



ASA East Region 2007 Long Course Championships

(Under ASA Laws & ASA Technical Rules)
A Level One Licensed Meet - N^o. ERX727



EVENT 201 FINAL OF EVENT 101 Mens Open 100m Freestyle

Place	Name	AaD Club	Time	GB Pts	50
1.	Charles WALKER	17 Co Peterboro	54.26	752	26.12
2.	Bret FERGUSON	20 Hatfield	54.35	749	26.66
3.	Shaun HARRISON	28 Stowmarket	55.40	712	26.74
4.	Stuart CLARKE	23 Bishop Stort	55.77	700	27.13
5.	Stuart KIRK	19 Modernians	55.92	695	26.82
6.	James ALLCHORNE	18 Hatfield	55.95	694	27.30
7.	David GODRIDGE	14 Watford	55.97	693	27.11
8.	Troy LYNCH	16 teamipswich	57.00	660	27.09

EVENT 202 FINAL OF EVENT 102 Womens Open 200m Freestyle

Place	Name	AaD Club	Time	GB Pts	50	100	150
1.	Anne BOCHMANN	14 UEA Norwich	2:06.19	840	30.84	1:03.66	1:35.56
2.	Rachael GEORGE	17 Hatfield	2:06.44	835	30.73	1:03.80	1:35.12
3.	Ellis JACKSON	13 St Felix Sch	2:10.67	769	30.72	1:03.96	1:37.14
4.	Laura INGLESON	16 UEA Norwich	2:12.57	741	30.81	1:04.75	1:38.99
5.	Harriet BRETTE	15 Mid Beds	2:12.70	739	30.98	1:05.29	1:40.37
6.	Lucy CHARLES	14 Hoddesdon	2:13.04	734	30.95	1:04.68	1:39.33
7.	Hannah JOHN	16 Kings Lynn	2:14.05	719	30.92	1:04.85	1:39.65
8.	Rebecca READER	15 teamipswich	2:14.68	711	30.82	1:05.62	1:40.84

EVENT 203 FINAL OF EVENT 103 Mens Open 50m Breaststroke

Place	Name	AaD Club	Time	GB Pts
1.	Alan HESKINS	22 Modernians	31.45	719
2.	James ALLCHORNE	18 Hatfield	31.76	700
3.	Martyn BERMINGHAM	18 Hatfield	33.03	630
4.	David DOWSETT	21 Mid Beds	33.14	624
5.	Adam MAXWELL	16 Hatfield	33.27	617
6.	Shaun HARRISON	28 Stowmarket	33.53	604
6.	Nathan HENDERSON	15 Lstof & OB	33.53	604
8.	Andrew EGAN	14 Hatfield	33.54	603

EVENT 204 FINAL OF EVENT 104 Womens Open 100m Breaststroke

Place	Name	AaD Club	Time	GB Pts	50
1.	Alexandra HARRISON	13 St Felix Sch	1:15.36	750	35.93
2.	Amy SWALLOW	16 teamipswich	1:16.45	723	36.33
3.	Petra CHOMICZ	17 Kings Lynn	1:16.70	717	36.30
4.	Claire BARRON	16 UEA Norwich	1:17.60	695	37.35
5.	Heather RODWELL	13 teamipswich	1:19.19	658	37.37
6.	Anne BOCHMANN	14 UEA Norwich	1:21.15	615	38.61
7.	Zoe SMITH	13 Lstof & OB	1:21.25	613	39.67
8.	Bernice EDGEWORTH	16 Bishop Stort	1:21.60	605	38.68

EVENT 205 FINAL OF EVENT 106 Womens Open 100m Butterfly

Place	Name	AaD Club	Time	GB Pts	50
1.	Hannah JOHN	16 Kings Lynn	1:06.89	691	31.78
2.	Ellis JACKSON	13 St Felix Sch	1:06.98	688	31.18
3.	Verity GOODEY	15 Southend	1:07.04	687	31.82
4.	Rebecca WARNER	18 Modernians	1:07.07	686	31.87
5.	Anne BOCHMANN	14 UEA Norwich	1:08.13	657	32.12
6.	Rachael GEORGE	17 Hatfield	1:09.85	614	31.77
7.	Hannah RAINE	17 Mid Beds	1:10.10	608	33.22
	Bethany COGGINS	13 UEA Norwich	DQ	ST-	

EVENT 206 FINAL OF EVENT 107 Mens Open 100m Backstroke

Place	Name	AaD Club	Time	GB Pts	50
1.	John SARGENT	21 Hatfield	1:00.18	765	29.09
2.	Lewis COLEMAN	15 teamipswich	1:02.04	707	29.92
3.	James SUTHERLAND	15 Hatfield	1:03.55	663	30.11
4.	Victor LAM	17 Colchester	1:03.82	655	31.52
5.	James CARLINE	17 Modernians	1:04.29	642	31.34
6.	Richard MOLLOY	17 Bishop Stort	1:04.51	636	31.65
7.	Charles WALKER	17 Co Peterboro	1:04.58	634	31.38
8.	Richard HARRIS	17 St Felix Sch	1:04.61	633	31.53



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EVENT 207 FINAL OF EVENT 108 Womens Open 50m Backstroke

Place	Name	AaD Club	Time	GB Pts
1.	Zoe CRAY	33 teamipswich	30.91	823
2.	Sophie DRAKE	14 Canvey Isl	32.04	751
3.	Laura INGLESON	16 UEA Norwich	32.45	726
4.	Alex HUSTON	15 St Felix Sch	32.64	715
5.	Rebecca READER	15 teamipswich	32.67	713
6.	Hazel PICKFORD	14 Hatfield	33.16	686
7.	Anne BOCHMANN	14 UEA Norwich	33.23	682
8.	Natasha BROWN	17 Hatfield	33.35	675

EVENT 208 FINAL OF EVENT 109 Mens Open 200m Butterfly

Place	Name	AaD Club	Time	GB Pts	50	100	150
1.	Kouji URATA	17 Hatfield	2:11.63	719	30.10	1:04.00	1:38.29
2.	Thomas HOLLINGSWORTH	19 UEA Norwich	2:12.84	701	29.60	1:03.58	1:38.22
3.	Sean TOMLIN	15 Bo Southend	2:16.68	650	29.97	1:04.23	1:40.08
4.	Lewis KING	17 Hatfield	2:21.65	588	30.89	1:06.87	1:43.86
5.	Jordan BATE	15 UEA Norwich	2:22.25	581	31.87	1:08.12	1:45.38
6.	Sam MUNKLEY	16 Hertsmere	2:22.83	574	30.58	1:05.99	1:44.29
7.	Sam HEARD	18 UEA Norwich	2:25.86	540	32.56	1:10.37	1:48.68
	Benjamin SLEET	17 Chelmsford	DNC				

EVENT 209 FINAL OF EVENT 110 Womens Open 200m IM

Place	Name	AaD Club	Time	GB Pts	50	100	150
1.	Anne BOCHMANN	14 UEA Norwich	2:24.45	796	32.69	1:10.66	1:52.27
2.	Ellis JACKSON	13 St Felix Sch	2:25.00	788	31.85	1:09.29	1:52.52
3.	Petra CHOMICZ	17 Kings Lynn	2:26.92	762	33.18	1:11.71	1:52.31
4.	Hannah JOHN	16 Kings Lynn	2:29.49	728	31.51	1:12.78	1:55.55
5.	Alexandra HARRISON	13 St Felix Sch	2:31.59	702	32.81	1:14.28	1:56.24
6.	Hannah RAINE	17 Mid Beds	2:32.32	693	33.09	1:12.84	1:57.55
7.	Sophie CHAMBERLAIN	15 Lstoft & OB	2:33.15	683	32.27	1:12.52	1:58.36
8.	Jessica FORD	17 Thurrock	2:33.19	683	34.80	1:14.48	1:59.78

EVENT 210 FINAL OF EVENT 112 Womens Open 50m Freestyle

Place	Name	AaD Club	Time	GB Pts
1.	Zoe CRAY	33 teamipswich	27.33	775
2.	Rachael GEORGE	17 Hatfield	27.88	736
3.	Hannah JOHN	16 Kings Lynn	28.74	679
4.	Verity GOODEY	15 Southend	28.75	678
5.	Rebecca READER	15 teamipswich	28.81	675
6.	Alexandra SEAL	16 teamipswich	28.85	672
7.	Stephanie CALVER	17 teamipswich	29.29	645
8.	Zoe SMITH	13 Lstoft & OB	29.31	644

EVENT 211 FINAL OF EVENT 113 Mens Open 200m Breaststroke

Place	Name	AaD Club	Time	GB Pts	50	100	150
1.	Jonathan QUINN	17 Hatfield	2:29.34	713	33.17	1:10.57	1:49.90
2.	Bobby CAVE	17 Hatfield	2:29.98	705	34.24	1:12.35	1:50.70
3.	Lewis COLEMAN	15 teamipswich	2:34.61	649	34.73	1:14.40	1:55.30
4.	Alan HESKINS	22 Modernians	2:35.20	643	33.65	1:14.34	1:53.68
5.	George SCOTHERN	16 Brentwood	2:36.40	629	35.64	1:15.68	1:56.08
6.	James ALLCHORNE	18 Hatfield	2:39.03	601	34.55	1:13.95	1:55.70
7.	Andrew EGAN	14 Hatfield	2:41.81	572	36.46	1:18.50	2:00.20
8.	David DOWSETT	21 Mid Beds	2:41.83	572	35.10	1:16.15	1:58.38

EVENT 212 FINAL OF EVENT 114 Womens Open 200m Backstroke

Place	Name	AaD Club	Time	GB Pts	50	100	150
1.	Anne BOCHMANN	14 UEA Norwich	2:23.13	767	34.71	1:10.82	1:47.67
2.	Ellis JACKSON	13 St Felix Sch	2:23.57	761	34.17	1:10.38	1:47.56
3.	Laura INGLESON	16 UEA Norwich	2:24.11	754	34.23	1:10.75	1:48.24
4.	Hazel PICKFORD	14 Hatfield	2:30.43	673	35.45	1:13.35	1:52.30
5.	Alex HUSTON	15 St Felix Sch	2:31.12	665	35.93	1:14.94	1:54.59
6.	Charlotte DELICATA	15 Thurrock	2:32.01	654	36.71	1:14.96	1:54.34
7.	Megan LANGRIDGE	14 Thurrock	2:33.47	637	36.55	1:14.99	1:54.39
8.	Robyn BALL	15 St Felix Sch	2:34.26	628	35.61	1:14.65	1:55.03



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EVENT 213 FINAL OF EVENT 115 Mens Open 50m Butterfly

Place	Name	AaD Club	Time	GB Pts
1.	Geoffrey SHORT	20 Bishop Stort	26.12	776
2.	James LAWTON	20 UEA Norwich	26.35	759
3.	Aaron NAZAR	19 UEA Norwich	27.52	677
4.	Jonathan QUINN	17 Hatfield	27.72	664
5.	James SUTHERLAND	15 Hatfield	27.87	654
6.	Charles WALKER	17 Co Peterboro	27.90	652
7.	David GODRIDGE	14 Watford	28.04	643
8.	Troy LYNCH	16 teamipswich	28.07	642

EVENT 214 Mens Open 800m Freestyle Team

Place	Name	A.G Club	Time	GB Pts	100	200	300	400	500	600	700
1.	Hatfield SC A	Hatfield	8:07.25	742	57.73	1:58.60	2:58.13	4:01.13	4:58.53	6:02.74	7:02.19
	Jonathan QUINN	57.73	1:00.87	(1.58.60)							
	Bret FERGUSON	59.53	1:03.00	(2.02.53)							
	John SARGENT	57.40	1:04.21	(2.01.61)							
	James ALLCHORNE	59.45	1:05.06	(2.04.51)							
2.	UEA City of Norwich A	UEA Norwich	8:24.67	676	59.96	2:02.57	3:05.52	4:11.08	5:13.50	6:20.98	7:20.15
	Thomas HOLLINGSWORTH	59.96	1:02.61	(2.02.57)							
	Jordan BATE	1:02.95	1:05.56	(2.08.51)							
	Lewis MATTIN	1:02.42	1:07.48	(2.09.90)							
	Sam HEARD	59.17	1:04.52	(2.03.69)							
3.	Hatfield SC B	Hatfield	8:30.62	655	1:00.42	2:09.23	3:10.03	4:14.40	5:17.66	6:23.25	7:24.89
	Bobby CAVE	1:00.42	1:08.81	(2.09.23)							
	Adam MAXWELL	1:00.80	1:04.37	(2.05.17)							
	Matthew KING	1:03.26	1:05.59	(2.08.85)							
	Lewis KING	1:01.64	1:05.73	(2.07.37)							
4.	Borough of Southend	Bo Southend	8:30.77	654	1:00.50	2:06.97	3:10.09	4:17.24	5:20.54	6:27.87	7:26.54
	George MORRIS	1:00.50	1:06.47	(2.06.97)							
	Harry PAYNE	1:03.12	1:07.15	(2.10.27)							
	Sean TOMLIN	1:03.30	1:07.33	(2.10.63)							
	Jonathan SAYER	58.67	1:04.23	(2.02.90)							
5.	St Felix School	St Felix Sch	8:39.06	626	1:02.71	2:08.72	3:10.61	4:17.92	5:20.68	6:26.88	7:30.24
	Michael WHITE	1:02.71	1:06.01	(2.08.72)							
	Richard HARRIS	1:01.89	1:07.31	(2.09.20)							
	Thomas SUTTON	1:02.76	1:06.20	(2.08.96)							
	Samuel MUNRO	1:03.36	1:08.82	(2.12.18)							

EVENT 215 Womens Open 400m Freestyle Team

Place	Name	A.G Club	Time	GB Pts	50	100	150	200	250	300	350
1.	Team Ipswich Swimming	teamipswich	4:03.70	768	28.73	58.76	1:27.91	1:59.60	2:30.02	3:01.85	3:31.65
	Zoe CRAY	28.73	30.03	(58.76)							
	Rebecca READER	29.15	31.69	(1.00.84)							
	Stephanie CALVER	30.42	31.83	(1.02.25)							
	Alexandra SEAL	29.80	32.05	(1.01.85)							
2.	Hatfield SC A	Hatfield	4:06.72	744	30.26	1:02.74	1:32.80	2:04.77	2:33.90	3:06.66	3:35.60
	Cara PURVIS	30.26	32.48	(1.02.74)							
	Katie AMBRIDGE	30.06	31.97	(1.02.03)							
	Natasha BROWN	29.13	32.76	(1.01.89)							
	Rachael GEORGE	28.94	31.12	(1.00.06)							
3.	Kings Lynn Warriors	Kings Lynn	4:10.09	718	30.36	1:02.74	1:33.28	2:05.88	2:34.97	3:07.74	3:36.92
	Hannah MOUNSEY	30.36	32.38	(1.02.74)							
	Petra CHOMICZ	30.54	32.60	(1.03.14)							
	Hannah JOHN	29.09	32.77	(1.01.86)							
	Sarah Vanderloo	29.18	33.17	(1.02.35)							
4.	UEA City of Norwich A	UEA Norwich	4:13.07	696	30.79	1:04.46	1:35.85	2:09.81	2:40.04	3:13.82	3:42.61
	Holly BATEMAN	30.79	33.67	(1.04.46)							
	Bethany COGGINS	31.39	33.96	(1.05.35)							
	Mimi BARR	30.23	33.78	(1.04.01)							
	Anne BOCHMANN	28.79	30.46	(59.25)							
5.	St Felix School	St Felix Sch	4:13.28	694	30.41	1:03.62	1:34.41	2:08.25	2:38.08	3:11.42	3:41.50
	Ellis JACKSON	30.41	33.21	(1.03.62)							
	Alexandra HARRISON	30.79	33.84	(1.04.63)							
	Rebecca WETTEN	29.83	33.34	(1.03.17)							
	Alex HUSTON	30.08	31.78	(1.01.86)							
6.	UEA City of Norwich B	UEA Norwich	4:18.67	656	30.35	1:02.87	1:33.75	2:08.14	2:39.59	3:13.93	3:44.14
	Laura INGLESON	30.35	32.52	(1.02.87)							
	Jess TAYLOR	30.88	34.39	(1.05.27)							
	Chloe PELLICAN	31.45	34.34	(1.05.79)							
	Georgia INGLESON	30.21	34.53	(1.04.74)							
7.	Deben SC	Deben	4:18.88	654	30.54	1:02.69	1:34.62	2:10.28	2:42.00	3:15.81	3:46.51
	Alice TENNANT	30.54	32.15	(1.02.69)							
	Evie ADAMS	31.93	35.66	(1.07.59)							
	Emily PRIOR	31.72	33.81	(1.05.53)							
	Fenella FOSKETT	30.70	32.37	(1.03.07)							



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EVENT 216 Mens Open 400m Medley Team

Place	Name	A/G Club	Time	GB Pts	50	100	150	200	250	300	350
1.	Hatfield SC A	Hatfield	4:06.10	719	29.44	1:00.33	1:32.52	2:09.67	2:38.09	3:11.61	3:37.47
	John SARGENT		29.44								
	Bobby CAVE		32.19	(1.00.33)							
	James ALLCHORNE		28.42	(1.09.34)							
	Jonathan QUINN		25.86	(1.01.94)							
2.	Hatfield SC B	Hatfield	4:12.63	671	29.79	1:03.45	1:36.74	2:16.28	2:44.54	3:17.26	3:43.81
	James SUTHERLAND		29.79								
	Martyn BERMINGHAM		33.29	(1.03.45)							
	Kouji URATA		28.26	(1.12.83)							
	Bref FERGUSON		26.55	(1.00.98)							
3.	Team Ipswich Swimming	teamipswich	4:12.96	668	31.61	1:04.64	1:37.68	2:15.89	2:44.11	3:17.19	3:43.75
	Ben MATTHEWS		31.61								
	Lewis COLEMAN		33.04	(1.04.64)							
	Andrew BIGLEY		28.22	(1.11.25)							
	Troy LYNCH		26.56	(1.01.30)							
4.	Modernian SC	Modernians	4:14.09	660	30.93	1:04.15	1:35.33	2:13.64	2:42.65	3:18.56	3:43.93
	James CARLINE		30.93								
	Alan HESKINS		31.18	(1.04.15)							
	Andrew WHEELER		29.01	(1.09.49)							
	Stuart KIRK		25.37	(1.04.92)							
5.	Bishops Stortford SC	Bishop Stort	4:18.21	632	31.91	1:05.41	1:39.46	2:19.58	2:48.22	3:22.05	3:48.89
	David KELLEWAY		31.91								
	Richard MOLLOY		34.05	(1.05.41)							
	Geoffrey SHORT		28.64	(1.14.17)							
	Stuart CLARKE		26.84	(1.02.47)							
6.	UEA City of Norwich A	UEA Norwich	4:23.13	600	31.99	1:07.46	1:45.44	2:27.61	2:55.47	3:27.82	3:54.13
	Richard FREEMAN		31.99								
	Lewis MATTIN		37.98	(1.07.46)							
	Thomas HOLLINGSWORTH		27.86	(1.20.15)							
	James LAWTON		26.31	(1.00.21)							
7.	Deben SC	Deben	4:23.32	598	33.10	1:08.18	1:43.11	2:25.12	2:53.17	3:26.00	3:53.74
	Ben DAVIES		33.10								
	Matthew NAUNTON		34.93	(1.08.18)							
	Mark STEVENS		28.05	(1.16.94)							
	Michael PUGH		27.74	(1.00.88)							
8.	UEA City of Norwich B	UEA Norwich	4:30.12	556	33.04	1:08.82	1:45.73	2:29.78	2:58.52	3:32.52	3:59.91
	David THOMAS		33.04								
	Paul READER		36.91	(1.08.82)							
	John MCKENZIE		28.74	(1.20.96)							
	Aaron NAZAR		27.39	(1.02.74)							
9.	Borough of Southend	Bo Southend	4:37.02	517	32.22	1:06.90	1:41.67	2:22.29	2:55.67	3:33.04	4:01.78
	Sean TOMLIN		32.22								
	George MORRIS		34.77	(1.06.90)							
	Harry PAYNE		33.38	(1.15.39)							
	Jonathan SAYER		28.74	(1.10.75)							
				(1.03.98)							