



ASA East Region 2007 BAGCAT Championships

(Under ASA Laws & ASA Technical Rules)
A Level One Licensed Meet - N^o. ERX719 & 720



EVENT 401 Girls 11/13 Yrs 400m Free Team

| Place | Name | A.G Club | Time | BAG Pt | 50 | 100 | 150 | 200 |
|-------|-------------------------|--------------|---------|-----------|-------|---------|-------|-------|
| 1. | UEA City of Norwich SC | UEA Norwich | 4:11.19 | 710* | 30.70 | 34.00 | 30.60 | 32.71 |
| | Mimi BARR | 30.70 | 34.00 | (1.04.70) | 30.51 | 33.16 | 28.70 | 30.81 |
| | Bethany COGGINS | 30.60 | 32.71 | (1.03.31) | | | | |
| | Holly BATEMAN | 30.51 | 33.16 | (1.03.67) | | | | |
| | Anne BOCHMANN | 28.70 | 30.81 | (59.51) | | | | |
| 2. | Mid Beds 'A' | Mid Beds | 4:19.56 | 650* | 31.45 | 33.55 | 31.21 | 34.06 |
| | Rachel HOLLINGTON | 31.45 | 33.55 | (1.05.00) | 30.74 | 32.75 | 31.49 | 34.31 |
| | Charlotte BECK | 31.21 | 34.06 | (1.05.27) | | | | |
| | Yasmin BITHREY | 30.74 | 32.75 | (1.03.49) | | | | |
| | Ellie MASON | 31.49 | 34.31 | (1.05.80) | | | | |
| 3. | St Felix School SC (So) | St Felix Sch | 4:21.18 | 639* | | 1:03.33 | 30.94 | 34.86 |
| | Ellis JACKSON | | 1.03.33 | (1.03.33) | 31.46 | 34.96 | 31.22 | 34.41 |
| | Jenny THOMPSON | 30.94 | 34.86 | (1.05.80) | | | | |
| | Eleanor VEASY | 31.46 | 34.96 | (1.06.42) | | | | |
| | Pascale REEVES | 31.22 | 34.41 | (1.05.63) | | | | |
| 4. | Team Ipswich Swimming | teamipswich | 4:22.10 | 633* | 31.40 | 32.95 | 31.66 | 34.21 |
| | Coral YOUNG | 31.40 | 32.95 | (1.04.35) | 31.22 | 34.86 | 31.23 | 34.57 |
| | Charlotte BONNAR | 31.66 | 34.21 | (1.05.87) | | | | |
| | Jessica HARVEY | 31.22 | 34.86 | (1.06.08) | | | | |
| | Jasmine CROSS | 31.23 | 34.57 | (1.05.80) | | | | |
| 5. | Luton SC | Luton | 4:36.29 | 545* | 32.49 | 35.52 | 34.65 | 38.15 |
| | Mattaya NABARRO | 32.49 | 35.52 | (1.08.01) | 33.27 | 37.58 | 30.99 | 33.64 |
| | Hannah PARR | 34.65 | 38.15 | (1.12.80) | | | | |
| | Rosie ANTUNES | 33.27 | 37.58 | (1.10.85) | | | | |
| | Charlotte BLACKSLEY | 30.99 | 33.64 | (1.04.63) | | | | |
| 6. | Mid Beds 'B' | Mid Beds | 4:37.19 | 540* | 32.01 | 37.12 | 31.76 | 37.23 |
| | Shauna LEE | 32.01 | 37.12 | (1.09.13) | 33.32 | 37.23 | 32.60 | 35.92 |
| | Jessica KARP | 31.76 | 37.23 | (1.08.99) | | | | |
| | Charlotte McCONNELL | 33.32 | 37.23 | (1.10.55) | | | | |
| | Katie TAVENER | 32.60 | 35.92 | (1.08.52) | | | | |
| 7. | Flitwick Dolphins SC | Flitwick | 4:45.95 | 492* | 32.53 | 36.11 | 34.49 | 38.65 |
| | Kimberley BURROWS | 32.53 | 36.11 | (1.08.64) | 34.70 | 39.01 | 33.00 | 37.46 |
| | Isabelle MARTIN | 34.49 | 38.65 | (1.13.14) | | | | |
| | Georgina HALFORD | 34.70 | 39.01 | (1.13.71) | | | | |
| | Leah NEARY | 33.00 | 37.46 | (1.10.46) | | | | |

EVENT 402 Boys 100m Backstroke

10 Yrs Age Group

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 |
|-------|-----------------------|-----------------|---------|--------|-------|-------|
| 1. | Barton TOWNLEY | 10 Runnymede | 1:20.29 | 401 | 39.47 | 40.82 |
| 2. | Arjun ROBERTSON | 10 Epping For't | 1:22.32 | 368 | 40.31 | 42.01 |
| 3. | Louis SELLER | 10 Deben | 1:23.20 | 354 | 39.89 | 43.31 |
| 4. | Augustus VEASEY | 10 Chelmsford | 1:23.65 | 348 | 41.43 | 42.22 |
| 5. | Frederick WOODCOCK | 10 Hemel Hemp | 1:23.99 | 343 | 41.87 | 42.12 |
| 6. | Samuel HOLMES | 10 Co Peterboro | 1:25.22 | 324 | 41.57 | 43.65 |
| 7. | Joe BROWN | 10 Thurrock | 1:25.50 | 321 | 41.73 | 43.77 |
| 8. | Joshua AYLETT | 10 Co Peterboro | 1:26.18 | 312 | 42.95 | 43.23 |
| 9. | Antony COOMBE | 10 Co Peterboro | 1:26.44 | 308 | 42.46 | 43.98 |
| 10. | Benjamin WHITBOURN | 10 Dereham | 1:27.74 | 292 | 43.16 | 44.58 |
| 11. | Steffan OSMAN-WIGGAN | 10 teamipswich | 1:28.58 | 281 | 43.62 | 44.96 |
| 12. | Joshua ALLDAY | 10 teamipswich | 1:28.76 | 280 | 43.92 | 44.84 |
| 13. | Arthur WOODCOCK | 10 Hemel Hemp | 1:28.91 | 277 | 43.60 | 45.31 |
| 14. | James VICKERS | 10 Colchester | 1:28.95 | 277 | 42.46 | 46.49 |
| 15. | Damian GREEN | 10 Colchester | 1:29.35 | 272 | 43.43 | 45.92 |
| 16. | Harvey HOWE | 10 Kings Lynn | 1:29.81 | 267 | 43.97 | 45.84 |
| 17. | Ashley HOLNESS-WRIGHT | 10 Watford | 1:31.15 | 253 | 44.38 | 46.77 |
| 18. | Ottavio TANZILLO | 10 Co Peterboro | 1:31.40 | 249 | 44.28 | 47.12 |
| 19. | Charles DAVIS | 10 Brentwood | 1:31.54 | 248 | 43.70 | 47.84 |
| 20. | Brandon NABARRO | 10 Luton | 1:31.93 | 244 | 45.19 | 46.74 |
| 21. | Ranishka KUMARAGE | 10 Hatfield | 1:32.32 | 240 | 45.61 | 46.71 |



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| | | | | | | | |
|-----|------------------|----|--------------|---------|------|-------|-------|
| 22. | David FRYATT | 10 | Braintree | 1:32.65 | 236 | 46.06 | 46.59 |
| 23. | Jack PICKFORD | 10 | Walford | 1:32.95 | 234 | 44.58 | 48.37 |
| 24. | Joseph MILEUSNIC | 10 | Stevenage | 1:33.11 | 232 | 46.62 | 46.49 |
| 25. | Samuel HENSON | 10 | Co St Albans | 1:33.92 | 224 | 46.05 | 47.87 |
| 26. | Alexander CARTER | 10 | Colchester | 1:37.55 | 192 | 48.23 | 49.32 |
| | Isaac ALDRIDGE | 10 | Harwich DP | DQ | T-1L | 43.64 | 16.36 |

11 Yrs Age Group

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | |
|-------|--------------------|----------|--------------|---------|-----|-------|-------|
| 1. | Caleb HUGHES | 11 | Mid Beds | 1:12.46 | 548 | 35.99 | 36.47 |
| 2. | Kilian KORTH | 11 | teamipswich | 1:14.54 | 501 | 37.16 | 37.38 |
| 3. | Matthew BRIGHAM | 11 | Co Peterboro | 1:17.91 | 434 | 38.34 | 39.57 |
| 4. | Jordan PURDY | 11 | St Felix Sch | 1:20.77 | 383 | 39.52 | 41.25 |
| 5. | Bradley CLARKE | 11 | Thurrock | 1:20.90 | 382 | 39.29 | 41.61 |
| 6. | Thomas SHERRIFF | 11 | Hemel Hemp | 1:21.11 | 379 | 40.22 | 40.89 |
| 7. | Gareth HAWKINS | 11 | Thurrock | 1:21.12 | 379 | 39.59 | 41.53 |
| 8. | Charlie SMITH | 11 | teamipswich | 1:21.37 | 374 | 39.31 | 42.06 |
| 9. | Louis MAYHEW | 11 | Hemel Hemp | 1:21.39 | 374 | 40.17 | 41.22 |
| 10. | George LAVALLIN | 11 | Mid Beds | 1:21.82 | 366 | 39.40 | 42.42 |
| 11. | Joshua INWOOD | 11 | Basildon | 1:22.44 | 358 | 39.95 | 42.49 |
| 12. | Tom LAMBERT | 11 | Luton | 1:22.63 | 354 | 40.13 | 42.50 |
| 13. | Yaron ASH | 11 | Hertsmere | 1:22.70 | 353 | 39.79 | 42.91 |
| 14. | Cameron GENTRY | 11 | West Suffolk | 1:22.74 | 353 | 40.94 | 41.80 |
| 15. | Harry SMITH | 11 | UEA Norwich | 1:22.77 | 352 | 40.55 | 42.22 |
| 16. | David ALLEN | 11 | Flitwick | 1:23.37 | 343 | 39.50 | 43.87 |
| 17. | Matthew KNOWLES | 11 | Chelmsford | 1:23.58 | 340 | 39.85 | 43.73 |
| 18. | Jonathan ANDVIG | 11 | teamipswich | 1:23.61 | 340 | 41.10 | 42.51 |
| 19. | Thomas McLAGAN | 11 | Braintree | 1:23.84 | 336 | 41.12 | 42.72 |
| 20. | Luke DURBAN | 11 | Halstead | 1:24.13 | 333 | 41.90 | 42.23 |
| 21. | Owen FRENCH | 11 | Lstof & OB | 1:25.62 | 312 | 42.60 | 43.02 |
| 22. | Carl JOHNSON | 11 | St Ives | 1:26.14 | 305 | 41.57 | 44.57 |
| 23. | Sonny FORD | 11 | Thurrock | 1:26.99 | 294 | 41.90 | 45.09 |
| 24. | Rory GEOGHEGAN | 11 | Runnymede | 1:27.28 | 290 | 43.10 | 44.18 |
| 25. | Thomas HEAD | 11 | Thurrock | 1:27.63 | 287 | 42.58 | 45.05 |
| 26. | Colin WEIGHELL | 11 | Flitwick | 1:27.92 | 283 | 43.33 | 44.59 |
| 27. | Hayden DAVIES | 11 | Flitwick | 1:27.93 | 283 | 43.33 | 44.60 |
| 28. | Hamish MUNRO-SMITH | 11 | St Felix Sch | 1:28.13 | 281 | 43.16 | 44.97 |

12 Yrs Age Group

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | |
|-------|------------------------|----------|--------------|---------|-----|-------|---------|
| 1. | Elliot COOK | 12 | teamipswich | 1:11.23 | 543 | 34.94 | 36.29 |
| 2. | Miles GARNER | 12 | UEA Norwich | 1:12.32 | 519 | 35.54 | 36.78 |
| 3. | Luke BAILEY | 12 | St Felix Sch | 1:12.71 | 510 | 35.68 | 37.03 |
| 4. | Richard JEFFERIES | 12 | Co Cambridge | 1:13.61 | 490 | 35.61 | 38.00 |
| 5. | Jack BARTLETT | 12 | Co Cambridge | 1:13.87 | 485 | 35.64 | 38.23 |
| 6. | Lewis HUGHES | 12 | UEA Norwich | 1:14.56 | 471 | 36.43 | 38.13 |
| 7. | Alex SHREEVE | 12 | UEA Norwich | 1:14.67 | 469 | 36.65 | 38.02 |
| 8. | Ryan TOMKINS | 12 | teamipswich | 1:14.78 | 467 | 37.41 | 37.37 |
| 9. | Christopher STEVENS | 12 | Harlow Pen | 1:15.67 | 449 | 36.52 | 39.15 |
| 10. | Liam KNIGHT | 12 | Wisbech | 1:16.12 | 440 | 36.64 | 39.48 |
| 11. | Daniel SADLER | 12 | Swans St N | 1:16.20 | 439 | 36.63 | 39.57 |
| 12. | Christopher PALMER | 12 | Colchester | 1:16.73 | 429 | | 1:16.73 |
| 13. | Elliot FARROW | 12 | UEA Norwich | 1:16.78 | 428 | 37.76 | 39.02 |
| 14. | Oliver BARKER | 12 | Bishop Stort | 1:17.01 | 424 | 37.02 | 39.99 |
| 15. | Daniel SORRELL | 12 | Chelmsford | 1:17.38 | 418 | 37.57 | 39.81 |
| 16. | Aran CHAMBERLAIN-CLARK | 12 | Flitwick | 1:17.61 | 413 | 37.83 | 39.78 |
| 17. | Oliver TAFFS | 12 | Bishop Stort | 1:17.98 | 407 | 37.51 | 40.47 |
| 18. | Thomas WORBEY | 12 | Stevenage | 1:19.30 | 385 | 38.39 | 40.91 |
| 19. | Joe HATTON | 12 | UEA Norwich | 1:19.80 | 377 | 38.94 | 40.86 |
| 20. | Jack SPENCE | 12 | Walford | 1:20.54 | 365 | 38.75 | 41.79 |
| 21. | Oliver NORMAN | 12 | Deben | 1:22.02 | 343 | 39.17 | 42.85 |

13 Yrs Age Group

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | |
|-------|-----------------|----------|--------------|---------|-----|-------|-------|
| 1. | David KELLEWAY | 13 | Bishop Stort | 1:06.59 | 636 | 32.99 | 33.60 |
| 2. | Alex BAKER | 13 | Hitchin | 1:09.75 | 555 | 33.68 | 36.07 |
| 3. | James POOLE | 13 | teamipswich | 1:10.20 | 545 | 34.24 | 35.96 |
| 4. | Dacre CAPSTICK | 13 | Hatfield | 1:11.04 | 525 | 35.16 | 35.88 |
| 5. | Samuel MUNRO | 13 | St Felix Sch | 1:11.72 | 510 | 35.09 | 36.63 |
| 6. | Michael GRACE | 13 | Phoenix Bas | 1:11.90 | 507 | 35.42 | 36.48 |
| 7. | Ben ASHTON | 13 | Chelmsford | 1:12.62 | 491 | 35.29 | 37.33 |
| 8. | Samuel MILLER | 13 | Co Peterboro | 1:12.82 | 487 | 35.05 | 37.77 |
| 9. | Daniel RILEY | 13 | Luton | 1:13.16 | 479 | 35.77 | 37.39 |
| 10. | Luke WALSH | 13 | Theford | 1:13.17 | 479 | 35.85 | 37.32 |
| 11. | Robert STAFFORD | 13 | Co Peterboro | 1:13.62 | 471 | 35.31 | 38.31 |
| 12. | Daniel SMITH | 13 | Lstof & OB | 1:14.36 | 455 | 35.30 | 39.06 |
| 13. | Jack HOLLIS | 13 | teamipswich | 1:14.84 | 447 | 35.74 | 39.10 |
| 14. | Thomas HALE | 13 | Brentwood | 1:15.04 | 443 | 36.03 | 39.01 |
| 15. | Tom KEENES | 13 | Chelmsford | 1:15.28 | 438 | 36.75 | 38.53 |
| 16. | Simon WEIGHELL | 13 | Flitwick | 1:15.61 | 433 | 36.64 | 38.97 |



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| | | | | | | | |
|-------------------------|---------------------|----------|--------------|---------|-----|-------|-------|
| 17. | Josh PAGE | 13 | UEA Norwich | 1:16.36 | 418 | 36.86 | 39.50 |
| 14 Yrs Age Group | | | | | | | |
| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | |
| 1. | Adam INGLEDEW | 14 | Mid Beds | 1:06.10 | 632 | 32.87 | 33.23 |
| 2. | Jason DANIELS | 14 | Runnymede | 1:08.32 | 574 | 33.43 | 34.89 |
| 3. | Nathan HENDERSON | 14 | Lstof & OB | 1:08.71 | 566 | 32.91 | 35.80 |
| 4. | Louis LANDER-DEACON | 14 | Hemel Hemp | 1:08.72 | 565 | 33.75 | 34.97 |
| 5. | Dean WOODCOCK | 14 | Chelmsford | 1:09.48 | 547 | 33.94 | 35.54 |
| 6. | Tim RIVIERE | 14 | Co Cambridge | 1:09.82 | 539 | 33.19 | 36.63 |
| 7. | David CARLINE | 14 | Modernians | 1:11.11 | 511 | 34.63 | 36.48 |
| 8. | Brendon MARSH | 14 | teamipswich | 1:11.26 | 507 | 34.36 | 36.90 |
| 9. | William BLACKABY | 14 | Stowmarket | 1:11.30 | 506 | 35.00 | 36.30 |
| 10. | Thomas CHALLEN | 14 | Modernians | 1:11.46 | 503 | 34.14 | 37.32 |
| 11. | Christian PARKER | 14 | Southend | 1:12.25 | 486 | 35.18 | 37.07 |
| 12. | Timothy TRIPP | 14 | Colchester | 1:12.39 | 483 | 34.86 | 37.53 |
| 13. | Thomas SUTTON | 14 | Kings Lynn | 1:14.12 | 449 | 35.91 | 38.21 |
| 14. | Timothy EVANS | 14 | Southend | 1:15.56 | 422 | 37.60 | 37.96 |

EVENT 403 Girls 200m Butterfly

10 Yrs Age Group

| | | | | | | | | |
|-------|--------------------|----------|--------------|---------|-----|-------|-------|-------|
| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | 150 | 200 |
| 1. | Katherine STEPHENS | 10 | Thurrock | 2:57.75 | 533 | 39.18 | 44.69 | 47.54 |
| 2. | Kathryn PEARSE | 10 | Phoenix Bas | 3:03.07 | 485 | 41.47 | 48.63 | 49.61 |
| 3. | Rebecca HAYES | 10 | Thurrock | 3:04.86 | 468 | 41.96 | 47.52 | 49.03 |
| 4. | Bethany FREEMAN | 10 | Co Peterboro | 3:07.57 | 447 | 40.12 | 46.79 | 50.11 |
| 5. | Melissa COWELL | 10 | Thurrock | 3:15.30 | 387 | 42.48 | 49.56 | 51.42 |
| 6. | Madison TOWNLEY | 10 | Runnymede | 3:22.99 | 337 | 45.11 | 50.95 | 55.61 |
| 7. | Eleanor PIRRIE | 10 | Runnymede | 3:26.56 | 315 | 45.86 | 54.38 | 55.53 |
| | Lorna MACLEAN | 10 | Bo Southend | DQ | SA- | | | |
| | Kayleigh SIMS | 10 | Thurrock | DQ | SL- | | | |

11 Yrs Age Group

| | | | | | | | | |
|-------|---------------------|----------|--------------|---------|-----|-------|-------|-------|
| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | 150 | 200 |
| 1. | Charlotte HICKS | 11 | St Felix Sch | 2:43.17 | 625 | 35.97 | 41.63 | 42.78 |
| 2. | Issy FAULKNER | 11 | UEA Norwich | 2:46.82 | 585 | 38.62 | 43.01 | 42.64 |
| 3. | Amelia KNOWLES | 11 | Southend | 2:47.18 | 581 | 37.66 | 42.95 | 44.05 |
| 4. | Amy BEARDWELL-LACEY | 11 | Thurrock | 2:47.65 | 576 | 36.79 | 41.76 | 44.24 |
| 5. | Poppy INGLESON | 11 | UEA Norwich | 2:50.00 | 552 | 38.54 | 43.50 | 44.76 |
| 6. | Bonnie SAWYER | 11 | Epping For't | 2:57.60 | 480 | 39.94 | 45.33 | 46.84 |
| 7. | Katriona SAVAGE | 11 | West Suffolk | 3:07.89 | 399 | 39.86 | 47.40 | 50.67 |
| | Shannon WENNINGTON | 11 | Runnymede | DQ | SL- | | | |

12 Yrs Age Group

| | | | | | | | | |
|-------|-----------------|----------|--------------|---------|-----|-------|-------|-------|
| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | 150 | 200 |
| 1. | Ellis JACKSON | 12 | St Felix Sch | 2:24.98 | 828 | 33.18 | 37.07 | 37.31 |
| 2. | Charlotte BECK | 12 | Mid Beds | 2:42.77 | 600 | 36.05 | 40.88 | 44.22 |
| 3. | Holly BATEMAN | 12 | UEA Norwich | 2:46.32 | 561 | 36.02 | 42.73 | 44.49 |
| 4. | Georgia WIGHTON | 12 | Chelmsford | 2:50.53 | 520 | 36.56 | 43.48 | 45.68 |
| 5. | Alex TAYLOR | 12 | West Suffolk | 2:51.73 | 509 | 37.71 | 44.88 | 45.23 |
| 6. | Lauren GEDDES | 12 | Bishop Stort | 2:53.52 | 493 | 37.63 | 45.24 | 44.97 |
| 7. | Pascale REEVES | 12 | St Felix Sch | 2:57.74 | 456 | 39.24 | 45.57 | 47.26 |

13 Yrs Age Group

| | | | | | | | | |
|-------|-----------------------|----------|--------------|---------|-----|-------|-------|-------|
| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | 150 | 200 |
| 1. | Bethany COGGINS | 13 | UEA Norwich | 2:24.49 | 798 | 32.95 | 36.69 | 37.93 |
| 2. | Anne BOCHMANN | 13 | UEA Norwich | 2:24.68 | 795 | 33.55 | 36.81 | 37.71 |
| 3. | Laura ADAMS | 13 | UEA Norwich | 2:30.46 | 716 | 34.52 | 38.63 | 38.52 |
| 4. | Abigail SAYER | 13 | Thurrock | 2:30.97 | 710 | 34.73 | 38.02 | 38.69 |
| 5. | Jessica RALFS | 13 | UEA Norwich | 2:32.34 | 692 | 34.29 | 38.49 | 39.80 |
| 6. | Charlotte BLACKSLEY | 13 | Luton | 2:39.24 | 610 | 34.00 | 39.16 | 42.76 |
| 7. | Kerriann CHIPPERFIELD | 13 | Thurrock | 2:39.45 | 608 | 34.79 | 39.89 | 41.95 |
| 8. | Lucy CHARLES | 13 | Hoddesdon | 2:40.77 | 594 | 33.87 | 40.69 | 43.28 |
| 9. | Rebecca WHITE | 13 | St Felix Sch | 2:41.61 | 585 | 36.22 | 41.18 | 41.98 |
| 10. | Yasmin BITHREY | 13 | Mid Beds | 2:42.13 | 579 | 36.27 | 39.68 | 42.90 |
| 11. | Danielle SAYER | 13 | Thurrock | 2:43.77 | 562 | 35.82 | 41.19 | 43.34 |
| 12. | Victoria SPARROW | 13 | West Suffolk | 2:45.97 | 540 | 35.67 | 41.56 | 44.53 |
| 13. | Lauren OTTAWAY | 13 | Leighton Buz | 2:46.83 | 532 | 36.34 | 42.19 | 44.33 |



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EVENT 404 Boys 100m Freestyle

10 Yrs Age Group

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 |
|-------|-----------------------|-----------------|---------|--------|-------|-------|
| 1. | Barton TOWNLEY | 10 Runnymede | 1:10.29 | 388 | 34.41 | 35.88 |
| 2. | Arjun ROBERTSON | 10 Epping For't | 1:12.64 | 347 | 34.84 | 37.80 |
| 3. | Robert LIGHTOWLER | 10 Co St Albans | 1:13.15 | 338 | 35.43 | 37.72 |
| 4. | Frederick WOODCOCK | 10 Hemel Hemp | 1:14.04 | 325 | 36.24 | 37.80 |
| 5. | Samuel HOLMES | 10 Co Peterboro | 1:16.20 | 293 | 36.33 | 39.87 |
| 6. | Benjamin WHITBOURN | 10 Dereham | 1:16.27 | 291 | 36.65 | 39.62 |
| 7. | Steffan OSMAN-WIGGAN | 10 teamipswich | 1:16.69 | 286 | 37.54 | 39.15 |
| 8. | Antony COOMBE | 10 Co Peterboro | 1:16.75 | 285 | 37.54 | 39.21 |
| 9. | Charles DAVIS | 10 Brentwood | 1:17.02 | 281 | 37.55 | 39.47 |
| 10. | Ashley HOLNESS-WRIGHT | 10 Watford | 1:17.05 | 280 | 36.74 | 40.31 |
| 11. | Augustus VEASEY | 10 Chelmsford | 1:17.08 | 280 | 37.23 | 39.85 |
| 12. | Joe BROWN | 10 Thurrock | 1:17.53 | 275 | 37.94 | 39.59 |
| 13. | Joshua AYLETT | 10 Co Peterboro | 1:17.64 | 273 | 37.91 | 39.73 |
| 14. | Ottavio TANZILLO | 10 Co Peterboro | 1:18.44 | 263 | 37.37 | 41.07 |
| 15. | Christopher MURPHY | 10 Flitwick | 1:18.64 | 260 | 37.18 | 41.46 |
| 16. | Alexander FARRANDS | 10 St Felix Sch | 1:18.70 | 259 | 37.74 | 40.96 |
| 17. | Arthur WOODCOCK | 10 Hemel Hemp | 1:19.14 | 254 | 38.06 | 41.08 |
| 18. | Harvey HOWE | 10 Kings Lynn | 1:19.94 | 245 | 38.65 | 41.29 |
| 19. | Ranishka KUMARAGE | 10 Hatfield | 1:20.21 | 242 | 38.63 | 41.58 |
| 20. | Brandon NABARRO | 10 Luton | 1:21.19 | 230 | 39.97 | 41.22 |
| 21. | Sean HOGAN | 10 Luton | 1:22.09 | 220 | 39.93 | 42.16 |
| 22. | Joseph MILEUSNIC | 10 Stevenage | 1:22.31 | 218 | 39.22 | 43.09 |

11 Yrs Age Group

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 |
|-------|-----------------------|-----------------|---------|--------|-------|-------|
| 1. | Caleb HUGHES | 11 Mid Beds | 1:04.83 | 508 | 31.76 | 33.07 |
| 2. | Jordan PURDY | 11 St Felix Sch | 1:08.46 | 427 | 33.04 | 35.42 |
| 3. | Harry SMITH | 11 UEA Norwich | 1:08.52 | 426 | 33.42 | 35.10 |
| 4. | Matthew BRIGHAM | 11 Co Peterboro | 1:09.06 | 415 | 33.47 | 35.59 |
| 5. | Charlie SMITH | 11 teamipswich | 1:09.28 | 410 | 33.38 | 35.90 |
| 6. | Louis MAYHEW | 11 Hemel Hemp | 1:09.31 | 410 | 33.91 | 35.40 |
| 7. | Bradley CLARKE | 11 Thurrock | 1:09.95 | 398 | 34.04 | 35.91 |
| 8. | Yaron ASH | 11 Hertsmere | 1:10.08 | 396 | 33.61 | 36.47 |
| 9. | Thomas SHERRIFF | 11 Hemel Hemp | 1:10.26 | 393 | 34.05 | 36.21 |
| 10. | Kilian KORTH | 11 teamipswich | 1:10.70 | 384 | 34.34 | 36.36 |
| 11. | Cameron GENTRY | 11 West Suffolk | 1:10.90 | 380 | 35.59 | 35.31 |
| 11. | Jack CARTER | 11 Southend | 1:10.90 | 380 | 33.83 | 37.07 |
| 13. | Matthew KNOWLES | 11 Chelmsford | 1:11.09 | 377 | 34.53 | 36.56 |
| 14. | Luke DURBAN | 11 Halstead | 1:11.20 | 375 | 34.86 | 36.34 |
| 15. | Adam DANIELL | 11 Hemel Hemp | 1:11.41 | 371 | 34.21 | 37.20 |
| 16. | Cameron MURRAY | 11 Kings Lynn | 1:12.43 | 353 | 34.19 | 38.24 |
| 17. | Carl JOHNSON | 11 St Ives | 1:12.45 | 353 | 35.23 | 37.22 |
| 18. | Jonathan ANDVIG | 11 teamipswich | 1:12.53 | 352 | 35.41 | 37.12 |
| 19. | Tom LAMBERT | 11 Luton | 1:12.62 | 350 | 35.09 | 37.53 |
| 20. | Matthew WILLIAMS | 11 Cheshunt | 1:12.88 | 346 | 35.32 | 37.56 |
| 21. | Luke JONES | 11 Hatfield | 1:13.13 | 342 | 35.55 | 37.58 |
| 22. | Curtis BARNETT | 11 Hemel Hemp | 1:13.14 | 341 | 34.64 | 38.50 |
| 23. | George LAVALLIN | 11 Mid Beds | 1:13.67 | 333 | 35.31 | 38.36 |
| 24. | Owen FRENCH | 11 Lstoft & OB | 1:14.31 | 323 | 35.70 | 38.61 |
| 25. | David ALLEN | 11 Flitwick | 1:14.50 | 320 | 35.67 | 38.83 |
| 26. | Colin WEIGHHELL | 11 Flitwick | 1:14.60 | 319 | 36.12 | 38.48 |
| 27. | Sonny FORD | 11 Thurrock | 1:14.79 | 315 | 36.59 | 38.20 |
| 28. | Rory GEOGHEGAN | 11 Runnymede | 1:15.07 | 312 | 36.23 | 38.84 |
| 29. | Gareth HAWKINS | 11 Thurrock | 1:15.11 | 311 | 36.56 | 38.55 |
| 30. | Liam DOONAN | 11 Stevenage | 1:15.62 | 303 | 36.23 | 39.39 |
| 31. | Joshua INWOOD | 11 Basildon | 1:16.31 | 294 | 36.15 | 40.16 |
| 32. | Thomas McLAGAN | 11 Braintree | 1:16.73 | 287 | 36.55 | 40.18 |
| 33. | Thomas GILES | 11 Runnymede | 1:17.83 | 273 | 35.55 | 42.28 |
| 34. | Christopher MULLENDER | 11 Phoenix Bas | 1:17.84 | 273 | 37.07 | 40.77 |
| 35. | Thomas HEAD | 11 Thurrock | 1:19.47 | 253 | 38.18 | 41.29 |

12 Yrs Age Group

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 |
|-------|---------------------|-----------------|---------|--------|-------|-------|
| 1. | Lewis HUGHES | 12 UEA Norwich | 1:02.76 | 529 | 30.62 | 32.14 |
| 2. | Luke BAILEY | 12 St Felix Sch | 1:02.96 | 524 | 30.33 | 32.63 |
| 3. | Christopher STEVENS | 12 Harlow Pen | 1:03.92 | 500 | 30.82 | 33.10 |
| 4. | Richard JEFFERIES | 12 Co Cambridge | 1:04.64 | 483 | 31.44 | 33.20 |
| 5. | Elliot COOK | 12 teamipswich | 1:04.80 | 480 | 32.00 | 32.80 |
| 6. | Daniel SORRELL | 12 Chelmsford | 1:04.97 | 476 | 31.20 | 33.77 |
| 7. | Jake ROBINSON | 12 Stevenage | 1:05.25 | 470 | 31.16 | 34.09 |
| 8. | Christopher PALMER | 12 Colchester | 1:05.53 | 463 | 31.66 | 33.87 |
| 9. | Liam KNIGHT | 12 Wisbech | 1:05.68 | 460 | 31.40 | 34.28 |
| 10. | Jack BARTLETT | 12 Co Cambridge | 1:06.25 | 447 | 32.11 | 34.14 |



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| | | | | | | | |
|-----|------------------------|----|--------------|---------|-----|-------|-------|
| 11. | Luke TARGET | 12 | Hatfield | 1:06.38 | 445 | 31.93 | 34.45 |
| 12. | George FLINTHAM | 12 | UEA Norwich | 1:07.13 | 429 | 32.19 | 34.94 |
| 13. | Elliot FARROW | 12 | UEA Norwich | 1:07.27 | 426 | 32.52 | 34.75 |
| 14. | Aran CHAMBERLAIN-CLARK | 12 | Flitwick | 1:07.29 | 426 | 32.20 | 35.09 |
| 15. | Ryan TOMKINS | 12 | teamipswich | 1:07.31 | 426 | 33.00 | 34.31 |
| 16. | Oliver TAFFS | 12 | Bishop Stort | 1:07.66 | 419 | 32.25 | 35.41 |
| 17. | Cameron BASHIR | 12 | Sudbury | 1:07.94 | 414 | 32.88 | 35.06 |
| 18. | Timothy BOARDMAN | 12 | Hemel Hemp | 1:08.05 | 411 | 33.08 | 34.97 |
| 19. | Oliver BARKER | 12 | Bishop Stort | 1:08.19 | 408 | 32.87 | 35.32 |
| 20. | Nicholas ILSLEY | 12 | Co Peterboro | 1:08.24 | 407 | 32.95 | 35.29 |
| 21. | Joe HATTON | 12 | UEA Norwich | 1:08.73 | 398 | 32.99 | 35.74 |
| 22. | Fraser CHIVERS | 12 | Hitchin | 1:10.26 | 370 | 33.45 | 36.81 |
| 23. | Anton AUTY | 12 | Deben | 1:10.62 | 364 | 33.06 | 37.56 |
| 24. | Jack SPENCE | 12 | Watford | 1:11.12 | 355 | 33.61 | 37.51 |
| 25. | Alex SHREEVE | 12 | UEA Norwich | 1:11.14 | 355 | 33.56 | 37.58 |

13 Yrs Age Group

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | |
|-------|------------------------|----------|--------------|---------|-----|-------|-------|
| 1. | Aaron LYNCH | 13 | Stowmarket | 58.34 | 643 | 28.47 | 29.87 |
| 2. | Sean COLLIER | 13 | West Suffolk | 1:00.36 | 584 | 29.03 | 31.33 |
| 3. | Ricky JONES | 13 | Hatfield | 1:00.48 | 581 | 29.62 | 30.86 |
| 4. | Samuel BRIGGS | 13 | Modernians | 1:00.53 | 579 | 29.13 | 31.40 |
| 5. | Aydin BERKI | 13 | Luton | 1:00.76 | 573 | 29.11 | 31.65 |
| 6. | George BARTLE | 13 | teamipswich | 1:01.08 | 564 | 30.12 | 30.96 |
| 7. | Luke WALSH | 13 | Thetford | 1:01.39 | 556 | 29.48 | 31.91 |
| 8. | Jonathan LINES | 13 | Chelmsford | 1:01.74 | 546 | 29.51 | 32.23 |
| 9. | Samuel MUNRO | 13 | St Felix Sch | 1:01.92 | 542 | 29.93 | 31.99 |
| 10. | Thomas HALE | 13 | Brentwood | 1:02.18 | 535 | 29.82 | 32.36 |
| 11. | Simon WEIGHELL | 13 | Flitwick | 1:02.19 | 535 | 30.28 | 31.91 |
| 12. | James POOLE | 13 | teamipswich | 1:02.29 | 533 | 29.94 | 32.35 |
| 13. | John AYRES | 13 | Hoddesdon | 1:02.32 | 532 | 30.62 | 31.70 |
| 14. | Marius VERMAAK | 13 | Epping For't | 1:03.12 | 512 | 30.23 | 32.89 |
| 15. | Lewis FARMER | 13 | Lstoft & OB | 1:03.14 | 511 | 30.43 | 32.71 |
| 16. | Dacre CAPSTICK | 13 | Hatfield | 1:03.16 | 511 | 30.67 | 32.49 |
| 17. | Jack HOLLIS | 13 | teamipswich | 1:03.17 | 511 | 30.32 | 32.85 |
| 18. | Nik SPEARS | 13 | Watford | 1:03.41 | 505 | 30.30 | 33.11 |
| 19. | Ryan JOHNSON | 13 | Wisbech | 1:03.48 | 503 | 30.67 | 32.81 |
| 20. | Alex MURRAY | 13 | Kings Lynn | 1:03.72 | 497 | 30.05 | 33.67 |
| 21. | Michael GRACE | 13 | Phoenix Bas | 1:03.84 | 494 | 30.80 | 33.04 |
| 22. | Daniel RILEY | 13 | Luton | 1:03.88 | 493 | 30.75 | 33.13 |
| 23. | Oliver BOTT | 13 | teamipswich | 1:03.89 | 493 | 30.86 | 33.03 |
| 24. | J'ob RANDALL-HONEYBALL | 13 | Stowmarket | 1:04.16 | 487 | 31.52 | 32.64 |
| 25. | Robert STAFFORD | 13 | Co Peterboro | 1:04.26 | 485 | 30.71 | 33.55 |
| 26. | Josh PAGE | 13 | UEA Norwich | 1:04.36 | 483 | 31.08 | 33.28 |
| 27. | Jack BYFIELD | 13 | Phoenix Bas | 1:04.39 | 482 | 31.11 | 33.28 |
| 28. | Alex RAINE | 13 | Mid Beds | 1:04.46 | 480 | 31.02 | 33.44 |
| 29. | Duncan NICOLL | 13 | Harpenden | 1:04.87 | 470 | 31.34 | 33.53 |
| 30. | Toby ANSELL | 13 | Luton | 1:05.09 | 466 | 31.20 | 33.89 |
| 31. | Alexander DELICATA | 13 | Runnymede | 1:05.31 | 461 | 31.79 | 33.52 |
| 32. | Jay MUNKLEY | 13 | Hertsmere | 1:05.58 | 455 | 31.74 | 33.84 |
| 33. | Kieran HUGGETT | 13 | Bishop Stort | 1:05.98 | 447 | 31.88 | 34.10 |
| 34. | Ben ASHTON | 13 | Chelmsford | 1:06.12 | 443 | 32.23 | 33.89 |
| 35. | David KELLEWAY | 13 | Bishop Stort | 1:06.35 | 438 | 31.12 | 35.23 |
| 36. | Elliot JOHN | 13 | Kings Lynn | 1:07.55 | 414 | 32.12 | 35.43 |
| 37. | Samuel MILLER | 13 | Co Peterboro | 1:07.56 | 414 | 32.22 | 35.34 |

14 Yrs Age Group

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | |
|-------|----------------------|----------|-------------|---------|-----|-------|-------|
| 1. | Adam INGLEDEW | 14 | Mid Beds | 57.71 | 665 | 28.42 | 29.29 |
| 2. | Christopher BRADBURY | 14 | Mid Beds | 57.86 | 660 | 27.32 | 30.54 |
| 3. | Louis LANDER-DEACON | 14 | Hemel Hemp | 58.38 | 644 | 28.52 | 29.86 |
| 4. | David GODRIDGE | 14 | Hemel Hemp | 58.67 | 635 | 28.50 | 30.17 |
| 5. | Timothy EVANS | 14 | Southend | 58.69 | 635 | 28.51 | 30.18 |
| 6. | Jordan BATE | 14 | UEA Norwich | 58.71 | 634 | 28.68 | 30.03 |
| 7. | Levi LUCAS | 14 | Hatfield | 58.75 | 633 | 28.35 | 30.40 |
| 8. | Thomas SUTTON | 14 | Kings Lynn | 58.84 | 631 | 28.64 | 30.20 |
| 9. | Nathan HENDERSON | 14 | Lstoft & OB | 59.17 | 620 | 28.80 | 30.37 |
| 10. | Callum FRENCH | 14 | St Ives | 59.50 | 611 | 28.41 | 31.09 |
| 11. | Dean WOODCOCK | 14 | Chelmsford | 59.64 | 607 | 28.74 | 30.90 |
| 12. | Paul MACKIE | 14 | Hemel Hemp | 59.83 | 602 | 29.51 | 30.32 |
| 13. | Callum CANDY | 14 | Hatfield | 1:00.07 | 594 | 29.20 | 30.87 |
| 14. | David LAMBERT | 14 | Kings Lynn | 1:00.40 | 585 | 29.22 | 31.18 |
| 15. | Mark COLLINS | 14 | Kings Lynn | 1:00.58 | 580 | 29.28 | 31.30 |
| 16. | Jason RODD | 14 | teamipswich | 1:00.90 | 571 | 29.28 | 31.62 |
| 17. | Christian PARKER | 14 | Southend | 1:01.45 | 557 | 29.30 | 32.15 |
| 18. | Christian STOKES | 14 | Mid Beds | 1:01.51 | 555 | 29.59 | 31.92 |
| 19. | Oliver JOHN | 14 | Kings Lynn | 1:01.81 | 547 | 29.98 | 31.83 |
| 19. | Brandon SEARLE | 14 | Mildenhall | 1:01.81 | 547 | 29.42 | 32.39 |
| 21. | Tom OLIVE | 14 | Hadleigh | 1:01.90 | 544 | 30.00 | 31.90 |



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| | | | | | | | |
|-----|--------------------|----|--------------|---------|-----|-------|-------|
| 22. | William BLACKABY | 14 | Stowmarket | 1:02.25 | 536 | 30.04 | 32.21 |
| 23. | Andrew EGAN | 14 | Hemel Hemp | 1:02.45 | 531 | 29.86 | 32.59 |
| 24. | Christopher BROOKS | 14 | Southend | 1:02.49 | 530 | 29.98 | 32.51 |
| 25. | David CARLINE | 14 | Modernians | 1:02.67 | 525 | 30.30 | 32.37 |
| 26. | Tim RIVIERE | 14 | Co Cambridge | 1:03.02 | 516 | 30.34 | 32.68 |
| 27. | Nicholas BATSON | 14 | UEA Norwich | 1:03.30 | 510 | 29.91 | 33.39 |
| 28. | Brendon MARSH | 14 | teamipswich | 1:03.74 | 498 | 30.73 | 33.01 |

EVENT 405 FINAL OF EVENT 402 Boys 11 Yrs 100m Backstroke

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | |
|-------|-----------------|----------|--------------|---------|-----|-------|-------|
| 1. | Caleb HUGHES | 11 | Mid Beds | 1:12.64 | 543 | 35.66 | 36.98 |
| 2. | Kilian KORTH | 11 | teamipswich | 1:15.91 | 473 | 37.26 | 38.65 |
| 3. | Matthew BRIGHAM | 11 | Co Peterboro | 1:16.52 | 461 | 37.72 | 38.80 |
| 4. | Gareth HAWKINS | 11 | Thurrock | 1:19.98 | 397 | 38.89 | 41.09 |
| 5. | Thomas SHERRIFF | 11 | Hemel Hemp | 1:21.41 | 374 | 39.88 | 41.53 |
| 6. | Bradley CLARKE | 11 | Thurrock | 1:21.61 | 370 | 39.35 | 42.26 |
| 7. | Jordan PURDY | 11 | St Felix Sch | 1:21.63 | 370 | 39.85 | 41.78 |
| 8. | Charlie SMITH | 11 | teamipswich | 1:22.69 | 353 | 40.57 | 42.12 |

EVENT 406 FINAL OF EVENT 402 Boys 12 Yrs 100m Backstroke

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | |
|-------|-------------------|----------|--------------|---------|-----|-------|-------|
| 1. | Luke BAILEY | 12 | St Felix Sch | 1:10.67 | 556 | 35.33 | 35.34 |
| 2. | Elliot COOK | 12 | teamipswich | 1:10.99 | 548 | 34.48 | 36.51 |
| 3. | Miles GARNER | 12 | UEA Norwich | 1:11.13 | 545 | 34.69 | 36.44 |
| 4. | Jack BARTLETT | 12 | Co Cambridge | 1:12.64 | 511 | 35.62 | 37.02 |
| 5. | Richard JEFFERIES | 12 | Co Cambridge | 1:13.50 | 493 | 36.00 | 37.50 |
| 6. | Lewis HUGHES | 12 | UEA Norwich | 1:13.72 | 488 | 36.91 | 36.81 |
| 7. | Alex SHREEVE | 12 | UEA Norwich | 1:16.76 | 429 | 37.39 | 39.37 |
| 8. | Ryan TOMKINS | 12 | teamipswich | 1:16.93 | 426 | 37.85 | 39.08 |

EVENT 407 FINAL OF EVENT 402 Boys 13 Yrs 100m Backstroke

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | |
|-------|----------------|----------|--------------|---------|-----|-------|-------|
| 1. | David KELLEWAY | 13 | Bishop Stort | 1:05.99 | 652 | 32.47 | 33.52 |
| 2. | Alex BAKER | 13 | Hitchin | 1:08.90 | 576 | 33.05 | 35.85 |
| 3. | James POOLE | 13 | teamipswich | 1:10.32 | 542 | 34.54 | 35.78 |
| 4. | Samuel MUNRO | 13 | St Felix Sch | 1:10.59 | 535 | 34.91 | 35.68 |
| 5. | Dacre CAPSTICK | 13 | Hatfield | 1:11.21 | 522 | 34.59 | 36.62 |
| 6. | Michael GRACE | 13 | Phoenix Bas | 1:11.78 | 509 | 35.22 | 36.56 |
| 7. | Samuel MILLER | 13 | Co Peterboro | 1:13.24 | 478 | 35.64 | 37.60 |
| 8. | Ben ASHTON | 13 | Chelmsford | 1:14.44 | 454 | 35.43 | 39.01 |

EVENT 408 FINAL OF EVENT 402 Boys 14 Yrs 100m Backstroke

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | |
|-------|------------------|----------|--------------|---------|-----|-------|-------|
| 1. | Adam INGLEDEW | 14 | Mid Beds | 1:06.04 | 634 | 32.12 | 33.92 |
| 2. | Jason DANIELS | 14 | Runnymede | 1:07.29 | 601 | 33.23 | 34.06 |
| 3. | Dean WOODCOCK | 14 | Chelmsford | 1:08.58 | 568 | 33.57 | 35.01 |
| 4. | Nathan HENDERSON | 14 | Lstof & OB | 1:09.15 | 555 | 33.51 | 35.64 |
| 5. | William BLACKABY | 14 | Stowmarket | 1:10.28 | 529 | 34.08 | 36.20 |
| 6. | Tim RIVIERE | 14 | Co Cambridge | 1:10.77 | 518 | 34.07 | 36.70 |
| 7. | Brendon MARSH | 14 | teamipswich | 1:11.95 | 492 | 34.70 | 37.25 |
| 8. | David CARLINE | 14 | Modernians | 1:12.91 | 472 | 35.18 | 37.73 |

EVENT 409 FINAL OF EVENT 403 Girls 11 Yrs 200m Butterfly

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | 150 | 200 | |
|-------|---------------------|----------|--------------|---------|-----|-------|-------|-------|-------|
| 1. | Charlotte HICKS | 11 | St Felix Sch | 2:41.68 | 642 | 35.61 | 41.18 | 42.25 | 42.64 |
| 2. | Issy FAULKNER | 11 | UEA Norwich | 2:43.60 | 620 | 37.35 | 41.73 | 42.60 | 41.92 |
| 3. | Amelia KNOWLES | 11 | Southend | 2:47.76 | 575 | 38.30 | 43.45 | 44.45 | 41.56 |
| 4. | Poppy INGLESON | 11 | UEA Norwich | 2:48.42 | 568 | 36.75 | 43.28 | 44.19 | 44.20 |
| 5. | Amy BEARDWELL-LACEY | 11 | Thurrock | 2:49.86 | 553 | 37.26 | 42.51 | 44.78 | 45.31 |
| 6. | Bonnie SAWYER | 11 | Epping For't | 3:00.45 | 456 | 39.85 | 46.00 | 47.97 | 46.63 |
| 7. | Katriona SAVAGE | 11 | West Suffolk | 3:11.26 | 374 | 40.51 | 46.64 | 51.68 | 52.43 |



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EVENT 410 FINAL OF EVENT 403 Girls 12 Yrs 200m Butterfly

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | 150 | 200 |
|-------|-----------------|-----------------|---------|--------|-------|-------|-------|-------|
| 1. | Ellis JACKSON | 12 St Felix Sch | 2:27.47 | 792 | 33.01 | 37.66 | 38.42 | 38.38 |
| 2. | Charlotte BECK | 12 Mid Beds | 2:42.22 | 605 | 34.41 | 40.87 | 43.96 | 42.98 |
| 3. | Holly BATEMAN | 12 UEA Norwich | 2:48.17 | 543 | 36.33 | 43.35 | 45.56 | 42.93 |
| 4. | Lauren GEDDES | 12 Bishop Stort | 2:49.37 | 531 | 36.44 | 43.82 | 44.62 | 44.49 |
| 5. | Alex TAYLOR | 12 West Suffolk | 2:49.79 | 527 | 36.25 | 43.80 | 45.30 | 44.44 |
| 6. | Georgia WIGHTON | 12 Chelmsford | 2:49.93 | 526 | 35.91 | 44.58 | 46.51 | 42.93 |
| 7. | Pascale REEVES | 12 St Felix Sch | 2:57.13 | 462 | 37.38 | 46.13 | 46.63 | 46.99 |

EVENT 411 FINAL OF EVENT 403 Girls 13 Yrs 200m Butterfly

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 | 150 | 200 |
|-------|-----------------------|----------------|---------|--------|-------|-------|-------|-------|
| 1. | Bethany COGGINS | 13 UEA Norwich | 2:22.18 | 833 | 31.86 | 36.19 | 37.24 | 36.89 |
| 2. | Anne BOCHMANN | 13 UEA Norwich | 2:26.74 | 766 | 32.63 | 36.83 | 38.47 | 38.81 |
| 3. | Abigail SAYER | 13 Thurrock | 2:29.13 | 733 | 34.29 | 37.20 | 38.94 | 38.70 |
| 4. | Laura ADAMS | 13 UEA Norwich | 2:29.86 | 724 | 34.28 | 38.26 | 39.05 | 38.27 |
| 5. | Jessica RALFS | 13 UEA Norwich | 2:33.61 | 676 | 34.58 | 38.95 | 39.88 | 40.20 |
| 6. | Kerriann CHIPPERFIELD | 13 Thurrock | 2:34.02 | 671 | 33.94 | 39.10 | 41.13 | 39.85 |
| 7. | Lucy CHARLES | 13 Hoddesdon | 2:40.38 | 598 | 33.79 | 40.97 | 43.43 | 42.19 |
| 8. | Charlotte BLACKSLEY | 13 Luton | 2:41.84 | 582 | 35.34 | 41.85 | 42.83 | 41.82 |

EVENT 412 FINAL OF EVENT 404 Boys 11 Yrs 100m Freestyle

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 |
|-------|-----------------|-----------------|---------|--------|-------|-------|
| 1. | Caleb HUGHES | 11 Mid Beds | 1:04.52 | 516 | 31.47 | 33.05 |
| 2. | Matthew BRIGHAM | 11 Co Peterboro | 1:06.22 | 475 | 32.37 | 33.85 |
| 3. | Harry SMITH | 11 UEA Norwich | 1:07.09 | 456 | 32.58 | 34.51 |
| 4. | Jordan PURDY | 11 St Felix Sch | 1:07.67 | 444 | 32.60 | 35.07 |
| 5. | Louis MAYHEW | 11 Hemel Hemp | 1:08.22 | 432 | 33.45 | 34.77 |
| 6. | Yaron ASH | 11 Hertsmere | 1:08.69 | 423 | 33.20 | 35.49 |
| 7. | Bradley CLARKE | 11 Thurrock | 1:09.91 | 398 | 33.56 | 36.35 |
| 8. | Charlie SMITH | 11 teamipswich | 1:11.19 | 375 | 33.99 | 37.20 |

EVENT 413 FINAL OF EVENT 404 Boys 12 Yrs 100m Freestyle

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 |
|-------|---------------------|-----------------|---------|--------|-------|-------|
| 1. | Luke BAILEY | 12 St Felix Sch | 1:01.85 | 553 | 30.71 | 31.14 |
| 2. | Lewis HUGHES | 12 UEA Norwich | 1:02.50 | 536 | 30.84 | 31.66 |
| 3. | Christopher STEVENS | 12 Harlow Pen | 1:03.65 | 508 | 30.85 | 32.80 |
| 4. | Richard JEFFERIES | 12 Co Cambridge | 1:04.04 | 498 | 31.12 | 32.92 |
| 5. | Elliot COOK | 12 teamipswich | 1:05.20 | 471 | 31.76 | 33.44 |
| 6. | Christopher PALMER | 12 Colchester | 1:05.36 | 467 | 31.33 | 34.03 |
| 6. | Daniel SORRELL | 12 Chelmsford | 1:05.36 | 467 | 31.64 | 33.72 |
| 8. | Jake ROBINSON | 12 Stevenage | 1:05.71 | 460 | 31.28 | 34.43 |

EVENT 414 FINAL OF EVENT 404 Boys 13 Yrs 100m Freestyle

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 |
|-------|----------------|-----------------|---------|--------|-------|-------|
| 1. | Aaron LYNCH | 13 Stowmarket | 58.84 | 628 | 28.80 | 30.04 |
| 2. | Sean COLLIER | 13 West Suffolk | 1:00.03 | 593 | 29.33 | 30.70 |
| 3. | Samuel BRIGGS | 13 Modernians | 1:00.08 | 592 | 29.51 | 30.57 |
| 4. | Luke WALSH | 13 Thetford | 1:00.75 | 573 | 29.79 | 30.96 |
| 5. | Ricky JONES | 13 Hatfield | 1:01.25 | 560 | 29.63 | 31.62 |
| 6. | Aydin BERKI | 13 Luton | 1:01.58 | 550 | 29.85 | 31.73 |
| 7. | George BARTLE | 13 teamipswich | 1:01.66 | 548 | 30.18 | 31.48 |
| 8. | Jonathan LINES | 13 Chelmsford | 1:01.69 | 548 | 29.95 | 31.74 |

EVENT 415 FINAL OF EVENT 404 Boys 14 Yrs 100m Freestyle

| Place | Name | AaD Club | Time | BAG Pt | 50 | 100 |
|-------|----------------------|----------------|---------|--------|-------|-------|
| 1. | Adam INGLEDEW | 14 Mid Beds | 55.98 | 722 | 27.56 | 28.42 |
| 2. | David GODRIDGE | 14 Hemel Hemp | 57.21 | 681 | 27.88 | 29.33 |
| 3. | Jordan BATE | 14 UEA Norwich | 58.29 | 647 | 28.44 | 29.85 |
| 4. | Louis LANDER-DEACON | 14 Hemel Hemp | 58.33 | 645 | 28.38 | 29.95 |
| 5. | Thomas SUTTON | 14 Kings Lynn | 58.64 | 636 | 28.67 | 29.97 |
| 6. | Christopher BRADBURY | 14 Mid Beds | 59.10 | 622 | 27.69 | 31.41 |
| 7. | Levi LUCAS | 14 Hatfield | 59.60 | 608 | 28.17 | 31.43 |
| 8. | Timothy EVANS | 14 Southend | 1:01.20 | 563 | 29.29 | 31.91 |