



ASA East Region 2008 BAGCAT Championships

(Under ASA Laws, ASA Technical Rules)
A Level One Licensed Meet - N^o ERX811 & ERX812



EVENT 101 Girls 200m Breaststroke

10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Lucy ALLINGTON	10 Lstof & OB	3:20.25	470	44.27	1:36.22	2:28.57
2.	Hannah VICK	10 Kings Lynn	3:23.38	447	47.39	1:40.06	2:33.39
3.	Grace GILROY	10 Basildon	3:26.50	425	47.57	1:41.13	2:35.03
4.	Rachael MOORE	10 Thurrock	3:28.35	413	49.02	1:42.58	2:36.65
5.	Eloise LYONS	10 Thurrock	3:29.87	403	48.84	1:42.93	2:37.37
6.	Charlotte LONGDEN	10 Hatfield	3:30.76	397	48.80	1:41.86	2:38.13
7.	Georgia KERRIDGE	10 St Felix Sch	3:30.94	396	48.12	1:42.90	2:37.97
8.	Isobelle READ	10 Lstof & OB	3:31.27	394	50.85	1:45.05	2:38.66
9.	Alice HEWSON	10 Berkhamsted	3:31.32	394	48.30	1:42.16	2:38.12
10.	Isobelle BERREY	10 Lstof & OB	3:31.50	393	48.08	1:42.21	2:37.72
11.	Karis ELLERBY	10 Runnymede	3:32.61	386	48.04	1:45.52	2:40.84
12.	Lily WEST	10 Stevenage	3:33.64	380	46.48	1:43.38	2:38.37
13.	Annie GARRAD	10 Runnymede	3:36.42	362	48.15	1:44.32	2:39.72
14.	Katie SMITH	10 Hatfield	3:39.35	346	50.53	1:46.34	2:43.93
15.	Elise BARRETT	10 UEA Norwich	3:40.46	340	50.28	1:47.65	2:44.01
16.	Phoebe BAXTER	10 Berkhamsted	3:44.92	317	50.24	1:48.39	2:48.16
17.	Lisa WAITE	10 Epping For't	3:45.48	314	49.17	1:47.30	2:48.11
18.	Meghan McGEOGHEGAN	10 Luton	3:45.65	312	51.76	1:50.52	2:48.62

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Christie BAYS	11 Stevenage	2:59.17	653	41.34	1:27.96	2:15.12
2.	Amy GORE	11 Thurrock	3:00.33	640	41.21	1:27.99	2:14.83
3.	Kayleigh SIMS	11 Runnymede	3:05.49	589	43.00	1:30.25	2:17.89
4.	Emily McCONNELL	11 Mid Beds	3:05.67	588	41.74	1:29.23	2:18.09
5.	Kathryn PEARSE	11 Phoenix Bas	3:06.56	579	42.18	1:29.13	2:18.29
6.	Molly NORMAN	11 Co Peterboro	3:06.96	576	40.23	1:26.80	2:16.65
7.	Rebecca WILSON	11 Deben	3:08.17	564	43.23	1:31.34	2:20.08
8.	Katie WHIFFIN	11 Epping For't	3:09.07	556	40.98	1:29.05	2:18.70
9.	Ellie PIRRIE	11 Runnymede	3:10.53	543	44.92	1:33.62	2:22.95
10.	Katherine STEPHENS	11 Thurrock	3:11.11	539	42.94	1:31.60	2:21.59
11.	Flora SHAUL	11 UEA Norwich	3:11.69	533	43.33	1:33.13	
12.	Devon PRIOR	11 Hemel Hemp	3:12.30	529		1:34.61	2:25.19
13.	Isobel PAGE	11 UEA Norwich	3:15.61	501	45.62	1:37.09	2:28.03
14.	Alice OAKLEY	11 UEA Norwich	3:15.80	500	43.87	1:34.71	2:25.95
15.	Amy CHUNG	11 Watford	3:17.59	486	46.30	1:37.43	
16.	Madeleine CHURCHMAN	11 Hitchin	3:18.33	480	42.92	1:32.86	2:25.28
17.	Georgia MILLS	11 Thurrock	3:22.35	450	46.60	1:38.10	2:31.27
18.	Madeleine SINCLAIR	11 Harwich DP	3:22.50	449	43.35	1:35.64	2:29.91
19.	Cassie EVERILL	11 Lstof & OB	3:22.75	447	46.56	1:36.89	2:29.75
20.	Charlotte BALLARD	11 Hatfield	3:22.83	447	46.17	1:39.63	2:32.04
21.	Ella RIDES	11 Sudbury	3:23.56	441	45.51	1:37.40	2:31.10
22.	Georgia CRAWFORD	11 Co Cambridge	3:23.92	439	44.77	1:36.71	2:31.65
23.	Emma CASSIDY	11 Thurrock	3:28.41	408	48.33	1:40.97	2:37.26
24.	Anna ZAIR	11 UEA Norwich	3:29.52	401	47.57	1:41.50	2:36.17

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Zara BAILEY	12 Co Peterboro	2:55.14	672	39.60	1:24.05	2:09.18
2.	Charlotte HICKS	12 St Felix Sch	3:02.82	593	42.42	1:28.87	2:16.34
3.	Bethany CATCHPOLE	12 teamipswich	3:03.05	591	41.95	1:28.41	2:15.07
4.	Charlotte REID	12 Hitchin	3:04.74	575	41.47	1:28.12	2:16.21
5.	Anne-Marie DU PREEZ	12 Co St Albans	3:04.91	574	43.79	1:30.88	2:17.48
6.	Poppy INGLESON	12 UEA Norwich	3:06.08	563	42.49	1:29.39	2:18.17
7.	Amber SWALES	12 Mid Beds	3:08.35	543	42.32	1:30.66	2:19.67
8.	Charlotte HARTIN	12 Runnymede	3:09.14	536	44.10	1:33.05	2:20.83
9.	Giselle CHAUHAN	12 Hatfield	3:09.65	532	42.96	1:31.16	2:21.27
10.	Bonnie SAWYER	12 Epping For't	3:13.08	503	42.79	1:32.15	2:22.86
11.	Jessica LAMBERT	12 Epping For't	3:13.72	499	44.13	1:33.52	2:23.63
12.	Katie FITZJOHN	12 Co Peterboro	3:16.61	475	46.09	1:35.69	2:26.17

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Heather RODWELL	13 teamipswich	2:45.04	764	38.05	1:20.65	2:03.16
2.	Ellis JACKSON	13 St Felix Sch	2:48.07	727	38.34	1:20.87	2:04.00
3.	Bethan BOTTOMLEY	13 West Suffolk	2:55.89	641	39.69	1:24.20	2:10.52
4.	Laura SEARLE	13 Bishop Stort	2:56.61	634	39.87	1:24.31	2:10.89
5.	Louisa EMERY	13 teamipswich	2:57.54	625	39.81	1:25.14	2:11.43
6.	Carina BAYS	13 Stevenage	2:57.69	623	42.06	1:28.05	
7.	Mimi BARR	13 UEA Norwich	2:59.12	609	40.84	1:26.81	2:12.98
8.	Alexandra REVELL	13 Harpenden	3:01.63	586	40.70	1:27.43	2:14.44
9.	Lydia SMITH	13 Hatfield	3:05.43	550	40.26	1:27.20	2:16.37
10.	Hannah REEDER	13 Newmarket	3:07.91	529	41.98	1:29.00	2:18.06



ASA East Region 2008 BAGCAT Championships

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EVENT 102 Boys 400m Freestyle

10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	250	300	350
1.	Jake TYSON	10 teamipswich	5:03.15	445	35.04	1:13.57	1:52.20	2:31.15	3:09.86	3:48.68	4:26.94
2.	Philip DOWDING-YOUNG	10 teamipswich	5:04.09	440	34.65	1:13.79	1:53.21	2:31.70	3:10.91	3:50.11	4:28.45
3.	Bobbie McCARTHY	10 Thurrock	5:13.24	401	35.13	1:14.01	1:53.33	2:33.57	3:13.11	3:52.95	4:33.74
4.	George EPSLY	10 Thurrock	5:16.99	386	37.07	1:17.19	1:56.89	2:37.19	3:17.43	3:58.38	4:37.99
5.	Salaam MOTIN	10 Thurrock	5:19.82	375	37.76	1:18.13	1:58.67	2:39.12	3:19.67	4:00.22	4:40.98
6.	James DAY	10 Thurrock	5:21.04	370	35.56	1:15.56	1:56.98	2:38.53	3:20.71	4:02.10	4:42.13
7.	Ethan FARRELL	10 Mid Beds	5:21.35	369	35.98	1:16.39	1:57.45	2:38.23	3:19.60	4:00.58	4:41.28
8.	Martyn WALTON	10 Hatfield	5:25.15	355	35.85	1:16.72	1:58.80	2:40.96	3:22.83	4:05.74	4:47.14
9.	Russell BECK	10 Rochford	5:26.32	350	36.69	1:17.74	2:00.18	2:42.01	3:23.15	4:05.10	4:46.39
10.	Joseph COOPER	10 UEA Norwich	5:27.07	348	36.46	1:17.26	1:59.43	2:41.59	3:23.55	4:05.59	4:47.37
11.	Jozef OCHWAT	10 teamipswich	5:35.99	317	37.08	1:20.16	2:04.49	2:47.93	3:30.82	4:13.82	4:55.36
12.	Kalaam MOTIN	10 Thurrock	5:43.38	294	38.50	1:22.98	2:06.97	2:52.61	3:35.25	4:18.27	5:01.24
13.	Billy MAYNARD	10 Southend	5:43.88	293	37.74	1:21.45	2:04.59	2:49.53	3:32.83	4:18.65	5:00.76
14.	Charlie CHURCH	10 Lstoft & OB	5:44.51	291	38.43	1:23.35	2:07.96	2:54.81	3:38.09	4:21.08	5:04.84
15.	Jake MILLS	10 Thurrock	5:45.21	289	38.55	1:22.33	2:07.45	2:51.64	3:36.91	4:20.95	5:04.53
16.	Daniel POWELL	10 Co Peterboro	5:48.36	279	38.29	1:22.49	2:07.50	2:52.82	3:35.61	4:21.22	5:05.31
17.	Benjamin CLARK	10 teamipswich	5:54.11	263	39.31	1:24.68	2:10.12	2:56.35	3:42.15	4:27.98	5:13.46
18.	Peter TODD	10 St Ives	5:55.30	260	39.50	1:23.97	2:09.64	2:55.06	3:40.07	4:25.83	5:11.65
19.	Thomas BUCKLE	10 West Suffolk	5:59.44	249	39.17	1:23.83	2:08.81	2:55.10	3:41.84	4:28.90	5:15.29
20.	Ashley TRENT	10 Newmarket	6:01.45	244	40.03	1:25.26	2:10.58	2:56.89	3:42.75	4:30.59	5:16.45
	Alex BITHREY	10 Mid Beds	DQ	ST-							

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	250	300	350
1.	Frederick WOODCOCK	11 Hemel Hemp	5:05.17	435	35.29	1:14.24	1:53.71	2:32.94	3:11.85	3:50.51	4:29.07
2.	Samuel HOLMES	11 Co Peterboro	5:07.32	426	34.94	1:13.90	1:53.44	2:32.80	3:11.91	3:51.08	4:29.48
3.	Barton TOWNLEY	11 Runnymede	5:09.24	418	33.86	1:12.41	1:51.34	2:31.80	3:12.24	3:52.39	4:32.34
4.	Murphy TALBOT	11 Runnymede	5:11.04	410		1:13.05	1:53.18	2:33.50	3:13.82	3:53.61	4:33.95
5.	Joshua AYLETT	11 Co Peterboro	5:13.04	402	36.48	1:17.88	1:58.90	2:38.81	3:20.06	3:59.24	4:36.68
6.	Joe BROWN	11 Thurrock	5:17.50	384	36.16	1:16.02	1:56.91	2:37.70	3:19.40	3:59.34	4:39.79
7.	David FRYATT	11 Braintree	5:17.61	383	36.52	1:17.30	1:57.41	2:37.93	3:18.61	3:58.61	4:38.53
8.	Christopher MURPHY	11 Flitwick	5:19.09	377	34.97	1:13.94	1:54.30	2:35.69	3:17.09	3:58.72	4:39.35
9.	Jarrod BRADFELD	11 Clacton On S	5:19.74	375	33.84	1:12.26	1:52.39	2:33.36	3:14.35	3:56.24	4:38.81
10.	Louis SELLER	11 Deben	5:22.13	366	36.29	1:17.11	1:57.74	2:39.15	3:20.99	4:03.03	4:44.42
11.	Joshua ALLDAY	11 teamipswich	5:26.91	348	35.69	1:16.99	1:58.21	2:39.78	3:21.95	4:04.59	4:47.51
12.	Ethan LAMB	11 Hatfield	5:27.10	348	36.79	1:18.95	2:00.72	2:43.84	3:25.98	4:08.59	4:49.69
13.	Jack PICKFORD	11 Watford	5:28.40	343	37.19	1:18.26	2:00.54	2:42.90	3:24.86	4:07.21	4:49.09
14.	Ranishka KUMARAGE	11 Hatfield	5:28.53	343	38.16	1:20.13	2:02.32	2:44.78	3:27.08	4:08.59	4:49.90
15.	Alexander FARRANDS	11 St Felix Sch	5:28.93	341	37.21	1:18.87	2:01.86	2:43.95	3:27.11	4:08.54	4:50.53
16.	Brandon NABARRO	11 Mid Beds	5:30.27	336	36.64	1:17.66	1:59.72	2:41.69	3:24.40	4:07.46	4:49.24
17.	Nathan LONG	11 Stowmarket	5:32.04	330	39.22	1:20.83	2:03.78	2:46.34	3:29.37	4:11.37	4:53.15
18.	Jim VICKERS	11 Colchester	5:33.57	325	35.36	1:16.21	1:59.38	2:42.29	3:26.19	4:09.99	4:53.99
19.	Augustus VEASEY	11 Chelmsford	5:37.12	314	38.18	1:19.58	2:02.84	2:45.83	3:29.05	4:12.49	4:55.75
20.	Samuel HENSON	11 Co St Albans	5:44.51	291	37.66	1:19.02	2:03.01	2:47.76	3:32.50	4:17.92	5:03.00
	George STANNARD	11 St Felix Sch	DQ	ST-							

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	250	300	350
1.	Caleb HUGHES	12 Mid Beds	4:30.41	622	30.21	1:03.76	1:38.54	2:13.51	2:48.30	3:23.07	3:57.27
2.	Matthew BRIGHAM	12 Co Peterboro	4:43.24	546	32.00	1:06.45	1:42.01	2:18.01	2:54.76	3:30.98	
3.	Harry SMITH	12 UEA Norwich	4:44.81	537	32.53	1:08.11	1:44.47	2:21.19	2:57.55	3:33.77	4:09.68
4.	Kilian KORTH	12 teamipswich	4:46.63	527	31.97	1:07.34	1:44.10	2:20.72	2:57.04	3:33.53	4:10.31
5.	Jordan PURDY	12 St Felix Sch	4:46.69	527	31.98	1:07.30	1:43.31	2:19.67	2:56.78	3:33.77	4:11.02
6.	Bradley CLARKE	12 Thurrock	4:47.74	521	32.91	1:08.68	1:44.89	2:20.64	2:56.14	3:31.27	4:12.64
7.	Charlie SMITH	12 teamipswich	4:48.94	515	31.88	1:07.58	1:44.13	2:20.88	2:58.27	3:35.40	4:12.38
8.	Luke DURBAN	12 Braintree	4:52.43	496	33.28	1:09.17	1:46.44	2:24.42	3:02.28	3:40.08	4:17.38
9.	James WINTER	12 Chelmsford	4:54.08	488	33.07	1:09.67	1:47.28	2:24.73	3:02.46	3:40.59	4:17.21
10.	Jack CARTER	12 Southend	4:57.77	470	32.97	1:09.99	1:48.34	2:26.99	3:05.65	3:45.03	4:21.28
11.	Tom LAMBERT	12 Luton	5:00.69	456	32.75	1:10.18	1:47.86	2:26.93	3:05.66	3:44.90	4:23.51
12.	Gareth HAWKINS	12 Thurrock	5:01.08	454	33.30	1:10.97	1:49.25	2:28.54	3:07.37	3:46.55	4:24.80
13.	David ALLEN	12 Flitwick	5:01.79	451	33.25	1:10.70	1:48.94	2:26.56	3:05.61	3:45.00	4:22.92
14.	Joshua INWOOD	12 Basildon	5:08.79	420	34.68	1:13.32	1:52.77	2:32.26	3:11.86	3:51.67	4:31.48
15.	Jonathan ANDVIG	12 teamipswich	5:09.47	417	35.20	1:14.65	1:54.71	2:34.80	3:14.62	3:55.29	4:33.86
16.	Luke JONES	12 Hatfield	5:11.43	408	34.14	1:13.01	1:52.36	2:33.24	3:12.66	3:53.20	4:32.59
17.	Kane FARRELL	12 Mid Beds	5:11.64	407	34.29	1:13.42	1:53.40	2:33.59	3:14.57	3:55.42	4:36.12
18.	Thomas McLAGAN	12 Braintree	5:13.62	399	35.49	1:14.66	1:54.28	2:34.43	3:14.57	3:54.74	4:34.97
19.	Carl JOHNSON	12 St Ives	5:13.68	399	35.20	1:14.40	1:54.60	2:35.09	3:15.20	3:56.31	4:36.56
20.	Rory GEOGHEGAN	12 Runnymede	5:18.02	382	34.60	1:14.28	1:54.92	2:35.82	3:17.06	3:58.77	4:40.86
	Joshua COLEBY	12 teamipswich	DNC								
	Yaron ASH	12 Hertsmere	DNC								

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	250	300	350
1.	Luke BAILEY	13 St Felix Sch	4:24.07	664	30.55	1:03.41	1:36.63	2:10.25	2:43.91	3:17.69	3:51.13
2.	Miles GARNER	13 UEA Norwich	4:26.64	647	30.67	1:03.85	1:38.07	2:12.09	2:45.70	3:20.08	3:53.68
3.	Daniel SORRELL	13 Chelmsford	4:26.95	645		1:03.71		2:11.45	2:45.97	3:19.86	
4.	Lewis HUGHES	13 UEA Norwich	4:28.60	634	30.29	1:04.06	1:38.40	2:12.74	2:47.03	3:21.58	3:56.26
5.	Jack BARTLETT	13 St Felix Sch	4:29.63	627	29.79	1:02.23	1:36.25	2:10.89	2:46.06	3:21.42	3:56.46
6.	Richard JEFFERIES	13 Co Cambridge	4:31.28	617	29.93	1:02.94	1:37.28	2:12.06	2:46.55	3:22.05	3:57.15
7.	Ryan TOMKINS	13 teamipswich	4:32.17	611	31.32	1:05.69	1:40.60	2:15.37	2:49.69	3:24.53	3:59.10
8.	Harry PAYNE	13 Bo Southend	4:32.93	607	30.69	1:04.57	1:38.59	2:12.86	2:47.51	3:22.71	3:57.59
9.	Liam KNIGHT	13 Co Peterboro	4:36.10	587	29.72	1:04.25	1:39.55	2:15.35	2:50.59	3:26.77	4:02.24
10.	Elliot COOK	13 teamipswich	4:37.41	579	31.19	1:00.30	1:41.43	2:16.40	2:51.73	3:27.23	4:03.04
11.	Benjamin TURP	13 Basildon	4:45.56	533	32.42	1:08.30	1:45.07	2:21.74	2:58.07	3:34.82	4:11.42
12.	Cameron BASHIR	13 Sudbury	4:50.52	506	32.43	1:08.23	1:45.58	2:22.80	3:00.23	3:37.70	4:14.82
13.	Jonathan HAWES	13 Lstoft & OB	4:50.81	505	32.69	1:08.53	1:45.30	2:22.33	2:59.78	3:37.87	4:15.47
14.	Alexander SHREEVE	13 UEA Norwich	4:53.83	489	32.88	1:09.78	1:47.15	2:24.76	3:01.77	3:39.82	4:17.61



ASA East Region 2008 BAGCAT Championships

(Under ASA Laws, ASA Technical Rules)
A Level One Licensed Meet - N^o ERX811 & ERX812



15. Ross MORGAN	13 Luton	4:54.13	488	31.65	1:06.85	1:44.31	2:22.06	3:00.86	3:39.28	4:17.62
16. Joe HATTON	13 UEA Norwich	4:55.30	482	31.80	1:07.94	1:45.90	2:23.50	3:01.49	3:40.07	4:19.21
17. Nicholas ILSLEY	13 Co Peterboro	4:55.88	479	31.93	1:07.78	1:44.73	2:22.69	3:00.85	3:39.48	4:18.38
18. James WINNELL	13 Runnymede	4:57.87	469	32.31	1:09.02	1:48.41	2:26.65	3:05.20	3:41.18	4:21.82

14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	250	300	350
1.	Jack HOLLIS	14 teamipswich	4:21.20	684	28.88	1:00.26	1:33.02	2:06.42	2:39.86	3:14.02	3:47.80
2.	Alex DELICATA	14 Thurrock	4:24.82	659	30.28	1:03.01	1:36.59	2:10.20	2:43.89	3:17.92	3:51.82
3.	Sam MUNRO	14 St Felix Sch	4:29.24	630	29.45	1:01.61	1:35.83	2:10.29	2:45.74	3:20.57	3:55.59
4.	Alex RAINE	14 Mid Beds	4:29.33	629	29.54	1:02.52	1:36.65	2:11.97	2:47.25	3:21.67	3:56.07
5.	Charlie HAYES	14 Thurrock	4:34.78	595	31.53	1:05.92	1:40.79	2:16.22	2:51.15	3:26.43	4:01.24
6.	Jay MUNKLEY	14 Hertsmere	4:35.90	588	30.14	1:03.92	1:39.22	2:15.10	2:50.25	3:26.50	4:01.90
7.	Luke WALSH	14 Thetford	4:38.90	570	31.18	1:06.07	1:41.06	2:17.04	2:53.33	3:30.38	4:05.42
8.	Alex MURRAY	14 Kings Lynn	4:39.04	570	31.49	1:05.61	1:41.16	2:16.46	2:52.31	3:28.33	4:04.60
9.	Alex BLANCO	14 Bo Southend	4:39.17	569	31.80	1:05.90	1:40.56	2:15.64	2:50.90	3:26.98	4:04.04
10.	Michael GRACE	14 Phoenix Bas	4:42.15	552	29.97	1:03.86	1:39.77	2:17.92	2:56.41	3:34.41	4:10.03
11.	Nick RUDDOCK	14 Lstof & OB	4:43.07	546	31.07	1:06.38	1:42.41	2:18.67	2:54.81	3:31.91	4:07.58
12.	Lewis FARMER	14 Lstof & OB	4:43.18	546	29.90	1:03.71	1:39.14	2:15.34	2:51.90	3:28.99	4:06.40
13.	Josh PAGE	14 UEA Norwich	4:44.60	538	31.31	1:06.19	1:42.54	2:19.58	2:56.40	3:33.63	4:10.22
14.	Ryan DANIELS	14 Thurrock	4:48.51	517	32.19	1:07.94	1:45.06	2:22.10	2:59.09	3:37.91	4:14.78
15.	Daniel SMITH	14 Lstof & OB	4:49.02	514	30.88	1:05.74	1:41.75	2:19.11	2:56.69	3:34.93	4:12.70
16.	Tom KELLY	14 Mid Beds	4:49.11	514	30.92	1:05.59	1:41.72	2:18.62	2:56.06	3:34.15	4:12.34

EVENT 103 FINAL OF EVENT 101 Girls 10 Yrs 200m Breaststroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Lucy ALLINGTON	10 Lstof & OB	3:18.29	485	44.28	1:35.82	2:27.62
2.	Hannah VICK	10 Kings Lynn	3:18.91	481	46.54	1:37.89	2:28.74
3.	Grace GILROY	10 Basildon	3:23.31	448	46.57	1:38.93	2:31.23
4.	Rachael MOORE	10 Thurrock	3:25.15	434	47.93	1:40.42	2:33.06
5.	Eloise LYONS	10 Thurrock	3:29.89	403	48.85	1:42.83	2:36.65
6.	Charlotte LONGDEN	10 Hatfield	3:30.37	400	49.60	1:44.83	2:38.71
7.	Isabelle READ	10 Lstof & OB	3:31.86	390	50.62	1:44.29	2:38.21
8.	Georgia KERRIDGE	10 St Felix Sch	3:32.72	386	48.62	1:43.12	2:37.71

EVENT 104 FINAL OF EVENT 101 Girls 11 Yrs 200m Breaststroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Amy GORE	11 Thurrock	2:54.17	707	40.74	1:25.47	2:10.99
2.	Christie BAYS	11 Stevenage	3:00.63	638	40.68	1:26.05	2:13.92
3.	Molly NORMAN	11 Co Peterboro	3:04.81	596	41.56	1:28.22	2:16.86
4.	Emily McCONNELL	11 Mid Beds	3:04.97	594	42.74	1:29.65	2:18.17
5.	Kayleigh SIMS	11 Runnymede	3:05.29	592	42.22	1:30.20	2:17.61
6.	Rebecca WILSON	11 Deben	3:05.88	586	42.68	1:29.61	2:17.74
7.	Kathryn PEARSE	11 Phoenix Bas	3:07.97	566	42.62	1:30.95	2:19.57
8.	Katie WHIFFIN	11 Epping Fort	3:09.91	549	41.03	1:28.85	2:19.53

EVENT 105 FINAL OF EVENT 101 Girls 12 Yrs 200m Breaststroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Zara BAILEY	12 Co Peterboro	2:55.87	663	39.65	1:24.01	2:10.15
2.	Charlotte HICKS	12 St Felix Sch	3:00.29	618	42.15	1:27.78	2:14.55
3.	Bethany CATCHPOLE	12 teamipswich	3:00.46	616	41.34	1:27.67	2:14.17
4.	Anne-Marie DU PREEZ	12 Co St Albans	3:04.49	577	43.84	1:30.55	2:17.80
5.	Charlotte HARTIN	12 Runnymede	3:05.50	568	42.09	1:30.22	2:18.39
6.	Charlotte REID	12 Hitchin	3:05.96	564	41.81	1:28.76	2:17.03
7.	Poppy INGLESON	12 UEA Norwich	3:06.63	558	42.63	1:30.38	2:19.81
8.	Amber SWALES	12 Mid Beds	3:10.99	521	43.03	1:31.53	2:21.43

EVENT 106 FINAL OF EVENT 101 Girls 13 Yrs 200m Breaststroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Heather RODWELL	13 teamipswich	2:44.99	764	38.26	1:21.31	2:03.26
2.	Ellis JACKSON	13 St Felix Sch	2:45.30	760	39.11	1:21.02	2:03.36
3.	Laura SEARLE	13 Bishop Stort	2:52.93	672	39.26	1:23.01	2:08.29
4.	Bethan BOTTOMLEY	13 West Suffolk	2:53.82	663	39.91	1:24.73	2:09.15
5.	Carina BAYS	13 Stevenage	2:59.44	606	41.36	1:28.17	2:14.38
6.	Louisa EMERY	13 teamipswich	2:59.67	604	41.10	1:27.31	2:13.88
7.	Mimi BARR	13 UEA Norwich	3:00.79	593	41.06	1:26.88	2:13.97
8.	Alexandra REVELL	13 Harpenden	3:01.27	589	41.73	1:28.43	2:14.47



ASA East Region 2008 BAGCAT Championships

(Under ASA Laws, ASA Technical Rules)
A Level One Licensed Meet - N^o ERX811 & ERX812



EVENT 107 Boys/Girls 800m Freestyle

BOYS 12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	500	600	700
1.	Caleb HUGHES	12 Mid Beds	9:07.98	677	1:05.16	2:13.97	3:22.89	4:32.27	5:41.70	6:51.25	8:00.36
2.	Harry SMITH	12 UEA Norwich	9:41.68	574	1:10.81	2:25.09	3:39.00	4:52.76	6:06.16	7:19.48	8:32.05
3.	Jordan PURDY	12 St Felix Sch	9:44.77	565	1:07.47	2:20.45	3:34.42	4:48.45	6:02.74	7:16.76	8:31.91
4.	Bradley CLARKE	12 Thurrock	9:45.65	563	1:11.18	2:25.48	3:39.34	4:53.34	6:07.34	7:21.14	8:34.76
5.	Charlie SMITH	12 teamipswich	9:54.53	538	1:10.47	2:25.09	3:40.95	4:56.25	6:12.09	7:26.54	8:41.97
6.	Tom LAMBERT	12 Luton	10:01.91	519	1:10.24	2:25.04	3:40.85	4:58.15	6:16.09	7:33.20	8:49.94
7.	James WINTER	12 Chelmsford	10:09.00	501	1:12.97	2:31.27	3:48.28	5:05.94	6:22.83	7:38.87	8:56.12
8.	Luke DURBAN	12 Braintree	10:13.82	489	1:15.31	2:33.66	3:51.93	5:09.59	6:26.03	7:43.98	9:00.46
9.	Louis MAYHEW	12 Hemel Hemp	10:15.44	485	1:12.26	2:30.17	3:48.42	5:06.96	6:23.04	7:41.48	8:59.87
10.	Matthew WILLIAMS	12 Cheshunt	10:30.36	451	1:11.79	2:30.07	3:49.19	5:09.11	6:30.51	7:51.57	9:11.88
11.	Thomas McLAGAN	12 Braintree	10:36.15	438	1:15.40	2:34.72	3:54.72	5:16.23	6:37.23	7:58.52	9:18.82
12.	Jonathan ANDVIG	12 teamipswich	10:40.28	429	1:16.86	2:38.63	4:00.96	5:22.91	6:44.13	8:05.55	9:24.74
13.	Gareth HAWKINS	12 Thurrock	10:40.69	429	1:16.43	2:37.21	3:58.24	5:20.02	6:42.47	8:04.09	9:25.09
14.	Kane FARRELL	12 Mid Beds	10:43.92	422	1:13.83	2:33.98	3:56.79	5:18.56	6:40.66	8:03.92	9:26.03

BOYS 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	500	600	700
1.	Luke BAILEY	13 St Felix Sch	9:04.94	686	1:03.79	2:12.06	3:20.80	4:30.47	5:38.99	6:48.35	7:57.40
2.	Miles GARNER	13 UEA Norwich	9:15.19	653	1:06.53	2:17.53	3:26.25	4:35.88	5:46.42	6:57.16	8:06.78
3.	Harry PAYNE	13 Bo Southend	9:22.61	629	1:07.62	2:19.24	3:30.28	4:40.96	5:52.35	7:03.79	8:14.41
4.	Oliver TAFFS	13 Bishop Stort	9:27.29	615	1:04.01	2:14.54	3:26.06	4:38.25	5:50.69	7:03.65	8:16.37
5.	Ryan TOMKINS	13 teamipswich	9:30.10	606	1:08.01	2:20.48	3:33.71	4:46.83	5:59.11	7:11.43	8:21.98
6.	Benjamin TURP	13 Basildon	9:53.60	540	1:10.00	2:24.60	3:40.18	4:54.47	6:09.06	7:24.79	8:40.35
7.	Cameron BASHIR	13 Sudbury	9:58.42	528	1:10.07	2:26.79	3:43.59	5:00.78	6:18.20	7:33.53	8:47.88
8.	Jack SPENCE	13 Watford	9:59.38	525	1:08.22	2:22.53	3:37.63	4:53.76	6:10.65	7:28.89	8:46.12
9.	Jonathan HAWES	13 Lstoft & OB	10:15.83	484	1:13.15	2:30.24	3:48.04	5:06.60	6:24.54	7:43.29	9:02.23
10.	James WINNELL	13 Runnymede	10:19.93	475	1:13.09	2:31.25	3:51.36	5:09.42	6:27.82	7:47.95	9:07.14

BOYS 14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	500	600	700
1.	Alex RAINE	14 Mid Beds	9:12.82	661	1:06.93	2:18.20	3:28.82	4:38.57	5:48.56	6:57.01	8:06.36
2.	Charlie HAYES	14 Thurrock	9:23.85	626	1:08.21	2:19.77	3:31.52	4:42.54	5:53.39	7:04.55	8:14.88
3.	Thomas HALE	14 Brentwood	9:28.99	611	1:04.79	2:14.26	3:26.18	4:39.03	5:54.03	7:07.31	8:20.87
4.	Alex BLANCO	14 Bo Southend	9:29.44	609	1:09.10	2:21.44	3:33.30	4:46.72	5:58.15	7:09.90	8:21.46
5.	Jay MUNKLEY	14 Hertsmere	9:42.11	573	1:06.22	2:18.88	3:32.49	4:47.34	6:02.39	7:16.47	8:30.24
6.	Charlie POND THOMPSON	14 Southend	9:42.55	571	1:07.65	2:20.74	3:33.85	4:47.23	6:01.37	7:16.48	8:31.09
7.	Nick RUDDOCK	14 Lstoft & OB	9:43.32	569	1:08.51	2:23.77	3:39.53	4:55.27	6:08.35	7:21.86	8:33.29
8.	Ryan DANIELS	14 Thurrock	9:44.84	565	1:11.42	2:26.44	3:40.47	4:54.17	6:08.34	7:21.73	8:35.27
9.	Lewis FARMER	14 Lstoft & OB	9:50.02	551	1:08.48	2:22.77	3:37.12	4:51.61	6:06.59	7:21.29	8:35.98
10.	James McGRAIL	14 Hatfield	9:50.46	550	1:08.58	2:22.25	3:36.39	4:51.45	6:06.34	7:21.84	8:37.19
11.	Tom KELLY	14 Mid Beds	10:07.08	507	1:07.77	2:23.55	3:39.53	4:56.85	6:15.54	7:34.20	8:51.86

GIRLS 10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	500	600	700
1.	Lucy ALLINGTON	10 Lstoft & OB	12:02.72	384	1:25.09	2:56.17	4:28.64	6:00.62	7:33.36	9:06.10	10:34.41

GIRLS 11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	500	600	700
1.	Katherine STEPHENS	11 Thurrock	10:18.46	614	1:14.02	2:31.72	3:49.82	5:07.99	6:26.27	7:44.66	9:02.78
2.	Rebecca HAYES	11 Thurrock	10:19.81	611	1:13.42	2:31.10	3:49.00	5:07.57	6:26.17	7:45.23	9:03.61
3.	Molly NORMAN	11 Co Peterboro	10:25.18	595	1:13.67	2:32.70	3:52.45	5:11.64	6:30.65	7:49.73	9:08.99
4.	Emma CASSIDY	11 Thurrock	10:26.24	593	1:14.23	2:33.13	3:51.94	5:11.81	6:31.08	7:51.25	9:10.36
5.	Melissa COWELL	11 Thurrock	10:31.29	580	1:14.09	2:32.36	3:51.06	5:10.74	6:31.40	7:51.83	9:13.16
6.	Katarina BLANCO	11 Bo Southend	10:40.54	556	1:14.77	2:34.82	3:57.89	5:19.57	6:38.93	7:59.53	9:22.23
7.	Georgia MILLS	11 Thurrock	10:43.98	546	1:14.52	2:34.23	3:55.49	5:16.94	6:39.37	8:01.46	9:23.56
8.	Charlotte BALLARD	11 Hatfield	10:44.57	545	1:14.73	2:35.30	3:56.27	5:18.00	6:40.27	8:02.34	9:24.60
9.	Sophie WAYMONT	11 Southend	10:48.43	536	1:17.59	2:39.47	4:01.71	5:23.71	6:45.93	8:08.75	9:30.85
10.	Lorna MACLEAN	11 Bo Southend	10:50.97	529	1:16.84	2:38.63	4:01.40	5:24.15	6:46.33	8:09.09	9:31.66
11.	Madison TOWNLEY	11 Runnymede	11:06.35	494	1:15.61	2:37.65	4:01.44	5:26.97	6:53.35	8:19.53	9:45.02
12.	Cassie EVERILL	11 Lstoft & OB	11:29.45	443	1:17.63	2:43.97	4:10.99	5:38.66	7:06.61	8:34.54	10:02.94
13.	Alexa FOSTER-CARTER	11 Bo Southend	11:34.37	434	1:20.11	2:46.24	4:13.35	5:41.16	7:09.41	8:38.84	10:08.21

GIRLS 12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	500	600	700
1.	Charlotte HICKS	12 St Felix Sch	9:39.07	723	1:07.78	2:20.68	3:34.48	4:47.99	6:00.52	7:14.74	8:28.09
2.	Poppy INGLESON	12 UEA Norwich	9:43.10	710	1:09.48	2:23.50	3:37.91	4:52.20	6:06.38	7:19.84	8:33.14
3.	Lizzy FAULKNER	12 UEA Norwich	9:57.09	665	1:10.11	2:23.78	3:39.05	4:54.49	6:10.16	7:26.13	8:42.48
4.	Shauna LEE	12 Mid Beds	10:08.64	631	1:11.21	2:27.18	3:44.44	5:01.65	6:18.77	7:37.52	8:54.96
5.	Ellie FAIRFOOT	12 UEA Norwich	10:21.69	595	1:11.42	2:28.63	3:46.79	5:05.40	6:24.24	7:43.72	9:03.10
6.	Isabelle MARTIN	12 Flitwick	10:24.84	586	1:12.89	2:31.63	3:50.68	5:10.66	6:29.10	7:48.34	9:08.00
7.	Ellie TOWNLEY	12 Runnymede	10:34.37	561	1:13.44	2:32.13	3:50.60	5:11.28	6:32.73	7:52.51	9:14.66
8.	Sky DRAPER	12 Watford	10:34.40	561	1:13.61	2:32.59	3:52.97	5:12.77	6:33.62	7:55.68	9:16.31
	Amy BEARDWELL-LACEY	12 Thurrock	DNC								

GIRLS 13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	100	200	300	400	500	600	700
1.	Pascale REEVES	13 St Felix Sch	9:41.84	703	1:09.59	2:23.66	3:37.54	4:51.39	6:05.07	7:18.41	8:31.58
2.	Alexandra TAYLOR	13 West Suffolk	9:59.64	649	1:09.90	2:25.56	3:41.33	4:57.51	6:14.64	7:30.85	8:46.44
3.	Joanne LONGLAND	13 Co Peterboro	10:12.85	610	1:09.78	2:26.56	3:43.50	5:00.88	6:19.30	7:38.15	8:56.82
4.	Jade BLAGG	13 teamipswich	10:22.37	584	1:14.10	2:33.58	3:52.60	5:11.85	6:29.70	7:47.22	9:05.86
5.	Helen MITCHELL	13 Braintree	10:24.75	577	1:13.60	2:32.30	3:50.40	5:08.18	6:26.48	7:45.72	9:05.91