



ASA East Region 2007 Youth Championships

(Under ASA Laws & ASA Technical Rules)
A Level One Licensed Meet - N^o. ERX718



EVENT 101 Mens Open 100m Backstroke

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50	100
1.	Sam BRADLEY	13 Luton	7	1:33.79	516	46.62	47.17
2.	James HOLLIS	12 Epping For't	10	1:21.99	423	39.03	42.96

16 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100
1.	Charlie WALKER	16 Co Peterboro		1:02.60	30.39	32.21
2.	Lewis COLEMAN	15 teamipswich		1:03.56	31.13	32.43
3.	James SUTHERLAND	15 Hatfield		1:04.00	30.69	33.31
4.	George SCOTHERN	16 Brentwood		1:04.65	31.06	33.59
5.	Tom GILBERT	16 Chelmsford		1:05.79	32.29	33.50
6.	Craig ROSS	15 Bishop Stort		1:06.57	32.10	34.47
7.	Nicholas ROBSON	15 Hatfield		1:06.67	32.56	34.11
8.	Stephen FISHER	15 Gt Yarmouth		1:06.91	32.09	34.82
9.	Robert HILL	15 Hemel Hemp		1:10.19	33.56	36.63
10.	James HOLLIS	12 Epping For't	10	1:21.99	39.03	42.96
11.	Sam BRADLEY	13 Luton	7	1:33.79	46.62	47.17

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100
1.	John SARGENT	21 Hatfield		1:01.29	29.97	31.32
2.	Luke LARGE	17 Kings Lynn		1:02.68	30.40	32.28
3.	Thomas HOLLINGSWORTH	19 UEA Norwich		1:02.75	30.86	31.89
4.	Paul TITLEY	18 Mid Beds		1:02.78	30.75	32.03
5.	Tommy BOCHMANN	18 UEA Norwich		1:03.07	30.70	32.37
6.	Richard MOLLOY	17 Bishop Stort		1:03.22	30.76	32.46
7.	Thomas ROOTSEY	17 Colchester		1:03.93	30.79	33.14
8.	David WHEELER	23 Modernians		1:04.31	30.79	33.52
9.	Richard HARRIS	17 St Felix Sch		1:04.42	31.36	33.06
10.	Adam BYFORD	18 Braintree		1:05.40	31.58	33.82
11.	Jazza CLENAGHAN	18 Chelmsford		1:05.72	31.84	33.88
12.	Konrad KORTH	18 teamipswich		1:05.80	32.04	33.76
13.	Richard POWELL	25 Co Cambridge		1:06.26	31.59	34.67
14.	Douglas KERR	18 Mid Beds		1:06.86	31.88	34.98
15.	Matthew WEBB	25 Co Cambridge		1:11.09	33.94	37.15
	Christopher FOSTER	17 Bishop Stort	9	DNC		

EVENT 102 Womens Open 100m Backstroke

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50	100
1.	Emma CATTLE	19 Luton	10	1:18.99	765	38.51	40.48
2.	Lauren STEADMAN	14 Mid Beds	9	1:23.03	589	40.00	43.03
3.	Sarah BOWLING	17 Kings Lynn	9	1:31.56	439	44.91	46.65
4.	Jo-Jo CRANFIELD	14 Rochford	9	1:33.87	408	45.21	48.66
5.	Emma HOLLIS	15 Epping For't	9	1:43.60	303	49.90	53.70

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100
1.	Harriet BRETTL	15 Mid Beds		1:07.49	33.20	34.29
2.	Sophie SWEET	14 St Ives		1:08.87	33.74	35.13
3.	Rebecca READER	15 teamipswich		1:09.64	33.69	35.95
4.	Alex HUSTON	14 St Felix Sch		1:10.23	34.33	35.90
5.	Verity GOODEY	15 Basildon		1:10.26	34.51	35.75
6.	Carly OGOGO	14 Lstof & OB		1:11.17	34.13	37.04
7.	Larissa AYRES	14 Modernians		1:11.47	34.88	36.59
8.	Charlotte DELICATA	15 Runnymede		1:11.83	35.15	36.68
9.	Hazel PICKFORD	14 Hatfield		1:11.91	34.92	36.99
10.	Whitney BUCKLER	14 St Felix Sch		1:12.05	35.19	36.86
10.	Ceri UNWIN	15 Hatfield		1:12.05	35.34	36.71
12.	Marina ESTEVE	15 St Felix Sch		1:12.16	35.45	36.71
13.	Chloe PELLICAN	15 UEA Norwich		1:12.44	35.98	36.46
14.	Alice TENNANT	14 Deben		1:12.49	34.83	37.66
15.	Fenella FOSKETT	14 Deben		1:12.74	35.73	37.01
16.	Danielle LEE	14 Mid Beds		1:12.98	34.51	38.47
17.	Robyn BALL	14 St Felix Sch		1:13.02	35.83	37.19
18.	Sophie DRAKE	14 Canvey Isl		1:14.07	36.16	37.91
19.	Emily PRIOR	15 Deben		1:14.15	36.31	37.84
20.	Laura MANNING	14 Lstof & OB		1:14.16	35.73	38.43
21.	Megan LANGRIDGE	14 Thurrock		1:14.29	36.36	37.93
22.	Tamara RICHARDS	14 Mid Beds		1:14.49	36.34	38.15
23.	Harriet PITT	14 Chelmsford		1:14.72	35.96	38.76



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24.	Grace WILLIAMS	14	teamipswich	1:15.16	36.39	38.77	
25.	Amy HATFIELD	14	Thurrock	1:15.25	36.38	38.87	
26.	Jade MORTON	14	West Suffolk	1:16.48	37.12	39.36	
27.	Lauren STEADMAN	14	Mid Beds	9	1:23.03	40.00	43.03
28.	Jo-Jo CRANFIELD	14	Rochford	9	1:33.87	45.21	48.66
29.	Emma HOLLIS	15	Epping For't	9	1:43.60	49.90	53.70

16 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	
1.	Laura INGLESON	16	UEA Norwich	1:08.23		33.45	34.78
2.	Natasha BROWN	16	Hatfield	1:09.77		33.78	35.99
3.	Christine TOOKE	17	Co Peterboro	1:11.14		34.84	36.30
4.	Hannah RAINE	16	Mid Beds	1:11.71		35.20	36.51
5.	Ruby GROOME	16	Harlow Pen	1:12.06		34.84	37.22
6.	Emily HAWES	16	Lstof & OB	1:12.61		35.27	37.34
7.	Emma CATTLE	19	Luton	10	1:18.99	38.51	40.48
8.	Sarah BOWLING	17	Kings Lynn	9	1:31.56	44.91	46.65

EVENT 103 Mens Open 50m Freestyle

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	
1.	Sam BRADLEY	13	Luton	7	38.45	409
2.	James HOLLIS	12	Epping For't	10	33.78	375

16 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	
1.	Charlie WALKER	16	Co Peterboro	25.41	
2.	Bobby CAVE	16	Hatfield	25.75	
3.	Luke DE MOYA	15	Co Peterboro	26.02	
4.	Craig ROSS	15	Bishop Stort	26.06	
5.	Troy LYNCH	15	teamipswich	26.09	
6.	Matthew KING	16	Hatfield	26.18	
7.	Adam MAXWELL	15	Hatfield	26.30	
8.	James SUTHERLAND	15	Hatfield	26.32	
9.	Christopher CHENERY	16	Chelmsford	26.38	
10.	Adam OAKMAN	16	Co Cambridge	26.53	
11.	Aaron GALVANI	16	Hatfield	26.58	
12.	Andrew BIGLEY	15	teamipswich	26.81	
13.	Stephen EGAN	16	Fifolits	26.89	
14.	Benjamin MASON	15	Hoddesdon	27.19	
15.	Adrian BIRD	16	teamipswich	27.22	
16.	Graham RANDALL	16	Luton	27.24	
17.	Adam JAMIESON	16	Mildenhall	27.27	
18.	Sargon YOUSSEFI	16	Colchester	27.33	
19.	Matthew NAUNTON	15	Deben	27.34	
20.	Oliver CROSBY	16	Colchester	27.40	
21.	Alex FRANCEY	15	Harlow Pen	27.45	
22.	Jack ASHTON	15	Chelmsford	27.47	
23.	Lewis KING	16	Hatfield	27.52	
24.	Matthew SCOTT	16	St Ives	27.59	
25.	Luke WESTWOOD	16	Co Cambridge	27.64	
26.	Michael WHITE	15	St Felix Sch	27.66	
27.	Paul BARKER	16	Felixstowe	27.68	
28.	Chris SEARLE	15	Dereham	27.73	
29.	Adam SCOTT	15	Co Cambridge	27.75	
30.	Joshua BRAND	16	Braintree	27.89	
31.	Sam TAYLOR	15	St Ives	28.00	
31.	Robert HILL	15	Hemel Hemp	28.00	
33.	Andrew WEATHERITT	15	St Ives	28.07	
34.	Matthew WILKINSON	16	Co Cambridge	28.09	
35.	Joseph MOYES	15	Co Cambridge	28.34	
36.	John PICKFORD	16	Watford	28.47	
37.	Robbie MITCHELL	16	Kings Lynn	28.49	
38.	Matthew SAUNDERS	15	Southend	28.51	
39.	Lewis RAINBOW	16	Hitchin	28.53	
40.	Michael COLES	16	Epping For't	28.84	
41.	Billy O'NEILL	15	Watford	29.02	
42.	James HOLLIS	12	Epping For't	10	33.78
43.	Sam BRADLEY	13	Luton	7	38.45
	Ryan CROUCH	13	teamipswich	10	DNC
	Dale HART	15	Kings Lynn		DQ ST-

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	Daniel HUNT	18	Chelmsford	25.60
2.	Christopher SMITH	18	Lstof & OB	25.62
3.	Stuart KIRK	19	Modernians	25.65
4.	Alexander LODGE	17	Hatfield	25.71



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5.	Shaun HARRISON	27	Stowmarket	25.78
6.	Bogdan OLEINIK	19	Luton	25.87
7.	Adam DUSZYNSKI	18	Stowmarket	25.90
8.	Matthew WEBB	25	Co Cambridge	25.98
9.	Luke LARGE	17	Kings Lynn	26.04
10.	Wayne COLLINS	24	Hatfield	26.06
11.	William BOOSEY	17	teamipswich	26.16
12.	Richard MOLLOY	17	Bishop Stort	26.22
12.	Richard HARRIS	17	St Felix Sch	26.22
14.	Douglas GORDON	17	Co Cambridge	26.27
15.	Richard POWELL	25	Co Cambridge	26.29
16.	Ben MATTHEWS	17	teamipswich	26.38
17.	Karl JACKSON	17	Kings Lynn	26.41
18.	Konrad KORTH	18	teamipswich	26.47
19.	Adam BYFORD	18	Braintree	26.52
20.	Christopher TAYLOR	17	teamipswich	26.62
21.	Scott WILLIAMS	18	Chatteris	26.63
22.	Matthew JONES	18	Mildenhall	26.73
23.	Thomas ROOTSEY	17	Colchester	26.78
24.	Edmund CROSTHWAITE	17	Stowmarket	26.83
25.	Stephen BROOKS	17	Mid Beds	27.02
26.	Jack WEATHERITT	18	St Ives	27.10
27.	Edward PAYNE	17	Leighton Buz	27.16
28.	John MCKENZIE	17	UEA Norwich	27.18
29.	Sam HARDY	17	Leighton Buz	27.22
30.	Ryan CURRELL	18	Dunstable	27.24
31.	David THOMAS	19	UEA Norwich	27.37
31.	Douglas KERR	18	Mid Beds	27.37
33.	Tristan HAMPSON	18	Modernians	27.41
34.	Vincent POTTIER	28	Co Cambridge	27.42
35.	Joe HARDWICK	17	Stowmarket	27.57
36.	James RUMBELOW	17	Co Cambridge	27.67
37.	Kieran ROBERTS	18	Leighton Buz	27.69
38.	Mark THOMPSON	18	Co Ely	27.72
39.	Sam WATTS	21	UEA Norwich	27.77
	Christopher FOSTER	17	Bishop Stort	9 DNC
	Aaron NAZAR	19	Kings Lynn	DNC
	Alexander BARKER	17	Kings Lynn	DNC

EVENT 104 Womens Open 50m Freestyle

15 Yrs/Under Age Group - Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints
1.	Stephanie BIRD	18 Lstof & OB	14	31.72	760
2.	Lauren STEADMAN	14 Mid Beds	9	33.11	675
3.	Emma CATTLE	19 Luton	10	32.56	666
4.	Jo-Jo CRANFIELD	14 Rochford	9	36.02	524
5.	Claire WARNE	14 Luton	5	50.64	372
6.	Emma HOLLIS	15 Epping For't	9	40.58	366

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	Sophie CHAMBERLAIN	14 Lstof & OB		28.80
2.	Alice TENNANT	14 Deben		28.94
3.	Soraya SASSANI	15 Co Cambridge		28.97
4.	Harriet BRETTL	15 Mid Beds		29.03
5.	Rebecca READER	15 teamipswich		29.07
6.	Rebecca WETTEN	14 St Felix Sch		29.15
7.	Eleanor HAYNES	15 teamipswich		29.36
8.	Lara NYMAN	15 Hatfield		29.48
9.	Sarah SWINDELL	14 Hatfield		29.49
9.	Alex HUSTON	14 St Felix Sch		29.49
11.	Fenella FOSKETT	14 Deben		29.53
12.	Georgina ROUGHSEGE	14 Co Cambridge		29.70
13.	Karen KWOK	15 Modernians		29.76
14.	Sophie DRAKE	14 Canvey Isl		29.78
15.	April HYAM	14 teamipswich		29.81
16.	Harriet THORPE	15 Co Cambridge		29.86
17.	Verity GOODEY	15 Basildon		29.92
18.	Sophie SWEET	14 St Ives		29.96
19.	Rachel ANDVIG	14 teamipswich		30.00
20.	Micha DAHER	15 Mid Beds		30.13
21.	Jessica HUGGETT	15 Bishop Stort		30.15
22.	Meagan SEARLE	15 Mildenhall		30.18
23.	Hazel PICKFORD	14 Hatfield		30.20
24.	Emma JONES	14 Mid Beds		30.23
25.	Tamara RICHARDS	14 Mid Beds		30.26



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26.	Whitney BUCKLER	14	St Felix Sch	30.27
27.	Emma LANDER	15	Hitchin	30.28
27.	Robyn BALL	14	St Felix Sch	30.28
29.	Becky WILKINSON	14	UEA Norwich	30.29
30.	Emily PITTS	14	West Suffolk	30.39
31.	Charlotte MUNN	15	Felixstowe	30.47
32.	Larissa AYRES	14	Modernians	30.50
33.	Carly OGOGO	14	Lstof & OB	30.53
34.	Danielle LEE	14	Mid Beds	30.56
35.	Katherine MARRIOTT	15	Linslade	30.64
36.	Melissa SEELEY	14	Epping For't	30.66
37.	Charley GALLAGHER	14	Southend	30.73
37.	Gemma SIMPSON	15	Co Peterboro	30.73
39.	Jade MORTON	14	West Suffolk	30.79
40.	Jessica HILL	14	Co Ely	30.86
41.	Catherine MUMFORD	15	Co Cambridge	30.88
42.	Laura PATTERN	15	Wisbech	30.91
43.	Elizabeth BARRY	14	Watford	30.95
44.	Lydia DECARVALHO	15	teamipswich	30.96
45.	Rachel FRIMAN	14	Modernians	30.99
46.	Charlotte DAVIS	15	Runnymede	31.00
47.	Emma GALLEY	14	Co Ely	31.01
47.	Emily BURNETT	15	Southend	31.01
49.	Riasa DOUGLAS-COLLOW	15	Lstof & OB	31.05
50.	Jemma BROWN	15	Kings Lynn	31.13
51.	Amy HATFIELD	14	Thurrock	31.21
52.	Jodie MORAN	15	Southend	31.37
53.	Emma BOWERS	14	Kings Lynn	31.41
54.	Alex MCLAREN	14	Hemel Hemp	31.74
55.	Marina ESTEVE	15	St Felix Sch	31.88
56.	Lauren STEADMAN	14	Mid Beds	33.11
57.	Jo-Jo CRANFIELD	14	Rochford	36.02
58.	Emma HOLLIS	15	Epping For't	40.58
59.	Claire WARNE	14	Luton	50.64

16 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	Alex SEAL	16	teamipswich	28.85
2.	Laura INGLES	16	UEA Norwich	29.03
3.	Rebecca WARNER	17	Modernians	29.07
4.	Hannah JOHN	16	Kings Lynn	29.12
5.	Stephanie CALVER	16	teamipswich	29.16
6.	Helen POWLEY	18	teamipswich	29.23
7.	Hannah MOUNSEY	16	Kings Lynn	29.27
7.	Natasha BROWN	16	Hatfield	29.27
9.	Georgia INGLES	16	UEA Norwich	29.43
10.	Catherine MARKWELL	25	UEA Norwich	29.45
11.	Charlotte LENNOX	17	Hatfield	29.76
12.	Sophie POOLE	16	teamipswich	29.80
13.	Amy GOILLAU	16	Epping For't	29.81
14.	Kimberley HOUGH	25	Stowmarket	29.90
15.	Hannah RAINE	16	Mid Beds	29.98
16.	Helen BALDRANCE	18	Mid Beds	30.09
17.	Holly MOULD	21	Hitchin	30.14
18.	Hannah OAKLEY-REID	16	Hatfield	30.18
18.	Ruby GROOME	16	Harlow Pen	30.18
20.	Rebecca HENBURY	16	West Suffolk	30.29
21.	Hollie JOHNSON	16	Stowmarket	30.31
22.	Samantha BERRY	16	teamipswich	30.36
23.	Louise KENDALL	16	Harlow Pen	30.67
24.	Louise KING	16	Mid Beds	30.71
25.	Jennifer CARTER	16	Colchester	30.72
26.	Sarah HARDIMENT	18	Co Ely	30.82
27.	Louise COX	18	Hemel Hemp	31.28
28.	Charlotte AYRES	16	Modernians	31.43
29.	Catherine DOBSON	26	Co Cambridge	31.44
30.	Stephanie BIRD	18	Lstof & OB	31.72
31.	Rebecca BOWDEN	17	Hemel Hemp	31.83
32.	Emma CATTLE	19	Luton	32.56
	Emily HAWES	16	Lstof & OB	DQ ST-



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EVENT 105 Mens Open 200m Breaststroke

16 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Lewis COLEMAN	15 teamipswich	2:31.58	685	34.14	39.52	39.40	38.52
2.	Jonathan QUINN	16 Hatfield	2:32.39	675	32.84	37.30	40.14	42.11
3.	Bobby CAVE	16 Hatfield	2:35.12	644	35.37	39.65	40.81	39.29
4.	Nicholas THOMPSON	15 UEA Norwich	2:35.63	638	35.70	40.77	39.77	39.39
5.	Tom FREEMAN	15 Co Peterboro	2:41.98	570	36.04	41.21	42.00	42.73
5.	George SCOTHERN	16 Brentwood	2:41.98	570	35.98	40.95	42.25	42.80
7.	Chris HOWE	16 Leighton Buz	2:42.15	568	35.59	41.55	42.44	42.57
8.	Luke WESTWOOD	16 Co Cambridge	2:45.93	532	36.41	42.09	43.22	44.21
9.	Lewis KING	16 Hatfield	2:47.81	514	37.14	43.11	43.64	43.92
10.	Alex FRANCEY	15 Harlow Pen	2:48.38	509	37.90	43.13	44.31	43.04
11.	Nathan GARRITY	15 Hadleigh	2:49.09	503	36.84	43.69	44.49	44.07
12.	Stephen FISHER	15 Gt Yarmouth	3:01.02	407	37.96	44.56	48.42	50.08
	Matthew MCKEOWN	15 Modernians	DQ	SA-	36.12	43.41	45.33	55.14

17 Yrs/Over Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	James ALLCHORNE	18 Hatfield	2:33.12	667	34.68	38.79	40.11	39.54
2.	David DOWSETT	21 Mid Beds	2:36.94	623	35.18	39.47	41.06	41.23
3.	Bogdan OLEINIK	19 Luton	2:44.27	547	35.73	40.47	43.26	44.81
4.	Paul TITLEY	18 Mid Beds	2:48.30	510	37.49	41.16	43.61	46.04

EVENT 106 Womens Open 200m Breaststroke

15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Chloe PELLICAN	15 UEA Norwich	2:47.54	684	38.44	42.74	43.28	43.08
2.	Ceri UNWIN	15 Hatfield	2:49.15	666	39.41	43.23	42.99	43.52
3.	Amy SWALLOW	15 teamipswich	2:50.50	652	38.76	43.50	44.07	44.17
4.	Bernice EDGEWORTH	15 Bishop Stort	2:51.42	643	38.16	43.54	45.42	44.30
5.	Georgina HUNT	14 Thurrock	2:53.69	620	39.40	44.10	44.81	45.38
6.	Becky WILKINSON	14 UEA Norwich	2:57.26	585	39.56	45.82	46.20	45.68
7.	Charlotte DELICATA	15 Runnymede	2:58.13	577	40.97	45.21	45.76	46.19
8.	Charlotte LAMB	15 Thurrock	3:02.66	537	41.60	46.58	47.38	47.10
9.	Katie QUINN	15 Hatfield	3:02.70	536	40.93	46.42	47.93	47.42
10.	Emma WARRINGTON	14 Hoddesdon	3:02.77	536	41.65	47.39	46.60	47.13
11.	Micha DAHER	15 Mid Beds	3:03.05	533	39.00	45.36	48.84	49.85
12.	Bryony HENRY	14 Deben	3:07.07	500	41.60	48.39	49.50	47.58
13.	Rachael FRANKLIN	14 Brentwood	3:08.08	492	42.55	47.58	49.88	48.07

16 Yrs/Over Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Claire BARRON	16 UEA Norwich	2:44.53	718	37.63	41.55	42.45	42.90
2.	Rebecca SCOTT	16 Runnymede	2:50.91	648	38.75	43.41	44.20	44.55
3.	Jessica FORD	16 Thurrock	2:54.97	607	40.16	44.03	46.26	44.52
4.	Alyson MORAN	18 Southend	2:55.36	603	38.36	44.08	45.30	47.62
5.	Christine TOOKE	17 Co Peterboro	2:55.59	601	40.07	44.96	45.52	45.04
6.	Rebecca HARRIS	18 St Felix Sch	2:55.77	599	39.83	44.91	45.77	45.26
7.	Emily AUST	17 Mid Beds	3:02.52	538	40.52	46.15	48.04	47.81
8.	Phillippa TAPPIN	19 Hitchin	3:02.72	536	39.25	45.09	48.40	49.98
9.	Rebecca BOWDEN	17 Hemel Hemp	3:02.93	534	42.06	46.72	47.67	46.48

EVENT 107 Mens Open 50m Butterfly

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints
1.	James HOLLIS	12 Epping For't	10	35.98	422
2.	Sam BRADLEY	13 Luton	7	50.23	242

16 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	James SUTHERLAND	15 Hatfield		28.02
2.	Sam MUNKLEY	15 Hertsmere		28.36
3.	Charlie WALKER	16 Co Peterboro		28.50
4.	Troy LYNCH	15 teamipswich		28.74
5.	Sargon YOUSSEFI	16 Colchester		28.77
6.	Chris HOWE	16 Leighton Buz		28.90
7.	Tom GILBERT	16 Chelmsford		28.94
8.	Adam MAXWELL	15 Hatfield		28.99
9.	Adam JAMIESON	16 Mildenhall		29.06
10.	David CURTIS	16 Swans St N		29.12



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10.	Andrew BIGLEY	15	teamipswich	29.12
12.	Craig ROSS	15	Bishop Stort	29.13
13.	Dale HART	15	Kings Lynn	29.37
14.	Alex FRANCEY	15	Harlow Pen	29.47
15.	Joshua BRAND	16	Braintree	29.52
16.	George SCOTHERN	16	Brentwood	29.57
17.	Matthew SCOTT	16	St Ives	29.73
18.	Paul BARKER	16	Felixstowe	29.75
19.	Oliver CREASEY	15	Hitchin	29.80
19.	Oliver CROSBY	16	Colchester	29.80
21.	Lewis KING	16	Hatfield	29.86
22.	Adam OAKMAN	16	Co Cambridge	30.54
23.	Michael WHITE	15	St Felix Sch	30.58
24.	Michael COLES	16	Epping For't	31.31
25.	James HOLLIS	12	Epping For't	35.98
26.	Sam BRADLEY	13	Luton	50.23

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	Thomas HOLLINGSWORTH	19	UEA Norwich	27.52
2.	David WHEELER	23	Modernians	27.61
3.	Alexander LODGE	17	Hatfield	27.78
4.	Scott WILLIAMS	18	Chatteris	27.87
5.	Ben MATTHEWS	17	teamipswich	27.92
6.	Christopher SMITH	18	Lstof & OB	28.01
7.	Stuart KIRK	19	Modernians	28.20
8.	Wayne COLLINS	24	Hatfield	28.36
9.	Shaun HARRISON	27	Stowmarket	28.48
10.	Bogdan OLEINIK	19	Luton	28.50
11.	William BOOSEY	17	teamipswich	28.63
12.	Stephen BROOKS	17	Mid Beds	28.83
13.	Richard POWELL	25	Co Cambridge	29.02
14.	John MCKENZIE	17	UEA Norwich	29.11
15.	Matthew JONES	18	Mildenhall	29.41
16.	Tristan HAMPSON	18	Modernians	29.66
17.	James RUMBELOW	17	Co Cambridge	29.71
18.	Edward PAYNE	17	Leighton Buz	29.73
19.	Douglas KERR	18	Mid Beds	29.85
20.	Sam WATTS	21	UEA Norwich	30.25
21.	Ryan CURRELL	18	Dunstable	31.51
	Alexander BARKER	17	Kings Lynn	DNC
	Aaron NAZAR	19	Kings Lynn	DNC
	Matthew WEBB	25	Co Cambridge	DQ ST-

EVENT 108 Womens Open 50m Butterfly

15 Yrs/Under Age Group - Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	
1.	Stephanie BIRD	18	Lstof & OB	14	36.09	637
2.	Lauren STEADMAN	14	Mid Beds	9	40.20	587
3.	Sarah BOWLING	17	Kings Lynn	9	41.14	548
4.	Jo-Jo CRANFIELD	14	Rochford	9	41.85	520
5.	Claire WARNE	14	Luton	5	58.32	337
	Emma CATTLE	19	Luton	10	DNC	

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	
1.	Verity GOODEY	15	Basildon	30.91	
2.	Rebecca WETTEN	14	St Felix Sch	31.05	
3.	Soraya SASSANI	15	Co Cambridge	31.11	
4.	Lydia DECARVALHO	15	teamipswich	31.55	
5.	Jessica HUGGETT	15	Bishop Stort	31.86	
6.	Eleanor HAYNES	15	teamipswich	32.08	
7.	Alice TENNANT	14	Deben	32.11	
8.	Charlotte DAVIS	15	Runnymede	32.23	
9.	Fenella FOSKETT	14	Deben	32.34	
10.	Sarah SWINDELL	14	Hatfield	32.54	
11.	Charlotte COOK	14	Dunstable	32.85	
12.	Meagan SEARLE	15	Mildenhall	33.19	
13.	Larissa AYRES	14	Modernians	33.21	
14.	Lotte HUDSON	15	Hatfield	33.58	
15.	Melissa SEELEY	14	Epping For't	33.81	
16.	Danielle LEE	14	Mid Beds	33.85	
17.	Tamara RICHARDS	14	Mid Beds	34.11	
18.	Katie SYKES	14	Kings Lynn	34.16	
19.	Carly OGOGO	14	Lstof & OB	34.51	
20.	Lauren STEADMAN	14	Mid Beds	9	40.20
21.	Jo-Jo CRANFIELD	14	Rochford	9	41.85



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22.	Claire WARNE	14	Luton	5	58.32
16 Yrs/Over Age Group - Full Results					
Place	Name	AaD	Club	Cat.	Time
1.	Rebecca WARNER	17	Modernians		29.32
2.	Elizabeth BELLINGER	28	Bishop Stort		29.33
3.	Kattherine AMBRIDGE	17	Hatfield		29.87
4.	Samantha BERRY	16	teamipswich		31.16
5.	Alex SEAL	16	teamipswich		31.56
6.	Natasha BROWN	16	Hatfield		32.48
7.	Louise KING	16	Mid Beds		32.52
8.	Sophie POOLE	16	teamipswich		32.77
9.	Ruby GROOME	16	Harlow Pen		32.96
9.	Catherine MARKWELL	25	UEA Norwich		32.96
11.	Helen BALDRANCE	18	Mid Beds		33.29
12.	Louise COX	18	Hemel Hemp		33.34
13.	Kimberley HOUGH	25	Stowmarket		33.41
14.	Sarah HUME	20	UEA Norwich		33.42
15.	Hannah OAKLEY-REID	16	Hatfield		33.54
16.	Jodie WANT	16	Harlow Pen		33.68
17.	Alyson MORAN	18	Southend		33.76
18.	Catherine DOBSON	26	Co Cambridge		34.65
19.	Charlotte AYRES	16	Modernians		34.82
20.	Stephanie BIRD	18	Lstof & OB	14	36.09
21.	Sarah BOWLING	17	Kings Lynn	9	41.14
	Emma CATTLE	19	Luton	10	DNC

EVENT 109 Mens/Womens Open 1500m Freestyle

MENS 16 Yrs/Under Age Group

Place	Name	AaD	Club	Time	GB Pts	100	200	300	400	500
						600	700	800	900	1000
						1100	1200	1300	1400	1500
1.	Nicholas THOMPSON	15	UEA Norwich	17:08.57	696	1:04.45	1:09.02	1:09.52	1:09.68	1:09.71
						1:09.19	1:09.43	1:09.23	1:08.60	1:09.11
						1:08.58	1:08.48	1:08.72	1:08.63	1:06.22
2.	Nicholas ROBSON	15	Hatfield	17:12.92	688	1:04.90	1:08.24	1:08.32	1:08.12	1:08.75
						1:09.09	1:09.01	1:09.76	1:10.40	1:10.21
						1:09.92	1:09.91	1:10.80	1:10.57	1:04.92
3.	James CREAGER	15	Hatfield	17:13.58	687	1:04.67	1:08.73	1:09.45	1:09.39	1:09.76
						1:09.25	1:09.25	1:08.58	1:10.13	1:09.22
						1:09.13	1:08.81	1:09.73	1:09.90	1:07.58
4.	George SCOTHERN	16	Brentwood	17:14.45	685	1:02.88	1:06.70	1:08.05	1:08.65	1:10.01
						1:09.62	1:10.28	1:11.09	1:11.21	1:10.10
						1:10.25	1:11.30	1:09.99	1:09.53	1:04.79
5.	Lewis KING	16	Hatfield	17:24.06	668	1:04.76	1:08.68	1:09.47	1:09.96	1:09.20
						1:08.76	1:10.07	1:09.85	1:09.63	1:09.64
						1:10.12	1:11.55	1:10.70	1:11.85	1:09.82
6.	Tom FREEMAN	15	Co Peterboro	17:32.46	654	1:04.01	1:09.44	1:09.73	1:09.78	1:09.96
						1:10.58	1:11.18	1:10.91	1:11.09	1:11.70
						1:11.16	1:11.15	1:11.76	1:10.91	1:09.10
7.	Robbie MITCHELL	16	Kings Lynn	18:34.55	557	1:07.89	1:14.38	1:15.11	1:15.86	1:15.58
						1:15.83	1:14.55	1:14.07	1:13.48	1:13.48
						1:14.22	1:14.77	1:16.09	1:15.72	1:13.52
8.	Robert BALDRANCE	15	Mid Beds	18:40.62	548	1:07.79	1:12.98	1:12.93	1:13.90	1:15.39
						1:16.30	1:15.19	1:15.51	1:17.03	1:16.65
						1:14.90	1:17.60	1:16.88	1:16.15	1:11.42
9.	Lewis RAINBOW	16	Hitchin	19:13.70	503	1:09.21	1:15.15	1:16.67	1:17.73	1:18.60
						1:17.51	1:17.68	1:19.43	1:19.25	1:19.52
						1:16.25	1:16.24	1:17.80	1:17.88	1:14.78



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MENS 17 Yrs/Over Age Group

Place	Name	AaD Club	Time	GB Pts	100	200	300	400	500
					600	700	800	900	1000
					1100	1200	1300	1400	1500
1.	Bret FERGUSON	20 Hatfield	16:31.19	767	1:03.75	1:06.37	1:06.36	1:06.03	1:05.84
					1:06.82	1:06.40	1:05.45	1:07.66	1:06.63
					1:06.67	1:06.91	1:06.63	1:06.46	1:03.21
2.	Samuel HEARD	18 UEA Norwich	16:31.30	766	1:02.95	1:06.06	1:06.40	1:06.00	1:06.43
					1:06.70	1:06.43	1:06.65	1:06.69	1:06.70
					1:06.59	1:06.67	1:06.60	1:06.67	1:03.76
3.	Lawrence LOWMAN	17 Lstof & OB	16:38.52	752	1:03.67	1:06.53	1:06.13	1:06.65	1:06.39
					1:06.82	1:07.22	1:06.98	1:07.00	1:07.10
					1:07.39	1:07.53	1:06.78	1:07.34	1:04.99
4.	Lewis MATTIN	17 UEA Norwich	16:56.25	718	1:04.54	1:07.41	1:07.73	1:07.80	1:07.83
					1:07.41	1:07.76	1:07.87	1:08.37	1:08.61
					1:08.69	1:08.94	1:08.70	1:08.17	1:06.42
5.	Sam SPAUL	17 UEA Norwich	17:02.00	708	1:03.71	1:07.40	1:06.40	1:07.29	1:07.02
					1:08.08	1:07.64	1:07.94	1:08.29	1:08.82
					1:09.58	1:09.46	1:10.10	1:10.30	1:09.97
6.	Douglas GORDON	17 Co Cambridge	17:30.99	657	1:03.08	1:07.35	1:08.67	1:09.53	1:10.20
					1:10.47	1:10.70	1:11.59	1:12.47	1:11.34
					1:12.10	1:12.38	1:11.20	1:09.95	1:09.96
7.	Matthew ANTUNES	17 Luton	18:12.06	590	1:06.34	1:11.31	1:12.33	1:12.10	1:12.47
					1:13.15	1:13.89	1:14.01	1:13.88	1:14.18
					1:14.26	1:14.27	1:14.80	1:14.53	1:10.54

WOMENS 15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts	100	200	300	400	500
					600	700	800	900	1000
					1100	1200	1300	1400	1500
1.	Ceri UNWIN	15 Hatfield	17:12.94	848	1:05.19	1:08.54	1:09.21	1:09.61	1:09.06
					1:08.88	1:09.87	1:09.95	1:09.81	1:10.02
					1:10.06	1:10.44	1:09.23	1:08.06	1:05.01
2.	Sophie CHAMBERLAIN	14 Lstof & OB	18:00.65	757	1:07.52	1:11.68	1:11.77	1:11.99	1:12.39
					1:12.62	1:12.73	1:12.95	1:12.89	1:12.85
					1:12.70	1:12.62	1:12.51	1:12.54	1:10.89
3.	Shannon HARROLD	15 Thurrock	18:10.83	738	1:08.40	1:11.83	1:12.16	1:12.85	1:13.22
					1:13.10	1:12.94	1:12.45	1:13.05	1:13.13
					1:13.22	1:14.00	1:14.28	1:14.22	1:11.98
4.	Molly EPSLY	14 Thurrock	18:15.04	731	1:08.24	1:12.21	1:11.85	1:12.64	1:13.14
					1:13.23	1:13.70	1:13.47	1:14.47	1:14.54
					1:14.37	1:13.92	1:14.19	1:13.93	1:11.14
5.	Catherine HICKS	15 St Felix Sch	18:15.78	730	1:08.43	1:12.61	1:12.71	1:13.00	1:13.12
					1:13.21	1:13.51	1:13.87	1:14.05	1:14.46
					1:13.89	1:13.20	1:14.01	1:13.83	1:11.88
6.	Lara NYMAN	15 Hatfield	18:42.80	684	1:07.88	1:13.37	1:14.21	1:14.74	1:14.56
					1:15.29	1:15.80	1:15.66	1:16.16	1:16.13
					1:16.44	1:16.79	1:16.56	1:15.95	1:13.26
7.	Gabrielle BRASIER	14 UEA Norwich	18:52.35	669	1:12.03	1:15.40	1:15.23	1:15.34	1:15.01
					1:15.41	1:15.58	1:15.63	1:15.83	1:16.50
					1:16.40	1:16.48	1:16.86	1:16.44	1:14.21
8.	Alice MARCHANT	14 Mid Beds	18:59.81	657	1:10.70	1:15.75	1:15.94	1:16.38	1:16.27
					1:16.31	1:16.17	1:16.51	1:16.68	1:17.02
					1:16.56	1:17.15	1:17.57	1:17.62	1:13.18
9.	Briony LOWE	15 Lstof & OB	18:59.92	657	1:09.32	1:14.51	1:14.97	1:15.33	1:16.63
					1:16.62	1:16.80	1:17.03	1:17.63	1:17.81
					1:17.92	1:17.50	1:17.83	1:16.49	1:13.53
10.	Chloe HARRIS	14 St Felix Sch	19:11.76	638	1:12.96	1:16.77	1:16.66	1:16.01	1:15.62
					1:16.79	1:17.62	1:17.87	1:18.37	1:18.85
					1:17.75	1:17.33	1:17.51	1:17.47	1:14.18



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11.	Harriet BRETTE	15	Mid Beds	19:13.15	636	1:09.57 1:18.86 1:18.22	1:14.93 1:19.36 1:17.34	1:14.00 1:20.12 1:19.06	1:14.16 1:18.94 1:18.02	1:15.25 1:18.35 1:16.97
12.	Emily PITTS	14	West Suffolk	19:42.09	594	1:13.95 1:19.34 1:19.99	1:19.62 1:19.79 1:19.44	1:19.24 1:19.89 1:18.49	1:18.39 1:19.37 1:20.03	1:19.66 1:19.64 1:15.25
12.	April HYAM	14	teamipswich	19:42.09	594	1:15.73 1:19.13 1:18.82	1:18.73 1:20.03 1:18.34	1:19.83 1:19.52 1:19.60	1:19.71 1:19.22 1:18.22	1:20.72 1:19.29 1:15.20
14.	Charley GALLAGHER	14	Southend	20:00.39	568	1:15.74 1:21.62 1:20.83	1:21.28 1:21.71 1:21.58	1:20.68 1:21.25 1:19.01	1:20.59 1:21.53 1:19.45	1:21.09 1:21.47 1:12.56
15.	Saffron ARDREN	14	Hoddesdon	20:00.43	568	1:15.73 1:20.43 1:21.22	1:20.59 1:21.19 1:21.42	1:19.84 1:21.20 1:20.18	1:19.66 1:21.43 1:19.53	1:20.36 1:21.78 1:15.87
16.	Sophie THRUSSELL	14	Mid Beds	20:07.01	559	1:15.78 1:20.61 1:21.51	1:20.45 1:21.20 1:21.60	1:19.72 1:21.46 1:22.16	1:19.99 1:20.99 1:21.09	1:20.53 1:21.83 1:18.09
17.	Grace WILLIAMS	14	teamipswich	20:12.80	552	1:17.08 1:21.33 1:22.34	1:20.13 1:21.66 1:21.24	1:21.24 1:21.58 1:21.22	1:21.32 1:21.97 1:20.76	1:20.78 1:21.28 1:18.87
18.	Louise SIMMONS	14	Flitwick	20:18.43	544	1:13.84 1:22.87 1:21.81	1:19.66 1:23.20 1:22.82	1:20.78 1:21.59 1:22.38	1:21.75 1:23.35 1:21.21	1:22.18 1:22.27 1:18.72
19.	Laura PATTERN	15	Wisbech	20:19.00	544	1:15.62 1:19.91 1:23.53	1:20.23 1:20.49 1:24.76	1:20.89 1:19.50 1:24.95	1:21.11 1:20.65 1:17.66	1:20.98 1:22.46 1:26.26
20.	Rhianydd JONES	14	Flitwick	20:30.06	529	1:14.01 1:22.70 1:22.85	1:18.91 1:23.20 1:23.45	1:19.39 1:23.85 1:24.52	1:20.67 1:23.43 1:23.36	1:22.64 1:22.96 1:24.12
21.	Jessica HILL	14	Co Ely	20:32.17	527	1:13.43 1:22.64 1:23.30	1:20.73 1:23.26 1:23.24	1:22.83 1:23.25 1:23.77	1:21.91 1:24.22 1:23.59	1:22.77 1:22.86 1:20.37
22.	Elizabeth SARAH	15	West Suffolk	20:33.93	525	1:15.38 1:22.55 1:24.73	1:20.90 1:23.84 1:24.45	1:21.10 1:24.24 1:24.30	1:21.66 1:24.11 1:21.79	1:21.80 1:25.01 1:18.07
23.	Chelsea MCKENZIE	14	Hitchin	20:34.78	523	1:13.42 1:22.80 1:24.13	1:20.49 1:23.56 1:23.69	1:22.63 1:23.42 1:23.12	1:22.87 1:23.43 1:22.61	1:23.47 1:24.04 1:21.10
24.	Georgina ROUGHSEGE	14	Co Cambridge	21:25.26	464	1:18.96 1:24.92 1:27.34	1:25.08 1:26.45 1:27.92	1:24.88 1:27.15 1:27.10	1:27.76 1:27.80 1:24.60	1:27.35 1:27.43 1:20.52

WOMENS 16 Yrs/Over Age Group

Place	Name	AaD Club	Time	GB Pts	100	200	300	400	500
					600	700	800	900	1000
					1100	1200	1300	1400	1500
1.	Hannah JOHN	16 Kings Lynn	18:02.44	753	1:07.44 1:11.55 1:12.86	1:11.16 1:12.69 1:13.01	1:11.43 1:12.21 1:13.27	1:11.68 1:13.26 1:13.67	1:12.34 1:13.72 1:12.15
2.	Jessica FORD	16 Thurrock	18:05.93	747	1:08.47 1:12.01 1:13.10	1:12.45 1:12.47 1:12.62	1:12.23 1:12.60 1:13.00	1:12.38 1:12.96 1:13.16	1:13.54 1:13.20 1:11.74
3.	Louise KENDALL	16 Harlow Pen	18:38.90	691	1:08.56 1:15.50 1:15.98	1:12.91 1:15.22 1:17.18	1:13.06 1:16.03 1:16.50	1:13.61 1:15.42 1:16.18	1:14.11 1:16.99 1:11.65
4.	Emma BACKHURST	16 Thurrock	18:56.68	662	1:11.13 1:15.95 1:16.58	1:14.68 1:16.40 1:16.61	1:15.73 1:16.59 1:16.68	1:15.84 1:16.95 1:16.59	1:15.73 1:16.74 1:14.48



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5.	Jane CUMMINGS	18	St Ives	20:02.87	565	1:11.85	1:19.83	1:20.68	1:21.36	1:21.69
						1:20.92	1:21.88	1:20.68	1:21.11	1:21.51
						1:21.58	1:22.28	1:21.38	1:20.43	1:15.69
6.	Rachel MOSS	16	St Ives	20:39.27	518	1:13.74	1:19.69	1:19.49	1:21.74	1:22.88
						1:23.24	1:24.27	1:25.72	1:24.68	1:23.65
						1:25.20	1:24.38	1:25.08	1:23.63	1:21.88
7.	Cathy THOMSON	17	Chatteris	20:48.37	507	1:11.15	1:19.53	1:21.75	1:24.78	1:24.13
						1:24.18	1:23.68	1:25.92	1:25.02	1:25.43
						1:25.95	1:25.60	1:26.84	1:24.41	1:20.00