



ASA East Region 2006 Long Course Championships

(Under ASA Laws & ASA Technical Rules)
A Level One Licensed Meet - N^o. ERX628



EVENT 401 FINAL OF EVENT 301 Women's Open 100m Freestyle

Place	Name	AaD Club	Time	GB Pts	50	100
1.	Katie AMBRIDGE	16 Hatfield	1:00.97	743	30.00	30.97
2.	Ceri UNWIN	15 Hatfield	1:01.03	741	29.97	31.06
3.	Rebecca READER	14 teamipswich	1:01.68	721	30.26	31.42
4.	Alex SEAL	15 teamipswich	1:02.24	704	30.59	31.65
5.	Sophie M CHAMBERLAIN	14 Lowestoft &	1:02.90	684	30.43	32.47
6.	Stephanie CALVER	16 teamipswich	1:03.03	680	30.96	32.07
7.	Cara PURVIS	15 Hatfield	1:03.15	677	30.04	33.11
8.	Hannah JOHN	15 Kings Lynn	1:03.75	660	30.72	33.03

EVENT 402 FINAL OF EVENT 302 Men's Open 200m Freestyle

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Jonathan QUINN	16 Hatfield	1:57.90	771	27.59	29.50	30.45	30.36
2.	Brett FERGUSON	19 Hatfield	1:59.88	738	27.77	29.82	30.78	31.51
3.	Luke LARGE	17 Kings Lynn	2:01.91	706	27.99	30.53	31.48	31.91
4.	Christopher CHENERY	16 Chelmsford	2:02.27	701	27.52	30.96	31.99	31.80
5.	Bobby CAVE	16 Hatfield	2:03.56	681	28.89	31.67	32.03	30.97
6.	Samuel HEARD	17 UEA Norwich	2:04.14	673	28.70	31.64	31.73	32.07
7.	Lawrence LOWMAN	17 Lowestoft &	2:04.63	666	29.06	31.93	31.87	31.77
8.	David PRICE	17 Epping For't	2:05.23	657	28.65	31.18	33.16	32.24

EVENT 403 FINAL OF EVENT 303 Women's Open 50m Breaststroke

Place	Name	AaD Club	Time	GB Pts
1.	Amy SWALLOW	15 teamipswich	35.43	723
2.	Petra CHOMICZ	16 Kings Lynn	35.66	711
3.	Claire BARRON	15 UEA Norwich	35.86	700
4.	Karen KWOK	15 Modernians	36.76	655
5.	Alex HARRISON	12 West Suffolk	37.37	626
6.	Micha DAHER	14 Mid Beds	37.68	612
7.	Pippa TAPPIN	18 Hitchin	38.00	597
8.	Jodie WANT	15 Harlow Pen	38.11	592

EVENT 404 FINAL OF EVENT 304 Men's Open 100m Breaststroke

Place	Name	AaD Club	Time	GB Pts	50	100
1.	Alan HESKINS	21 Modernians	1:07.72	748	31.67	36.05
2.	Lewis COLEMAN	14 teamipswich	1:09.64	695	32.96	36.68
3.	Jonathan QUINN	16 Hatfield	1:10.49	673	33.13	37.36
4.	David DOWSETT	20 Mid Beds	1:13.08	609	34.28	38.80
5.	Bobby CAVE	16 Hatfield	1:13.63	597	34.69	38.94
6.	Stephen FISHER	15 Gt Yarmouth	1:15.43	557	34.40	41.03
7.	James ALLCHORNE	17 Hatfield	1:19.17	483	37.31	41.86

EVENT 405 FINAL OF EVENT 306 Men's Open 100m Butterfly

Place	Name	AaD Club	Time	GB Pts	50	100
1.	Matthew EDWARDS	20 Kings Lynn	56.90	794	26.83	30.07
2.	Roberto PAVONI	15 Brentwood	59.57	705	28.20	31.37
3.	Mark D STEVENS	16 Deben	1:00.51	676	28.32	32.19
4.	James ALLCHORNE	17 Hatfield	1:00.65	672	28.28	32.37
5.	Kouji URATA	16 Hatfield	1:01.21	655	28.80	32.41
6.	David WHEELER	22 Modernians	1:01.85	637	29.00	32.85
7.	Christopher SMITH	18 Lowestoft &	1:03.28	598	28.89	34.39
8.	Alexander LODGE	16 Hatfield	1:03.36	595	28.30	35.06



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EVENT 406 FINAL OF EVENT 307 Women's Open 100m Backstroke

Place	Name	AaD Club	Time	GB Pts	50	100
1.	Kaz MELVIN	15 Harlow Pen	1:07.82	750	33.61	34.21
2.	Dawn JASON	19 West Suffolk	1:09.18	712	34.13	35.05
3.	Ann-Louise KNAPMAN	16 Hatfield	1:09.54	702	33.91	35.63
4.	Laura INGLESON	15 UEA Norwich	1:10.18	685	34.35	35.83
5.	Natasha BROWN	16 Hatfield	1:10.65	673	34.45	36.20
6.	Larrisa AYRES	13 Modernians	1:11.69	647	34.92	36.77
7.	Alex HUSTON	14 St Felix Sch	1:12.22	634	35.86	36.36
8.	Hazel PICKFORD	13 Hatfield	1:12.67	623	35.12	37.55

EVENT 407 FINAL OF EVENT 308 Men's Open 50m Backstroke

Place	Name	AaD Club	Time	GB Pts
1.	Chris WALKER-HEBBORN	16 West Suffolk	27.94	773
2.	John SARGENT	20 Hatfield	27.96	772
3.	Charles W WALKER	16 Co Peterboro	28.90	708
4.	James CARLINE	16 Modernians	29.27	685
5.	Richard POWELL	25 Co Cambridge	29.58	665
6.	Luke LARGE	17 Kings Lynn	29.87	648
7.	David WHEELER	22 Modernians	30.35	620
8.	Tommy BOCHMANN	17 UEA Norwich	30.40	617

EVENT 408 FINAL OF EVENT 309 Women's Open 200m Butterfly

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Katie AMBRIDGE	16 Hatfield	2:20.54	776	32.15	35.59	36.36	36.44
2.	Ellis JACKSON	12 St Felix Sch	2:26.93	691	33.50	37.05	38.06	38.32
3.	Krissie TAYLOR	17 Co Cambridge	2:27.71	681	33.00	37.70	38.43	38.58
4.	Rebecca WETTEN	13 St Felix Sch	2:27.88	679	33.01	37.44	38.77	38.66
5.	Bethany COGGINS	12 UEA Norwich	2:30.66	645	33.36	37.93	40.01	39.36
6.	Catherine HICKS	14 St Felix Sch	2:34.67	600	34.31	38.56	40.40	41.40
7.	Laura ADAMS	12 UEA Norwich	2:34.82	598	34.49	39.44	40.33	40.56
8.	Megan LANGRIDGE	13 Thurrock Swi	2:35.85	587	35.98	40.35	39.40	40.12

EVENT 409 FINAL OF EVENT 310 Men's Open 200m IM

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Roberto PAVONI	15 Brentwood	2:09.00	819	28.26	33.85	36.55	30.34
2.	James ALLCHORNE	17 Hatfield	2:16.72	705	28.80	36.33	40.63	30.96
3.	George SCOTHERN	16 Brentwood	2:18.27	684	29.66	35.60	40.01	33.00
4.	Bobby CAVE	16 Hatfield	2:18.29	684	30.88	36.40	32.90	38.11
5.	Benjamin SLEET	16 Chelmsford	2:19.32	671	29.14	35.90	42.50	31.78
6.	Lewis COLEMAN	14 teamipswich	2:20.82	651	30.53	36.71	40.46	33.12
7.	Dean WOODCOCK	14 Chelmsford	2:21.89	638	31.46	37.40	40.15	32.88
8.	Tommy BOCHMANN	17 UEA Norwich	2:28.40	562	32.67	36.83	43.17	35.73

EVENT 410 FINAL OF EVENT 312 Men's Open 50m Freestyle

Place	Name	AaD Club	Time	GB Pts
1.	James LAWTON	19 UEA Norwich	24.60	751
2.	Matthew VINTER	18 teamipswich	24.89	728
3.	Shaun HARRISON	27 Stowmarket	25.12	711
4.	Charles W WALKER	16 Co Peterboro	25.51	682
5.	Christopher SMITH	18 Lowestoft &	25.73	666
6.	Jonathan QUINN	16 Hatfield	25.81	661
7.	Alexander BARKER	16 Kings Lynn	26.00	648
8.	Richard POWELL	25 Co Cambridge	26.26	630



ASA East Region 2006 Long Course Championships

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EVENT 411 FINAL OF EVENT 313 Women's Open 200m Breaststroke

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Petra CHOMICZ	16 Kings Lynn	2:43.56	729	36.62	40.39	42.48	44.07
2.	Claire BARRON	15 UEA Norwich	2:45.88	702	37.36	42.19	42.99	43.34
3.	Kaz MELVIN	15 Harlow Pen	2:47.82	681	38.91	42.84	43.91	42.16
4.	Alex HARRISON	12 West Suffolk	2:54.61	611	39.27	44.32	46.46	44.56
5.	Anne BOCHMANN	13 UEA Norwich	2:55.33	604	39.45	45.01	45.37	45.50
6.	Rebecca BOWDEN	16 Hemel Hemp	2:55.60	601	40.15	44.69	45.53	45.23
7.	Jessica FORD	16 Thurrock Swi	2:57.68	581	40.73	45.53	46.07	45.35
	Meg CRANE	16 UEA Norwich	DQ	T-				

EVENT 412 FINAL OF EVENT 314 Men's Open 200m Backstroke

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Chris WALKER-HEBBORN	16 West Suffolk	2:05.87	834	30.03	31.96	32.63	31.25
2.	John SARGENT	20 Hatfield	2:08.02	799	29.80	32.21	32.86	33.15
3.	Tommy BOCHMANN	17 UEA Norwich	2:16.07	682	32.22	34.61	35.06	34.18
4.	James CARLINE	16 Modernians	2:16.76	672	31.45	34.68	35.69	34.94
5.	Jazza CLENAGHAN	17 Chelmsford	2:20.63	623	32.05	35.14	36.54	36.90
6.	Thomas ROOTSEY	16 Colchester	2:23.01	594	33.01	36.19	37.56	36.25
7.	Paul TITLEY	17 Mid Beds	2:27.14	548	32.77	36.34	37.89	40.14
8.	George SCOTHERN	16 Brentwood	2:27.41	545	33.89	36.19	38.50	38.83

EVENT 413 FINAL OF EVENT 315 Women's Open 50m Butterfly

Place	Name	AaD Club	Time	GB Pts
1.	Rebecca WARNER	17 Modernians	29.35	760
2.	Katie AMBRIDGE	16 Hatfield	30.08	713
3.	Samantha BERRY	16 teamipswich	30.48	688
4.	Rebecca WETTEN	13 St Felix Sch	31.32	639
5.	Alex SEAL	15 teamipswich	31.49	630
6.	Kirsty EDWARDS	17 Luton	31.71	618
7.	Eleanor A HAYNES	15 teamipswich	32.16	594
8.	Louise KING	15 Mid Beds	32.80	561

EVENT 414 Women's Open 800m Freestyle Team

Place	Name	A.G Club	Time	GB Pts	100	200	300	400
					500	600	700	800
1.	Hatfield SC A TEAM	Hatfield	8:54.82	760	1:04.16	1:06.89	1:03.93	1:10.06
	Katie AMBRIDGE				1:06.07	1:10.01	1:07.20	1:06.50
	Natalie SMITH				1:04.16	1:06.89	(2:11.05)	
	Cara PURVIS				1:03.93	1:10.06	(2:13.99)	
	Ceri UNWIN				1:06.07	1:10.01	(2:16.08)	
	UEA CoNorwich 1	UEA Norwich	9:11.82	700	1:07.20	1:06.50	(2:13.70)	
	Laura INGLESON				1:06.18	1:10.14	1:08.17	1:12.60
	Bethany COGGINS				1:05.75	1:10.87	1:06.49	1:11.62
	Claire BARRON				1:06.18	1:10.14	(2:16.32)	
	Anne BOCHMANN				1:08.17	1:12.60	(2:20.77)	
	Kings Lynn Warriors	Kings Lynn	9:16.12	686	1:05.75	1:10.87	(2:16.62)	
	Petra CHOMICZ				1:06.49	1:11.62	(2:18.11)	
	Ellie NEWELL				1:07.11	1:06.41	1:13.33	1:14.15
	Hannah MOUNSEY				1:08.90	1:14.52	1:04.25	1:07.45
	Hannah JOHN				1:07.11	1:06.41	(2:13.52)	
	Hatfield SC B TEAM	Hatfield	9:17.50	681	1:13.33	1:14.15	(2:27.48)	
	Sarah SWINDELL				1:08.90	1:14.52	(2:23.42)	
	Charlotte CLARIDGE				1:04.25	1:07.45	(2:11.70)	
	Hannah OAKLEY-REID				1:06.89	1:11.80	1:06.16	1:11.05
	Rebecca MILES				1:08.77	1:14.51	1:06.48	1:11.84
					1:06.89	1:11.80	(2:18.69)	
					1:06.16	1:11.05	(2:17.21)	
					1:08.77	1:14.51	(2:23.28)	
					1:06.48	1:11.84	(2:18.32)	



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EVENT 415 Men's Open 400m Freestyle Team

Place	Name	A.G Club	Time	GB Pts	50 250	100 300	150 350	200 400
1.	Hatfield SC A TEAM	Hatfield	3:40.92	736	26.99 26.15	29.06 28.95	26.14 26.08	28.79 28.76
	Alexander LODGE				26.99	29.06	(56.05)	
	John SARGENT				26.14	28.79	(54.93)	
	Brett FERGUSON				26.15	28.95	(55.10)	
	Jonathan QUINN				26.08	28.76	(54.84)	
2.	Stowmarket SC	Stowmarket	3:44.62	705	26.67 27.28	29.09 31.26	26.42 25.95	29.77 28.18
	David HARRISON				26.67	29.09	(55.76)	
	Adam DUSZYNSKI				26.42	29.77	(56.19)	
	James CHRISTOPHER				27.28	31.26	(58.54)	
	Shaun HARRISON				25.95	28.18	(54.13)	
3.	Modernians SC	Modernians	3:47.32	683	27.06 27.28	29.04 30.32	26.33 26.71	29.20 31.38
	Alan HESKINS				27.06	29.04	(56.10)	
	James CARLINE				26.33	29.20	(55.53)	
	David WHEELER				27.28	30.32	(57.60)	
	Stuart KIRK				26.71	31.38	(58.09)	
4.	Kings Lynn Warriors	Kings Lynn	3:47.37	682	26.79 27.52	29.36 30.80	26.16 27.09	29.79 29.86
	Luke LARGE				26.79	29.36	(56.15)	
	Gavin EDWARDS				26.16	29.79	(55.95)	
	Karl JACKSON				27.52	30.80	(58.32)	
	Alexander BARKER				27.09	29.86	(56.95)	
5.	UEA CoNorwich	UEA Norwich	3:47.45	682	27.86 27.60	29.72 30.20	27.47 26.24	30.36 28.00
	Samuel HEARD				27.86	29.72	(57.58)	
	Richard FREEMAN				27.47	30.36	(57.83)	
	Sam SPAUL				27.60	30.20	(57.80)	
	James LAWTON				26.24	28.00	(54.24)	
6.	Hatfield SC B TEAM	Hatfield	3:48.61	672	27.24 27.46	29.12 29.79	27.12 24.87	32.13 30.88
	James ALLCHORNE				27.24	29.12	(56.36)	
	James LOCKYER				27.12	32.13	(59.25)	
	Lucas IRVING				27.46	29.79	(57.25)	
	Bobby CAVE				24.87	30.88	(55.75)	
7.	teamipswich	teamipswich	3:50.54	657	27.67 28.14	29.36 30.29	27.76 27.13	29.91 30.28
	Konrad KORTH				27.67	29.36	(57.03)	
	William BOOSEY				27.76	29.91	(57.67)	
	Troy LYNCH				28.14	30.29	(58.43)	
	Lewis COLEMAN				27.13	30.28	(57.41)	
8.	Hatfield SC C TEAM	Hatfield	3:55.05	623	28.01 27.42	29.90 31.86	27.88 23.79	32.14 34.05
	Aaron GALVANI				28.01	29.90	(57.91)	
	James SUTHERLAND				27.88	32.14	(1.00.02)	
	Matthew KING				27.42	31.86	(59.28)	
9.	Mid Beds SS	Mid Beds	3:56.58	612	23.79 27.96 28.42	34.05 29.34 31.49	(57.84) 27.97 28.24	30.55 32.61
	Adam MAXWELL				23.79	34.05	(57.84)	
	Adam INGLEDEW				27.96	29.34	(57.30)	
	Nick METCALF				27.97	30.55	(58.52)	
	David DOWSETT				28.42	31.49	(59.91)	
	Paul TITLEY				28.24	32.61	(1.00.85)	



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EVENT 416 Women's Open 400m Medley Team

Place	Name	A.G Club	Time	GB Pts	50 250	100 300	150 350	200 400
1.	teamipswich	teamipswich	4:34.46	733	32.49 32.19	33.41 37.36	36.85 29.01	41.28 31.87
	Zoe CRAY				32.49	33.41	(1.05.90)	
	Amy SWALLOW				36.85	41.28	(1.18.13)	
	Abbie THORRINGTON				32.19	37.36	(1.09.55)	
	Rebecca READER				29.01	31.87	(1.00.88)	
2.	Hatfield SC A TEAM	Hatfield	4:37.37	713	34.49 30.68	36.93 34.22	38.19 29.59	41.31 31.96
	Ann-Louise KNAPMAN				34.49	36.93	(1.11.42)	
	Ceri UNWIN				38.19	41.31	(1.19.50)	
	Katie AMBRIDGE				30.68	34.22	(1.04.90)	
	Natalie SMITH				29.59	31.96	(1.01.55)	
3.	Kings Lynn Warriors	Kings Lynn	4:40.74	691	36.97 31.72	40.38 35.71	35.23 28.71	39.91 32.11
	Hannah MOUNSEY				36.97	40.38	(1.17.35)	
	Petra CHOMICZ				35.23	39.91	(1.15.14)	
	Hannah JOHN				31.72	35.71	(1.07.43)	
	Sarah VANDERLOO				28.71	32.11	(1.00.82)	
4.	UEA CoNorwich 1	UEA Norwich	4:41.95	683	34.55 33.00	37.15 38.41	36.20 29.65	40.92 32.07
	Laura INGLESON				34.55	37.15	(1.11.70)	
	Claire BARRON				36.20	40.92	(1.17.12)	
	Bethany COGGINS				33.00	38.41	(1.11.41)	
	Anne BOCHMANN				29.65	32.07	(1.01.72)	
5.	Hatfield SC B TEAM	Hatfield	4:51.16	626	34.66 34.80	36.15 39.65	38.61 30.42	44.12 32.75
	Natasha BROWN				34.66	36.15	(1.10.81)	
	Sarah SWINDELL				38.61	44.12	(1.22.73)	
	Charlotte CLARIDGE				34.80	39.65	(1.14.45)	
	Cara PURVIS				30.42	32.75	(1.03.17)	
6.	Mid Beds SS	Mid Beds	5:02.53	561	35.13 33.10	39.77 39.09	40.16 32.21	46.76 36.31
	Danielle LEE				35.13	39.77	(1.14.90)	
	Micha DAHER				40.16	46.76	(1.26.92)	
	Louise KING				33.10	39.09	(1.12.19)	
	Harriet BRETTLER				32.21	36.31	(1.08.52)	