



ASA East Region 2008 BAGCAT Championships

(Under ASA Laws, ASA Technical Rules)
A Level One Licensed Meet - N^o ERX811 & ERX812



EVENT 201 Boys 11-14 Yrs 400m Freestyle Team

Place	Name	A.G Club	Time	BAG Pt	50	100	150	200	250	300	350
1.	teamipswich Swimming	teamipswich	3:52.09	645*	28.13	58.45	1:25.95	1:58.55	2:24.31	2:53.36	3:21.76
	Jack HOLLIS	28.13	30.32	(58.45)							
	Elliot COOK	27.50	32.60	(1.00.10)							
	Aaron LYNCH	25.76	29.05	(54.81)							
	George BARTLE	28.40	30.33	(58.73)							
2.	UEA City of Norwich SC	UEA Norwich	4:03.84	562*	29.46	1:01.56	1:31.42	2:03.03	2:32.60	3:05.60	3:33.92
	Josh PAGE	29.46	32.10	(1.01.56)							
	Miles GARNER	29.86	31.61	(1.01.47)							
	George FLINTHAM	29.57	33.00	(1.02.57)							
	Lewis HUGHES	28.32	29.92	(58.24)							
3.	City Of Peterborough A	Co Peterboro	4:05.67	550*	28.75	1:00.45	1:30.11	2:03.64	2:33.79	3:06.86	3:34.30
	Liam KNIGHT	28.75	31.70	(1.00.45)							
	Nicholas ILSLEY	29.66	33.53	(1.03.19)							
	Matthew BRIGHAM	30.15	33.07	(1.03.22)							
	Robert STAFFORD	27.44	31.37	(58.81)							
4.	Mid Beds SS	Mid Beds	4:06.07	547*	30.10	1:02.64	1:32.23	2:03.96	2:32.85	3:04.02	3:32.94
	Alex RAINE	30.10	32.54	(1.02.64)							
	Alasdair KERR	29.59	31.73	(1.01.32)							
	Caleb HUGHES	28.89	31.17	(1.00.06)							
	Tom KELLY	28.92	33.13	(1.02.05)							
5.	Chelmsford	Chelmsford	4:07.48	538*	29.94	1:03.75	1:33.41	2:06.71	2:35.27	3:07.36	3:35.23
	Ben ASHTON	29.94	33.81	(1.03.75)							
	Ben ROOTS	29.66	33.30	(1.02.96)							
	Daniel SORRELL	28.56	32.09	(1.00.65)							
	Jonathan LINES	27.87	32.25	(1.00.12)							
6.	Halfeld SC	Halfeld	4:08.35	532*	28.61	59.57	1:28.57	2:02.48	2:32.57	3:06.78	3:36.11
	Ricky JONES	28.61	30.96	(59.57)							
	Luke TARGET	29.00	33.91	(1.02.91)							
	Thomas WORBEY	30.09	34.21	(1.04.30)							
	Edward ALLCHORNE	29.33	32.24	(1.01.57)							
7.	Kings Lynn Warriors	Kings Lynn	4:10.72	518*	30.05	1:02.91	1:34.37	2:09.75	2:39.09	3:11.32	3:39.10
	Jake CROOK	30.05	32.86	(1.02.91)							
	Joshua GRAY	31.46	35.38	(1.06.84)							
	Chris VICK	29.34	32.23	(1.01.57)							
	Alex MURRAY	27.78	31.62	(59.40)							
8.	St Felix School SC	St Felix Sch	4:13.80	499*	28.30	58.87	1:30.35	2:05.17	2:33.74	3:04.81	3:37.72
	Luke BAILEY	28.30	30.57	(58.87)							
	Jordan PURDY	31.48	34.82	(1.06.30)							
	Jack BARTLETT	28.57	31.07	(59.64)							
	George STANNARD	32.91	36.08	(1.08.99)							
9.	Deben SC	Deben	4:14.10	497*	29.72	1:00.56	1:31.40	2:06.51	2:37.57	3:12.77	3:42.42
	Jake GARROD	29.72	30.84	(1.00.56)							
	Owen SMITH	30.84	35.11	(1.05.95)							
	Anton AUTY	31.06	35.20	(1.06.26)							
	Alistair CLEMENTS	29.65	31.68	(1.01.33)							
10.	Watford SC	Watford	4:33.46	396*	30.26	1:05.85	1:39.57	2:17.84	2:52.49	3:31.41	4:00.41
	Jack SPENCE	30.26	35.59	(1.05.85)							
	Ashley HOLNESS-WRIGHT	33.72	38.27	(1.11.99)							
	Jack PICKFORD	34.65	38.92	(1.13.57)							
	Nik SPEARS	29.00	33.05	(1.02.05)							
11.	City Of Peterborough B	Co Peterboro	4:49.96	326*	32.63	1:10.96	1:46.20	2:26.56	3:01.39	3:39.16	4:12.58
	Samuel HOLMES	32.63	38.33	(1.10.96)							
	Antony COOMBE	35.24	40.36	(1.15.60)							
	Ottavio TANZILLO	34.83	37.77	(1.12.60)							
	Joshua AYLETT	33.42	37.38	(1.10.80)							



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EVENT 202 Girls 200m Backstroke

10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Alice HEWSON	10 Berkhamsted	2:49.19	517	38.05	1:22.65	2:06.84
2.	Alaina SCIFO	10 Mildenhall	2:50.79	502			
3.	Elise BARRETT	10 UEA Norwich	2:53.00	483	41.35	1:25.32	2:09.77
4.	Courtney SANDERS	10 Chelmsford	2:53.19	480	41.35	1:25.33	2:10.42
5.	Rachael MOORE	10 Thurrock	2:56.56	452	41.76	1:28.41	2:13.92
6.	Josephine BLADES	10 St Felix Sch	2:56.85	450	41.92	1:28.45	2:14.88
7.	Kirstie FEHILY	10 Canvey Isl	2:58.62	436	41.29	1:26.35	2:13.31
8.	Jessica SMOOTHY	10 Southend	3:01.22	416	42.55	1:28.94	2:16.47
9.	Lucy ALLINGTON	10 Lstoft & OB	3:02.83	404	43.30	1:31.13	2:18.39
10.	Gemma SWINDELL	10 Hatfield	3:03.02	403	43.43	1:30.31	2:18.27
11.	Charlotte LONGDEN	10 Hatfield	3:03.85	397	42.12	1:29.15	2:17.58
12.	Georgia KERRIDGE	10 St Felix Sch	3:04.21	394	44.09	1:31.61	2:19.51
13.	Karis ELLERBY	10 Runnymede	3:04.73	391	43.69	1:33.30	2:21.41
14.	Danielle KENYON	10 Epping For't	3:06.32	379	43.45	1:32.15	2:21.45
15.	Milly THORPE	10 teamipswich	3:07.21	374	45.48	1:33.16	2:21.12
16.	Molly REEDER	10 Newmarket	3:07.31	373	42.36	1:29.94	2:18.59
17.	Hannah BRIGHAM	10 Co Peterboro	3:09.98	356	43.93	1:30.97	2:20.30
18.	Alice INSULL	10 Colchester	3:11.42	346	44.71	1:33.32	2:23.62

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Bethany FREEMAN	11 Co Peterboro	2:39.86	623	37.31	1:18.18	1:59.49
2.	Alice OAKLEY	11 UEA Norwich	2:40.77	613	37.27	1:18.32	2:00.36
3.	Kathryn PEARSE	11 Phoenix Bas	2:40.94	611	37.15	1:19.14	2:01.51
4.	Emma CASSIDY	11 Thurrock	2:42.17	598	38.39	1:19.05	2:01.50
5.	Katherine STEPHENS	11 Thurrock	2:42.65	593	39.19	1:20.73	2:02.12
6.	Emma LINES	11 Lstoft & OB	2:44.48	573	38.82	1:21.46	2:03.87
7.	Isobel PAGE	11 UEA Norwich	2:44.79	570	40.43	1:23.38	2:04.89
8.	Molly NORMAN	11 Co Peterboro	2:44.86	570	38.63	1:20.59	2:03.22
9.	Ellie PIRRIE	11 Runnymede	2:45.94	559	40.92	1:23.01	2:06.04
10.	Rebecca HAYES	11 Thurrock	2:45.97	558	39.81	1:21.66	2:04.62
11.	Amy GORE	11 Thurrock	2:48.33	535	41.45	1:24.01	2:06.96
12.	Abigail ADAMS	11 Luton	2:48.65	532			
13.	Emily McCONNELL	11 Mid Beds	2:48.72	532	40.46	1:23.23	2:06.36
14.	Hannah TRAVELL	11 Braintree	2:49.17	527	40.29	1:24.55	2:07.83
15.	Maisie FOX	11 UEA Norwich	2:50.72	513			
16.	Melissa COWELL	11 Thurrock	2:51.23	508	40.92	1:24.36	2:08.33
17.	Eleanor SCOTT	11 Deben	2:51.50	505	40.13	1:25.49	2:10.37
18.	Lorna MACLEAN	11 Bo Southend	2:51.87	502			
19.	Maisie WEST	11 Phoenix Bas	2:52.00	501	41.17	1:26.51	2:11.38
20.	Flora SHAUL	11 UEA Norwich	2:52.96	492			
21.	Chloe WILSON	11 Lstoft & OB	2:53.19	490			
22.	Madeleine CHURCHMAN	11 Hitchin	2:54.25	481	41.46	1:25.40	2:10.03
23.	Katie WHIFFIN	11 Epping For't	2:55.14	474	40.41	1:25.67	2:11.27
24.	Emily BRADBURY	11 Mid Beds	2:55.73	468	42.66	1:27.71	2:13.24
25.	Tamsin RANSOME	11 West Suffolk	2:55.77	468	40.43	53.05	2:12.69
26.	Amy CHUNG	11 Watford	2:59.35	440			
27.	Alice WARD	11 St Felix Sch	2:59.92	434	42.47	1:29.10	2:14.94
28.	Katarina BLANCO	11 Bo Southend	3:00.09	433	41.37	1:28.12	2:15.79
29.	Georgia MILLS	11 Thurrock	3:00.60	430	43.12	1:29.09	2:15.85
30.	Madison TOWNLEY	11 Runnymede	3:03.79	406			

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Poppy INGLESON	12 UEA Norwich	2:33.85	677	36.51	1:15.57	1:54.95
2.	Rose CROSS	12 teamipswich	2:33.88	677	37.05	1:17.40	1:56.17
3.	Marcella ARIS	12 UEA Norwich	2:34.92	665	36.49	1:15.92	1:55.93
4.	Amelia KNOWLES	12 Southend	2:36.11	651	36.75	1:16.63	1:56.91
5.	Sian LOCKETT	12 Hatfield	2:37.54	633	36.47	1:16.20	1:57.19
6.	Charlotte HICKS	12 St Felix Sch	2:39.25	615	37.65	1:17.59	1:58.66
7.	Alice HICKMOTT	12 Braintree	2:40.39	602	37.92	1:20.70	2:03.12
8.	Gemma BARTLE	12 teamipswich	2:40.63	600	38.95	1:22.47	2:03.02
9.	Alana JONES	12 Chelmsford	2:42.33	582	38.76	1:19.94	2:01.40
10.	Danielle BAYLISS	12 Hemel Hemp	2:42.59	579	39.16	1:20.69	2:01.99
11.	Melissa KNIGHTON	12 Runnymede	2:43.46	570	37.67	1:19.32	2:02.20
12.	Ellie FAIRFOOT	12 UEA Norwich	2:44.64	559	39.63	1:21.54	2:04.03
13.	Katie FITZJOHN	12 Co Peterboro	2:44.75	558	38.91	1:21.19	2:03.61
14.	Charlotte REID	12 Hitchin	2:45.10	553	37.25	1:19.66	2:03.74
15.	India HAMMOND	12 Hatfield	2:46.83	536	38.77	1:22.03	2:05.21
16.	Alexandra PERKINS	12 UEA Norwich	2:47.12	534	39.06	1:21.85	2:04.85
17.	Ellie TOWNLEY	12 Runnymede	2:47.21	533	39.11	1:22.17	2:05.20
18.	Bonnie SAWYER	12 Epping For't	2:49.10	515	39.45	1:22.43	2:06.03
19.	Jessica WARD	12 Lstoft & OB	2:52.43	486	40.42	1:24.47	2:09.05

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Ellis JACKSON	13 St Felix Sch	2:23.92	811	33.91	1:10.00	1:47.42
2.	Mimi BARR	13 UEA Norwich	2:28.79	742	35.41	1:13.42	1:51.91
3.	Kimberly ANASTASIOU	13 UEA Norwich	2:29.69	730	35.82	1:14.21	1:52.56
4.	Jenny THOMPSON	13 UEA Norwich	2:31.28	710	34.32	1:12.25	1:51.17
5.	Heather RODWELL	13 teamipswich	2:33.18	687	36.08	1:15.85	1:54.89
6.	Charlotte BECK	13 Mid Beds	2:35.20	662	34.36	1:13.76	1:54.82
7.	Joanne LONGLAND	13 Co Peterboro	2:37.23	638	36.93	1:16.97	1:57.64
8.	Grace LEE	13 Bishop Stort	2:37.85	631	36.59	1:17.14	1:58.42
9.	Holly BATEMAN	13 UEA Norwich	2:38.98	618	36.48	1:16.43	1:58.12
10.	Bethan BOTTOMLEY	13 West Suffolk	2:39.57	612	38.00	1:19.32	2:00.50
11.	Alexandra TAYLOR	13 West Suffolk	2:40.88	598	38.53	1:19.51	2:00.71



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12.	Rebecca WHITE	13	Co Peterboro	2:41.14	594	38.16	1:19.36	2:00.64
13.	Jessica HARVEY	13	teamipswich	2:41.62	590	38.67	1:20.42	2:01.62
14.	Zoe STEWART	13	Walford	2:41.78	588	38.16	1:19.19	2:00.91
15.	Emily COOK	13	Co Peterboro	2:42.63	579	37.36	1:19.28	2:01.30
16.	Jade BLAGG	13	teamipswich	2:43.49	570	38.52	1:19.87	2:01.59
17.	Aimee FAHEY	13	Epping Fort	2:43.99	565	38.26	1:20.28	2:03.10

EVENT 203 Boys 200m Freestyle

10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	
1.	Jake TYSON	10	teamipswich	2:23.10	458	33.12	1:10.43	1:47.86
2.	Philip DOWDING-YOUNG	10	teamipswich	2:23.43	455	33.28	1:10.37	1:48.08
3.	Calum ELEY	10	Co Peterboro	2:30.01	394	33.67	1:12.18	1:51.80
4.	George EPSLY	10	Thurrock	2:31.62	381	35.81	1:15.98	1:54.47
5.	Ethan FARRELL	10	Mid Beds	2:32.05	378	34.53	1:13.30	1:53.11
6.	Bobbie McCARTHY	10	Thurrock	2:33.04	369	35.27	1:14.11	1:53.89
7.	Nico CAMPBELL	10	Cheshunt	2:33.85	362	35.96	1:16.11	1:56.54
8.	Benjamin PURCELL	10	Hatfield	2:34.41	358	35.23	1:15.39	1:56.50
9.	Martyn WALTON	10	Hatfield	2:34.53	357	35.16	1:15.03	1:55.18
10.	James DAY	10	Thurrock	2:34.64	356	35.75	1:15.30	1:56.34
11.	Russell BECK	10	Rochford	2:35.20	352	36.92	1:17.02	1:56.39
12.	Salaam MOTIN	10	Thurrock	2:35.89	347	37.48	1:17.25	1:57.47
13.	Oliver MALTBY	10	Modernians	2:36.88	340	35.30	1:16.45	1:58.41
14.	Alex BITHREY	10	Mid Beds	2:37.04	339	35.62	1:16.60	1:58.52
15.	Will KEARSEY	10	Hatfield	2:37.32	336	36.28	1:17.13	1:58.17
16.	Joseph COOPER	10	UEA Norwich	2:37.55	334	36.11	1:16.24	1:57.43
17.	Luke PLANT	10	Hertford	2:40.85	312	36.22	1:17.38	1:59.60
18.	Tom MITCHELL	10	Co Peterboro	2:41.07	310	35.60	1:17.12	2:00.36
19.	Mitchell PEARS	10	Co Peterboro	2:41.41	308	36.61	1:18.66	2:01.37
20.	Jozef OCHWAT	10	teamipswich	2:42.04	304	36.27	1:18.68	2:02.35
21.	Ben RANSOME	10	Hertford	2:43.40	294	37.62	1:19.71	2:03.31
22.	Jordan STAFF	10	UEA Norwich	2:43.51	294	38.01	1:20.70	2:03.57
23.	Charlie CHURCH	10	Lstof & OB	2:44.17	290	37.04	1:19.68	2:03.21
24.	Billy MAYNARD	10	Southend	2:45.19	283	36.79	1:19.84	2:02.94
25.	Kalaam MOTIN	10	Thurrock	2:45.31	283	39.71	1:22.78	2:04.41
26.	Daniel POWELL	10	Co Peterboro	2:45.70	280	38.24	1:21.54	2:05.68
27.	Tomas STEVENS	10	Hoddesdon	2:45.96	279	35.67	1:17.72	2:03.59
28.	Matthew ILSLEY	10	Co Peterboro	2:46.54	275	38.53	1:21.65	2:06.25
29.	Samuel LONGDEN	10	Hatfield	2:47.68	269	37.70	1:22.51	2:07.05
30.	Peter TODD	10	St Ives	2:48.56	263	37.71	1:21.38	2:05.20
31.	Jake MILLS	10	Thurrock	2:50.73	251	39.53	1:23.89	2:08.44
32.	Matthew PARSONS	10	Colchester	2:50.76	251	37.48	1:21.06	2:06.33
33.	Ashley TRENT	10	Newmarket	2:52.33	243	38.27	1:23.51	2:08.49

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	
1.	Murphy TALBOT	11	Runnymede	2:27.29	436	34.52	1:12.64	1:50.93
2.	George STANNARD	11	St Felix Sch	2:27.63	433	33.72	1:11.56	1:50.54
3.	Jarrod BRADFIELD	11	Clacton On S	2:27.85	431	32.48	1:09.27	1:48.67
4.	Robbie LIGHTOWLER	11	Co St Albans	2:28.22	426	33.73	1:10.81	1:49.47
5.	Benjamin WHITBOURN	11	Dereham	2:28.77	422	33.87	1:11.51	1:51.00
6.	Mark GREENBAUM	11	Runnymede	2:29.08	419	35.00	1:13.42	1:51.96
7.	Samuel HOLMES	11	Co Peterboro	2:29.15	418	34.42	1:12.92	1:51.80
8.	Barton TOWNLEY	11	Runnymede	2:29.79	412	33.59	1:12.04	1:51.62
9.	Joshua AYLETT	11	Co Peterboro	2:30.11	409	35.81	1:15.42	1:53.24
10.	Frederick WOODCOCK	11	Hemel Hemp	2:30.16	409	34.98	1:14.13	1:53.21
11.	Arthur WOODCOCK	11	Hemel Hemp	2:31.26	400	35.17	1:14.10	1:53.46
12.	Louis SELLER	11	Deben	2:31.47	397	35.25	1:14.42	1:54.69
13.	David FRYATT	11	Braintree	2:31.69	395	35.50	1:15.04	1:54.16
14.	Ottavio TANZILLO	11	Co Peterboro	2:31.86	394	35.66	1:14.61	1:54.21
15.	Christopher MURPHY	11	Flitwick	2:32.63	388	34.81	1:13.72	1:54.54
16.	Brandon NABARRO	11	Mid Beds	2:33.06	385	34.84	1:13.91	1:53.86
17.	Joshua ALLDAY	11	teamipswich	2:34.33	374	35.16	1:15.02	1:55.45
18.	Joe BROWN	11	Thurrock	2:34.57	372	36.02	1:15.81	1:56.45
19.	Jack PICKFORD	11	Walford	2:34.77	371	35.49	1:14.62	1:55.43
20.	Ashley HOLNESS-WRIGHT	11	Walford	2:35.71	363	35.84	1:16.30	1:57.49
21.	Ethan LAMB	11	Hatfield	2:36.38	358	36.02	1:17.61	1:57.86
22.	Nathan LONG	11	Stowmarket	2:36.74	355	36.11	1:16.08	1:57.22
23.	Jim VICKERS	11	Colchester	2:36.75	355	35.05	1:15.88	1:57.95
24.	Kyle FERRIER	11	St Ives	2:36.88	354	34.46	1:14.65	1:57.06
25.	Yong Sung KWON	11	Hitchin	2:36.99	352	35.38	1:15.73	1:56.47
26.	Jack HOWLETT	11	Harwich DP	2:38.12	344	35.57	1:17.65	1:59.32
27.	Ranishka KUMARAGE	11	Hatfield	2:38.86	339	37.05	1:18.13	1:59.17
28.	Antony COOMBE	11	Co Peterboro	2:40.62	326	37.05	1:18.25	2:00.53
29.	Luke MORGAN	11	Luton	2:42.02	316	36.02	1:17.61	1:59.75
30.	Harvey HOWE	11	Kings Lynn	2:43.57	305	37.04	1:18.62	2:01.20

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	
1.	Caleb HUGHES	12	Mid Beds	2:08.39	635	30.15	1:02.91	1:35.78
2.	Yaron ASH	12	Hertsmere	2:15.26	547	30.14	1:05.03	1:41.07
3.	Matthew BRIGHAM	12	Co Peterboro	2:16.90	528	31.36	1:06.01	1:41.51
4.	Kilian KORTH	12	teamipswich	2:17.58	520	32.25	1:07.35	1:43.58
5.	Harry SMITH	12	UEA Norwich	2:18.28	513	32.67	1:08.85	1:44.69
6.	Charlie SMITH	12	teamipswich	2:19.34	500	31.88	1:07.31	1:43.78
7.	Jordan PURDY	12	St Felix Sch	2:19.39	500	31.90	1:07.10	1:43.62
8.	Bradley CLARKE	12	Thurrock	2:19.82	495	32.87	1:08.49	1:44.65
9.	Luke DURBAN	12	Braintree	2:21.76	476	33.24	1:09.40	1:45.87
10.	Tom LAMBERT	12	Luton	2:22.00	472	32.61	1:09.26	1:46.52
11.	Jack CARTER	12	Southend	2:22.26	470	32.10	1:08.99	1:45.80



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12.	James WINTER	12	Chelmsford	2:22.55	467	32.85	1:09.65	1:47.23
13.	David ALLEN	12	Flitwick	2:23.41	458	32.41	1:08.92	1:46.57
14.	Louis MAYHEW	12	Hemel Hemp	2:24.15	451	33.02	1:09.98	1:47.63
15.	Jonathan ANDVIG	12	teamipswich	2:24.60	447	33.39	1:10.92	1:48.14
16.	Gareth HAWKINS	12	Thurrock	2:25.27	440	33.84	1:11.34	1:49.89
17.	Greg BAXTER	12	Berkhamsted	2:25.85	435	33.08	1:10.57	1:49.22
18.	Luke HOUSE	12	UEA Norwich	2:25.95	434	33.47	1:10.79	1:49.25
19.	Hayden THOMAS	12	Epping For't	2:27.44	420	32.72	1:10.66	1:50.16
20.	Kane FARRELL	12	Mid Beds	2:28.22	412	33.37	1:11.79	1:50.61
21.	Luke JONES	12	Hatfield	2:28.40	411	33.09	1:11.66	1:51.12
22.	Owen FRENCH	12	Lstof & OB	2:28.45	410	34.00	1:11.59	1:51.18
23.	Thomas SORRELL	12	UEA Norwich	2:28.55	410	34.40	1:12.27	1:51.40
24.	Colin WEIGHELL	12	Flitwick	2:29.19	404	34.47	1:12.95	1:52.10
25.	Thomas McLAGAN	12	Braintree	2:29.36	403	34.25	1:12.67	1:51.54
26.	Cameron MURRAY	12	Kings Lynn	2:29.48	402	32.73	1:10.33	1:50.18
27.	Matthew WILLIAMS	12	Cheshunt	2:30.29	395	33.73	1:11.90	1:51.51
27.	Carl JOHNSON	12	St Ives	2:30.29	395	34.72	1:13.27	1:52.26
29.	Thomas SHERRIFF	12	Hemel Hemp	2:31.79	382	35.44	1:15.30	1:56.10
30.	Liam DOONAN	12	Hatfield	2:36.76	343	35.21	1:15.35	1:57.22

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	
1.	Jack BARTLETT	13	St Felix Sch	2:07.23	639	29.60	1:01.90	1:34.93
2.	Luke BAILEY	13	St Felix Sch	2:07.64	633	29.81	1:02.48	1:35.70
3.	Lewis HUGHES	13	UEA Norwich	2:08.10	627	30.04	1:03.18	1:36.18
4.	Richard JEFFERIES	13	Co Cambridge	2:09.00	615	29.64	1:01.79	1:35.74
5.	Liam KNIGHT	13	Co Peterboro	2:09.48	609	29.29	1:02.12	1:36.18
6.	Daniel SORRELL	13	Chelmsford	2:09.86	604	29.59	1:02.32	1:36.20
7.	Ryan TOMKINS	13	teamipswich	2:10.96	590	30.97	1:04.40	1:38.24
8.	Oliver TAFFS	13	Bishop Stort	2:11.51	582	29.92	1:03.23	1:37.80
9.	Harry PAYNE	13	Bo Southend	2:11.83	578	30.50	1:04.50	1:38.47
10.	Miles GARNER	13	UEA Norwich	2:11.96	577	31.04	1:04.36	1:38.78
11.	Elliot COOK	13	teamipswich	2:12.12	575	30.36	1:04.52	1:39.40
12.	Benjamin TURP	13	Basildon	2:17.27	514	32.06	1:07.58	1:43.57
13.	George FLINTHAM	13	UEA Norwich	2:17.30	513	32.47	1:08.19	1:44.05
14.	Nicholas ILSLEY	13	Co Peterboro	2:17.97	506	31.68	1:07.17	1:42.94
15.	Jake ROBINSON	13	Stevenage	2:18.20	504	31.15	1:05.85	1:41.74
16.	Thomas WORBEY	13	Hatfield	2:18.41	501	32.11	1:07.34	1:43.31
17.	Ross MORGAN	13	Luton	2:18.57	500	31.85	1:07.29	1:44.02
18.	Cameron BASHIR	13	Sudbury	2:18.85	497	31.84	1:07.39	1:43.56
19.	Joe HATTON	13	UEA Norwich	2:19.50	490	31.61	1:07.50	1:44.33
20.	Jack SPENCE	13	Watford	2:19.85	486	31.96	1:07.72	1:44.36
21.	Ben KLEINAU	13	Theftord	2:20.45	480	31.99	1:08.75	1:45.87
22.	James WINNELL	13	Runnymede	2:20.62	478	33.27	1:09.84	1:46.96
23.	Luke TARGET	13	Hatfield	2:20.76	477	32.08	1:08.10	1:45.10
24.	Jamie DOUGLAS	13	Modernians	2:21.16	473	31.61	1:07.75	1:44.88
25.	Aran CHAMBERLAIN-CLARK	13	Flitwick	2:21.82	466	32.55	1:08.29	1:45.57
26.	Danny PROFFITT	13	West Suffolk	2:22.83	455	32.50	1:09.11	1:46.65
	Jonathan HAWES	13	Lstof & OB	DQ	ST-			

14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	
1.	Aaron LYNCH	14	teamipswich	2:04.46	680	28.11	1:00.13	1:32.46
2.	Jack HOLLIS	14	teamipswich	2:05.12	671	28.96	1:01.43	1:33.51
3.	Samuel BRIGGS	14	Modernians	2:05.92	659	28.17	1:00.76	1:33.63
4.	Sam MUNRO	14	St Felix Sch	2:07.34	639	29.88	1:02.77	1:35.47
5.	Alex DELICATA	14	Thurrock	2:07.88	631	29.44	1:01.96	1:35.14
6.	Alexander BAKER	14	Hatfield	2:08.67	621	28.59	1:01.48	1:35.67
7.	David KELLEWAY	14	Bishop Stort	2:08.74	620	29.28	1:02.31	1:36.06
8.	Luke WALSH	14	Theftord	2:09.19	614	29.60	1:02.29	1:36.58
9.	Michael GRACE	14	Phoenix Bas	2:09.43	611	29.13	1:02.20	1:36.07
10.	Alex MURRAY	14	Kings Lynn	2:11.17	587	30.15	1:03.22	1:37.53
11.	Alex RAINE	14	Mid Beds	2:12.02	577	29.93	1:03.70	1:38.54
12.	Jay MUNKLEY	14	Hertsmere	2:12.64	569	30.32	1:03.88	1:38.49
13.	Sean COLLIER	14	Newmarket	2:12.95	565	30.32	1:04.85	1:40.57
14.	Kieran HUGGETT	14	Bishop Stort	2:12.96	565	30.76	1:04.72	1:39.83
15.	Ricky JONES	14	Hatfield	2:13.20	562	29.52	1:02.96	1:38.19
16.	Robert STAFFORD	14	Co Peterboro	2:13.49	559	29.82	1:03.75	1:38.99
17.	James POOLE	14	teamipswich	2:13.77	556	30.05	1:04.75	1:39.17
18.	Duncan NICOLL	14	Harpenden	2:14.08	552	30.47	1:04.63	1:39.88
19.	Andrew WILLS	14	Felixstowe	2:14.26	550	30.80	1:05.18	1:40.43
20.	George BARTLE	14	teamipswich	2:14.91	542	30.14	1:05.12	1:41.17
21.	Daniel SMITH	14	Lstof & OB	2:15.08	539	30.42	1:05.37	1:41.04
22.	Edward ALLCHORNE	14	Hatfield	2:15.46	535	31.53	1:06.36	1:41.42
23.	Alex BLANCO	14	Bo Southend	2:15.71	532	31.96	1:04.95	1:39.41
24.	Lewis FARMER	14	Lstof & OB	2:17.44	513	31.13	1:06.35	1:42.49
25.	Ryan DANIELS	14	Thurrock	2:17.61	511	31.40	1:06.43	1:42.42
26.	Nik SPEARS	14	Watford	2:21.17	473	31.67	1:06.85	1:44.16
	Oliver BOTT	14	teamipswich	DNC				



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EVENT 204 Girls 100m Butterfly

10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50
1.	Alice HEWSON	10 Berkhamsted	1:28.06	386	39.93
2.	Gemma FAULKNER	10 UEA Norwich	1:28.48	380	41.33
3.	Gemma SWINDELL	10 Hatfield	1:28.56	378	39.13
4.	Rachael MOORE	10 Thurrock	1:33.68	309	43.98
5.	Isabelle READ	10 Lstof & OB	1:34.60	297	42.34

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50
1.	Ellie PIRRIE	11 Runnymede	1:13.84	620	35.81
2.	Katherine STEPHENS	11 Thurrock	1:15.82	573	35.31
3.	Molly NORMAN	11 Co Peterboro	1:16.61	555	35.14
4.	Kathryn PEARSE	11 Phoenix Bas	1:17.36	539	35.20
5.	Hannah TRAVELL	11 Braintree	1:19.64	492	37.42
6.	Alice OAKLEY	11 UEA Norwich	1:20.20	481	37.06
7.	Bethany FREEMAN	11 Co Peterboro	1:20.41	477	37.46
8.	Amy GORE	11 Thurrock	1:20.42	477	37.09
9.	Georgina HODGES	11 Hatfield	1:21.19	462	37.12
10.	Georgia MILLS	11 Thurrock	1:23.33	424	38.85

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50
1.	Charlotte HICKS	12 St Felix Sch	1:10.44	682	33.60
2.	Amelia KNOWLES	12 Southend	1:11.44	656	33.26
3.	Ellen OXBROW	12 teamipswich	1:11.91	643	33.86
4.	Zara BAILEY	12 Co Peterboro	1:14.38	583	34.60
5.	Poppy INGLES	12 UEA Norwich	1:14.40	583	34.98
6.	Izzy FAULKNER	12 UEA Norwich	1:15.50	558	36.40
7.	Katie FITZJOHN	12 Co Peterboro	1:15.70	553	35.75
8.	Bonnie SAWYER	12 Epping For't	1:17.04	524	35.67
9.	Jessica LAMBERT	12 Epping For't	1:17.80	509	34.40
10.	Marcella ARIS	12 UEA Norwich	1:18.34	498	36.62
11.	Megan BRETT	12 Berkhamsted	1:19.39	477	38.24

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50
1.	Ellis JACKSON	13 St Felix Sch	1:07.82	737	31.78
2.	Holly BATEMAN	13 UEA Norwich	1:11.91	625	33.80
3.	Pascale REEVES	13 St Felix Sch	1:13.17	595	33.85
4.	Lauren GEDDES	13 Bishop Stort	1:13.53	586	33.96
5.	Kerry RANGER	13 Cheshunt	1:14.56	562	34.44
6.	Heather RODWELL	13 teamipswich	1:14.79	558	35.18
7.	Holly WINFIELD	13 Co St Albans	1:15.26	547	35.39
8.	Charlotte BECK	13 Mid Beds	1:15.47	542	35.05
9.	Lydia SMITH	13 Hatfield	1:15.56	541	33.21
10.	Alexandra TAYLOR	13 West Suffolk	1:18.77	476	36.15
11.	Katie LIGHTOWLER	13 Co St Albans	1:19.43	463	35.89

EVENT 205 FINAL OF EVENT 202 Girls 10 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Alice HEWSON	10 Berkhamsted	2:47.51	532	38.21	1:20.62	2:05.89
2.	Alaina SCIFO	10 Mildenhall	2:51.12	499	40.40	1:24.33	2:08.75
3.	Courtney SANDERS	10 Chelmsford	2:51.74	493	40.06	1:23.73	2:08.35
4.	Rachael MOORE	10 Thurrock	2:54.10	473	41.03	1:26.54	2:11.19
5.	Elise BARRETT	10 UEA Norwich	2:55.83	459	41.37	1:26.80	2:12.21
6.	Josephine BLADES	10 St Felix Sch	2:57.93	442	41.44	1:27.09	2:13.50
7.	Kirstie FEHILY	10 Canvey Isl	3:00.17	425	41.64	1:27.30	2:13.74
8.	Jessica SMOOTHY	10 Southend	3:01.62	414	42.61	1:28.57	2:16.24

EVENT 206 FINAL OF EVENT 202 Girls 11 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Alice OAKLEY	11 UEA Norwich	2:38.89	634	37.68	1:18.01	1:59.29
2.	Bethany FREEMAN	11 Co Peterboro	2:39.56	626	37.50	1:18.39	1:59.71
3.	Kathryn PEARSE	11 Phoenix Bas	2:40.46	616	38.04	1:19.61	2:01.36
4.	Isobel PAGE	11 UEA Norwich	2:41.74	602	39.16	1:20.88	2:02.62
5.	Emma CASSIDY	11 Thurrock	2:43.66	582	39.11	1:20.73	2:02.73
6.	Molly NORMAN	11 Co Peterboro	2:44.77	570	38.74	1:20.00	2:02.84
7.	Emma LINES	11 Lstof & OB	2:48.21	536	38.99	1:21.35	2:05.05
8.	Katherine STEPHENS	11 Thurrock	2:55.11	474	41.87	1:26.84	2:11.15



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EVENT 207 FINAL OF EVENT 202 Girls 12 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Poppy INGLESON	12 UEA Norwich	2:34.54	669	36.53	1:15.37	1:55.52
2.	Marcella ARIS	12 UEA Norwich	2:35.43	658	37.06	1:16.94	1:56.55
3.	Rose CROSS	12 teamipswich	2:37.22	638	38.55	1:20.18	2:00.11
4.	Sian LOCKETT	12 Hatfield	2:38.45	624	37.20	1:17.57	1:58.40
5.	Gemma BARTLE	12 teamipswich	2:40.01	607	38.60	1:20.23	2:01.57
6.	Charlotte HICKS	12 St Felix Sch	2:41.56	590	38.91	1:19.58	2:01.32
7.	Alice HICKMOTT	12 Braintree	2:42.81	577	37.48	1:19.29	2:02.41
8.	Amelia KNOWLES	12 Southend	3:02.01	409	42.46	1:29.60	2:16.24

EVENT 208 FINAL OF EVENT 202 Girls 13 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Ellis JACKSON	13 St Felix Sch	2:22.30	834	33.53	1:09.52	1:46.29
2.	Jenny THOMPSON	13 UEA Norwich	2:28.52	746	35.90	1:14.33	1:52.38
3.	Mimi BARR	13 UEA Norwich	2:29.28	736	35.41	1:13.90	1:52.10
4.	Kimberly ANASTASIOU	13 UEA Norwich	2:30.63	719	35.77	1:14.75	1:52.97
5.	Heather RODWELL	13 teamipswich	2:32.95	689	36.41	1:15.98	1:54.72
6.	Joanne LONGLAND	13 Co Peterboro	2:38.23	627	36.71	1:17.28	1:58.37
7.	Grace LEE	13 Bishop Stort	2:39.81	609	37.34	1:17.76	1:59.90
8.	Charlotte BECK	13 Mid Beds	2:41.83	588	37.35	1:18.23	2:00.29

EVENT 209 FINAL OF EVENT 203 Boys 10 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Philip DOWDING-YOUNG	10 teamipswich	2:23.69	453	33.81	1:11.63	1:49.36
2.	Jake TYSON	10 teamipswich	2:24.10	449	33.83	1:11.48	1:49.31
3.	Calum ELEY	10 Co Peterboro	2:29.49	399	33.99	1:12.16	1:51.15
4.	Nico CAMPBELL	10 Cheshunt	2:31.77	380	34.62	1:13.64	1:53.47
5.	Ethan FARRELL	10 Mid Beds	2:32.14	377	34.64	1:13.57	1:53.19
6.	Bobbie McCARTHY	10 Thurrock	2:32.58	372	35.74	1:15.27	1:55.32
7.	George EPSLY	10 Thurrock	2:34.18	360	36.01	1:15.85	1:55.51
8.	Benjamin PURCELL	10 Hatfield	2:39.57	320	36.04	1:17.19	1:58.43

EVENT 210 FINAL OF EVENT 203 Boys 11 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Jarrod BRADFIELD	11 Clacton On S	2:25.99	448	31.89	1:09.13	1:47.96
2.	Barton TOWNLEY	11 Runnymede	2:26.30	445	33.65	1:10.75	1:49.54
3.	Robbie LIGHTOWLER	11 Co St Albans	2:27.24	436	33.52	1:11.40	1:49.65
4.	George STANNARD	11 St Felix Sch	2:27.25	436	33.77	1:11.58	1:50.36
5.	Murphy TALBOT	11 Runnymede	2:28.02	429	33.95	1:12.39	1:51.01
6.	Benjamin WHITBOURN	11 Dereham	2:28.15	427	33.44	1:11.35	1:50.75
7.	Samuel HOLMES	11 Co Peterboro	2:28.21	427	34.13	1:12.69	1:51.15
8.	Mark GREENBAUM	11 Runnymede	2:29.54	415	34.69	1:12.97	1:51.50

EVENT 211 FINAL OF EVENT 203 Boys 12 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Caleb HUGHES	12 Mid Beds	2:07.82	643	29.60	1:01.70	1:35.04
2.	Matthew BRIGHAM	12 Co Peterboro	2:17.13	525	31.25	1:05.98	1:41.81
3.	Harry SMITH	12 UEA Norwich	2:18.52	510	32.33	1:08.11	1:43.59
4.	Kilian KORTH	12 teamipswich	2:19.27	501	31.55	1:06.95	1:43.26
5.	Bradley CLARKE	12 Thurrock	2:19.74	496	32.98	1:08.49	1:44.72
6.	Jordan PURDY	12 St Felix Sch	2:20.03	493	32.29	1:08.24	1:44.22
7.	Charlie SMITH	12 teamipswich	2:23.12	461	32.94	1:09.25	1:46.60
	Yaron ASH	12 Hertsmere	DQ	ST-			

EVENT 212 FINAL OF EVENT 203 Boys 13 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Luke BAILEY	13 St Felix Sch	2:05.38	666	29.80	1:02.32	1:34.18
2.	Jack BARTLETT	13 St Felix Sch	2:06.08	656	29.76	1:02.13	1:33.98
3.	Lewis HUGHES	13 UEA Norwich	2:07.49	636	30.13	1:02.81	1:35.75
4.	Richard JEFFERIES	13 Co Cambridge	2:07.91	630	30.01	1:02.53	1:35.19
5.	Liam KNIGHT	13 Co Peterboro	2:09.23	612	28.98	1:02.34	1:36.72
6.	Daniel SORRELL	13 Chelmsford	2:11.76	579	30.70	1:04.22	1:38.47
7.	Oliver TAFFS	13 Bishop Stort	2:12.68	568	30.04	1:03.66	1:38.65
8.	Ryan TOMKINS	13 teamipswich	2:14.10	551	31.28	1:05.82	1:40.16

EVENT 213 FINAL OF EVENT 203 Boys 14 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Aaron LYNCH	14 teamipswich	2:04.08	686	27.93	58.92	1:31.21
2.	Jack HOLLIS	14 teamipswich	2:06.29	653	28.65	1:00.80	1:33.59
3.	Samuel BRIGGS	14 Modernians	2:07.26	640	28.14	59.96	1:33.73
4.	Alex DELICATA	14 Thurrock	2:07.44	637	29.60	1:02.11	1:35.48
5.	Sam MUNRO	14 St Felix Sch	2:08.24	626	29.14	1:01.37	1:35.02
6.	Alexander BAKER	14 Hatfield	2:08.35	625	28.61	1:02.09	1:36.21
7.	Luke WALSH	14 Thetford	2:08.43	624	29.38	1:02.89	1:36.66
8.	David KELLEWAY	14 Bishop Stort	2:09.98	604	29.33	1:02.37	1:36.88

EVENT 214 FINAL OF EVENT 204 Girls 10 Yrs 100m Butterfly

Place	Name	AaD Club	Time	BAG Pt	50
1.	Alice HEWSON	10 Berkhamsted	1:20.55	522	36.62
2.	Gemma SWINDELL	10 Hatfield	1:23.61	462	37.60



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3.	Gemma FAULKNER	10	UEA Norwich	1:27.10	402	40.63
4.	Rachael MOORE	10	Thurrock	1:31.94	331	41.74
5.	Isobelle READ	10	Lstof & OB	1:34.56	297	42.47

EVENT 215 FINAL OF EVENT 204 Girls 11 Yrs 100m Butterfly

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Ellie PIRRIE	11	Runnymede	1:12.83	646	34.11
2.	Katherine STEPHENS	11	Thurrock	1:14.55	603	35.03
3.	Molly NORMAN	11	Co Peterboro	1:16.79	551	35.38
4.	Kathryn PEARSE	11	Phoenix Bas	1:18.93	506	36.68
5.	Hannah TRAVELL	11	Braintree	1:19.07	504	36.61
6.	Alice OAKLEY	11	UEA Norwich	1:20.51	475	36.99
7.	Amy GORE	11	Thurrock	1:22.90	432	38.38
8.	Bethany FREEMAN	11	Co Peterboro	1:23.21	427	38.02

EVENT 216 FINAL OF EVENT 204 Girls 12 Yrs 100m Butterfly

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Amelia KNOWLES	12	Southend	1:10.05	693	32.71
2.	Charlotte HICKS	12	St Felix Sch	1:10.50	681	33.85
3.	Ellen OXBROW	12	teamipswich	1:11.88	644	33.60
4.	Zara BAILEY	12	Co Peterboro	1:14.18	587	33.85
5.	Poppy INGLESAN	12	UEA Norwich	1:14.89	572	34.98
6.	Katie FITZJOHN	12	Co Peterboro	1:15.76	552	35.19
7.	Izzy FAULKNER	12	UEA Norwich	1:15.99	546	36.63
8.	Bonnie SAWYER	12	Epping For't	1:16.64	533	35.87

EVENT 217 FINAL OF EVENT 204 Girls 13 Yrs 100m Butterfly

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Ellis JACKSON	13	St Felix Sch	1:08.13	727	32.02
2.	Holly BATEMAN	13	UEA Norwich	1:10.82	653	33.29
3.	Lydia SMITH	13	Hatfield	1:11.95	624	32.74
4.	Pascale REEVES	13	St Felix Sch	1:12.59	609	33.53
5.	Lauren GEDDES	13	Bishop Stort	1:13.21	594	34.12
6.	Kerry RANGER	13	Cheshunt	1:14.54	563	34.58
7.	Heather RODWELL	13	teamipswich	1:15.06	551	35.12
8.	Holly WINFIELD	13	Co St Albans	1:15.12	550	35.33