



ASA East Region 2008 BAGCAT Championships

(Under ASA Laws, ASA Technical Rules)
A Level One Licensed Meet - N^o ERX811 & ERX812



EVENT 301 Girls 100m Breaststroke

10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50
1.	Lucy ALLINGTON	10 Lstof & OB	1:34.35	469	44.06
2.	Lily WEST	10 Stevenage	1:36.36	436	45.43
3.	Hannah VICK	10 Kings Lynn	1:36.47	435	45.10
4.	Grace GILROY	10 Basildon	1:37.15	426	46.05
5.	Georgia KERRIDGE	10 St Felix Sch	1:38.36	408	46.77
6.	Karis ELLERBY	10 Runnymede	1:38.94	399	45.23
7.	Charlotte LONGDEN	10 Hatfield	1:40.30	381	47.24
8.	Eloise LYONS	10 Thurrock	1:40.36	381	49.03
9.	Annie GARRAD	10 Runnymede	1:40.50	379	48.05
10.	Rachael MOORE	10 Thurrock	1:40.54	379	
11.	Gemma SWINDELL	10 Hatfield	1:40.98	373	47.25
12.	Isabelle BERREY	10 Lstof & OB	1:41.19	371	48.35
13.	Phoebe BAXTER	10 Berkhamsted	1:42.36	355	47.49
14.	Lisa WAITE	10 Epping For't	1:43.18	345	48.54
15.	Elise BARRETT	10 UEA Norwich	1:43.79	338	48.36
16.	Isabelle READ	10 Lstof & OB	1:45.58	318	50.40
17.	Katie SMITH	10 Hatfield	1:46.65	307	49.96

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50
1.	Amy GORE	11 Thurrock	1:23.21	666	39.58
2.	Emily McCONNELL	11 Mid Beds	1:23.52	659	40.10
3.	Christie BAYS	11 Stevenage	1:24.53	636	41.05
4.	Kayleigh SIMS	11 Runnymede	1:27.61	572	41.39
5.	Rebecca WILSON	11 Deben	1:28.62	554	43.21
6.	Katie WHIFFIN	11 Epping For't	1:28.76	550	41.61
7.	Molly NORMAN	11 Co Peterboro	1:28.87	549	41.32
8.	Kathryn PEARSE	11 Phoenix Bas	1:29.56	535	42.04
9.	Ellie PIRRIE	11 Runnymede	1:30.03	527	43.51
10.	Ella RIDES	11 Sudbury	1:30.26	523	43.65
11.	Flora SHAUL	11 UEA Norwich	1:30.45	520	43.04
12.	Madeleine CHURCHMAN	11 Hitchin	1:31.01	509	42.40
13.	Chelsea ROOT	11 Halstead	1:31.22	506	43.30
14.	Madeleine SINCLAIR	11 Harwich DP	1:31.51	501	43.53
15.	Devon PRIOR	11 Hemel Hemp	1:32.66	481	44.26
16.	Charlotte BALLARD	11 Hatfield	1:33.20	472	45.38
17.	Isobel PAGE	11 UEA Norwich	1:33.44	469	45.21
18.	Georgia CRAWFORD	11 Co Cambridge	1:34.46	452	43.74
19.	Annie LITTLE	11 Co Cambridge	1:39.20	385	47.01

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50
1.	Zara BAILEY	12 Co Peterboro	1:22.88	636	39.15
2.	Anne-Marie DU PREEZ	12 Co St Albans	1:25.97	572	40.06
3.	Fionnuala MAHER	12 Modernians	1:26.07	570	39.54
4.	Charlotte HICKS	12 St Felix Sch	1:26.12	569	40.93
5.	Bethany CATCHPOLE	12 teamipswich	1:26.33	566	41.09
6.	Lorna ATTWOOD	12 Co Peterboro	1:27.47	544	40.51
7.	Amber SWALES	12 Mid Beds	1:27.49	543	41.48
8.	Charlotte REID	12 Hitchin	1:27.63	540	41.18
9.	Rebecca WELCH	12 Cheshunt	1:28.31	528	40.84
10.	Giselle CHAUHAN	12 Hatfield	1:28.39	526	41.65
11.	Poppy INGLESAN	12 UEA Norwich	1:28.70	521	41.73
12.	Kathryn BURR	12 Hertford	1:28.79	520	41.00
13.	Katie WILLIS	12 Southend	1:30.86	483	42.73
14.	Bonnie SAWYER	12 Epping For't	1:31.46	473	42.85

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50
1.	Heather RODWELL	13 teamipswich	1:18.88	708	37.87
2.	Ellis JACKSON	13 St Felix Sch	1:19.42	696	38.47
3.	Laura SEARLE	13 Bishop Stort	1:21.97	637	38.73
4.	Bethan BOTTOMLEY	13 West Suffolk	1:22.67	622	39.12
5.	Carina BAYS	13 Stevenage	1:22.81	619	38.59
6.	Louisa EMERY	13 teamipswich	1:24.26	589	38.56
7.	Helen DAVEY	13 Mid Beds	1:24.72	579	40.19
8.	Lydia SMITH	13 Hatfield	1:25.12	571	39.54
9.	Hannah REEDER	13 Newmarket	1:28.21	513	41.65

EVENT 302 Boys 200m IM

10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Philip DOWDING-YOUNG	10 teamipswich	2:47.29	437	36.40	1:18.56	2:10.67
2.	Bobbie McCARTHY	10 Thurrock	2:47.70	433	37.27	1:20.28	2:10.19
3.	Will KEARSEY	10 Hatfield	2:54.64	379	38.52	1:23.73	2:17.09
4.	Russell BECK	10 Rochford	2:55.58	372	37.88	1:24.13	2:18.73
5.	Salaam MOTIN	10 Thurrock	2:55.96	368	39.98	1:24.17	2:16.14
6.	Mitchell PEARS	10 Co Peterboro	2:56.43	365	39.03	1:25.19	2:16.66
7.	Nico CAMPBELL	10 Cheshunt	2:56.66	364	36.94	1:24.30	2:19.08
8.	Benjamin PURCELL	10 Hatfield	2:57.19	361	40.61	1:28.17	2:17.39
9.	James DAY	10 Thurrock	2:57.80	356	38.40	1:24.44	2:19.73
10.	Martyn WALTON	10 Hatfield	2:57.88	355	39.94	1:22.69	2:19.52
11.	Ethan FARRELL	10 Mid Beds	3:00.13	340	39.18	1:26.00	2:19.75
12.	Billy MAYNARD	10 Southend	3:01.62	330	42.17	1:25.73	2:22.56
13.	George EPSLY	10 Thurrock	3:02.44	325	39.01	1:26.41	2:22.67
14.	Jordan STAFF	10 UEA Norwich	3:04.32	314	43.29	1:28.16	2:22.75



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15.	Peter TODD	10	St Ives	3:05.77	305	39.23	1:27.93	2:24.85
16.	Joseph COOPER	10	UEA Norwich	3:05.82	305	41.65	1:28.67	2:26.87
17.	Alex BITHREY	10	Mid Beds	3:06.22	302	41.23	1:27.43	2:28.42
18.	Charlie CHURCH	10	Lstof & OB	3:07.04	298	42.81	1:31.86	2:27.02
19.	Oliver MALTBY	10	Modernians	3:07.67	293	38.84	1:26.77	2:28.59
20.	Luke PLANT	10	Hertford	3:07.83	292	40.32	1:28.52	2:27.54
21.	William MANNING	10	Thurrock	3:07.95	292	42.21	1:29.99	2:26.71
22.	Daniel POWELL	10	Co Peterboro	3:08.34	290	42.17	1:30.18	
23.	Charles OLIVER	10	Hatfield	3:08.42	290	41.74	1:29.29	2:26.70
24.	Jozef OCHWAT	10	teamipswich	3:09.81	282	46.03	1:33.12	2:31.21
25.	Samuel LONGDEN	10	Hatfield	3:10.16	280	43.31	1:30.82	2:29.41
26.	Calvin COE	10	Stowmarket	3:10.71	277	43.01	1:32.76	2:29.72
27.	Ashley TRENT	10	Newmarket	3:10.78	277	44.41	1:30.98	2:30.37
28.	Tom MITCHELL	10	Co Peterboro	3:10.84	277	41.86	1:31.92	
29.	Matthew PARSONS	10	Colchester	3:11.61	272	41.51	1:31.37	2:30.04
30.	Ben RANSOME	10	Hertford	3:11.68	272	44.34	1:35.53	2:29.90
31.	Matthew ILSLEY	10	Co Peterboro	3:12.18	269	44.55	1:34.69	2:32.06
32.	Kalaam MOTIN	10	Thurrock	3:16.84	245	45.32	1:36.46	2:35.11
33.	Nicholas STALLEY	10	Modernians	3:21.29	225	43.18	1:38.60	2:37.85
34.	Oliver SWALLOW	10	Halstead	3:26.54	204	46.31	1:38.24	2:40.16
	Jake TYSON	10	teamipswich	DQ				SL-3L
	Tomas STEVENS	10	Hoddesdon	DQ				T-3L

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	
1.	Barton TOWNLEY	11	Runnymede	2:45.26	456	35.49	1:17.53	2:08.59
2.	Frederick WOODCOCK	11	Hemel Hemp	2:47.51	437	37.21	1:20.95	2:11.22
3.	Murphy TALBOT	11	Runnymede	2:48.70	427	37.01	1:20.98	2:10.69
4.	Joe BROWN	11	Thurrock	2:49.51	420	35.35	1:19.06	2:11.65
5.	Robbie LIGHTOWLER	11	Co St Albans	2:49.57	420	37.78	1:21.16	2:11.41
6.	Mark GREENBAUM	11	Runnymede	2:51.71	403	37.12	1:20.91	2:14.14
7.	Joshua AYLETT	11	Co Peterboro	2:51.75	402	35.27	1:19.28	2:15.20
8.	Samuel HOLMES	11	Co Peterboro	2:52.12	400	37.40	1:19.08	2:14.42
9.	George STANNARD	11	St Felix Sch	2:52.52	396	39.60	1:22.89	2:16.09
10.	Louis SELLER	11	Deben	2:54.22	384	38.06	1:22.92	2:17.33
11.	Ashley HOLNESS-WRIGHT	11	Watford	2:54.31	383	38.90	1:21.98	2:15.05
12.	Brandon NABARRO	11	Mid Beds	2:54.36	383	37.67	1:23.11	2:17.16
13.	Ottavio TANZILLO	11	Co Peterboro	2:54.67	381	37.99	1:22.79	2:16.45
14.	David FRYATT	11	Braintree	2:56.87	365	40.09	1:25.36	2:19.46
15.	Arthur WOODCOCK	11	Hemel Hemp	2:57.20	362	40.50	1:26.14	2:19.11
16.	Yong Sung KWON	11	Hitchin	2:59.16	348	41.30	1:28.02	2:19.57
17.	Alexander FARRANDS	11	St Felix Sch	2:59.46	347	42.00	1:29.52	2:20.60
18.	Augustus VEASEY	11	Chelmsford	3:00.23	341	42.32	1:31.82	2:20.92
19.	Jack PICKFORD	11	Watford	3:02.13	329	40.41	1:24.36	2:21.82
20.	Aidan ROBINSON	11	Basildon	3:02.73	326	35.82	1:24.68	2:23.23
21.	Daniel CHEN	11	Hitchin	3:04.64	313	42.19	1:30.30	2:22.54
22.	Ranishka KUMARAGE	11	Hatfield	3:12.93	267	47.15	1:37.44	2:31.21
	Ethan LAMB	11	Hatfield	DQ				SL-1L

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	
1.	Caleb HUGHES	12	Mid Beds	2:27.17	625	33.48	1:10.55	1:53.92
2.	Matthew BRIGHAM	12	Co Peterboro	2:37.91	506	34.95	1:15.36	2:03.11
3.	Jack CARTER	12	Southend	2:39.50	491	34.85	1:17.76	2:03.09
4.	Harry SMITH	12	UEA Norwich	2:40.40	483	34.94	1:16.76	2:05.10
5.	Bradley CLARKE	12	Thurrock	2:40.78	479	36.93	1:17.43	2:05.30
6.	David ALLEN	12	Flitwick	2:41.47	473	35.76	1:15.59	2:05.03
6.	Jordan PURDY	12	St Felix Sch	2:41.47	473	34.88	1:18.31	2:06.04
8.	Tom LAMBERT	12	Luton	2:43.86	451	36.25	1:19.18	2:07.13
9.	Louis MAYHEW	12	Hemel Hemp	2:44.58	446	36.31	1:18.62	2:08.67
10.	Charlie SMITH	12	teamipswich	2:44.88	442	34.08	1:15.30	2:09.38
11.	Luke DURBAN	12	Braintree	2:45.56	437	36.36	1:19.50	2:09.72
12.	Luke HOUSE	12	UEA Norwich	2:45.77	435	36.01	1:18.62	2:09.24
13.	Rory GEOGHEGAN	12	Runnymede	2:46.25	432	35.99	1:20.40	2:08.66
14.	Liam DOONAN	12	Hatfield	2:47.56	421	35.19	1:17.77	2:09.54
15.	Colin WEIGHELL	12	Flitwick	2:48.18	415	36.59	1:22.64	2:11.05
16.	Owen FRENCH	12	Lstof & OB	2:48.40	413	37.80	1:22.85	2:10.20
17.	Thomas SORRELL	12	UEA Norwich	2:48.68	411	39.30	1:22.95	2:10.38
18.	Greg BAXTER	12	Berkhamsted	2:49.29	407		1:21.23	2:12.80
19.	Jonathan ANDVIG	12	teamipswich	2:49.72	403	40.10	1:23.41	2:12.16
20.	Thomas McLAGAN	12	Braintree	2:51.33	390	38.61	1:22.68	2:12.92
21.	Kane FARRELL	12	Mid Beds	2:51.68	388	38.02	1:25.36	2:12.65
22.	Matthew WILLIAMS	12	Cheshunt	2:52.19	384	35.71	1:20.76	2:15.16
	Kilian KORTH	12	teamipswich	DQ				T-2L

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	
1.	Miles GARNER	13	UEA Norwich	2:23.13	655	30.17	1:06.80	1:50.86
2.	Liam KNIGHT	13	Co Peterboro	2:25.08	631	29.91	1:07.81	1:51.44
3.	Lewis HUGHES	13	UEA Norwich	2:26.76	610	31.18	1:10.20	1:54.86
4.	Luke BAILEY	13	St Felix Sch	2:27.64	600	32.06	1:11.39	1:56.19
5.	Jack BARTLETT	13	St Felix Sch	2:27.67	599	31.57	1:09.21	1:56.04
6.	Daniel SORRELL	13	Chelmsford	2:29.23	581	34.77	1:12.11	1:56.03
7.	Richard JEFFERIES	13	Co Cambridge	2:30.72	564	32.55	1:11.04	1:57.24
8.	Elliot COOK	13	teamipswich	2:30.90	563	32.38	1:11.75	1:58.83
9.	Jake ROBINSON	13	Stevenage	2:33.03	540	33.15	1:12.33	1:57.99
10.	Alexander SHREEVE	13	UEA Norwich	2:33.94	531	32.64	1:12.20	1:58.41
11.	Ryan TOMKINS	13	teamipswich	2:34.75	522	35.62	1:15.52	2:01.55
12.	Harry PAYNE	13	Bo Southend	2:35.31	517	33.18	1:14.99	2:01.65
13.	George FLINTHAM	13	UEA Norwich	2:36.54	505	33.69	1:13.30	2:01.65
14.	Ben KLEINAU	13	Thetford	2:37.42	496	32.24	1:15.12	2:02.06
15.	Cameron BASHIR	13	Sudbury	2:37.47	495	35.24	1:17.11	2:02.49



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16.	Nicholas ILSLEY	13	Co Peterboro	2:38.42	487	33.90	1:15.07	2:02.56
17.	Thomas WORBEY	13	Hatfield	2:40.20	470	34.23	1:12.85	2:02.43
18.	Aran CHAMBERLAIN-CLARK	13	Flitwick	2:40.32	469	34.30	1:15.38	2:05.02

14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	
1.	Aaron LYNCH	14	teamipswich	2:20.60	681	30.74	1:09.34	1:49.15
2.	David KELLEWAY	14	Bishop Stort	2:20.95	677	29.50	1:03.75	1:47.13
3.	Jack HOLLIS	14	teamipswich	2:22.63	655	29.60	1:06.05	1:49.98
4.	Alexander BAKER	14	Hatfield	2:22.81	653	31.03	1:06.19	1:48.94
5.	Sam MUNRO	14	St Felix Sch	2:26.34	609	32.03	1:09.76	1:53.58
6.	Alex DELICATA	14	Thurrock	2:26.81	604	30.89	1:09.21	1:53.50
7.	Samuel BRIGGS	14	Modernians	2:27.24	598	30.39	1:07.30	1:55.04
8.	Luke WALSH	14	Thetford	2:27.46	596	30.73	1:09.85	1:53.33
9.	Charlie HAYES	14	Thurrock	2:28.64	583	32.40	1:11.27	1:54.75
10.	Robert STAFFORD	14	Co Peterboro	2:28.79	581	31.04	1:09.06	1:56.31
11.	Edward ALLCHORNE	14	Hatfield	2:31.88	547	31.87	1:12.88	1:57.62
12.	James POOLE	14	teamipswich	2:31.91	546	32.99	1:12.79	1:59.89
13.	Lewis FARMER	14	Lstof & OB	2:32.74	538	31.95	1:13.38	1:59.64
14.	Daniel SMITH	14	Lstof & OB	2:34.06	525	31.17	1:08.97	1:57.14
15.	George BARTLE	14	teamipswich	2:37.61	489	32.52	1:15.41	2:04.09
16.	Sean COLLIER	14	Newmarket	2:38.41	482	29.80	1:10.88	2:01.80

EVENT 303 Girls 400m IM

10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	250	300	350	
1.	Alice HEWSON	10	Berkhamsted	6:06.62	519	39.87	1:27.76	2:13.60	3:00.36	3:54.41	4:49.24	5:29.76
2.	Rachael MOORE	10	Thurrock	6:16.08	480	44.06	1:36.48	2:23.88	3:07.75	4:00.62	4:53.94	5:36.59
3.	Georgia KERRIDGE	10	St Felix Sch	6:34.10	413	42.22	1:37.47	2:28.38	3:14.96	4:12.43	5:09.22	5:52.87
4.	Kirstie FEHLY	10	Canvey Isl	6:38.54	397	44.70	1:40.45	2:29.31	3:16.03	4:13.71	5:12.31	5:55.29
5.	Lucy ALLINGTON	10	Lstof & OB	6:43.81	380	48.13	1:46.20	2:36.27	3:23.77	4:20.43	5:15.87	6:01.49
6.	Molly REEDER	10	Newmarket	7:06.46	315	49.43	1:49.72	2:38.79	3:27.22	4:30.91	5:34.23	6:20.41
	Eloise LYONS	10	Thurrock	DQ								SA-2L

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	250	300	350	
1.	Amy GORE	11	Thurrock	5:34.95	651	36.45	1:20.15	2:04.47	2:47.18	3:34.03	4:21.44	4:59.52
2.	Katherine STEPHENS	11	Thurrock	5:39.00	629	36.03	1:16.05	1:59.83	2:42.39	3:31.27	4:21.57	5:00.73
3.	Molly NORMAN	11	Co Peterboro	5:41.98	613	37.06	1:20.73	2:05.15	2:47.98	3:36.62	4:26.64	5:04.72
4.	Kathryn PEARSE	11	Phoenix Bas	5:43.47	606	35.52	1:19.81	2:04.03	2:47.09	3:37.05	4:28.25	5:08.56
5.	Ellie PIRRIE	11	Runnymede	5:47.20	588	36.56	1:19.47	2:04.82	2:48.93	3:40.18	4:32.49	5:10.89
6.	Bethany FREEMAN	11	Co Peterboro	5:49.82	575	37.78	1:24.18	2:07.58	2:50.00	3:42.44	4:34.39	5:12.35
7.	Rebecca HAYES	11	Thurrock	5:52.12	563	38.70	1:23.57	2:07.99	2:51.62	3:42.42	4:35.78	5:14.39
8.	Emma CASSIDY	11	Thurrock	5:54.64	552	37.38	1:23.38	2:07.17	2:49.70	3:42.13	4:37.17	5:16.77
9.	Melissa COWELL	11	Thurrock	5:58.53	534	39.15	1:24.52	2:10.38	2:55.65	3:47.31	4:41.22	5:20.59
10.	Katarina BLANCO	11	Bo Southend	6:03.55	512	38.69	1:25.61	2:13.51	2:58.58	3:51.84	4:45.74	5:25.37
11.	Madison TOWNLEY	11	Runnymede	6:04.71	508	39.13	1:26.92	2:12.59	2:57.92	3:51.85	4:45.46	5:24.39
12.	Emma LINES	11	Lstof & OB	6:06.90	498	40.27	1:24.93	2:08.74	2:53.25	3:47.63	4:43.40	5:25.91
13.	Katie WHIFFIN	11	Epping For't	6:07.70	495	40.11	1:32.91	2:19.99	3:06.22	3:56.77	4:48.16	5:28.54
14.	Amy CHUNG	11	Watford	6:16.96	458	43.95	1:35.12	2:22.35	3:07.75	3:59.37	4:51.99	5:35.34
15.	Charlotte BALLARD	11	Hatfield	6:20.32	445	42.52	1:35.70	2:23.46	3:11.89	4:02.67	4:56.70	5:38.92
16.	Maisie JONES	11	Canvey Isl	6:21.89	440	43.74	1:33.50	2:22.30	3:10.80	4:03.88	4:59.27	5:41.18

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	250	300	350	
1.	Charlotte HICKS	12	St Felix Sch	5:19.10	729	33.65	1:11.68	1:53.23	2:33.54	3:19.67	4:07.16	4:43.72
2.	Poppy INGLESON	12	UEA Norwich	5:31.45	658	36.02	1:17.02	1:58.52	2:39.03	3:29.58	4:20.67	4:56.30
3.	Zara BAILEY	12	Co Peterboro	5:36.85	629	34.36	1:14.95	1:58.40	2:41.07	3:29.77	4:19.38	4:58.93
4.	Izzy FAULKNER	12	UEA Norwich	5:38.47	620	36.42	1:17.51	2:02.90	2:47.19	3:35.96	4:26.66	5:03.03
5.	Marcella ARIS	12	UEA Norwich	5:40.32	611	37.25	1:20.94	2:02.83	2:43.84	3:34.61	4:25.48	5:03.79
6.	Amelia KNOWLES	12	Southend	5:41.43	606	35.99	1:18.38	2:01.24	2:44.62	3:35.05	4:26.63	5:05.58
7.	Katie FITZJOHN	12	Co Peterboro	5:46.00	582	36.76	1:18.61	2:01.54	2:44.01	3:35.04	4:27.11	5:06.90
8.	Bonnie SAWYER	12	Epping For't	5:48.27	572	36.37	1:19.27	2:04.89	2:49.09	3:39.21	4:30.03	5:09.86
9.	Ellie FAIRFOOT	12	UEA Norwich	5:50.88	559	38.77	1:25.54	2:09.82	2:53.26	3:43.57	4:34.76	5:13.21
10.	Jessica LAMBERT	12	Epping For't	5:52.38	552	35.58	1:20.41	2:05.84	2:49.79	3:40.92	4:32.28	5:13.37
11.	Alexandra PERKINS	12	UEA Norwich	5:54.02	545	38.14	1:23.67	2:07.36	2:50.46	3:42.21	4:34.86	5:15.80
12.	Katie WILLIS	12	Southend	5:57.73	528	38.05	1:25.16	2:10.60	2:56.18	3:46.44	4:38.60	5:19.65
13.	Alice HICKMOTT	12	Braintree	6:10.33	476	38.39	1:27.78	2:16.40	3:00.85	3:52.64	4:45.19	5:29.17

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	200	250	300	350	
1.	Ellis JACKSON	13	St Felix Sch	5:04.42	819	32.01	1:09.56	1:47.90	2:25.93	3:10.07	3:54.36	4:29.97
2.	Heather RODWELL	13	teamipswich	5:16.10	743	35.90	1:16.68	1:57.71	2:38.83	3:21.64	4:05.73	4:41.74
3.	Joanne LONGLAND	13	Co Peterboro	5:30.17	661	33.45	1:13.59	1:56.23	2:38.12	3:28.40	4:18.63	4:54.93
4.	Mimi BARR	13	UEA Norwich	5:31.79	651	35.56	1:16.47	1:58.24	2:39.15	3:28.12	4:16.62	4:55.04
5.	Kimberly ANASTASIOU	13	UEA Norwich	5:32.88	646	36.67	1:19.29	1:58.99	2:37.86	3:28.53	4:18.28	4:56.67
6.	Holly BATEMAN	13	UEA Norwich	5:34.91	635	34.11	1:14.54	1:56.82	2:38.69	3:31.88	4:23.78	5:00.56
7.	Lauren GEDDES	13	Bishop Stort	5:41.22	602	34.46	1:15.83	1:59.78	2:44.25	3:32.65	4:24.11	5:03.16
8.	Emily NEAL	13	Thurrock	5:46.98	574	36.65	1:19.69	2:04.24	2:47.84	3:37.85	4:29.31	5:08.48
9.	Alexandra TAYLOR	13	West Suffolk	5:49.68	561	36.07	1:18.94	2:02.71	2:45.96	3:39.94	4:34.88	5:13.47
10.	Ellen WILLIAMS	13	Co Peterboro	5:49.73	561	36.72	1:22.04	2:06.37	2:50.04	3:40.98	4:33.31	5:11.42



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EVENT 304 FINAL OF EVENT 302 Boys 10 Yrs 200m IM

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Philip DOWDING-YOUNG	10 teamipswich	2:44.28	463	36.66	1:17.73	2:09.25
2.	Bobbie McCARTHY	10 Thurrock	2:46.52	444	36.03	1:19.14	2:09.57
3.	Russell BECK	10 Rochford	2:53.16	390	37.92	1:23.93	2:16.70
4.	Salaam MOTIN	10 Thurrock	2:54.21	382	39.69	1:24.20	2:15.95
5.	Benjamin PURCELL	10 Hatfield	2:54.26	381	40.28	1:26.69	2:15.87
6.	Will KEARSEY	10 Hatfield	2:55.35	373	39.52	1:24.82	2:17.69
7.	Mitchell PEARS	10 Co Peterboro	2:56.12	367	39.64	1:23.59	2:16.57
8.	Nico CAMPBELL	10 Cheshunt	3:00.74	336	39.60	1:27.53	2:22.44

EVENT 305 FINAL OF EVENT 302 Boys 11 Yrs 200m IM

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Barton TOWNLEY	11 Runnymede	2:43.21	475	35.42	1:16.63	2:07.13
2.	Frederick WOODCOCK	11 Hemel Hemp	2:46.75	444	36.91	1:21.53	2:10.96
3.	Joe BROWN	11 Thurrock	2:48.40	429	35.30	1:18.26	2:10.77
4.	Robbie LIGHTOWLER	11 Co St Albans	2:48.88	426	37.06	1:21.10	2:11.81
5.	Murphy TALBOT	11 Runnymede	2:49.23	422	37.12	1:21.04	2:10.97
6.	Joshua AYLETT	11 Co Peterboro	2:51.94	401	36.07	1:19.88	2:14.82
7.	Samuel HOLMES	11 Co Peterboro	2:52.90	393	37.95	1:19.92	2:16.04
8.	Mark GREENBAUM	11 Runnymede	2:53.29	391	37.64	1:21.22	2:16.41

EVENT 306 FINAL OF EVENT 302 Boys 12 Yrs 200m IM

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Caleb HUGHES	12 Mid Beds	2:26.14	637	32.73	1:09.26	1:52.54
2.	Matthew BRIGHAM	12 Co Peterboro	2:36.70	519	35.16	1:13.96	2:02.64
3.	Harry SMITH	12 UEA Norwich	2:38.31	503	35.19	1:16.19	2:03.53
4.	Jack CARTER	12 Southend	2:39.36	493	35.24	1:17.54	2:03.31
5.	Bradley CLARKE	12 Thurrock	2:39.67	490	36.41	1:17.66	2:04.32
6.	Tom LAMBERT	12 Luton	2:41.21	475	35.52	1:16.39	2:04.82
7.	Jordan PURDY	12 St Felix Sch	2:42.60	463	36.07	1:18.87	2:06.90
8.	David ALLEN	12 Flitwick	2:42.64	462	35.89	1:16.02	2:06.20

EVENT 307 FINAL OF EVENT 302 Boys 13 Yrs 200m IM

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Miles GARNER	13 UEA Norwich	2:20.93	683	30.01	1:05.41	1:48.83
2.	Liam KNIGHT	13 Co Peterboro	2:22.75	659	30.01	1:07.90	1:50.19
3.	Luke BAILEY	13 St Felix Sch	2:24.98	632	31.76	1:10.08	1:53.54
4.	Lewis HUGHES	13 UEA Norwich	2:25.35	628	31.05	1:09.90	1:53.59
5.	Daniel SORRELL	13 Chelmsford	2:28.21	593	33.57	1:11.53	1:55.74
6.	Jack BARTLETT	13 St Felix Sch	2:28.52	590	31.79	1:09.72	1:57.14
7.	Richard JEFFERIES	13 Co Cambridge	2:28.63	589	32.28	1:10.71	1:55.97
8.	Elliot COOK	13 teamipswich	2:29.07	583		1:10.04	1:57.18

EVENT 308 FINAL OF EVENT 302 Boys 14 Yrs 200m IM

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Aaron LYNCH	14 teamipswich	2:20.60	681	31.00	1:09.69	1:48.79
2.	Jack HOLLIS	14 teamipswich	2:21.70	666	30.12	1:06.23	1:49.74
3.	Alexander BAKER	14 Hatfield	2:22.47	657	31.52	1:07.40	1:49.11
4.	Sam MUNRO	14 St Felix Sch	2:25.49	619	32.49	1:09.54	1:52.30
5.	Alex DELICATA	14 Thurrock	2:27.24	598	31.53	1:09.78	1:54.26
6.	Luke WALSH	14 Thetford	2:27.28	598	31.30	1:10.21	1:53.89
7.	Charlie HAYES	14 Thurrock	2:28.11	588	32.60	1:11.46	
8.	Samuel BRIGGS	14 Modernians	2:29.29	576	30.23	1:08.32	1:56.52

EVENT 309 FINAL OF EVENT 301 Girls 10 Yrs 100m Breaststroke

Place	Name	AaD Club	Time	BAG Pt	50
1.	Hannah VICK	10 Kings Lynn	1:32.55	498	44.32
2.	Lucy ALLINGTON	10 Lstof & OB	1:33.19	487	44.13
3.	Lily WEST	10 Stevenage	1:34.46	466	45.08
4.	Grace GILROY	10 Basildon	1:35.53	450	46.27
5.	Karis ELLERBY	10 Runnymede	1:36.80	430	45.96
6.	Charlotte LONGDEN	10 Hatfield	1:40.00	386	47.18
7.	Eloise LYONS	10 Thurrock	1:41.35	368	48.39
8.	Georgia KERRIDGE	10 St Felix Sch	1:43.79	338	48.35



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EVENT 310 FINAL OF EVENT 301 Girls 11 Yrs 100m Breaststroke

Place	Name	AaD Club	Time	BAG Pt	50
1.	Emily McCONNELL	11 Mid Beds	1:22.07	693	39.34
2.	Amy GORE	11 Thurrock	1:22.50	683	39.41
3.	Christie BAYS	11 Stevenage	1:23.61	657	40.17
4.	Molly NORMAN	11 Co Peterboro	1:27.05	584	40.28
5.	Katie WHIFFIN	11 Epping For't	1:27.58	573	41.55
6.	Kayleigh SIMS	11 Runnymede	1:28.22	561	41.66
7.	Rebecca WILSON	11 Deben	1:28.66	552	42.21
8.	Kathryn PEARSE	11 Phoenix Bas	1:33.41	469	44.58

EVENT 311 FINAL OF EVENT 301 Girls 12 Yrs 100m Breaststroke

Place	Name	AaD Club	Time	BAG Pt	50
1.	Zara BAILEY	12 Co Peterboro	1:22.27	650	39.05
2.	Fionnuala MAHER	12 Modernians	1:23.93	614	38.68
3.	Anne-Marie DU PREEZ	12 Co St Albans	1:24.72	598	40.66
4.	Bethany CATCHPOLE	12 teamipswich	1:25.90	573	40.53
5.	Charlotte REID	12 Hitchin	1:26.78	557	41.50
6.	Charlotte HICKS	12 St Felix Sch	1:26.81	556	41.32
7.	Amber SWALES	12 Mid Beds	1:29.04	515	42.27
8.	Lorna ATTWOOD	12 Co Peterboro	1:30.85	483	41.71

EVENT 312 FINAL OF EVENT 301 Girls 13 Yrs 100m Breaststroke

Place	Name	AaD Club	Time	BAG Pt	50
1.	Ellis JACKSON	13 St Felix Sch	1:19.31	698	38.79
2.	Heather RODWELL	13 teamipswich	1:19.35	697	38.41
3.	Laura SEARLE	13 Bishop Stort	1:21.13	655	38.78
4.	Bethan BOTTOMLEY	13 West Suffolk	1:23.25	609	39.23
5.	Carina BAYS	13 Stevenage	1:23.69	600	38.79
6.	Louisa EMERY	13 teamipswich	1:23.86	597	40.10
7.	Lydia SMITH	13 Hatfield	1:24.51	584	39.60
8.	Helen DAVEY	13 Mid Beds	1:25.87	557	40.73

EVENT 313 Boys 11-14 Yrs 800m Freestyle Team

Place	Name	A.G Club	Time	BAG Pt	100	200	300	400	500	600	700
1.	teamipswich Swimming	teamipswich	8:35.75	637*	1:02.37	2:07.47	3:12.04	4:19.68	5:21.51	6:25.96	7:29.26
	Jack HOLLIS	1.02.37	1.05.10	(2.07.47)							
	Elliot COOK	1.04.57	1.07.64	(2.12.21)							
	Aaron LYNCH	1.01.83	1.04.45	(2.06.28)							
	Ryan TOMKINS	1.03.30	1.06.49	(2.09.79)							
2.	Mid Beds SS	Mid Beds	8:44.89	607*	1:03.85	2:13.91	3:14.64	4:21.18	5:23.30	6:30.02	7:34.33
	Alasdair KERR	1.03.85	1.10.06	(2.13.91)							
	Alex RAINE	1.00.73	1.06.54	(2.07.27)							
	Caleb HUGHES	1.02.12	1.06.72	(2.08.84)							
	Tom KELLY	1.04.31	1.10.56	(2.14.87)							
3.	UEA City of Norwich SC	UEA Norwich	8:50.20	590*	1:05.29	2:15.89	3:18.83	4:25.06	5:31.68	6:43.81	7:45.76
	Josh PAGE	1.05.29	1.10.60	(2.15.89)							
	Miles GARNER	1.02.94	1.06.23	(2.09.17)							
	George FLINTHAM	1.06.62	1.12.13	(2.18.75)							
	Lewis HUGHES	1.01.95	1.04.44	(2.06.39)							
4.	City Of Peterborough A	Co Peterboro	8:54.05	578*	1:06.26	2:16.09	3:19.64	4:27.99	5:33.87	6:45.24	7:47.98
	Matthew BRIGHAM	1.06.26	1.09.83	(2.16.09)							
	Robert STAFFORD	1.03.55	1.08.35	(2.11.90)							
	Nicholas ILSLEY	1.05.88	1.11.37	(2.17.25)							
	Liam KNIGHT	1.02.74	1.06.07	(2.08.81)							
5.	Hatfield SC	Hatfield	9:08.09	536*	1:05.31	2:15.02	3:23.76	4:36.83	5:44.32	6:56.41	7:58.68
	Edward ALLCHORNE	1.05.31	1.09.71	(2.15.02)							
	Luke TARGET	1.08.74	1.13.07	(2.21.81)							
	Thomas WORBEY	1.07.49	1.12.09	(2.19.58)							
	Ricky JONES	1.02.27	1.09.41	(2.11.68)							
6.	St Felix School SC	St Felix Sch	9:10.14	530*	1:03.99	2:09.10	3:13.30	4:19.62	5:27.49	6:41.02	7:53.70
	Luke BAILEY	1.03.99	1.05.11	(2.09.10)							
	Jack BARTLETT	1.04.20	1.06.32	(2.10.52)							
	Jordan PURDY	1.07.87	1.13.53	(2.21.40)							
	George STANNARD	1.12.68	1.16.44	(2.29.12)							
7.	Kings Lynn Warriors	Kings Lynn	9:13.08	522*	1:02.04	2:11.54	3:18.96	4:31.06	5:41.06	6:55.45	8:01.53
	Alex MURRAY	1.02.04	1.09.50	(2.11.54)							
	Chris VICK	1.07.42	1.12.10	(2.19.52)							
	Josh GRAY	1.10.00	1.14.39	(2.24.39)							
	Jake CROOK	1.06.08	1.11.55	(2.17.63)							
8.	Watford SC	Watford	10:22.32	360*	1:12.05	2:34.92	3:52.91	5:17.10	6:34.44	7:57.32	9:06.41
	Terence HOLNESS-WRIGHT	1.12.05	1.22.87	(2.34.92)							
	Jack PICKFORD	1.17.99	1.24.19	(2.42.18)							
	Ashley HOLNESS-WRIGHT	1.17.34	1.22.88	(2.40.22)							
	Jack SPENCE	1.09.09	1.15.91	(2.25.00)							