1:18.27 1:19.27 1:20.02	1:17.71 1:19.64 1:19.28	1:18.58 1:19.94 1:19.95	1:18.51 1:20.22 1:17.67
11.	Emma JONES	13	Mid Beds	19:49.61	583	1:14.07 1:20.15 1:20.52	1:18.29 1:20.14 1:21.31	1:18.71 1:19.21 1:21.33	1:19.81 1:19.86 1:20.52	1:19.54 1:20.31 1:15.84
12.	Louise KING	15	Mid Beds	19:51.28	581	1:12.96 1:20.18 1:20.61	1:17.14 1:20.90 1:21.35	1:18.19 1:20.36 1:20.59	1:18.90 1:21.21 1:19.98	1:18.92 1:20.10 1:19.89
13.	Danielle LEE	14	Mid Beds	19:53.48	578	1:12.63 1:20.07 1:21.95	1:18.10 1:20.86 1:22.68	1:18.46 1:20.71 1:21.51	1:19.31 1:20.57 1:20.06	1:19.70 1:21.07 1:15.80
14.	Marina ESTEVE	14	St Felix Sch	19:54.51	576	1:12.35 1:20.32 1:21.17	1:18.00 1:20.68 1:20.62	1:18.64 1:21.21 1:20.20	1:19.58 1:21.66 1:19.67	1:20.33 1:22.03 1:18.05
15.	Laura PATTERN	14	Wisbech	19:56.45	574	1:16.85 1:19.62 1:21.71	1:20.86 1:19.42 1:21.14	1:21.27 1:19.67 1:19.11	1:21.04 1:19.72 1:18.68	1:20.49 1:21.15 1:15.72
16.	Heather RODWELL	12	teamipswich	20:09.35	556	1:14.40 1:21.72 1:23.08	1:19.37 1:22.57 1:22.66	1:19.12 1:20.94 1:22.43	1:20.99 1:22.53 1:20.60	1:19.84 1:21.95 1:17.15
17.	Charlotte BLACKSLEY	12	Luton	20:19.74	543	1:10.80 1:21.58 1:25.47	1:17.77 1:22.01 1:24.73	1:18.63 1:22.60 1:25.11	1:19.15 1:23.58 1:22.29	1:20.30 1:24.92 1:20.80
18.	Nina E WISEMAN	13	Bishop Stort	20:24.41	537	1:13.61 1:22.20 1:24.35	1:19.78 1:22.55 1:24.48	1:20.38 1:23.11 1:23.98	1:20.84 1:22.50 1:23.60	1:21.08 1:23.73 1:18.22
19.	Rosie ANTUNES	13	Luton	20:38.02	519	1:12.47 1:24.00 1:25.97	1:18.26 1:23.75 1:26.30	1:18.44 1:24.46 1:25.70	1:19.97 1:22.10 1:25.14	1:22.15 1:25.32 1:23.99

## WOMENS Open Age Group

Place	Name	AaD Club	Time	GB Pts	100	200	300	400	500
					600	700	800	900	1000
					1100	1200	1300	1400	1500
1.	Louise KENDALL	16	Harlow Pen	722	1:09.44 1:14.30 1:14.38	1:14.65 1:13.88 1:14.54	1:13.38 1:14.32 1:14.28	1:13.26 1:12.95 1:13.77	1:13.62 1:14.13 1:09.28
2.	Molly EPSLY	13	Thurrock Swi	720	1:10.54 1:14.31 1:14.24	1:13.28 1:13.94 1:13.96	1:13.05 1:14.28 1:14.42	1:13.24 1:13.60 1:14.05	1:14.12 1:14.07 1:10.33
3.	Shannon HARROLD	15	Thurrock Swi	719	1:10.82 1:14.07 1:14.30	1:13.41 1:14.13 1:14.17	1:12.99 1:14.39 1:13.67	1:13.36 1:13.95 1:13.79	1:13.75 1:14.23 1:10.79
4.	Catherine HICKS	14	St Felix Sch	693	1:10.19 1:15.00 1:14.91	1:14.21 1:14.43 1:15.29	1:14.22 1:14.77 1:15.16	1:14.68 1:14.78 1:15.52	1:14.97 1:14.90 1:14.12
5.	Alice MARCHANT	13	Luton	648	1:12.75 1:16.34 1:16.80	1:17.70 1:16.45 1:16.82	1:17.20 1:17.23 1:17.42	1:17.45 1:17.14 1:16.45	1:16.18 1:16.98 1:12.83
6.	Rebecca MILES	19	Hatfield	642	1:11.28 1:13.98 1:17.90	1:15.95 1:16.28 1:18.66	1:16.43 1:16.47 1:18.15	1:16.65 1:16.75 1:18.40	1:16.89 1:17.83 1:18.07
7.	Georgie H FREEMAN	12	Co Peterboro	631	1:10.65 1:17.61 1:17.56	1:16.00 1:17.10 1:18.43	1:17.18 1:17.26 1:19.14	1:17.79 1:17.23 1:18.96	1:17.63 1:17.19 1:16.75



# ASA East Region 2006 Long Course Championships

(Under ASA Laws & ASA Technical Rules)  
A Level One Licensed Meet - N<sup>o</sup>. ERX628



8.	Gabrielle BRASIER	13	UEA Norwich	19:27.55	615	1:13.45 1:18.57 1:18.87	1:17.04 1:18.76 1:18.68	1:17.57 1:19.07 1:19.12	1:18.28 1:19.35 1:18.20	1:17.55 1:17.05 1:15.99
9.	Emma BACKHURST	15	Thurrock Swi	19:30.33	611	1:13.07 1:17.91 1:18.88	1:17.34 1:18.60 1:18.74	1:17.89 1:19.29 1:19.06	1:17.84 1:19.61 1:18.29	1:17.97 1:18.92 1:16.92
10.	Abbie WESTON	15	West Suffolk	19:30.38	611	1:12.74 1:17.72 1:19.44	1:17.17 1:18.78 1:19.16	1:17.73 1:19.84 1:19.94	1:18.08 1:19.61 1:19.16	1:18.07 1:17.74 1:15.20
11.	Eleanor VEASY	12	St Felix Sch	19:40.88	595	1:13.46 1:18.61 1:20.00	1:18.23 1:18.89 1:20.00	1:18.12 1:19.96 1:20.30	1:18.01 1:19.40 1:19.92	1:18.17 1:19.40 1:18.41
12.	Jennifer REDMOND	13	teamipswich	19:41.65	594	1:14.53 1:19.48 1:18.58	1:18.27 1:19.27 1:20.02	1:17.71 1:19.64 1:19.28	1:18.58 1:19.94 1:19.95	1:18.51 1:20.22 1:17.67
13.	Emma JONES	13	Mid Beds	19:49.61	583	1:14.07 1:20.15 1:20.52	1:18.29 1:20.14 1:21.31	1:18.71 1:19.21 1:21.33	1:19.81 1:19.86 1:20.52	1:19.54 1:20.31 1:15.84
14.	Louise KING	15	Mid Beds	19:51.28	581	1:12.96 1:20.18 1:20.61	1:17.14 1:20.90 1:21.35	1:18.19 1:20.36 1:20.59	1:18.90 1:21.21 1:19.98	1:18.92 1:20.10 1:19.89
15.	Danielle LEE	14	Mid Beds	19:53.48	578	1:12.63 1:20.07 1:21.95	1:18.10 1:20.86 1:22.68	1:18.46 1:20.71 1:21.51	1:19.31 1:20.57 1:20.06	1:19.70 1:21.07 1:15.80
16.	Marina ESTEVE	14	St Felix Sch	19:54.51	576	1:12.35 1:20.32 1:21.17	1:18.00 1:20.68 1:20.62	1:18.64 1:21.21 1:20.20	1:19.58 1:21.66 1:19.67	1:20.33 1:22.03 1:18.05
17.	Laura PATTERN	14	Wisbech	19:56.45	574	1:16.85 1:19.62 1:21.71	1:20.86 1:19.42 1:21.14	1:21.27 1:19.67 1:19.11	1:21.04 1:19.72 1:18.68	1:20.49 1:21.15 1:15.72
18.	Hayley SKEET	16	West Suffolk	20:09.09	557	1:13.35 1:20.76 1:22.35	1:18.36 1:21.50 1:22.45	1:19.99 1:22.52 1:22.70	1:20.52 1:21.46 1:21.57	1:20.53 1:21.43 1:19.60
19.	Heather RODWELL	12	teamipswich	20:09.35	556	1:14.40 1:21.72 1:23.08	1:19.37 1:22.57 1:22.66	1:19.12 1:20.94 1:22.43	1:20.99 1:22.53 1:20.60	1:19.84 1:21.95 1:17.15
20.	Rachel FARLEY	16	Braintree	20:13.25	551	1:13.73 1:20.92 1:22.17	1:19.21 1:21.40 1:23.24	1:20.15 1:22.13 1:23.29	1:20.78 1:22.35 1:21.96	1:20.21 1:22.30 1:19.41
21.	Charlotte BLACKSLEY	12	Luton	20:19.74	543	1:10.80 1:21.58 1:25.47	1:17.77 1:22.01 1:24.73	1:18.63 1:22.60 1:25.11	1:19.15 1:23.58 1:22.29	1:20.30 1:24.92 1:20.80
22.	Nina E WISEMAN	13	Bishop Stort	20:24.41	537	1:13.61 1:22.20 1:24.35	1:19.78 1:22.55 1:24.48	1:20.38 1:23.11 1:23.98	1:20.84 1:22.50 1:23.60	1:21.08 1:23.73 1:18.22
23.	Rosie ANTUNES	13	Luton	20:38.02	519	1:12.47 1:24.00 1:25.97	1:18.26 1:23.75 1:26.30	1:18.44 1:24.46 1:25.70	1:19.97 1:22.10 1:25.14	1:22.15 1:25.32 1:23.99