



ASA East Region 2008 BAGCAT Championships

(Under ASA Laws, ASA Technical Rules)
A Level One Licensed Meet - N^o ERX811 & ERX812



EVENT 601 Girls 11-13 Yrs 400m Medley Team

Place	Name	A.G Club	Time	BAG Pt	50	100	150	200	250	300	350
1.	teamipswich Swimming	teamipswich	4:44.12	669*	35.11	1:10.30	1:46.92	2:28.56	3:00.75	3:38.40	4:09.74
	Rose CROSS	35.11	35.19	(1.10.30)							
	Heather RODWELL	36.62	41.64	(1.18.26)							
	Ellen OXBROW	32.19	37.65	(1.09.84)							
	Gemma BARTLE	31.34	34.38	(1.05.72)							
2.	UEA City of Norwich SC	UEA Norwich	4:48.85	640*	35.52	1:12.22	1:50.76	2:34.94	3:07.81	3:45.54	4:15.07
	Kimberly ANASTASIOU	35.52	36.70	(1.12.22)							
	Mimi BARR	38.54	44.18	(1.22.72)							
	Holly BATEMAN	32.87	37.73	(1.10.60)							
	Jenny THOMPSON	29.53	33.78	(1.03.31)							
3.	St Felix School SC	St Felix Sch	4:56.37	595*	36.90	1:15.88	1:52.93	2:34.21	3:07.34	3:45.99	4:18.95
	Charlotte HICKS	36.90	38.98	(1.15.88)							
	Ellis JACKSON	37.05	41.28	(1.18.33)							
	Pascale REEVES	33.13	38.65	(1.11.78)							
	Louise CHARLESWORTH	32.96	37.42	(1.10.38)							
4.	City Of Peterborough A	Co Peterboro	5:02.07	564*	36.05	1:15.69	1:55.02	2:39.73	3:13.93	3:55.04	4:27.28
	Emily COOK	36.05	39.64	(1.15.69)							
	Zara BAILEY	39.33	44.71	(1.24.04)							
	Katie FITZJOHN	34.20	41.11	(1.15.31)							
	Molly NORMAN	32.24	34.79	(1.07.03)							
5.	Hatfield SC	Hatfield	5:03.55	556*	36.91	1:16.08	1:56.12	2:43.19	3:16.18	3:57.38	4:29.00
	India HAMMOND	36.91	39.17	(1.16.08)							
	Giselle CHAUHAN	40.04	47.07	(1.27.11)							
	Lydia SMITH	32.99	41.20	(1.14.19)							
	Sian LOCKETT	31.62	34.55	(1.06.17)							
6.	City of Peterborough B	Co Peterboro	5:08.91	528*	37.51	1:17.76	1:59.32	2:45.65	3:19.77	4:02.24	4:34.12
	Bethany FREEMAN	37.51	40.25	(1.17.76)							
	Lorna ATTWOOD	41.56	46.33	(1.27.89)							
	Charlotte HARRISON	34.12	42.47	(1.16.59)							
	Ellen WILLIAMS	31.88	34.79	(1.06.67)							
7.	Epping Forest SC	Epping Fort	5:10.26	522*	36.19	1:16.47	1:58.07	2:45.95	3:21.62	4:03.59	4:35.14
	Andraea POSNETT	36.19	40.28	(1.16.47)							
	Katie WHIFFIN	41.60	47.88	(1.29.48)							
	Bonnie SAWYER	35.67	41.97	(1.17.64)							
	Marissa POSNETT	31.55	35.12	(1.06.67)							
8.	Mid Beds SS	Mid Beds	5:10.62	520*	35.97	1:14.16	1:54.06	2:38.34	3:14.62	3:59.66	4:33.06
	Jess KARP	35.97	38.19	(1.14.16)							
	Emily McCONNELL	39.90	44.28	(1.24.18)							
	Natasha HIRST	36.28	45.04	(1.21.32)							
	Kimberly STOKES	33.40	37.56	(1.10.96)							
9.	Stowmarket	Stowmarket	5:14.98	499*	38.44	1:20.28	2:00.25	2:45.52	3:21.74	4:07.22	4:40.03
	Georgia RICKARDS	38.44	41.84	(1.20.28)							
	Ella DELVES	39.97	45.27	(1.25.24)							
	Rebecca DORMER	36.22	45.48	(1.21.70)							
	Mollie DREW	32.81	34.95	(1.07.76)							
10.	Deben SC	Deben	5:24.27	456*	38.52	1:19.04	2:00.38	2:46.81	3:24.97	4:11.62	4:45.75
	Lucy STOKES	38.52	40.52	(1.19.04)							
	Bethany ELMER	41.34	46.43	(1.27.77)							
	Jasmine SELLER	38.16	46.65	(1.24.81)							
	Eleanor SCOTT	34.13	38.52	(1.12.65)							

EVENT 602 Boys 200m Backstroke

10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Philip DOWDING-YOUNG	10 teamipswich	2:42.89	457	39.23	1:21.71	2:04.16
2.	Jordan STAFF	10 UEA Norwich	2:47.67	416	39.60	1:22.79	2:06.62
3.	Jake TYSON	10 teamipswich	2:48.27	411	41.21	1:24.79	2:07.80
4.	Martyn WALTON	10 Hatfield	2:49.80	399	39.89	1:23.06	2:06.72
5.	Billy MAYNARD	10 Southend	2:50.66	392	40.06	1:24.39	2:09.33
6.	Safaam MOTIN	10 Thurrock	2:52.92	375	41.01	1:24.86	2:09.31
7.	George EPSLY	10 Thurrock	2:54.06	367	43.31	1:28.44	2:12.04
8.	Will KEARSEY	10 Hatfield	2:55.39	358	42.81	1:27.40	2:12.06
9.	Bobbie McCARTHY	10 Thurrock	2:57.12	345	43.05	1:27.90	2:12.89
10.	James DAY	10 Thurrock	2:59.54	329	42.66	1:28.64	2:14.93
11.	Joseph COOPER	10 UEA Norwich	2:59.82	327	42.24	1:28.50	2:15.20
12.	Mitchell PEARS	10 Co Peterboro	3:00.32	324	43.90	1:31.29	2:17.18
13.	Alex BITHREY	10 Mid Beds	3:00.38	324	42.63	1:29.80	2:16.62
14.	Ethan FARRELL	10 Mid Beds	3:00.74	321	41.95	1:28.61	2:16.00
15.	Ashley TRENT	10 Newmarket	3:02.55	310	43.20	1:30.35	2:17.47
16.	Daniel POWELL	10 Co Peterboro	3:02.75	309	42.89	1:29.16	2:16.75
17.	Jozef OCHWAT	10 teamipswich	3:03.71	303	43.73	1:30.36	2:17.95
18.	Samuel LONGDEN	10 Hatfield	3:04.27	300	42.18	1:30.26	2:18.20
19.	Charlie CHURCH	10 Lstof & OB	3:04.91	296	44.27	1:31.60	2:19.10
20.	James NEWTON	10 Co Peterboro	3:05.43	293	43.31	1:31.37	2:19.56
21.	Tom MITCHELL	10 Co Peterboro	3:05.63	292	43.81	1:31.97	2:19.79
22.	Matthew ILSLEY	10 Co Peterboro	3:07.92	279	44.90	1:33.88	2:22.31
23.	Peter TODD	10 St Ives	3:07.97	278	43.11	1:32.42	2:20.96
24.	Oliver SWALLOW	10 Halstead	3:08.90	273	43.49	1:32.14	2:21.49
25.	Thomas ILLIDGE	10 Colchester	3:10.47	266	45.01	1:34.31	2:25.02
26.	William MANNING	10 Thurrock	3:12.36	255	45.24	1:33.13	2:22.17
27.	Thomas BUCKLE	10 West Suffolk	3:12.96	253	45.84	1:34.84	2:24.91
28.	Kalaam MOTIN	10 Thurrock	3:14.81	244	48.36	1:38.38	2:27.21
29.	Calvin COE	10 Stowmarket	3:17.22	232	46.26	1:36.93	2:28.19
30.	Reece KING	10 Lstof & OB	3:17.44	231	46.49	1:37.50	2:28.14
31.	Ashley CLARKE	10 Thurrock	3:27.73	188	46.70	1:40.27	2:34.11



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Calum ELEY		10	Co Peterboro	DQ	FI-4L		
11 Yrs Age Group							
Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Samuel HOLMES	11 Co Peterboro	2:44.52	452	39.54	1:21.88	2:04.52
2.	Joe BROWN	11 Thurrock	2:45.24	445	39.07	1:21.36	2:04.46
3.	Frederick WOODCOCK	11 Hemel Hemp	2:47.10	428	39.76	1:22.62	2:05.50
4.	Barton TOWNLEY	11 Runnymede	2:47.47	426	39.89	1:22.45	2:05.24
5.	George STANNARD	11 St Felix Sch	2:48.51	417	41.15	1:24.75	2:07.82
6.	Robbie LIGHTOWLER	11 Co St Albans	2:48.63	416	39.73	1:22.92	2:06.53
7.	Benjamin WHITBOURN	11 Dereham	2:49.32	410	39.04	1:22.69	2:07.11
8.	Murphy TALBOT	11 Runnymede	2:49.53	409	40.80	1:24.04	2:07.16
9.	Louis SELLER	11 Deben	2:49.71	408	40.50	1:24.56	2:08.90
10.	Jack CATTERALL	11 Mid Beds	2:49.86	406	40.04	1:23.69	2:07.83
11.	Augustus VEASEY	11 Chelmsford	2:50.50	401	39.03	1:23.06	2:07.26
12.	Jack PICKFORD	11 Watford	2:51.99	389	40.47	1:24.19	2:08.86
13.	Joshua ALLDAY	11 teamipswich	2:52.06	389	40.24	1:24.52	2:09.28
14.	Antony COOMBE	11 Co Peterboro	2:52.48	385	41.42	1:25.96	2:11.44
15.	Ottavio TANZILLO	11 Co Peterboro	2:53.37	379	42.60	1:27.01	2:11.23
16.	Ashley HOLNESS-WRIGHT	11 Watford	2:54.30	372	41.76	1:26.67	2:11.82
17.	Harvey HOWE	11 Kings Lynn	2:54.65	369	41.02	1:26.24	2:11.21
18.	Jim VICKERS	11 Colchester	2:55.60	362	41.01	1:27.07	2:13.46
19.	Joshua AYLETT	11 Co Peterboro	2:56.20	359	42.02	1:27.00	2:12.69
20.	Ranishka KUMARAGE	11 Hatfield	2:59.02	339	43.44	1:29.57	2:15.45
21.	Brandon NABARRO	11 Mid Beds	3:00.89	326	42.42	1:29.22	2:15.84
22.	Arthur WOODCOCK	11 Hemel Hemp	3:01.06	325	42.90	1:29.15	2:16.58
12 Yrs Age Group							
Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Caleb HUGHES	12 Mid Beds	2:23.19	654	33.62	1:10.00	1:46.86
2.	Matthew BRIGHAM	12 Co Peterboro	2:32.47	544	35.85	1:14.70	1:54.06
3.	Kilian KORTH	12 teamipswich	2:32.84	541	35.78	1:15.63	1:55.43
4.	Yaron ASH	12 Hertsmere	2:34.79	520	35.60	1:15.10	1:54.96
5.	Charlie SMITH	12 teamipswich	2:37.33	495	36.21	1:16.15	1:57.01
6.	Gareth HAWKINS	12 Thurrock	2:37.66	491	36.59	1:16.93	1:58.24
7.	Louis MAYHEW	12 Hemel Hemp	2:37.93	489	37.06	1:17.24	1:58.44
8.	Bradley CLARKE	12 Thurrock	2:38.35	485	38.18	1:18.53	1:59.20
9.	David ALLEN	12 Flitwick	2:38.91	479	36.68	1:17.23	1:58.69
10.	James WINTER	12 Chelmsford	2:41.84	453	37.79	1:18.80	2:01.54
11.	Jonathan ANDVIG	12 teamipswich	2:42.24	449	39.44	1:21.52	2:02.82
12.	Jordan PURDY	12 St Felix Sch	2:43.46	438	38.92	1:20.58	2:02.64
13.	Luke DURBAN	12 Braintree	2:44.46	430	38.89	1:22.17	2:03.57
14.	Harry SMITH	12 UEA Norwich	2:44.65	429	39.34	1:22.04	2:04.43
15.	Jack CHAPMAN	12 UEA Norwich	2:45.00	425	38.71	1:21.42	2:04.09
16.	Jack NOKES	12 Deben	2:47.58	404	41.04	1:25.11	2:08.35
17.	Tom LAMBERT	12 Luton	2:48.96	393	39.74	1:22.82	2:06.17
18.	Carl JOHNSON	12 St Ives	2:50.18	384	39.53	1:22.92	2:07.23
19.	Thomas McLAGAN	12 Braintree	2:52.56	367	41.07	1:25.33	2:09.59
	Julian DIXON	12 Harpenden	DNF				
13 Yrs Age Group							
Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Liam KNIGHT	13 Co Peterboro	2:23.43	629	32.82	1:08.96	1:46.20
2.	Miles GARNER	13 UEA Norwich	2:23.54	628	33.94	1:10.01	1:47.08
3.	Luke BAILEY	13 St Felix Sch	2:24.49	616	35.04	1:12.03	1:49.11
4.	Richard JEFFERIES	13 Co Cambridge	2:25.32	607	34.29	1:10.95	1:48.37
5.	Jack BARTLETT	13 St Felix Sch	2:25.81	600	34.81	1:12.02	1:49.36
6.	Elliot COOK	13 teamipswich	2:27.46	581	33.83	1:12.32	1:50.81
7.	Oliver TAFFS	13 Bishop Stort	2:29.57	557	34.79	1:12.72	1:51.67
8.	Thomas WORBEY	13 Hatfield	2:30.85	544	35.17	1:13.69	1:52.67
9.	Ryan TOMKINS	13 teamipswich	2:31.09	541	36.53	1:15.29	1:54.37
10.	Alexander SHREEVE	13 UEA Norwich	2:31.44	537	36.39	1:15.74	1:54.60
11.	Daniel SADLER	13 St Neot Swan	2:32.39	527	35.79	1:14.83	1:54.58
12.	Oliver BARKER	13 Bishop Stort	2:32.59	525	34.83	1:13.53	1:53.65
13.	Jack SPENCE	13 Watford	2:33.40	517	35.23	1:14.43	1:54.79
14.	Daniel SORRELL	13 Chelmsford	2:33.42	517	35.91	1:14.56	1:54.21
15.	Joe HATTON	13 UEA Norwich	2:34.76	503	36.05	1:16.32	1:57.10
16.	Nicholas ILSLEY	13 Co Peterboro	2:38.16	471	36.57	1:16.65	1:58.13
17.	Chris STEVENS	13 Hoddesdon	2:39.65	457	36.64	1:16.43	1:58.33
14 Yrs Age Group							
Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	David KELLEWAY	14 Bishop Stort	2:16.49	712	32.13	1:06.68	1:41.52
2.	Alexander BAKER	14 Hatfield	2:18.53	683	32.16	1:07.32	1:43.08
3.	Alex DELICATA	14 Thurrock	2:24.65	605	33.61	1:10.27	1:47.68
4.	Charlie HAYES	14 Thurrock	2:25.76	593	33.09	1:12.20	1:49.25
5.	Daniel SMITH	14 Lstoft & OB	2:25.92	591	33.95	1:11.69	1:50.37
6.	Daniel RILEY	14 Luton	2:29.79	547	34.88	1:13.20	1:51.93
7.	Michael GRACE	14 Phoenix Bas	2:32.31	521	33.81	1:12.29	1:52.85
8.	James POOLE	14 teamipswich	2:32.58	518	35.34	1:14.23	1:53.42
9.	Alex BLANCO	14 Bo Southend	2:32.59	518	36.29	1:13.92	1:53.41
	Robert STAFFORD	14 Co Peterboro	DQ	ST-			



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EVENT 603 Girls 200m Freestyle

10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Alice HEWSON	10 Berkhamsted	2:34.01	486	35.10	1:14.69	1:55.74
2.	Gemma SWINDELL	10 Hatfield	2:34.47	482	36.06	1:17.71	1:57.77
3.	Josephine BLADES	10 St Felix Sch	2:36.64	462	36.95	1:17.95	1:59.72
4.	Courtney SANDERS	10 Chelmsford	2:36.82	460	35.95	1:16.14	1:57.39
5.	Elise BARRETT	10 UEA Norwich	2:38.66	444	36.84	1:18.09	1:59.15
6.	Jessica JACKSON	10 Stevenage	2:38.69	443	36.99	1:18.56	2:00.33
7.	Rachael MOORE	10 Thurrock	2:39.90	433	36.77	1:18.44	2:00.05
8.	Georgia KERRIDGE	10 St Felix Sch	2:40.63	427	35.69	1:17.31	2:00.35
9.	Alaina SCIFO	10 Mildenhall	2:41.26	422	36.64	1:18.41	2:00.60
9.	Lucy ALLINGTON	10 Lstof & OB	2:41.26	422	37.40	1:19.04	2:01.68
11.	Karis ELLERBY	10 Runnymede	2:42.91	408	37.44	1:20.58	2:04.52
12.	Liberty GOOD	10 Basildon	2:43.03	407	37.46	1:20.04	2:03.68
13.	Charlotte LONGDEN	10 Hatfield	2:43.46	404	37.03	1:19.31	2:01.94
14.	Molly REEDER	10 Newmarket	2:49.13	361	37.42	1:21.18	2:06.26
15.	Hannah BRIGHAM	10 Co Peterboro	2:49.31	360	37.27	1:21.33	2:06.34
16.	Lisa WAITE	10 Epping For't	2:49.70	357	37.08	1:20.61	2:06.41
17.	Lucy CHURCHILL-COLEMAN	10 Modernians	2:50.26	353	36.80	1:20.56	2:07.17
18.	Kirstie FEHILY	10 Canvey Isl	2:56.25	314	39.17	1:24.42	2:11.29

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Molly NORMAN	11 Co Peterboro	2:21.90	632	32.91	1:09.11	1:45.98
2.	Amy GORE	11 Thurrock	2:23.21	616	33.55	1:10.28	1:47.41
3.	Katherine STEPHENS	11 Thurrock	2:25.32	591	33.58	1:10.70	1:48.48
4.	Emma CASSIDY	11 Thurrock	2:26.20	581	34.32	1:10.76	1:49.24
5.	Alice OAKLEY	11 UEA Norwich	2:26.88	573	33.45	1:10.49	1:49.64
6.	Kathryn PEARSE	11 Phoenix Bas	2:27.97	560	34.73	1:13.38	1:52.47
7.	Eliza DUFFY	11 Chelmsford	2:28.09	559	33.85	1:11.17	1:50.35
8.	Bethany FREEMAN	11 Co Peterboro	2:28.13	559	33.94	1:11.69	1:49.98
9.	Ellie PIRRIE	11 Runnymede	2:29.71	542	34.09	1:11.74	1:50.75
10.	Katie RUMSEY	11 St Felix Sch	2:29.73	542	34.08	1:12.52	1:52.32
11.	Isobel PAGE	11 UEA Norwich	2:29.76	541	35.62	1:15.11	1:53.47
12.	Hannah TRAVELL	11 Braintree	2:30.25	536	34.26	1:13.03	1:52.48
13.	Melissa COWELL	11 Thurrock	2:30.70	532	34.06	1:12.71	1:52.75
14.	Flora SHAUL	11 UEA Norwich	2:31.19	527	34.64	1:13.79	1:53.11
14.	Rebecca HAYES	11 Thurrock	2:31.19	527	36.06	1:14.80	1:53.79
16.	Georgina HODGES	11 Hatfield	2:31.84	519	36.11	1:16.69	1:56.54
17.	Christie BAYS	11 Stevenage	2:31.93	518	35.20	1:15.34	1:56.20
18.	Emily McCONNELL	11 Mid Beds	2:32.05	517	34.91	1:13.52	1:53.22
19.	Madison TOWNLEY	11 Runnymede	2:32.46	513	34.79	1:14.62	1:54.78
20.	Maisie JONES	11 Canvey Isl	2:33.20	506	34.96	1:14.09	1:54.46
21.	Emma STUDD	11 Deben	2:33.32	505	34.65	1:14.41	1:54.76
22.	Cassie EVERILL	11 Lstof & OB	2:33.73	501	34.79	1:14.43	1:54.13
23.	Katie WHIFFIN	11 Epping For't	2:34.20	496	35.24	1:14.92	1:55.52
24.	Lorna MACLEAN	11 Bo Southend	2:34.24	496	36.72	1:16.69	1:56.63
25.	Sophie WAYMONT	11 Southend	2:34.60	492	36.16	1:16.39	1:56.62
26.	Eleanor TOMKINS	11 teamipswich	2:35.52	484	36.06	1:16.63	1:56.96
27.	Emma LINES	11 Lstof & OB	2:36.19	477	35.67	1:16.25	1:56.95
28.	Alice WARD	11 St Felix Sch	2:37.14	468	36.21	1:17.24	1:57.93
29.	Eleanor SCOTT	11 Deben	2:37.38	466	35.89	1:16.54	1:57.76
30.	Danielle HALL	11 Colchester	2:37.96	461	36.01	1:17.77	1:58.86
31.	Katarina BLANCO	11 Bo Southend	2:38.03	460	34.06	1:14.14	1:56.67
32.	Maisie WEST	11 Phoenix Bas	2:38.27	458	36.35	1:17.62	1:59.85
33.	Charlotte BALLARD	11 Hatfield	2:38.47	456	37.08	1:17.90	1:58.66
34.	Emily BRADBURY	11 Mid Beds	2:38.67	455	36.14	1:17.17	1:58.93
35.	Tamsin RANSOME	11 West Suffolk	2:39.88	444	35.74	1:17.84	2:00.28
36.	Devon PRIOR	11 Hemel Hemp	2:40.31	439	38.11	1:20.11	2:01.56
37.	Chloe WILSON	11 Lstof & OB	2:40.85	435	37.31	1:19.00	2:01.02

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Poppy INGLESON	12 UEA Norwich	2:15.99	708	31.74	1:06.16	1:41.30
2.	Marcella ARIS	12 UEA Norwich	2:17.54	687	32.47	1:07.75	1:43.12
3.	Charlotte HICKS	12 St Felix Sch	2:17.91	682	32.31	1:07.50	1:43.38
4.	Zara BAILEY	12 Co Peterboro	2:18.38	675	31.71	1:06.53	1:42.52
5.	Amelia KNOWLES	12 Southend	2:20.97	642	32.68	1:08.96	1:45.68
6.	Bethany CATCHPOLE	12 teamipswich	2:21.96	629	33.14	1:09.65	1:46.31
7.	Ellie TOWNLEY	12 Runnymede	2:21.98	629	33.09	1:09.15	1:46.06
8.	Izzy FAULKNER	12 UEA Norwich	2:22.00	628	34.23	1:10.60	1:47.03
9.	Sian LOCKETT	12 Hatfield	2:22.59	621	32.89	1:09.05	1:46.42
10.	Sauna LEE	12 Mid Beds	2:23.01	616	31.87	1:08.01	1:45.73
11.	Gemma BARTLE	12 teamipswich	2:23.67	609	34.01	1:12.10	1:49.02
12.	Ellie FAIRFOOT	12 UEA Norwich	2:25.17	591	33.64	1:10.59	1:48.42
13.	Alana JONES	12 Chelmsford	2:25.35	589	34.45	1:13.01	1:50.40
14.	Isabelle MARTIN	12 Flitwick	2:25.55	587	33.38	1:09.96	1:48.15
15.	Rose CROSS	12 teamipswich	2:25.83	584	34.83	1:12.64	1:49.98
16.	Louise CHARLESWORTH	12 St Felix Sch	2:26.07	580	34.54	1:12.98	1:50.50
17.	Lois MOORE	12 Hemel Hemp	2:26.43	576	33.87	1:11.33	1:49.48
18.	Megan BRETT	12 Berkhamsted	2:26.62	574	33.79	1:11.03	1:48.91
19.	Bonnie SAWYER	12 Epping For't	2:26.64	574	34.23	1:11.63	1:49.81
20.	Alexandra PERKINS	12 UEA Norwich	2:26.76	572	33.04	1:10.59	1:49.17
21.	Katie WILLIS	12 Southend	2:27.53	564	33.53	1:11.50	1:50.68
22.	Rebecca WELCH	12 Cheshunt	2:28.26	556	33.14	1:10.86	1:49.96
23.	Emma WAITE	12 Epping For't	2:28.44	554	34.38	1:11.77	1:50.75
24.	Katie FITZJOHN	12 Co Peterboro	2:29.58	542	34.44	1:12.78	1:51.68
25.	Jessica LAMBERT	12 Epping For't	2:30.18	535	34.26	1:12.83	1:52.43



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26.	Evie TAYLOR	12	teamipswich	2:30.42	533	35.24	1:14.52	1:53.95
27.	Charlotte REID	12	Hitchin	2:31.51	522	33.52	1:12.02	1:52.04

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	100	150	
1.	Ellis JACKSON	13	St Felix Sch	2:10.91	773	30.40	1:03.44	1:37.37
2.	Heather RODWELL	13	teamipswich	2:12.70	746	30.62	1:04.54	1:38.90
3.	Holly BATEMAN	13	UEA Norwich	2:14.96	714	31.83	1:05.91	1:40.53
4.	Pascale REEVES	13	St Felix Sch	2:15.10	712	31.73	1:05.98	1:40.89
5.	Mimi BARR	13	UEA Norwich	2:17.45	680	32.31	1:07.72	1:43.08
6.	Bethan BOTTMOLEY	13	West Suffolk	2:17.63	678	31.72	1:07.02	1:43.45
7.	Joanne LONGLAND	13	Co Peterboro	2:19.08	659	31.28	1:07.12	1:44.25
8.	Jess KARP	13	Mid Beds	2:19.41	655	31.76	1:07.54	1:44.19
9.	Jenny THOMPSON	13	UEA Norwich	2:19.61	652	31.00	1:06.17	1:43.24
10.	Zoe STEWART	13	Watford	2:20.22	643	32.66	1:09.22	1:45.38
11.	Evie ADAMS	13	Deben	2:20.44	641	32.94	1:08.91	1:45.68
12.	Karla HUTCHINSON	13	teamipswich	2:20.85	635	33.00	1:08.80	1:45.96
13.	Lydia SMITH	13	Hatfield	2:21.94	622	32.18	1:08.68	1:45.65
14.	Louisa EMERY	13	teamipswich	2:22.30	618	33.63	1:10.85	1:48.07
15.	Katie LIGHTOWLER	13	Co St Albans	2:22.67	613	33.07	1:09.95	1:47.19
16.	Roxanne MONK	13	Co Peterboro	2:22.76	612	32.61	1:09.41	1:47.26
17.	Emily NEAL	13	Thurrock	2:22.88	611	32.66	1:08.94	1:46.11
18.	Emily COOK	13	Co Peterboro	2:23.66	602	33.36	1:10.24	1:48.18
19.	Charlotte BECK	13	Mid Beds	2:24.15	596	33.00	1:09.99	1:48.42
20.	Grace LEE	13	Bishop Stort	2:24.22	595	32.61	1:09.23	1:47.41
21.	Alexandra TAYLOR	13	West Suffolk	2:24.28	594	32.54	1:08.84	1:46.54
22.	Kerry RANGER	13	Cheshunt	2:24.42	593	32.92	1:09.63	1:47.42
23.	Jade BLAGG	13	teamipswich	2:24.54	591	33.33	1:10.73	1:48.59
24.	Marissa POSNETT	13	Epping For't	2:24.90	587	33.26	1:10.79	1:49.09
25.	Ellen WILLIAMS	13	Co Peterboro	2:25.14	585	33.78	1:10.84	1:48.53
26.	Helen MITCHELL	13	Braintree	2:26.20	573	33.55	1:11.03	1:48.99
27.	Lucy GREGORY	13	Leighton Buz	2:26.84	566	32.49	1:09.20	1:47.45

EVENT 604 Boys 100m Butterfly

10 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	
1.	Jake TYSON	10	teamipswich	1:18.18	418	37.01
2.	James DAY	10	Thurrock	1:20.59	374	37.60
3.	Bobbie McCARTHY	10	Thurrock	1:21.23	364	38.33
4.	Calum ELEY	10	Co Peterboro	1:22.18	349	37.36
5.	Russell BECK	10	Rochford	1:22.41	346	38.16
6.	Mitchell PEARS	10	Co Peterboro	1:25.23	305	40.10
7.	Salaam MOTIN	10	Thurrock	1:26.96	282	40.88
8.	Will KEARSEY	10	Hatfield	1:27.77	273	40.65
9.	Ethan FARRELL	10	Mid Beds	1:28.48	263	39.25
10.	Calvin COE	10	Stowmarket	1:30.16	244	43.17
	Nico CAMPBELL	10	Cheshunt	DNC		
	George EPSLY	10	Thurrock	DQ	SA-2L	

11 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	
1.	Joe BROWN	11	Thurrock	1:20.40	361	36.55
2.	Aidan ROBINSON	11	Basildon	1:21.18	348	37.95
3.	Barton TOWNLEY	11	Runnymede	1:22.25	332	37.72
4.	Samuel HOLMES	11	Co Peterboro	1:23.06	319	39.34
5.	Joshua AYLETT	11	Co Peterboro	1:23.66	311	38.99
6.	Mark GREENBAUM	11	Runnymede	1:25.16	291	39.79
7.	David FRYATT	11	Braintree	1:26.20	278	40.46

12 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	
1.	Caleb HUGHES	12	Mid Beds	1:08.86	556	32.77
2.	Sonny FORD	12	Thurrock	1:12.94	465	33.89
3.	Kilian KORTH	12	teamipswich	1:13.19	459	33.08
4.	Liam DOONAN	12	Hatfield	1:13.61	450	34.67
5.	Luke HOUSE	12	UEA Norwich	1:14.22	438	34.18
6.	Charlie SMITH	12	teamipswich	1:14.77	427	34.99
7.	Jordan PURDY	12	St Felix Sch	1:15.17	420	35.23
8.	Matthew WILLIAMS	12	Cheshunt	1:15.42	416	34.98
9.	Harry SMITH	12	UEA Norwich	1:16.27	400	36.61
10.	Matthew BRIGHAM	12	Co Peterboro	1:20.20	336	36.30

13 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	
1.	Lewis HUGHES	13	UEA Norwich	1:05.42	616	30.60
2.	Miles GARNER	13	UEA Norwich	1:05.47	615	30.61
3.	Jack BARTLETT	13	St Felix Sch	1:06.15	596	31.56
4.	Elliott COOK	13	teamipswich	1:09.53	513	32.52
5.	James WINNELL	13	Runnymede	1:10.27	497	32.71
6.	George FLINTHAM	13	UEA Norwich	1:10.29	496	32.72
7.	Jonathan HAWES	13	Lstof & OB	1:10.71	486	33.08
8.	Harry PAYNE	13	Bo Southend	1:10.87	483	33.13
9.	Aran CHAMBERLAIN-CLARK	13	Flitwick	1:11.92	462	33.09
10.	Richard JEFFERIES	13	Co Cambridge	1:12.35	452	32.89
11.	Jake ROBINSON	13	Stevenage	1:12.42	451	33.48
12.	Luke TARGET	13	Hatfield	1:16.11	382	34.58
	Liam KNIGHT	13	Co Peterboro	DQ	SL-1L	

14 Yrs Age Group

Place	Name	AaD Club	Time	BAG Pt	50	
1.	Jack HOLLIS	14	teamipswich	1:03.83	634	29.56
2.	Ricky JONES	14	Hatfield	1:04.02	629	29.67



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3.	Samuel BRIGGS	14	Modernians	1:04.42	618	29.92
4.	David KELLEWAY	14	Bishop Stort	1:04.65	612	29.81
5.	Jack BARON	14	Co St Albans	1:05.76	582	30.86
6.	Sean COLLIER	14	Newmarket	1:05.77	582	30.18
7.	Edward ALLCHORNE	14	Hatfield	1:06.74	557	31.06
8.	Luke WALSH	14	Thetford	1:06.80	556	31.13
9.	Charlie POND THOMPSON	14	Southend	1:07.25	545	30.88
10.	Alex DELICATA	14	Thurrock	1:07.26	544	31.27
11.	Kieran HUGGETT	14	Bishop Stort	1:07.27	544	31.31
12.	Ryan DANIELS	14	Thurrock	1:07.28	544	31.62
13.	Alex RAINE	14	Mid Beds	1:07.50	539	31.03
14.	Charlie HAYES	14	Thurrock	1:07.68	534	32.22
15.	Robert STAFFORD	14	Co Peterboro	1:09.14	501	31.52
16.	Daniel SMITH	14	Lstof & OB	1:09.27	498	32.52

EVENT 605 FINAL OF EVENT 602 Boys 10 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Philip DOWDING-YOUNG	10	teamipswich	2:41.79	467	37.76	1:19.55 2:01.98
2.	Jordan STAFF	10	UEA Norwich	2:46.46	426	38.63	1:21.52 2:05.17
3.	Jake TYSON	10	teamipswich	2:47.37	418	40.22	1:23.51 2:06.77
4.	Billy MAYNARD	10	Southend	2:48.33	410	39.61	1:22.79 2:06.93
5.	Martyn WALTON	10	Hatfield	2:51.35	387	39.64	1:23.20 2:07.69
6.	Salaam MOTIN	10	Thurrock	2:52.65	377	42.09	1:25.73 2:09.75
7.	Will KEARSEY	10	Hatfield	2:56.27	351	42.11	1:26.21 2:10.84
8.	George EPSLY	10	Thurrock	2:59.28	330	41.87	1:27.86 2:13.64

EVENT 606 FINAL OF EVENT 602 Boys 11 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Barton TOWNLEY	11	Runnymede	2:42.56	469	36.84	1:18.67 2:01.25
2.	Frederick WOODCOCK	11	Hemel Hemp	2:44.91	448	38.86	1:20.98 2:03.70
3.	Benjamin WHITBOURN	11	Dereham	2:45.07	446	39.61	1:22.22 2:05.16
4.	Samuel HOLMES	11	Co Peterboro	2:46.75	432	39.57	1:22.18 2:05.36
5.	Robbie LIGHTOWLER	11	Co St Albans	2:48.76	415	40.63	1:23.76 2:07.12
6.	Joe BROWN	11	Thurrock	2:49.34	410	39.50	1:22.89 2:06.85
7.	Murphy TALBOT	11	Runnymede	2:52.03	389	40.82	1:24.41 2:09.12
8.	George STANNARD	11	St Felix Sch	2:52.11	389	41.19	1:25.09 2:10.23

EVENT 607 FINAL OF EVENT 602 Boys 12 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Caleb HUGHES	12	Mid Beds	2:21.59	675	33.83	1:09.42 1:46.05
2.	Matthew BRIGHAM	12	Co Peterboro	2:32.14	548	35.97	1:14.52 1:54.06
3.	Kilian KORTH	12	teamipswich	2:33.94	529	35.87	1:15.13 1:54.91
4.	Yaron ASH	12	Hertsmere	2:35.95	508	35.88	1:15.13 1:55.53
5.	Louis MAYHEW	12	Hemel Hemp	2:37.17	496	36.92	1:17.03 1:57.88
6.	Bradley CLARKE	12	Thurrock	2:37.77	490	38.30	1:17.74 1:58.20
7.	Gareth HAWKINS	12	Thurrock	2:39.75	472	37.26	1:17.96 1:59.80
8.	Charlie SMITH	12	teamipswich	2:44.20	432	37.94	1:19.77 2:03.03

EVENT 608 FINAL OF EVENT 602 Boys 13 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Luke BAILEY	13	St Felix Sch	2:20.93	661	33.25	1:09.18 1:45.92
2.	Liam KNIGHT	13	Co Peterboro	2:21.36	656	32.48	1:08.22 1:45.53
3.	Miles GARNER	13	UEA Norwich	2:22.35	643	33.47	1:09.42 1:46.50
4.	Elliott COOK	13	teamipswich	2:24.95	611	33.11	1:10.52 1:49.04
5.	Richard JEFFERIES	13	Co Cambridge	2:25.41	605	34.58	1:11.31 1:48.83
6.	Jack BARTLETT	13	St Felix Sch	2:27.84	577	35.03	1:12.76 1:50.75
7.	Oliver TAFFS	13	Bishop Stort	2:30.61	547	35.25	1:13.12 1:52.26
8.	Thomas WORBEY	13	Hatfield	2:33.10	520	35.46	1:14.60 1:54.42

EVENT 609 FINAL OF EVENT 602 Boys 14 Yrs 200m Backstroke

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	David KELLEWAY	14	Bishop Stort	2:15.47	726	32.12	1:06.33 1:41.11
2.	Alexander BAKER	14	Hatfield	2:17.72	695	32.05	1:07.27 1:43.18
3.	Charlie HAYES	14	Thurrock	2:25.39	597	34.77	1:11.89 1:49.25
4.	Alex DELICATA	14	Thurrock	2:25.96	591	33.96	1:10.56 1:48.29
5.	Daniel SMITH	14	Lstof & OB	2:27.88	568	33.71	1:11.22 1:50.21
6.	Alex BLANCO	14	Bo Southend	2:28.13	565	35.62	1:12.74 1:50.29
7.	Daniel RILEY	14	Luton	2:29.69	548	35.45	1:13.10 1:51.70
8.	Michael GRACE	14	Phoenix Bas	2:33.06	513	34.88	1:13.11 1:53.11

EVENT 610 FINAL OF EVENT 603 Girls 10 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Gemma SWINDELL	10	Hatfield	2:29.79	528	34.90	1:14.39 1:53.54
2.	Alice HEWSON	10	Berkhamsted	2:30.41	522	34.79	1:14.37 1:53.08
3.	Courtney SANDERS	10	Chelmsford	2:35.52	472	35.29	1:15.24 1:55.27
4.	Rachael MOORE	10	Thurrock	2:36.50	463	36.16	1:16.74 1:56.98
5.	Jessica JACKSON	10	Stevenage	2:36.90	459	36.89	1:17.18 1:58.24
6.	Josephine BLADES	10	St Felix Sch	2:37.51	454	35.86	1:16.52 1:58.51
7.	Elise BARRETT	10	UEA Norwich	2:38.23	447	36.36	1:17.61 1:58.69
8.	Georgia KERRIDGE	10	St Felix Sch	2:40.61	427	37.20	1:18.25 2:00.72



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EVENT 611 FINAL OF EVENT 603 Girls 11 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Molly NORMAN	11 Co Peterboro	2:21.16	641	31.92	1:07.54	1:44.68
2.	Amy GORE	11 Thurrock	2:22.96	619	33.01	1:09.92	1:47.57
3.	Katherine STEPHENS	11 Thurrock	2:23.02	618	33.20	1:10.00	1:47.46
4.	Bethany FREEMAN	11 Co Peterboro	2:24.04	605	33.69	1:10.22	1:47.90
5.	Alice OAKLEY	11 UEA Norwich	2:25.34	590	33.11	1:10.12	1:48.41
6.	Kathryn PEARSE	11 Phoenix Bas	2:26.82	574	34.32	1:11.85	1:51.49
7.	Emma CASSIDY	11 Thurrock	2:27.98	560	34.13	1:11.51	1:50.74
8.	Eliza DUFFY	11 Chelmsford	2:28.47	555	34.92	1:13.84	1:52.95

EVENT 612 FINAL OF EVENT 603 Girls 12 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Poppy INGLESON	12 UEA Norwich	2:14.24	733	31.16	1:04.82	1:39.36
2.	Marcella ARIS	12 UEA Norwich	2:16.63	699	31.84	1:06.69	1:42.40
3.	Charlotte HICKS	12 St Felix Sch	2:16.78	697	31.96	1:07.06	1:42.67
4.	Zara BAILEY	12 Co Peterboro	2:17.02	694	31.64	1:06.49	1:41.78
5.	Amelia KNOWLES	12 Southend	2:22.53	622	33.14	1:09.44	1:46.72
6.	Bethany CATCHPOLE	12 teamipswich	2:22.78	619	32.63	1:08.20	1:45.69
7.	Ellie TOWNLEY	12 Runnymede	2:23.55	610	33.12	1:09.79	1:47.23
8.	Izzy FAULKNER	12 UEA Norwich	2:26.70	573	34.29	1:11.15	1:48.78

EVENT 613 FINAL OF EVENT 603 Girls 13 Yrs 200m Freestyle

Place	Name	AaD Club	Time	BAG Pt	50	100	150
1.	Ellis JACKSON	13 St Felix Sch	2:10.01	787	30.33	1:03.36	1:36.67
2.	Heather RODWELL	13 teamipswich	2:11.78	760	30.70	1:04.40	1:37.73
3.	Pascale REEVES	13 St Felix Sch	2:13.39	736	31.22	1:05.20	1:39.48
4.	Holly BATEMAN	13 UEA Norwich	2:13.65	732	30.87	1:05.42	1:40.21
5.	Bethan BOTTOMLEY	13 West Suffolk	2:16.18	697	31.38	1:05.59	1:41.04
6.	Mimi BARR	13 UEA Norwich	2:19.30	656	31.90	1:07.25	1:42.98
7.	Jess KARP	13 Mid Beds	2:19.56	653	31.61	1:06.84	1:44.07
8.	Joanne LONGLAND	13 Co Peterboro	2:21.20	631	32.37	1:09.08	1:45.93

EVENT 614 FINAL OF EVENT 604 Boys 10 Yrs 100m Butterfly

Place	Name	AaD Club	Time	BAG Pt	50
1.	Jake TYSON	10 teamipswich	1:17.62	427	36.42
2.	Bobbie McCARTHY	10 Thurrock	1:18.72	407	36.76
3.	James DAY	10 Thurrock	1:20.27	380	36.97
4.	Calum ELEY	10 Co Peterboro	1:21.78	355	37.12
5.	Mitchell PEARS	10 Co Peterboro	1:21.82	355	39.50
6.	Russell BECK	10 Rochford	1:23.66	327	38.63
7.	Salaam MOTIN	10 Thurrock	1:26.81	283	41.34
8.	Will KEARSEY	10 Hatfield	1:27.67	273	40.45

EVENT 615 FINAL OF EVENT 604 Boys 11 Yrs 100m Butterfly

Place	Name	AaD Club	Time	BAG Pt	50
1.	Barton TOWNLEY	11 Runnymede	1:17.50	410	35.33
2.	Joe BROWN	11 Thurrock	1:19.32	377	36.62
3.	Mark GREENBAUM	11 Runnymede	1:19.58	374	37.71
4.	Aidan ROBINSON	11 Basildon	1:20.30	362	37.98
5.	Joshua AYLETT	11 Co Peterboro	1:21.13	349	38.18
6.	Samuel HOLMES	11 Co Peterboro	1:22.36	330	38.08
7.	David FRYATT	11 Braintree	1:25.00	293	40.07

EVENT 616 FINAL OF EVENT 604 Boys 12 Yrs 100m Butterfly

Place	Name	AaD Club	Time	BAG Pt	50
1.	Caleb HUGHES	12 Mid Beds	1:08.68	561	32.33
2.	Kilian KORTH	12 teamipswich	1:12.68	469	33.48
3.	Sonny FORD	12 Thurrock	1:12.79	467	34.15
4.	Charlie SMITH	12 teamipswich	1:12.81	467	35.12
5.	Liam DOONAN	12 Hatfield	1:13.21	459	34.64
6.	Luke HOUSE	12 UEA Norwich	1:14.55	432	34.40
7.	Jordan PURDY	12 St Felix Sch	1:14.60	431	34.91
8.	Matthew WILLIAMS	12 Cheshunt	1:15.59	412	35.70

EVENT 617 FINAL OF EVENT 604 Boys 13 Yrs 100m Butterfly

Place	Name	AaD Club	Time	BAG Pt	50
1.	Miles GARNER	13 UEA Norwich	1:03.12	683	30.01
2.	Lewis HUGHES	13 UEA Norwich	1:04.59	640	30.60
3.	Jack BARTLETT	13 St Felix Sch	1:04.75	635	30.37
4.	Elliot COOK	13 teamipswich	1:08.54	536	31.91
5.	Harry PAYNE	13 Bo Southend	1:09.58	511	32.89
6.	Jonathan HAWES	13 Lstof & OB	1:09.67	509	32.91
7.	George FLINTHAM	13 UEA Norwich	1:10.60	489	32.62
8.	James WINNELL	13 Runnymede	1:10.90	483	33.27

EVENT 618 FINAL OF EVENT 604 Boys 14 Yrs 100m Butterfly

Place	Name	AaD Club	Time	BAG Pt	50
1.	David KELLEWAY	14 Bishop Stort	1:03.20	653	29.80
2.	Ricky JONES	14 Hatfield	1:03.86	633	29.68
3.	Jack HOLLIS	14 teamipswich	1:04.11	627	29.67
4.	Samuel BRIGGS	14 Modernians	1:04.45	617	29.91
5.	Jack BARON	14 Co St Albans	1:05.74	583	30.42
6.	Edward ALLCHORNE	14 Hatfield	1:06.02	576	30.85
7.	Luke WALSH	14 Thetford	1:06.45	565	30.38
8.	Sean COLLIER	14 Newmarket	1:06.68	559	30.15