



ASA East Region 2007 Youth Championships

(Under ASA Laws & ASA Technical Rules)
A Level One Licensed Meet - N^o. ERX718



EVENT 301 Womens Open 400m IM

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50	100	150	200
1.	Lauren STEADMAN	14 Mid Beds	9	6:35.19	717	250 42.34 1:02.16	300 52.99 1:00.17	350 46.73 41.68	400 47.26 41.86

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150	200
1.	Ceri UNWIN	15 Hatfield		5:06.05	250 33.50 43.54	300 36.86 44.09	350 39.98 34.77	400 39.25 34.06
2.	Sophie CHAMBERLAIN	14 Lstoft & OB		5:12.46	33.55 44.97	38.89 44.48	41.27 35.32	39.50 34.48
3.	Catherine HICKS	15 St Felix Sch		5:20.85	34.16 46.78	38.20 46.59	41.79 36.49	41.64 35.20
4.	Chloe PELLICAN	15 UEA Norwich		5:21.65	32.72 45.55	37.88 46.39	42.93 38.13	40.73 37.32
5.	Shannon HARROLD	15 Thurrock		5:23.51	35.56 45.48	40.03 47.57	42.48 37.02	40.77 34.60
6.	Charlotte DELICATA	15 Runnymede		5:23.89	34.82 45.99	40.35 47.61	40.93 37.43	40.64 36.12
7.	Carolyn ASTBURY	14 Watford		5:24.84	34.02 47.82	38.56 48.41	41.67 37.19	41.39 35.78
8.	Molly EPSLY	14 Thurrock		5:28.20	33.99 48.94	38.17 49.40	43.19 36.66	42.31 35.54
9.	Fenella FOSKETT	14 Deben		5:28.29	34.85 48.04	39.19 49.91	43.24 37.95	41.00 34.11
10.	Megan LANGRIDGE	14 Thurrock		5:28.64	34.92 48.46	37.87 49.13	41.55 38.55	40.88 37.28
11.	Charlotte LAMB	15 Thurrock		5:31.87	35.73 45.56	41.99 46.19	45.08 37.85	43.02 36.45
12.	Becky WILKINSON	14 UEA Norwich		5:36.89	36.64 45.80	45.24 47.56	43.85 38.06	42.35 37.39
13.	Emily PRIOR	15 Deben		5:39.02	34.84 49.16	40.94 50.16	44.00 39.86	42.33 37.73
14.	Charley GALLAGHER	14 Southend		5:40.59	36.64 48.19	42.45 48.58	45.70 39.27	44.88 34.88
15.	Gabrielle BRASIER	14 UEA Norwich		5:42.14	37.05 50.61	42.46 50.54	44.18 38.35	42.21 36.74
16.	Tamara RICHARDS	14 Mid Beds		5:42.46	35.61 48.39	40.86 50.81	43.84 42.57	42.22 38.16
17.	Jessica HUGGETT	15 Bishop Stort		5:46.34	34.99 50.98	41.15 51.51	47.46 37.87	46.01 36.37
18.	Alice MARCHANT	14 Mid Beds		5:48.47	36.11 53.72	40.88 54.27	45.23 37.82	44.38 36.06
19.	Sophie THRUSSELL	14 Mid Beds		5:49.80	35.60 52.61	41.26 53.31	45.99 39.50	43.06 38.47
20.	Marina ESTEVE	15 St Felix Sch		5:50.70	39.36 51.07	47.16 52.15	41.34 40.05	40.94 38.63
21.	Lauren STEADMAN	14 Mid Beds	9	6:35.19	42.34 1:02.16	52.99 1:00.17	46.73 41.68	47.26 41.86

16 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150	200
1.	Jessica FORD	16 Thurrock		5:19.22	250 34.87 45.66	300 40.69 43.95	350 41.58 36.74	40.58 35.15
2.	Hannah RAINE	16 Mid Beds		5:21.69	33.63 47.23	39.24 47.23	41.32 36.83	41.07 35.14



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EVENT 302 Mens Open 400m IM

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50 250	100 300	150 350	200 400
1.	James HOLLIS	12 Epping For't	10	6:10.24	549	37.57	44.92	45.41	45.40
2.	Sam BRADLEY	13 Luton	7	7:07.89	No World Record	54.84	1:00.41	50.48	47.48
						1:05.33	1:03.35	43.57	42.43

16 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50 250	100 300	150 350	200 400
1.	Lewis COLEMAN	15 teamipswich		4:50.65	31.01	35.65	38.66	38.36
2.	George SCOTHERN	16 Brentwood		4:50.68	40.14	41.35	33.90	31.58
3.	Nicholas THOMPSON	15 UEA Norwich		4:59.39	29.19	34.23	36.65	37.24
					40.95	43.01	36.11	33.30
4.	Tom FREEMAN	15 Co Peterboro		5:06.00	32.34	37.92	38.64	38.54
					41.49	43.18	34.43	32.85
5.	Chris HOWE	16 Leighton Buz		5:14.62	32.10	38.70	38.93	38.31
					44.80	43.82	35.48	33.86
6.	Oliver CROSBY	16 Colchester		5:15.24	31.39	39.12	43.01	41.00
					44.58	44.82	36.79	33.91
7.	James HOLLIS	12 Epping For't	10	6:10.24	31.09	37.15	40.99	41.04
					45.47	47.11	36.71	35.68
8.	Sam BRADLEY	13 Luton	7	7:07.89	37.57	44.92	45.41	45.40
					57.13	58.61	40.96	40.24
					54.84	1:00.41	50.48	47.48
					1:05.33	1:03.35	43.57	42.43
	Lewis KING	16 Hatfield		DQ	S-			

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50 250	100 300	150 350	200 400
1.	Thomas HOLLINGSWORTH	19 UEA Norwich		4:42.58	29.06	33.27	37.26	36.48
					41.10	40.72	33.57	31.12
2.	James ALLCHORNE	18 Hatfield		4:42.88	30.07	34.45	37.47	37.38
					39.22	40.58	33.21	30.50
3.	Tommy BOCHMANN	18 UEA Norwich		4:52.06	31.98	36.66	36.27	35.37
					42.69	43.02	34.17	31.90
4.	Thomas ROOTSEY	17 Colchester		4:55.49	30.85	34.74	37.04	36.70
					43.83	44.77	34.44	33.12
5.	Lewis MATTIN	17 UEA Norwich		4:56.33	30.80	34.60	41.20	38.89
					42.07	43.02	33.78	31.97
6.	Jazza CLENAGHAN	18 Chelmsford		5:11.81	31.59	38.06	36.60	38.09
					46.40	48.44	36.38	36.25
7.	Matthew ANTUNES	17 Luton		5:17.04	32.19	37.43	40.71	39.82
					46.75	47.14	37.90	35.10

EVENT 303 Womens Open 50m Backstroke

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints
1.	Lauren STEADMAN	14 Mid Beds	9	39.84	618
2.	Jo-Jo CRANFIELD	14 Rochford	9	43.40	478
3.	Claire WARNE	14 Luton	5	56.62	375

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	Rebecca READER	15 teamipswich		32.39
2.	Harriet BRETTL	15 Mid Beds		32.60
3.	Alex HUSTON	14 St Felix Sch		32.64
4.	Sophie SWEET	14 St Ives		32.66
5.	Sophie DRAKE	14 Canvey Isl		32.81
6.	Carly OGOGO	14 Lstoff & OB		33.32
7.	Alice TENNANT	14 Deben		33.64
8.	Danielle LEE	14 Mid Beds		33.72
9.	Hazel PICKFORD	14 Hatfield		34.07
10.	Georgina ROUGHSEGE	14 Co Cambridge		34.31
11.	Grace WILLIAMS	14 teamipswich		34.39
12.	Whitney BUCKLER	14 St Felix Sch		34.48
13.	Emily PITTS	14 West Suffolk		34.82
14.	Robyn BALL	14 St Felix Sch		34.86
15.	Tamara RICHARDS	14 Mid Beds		34.96



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16.	Laura MANNING	14	Lstof & OB	34.99	
17.	Jade MORTON	14	West Suffolk	35.14	
18.	Marina ESTEVE	15	St Felix Sch	35.19	
19.	Catherine MUMFORD	15	Co Cambridge	35.21	
20.	Meagan SEARLE	15	Mildenhall	35.25	
21.	Amy CALLANAN	15	Watford	35.27	
22.	Henrietta MANN	15	Lstof & OB	35.31	
23.	Micha DAHER	15	Mid Beds	35.39	
24.	Bryony ROWSEL	14	Co Cambridge	35.42	
25.	Lianne GRIFFITHS	14	Mid Beds	35.58	
26.	Rachel ANDVIG	14	teamipswich	35.67	
27.	Emily BURNETT	15	Southend	36.48	
28.	Joyce KWOK	14	Modernians	36.55	
29.	Lauren STEADMAN	14	Mid Beds	9	39.84
30.	Jo-Jo CRANFIELD	14	Rochford	9	43.40
31.	Claire WARNE	14	Luton	5	56.62

16 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	Laura INGLESON	16	UEA Norwich	32.56
2.	Laura HEALEY	18	Lstof & OB	33.24
3.	Natasha BROWN	16	Hatfield	33.28
4.	Emily HAWES	16	Lstof & OB	34.13
5.	Catherine DOBSON	26	Co Cambridge	34.30
6.	Rebecca HENBURY	16	West Suffolk	34.41
7.	Amy GOILLAU	16	Epping For't	34.43
8.	Charlotte AYRES	16	Modernians	35.49

EVENT 304 Mens Open 50m Backstroke

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	
1.	Sam BRADLEY	13	Luton	7	43.77	541
2.	Ryan CROUCH	13	teamipswich	10	38.05	474

16 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	
1.	Charlie WALKER	16	Co Peterboro	29.53	
2.	Craig ROSS	15	Bishop Stort	31.31	
3.	David CURTIS	16	Swans St N	31.68	
4.	Luke DE MOYA	15	Co Peterboro	31.70	
5.	Stephen FISHER	15	Gt Yarmouth	31.75	
6.	Liam WALKER	15	Modernians	31.91	
7.	Adam JAMIESON	16	Mildenhall	32.00	
8.	Robert HILL	15	Hemel Hemp	32.10	
9.	David MIDDLETON	15	Swans St N	33.37	
10.	Billy O'NEILL	15	Watford	33.45	
11.	Matthew NAUNTON	15	Deben	33.95	
12.	Ryan CROUCH	13	teamipswich	10	38.05
13.	Sam BRADLEY	13	Luton	7	43.77

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	John SARGENT	21	Hatfield	28.54
2.	Thomas HOLLINGSWORTH	19	UEA Norwich	28.96
3.	Simon MORLEY	21	West Suffolk	28.99
4.	Luke LARGE	17	Kings Lynn	29.15
5.	Richard POWELL	25	Co Cambridge	29.67
6.	Richard MOLLOY	17	Bishop Stort	30.02
7.	David WHEELER	23	Modernians	30.07
8.	Richard HARRIS	17	St Felix Sch	30.37
9.	Tommy BOCHMANN	18	UEA Norwich	30.46
10.	Ben MATTHEWS	17	teamipswich	30.62
11.	Douglas KERR	18	Mid Beds	30.68
12.	Adam BYFORD	18	Braintree	30.72
13.	Konrad KORTH	18	teamipswich	30.75
14.	Paul TITLEY	18	Mid Beds	30.79
15.	Stephen BROOKS	17	Mid Beds	31.47
16.	John MCKENZIE	17	UEA Norwich	31.80
17.	Matthew WEBB	25	Co Cambridge	31.86
18.	Christopher SMITH	18	Lstof & OB	32.49
19.	Sam HARDY	17	Leighton Buz	32.66



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EVENT 305 Womens Open 200m Freestyle

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50	100	150	200
1.	Lauren STEADMAN	14 Mid Beds	9	2:40.84	545				2:40.84
2.	Jo-Jo CRANFIELD	14 Rochford	9	2:50.76	456				2:50.76
3.	Sarah BOWLING	17 Kings Lynn	9	2:52.60	441				2:52.60

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150	200
1.	Ceri UNWIN	15 Hatfield		2:09.07	31.61	33.29	32.34	31.83
2.	Harriet BRETTL	15 Mid Beds		2:09.19	30.68	33.29	33.19	32.03
3.	Rebecca READER	15 teamipswich		2:14.88	31.48	34.13	35.23	34.04
4.	Sophie CHAMBERLAIN	14 Lstoft & OB		2:15.12	30.84	34.25	34.89	35.14
5.	Alex HUSTON	14 St Felix Sch		2:15.59	31.14	34.76	36.08	33.61
6.	Lara NYMAN	15 Hatfield		2:15.97	31.76	34.66	34.86	34.69
7.	Whitney BUCKLER	14 St Felix Sch		2:17.35	31.75	35.15	35.65	34.80
8.	Fenella FOSKETT	14 Deben		2:17.37	32.70	35.41	36.09	33.17
9.	Alice TENNANT	14 Deben		2:18.30	31.35	35.30	36.22	35.43
10.	Verity GOODEY	15 Basildon		2:18.74	31.47	35.59	36.20	35.48
11.	Briony LOWE	15 Lstoft & OB		2:19.25	31.83	34.68	35.98	36.76
12.	Rachel ANDVIG	14 teamipswich		2:19.69	33.45	35.58	36.54	34.12
13.	Hazel PICKFORD	14 Hatfield		2:19.71	32.34	36.19	36.47	34.71
14.	April HYAM	14 teamipswich		2:19.99	33.59	35.75	36.56	34.09
15.	Robyn BALL	14 St Felix Sch		2:20.78	32.62	35.93	36.45	35.78
16.	Gabrielle BRASIER	14 UEA Norwich		2:21.69	33.24	36.24	36.76	35.45
17.	Emma JONES	14 Mid Beds		2:22.15	32.08	35.58	38.05	36.44
18.	Danielle LEE	14 Mid Beds		2:23.24	33.39	36.37	37.84	35.64
19.	Alice MARCHANT	14 Mid Beds		2:23.60	33.54	36.60	37.01	36.45
20.	Saffron ARDREN	14 Hoddesdon		2:23.77	33.55	36.25	37.39	36.58
21.	Laura PATTERN	15 Wisbech		2:23.92	32.79	36.60	37.68	36.85
22.	Charley GALLAGHER	14 Southend		2:24.18	33.48	37.72	38.53	34.45
23.	Emily PRIOR	15 Deben		2:24.34	33.24	36.45	37.75	36.90
24.	Rachael FRANKLIN	14 Brentwood		2:24.94	33.93	37.14	37.78	36.09
25.	Becky WILKINSON	14 UEA Norwich		2:25.33	33.36	37.16	37.97	36.84
26.	Sophie SWEET	14 St Ives		2:25.70	32.42	36.98	38.14	38.16
26.	Jessica HUGGETT	15 Bishop Stort		2:25.70	32.75	37.76	37.71	37.48
28.	Micha DAHER	15 Mid Beds		2:25.80	32.63	35.88	38.66	38.63
29.	Emily PITTS	14 West Suffolk		2:26.30	32.45	37.59	38.15	38.11
30.	Georgia MANNING	15 Braintree		2:26.62	33.47	37.21	38.69	37.25
31.	Jemma BROWN	15 Kings Lynn		2:26.89				2:26.89
32.	Emily PESTKA	15 Lstoft & OB		2:27.09	33.90	37.34	38.31	37.54
33.	Georgina ROUGHSEGE	14 Co Cambridge		2:28.98	34.45	38.05	39.51	36.97
34.	Alex MCLAREN	14 Hemel Hemp		2:29.11	33.99	38.05	38.74	38.33
35.	Tamara RICHARDS	14 Mid Beds		2:29.74				2:29.74
36.	Lauren STEADMAN	14 Mid Beds	9	2:40.84				2:40.84
37.	Jo-Jo CRANFIELD	14 Rochford	9	2:50.76				2:50.76
	Harriet PITT	14 Chelmsford		DQ	ST-			

16 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150	200
1.	Petra CHOMICZ	16 Kings Lynn		2:11.41	31.55	33.47	32.69	33.70
2.	Claire BARRON	16 UEA Norwich		2:11.49	31.87	34.15	33.26	32.21
3.	Laura INGLESAN	16 UEA Norwich		2:11.84	30.88	33.61	33.98	33.37
4.	Cara PURVIS	16 Hatfield		2:13.33	31.68	34.27	34.74	32.64
5.	Hannah JOHN	16 Kings Lynn		2:14.32	31.49	33.87	34.81	34.15
6.	Stephanie CALVER	16 teamipswich		2:15.09	31.92	34.68	35.70	32.79
7.	Helen POWLEY	18 teamipswich		2:15.45	31.93	35.14	34.64	33.74
8.	Rebecca HARRIS	18 St Felix Sch		2:15.64	31.82	34.22	35.15	34.45
9.	Sophie POOLE	16 teamipswich		2:16.81	32.33	35.39	34.86	34.23
10.	Christine TOOKE	17 Co Peterboro		2:16.94	31.68	34.75	35.57	34.94
11.	Hannah MOUNSEY	16 Kings Lynn		2:17.85	32.07	35.72	35.33	34.73
11.	Emily HAWES	16 Lstoft & OB		2:17.85	31.27	34.82	36.35	35.41
13.	Helen BALDRANCE	18 Mid Beds		2:18.17	31.48	34.86	35.98	35.85
14.	Louise KENDALL	16 Harlow Pen		2:18.72	32.00	35.23	36.29	35.20
15.	Catriona WALKER	18 Lstoft & OB		2:18.92	32.45	35.70	35.76	35.01
16.	Samantha BERRY	16 teamipswich		2:19.54	32.38	36.44	36.44	34.28
17.	Hannah RAINE	16 Mid Beds		2:20.42	31.85	35.37	37.02	36.18
18.	Hannah OAKLEY-REID	16 Hatfield		2:20.55	32.22	36.46	36.50	35.37
19.	Sarah OVERINGTON	18 Chelmsford		2:22.57	32.55	36.57	37.66	35.79
20.	Emily AUST	17 Mid Beds		2:23.02	32.75	36.37	37.26	36.64
21.	Louise COX	18 Hemel Hemp		2:27.62	33.89	38.02	38.58	37.13
22.	Rebecca BOWDEN	17 Hemel Hemp		2:31.09	34.15	37.75	39.64	39.55
23.	Sarah BOWLING	17 Kings Lynn	9	2:52.60				2:52.60



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EVENT 306 Mens Open 200m Freestyle

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50	100	150	200
1.	Sam BRADLEY	13 Luton	7	2:52.43	539				2:52.43
2.	Ryan CROUCH	13 teamipswich	10	2:29.03	485	40.80	45.02	44.16	19.05

16 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150	200
1.	Charlie WALKER	16 Co Peterboro		2:00.94	27.79	30.84	31.27	31.04
2.	Andrew BIGLEY	15 teamipswich		2:01.67	29.02	30.92	30.86	30.87
3.	Roberto PAVONI	16 Brentwood		2:02.10	28.31	31.45	31.21	31.13
4.	Bobby CAVE	16 Hatfield		2:02.28	28.88	31.51	31.40	30.49
5.	Christopher CHENERY	16 Chelmsford		2:02.50	28.51	30.88	31.77	31.34
6.	Aaron GALVANI	16 Hatfield		2:02.75	28.43	31.37	32.13	30.82
7.	Adam MAXWELL	15 Hatfield		2:02.89	27.97	31.23	31.96	31.73
8.	Dale HART	15 Kings Lynn		2:03.15	28.61	31.54	31.78	31.22
9.	Luke DE MOYA	15 Co Peterboro		2:03.69	27.92	31.28	32.48	32.01
10.	Nicholas ROBSON	15 Hatfield		2:03.74	28.94	31.03	32.36	31.41
11.	Troy LYNCH	15 teamipswich		2:04.59	28.51	31.54	32.71	31.83
12.	Adrian BIRD	16 teamipswich		2:06.04	29.32	31.82	32.19	32.71
13.	Matthew KING	16 Hatfield		2:06.50	29.01	32.67	32.93	31.89
14.	Lewis KING	16 Hatfield		2:06.77	30.12	32.76	33.11	30.78
15.	Jack ASHTON	15 Chelmsford		2:08.80	30.09	33.32	33.60	31.79
16.	Luke WESTWOOD	16 Co Cambridge		2:09.31	30.25	33.01	33.28	32.77
17.	Adam OAKMAN	16 Co Cambridge		2:09.64	28.55	31.85	34.26	34.98
18.	Michael WHITE	15 St Felix Sch		2:09.79	29.63	32.91	33.80	33.45
19.	George SCOTHERN	16 Brentwood		2:10.27	28.67	32.72	34.75	34.13
20.	Joshua BRAND	16 Braintree		2:10.45	30.13	33.18	33.92	33.22
21.	James SUTHERLAND	15 Hatfield		2:10.56	27.69	31.30	34.02	37.55
22.	Craig ROSS	15 Bishop Stort		2:11.34	28.94	34.03	35.39	32.98
23.	Oliver CROSBY	16 Colchester		2:11.82	29.78	33.08	34.96	34.00
24.	Tom FREEMAN	15 Co Peterboro		2:12.25	30.07	33.91	34.99	33.28
25.	Matthew WILKINSON	16 Co Cambridge		2:13.21	29.96	34.08	34.85	34.32
26.	Benjamin MASON	15 Hoddesdon		2:13.23	29.73	32.86	35.88	34.76
27.	Alex LINES	15 Chelmsford		2:16.15	30.00	33.28	35.94	36.93
28.	Michael COLES	16 Epping For't		2:16.21				2:16.21
29.	Alex FRANCEY	15 Harlow Pen		2:16.82	29.94	34.47	35.72	36.69
30.	Robert HILL	15 Hemel Hemp		2:16.94	30.33	34.18	36.11	36.32
31.	Ryan CROUCH	13 teamipswich	10	2:29.03	40.80	45.02	44.16	19.05
32.	Sam BRADLEY	13 Luton	7	2:52.43				2:52.43

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150	200
1.	Samuel HEARD	18 UEA Norwich		2:00.87	28.51	30.74	30.99	30.63
2.	Luke LARGE	17 Kings Lynn		2:01.04	27.04	30.26	31.72	32.02
3.	Tommy BOCHMANN	18 UEA Norwich		2:01.53	28.80	30.89	31.35	30.49
4.	Sam SPAUL	17 UEA Norwich		2:01.74	28.74	30.46	30.94	31.60
5.	Bret FERGUSON	20 Hatfield		2:03.07	28.92	31.52	31.57	31.06
6.	Christopher TAYLOR	17 teamipswich		2:04.44	29.05	31.99	32.75	30.65
7.	Lawrence LOWMAN	17 Lstoft & OB		2:04.74	28.80	31.69	32.25	32.00
8.	Thomas ROOTSEY	17 Colchester		2:04.92	28.12	31.65	33.18	31.97
9.	Douglas GORDON	17 Co Cambridge		2:05.87	28.77	31.44	32.91	32.75
10.	Daniel HUNT	18 Chelmsford		2:06.18	28.87	32.03	32.44	32.84
11.	Konrad KORTH	18 teamipswich		2:06.81	28.84	32.42	33.26	32.29
12.	Richard HARRIS	17 St Felix Sch		2:07.23	28.66	31.95	33.65	32.97
13.	Stuart KIRK	19 Modernians		2:07.33	27.45	31.68	34.65	33.55
14.	James RUMBELOW	17 Co Cambridge		2:07.51	28.34	31.47	34.11	33.59
15.	Paul TITLEY	18 Mid Beds		2:09.28	29.21	32.41	33.72	33.94
16.	Ross GILLON	17 Stevenage		2:09.68	29.67	33.10	33.65	33.26
17.	Alistair KIRK	18 Modernians		2:09.86	29.60	33.34	34.53	32.39
18.	Adam BYFORD	18 Braintree		2:10.63	28.36	33.08	34.95	34.24
19.	Karl JACKSON	17 Kings Lynn		2:10.81	28.79	32.66	34.32	35.04
20.	Richard POWELL	25 Co Cambridge		2:10.82	28.60	31.69	34.63	35.90
21.	Matthew ANTUNES	17 Luton		2:11.16	30.57	32.98	34.15	33.46
22.	Sam HARDY	17 Leighton Buz		2:11.20	30.58	33.37	34.12	33.13
23.	Dale BROWN	19 Wisbech		2:13.88	29.89	33.35	35.29	35.35
24.	Matthew WEBB	25 Co Cambridge		2:15.51	29.72	34.24	35.56	35.99
25.	Ryan CURRELL	18 Dunstable		2:16.77	29.45	33.42	37.20	36.70
26.	Edward PAYNE	17 Leighton Buz		2:17.74	30.52	33.31	36.23	37.68
27.	Tristan HAMPSON	18 Modernians		2:21.40	31.51	33.84	37.53	38.52



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EVENT 307 Womens Open 100m Breaststroke

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50	100
1.	Sarah BOWLING	17 Kings Lynn	9	1:40.37	450	48.05	52.32
2.	Jo-Jo CRANFIELD	14 Rochford	8	1:49.72	411	51.31	58.41
3.	Lauren STEADMAN	14 Mid Beds	9	1:46.70	375	50.94	55.76
4.	Claire WARNE	14 Luton	5	2:29.20	331	1:11.05	1:18.15

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100
1.	Amy SWALLOW	15 teamipswich		1:17.47	36.28	41.19
2.	Bernice EDGEWORTH	15 Bishop Stort		1:19.44	36.99	42.45
3.	Chloe PELLICAN	15 UEA Norwich		1:20.38	38.52	41.86
4.	Sarah SWINDELL	14 Hatfield		1:22.93	38.39	44.54
5.	Emma WARRINGTON	14 Hoddesdon		1:23.16	39.58	43.58
6.	Micha DAHER	15 Mid Beds		1:23.46	38.82	44.64
7.	Eleanor HAYNES	15 teamipswich		1:24.30	39.04	45.26
8.	Karen KWOK	15 Modernians		1:24.42	37.92	46.50
9.	Becky WILKINSON	14 UEA Norwich		1:24.72	39.62	45.10
10.	Carmen MALLET	15 Mid Beds		1:24.75	39.12	45.63
11.	Bryony HENRY	14 Deben		1:25.91	40.95	44.96
12.	Katie QUINN	15 Hatfield		1:27.03	40.41	46.62
13.	Lauren STEADMAN	14 Mid Beds	9	1:46.70	50.94	55.76
14.	Jo-Jo CRANFIELD	14 Rochford	8	1:49.72	51.31	58.41
15.	Claire WARNE	14 Luton	5	2:29.20	1:11.05	1:18.15
	Larissa AYRES	14 Modernians		DNC	00.00	

16 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100
1.	Petra CHOMICZ	16 Kings Lynn		1:16.34	36.63	39.71
2.	Claire BARRON	16 UEA Norwich		1:16.49	36.97	39.52
3.	Alyson MORAN	18 Southend		1:20.52	37.62	42.90
4.	Rebecca SCOTT	16 Runnymede		1:21.11	38.22	42.89
5.	Rebecca HARRIS	18 St Felix Sch		1:22.66	39.50	43.16
6.	Jodie WANT	16 Harlow Pen		1:22.69	38.90	43.79
7.	Hannah RAINE	16 Mid Beds		1:23.01	38.99	44.02
8.	Phillippa TAPPIN	19 Hitchin		1:23.68	39.38	44.30
9.	Christine TOOKE	17 Co Peterboro		1:23.98	40.05	43.93
10.	Rebecca BOWDEN	17 Hemel Hemp		1:28.23	40.72	47.51
11.	Sarah BOWLING	17 Kings Lynn	9	1:40.37	48.05	52.32

EVENT 308 Mens Open 100m Breaststroke

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50	100
1.	Sam BRADLEY	13 Luton	6	1:55.71	426	54.48	1:01.23
2.	James HOLLIS	12 Epping For't	9	1:44.28	317	49.27	55.01
1.	Tom COLE	18 West Suffolk	14	1:48.82	227	49.76	59.06

16 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100
1.	Jonathan QUINN	16 Hatfield		1:09.32	32.26	37.06
2.	Lewis COLEMAN	15 teamipswich		1:11.20	33.58	37.62
3.	Chris HOWE	16 Leighton Buz		1:14.11	34.13	39.98
4.	Adam MAXWELL	15 Hatfield		1:14.36	34.56	39.80
5.	Nicholas THOMPSON	15 UEA Norwich		1:14.57	35.37	39.20
6.	Luke WESTWOOD	16 Co Cambridge		1:14.61	34.85	39.76
7.	Bobby CAVE	16 Hatfield		1:14.66	35.34	39.32
8.	Matthew MCKEOWN	15 Modernians		1:15.45	35.26	40.19
9.	Tom FREEMAN	15 Co Peterboro		1:15.47	35.74	39.73
10.	Stephen FISHER	15 Gt Yarmouth		1:17.44	34.96	42.48
11.	Alex FRANCEY	15 Harlow Pen		1:18.92	37.79	41.13
12.	James HOLLIS	12 Epping For't	9	1:44.28	49.27	55.01
13.	Sam BRADLEY	13 Luton	6	1:55.71	54.48	1:01.23

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100
1.	David DOWSETT	21 Mid Beds		1:11.51	33.81	37.70
2.	Bogdan OLEINIK	19 Luton		1:11.95	33.25	38.70
3.	Scott WILLIAMS	18 Chatteris		1:12.78	33.78	39.00
4.	James ALLCHORNE	18 Hatfield		1:12.95	34.41	38.54
5.	Richard MOLLOY	17 Bishop Stort		1:16.73	35.88	40.85
6.	Tom COLE	18 West Suffolk	14	1:48.82	49.76	59.06



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EVENT 309 Womens Open 200m Butterfly

15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Ceri UNWIN	15 Hatfield	2:25.25	712	33.36	36.69	37.41	37.79
2.	Rebecca WETTEN	14 St Felix Sch	2:25.51	709	32.89	36.51	37.94	38.17
3.	Megan LANGRIDGE	14 Thurrock	2:28.87	667	34.51	37.42	38.05	38.89
4.	Molly EPSLY	14 Thurrock	2:30.12	652	34.56	37.98	39.16	38.42
5.	Catherine HICKS	15 St Felix Sch	2:30.72	645	33.93	37.69	38.72	40.38
6.	Charlotte DAVIS	15 Runnymede	2:30.75	644	33.09	37.19	39.58	40.89
7.	Verity GOODEY	15 Basildon	2:32.72	621	33.08	38.96	40.66	40.02
8.	Chloe PELLICAN	15 UEA Norwich	2:33.95	608	33.62	38.87	41.10	40.36
9.	Charlotte DELICATA	15 Runnymede	2:40.45	540	35.50	39.93	42.66	42.36
10.	Lotte HUDSON	15 Hatfield	2:44.49	502	35.46	40.48	43.43	45.12
11.	Alice MARCHANT	14 Mid Beds	2:46.95	480	37.24	42.02	43.78	43.91
12.	Eleanor HAYNES	15 teamipswich	2:53.29	427	35.68	43.37	46.21	48.03

16 Yrs/Over Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Kattherine AMBRIDGE	17 Hatfield	2:21.16	767	32.05	35.05	36.21	37.85
2.	Faye BARNARD	17 Hatfield	2:28.91	666	32.81	36.33	38.25	41.52
3.	Louise KING	16 Mid Beds	2:40.84	536	33.85	40.60	42.20	44.19
4.	Hannah OAKLEY-REID	16 Hatfield	2:43.52	511	35.00	41.17	43.78	43.57

EVENT 310 Mens Open 200m Butterfly

16 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Roberto PAVONI	16 Brentwood	2:14.08	684	29.26	34.40	34.58	35.84
2.	Lewis KING	16 Hatfield	2:20.83	598	30.79	35.59	37.02	37.43
3.	James CREAGER	15 Hatfield	2:22.54	578	31.50	36.17	38.07	36.80
4.	Sam MUNKLEY	15 Hertsmere	2:23.26	569	30.34	35.77	37.37	39.78
5.	Andrew BIGLEY	15 teamipswich	2:28.07	517	31.27	36.29	38.27	42.24
6.	Joshua BRAND	16 Braintree	2:28.82	509	31.66	36.74	39.55	40.87

17 Yrs/Over Age Group

Place	Name	AaD Club	Time	GB Pts	50	100	150	200
1.	Thomas HOLLINGSWORTH	19 UEA Norwich	2:11.55	720	29.21	33.12	34.24	34.98
2.	Kouji URATA	17 Hatfield	2:12.42	707	29.43	33.66	34.08	35.25
3.	Benjamin SLEET	17 Chelmsford	2:15.11	670	29.42	34.18	35.61	35.90
4.	Lewis MATTIN	17 UEA Norwich	2:17.19	643	30.42	34.79	35.70	36.28
5.	David WHEELER	23 Modernians	2:25.11	549	31.40	36.85	37.42	39.44

EVENT 311 Mens/Womens Open 800m Freestyle

				1:16.49	1:17.29	1:15.20	1:14.08	
MENS 16 Yrs/Under Age Group				100	200	300	400	
Place	Name	AaD Club	Time	GB Pts	500	600	700	800
1.	Aaron GALVANI	16 Hatfield	8:50.85	736	1:02.97	1:06.75	1:07.25	1:07.25
2.	Nicholas ROBSON	15 Hatfield	8:53.36	727	1:07.66	1:07.08	1:06.54	1:05.35
					1:03.78	1:06.84	1:07.26	1:07.25
					1:07.69	1:07.38	1:07.68	1:05.48
3.	James CREAGER	15 Hatfield	9:10.90	667	1:05.09	1:09.36	1:09.63	1:10.09
					1:10.52	1:10.26	1:09.80	1:06.15
4.	Michael WHITE	15 St Felix Sch	9:26.09	619	1:06.36	1:11.74	1:11.60	1:11.97
					1:10.69	1:12.32	1:11.65	1:09.76
5.	Daniel FEW	15 Colchester	9:41.97	572	1:06.35	1:12.66	1:12.63	1:13.39
					1:14.28	1:15.37	1:15.16	1:12.13
6.	Robbie MITCHELL	16 Kings Lynn	9:42.29	571	1:06.88	1:12.01	1:13.84	1:13.24
					1:14.87	1:14.56	1:14.39	1:12.50
7.	Thomas QUINTON	15 UEA Norwich	9:43.99	566	1:10.88	1:13.82	1:13.28	1:14.68
					1:14.46	1:13.81	1:13.23	1:09.83
8.	Adam JAMIESON	16 Mildenhall	9:50.93	547	1:07.24	1:13.78	1:15.14	1:16.86
					1:15.80	1:15.07	1:15.09	1:11.95
9.	Henry WOOD	15 Basildon	9:53.09	542	1:07.07	1:13.52	1:13.29	1:15.80
					1:15.68	1:16.13	1:16.46	1:15.14
10.	Andrew KIMPTON	15 West Suffolk	9:54.83	537	1:11.95	1:16.76	1:15.83	1:14.92
					1:13.30	1:12.81	1:15.38	1:13.88
11.	Simon LIDDLE	15 Flitwick	9:56.37	533	1:07.34	1:15.24	1:16.13	1:16.77
					1:16.69	1:16.60	1:14.88	1:12.72



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12.	Robert BALDRANCE	15	Mid Beds	9:58.22	528	1:08.49	1:14.97	1:15.70	1:16.00
						1:16.49	1:17.29	1:15.20	1:14.08
13.	Lewis RAINBOW	16	Hitchin	10:01.72	519	1:07.32	1:13.25	1:15.41	1:16.62
						1:17.98	1:17.54	1:18.80	1:14.80
14.	Chris TITTERINGTON	16	West Suffolk	10:08.68	502	1:08.01	1:14.39	1:16.84	1:17.86
						1:18.12	1:19.24	1:18.32	1:15.90
15.	Graham WALKER	16	West Suffolk	10:20.95	472	1:10.71	1:16.96	1:18.58	1:19.00
						1:19.15	1:19.85	1:19.99	1:16.71

MENS 17 Yrs/Over Age Group

Place	Name	AaD Club	Time	GB Pts	100	200	300	400	
					500	600	700	800	
1.	Bret FERGUSON	20	Hatfield	8:38.30	782	1:01.02	1:04.68	1:04.44	1:04.46
						1:06.03	1:06.42	1:06.19	1:05.06
2.	Lawrence LOWMAN	17	Lstof & OB	8:44.24	760	1:01.71	1:05.14	1:05.51	1:05.90
						1:06.05	1:06.17	1:07.00	1:06.76
3.	Lewis MATTIN	17	UEA Norwich	8:54.07	724	1:05.01	1:07.27	1:07.16	1:07.38
						1:07.38	1:07.25	1:07.12	1:05.50
4.	Samuel HEARD	18	UEA Norwich	8:57.60	712	1:04.19	1:05.44	1:07.99	1:06.61
						1:09.75	1:09.16	1:07.62	1:06.84
5.	Douglas GORDON	17	Co Cambridge	8:59.43	705	1:03.80	1:07.83	1:08.28	1:08.35
						1:08.32	1:08.35	1:08.49	1:06.01
6.	Thomas ROOTSEY	17	Colchester	9:16.02	650	1:03.07	1:09.31	1:10.18	1:10.89
						1:11.58	1:11.55	1:11.09	1:08.35
7.	Christopher SMITH	18	Lstof & OB	9:27.32	615	1:04.01	1:10.41	1:11.23	1:12.45
						1:13.31	1:13.71	1:12.81	1:09.39
8.	Sam SPAUL	17	UEA Norwich	9:31.89	601	1:06.96	1:11.62	1:11.96	1:12.21
						1:12.38	1:13.01	1:13.08	1:10.67
9.	Alistair KIRK	18	Modernians	9:38.81	581	1:04.83	1:10.97	1:12.85	1:13.17
						1:12.64	1:15.05	1:16.31	1:12.99
10.	Ross GILLON	17	Stevenage	9:41.89	572	1:06.83	1:13.41	1:14.28	1:15.34
						1:14.58	1:14.34	1:13.51	1:09.60
11.	Dale BROWN	19	Wisbech	9:43.69	567	1:06.53	1:12.33	1:12.80	1:14.44
						1:15.47	1:16.01	1:15.23	1:10.88
12.	Edward PAYNE	17	Leighton Buz	10:41.04	428	1:11.90	1:18.77	1:20.17	1:22.32
						1:22.04	1:22.09	1:23.78	1:19.97

WOMENS 15 Yrs/Under Age Group

Place	Name	AaD Club	Time	GB Pts	100	200	300	400	
					500	600	700	800	
1.	Ceri UNWIN	15	Hatfield	9:06.78	813	1:05.37	1:08.38	1:09.29	1:09.42
						1:09.14	1:09.04	1:08.87	1:07.27
2.	Sophie CHAMBERLAIN	14	Lstof & OB	9:28.71	735	1:06.97	1:11.19	1:11.59	1:12.06
						1:12.08	1:12.18	1:12.29	1:10.35
3.	Georgina HUNT	14	Thurrock	9:31.52	726	1:07.63	1:11.27	1:11.95	1:12.17
						1:12.36	1:12.70	1:12.84	1:10.60
4.	Shannon HARROLD	15	Thurrock	9:34.94	715	1:08.60	1:11.65	1:12.13	1:12.95
						1:12.63	1:13.12	1:13.14	1:10.72
5.	Catherine HICKS	15	St Felix Sch	9:40.65	696	1:09.01	1:12.67	1:13.11	1:13.45
						1:13.59	1:13.00	1:13.32	1:12.50
6.	Carolyn ASTBURY	14	Walford	9:42.27	691	1:08.50	1:12.94	1:13.47	1:13.75
						1:14.20	1:14.14	1:13.90	1:11.37
7.	Fenella FOSKETT	14	Deben	9:45.51	681	1:08.94	1:13.77	1:14.12	1:14.23
						1:14.40	1:15.03	1:14.85	1:10.17
8.	Charlotte LAMB	15	Thurrock	9:52.71	659	1:09.03	1:13.00	1:14.16	1:14.71
						1:15.72	1:15.70	1:15.88	1:14.51
9.	Alice MARCHANT	14	Mid Beds	10:00.87	634	1:11.61	1:16.70	1:16.48	1:16.17
						1:16.04	1:16.04	1:16.10	1:11.73
10.	Whitney BUCKLER	14	St Felix Sch	10:01.26	633	1:09.79	1:14.70	1:15.56	1:17.09
						1:16.06	1:17.06	1:17.26	1:13.74
11.	Gabrielle BRASIER	14	UEA Norwich	10:08.75	612	1:11.54	1:15.19	1:16.01	1:15.97
						1:17.19	1:17.66	1:18.35	1:16.84
12.	Robyn BALL	14	St Felix Sch	10:10.76	606	1:10.22	1:15.94	1:17.66	1:18.11
						1:17.73	1:18.17	1:17.57	1:15.36
13.	Chloe HARRIS	14	St Felix Sch	10:11.30	605	1:11.36	1:15.67	1:16.77	1:16.89
						1:18.63	1:18.12	1:17.81	1:16.05
14.	Emily PITTS	14	West Suffolk	10:12.89	600	1:10.98	1:18.05	1:17.02	1:18.72
						1:17.54	1:17.98	1:17.94	1:14.66
15.	April HYAM	14	teamipswich	10:20.81	579	1:14.13	1:19.39	1:18.87	1:19.51
						1:18.85	1:18.97	1:18.19	1:12.90
16.	Marina ESTEVE	15	St Felix Sch	10:21.03	578	1:11.44	1:17.43	1:19.93	1:19.43
						1:20.29	1:19.06	1:18.37	1:15.08
17.	Chelsea MCKENZIE	14	Hitchin	10:54.44	496	1:13.09	1:20.01	1:22.22	1:22.96
						1:24.07	1:25.53	1:23.85	1:22.71
	Lara NYMAN	15	Hatfield	DNC					
	Briony LOWE	15	Lstof & OB	DNC					



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WOMENS 16 Yrs/Over Age Group

Place	Name	AaD Club	Time	GB Pts	100	200	300	400
					500	600	700	800
1.	Rachael GEORGE	16 Hatfield	9:09.51	803	1:04.77	1:07.80	1:07.98	1:08.88
					1:10.79	1:11.29	1:11.05	1:06.95
2.	Jessica FORD	16 Thurrock	9:32.85	721	1:08.59	1:12.39	1:11.87	1:11.95
					1:11.97	1:12.20	1:12.26	1:11.62
3.	Hannah JOHN	16 Kings Lynn	9:35.22	714	1:07.57	1:12.31	1:13.00	1:13.29
					1:13.63	1:13.93	1:11.02	1:10.47
4.	Louise KENDALL	16 Harlow Pen	9:41.37	694	1:08.72	1:13.48	1:13.81	1:13.86
					1:13.72	1:14.00	1:13.76	1:10.02
5.	Laura INGLESON	16 UEA Norwich	9:42.01	692	1:10.63	1:14.42	1:14.29	1:14.08
					1:13.01	1:13.40	1:12.30	1:09.88
6.	Emma BACKHURST	16 Thurrock	9:57.37	645	1:09.59	1:14.54	1:15.44	1:16.01
					1:15.98	1:16.02	1:15.86	1:13.93
7.	Catriona WALKER	18 Lstoft & OB	9:58.44	641	1:09.92	1:14.73	1:16.23	1:16.40
					1:16.08	1:16.32	1:14.85	1:13.91
8.	Louise KING	16 Mid Beds	10:26.29	564	1:12.63	1:16.60	1:17.65	1:18.36
					1:20.68	1:20.33	1:20.16	1:19.88