



ASA East Region 2008 Winter Short Course Championships

(Under ASA Laws, ASA Technical Rules)
A Level One Licensed Meet - N^o. ERX829



EVENT 401 Womens 200m IM

| Place | Name | AaD Club | Time | GB Pts | 50 | 100 | 150 |
|-------|---------------------|-----------------|---------|--------|-------|---------|---------|
| 1. | Ellis JACKSON | 14 St Felix Sch | 2:18.94 | 834 | 31.39 | 1:06.85 | 1:48.04 |
| 1. | Anne BOCHMANN | 15 UEA Norwich | 2:18.94 | 834 | 31.84 | 1:07.93 | 1:48.13 |
| 3. | Alice TENNANT | 15 Deben | 2:22.98 | 776 | 31.51 | 1:08.41 | 1:49.80 |
| 4. | Alex HARRISON | 14 St Felix Sch | 2:23.03 | 775 | 31.81 | 1:08.20 | 1:49.77 |
| 5. | Flora HANSON | 14 Harpenden | 2:27.05 | 721 | 33.36 | 1:09.29 | 1:53.67 |
| 6. | Yasmin BITHREY | 14 Mid Beds | 2:27.53 | 715 | 31.93 | 1:09.40 | 1:54.31 |
| 7. | Bryony CAMPBELL | 15 St Felix Sch | 2:28.25 | 706 | 31.45 | 1:10.35 | 1:54.93 |
| 8. | Claire BARRON | 17 UEA Norwich | 2:29.32 | 692 | 32.74 | 1:11.39 | 1:53.64 |
| 9. | Rachel ANDVIG | 15 teamipswich | 2:29.45 | 691 | 33.74 | 1:12.20 | 1:55.65 |
| 10. | Carolyn ASTBURY | 16 Watford | 2:31.07 | 671 | 33.31 | 1:10.92 | 1:56.67 |
| 11. | Charlotte HICKS | 12 St Felix Sch | 2:31.36 | 668 | 32.85 | 1:10.98 | 1:56.33 |
| 12. | Jenny THOMPSON | 14 UEA Norwich | 2:31.61 | 665 | 32.84 | 1:09.40 | 1:56.42 |
| 13. | Bethan BOTTOMLEY | 13 West Suffolk | 2:31.74 | 663 | 33.55 | 1:13.01 | 1:56.68 |
| 14. | Katie TAVENER | 14 Mid Beds | 2:33.40 | 644 | 34.13 | 1:12.63 | 1:57.97 |
| 15. | Zara BAILEY | 12 Co Peterboro | 2:33.46 | 643 | 33.74 | 1:12.54 | 1:57.36 |
| 16. | Bethany COGGINS | 14 UEA Norwich | 2:33.57 | 642 | 32.21 | 1:11.24 | 1:57.00 |
| 17. | Holly BATEMAN | 13 UEA Norwich | 2:34.49 | 631 | 33.42 | 1:12.71 | 2:00.50 |
| 18. | Isabella THOMSON | 16 Co Cambridge | 2:35.22 | 623 | 32.37 | 1:12.95 | 1:59.26 |
| 19. | Tamara RICHARDS | 16 Mid Beds | 2:35.59 | 619 | 33.83 | 1:12.90 | 1:59.37 |
| 20. | Charlotte OVENDEN | 14 Modernians | 2:35.99 | 615 | 33.64 | 1:12.59 | 1:58.60 |
| 21. | Laura ADAMS | 15 UEA Norwich | 2:36.53 | 609 | 35.15 | 1:13.87 | 2:00.86 |
| 22. | Georgina FREEMAN | 15 Co Peterboro | 2:37.62 | 597 | 33.28 | 1:12.28 | 2:01.40 |
| 23. | Charlotte McCONNELL | 15 Mid Beds | 2:38.32 | 589 | 34.35 | 1:13.93 | 2:00.65 |
| 24. | Amy STEWART | 14 Watford | 2:38.99 | 582 | 33.66 | 1:13.63 | 2:01.44 |
| 25. | Chloe WILLIAMS | 19 Canvey Isl | 3:07.64 | 349 | 42.54 | 1:28.41 | 2:25.34 |
| | Mimi BARR | 13 UEA Norwich | DNC | | | | |

EVENT 402 Mens 200m IM

| Place | Name | AaD Club | Time | GB Pts | 50 | 100 | 150 |
|-------|-------------------|-----------------|---------|--------|-------|---------|---------|
| 1. | David GODRIDGE | 15 Watford | 2:10.72 | 733 | 29.48 | 1:03.45 | 1:41.27 |
| 2. | Bobby CAVE | 18 Hatfield | 2:12.16 | 712 | 29.12 | 1:02.00 | 1:40.19 |
| 3. | Lewis COLEMAN | 16 teamipswich | 2:13.02 | 700 | 28.34 | 1:01.09 | 1:40.03 |
| 4. | Jonathan QUINN | 18 Hatfield | 2:13.65 | 691 | 29.43 | 1:04.82 | 1:40.62 |
| 5. | Tom FREEMAN | 16 Co Peterboro | 2:14.70 | 677 | 30.21 | 1:03.88 | 1:43.91 |
| 6. | Tomas CERNY | 17 Co Cambridge | 2:14.95 | 674 | 28.41 | 1:02.85 | 1:44.28 |
| 7. | David KELLEWAY | 15 Bishop Stort | 2:16.22 | 657 | 29.57 | 1:04.06 | 1:44.31 |
| 8. | Sean LEAHY | 18 Hatfield | 2:16.53 | 653 | 29.64 | 1:05.97 | 1:45.12 |
| 9. | Luke WESTWOOD | 18 Co Cambridge | 2:16.71 | 650 | 30.21 | 1:05.81 | 1:44.52 |
| 10. | Liam KNIGHT | 14 Co Peterboro | 2:17.51 | 640 | 29.31 | 1:04.43 | 1:46.03 |
| 11. | Jack HOLLIS | 14 teamipswich | 2:17.52 | 640 | 29.64 | 1:04.94 | 1:46.29 |
| 12. | Thomas SUTTON | 15 St Felix Sch | 2:19.13 | 619 | 29.65 | 1:05.68 | 1:47.13 |
| 13. | Dale HART | 17 Kings Lynn | 2:19.54 | 614 | 28.86 | 1:05.35 | 1:47.41 |
| 14. | Mark COLLINS | 15 Kings Lynn | 2:19.83 | 611 | 30.73 | 1:08.58 | 1:48.49 |
| 15. | Luke WALSH | 15 Thetford | 2:19.93 | 610 | 29.92 | 1:06.70 | 1:47.72 |
| 16. | Aydin BERKI | 15 Mid Beds | 2:20.09 | 608 | 30.59 | 1:09.08 | 1:49.01 |
| 17. | Miles GARNER | 14 UEA Norwich | 2:20.90 | 598 | 29.43 | 1:05.11 | 1:47.81 |
| 18. | Christian STOKES | 15 Biggleswade | 2:22.27 | 582 | 30.82 | 1:06.91 | 1:50.10 |
| 19. | Caleb HUGHES | 13 Mid Beds | 2:24.01 | 562 | 32.67 | 1:08.57 | 1:51.20 |
| 20. | Lawrence PALMER | 15 Luton | 2:24.04 | 562 | 31.21 | 1:09.64 | 1:49.77 |
| 21. | Lewis HUGHES | 14 UEA Norwich | 2:26.01 | 540 | 31.36 | 1:08.73 | 1:53.15 |
| 22. | Callum LAWSON | 22 Co Peterboro | 2:30.01 | 498 | 32.44 | 1:12.77 | 1:54.25 |
| | Nicholas THOMPSON | 16 UEA Norwich | DNC | | | | |

EVENT 403 Womens 50m Backstroke

| Place | Name | AaD Club | Time | GB Pts |
|-------|----------------------|-----------------|-------|--------|
| 1. | Zoe CRAY | 34 teamipswich | 29.91 | 797 |
| 2. | Sophie SWEET | 15 Co Peterboro | 31.08 | 722 |
| 3. | Rebecca READER | 16 teamipswich | 31.21 | 714 |
| 4. | Rose CROSS | 13 teamipswich | 31.30 | 709 |
| 5. | Natasha BROWN | 18 Hatfield | 31.41 | 702 |
| 6. | Charlotte TAYLOR | 15 teamipswich | 31.68 | 687 |
| 7. | Laura INGLESON | 17 UEA Norwich | 31.90 | 674 |
| 8. | Hazel PICKFORD | 15 Hatfield | 32.14 | 660 |
| 9. | Anne BOCHMANN | 15 UEA Norwich | 32.26 | 654 |
| 10. | Katy HANSON | 16 Bishop Stort | 32.28 | 653 |
| 11. | Sophie GEORGE | 19 Sudbury | 32.34 | 649 |
| 12. | Robyn BALL | 16 St Felix Sch | 32.37 | 648 |
| 13. | Gemma SARGENT | 15 St Ives | 32.52 | 639 |
| 14. | Emily COOK | 14 Co Peterboro | 32.61 | 635 |
| 15. | Gemma BARTLE | 12 teamipswich | 32.62 | 634 |
| 16. | Jenny THOMPSON | 14 UEA Norwich | 32.84 | 622 |
| 17. | Whitney BUCKLER | 15 UEA Norwich | 32.95 | 617 |
| 18. | Emily-Jayne HAWES | 17 Lstoft & OB | 33.09 | 609 |
| 19. | Georgina ROUGHSEGE | 15 Co Cambridge | 33.10 | 609 |
| 20. | Emily PRIOR | 17 Deben | 33.18 | 605 |
| 21. | Kimberley ANASTASIOU | 13 UEA Norwich | 33.27 | 600 |
| 21. | Tamara RICHARDS | 16 Mid Beds | 33.27 | 600 |
| 23. | Charlotte BLACKSLEY | 15 Mid Beds | 33.43 | 592 |
| 24. | Emily PITTS | 16 West Suffolk | 33.47 | 590 |
| 25. | Charlotte McCONNELL | 15 Mid Beds | 33.51 | 588 |
| 26. | Bryony ROWSEL | 15 Co Cambridge | 33.70 | 579 |
| 27. | Chloe PELLICAN | 16 UEA Norwich | 33.74 | 577 |
| 28. | Marcella ARIS | 13 UEA Norwich | 34.01 | 564 |
| 29. | Jessica COOK | 20 UEA Norwich | 35.39 | 502 |
| 30. | Charlotte OVENDEN | 14 Modernians | 35.51 | 497 |



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31. Chloe WILLIAMS 19 Canvey Isl 37.83 408

EVENT 404 Mens 50m Backstroke

| Place | Name | AaD | Club | Time | GB Pts |
|-------|------------------|-----|--------------|-------|--------|
| 1. | Charles WALKER | 18 | Co Peterboro | 27.07 | 723 |
| 2. | John SARGENT | 22 | Hatfield | 27.56 | 689 |
| 3. | Alex RUST | 18 | Hatfield | 27.69 | 680 |
| 4. | James SUTHERLAND | 16 | Hatfield | 27.90 | 667 |
| 5. | Mark LEAMON | 21 | UEA Norwich | 28.49 | 630 |
| 6. | Alexander BAKER | 15 | Hatfield | 28.60 | 623 |
| 7. | Elliot COOK | 14 | teamipswich | 29.26 | 584 |
| 8. | Tim RIVIERE | 15 | Co Cambridge | 29.27 | 584 |
| 9. | Nathan HENDERSON | 16 | Lstof & OB | 29.37 | 578 |
| 10. | Samuel MUNRO | 15 | St Felix Sch | 29.40 | 576 |
| 11. | Adam INGLEDEW | 15 | Mid Beds | 29.43 | 575 |
| 12. | Stephen FISHER | 17 | UEA Norwich | 29.47 | 572 |
| 13. | Daniel SMITH | 15 | Lstof & OB | 29.72 | 559 |
| 14. | Ryan SEARLES | 15 | Hatfield | 29.81 | 554 |
| 15. | Chris BRADBURY | 16 | Mid Beds | 29.84 | 552 |
| 16. | Brandon SEARLE | 15 | Mildenhall | 30.14 | 536 |
| 17. | Andrew WHEELER | 22 | Modernians | 30.23 | 532 |
| 18. | Morgan PUGH | 15 | Harpenden | 30.26 | 530 |
| 19. | Liam OSBORNE | 16 | Diss Otters | 30.36 | 525 |
| 20. | Brendon MARSH | 16 | teamipswich | 30.37 | 525 |
| 21. | Michael MACKRELL | 17 | St Ives | 30.53 | 516 |
| | David CURTIS | 18 | St Neot Swan | DNC | |

EVENT 405 Womens 100m Butterfly

| Place | Name | AaD | Club | Time | GB Pts | 50 |
|-------|--------------------|-----|--------------|---------|--------|-------|
| 1. | Bryony CAMPBELL | 15 | St Felix Sch | 1:05.04 | 727 | 31.11 |
| 2. | Alex HARRISON | 14 | St Felix Sch | 1:05.66 | 709 | 31.06 |
| 3. | Bethany COGGINS | 14 | UEA Norwich | 1:05.83 | 704 | 31.58 |
| 4. | Alice TENNANT | 15 | Deben | 1:06.60 | 683 | 31.63 |
| 5. | Anne BOCHMANN | 15 | UEA Norwich | 1:06.97 | 673 | 32.17 |
| 6. | Sophie CHAMBERLAIN | 16 | St Felix Sch | 1:07.01 | 672 | 31.34 |
| 7. | Pascale REEVES | 13 | St Felix Sch | 1:07.62 | 655 | 32.00 |
| 8. | Charlotte HICKS | 12 | St Felix Sch | 1:09.61 | 605 | 33.13 |
| 9. | Sophie THRUSSELL | 15 | Mid Beds | 1:10.15 | 592 | 33.29 |
| 10. | Carolyn ASTBURY | 16 | Watford | 1:10.37 | 587 | 33.47 |
| 11. | Yasmin BITHREY | 14 | Mid Beds | 1:10.76 | 577 | 34.32 |
| 12. | Isabella THOMSON | 16 | Co Cambridge | 1:11.03 | 571 | 32.60 |
| 13. | Holly BATEMAN | 13 | UEA Norwich | 1:11.13 | 569 | 33.62 |
| 13. | Charlotte TAYLOR | 15 | teamipswich | 1:11.13 | 569 | 33.19 |
| 15. | Emily BONE | 22 | UEA Norwich | 1:11.40 | 563 | 32.67 |
| 16. | Lydia SMITH | 14 | Hatfield | 1:11.46 | 561 | 33.35 |
| 17. | Jasmine CROSS | 14 | teamipswich | 1:11.88 | 552 | 32.62 |
| 18. | Amy STEWART | 14 | Watford | 1:11.94 | 551 | 34.37 |
| 19. | Katie SYKES | 15 | Kings Lynn | 1:11.96 | 550 | 33.31 |
| 20. | Chloe PELLICAN | 16 | UEA Norwich | 1:12.25 | 544 | 33.05 |
| 21. | Louise KING | 18 | Mid Beds | 1:13.61 | 515 | 33.89 |
| 22. | Steph BIRD | 20 | Lstof & OB | 1:25.36 | 320 | 37.58 |
| | Ellen OXBROW | 13 | teamipswich | DNC | | |

EVENT 406 Mens 100m Butterfly

| Place | Name | AaD | Club | Time | GB Pts | 50 |
|-------|------------------|-----|--------------|---------|--------|-------|
| 1. | John SARGENT | 22 | Hatfield | 58.02 | 711 | 27.25 |
| 2. | Lewis COLEMAN | 16 | teamipswich | 58.22 | 704 | 27.25 |
| 3. | Sam MUNKLEY | 17 | Hatfield | 59.68 | 659 | 28.02 |
| 4. | Kouji URATA | 18 | Hatfield | 59.76 | 657 | 28.03 |
| 5. | Andrew BIGLEY | 17 | teamipswich | 59.80 | 655 | 27.80 |
| 6. | Tomas CERNY | 17 | Co Cambridge | 1:00.09 | 647 | 28.48 |
| 7. | Alex RUST | 18 | Hatfield | 1:00.36 | 639 | 28.90 |
| 8. | Lewis MATTIN | 18 | UEA Norwich | 1:00.66 | 630 | 28.55 |
| 9. | James SUTHERLAND | 16 | Hatfield | 1:01.12 | 617 | 27.39 |
| 10. | Ian DAVIES | 28 | Flitwick | 1:01.66 | 602 | 28.65 |
| 11. | Jordan BATE | 16 | UEA Norwich | 1:02.07 | 591 | 29.24 |
| 12. | Jack HOLLIS | 14 | teamipswich | 1:02.15 | 589 | 29.76 |
| 13. | Liam KNIGHT | 14 | Co Peterboro | 1:02.28 | 585 | 29.16 |
| 14. | David GODRIDGE | 15 | Watford | 1:02.57 | 578 | 29.87 |
| 15. | Dale HART | 17 | Kings Lynn | 1:02.95 | 568 | 30.24 |
| 16. | Mark LEAMON | 21 | UEA Norwich | 1:03.16 | 562 | 29.06 |
| 17. | Edward ALLCHORNE | 14 | Hatfield | 1:03.37 | 557 | 29.79 |
| 18. | Miles GARNER | 14 | UEA Norwich | 1:03.93 | 543 | 29.51 |
| 19. | David KELLEWAY | 15 | Bishop Stort | 1:04.09 | 539 | 29.95 |
| 20. | Andrew WHEELER | 22 | Modernians | 1:04.57 | 527 | 29.65 |
| 21. | James RUMBELOW | 19 | Co Cambridge | 1:04.64 | 526 | 30.32 |
| 22. | Ricky JONES | 14 | Watford | 1:04.88 | 520 | 29.74 |
| 23. | Stuart KIRK | 21 | Modernians | 1:05.68 | 501 | 29.75 |
| 24. | Lewis HUGHES | 14 | UEA Norwich | 1:06.90 | 474 | 31.36 |
| 25. | Adam INGLEDEW | 15 | Mid Beds | 1:07.22 | 467 | 29.52 |
| 26. | Morgan PUGH | 15 | Harpenden | 1:10.02 | 411 | 31.71 |



ASA East Region 2008 Winter Short Course Championships

(Under ASA Laws, ASA Technical Rules)
A Level One Licensed Meet - N^o. ERX829



EVENT 407 Mens/Womens 800m Freestyle

MENS

| Place | Name | AaD Club | Time | GB Pts | 100 | 200 | 300 | 400 | 500 | 600 | 700 |
|-------|----------------------|-----------------|---------|--------|---------|---------|---------|---------|---------|---------|---------|
| 1. | Richard CHARLESWORTH | 20 Hatfield | 8:11.71 | 849 | 59.57 | 2:02.65 | 3:05.27 | 4:08.36 | 5:09.40 | 6:12.71 | 7:16.56 |
| 2. | Samuel HEARD | 19 UEA Norwich | 8:21.83 | 807 | 59.26 | 2:01.89 | 3:04.67 | 4:08.01 | 5:11.08 | 6:14.51 | 7:18.56 |
| 3. | Laurence LOWMAN | 19 Hatfield | 8:28.05 | 782 | 59.45 | 2:02.90 | 3:06.56 | 4:11.27 | 5:15.11 | 6:19.61 | 7:24.16 |
| 4. | Lewis KING | 18 Hatfield | 8:38.85 | 741 | 1:02.07 | 2:07.41 | 3:12.67 | 4:16.66 | 5:21.53 | 6:27.96 | 7:34.12 |
| 5. | Aydin BERKI | 15 Mid Beds | 8:41.63 | 730 | 1:01.48 | 2:06.68 | 3:12.34 | 4:18.27 | 5:24.38 | 6:30.76 | 7:36.92 |
| 6. | Jordan BATE | 16 UEA Norwich | 8:43.93 | 722 | 1:02.86 | 2:09.94 | 3:16.71 | 4:23.47 | 5:27.69 | 6:33.44 | 7:39.77 |
| 7. | Caleb HUGHES | 13 Mid Beds | 8:51.84 | 694 | 1:03.22 | 2:09.91 | 3:16.79 | 4:23.53 | 5:30.34 | 6:38.04 | 7:45.31 |
| 8. | Dale HART | 17 Kings Lynn | 8:55.63 | 681 | 1:04.40 | 2:12.91 | 3:21.62 | 4:29.76 | 5:37.36 | 6:45.21 | 7:52.28 |
| 9. | Andrew WILKINSON | 15 Co Cambridge | 8:55.74 | 680 | 1:03.11 | 2:11.24 | 3:19.88 | 4:28.99 | 5:36.20 | 6:44.29 | 7:52.35 |
| 10. | Robert BALDRANCE | 16 Mid Beds | 9:01.97 | 660 | 1:02.05 | 2:08.84 | 3:17.08 | 4:25.54 | 5:34.84 | 6:44.00 | 7:53.73 |
| 11. | Chris TITTERINGTON | 17 West Suffolk | 9:10.34 | 632 | 1:04.35 | 2:12.44 | 3:21.22 | 4:31.00 | 5:41.06 | 6:51.35 | 8:01.66 |
| 12. | Christian STOKES | 15 Biggleswade | 9:16.27 | 614 | 1:03.74 | 2:12.16 | 3:21.91 | 4:32.64 | 5:43.88 | 6:55.44 | 8:07.38 |
| | Callum MCCOLGAN | 15 Lstoft & OB | DNF | | | | | | | | |

WOMENS

| Place | Name | AaD Club | Time | GB Pts | 100 | 200 | 300 | 400 | 500 | 600 | 700 |
|-------|-----------------------|-----------------|---------|--------|---------|---------|---------|---------|---------|---------|---------|
| 1. | Harriet BRETTE | 16 Mid Beds | 9:08.21 | 786 | 1:04.29 | 2:12.92 | 3:21.47 | 4:29.99 | 5:38.62 | 6:48.10 | 7:58.39 |
| 2. | Anne BOCHMANN | 15 UEA Norwich | 9:20.60 | 742 | 1:06.58 | 2:16.07 | 3:26.41 | 4:37.71 | 5:48.23 | 6:59.51 | 8:10.97 |
| 3. | Flora HANSON | 14 Harpenden | 9:21.55 | 739 | 1:06.62 | 2:18.14 | 3:29.19 | 4:40.60 | 5:51.19 | 7:02.28 | 8:13.40 |
| 4. | Alexandra TAYLOR | 14 West Suffolk | 9:22.94 | 734 | 1:07.34 | 2:18.93 | 3:30.77 | 4:42.38 | 5:53.60 | 7:04.10 | 8:14.40 |
| 5. | Fenella FOSKETT | 16 Deben | 9:25.81 | 725 | 1:06.40 | 2:16.91 | 3:28.22 | 4:40.36 | 5:52.45 | 7:04.51 | 8:16.40 |
| 6. | Alice MARCHANT | 15 Mid Beds | 9:30.36 | 709 | 1:07.48 | 2:19.71 | 3:32.03 | 4:44.35 | 5:56.63 | 7:08.90 | 8:20.44 |
| 7. | Eleanor MASON | 15 Mid Beds | 9:35.57 | 692 | 1:07.95 | 2:20.38 | 3:33.50 | 4:46.55 | 5:58.59 | 7:11.90 | 8:24.77 |
| 8. | Poppy INGLESON | 13 UEA Norwich | 9:35.92 | 691 | 1:07.01 | 2:18.85 | 3:31.75 | 4:44.66 | 5:57.85 | 7:11.04 | 8:24.20 |
| 9. | Nina WISEMAN | 15 Bishop Stort | 9:37.63 | 686 | 1:06.15 | 2:18.35 | 3:31.69 | 4:44.93 | 5:58.38 | 7:11.91 | 8:25.19 |
| 10. | Jennifer TITTERINGTON | 15 West Suffolk | 9:43.01 | 669 | 1:06.67 | 2:19.24 | 3:32.79 | 4:46.34 | 6:00.30 | 7:14.64 | 8:29.55 |
| 11. | Isabel FAULKNER | 13 UEA Norwich | 9:47.26 | 656 | 1:09.11 | 2:22.66 | 3:36.16 | 4:50.84 | 6:05.21 | 7:19.77 | 8:34.23 |
| | Laura ADAMS | 15 UEA Norwich | DNC | | | | | | | | |

EVENT 408 FINAL OF EVENT 401 Womens 200m IM

| Place | Name | AaD Club | Time | GB Pts | 50 | 100 | 150 |
|-------|-----------------|-----------------|---------|--------|-------|---------|---------|
| 1. | Anne BOCHMANN | 15 UEA Norwich | 2:17.87 | 850 | 31.63 | 1:06.95 | 1:47.15 |
| 2. | Ellis JACKSON | 14 St Felix Sch | 2:19.13 | 831 | 31.46 | 1:06.85 | 1:47.22 |
| 3. | Alice TENNANT | 15 Deben | 2:22.13 | 787 | 31.31 | 1:07.98 | 1:49.21 |
| 4. | Alex HARRISON | 14 St Felix Sch | 2:24.25 | 758 | 32.69 | 1:09.62 | 1:50.96 |
| 5. | Flora HANSON | 14 Harpenden | 2:29.60 | 689 | 33.25 | 1:09.38 | 1:56.07 |
| 6. | Bryony CAMPBELL | 15 St Felix Sch | 2:29.70 | 688 | 31.58 | 1:10.67 | 1:55.91 |
| 7. | Yasmin BITHREY | 14 Mid Beds | 2:30.81 | 674 | 33.63 | 1:12.34 | 1:56.59 |
| | Rachel ANDVIG | 15 teamipswich | DNC | | | | |

EVENT 409 FINAL OF EVENT 402 Mens 200m IM

| Place | Name | AaD Club | Time | GB Pts | 50 | 100 | 150 |
|-------|----------------|-----------------|---------|--------|-------|---------|---------|
| 1. | Jonathan QUINN | 18 Hatfield | 2:06.62 | 796 | 28.00 | 1:01.40 | 1:36.84 |
| 2. | Lewis COLEMAN | 16 teamipswich | 2:07.45 | 782 | 27.91 | 1:00.29 | 1:37.71 |
| 3. | Sean LEAHY | 18 Hatfield | 2:11.16 | 727 | 28.78 | 1:03.04 | 1:40.97 |
| 4. | David GODRIDGE | 15 Watford | 2:11.88 | 716 | 29.18 | 1:03.36 | 1:41.53 |
| 5. | Tomas CERNY | 17 Co Cambridge | 2:14.68 | 677 | 27.77 | 1:02.03 | 1:43.76 |
| 6. | Tom FREEMAN | 16 Co Peterboro | 2:16.91 | 648 | 29.87 | 1:03.87 | 1:44.58 |
| 7. | Liam KNIGHT | 14 Co Peterboro | 2:19.16 | 619 | 29.42 | 1:04.62 | 1:46.72 |

EVENT 410 B FINAL OF EVENT 403 Womens 50m Backstroke

| Place | Name | AaD Club | Time | GB Pts |
|-------|----------------|-----------------|-------|--------|
| 1. | Robyn BALL | 16 St Felix Sch | 31.90 | 674 |
| 2. | Sophie GEORGE | 19 Sudbury | 32.27 | 653 |
| 3. | Gemma BARTLE | 12 teamipswich | 32.51 | 640 |
| 4. | Jenny THOMPSON | 14 UEA Norwich | 32.61 | 635 |
| 5. | Katy HANSON | 16 Bishop Stort | 32.66 | 632 |
| 6. | Emily COOK | 14 Co Peterboro | 32.73 | 628 |
| 7. | Anne BOCHMANN | 15 UEA Norwich | 32.77 | 626 |
| 8. | Gemma SARGENT | 15 St Ives | 32.80 | 625 |

EVENT 411 FINAL OF EVENT 403 Womens 50m Backstroke

| Place | Name | AaD Club | Time | GB Pts |
|-------|------------------|-----------------|-------|--------|
| 1. | Zoe CRAY | 34 teamipswich | 29.47 | 828 |
| 2. | Rebecca READER | 16 teamipswich | 30.96 | 730 |
| 3. | Sophie SWEET | 15 Co Peterboro | 30.97 | 729 |
| 4. | Charlotte TAYLOR | 15 teamipswich | 31.17 | 717 |
| 5. | Natasha BROWN | 18 Hatfield | 31.23 | 713 |
| 6. | Rose CROSS | 13 teamipswich | 31.30 | 709 |
| 7. | Laura INGLESON | 17 UEA Norwich | 31.55 | 694 |
| 7. | Hazel PICKFORD | 15 Hatfield | 31.55 | 694 |



ASA East Region 2008 Winter Short Course Championships

(Under ASA Laws, ASA Technical Rules)
A Level One Licensed Meet - N^o. ERX829



EVENT 412 B FINAL OF EVENT 404 Mens 50m Backstroke

| Place | Name | AaD Club | Time | GB Pts |
|-------|------------------|-----------------|-------|--------|
| 1. | Nathan HENDERSON | 16 Lstof & OB | 29.34 | 580 |
| 2. | Adam INGLEDEW | 15 Mid Beds | 29.39 | 577 |
| 3. | Samuel MUNRO | 15 St Felix Sch | 29.47 | 572 |
| 4. | Ryan SEARLES | 15 Hatfield | 29.59 | 566 |
| 5. | Stephen FISHER | 17 UEA Norwich | 29.71 | 559 |
| 6. | Daniel SMITH | 15 Lstof & OB | 30.03 | 542 |
| 7. | Chris BRADBURY | 16 Mid Beds | 30.10 | 538 |
| 8. | Brandon SEARLE | 15 Mildenhall | 30.22 | 532 |

EVENT 413 FINAL OF EVENT 404 Mens 50m Backstroke

| Place | Name | AaD Club | Time | GB Pts |
|-------|------------------|-----------------|-------|--------|
| 1. | John SARGENT | 22 Hatfield | 26.18 | 788 |
| 2. | James SUTHERLAND | 16 Hatfield | 26.45 | 768 |
| 3. | Charles WALKER | 18 Co Peterboro | 26.76 | 745 |
| 4. | Alex RUST | 18 Hatfield | 26.77 | 744 |
| 5. | Mark LEAMON | 21 UEA Norwich | 28.37 | 637 |
| 6. | Alexander BAKER | 15 Hatfield | 28.57 | 625 |
| 7. | Elliot COOK | 14 teamipswich | 29.28 | 583 |
| 8. | Tim RIVIERE | 15 Co Cambridge | 29.59 | 566 |

EVENT 414 B FINAL OF EVENT 405 Womens 100m Butterfly

| Place | Name | AaD Club | Time | GB Pts | 50 |
|-------|------------------|-----------------|---------|--------|-------|
| 1. | Holly BATEMAN | 13 UEA Norwich | 1:09.33 | 612 | 32.84 |
| 2. | Sophie THRUSSELL | 15 Mid Beds | 1:10.30 | 588 | 33.29 |
| 3. | Carolyn ASTBURY | 16 Watford | 1:10.38 | 586 | 33.16 |
| 4. | Yasmin BITHREY | 14 Mid Beds | 1:10.60 | 581 | 33.27 |
| 5. | Isabella THOMSON | 16 Co Cambridge | 1:10.99 | 572 | 32.70 |
| 6. | Emily BONE | 22 UEA Norwich | 1:12.04 | 548 | 32.82 |
| 7. | Jasmine CROSS | 14 teamipswich | 1:13.07 | 526 | 33.41 |
| 8. | Lydia SMITH | 14 Hatfield | 1:14.69 | 493 | 32.76 |

EVENT 415 FINAL OF EVENT 405 Womens 100m Butterfly

| Place | Name | AaD Club | Time | GB Pts | 50 |
|-------|--------------------|-----------------|---------|--------|-------|
| 1. | Bryony CAMPBELL | 15 St Felix Sch | 1:04.32 | 749 | 30.67 |
| 2. | Bethany COGGINS | 14 UEA Norwich | 1:05.37 | 718 | 31.49 |
| 3. | Alice TENNANT | 15 Deben | 1:06.00 | 700 | 30.84 |
| 4. | Alex HARRISON | 14 St Felix Sch | 1:06.15 | 695 | 31.28 |
| 5. | Pascale REEVES | 13 St Felix Sch | 1:07.44 | 660 | 31.37 |
| 6. | Anne BOCHMANN | 15 UEA Norwich | 1:07.73 | 652 | 31.82 |
| 7. | Sophie CHAMBERLAIN | 16 St Felix Sch | 1:07.80 | 651 | 31.66 |
| 8. | Charlotte HICKS | 12 St Felix Sch | 1:09.14 | 616 | 32.78 |

EVENT 416 B FINAL OF EVENT 406 Mens 100m Butterfly

| Place | Name | AaD Club | Time | GB Pts | 50 |
|-------|------------------|-----------------|---------|--------|-------|
| 1. | Jack HOLLIS | 14 teamipswich | 1:01.76 | 599 | 28.83 |
| 2. | Dale HART | 17 Kings Lynn | 1:01.93 | 595 | 28.74 |
| 3. | Jordan BATE | 16 UEA Norwich | 1:02.24 | 586 | 29.26 |
| 4. | Ian DAVIES | 28 Flitwick | 1:02.40 | 582 | 29.22 |
| 5. | Liam KNIGHT | 14 Co Peterboro | 1:02.46 | 580 | 28.92 |
| 6. | Mark LEAMON | 21 UEA Norwich | 1:02.81 | 571 | 29.32 |
| 7. | Edward ALLCHORNE | 14 Hatfield | 1:03.74 | 548 | 29.62 |
| 8. | Miles GARNER | 14 UEA Norwich | 1:04.24 | 535 | 29.90 |

EVENT 417 FINAL OF EVENT 406 Mens 100m Butterfly

| Place | Name | AaD Club | Time | GB Pts | 50 |
|-------|---------------|-----------------|---------|--------|-------|
| 1. | John SARGENT | 22 Hatfield | 55.15 | 810 | 25.63 |
| 2. | Alex RUST | 18 Hatfield | 57.41 | 731 | 26.44 |
| 3. | Lewis COLEMAN | 16 teamipswich | 58.56 | 693 | 27.53 |
| 4. | Kouji URATA | 18 Hatfield | 59.75 | 657 | 27.94 |
| 5. | Andrew BIGLEY | 17 teamipswich | 1:00.36 | 639 | 28.00 |
| 5. | Tomas CERNY | 17 Co Cambridge | 1:00.36 | 639 | 28.20 |
| 7. | Sam MUNKLEY | 17 Hatfield | 1:00.37 | 638 | 27.60 |
| 8. | Lewis MATTIN | 18 UEA Norwich | 1:00.51 | 634 | 28.36 |



ASA East Region 2008 Winter Short Course Championships

(Under ASA Laws, ASA Technical Rules)
A Level One Licensed Meet - N^o. ERX829



EVENT 418 Mens 800m Freestyle Team

| Place | Name | A.G Club | Time | GB Pts | 100 | 200 | 300 | 400 | 500 | 600 | 700 |
|-------|------------------------|--------------|---------|-----------|---------|---------|---------|---------|---------|---------|---------|
| 1. | Hatfield A | Hatfield | 7:30.79 | 861 | 54.95 | 1:52.69 | 2:46.69 | 3:48.29 | 4:41.10 | 5:38.68 | 6:32.31 |
| | Richard CHARLESWORTH | 54.95 | 57.74 | (1.52.69) | | | | | | | |
| | Mark SAINT-CLARE | 54.00 | 1.01.60 | (1.55.60) | | | | | | | |
| | John SARGENT | 52.81 | 57.58 | (1.50.39) | | | | | | | |
| | Jonathan QUINN | 53.63 | 58.48 | (1.52.11) | | | | | | | |
| 2. | Hatfield B | Hatfield | 7:45.80 | 793 | 56.09 | 1:55.45 | 2:50.60 | 3:49.95 | 4:44.99 | 5:48.43 | 6:43.44 |
| | Bobby CAVE | 56.09 | 59.36 | (1.55.45) | | | | | | | |
| | Sean LEAHY | 55.15 | 59.35 | (1.54.50) | | | | | | | |
| | James SUTHERLAND | 55.04 | 1.03.44 | (1.58.48) | | | | | | | |
| | James ALLCHORNE | 55.01 | 1.02.36 | (1.57.37) | | | | | | | |
| 3. | Hatfield C | Hatfield | 7:56.57 | 748 | 56.41 | 1:58.76 | 2:56.17 | 3:58.11 | 4:56.33 | 5:59.07 | 6:55.45 |
| | Jonathan POOK | 56.41 | 1.02.35 | (1.58.76) | | | | | | | |
| | Laurence LOWMAN | 57.41 | 1.01.94 | (1.59.35) | | | | | | | |
| | Lewis KING | 58.22 | 1.02.74 | (2.00.96) | | | | | | | |
| | Alex RUST | 56.38 | 1.01.12 | (1.57.50) | | | | | | | |
| 4. | UEA Co Norwich A | UEA Norwich | 7:58.35 | 741 | 59.34 | 2:01.81 | 2:59.18 | 4:01.14 | 4:58.49 | 6:01.41 | 6:58.18 |
| | Jordan BATE | 59.34 | 1.02.47 | (2.01.81) | | | | | | | |
| | Nicholas THOMPSON | 57.37 | 1.01.96 | (1.59.33) | | | | | | | |
| | Luke LARGE | 57.35 | 1.02.92 | (2.00.27) | | | | | | | |
| | Samuel HEARD | 56.77 | 1.00.17 | (1.56.94) | | | | | | | |
| 5. | City of Peterborough A | Co Peterboro | 8:15.83 | 674 | 1:01.97 | 2:10.39 | 3:10.64 | 4:16.37 | 5:15.80 | 6:21.15 | 7:15.13 |
| | Luke DeMOYA | 1.01.97 | 1.08.42 | (2.10.39) | | | | | | | |
| | Tom FREEMAN | 1.00.25 | 1.05.73 | (2.05.98) | | | | | | | |
| | Liam KNIGHT | 59.43 | 1.05.35 | (2.04.78) | | | | | | | |
| | Charles WALKER | 53.98 | 1.00.70 | (1.54.68) | | | | | | | |