



ASA East Region 2007 Long Course Championships

(Under ASA Laws & ASA Technical Rules)
A Level One Licensed Meet - N^o. ERX727



EVENT 401 FINAL OF EVENT 301 Womens Open 100m Freestyle

Place	Name	AaD Club	Time	GB Pts	50
1.	Rachael GEORGE	17 Hatfield	59.31	797	28.97
2.	Anne BOCHMANN	14 UEA Norwich	59.33	797	29.50
3.	Rebecca READER	15 teamipswich	1:01.23	735	29.69
4.	Hannah JOHN	16 Kings Lynn	1:01.48	727	29.92
5.	Harriet BRETTL	15 Mid Beds	1:01.63	722	29.87
6.	Stephanie CALVER	17 teamipswich	1:01.71	720	30.28
7.	Hannah MOUNSEY	16 Kings Lynn	1:02.59	693	30.16
8.	Ellis JACKSON	13 St Felix Sch	1:03.08	679	30.28

EVENT 402 FINAL OF EVENT 302 Mens Open 200m Freestyle

Place	Name	AaD Club	Time	GB Pts	50	100	150
1.	Bret FERGUSON	20 Hatfield	1:58.83	755	27.51	57.32	1:28.64
2.	Charles WALKER	17 Co Peterboro	1:59.29	748	28.16	58.27	1:29.34
3.	Lewis COLEMAN	15 teamipswich	2:00.21	733	28.35	58.93	1:30.41
4.	Stuart CLARKE	23 Bishop Stort	2:00.68	725	28.19	59.43	1:30.15
5.	Jonathan SAYER	17 Bo Southend	2:04.00	675	28.64	59.73	1:31.84
6.	David GODRIDGE	14 Watford	2:04.52	667	28.58	1:01.27	1:34.02
7.	Lawrence LOWMAN	18 Lstoft & OB	2:05.76	649	28.93	1:00.72	1:33.55
8.	Dale HART	16 Kings Lynn	2:07.75	622	28.48	1:00.46	1:33.57

EVENT 403 FINAL OF EVENT 303 Womens Open 50m Breaststroke

Place	Name	AaD Club	Time	GB Pts
1.	Amy SWALLOW	16 teamipswich	35.62	713
2.	Petra CHOMICZ	17 Kings Lynn	35.77	705
3.	Zoe SMITH	13 Lstoft & OB	36.27	679
4.	Louise BUSH	16 UEA Norwich	36.79	653
5.	Emma WARRINGTON	14 Hoddesdon	37.15	636
6.	Alyson MORAN	19 Southend	37.30	629
7.	Rachel ANDVIG	14 teamipswich	37.32	628
8.	Karen KWOK	16 Modernians	37.79	607

EVENT 404 FINAL OF EVENT 304 Mens Open 100m Breaststroke

Place	Name	AaD Club	Time	GB Pts	50
1.	James ALLCHORNE	18 Hatfield	1:09.07	711	32.48
2.	Bobby CAVE	17 Hatfield	1:09.82	690	33.16
3.	Jonathan QUINN	17 Hatfield	1:10.38	676	
4.	Nathan HENDERSON	15 Lstoft & OB	1:11.94	637	33.72
5.	David DOWSETT	21 Mid Beds	1:13.13	608	34.24
6.	Andrew EGAN	14 Hatfield	1:14.35	580	35.00
7.	Stephen FISHER	16 Gt Yarmouth	1:15.89	547	34.80
8.	George MORRIS	16 Bo Southend	1:19.90	469	36.95

EVENT 405 FINAL OF EVENT 306 Mens Open 100m Butterfly

Place	Name	AaD Club	Time	GB Pts	50
1.	Mark STEVENS	17 Deben	1:00.34	681	28.23
2.	Lewis COLEMAN	15 teamipswich	1:01.62	643	29.23
3.	James SUTHERLAND	15 Hatfield	1:01.89	636	28.30
4.	Thomas HOLLINGSWORTH	19 UEA Norwich	1:02.28	625	29.58
5.	Thomas ROOTSEY	17 Colchester	1:02.47	619	29.29
6.	Christopher SMITH	18 Lstoft & OB	1:02.71	613	28.83
7.	Mark LEAMON	20 UEA Norwich	1:02.90	608	29.12
8.	Jonathan QUINN	17 Hatfield	1:05.54	540	29.27

EVENT 406 FINAL OF EVENT 307 Womens Open 100m Backstroke

Place	Name	AaD Club	Time	GB Pts	50
1.	Ellis JACKSON	13 St Felix Sch	1:07.23	767	33.17
2.	Laura INGLESON	16 UEA Norwich	1:08.10	742	33.17
3.	Natasha BROWN	17 Hatfield	1:08.92	719	33.40
4.	Alex HUSTON	15 St Felix Sch	1:08.93	718	34.39
5.	Christine TOOKE	17 Co Peterboro	1:09.99	690	34.05
6.	Lucy CHARLES	14 Hoddesdon	1:10.79	669	34.32
7.	Hazel PICKFORD	14 Hatfield	1:11.72	646	34.53
8.	Harriet BRETTL	15 Mid Beds	1:12.78	620	35.53



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EVENT 407 FINAL OF EVENT 308 Mens Open 50m Backstroke

Place	Name	AaD Club	Time	GB Pts
1.	John SARGENT	21 Hatfield	27.96	772
2.	Richard HARRIS	17 St Felix Sch	29.05	698
3.	James CARLINE	17 Modernians	29.58	665
4.	Victor LAM	17 Colchester	29.84	650
5.	Craig ROSS	15 Bishop Stort	30.45	614
6.	Mark LEAMON	20 UEA Norwich	30.66	603
7.	Stephen FISHER	16 Gt Yarmouth	31.25	571
8.	Charles WALKER	17 Co Peterboro	33.31	473

EVENT 408 FINAL OF EVENT 309 Womens Open 200m Butterfly

Place	Name	AaD Club	Time	GB Pts	50	100	150
1.	Katie AMBRIDGE	17 Hatfield	2:21.10	768	32.05	1:07.99	1:44.59
2.	Bethany COGGINS	13 UEA Norwich	2:22.13	754	32.58	1:09.11	1:45.86
3.	Anne BOCHMANN	14 UEA Norwich	2:25.36	711	32.28	1:08.47	1:46.45
4.	Ellis JACKSON	13 St Felix Sch	2:27.20	687	32.55	1:09.60	1:47.77
5.	Hannah JOHN	16 Kings Lynn	2:28.32	673	32.15	1:08.54	1:46.74
6.	Molly EPSLY	14 Thurrock	2:32.19	628	33.81	1:12.02	1:52.25
7.	Catherine HICKS	15 St Felix Sch	2:37.85	566	34.55	1:13.28	1:54.67
	Abigail SAYER	13 Thurrock	DNC				

EVENT 409 FINAL OF EVENT 310 Mens Open 200m IM

Place	Name	AaD Club	Time	GB Pts	50	100	150
1.	Jonathan QUINN	17 Hatfield	2:12.47	766	28.95	1:03.27	1:41.58
2.	James ALLCHORNE	18 Hatfield	2:14.63	734	28.22	1:04.70	1:43.17
3.	Lewis COLEMAN	15 teamipswich	2:14.68	734	29.52	1:05.10	1:44.10
4.	George SCOTHERN	16 Brentwood	2:16.81	704	29.45	1:04.51	1:44.47
5.	Thomas ROOTSEY	17 Colchester	2:19.41	669	29.85	1:04.90	1:47.77
6.	Richard MOLLOY	17 Bishop Stort	2:22.05	636	30.26	1:05.16	1:47.76

EVENT 410 FINAL OF EVENT 312 Mens Open 50m Freestyle

Place	Name	AaD Club	Time	GB Pts
1.	James LAWTON	20 UEA Norwich	24.25	779
2.	Charles WALKER	17 Co Peterboro	24.88	729
3.	Daniel HUNT	19 Chelmsford	25.07	714
4.	Shaun HARRISON	28 Stowmarket	25.13	710
5.	Stuart KIRK	19 Modernians	25.42	688
6.	David HARRISON	21 Stowmarket	25.47	685
7.	David GODRIDGE	14 Watford	25.67	671
8.	Christopher SMITH	18 Lstoft & OB	25.70	668

EVENT 411 FINAL OF EVENT 313 Womens Open 200m Breaststroke

Place	Name	AaD Club	Time	GB Pts	50	100	150
1.	Alexandra HARRISON	13 St Felix Sch	2:39.19	782	36.01	1:16.93	1:58.48
2.	Anne BOCHMANN	14 UEA Norwich	2:45.79	703	39.15	1:22.20	2:04.85
3.	Petra CHOMICZ	17 Kings Lynn	2:45.87	702	37.42	1:19.20	2:02.92
4.	Claire BARRON	16 UEA Norwich	2:48.77	671	38.86	1:22.23	2:05.88
5.	Amy SWALLOW	16 teamipswich	2:49.38	664	39.84	1:22.13	2:06.25
6.	Heather RODWELL	13 teamipswich	2:50.32	654	38.62	1:22.42	2:07.16
7.	Chloe PELLICAN	15 UEA Norwich	2:52.06	636	39.29	1:23.12	2:08.34
8.	Christine TOOKE	17 Co Peterboro	2:53.59	621	39.21	1:23.22	2:08.61

EVENT 412 FINAL OF EVENT 314 Mens Open 200m Backstroke

Place	Name	AaD Club	Time	GB Pts	50	100	150
1.	John SARGENT	21 Hatfield	2:08.57	791	29.66	1:01.82	1:35.35
2.	Victor LAM	17 Colchester	2:16.93	670	32.25	1:06.36	1:41.87
3.	David KELLEWAY	14 Bishop Stort	2:17.63	661	32.97	1:08.07	1:43.18
4.	George SCOTHERN	16 Brentwood	2:21.12	617	33.26	1:09.20	1:47.21
5.	Sean TOMLIN	15 Bo Southend	2:21.58	611	33.58	1:09.44	1:46.24
6.	Thomas ROOTSEY	17 Colchester	2:24.36	579	32.88	1:09.37	1:47.29
	James CARLINE	17 Modernians	DNC				
	Paul TITLEY	18 Mid Beds	DNC				



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EVENT 413 FINAL OF EVENT 315 Womens Open 50m Butterfly

Place	Name	AaD Club	Time	GB Pts
1.	Rebecca WARNER	18 Modernians	29.23	768
2.	Verity GOODEY	15 Southend	29.53	748
3.	Zoe CRAY	33 teamipswich	29.71	736
4.	Katie AMBRIDGE	17 Hatfield	30.07	713
5.	Hannah JOHN	16 Kings Lynn	30.72	674
6.	Rachael GEORGE	17 Hatfield	30.77	671
7.	Bethany COGGINS	13 UEA Norwich	30.80	669
8.	Samantha BERRY	17 teamipswich	31.05	654

EVENT 414 Womens Open 800m Freestyle Team (Timed Final)

Place	Name	A.G Club	Time	GB Pts	100	200	300	400	500	600	700
1.	Hatfield SC A	Hatfield	8:54.32	762	1:04.67	2:13.10	3:18.01	4:25.35	5:31.10	6:39.98	7:44.24
	Philippa HARDY	1.04.67	1.08.43	(2.13.10)							
	Rachael GEORGE	1.04.91	1.07.34	(2.12.25)							
	Cara PURVIS	1.05.75	1.08.88	(2.14.63)							
	Katie AMBRIDGE	1.04.26	1.10.08	(2.14.34)							
2.	UEA City of Norwich A	UEA Norwich	9:07.57	715	1:04.29	2:13.47	3:20.21	4:31.34	5:39.67	6:52.59	7:56.61
	Laura INGLESON	1.04.29	1.09.18	(2.13.47)							
	Claire BARRON	1.06.74	1.11.13	(2.17.87)							
	Bethany COGGINS	1.08.33	1.12.92	(2.21.25)							
	Anne BOCHMANN	1.04.02	1.10.96	(2.14.98)							
3.	Kings Lynn Warriors	Kings Lynn	9:18.52	678	1:06.53	2:14.26	3:23.88	4:39.16	5:45.76	6:58.52	8:05.86
	Petra CHOMICZ	1.06.53	1.07.73	(2.14.26)							
	Eleanor NEWELL	1.09.62	1.15.28	(2.24.90)							
	Hannah MOUNSEY	1.06.60	1.12.76	(2.19.36)							
	Hannah JOHN	1.07.34	1.12.66	(2.20.00)							

EVENT 415 Mens Open 400m Freestyle Team (Timed Final)

Place	Name	A.G Club	Time	GB Pts	50	100	150	200	250	300	350
1.	Hatfield SC A	Hatfield	3:41.20	734	26.68	54.99	1:21.47	1:50.81	2:17.35	2:46.63	3:12.81
	Jonathan QUINN	26.68	28.31	(54.99)							
	John SARGENT	26.48	29.34	(55.82)							
	James ALLCHORNE	26.54	29.28	(55.82)							
	Bret FERGUSON	26.18	28.39	(54.57)							
2.	Hatfield SC B	Hatfield	3:43.95	710	27.11	55.61	1:22.60	1:52.13	2:18.97	2:48.73	3:14.16
	Bobby CAVE	27.11	28.50	(55.61)							
	Adam MAXWELL	26.99	29.53	(56.52)							
	Matthew KING	26.84	29.76	(56.60)							
	Martyn BERMINGHAM	25.43	29.79	(55.22)							
3.	Team Ipswich Swimming	teamipswich	3:45.39	698	27.50	57.02	1:23.62	1:52.24	2:19.55	2:49.00	3:16.34
	Lewis COLEMAN	27.50	29.52	(57.02)							
	Troy LYNCH	26.60	28.62	(55.22)							
	Aaron LYNCH	27.31	29.45	(56.76)							
	Christopher TAYLOR	27.34	29.05	(56.39)							
4.	UEA City of Norwich A	UEA Norwich	3:45.51	697	27.81	56.93	1:24.13	1:54.24	2:21.28	2:51.06	3:17.17
	Thomas HOLLINGSWORTH	27.81	29.12	(56.93)							
	Aaron NAZAR	27.20	30.11	(57.31)							
	Simon NAZAR	27.04	29.78	(56.82)							
	James LAWTON	26.11	28.34	(54.45)							
5.	Stowmarket	Stowmarket	3:48.01	677	26.70	56.00	1:23.92	1:56.45	2:23.00	2:53.15	3:18.88
	David HARRISON	26.70	29.30	(56.00)							
	Oliver BUMSTEAD	27.92	32.53	(1.00.45)							
	Adam DUSZYNSKI	26.55	30.15	(56.70)							
	Shaun HARRISON	25.73	29.13	(54.86)							
6.	St Felix School	St Felix Sch	3:52.56	642	28.43	58.17	1:25.83	1:56.48	2:22.72	2:52.43	3:21.36
	Thomas SUTTON	28.43	29.74	(58.17)							
	Michael WHITE	27.66	30.65	(58.31)							
	Richard HARRIS	26.24	29.71	(55.95)							
	Luke BAILEY	28.93	31.20	(1.00.13)							
7.	UEA City of Norwich B	UEA Norwich	3:53.20	637	28.03	59.13	1:26.71	1:57.25	2:25.66	2:55.86	3:22.88
	Richard FREEDMAN	28.03	31.10	(59.13)							
	Mark LEAMON	27.58	30.54	(58.12)							
	John McKENZIE	28.41	30.20	(58.61)							
	Sam HEARD	27.02	30.32	(57.34)							
8.	Deben SC	Deben	3:54.64	626	28.31	59.11	1:26.97	1:57.56	2:25.60	2:57.34	3:24.78
	Ben DAVIES	28.31	30.80	(59.11)							
	Michael PUGH	27.86	30.59	(58.45)							
	Matthew NAUNTON	28.04	31.74	(59.78)							
	Mark STEVENS	27.44	29.86	(57.30)							
9.	Borough of Southend	Bo Southend	4:02.87	568	27.89	59.03	1:28.96	2:01.57	2:30.85	3:03.73	3:31.75
	George MORRIS	27.89	31.14	(59.03)							
	Harry PAYNE	29.93	32.61	(1.02.54)							
	Sean TOMLIN	29.28	32.88	(1.02.16)							
	Jonathan SAYER	28.02	31.12	(59.14)							



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EVENT 416 Womens Open 400m Medley Team (Timed Final)

Place	Name	A/G Club	Time	GB Pts	50	100	150	200	250	300	350	400
1.	St Felix School	St Felix Sch	4:33.85	738	33.60	1:08.42	1:44.15	2:24.92	2:56.35	3:32.33	4:01.57	
	Ellis JACKSON		33.60	(1.08.42)								
	Alexandra HARRISON		35.73	(1.16.50)								
	Rebecca WETTEN		31.43	(1.07.41)								
	Alex HUSTON		29.24	(1.01.52)								
2.	Hatfield SC A	Hatfield	4:35.20	728	33.23	1:08.40	1:47.18	2:30.81	3:01.44	3:35.67	4:04.38	
	Natasha BROWN		33.23	(1.08.40)								
	Cara PURVIS		38.78	(1.22.41)								
	Katie AMBRIDGE		30.63	(1.04.86)								
	Rachael GEORGE		28.71	(59.53)								
3.	UEA City of Norwich A	UEA Norwich	4:37.01	716	33.51	1:09.29	1:46.06	2:27.69	3:00.35	3:37.28	4:06.30	
	Laura INGLESON		33.51	(1.09.29)								
	Claire BARRON		36.77	(1.18.40)								
	Bethany COGGINS		32.66	(1.09.59)								
	Anne BOCHMANN		29.02	(59.73)								
4.	Team Ipswich Swimming	teamipswich	4:38.49	706	34.01	1:09.48	1:45.89	2:26.81	2:59.55	3:37.38	4:07.01	
	Rebecca READER		34.01	(1.09.48)								
	Amy SWALLOW		36.41	(1.17.33)								
	Samantha BERRY		32.74	(1.10.57)								
	Alexandra SEAL		29.63	(1.01.11)								
5.	Kings Lynn Warriors	Kings Lynn	4:51.30	625	39.35	1:20.34	1:56.34	2:37.43	3:09.38	3:48.40	4:18.57	
	Hannah MOUNSEY		39.35	(1.20.34)								
	Petra CHOMICZ		36.00	(1.17.09)								
	Hannah JOHN		31.95	(1.10.97)								
	Sarah VANDERLOO		30.17	(1.02.90)								
6.	Deben SC	Deben	4:53.34	613	35.36	1:13.97	1:52.33	2:36.37	3:08.99	3:46.99	4:18.48	
	Emily PRIOR		35.36	(1.13.97)								
	Fenella FOSKETT		38.36	(1.22.40)								
	Alice TENNANT		32.62	(1.10.62)								
	Evie ADAMS		31.49	(1.06.35)								
7.	UEA City of Norwich B	UEA Norwich	4:54.79	604	36.11	1:14.35	1:55.43	2:39.39	3:11.22	3:50.65	4:20.60	
	Mimi BARR		36.11	(1.14.35)								
	Chloe PELLICAN		41.08	(1.25.04)								
	Holly WHITE		31.83	(1.11.26)								
	Georgia INGLESON		29.95	(1.04.14)								