



ASA East Region
2008 Youth Championships
 (Under ASA Laws, ASA Technical Rules & IPC Swimming Rules)
 A Level One Licensed Meet - N^o. ERX810



EVENT 101 Mens Open 100m Backstroke

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50
1.	Sam BRADLEY	14 Mid Beds	7	1:28.79	608	43.34
2.	Ryan CROUCH	14 teamipswich	10	1:15.97	532	36.48
3.	James HOLLIS	13 Epping For't	10	1:19.40	466	37.68
4.	Jack COPPING	15 Colchester P	10	1:20.57	446	39.45

16 Yrs/Under Age Group

Place	Name	AaD Club	Time	50
1.	Lewis COLEMAN	16 teamipswich	1:01.59	30.24
2.	Adam INGLEDEW	15 Mid Beds	1:03.73	31.01
3.	Dale HART	16 Kings Lynn	1:04.49	31.37
4.	James SUTHERLAND	16 Hatfield	1:04.69	30.18
5.	Nicholas THOMPSON	16 UEA Norwich	1:05.55	32.00
6.	Sean TOMLIN	16 Bo Southend	1:05.77	32.11
7.	Thomas SUTTON	15 St Felix Sch	1:05.85	32.45
8.	Craig ROSS	16 Bishop Stort	1:06.05	31.65
9.	Brendon MARSH	15 teamipswich	1:06.11	31.83
10.	Tim RIVIERE	15 Co Cambridge	1:07.82	32.03
11.	William BLACKABY	15 Stowmarket	1:07.89	33.23
12.	Jason DANIELS	15 Thurrock	1:08.25	32.78
13.	Brandon SEARLE	15 Mildenhall	1:08.40	33.72
14.	Matthew AUSTIN	16 Co Peterboro	1:09.48	32.46
15.	Morgan PUGH	15 Harpenden	1:09.94	33.33
16.	David CARLINE	15 Modernians	1:10.62	33.59
17.	Ryan CROUCH	14 teamipswich	1:15.97	36.48
18.	James HOLLIS	13 Epping For't	1:19.40	37.68
19.	Jack COPPING	15 Colchester P	1:20.57	39.45
20.	Sam BRADLEY	14 Mid Beds	1:28.79	43.34

17 Yrs/Over Age Group

Place	Name	AaD Club	Time	50
1.	Charles WALKER	18 Co Peterboro	1:01.08	29.69
2.	Jonathan QUINN	17 Hatfield	1:01.44	30.21
3.	John SARGENT	22 Hatfield	1:01.54	29.49
4.	Thomas HOLLINGSWORTH	20 UEA Norwich	1:02.07	30.08
5.	Richard HARRIS	18 St Felix Sch	1:02.24	30.29
6.	Richard MOLLOY	18 Bishop Stort	1:02.82	30.77
7.	Thomas ROOTSEY	18 Colchester	1:03.55	30.38
8.	Luke LARGE	18 UEA Norwich	1:03.92	30.83
9.	Paul TITLEY	19 Mid Beds	1:04.15	30.58
10.	James CARLINE	18 Modernians	1:04.41	30.71
11.	Tom GILBERT	17 Chelmsford	1:05.28	31.61
12.	Andrew WHEELER	22 Modernians	1:09.73	33.30

EVENT 102 Womens Open 100m Backstroke

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50
1.	Emma HOLLIS	16 Epping For't	8	1:34.39	577	44.80
2.	Claire WARNE	15 Flitwick	6	1:49.07	522	53.92
3.	Jodie FLEMING	14 Colchester P	6	1:52.78	472	52.49
4.	Emily HARRIS	10 Lstoft & OB	9	1:50.75	248	54.70

15 Yrs/Under Age Group

Place	Name	AaD Club	Time	50
1.	Sophie SWEET	15 Co Peterboro	1:07.31	32.31
2.	Anne BOCHMANN	14 UEA Norwich	1:07.52	33.14
3.	Alex HUSTON	15 St Felix Sch	1:09.07	33.85
4.	Charlotte TAYLOR	14 teamipswich	1:09.48	33.49
5.	Rachel HOLLINGTON	14 Mid Beds	1:09.57	34.05
6.	Hazel PICKFORD	15 Hatfield	1:09.80	33.43
7.	Robyn BALL	15 St Felix Sch	1:09.83	34.22
8.	Alice TENNANT	15 Deben	1:09.84	34.02
9.	Lucy CHARLES	14 Hoddesdon	1:10.38	34.15
10.	Charlotte BLACKSLEY	14 Mid Beds	1:10.49	34.44
11.	Carly OGOGO	15 Lstoft & OB	1:10.91	34.57
12.	Coral YOUNG	14 teamipswich	1:11.37	35.11
13.	Charlotte HENSON	14 Co St Albans	1:11.53	35.01
14.	Alex HARRISON	14 St Felix Sch	1:11.63	34.35
15.	Danielle SAYER	14 Thurrock	1:11.68	35.44
16.	Carolyn ASTBURY	15 Watford	1:11.92	35.10
17.	Philippa HARDY	14 Hatfield	1:12.84	35.39
18.	Danielle LEE	15 Mid Beds	1:13.09	34.51
19.	Megan LANGRIDGE	15 Thurrock	1:13.20	36.11
20.	Amy MURFITT	14 Basildon	1:13.23	35.47
21.	Rachel ANDVIG	15 teamipswich	1:13.49	35.42
22.	Rebecca WHITE	14 St Felix Sch	1:13.56	35.97
23.	Victoria SPARROW	14 West Suffolk	1:13.83	36.02
24.	Whitney BUCKLER	15 UEA Norwich	1:14.06	35.38
25.	Eleanor BEDWELL	14 Epping For't	1:14.37	36.27
26.	Rachael FRANKLIN	15 Brentwood	1:14.42	36.16
27.	Georgina ROUGHSEGE	15 Co Cambridge	1:14.49	36.28



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28.	Georgina FREEMAN	14	Co Peterboro	1:14.91	36.49
29.	Georgette SMITH	14	Harpenden	1:14.92	36.43
30.	Mattaya NABARRO	14	Mid Beds	1:15.38	36.43
31.	Laura ADAMS	14	UEA Norwich	1:15.42	36.45
32.	Paige DORE-BOIZE	15	Watford	1:15.56	36.69
33.	Harriet PITT	15	Chelmsford	1:15.87	37.27
34.	Abigail SAYER	14	Thurrock	1:16.04	36.75
35.	Chloe DAVIS	14	Runnymede	1:16.26	36.53
36.	Claire WARNE	15	Flitwick	1:49.07	53.92
37.	Emily HARRIS	10	Lstof & OB	1:50.75	54.70
38.	Jodie FLEMING	14	Colchester P	1:52.78	52.49

16 Yrs/Over Age Group

Place	Name	AaD Club	Time	50
1.	Rebecca READER	16 teamipswich	1:07.34	32.99
2.	Natasha BROWN	17 Hatfield	1:07.60	32.46
3.	Harriet BRETTLE	16 Mid Beds	1:07.90	32.76
4.	Laura INGLESON	17 UEA Norwich	1:08.55	33.00
5.	Christine TOOKE	18 Co Peterboro	1:10.49	34.01
6.	Verity GOODEY	16 Southend	1:10.97	34.44
7.	Sophie GEORGE	19 Sudbury	1:11.88	34.60
8.	Charlotte DELICATA	16 Thurrock	1:11.91	35.74
9.	Emily HAWES	17 Lstof & OB	1:12.23	35.14
10.	Natalie WARD	18 Runnymede	1:12.52	34.80
11.	Jane BRUMBY	17 Rochford	1:14.33	36.06
12.	Chloe PELLICAN	16 UEA Norwich	1:14.63	36.50
13.	Emma HOLLIS	16 Epping For't	1:34.39	44.80

EVENT 103 Mens Open 50m Freestyle

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints
1.	Ryan CROUCH	14 teamipswich	10	29.68	553
2.	Sam BRADLEY	14 Mid Beds	7	36.24	488
3.	James HOLLIS	13 Epping For't	10	31.54	461
4.	Jack COPPING	15 Colchester P	10	33.52	384

16 Yrs/Under Age Group

Place	Name	AaD Club	Time
1.	David GODRIDGE	15 Watford	25.36
2.	Adam INGLEDEW	15 Mid Beds	25.74
3.	Craig ROSS	16 Bishop Stort	25.95
4.	Chris BRADBURY	15 Mid Beds	25.96
5.	Dale HART	16 Kings Lynn	25.97
6.	Luke DeMOYA	16 Co Peterboro	26.05
7.	Troy LYNCH	16 teamipswich	26.09
8.	Adam MAXWELL	16 Hatfield	26.22
9.	James SUTHERLAND	16 Hatfield	26.24
10.	Andrew WEATHERITT	16 St Ives	26.38
11.	Levi LUCAS	15 Hatfield	26.48
12.	Matthew ATKINS	16 Lstof & OB	26.62
12.	Tom OLIVE	15 Hadleigh	26.62
14.	Thomas SUTTON	15 St Felix Sch	26.67
14.	David CARLINE	15 Modernians	26.67
16.	Ashley BYGRAVES	16 St Neot Swan	26.69
17.	Alex FRANCEY	16 Harlow Pen	26.75
18.	Matthew HENSON	16 Co St Albans	26.80
19.	Mark COLLINS	15 Kings Lynn	26.92
20.	George MORRIS	16 Bo Southend	26.97
21.	William BLACKABY	15 Stowmarket	27.10
22.	Timothy EVANS	15 Southend	27.14
22.	Matthew NAUNTON	16 Deben	27.14
24.	Michael WHITE	16 St Felix Sch	27.15
25.	Tim RIVIERE	15 Co Cambridge	27.16
25.	Paul MACKIE	15 Hemel Hemp	27.16
27.	Dean WOODCOCK	16 Chelmsford	27.25
28.	William MEADOWS	16 Deben	27.26
29.	Sean TOMLIN	16 Bo Southend	27.27
30.	Andrew WILKINSON	15 Co Cambridge	27.29
30.	Alex DEAL	15 Sudbury	27.29
32.	Morgan PUGH	15 Harpenden	27.35
33.	Max WHITE	16 Newmarket	27.36
34.	Brandon SEARLE	15 Mildenhall	27.46
35.	Joe GERAERTS	16 Dunstable	27.47
36.	Liam OSBORNE	15 Diss Otters	27.50
37.	Aydin BERKI	15 Mid Beds	27.52
37.	William NICHOLLS	15 St Neot Swan	27.52
39.	Oliver CREASEY	16 Hitchin	27.54
40.	Simon WEIGHHELL	15 Flitwick	27.59
41.	Jason RODD	15 teamipswich	27.61
42.	Joseph MOYES	16 Co Cambridge	27.66
43.	Christian STOKES	15 Mid Beds	27.70
44.	Henry WOOD	16 Phoenix Bas	27.74
44.	Andrew EGAN	15 Hatfield	27.74
46.	Philip SMITH	16 Dunstable	27.76
47.	Matthew AUSTIN	16 Co Peterboro	27.78
48.	Nicholas BATSON	15 UEA Norwich	27.90
48.	Joseph MACKAY	16 Colchester	27.90
50.	Oliver JOHN	15 Kings Lynn	27.92



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50.	Daniel CLUCAS	15	Thetford	27.92
52.	Billy O'NEILL	16	Watford	27.94
53.	Sebastian WATERS	16	UEA Norwich	27.97
53.	Nathaniel PEIRSON	16	UEA Norwich	27.97
55.	Matthew SAUNDERS	16	Southend	28.08
56.	L CHAMBERLAIN-CLARK	16	Flitwick	28.10
57.	Craig JOHNSTON	16	Canvey Isl	28.11
58.	Andrew COATES	16	Co Peterboro	28.12
59.	Callum McCOLGAN	15	Lstof & OB	28.18
60.	Chris DAVEY	15	Mid Beds	28.22
60.	Richard TABERNER	16	Modernians	28.22
62.	Sam TAYLOR	16	St Ives	28.24
63.	Robert BALDRANCE	16	Mid Beds	28.33
64.	Sam G MOLYNEUX	16	Mildenhall	28.36
65.	Liam P JAMIESON	15	Mildenhall	28.40
66.	Brendon MARSH	15	teamipswich	28.45
67.	Oliver COOPER	15	Lstof & OB	28.47
68.	Allan TAYLOR	16	West Suffolk	28.51
69.	Ashley BINNS	15	Co Peterboro	28.77
70.	Ryan CROUCH	14	teamipswich	29.68
71.	James HOLLIS	13	Epping For't	31.54
72.	Jack COPPING	15	Colchester P	33.52
73.	Sam BRADLEY	14	Mid Beds	36.24
	Adam SCOTT	16	Co Cambridge	DNC

17 Yrs/Over Age Group

Place	Name	AaD	Club	Time	
1.	James LAWTON	21	UEA Norwich	23.81	
2.	Charles WALKER	18	Co Peterboro	24.70	
3.	Matthew KING	17	Hatfield	25.17	
4.	Stuart KIRK	20	Modernians	25.19	
5.	Jonathan POOK	19	Hatfield	25.32	
6.	Shaun HARRISON	28	Stowmarket	25.51	
7.	Richard FREEDMAN	22	UEA Norwich	25.55	
8.	Bret FERGUSON	21	Hatfield	25.62	25.04 Swim Off
8.	Martyn BERMINGHAM	19	Hatfield	25.62	25.17 Swim Off
10.	Alexander BARKER	18	Kings Lynn	25.68	
11.	Geoffrey SHORT	21	Bishop Stort	25.83	
12.	Luke LARGE	18	UEA Norwich	25.89	
13.	Bobby CAVE	17	Hatfield	25.91	
14.	Douglas GORDON	18	Co Cambridge	25.99	
15.	Richard HARRIS	18	St Felix Sch	26.19	
16.	Jonathan SAYER	18	Bo Southend	26.22	
17.	Benjamin PRESTON	20	Rochford	26.31	
18.	Matthew RIDOUT	21	Dunstable	26.44	
18.	Stuart CLARKE	23	Bishop Stort	26.44	
20.	James CARLINE	18	Modernians	26.51	
21.	Adam M JAMIESON	17	Mildenhall	26.52	
21.	Christopher TAYLOR	18	teamipswich	26.52	
23.	Sargon YOUSSEFI	17	Colchester	26.60	
24.	Edmund CROSTHWAITE	18	Stowmarket	26.61	
25.	Myles GIBSON	17	Mid Beds	26.76	
26.	Samual HEARD	19	UEA Norwich	26.84	
27.	Ryan CURRELL	19	Dunstable	26.91	
28.	Matthew JONES	19	Mildenhall	26.93	
29.	John McKENZIE	18	UEA Norwich	27.05	
30.	Thomas ROOTSEY	18	Colchester	27.10	
31.	Luke WESTWOOD	17	Co Cambridge	27.11	
31.	Craig BULL	19	Hatfield	27.11	
33.	Tom GILBERT	17	Chelmsford	27.20	
34.	Lewis KING	17	Hatfield	27.23	
35.	Daniel FLATT	18	Co Peterboro	27.25	
36.	Adam SPEAR	17	Clacton On S	27.30	
37.	Oliver BUMSTEAD	24	Stowmarket	27.31	
38.	Andrew WHEELER	22	Modernians	27.35	
39.	Thomas HARRISON	26	Stowmarket	27.38	
40.	Alex PICKETT	18	Sudbury	27.40	
41.	James KING	17	Stowmarket	27.46	
42.	Oliver CROSBY	17	Colchester	27.53	
42.	Roger MALLET	19	Biggleswade	27.53	
44.	Lewis RAINBOW	17	Hitchin	27.61	
45.	James RUMBELOW	18	Co Cambridge	27.71	
46.	Vincent POTTIER	29	Co Cambridge	27.72	



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EVENT 104 Womens Open 50m Freestyle

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints
1.	Sarah BOWLING	18 Kings Lynn	9	34.51	596
2.	Emma HOLLIS	16 Epping For't	8	37.80	579
3.	Claire WARNE	15 Flitwick	6	48.58	408
4.	Emily HARRIS	10 Lstof & OB	9	45.29	264

15 Yrs/Under Age Group

Place	Name	AaD Club	Time
1.	Sophie CHAMBERLAIN	15 St Felix Sch	28.12
2.	Anne BOCHMANN	14 UEA Norwich	28.13
3.	Rachel ANDVIG	15 teamipswich	28.49
4.	Isabella THOMSON	15 Co Cambridge	28.57
4.	Alice TENNANT	15 Deben	28.57
6.	Zoe SMITH	14 Lstof & OB	28.60
7.	Yasmin BITHREY	14 Mid Beds	28.69
8.	Robyn BALL	15 St Felix Sch	28.84
9.	Lucy CHARLES	14 Hoddesdon	28.87
10.	Emily RIDOUT	14 Dunstable	28.94
11.	Sophie SWEET	15 Co Peterboro	29.12
12.	April HYAM	15 teamipswich	29.14
13.	Alex HUSTON	15 St Felix Sch	29.16
14.	Hazel PICKFORD	15 Hatfield	29.27
15.	Georgina ROUGHSEGE	15 Co Cambridge	29.43
16.	Philippa HARDY	14 Hatfield	29.45
17.	Jasmine CROSS	14 teamipswich	29.54
18.	Georgina FREEMAN	14 Co Peterboro	29.55
19.	Laura CONDON	14 Dunstable	29.66
20.	Becky WILLINSON	15 UEA Norwich	29.77
20.	Amy BYFORD	14 Chelmsford	29.77
22.	Zoe OTHIENO	14 Co Cambridge	29.79
23.	Charlotte BLACKSLEY	14 Mid Beds	29.89
24.	Tamara RICHARDS	15 Mid Beds	29.99
25.	Jennifer REDMOND	14 teamipswich	30.02
26.	Karla TURNER	15 Ffolitts	30.06
26.	Whitney BUCKLER	15 UEA Norwich	30.06
28.	Helen STRUTHERS	15 Co Cambridge	30.09
29.	Kerriann CHIPPERFIELD	14 Thurrock	30.12
30.	Elizabeth BARRY	15 Watford	30.13
31.	Charley GALLAGHER	15 Southend	30.19
32.	Rachel HOLLINGTON	14 Mid Beds	30.20
33.	Eleanor MASON	14 Mid Beds	30.25
34.	Kelly JOHNSON	14 Modernians	30.29
35.	Lucy BREEDEN	14 Dunstable	30.32
36.	Leah FISHER	14 Newmarket	30.35
37.	Coral YOUNG	14 teamipswich	30.36
38.	Rachael FRANKLIN	15 Brentwood	30.37
39.	Chelsea PROUTEN	15 Mid Beds	30.39
39.	Jessica HILL	15 Co Ely	30.39
41.	Eleanor VEASY	14 St Felix Sch	30.40
42.	Charlotte OVENDEN	14 Modernians	30.41
42.	Danielle LEE	15 Mid Beds	30.41
44.	Carly OGOGO	15 Lstof & OB	30.44
45.	Charlotte BEGG	14 Co Cambridge	30.47
46.	Jessica PARK	14 Halstead	30.50
47.	Charlotte McCONNELL	14 Mid Beds	30.51
48.	Lucy MACKENZIE	14 Hadleigh	30.52
49.	Paige DORE-BOIZE	15 Watford	30.55
49.	Eleanor BEDWELL	14 Epping For't	30.55
51.	Amy MURFITT	14 Basildon	30.60
52.	Charlotte HENSON	14 Co St Albans	30.64
52.	Holly GANNON	14 Hoddesdon	30.64
54.	Abigail MALSTER	14 Hadleigh	30.72
55.	Ellen CRICK	15 Harpenden	30.75
56.	Holly REES	15 Co Cambridge	30.78
57.	Liberty TAYLOR	14 teamipswich	30.82
57.	Tamsin HILLS	14 Brentwood	30.82
59.	Iona RICHARDS	15 Stowmarket	30.84
60.	Amy ROOT	15 Halstead	30.97
61.	Nina WISEMAN	15 Bishop Stort	30.98
62.	Annabelle STANNARD	14 St Felix Sch	31.15
63.	Emma BOWERS	15 Kings Lynn	31.18
64.	Katie SYKES	15 Kings Lynn	31.19
65.	Charlotte MERRELL	14 Hitchin	31.23
66.	Megan K MORLEY	14 Mildenhall	31.27
67.	Sarah LARNER	14 Colchester	31.36
68.	Sarah BRENNAN	14 Co Cambridge	31.45
69.	Alexandra EAMES-BAYTON	14 Deben	31.60
70.	Mattaya NABARRO	14 Mid Beds	31.99
71.	Emily HARRIS	10 Lstof & OB	45.29
72.	Claire WARNE	15 Flitwick	48.58



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16 Yrs/Over Age Group

Place	Name	AaD Club	Time
1.	Zoe CRAY	34 teamipswich	27.50
2.	Verity GOODEY	16 Southend	28.22
3.	Rebecca WARNER	18 Modernians	28.65
4.	Rebecca READER	16 teamipswich	28.72
5.	Natasha BROWN	17 Hatfield	28.76
6.	Sophie GEORGE	19 Sudbury	28.88
7.	Stephanie CALVER	17 teamipswich	28.91
8.	Emily HAWES	17 Lstoft & OB	29.16
9.	Hannah MOUNSEY	17 Kings Lynn	29.17
10.	Laura INGLESON	17 UEA Norwich	29.26
11.	Hannah SARGENT	17 St Ives	29.36
12.	Harriet BRETTL	16 Mid Beds	29.51
13.	Sophie POOLE	17 teamipswich	29.52
14.	Georgia INGLESON	17 UEA Norwich	29.57
15.	Riasa DOUGLAS-COLLOW	16 Lstoft & OB	29.65
16.	Catherine MARKWELL	26 UEA Norwich	29.68
17.	Sara GREENWOOD	21 Norwich Swan	29.85
18.	Fenella FOSKETT	16 Deben	29.94
19.	Megan SAGGERS	16 West Suffolk	29.96
20.	Mairi WALKER	18 Lstoft & OB	29.99
21.	Emily PITTS	16 West Suffolk	30.03
22.	Jessica HUGGETT	16 Bishop Stort	30.05
23.	Petra CHOMICZ	17 Kings Lynn	30.12
24.	Bronwyn CARTER	16 Colchester	30.15
25.	Jessica TAYLOR	19 UEA Norwich	30.17
26.	Louise KING	17 Mid Beds	30.24
26.	Jennifer CARTER	17 Colchester	30.24
28.	Sarah HARDIMENT	19 Co Ely	30.31
28.	Emily PRIOR	16 Deben	30.31
30.	Gemma SIMPSON	16 Co Peterboro	30.42
31.	Charlotte DAVIS	16 Runnymede	30.44
32.	Bernice EDGEWORTH	16 Bishop Stort	31.02
33.	Sarah BOWLING	18 Kings Lynn	34.51
34.	Emma HOLLIS	16 Epping Fort	37.80
	Emma LANDER	16 Hitchin	DQ

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EVENT 105 Mens Open 200m Breaststroke

16 Yrs/Under Age Group

Place	Name	AaD Club	Time	50	100	150
1.	Nicholas THOMPSON	16 UEA Norwich	2:34.24	33.97	1:12.72	1:52.98
2.	Lewis COLEMAN	16 teamipswich	2:37.51	35.96	1:16.83	1:57.18
3.	Lawrence PALMER	15 Luton	2:37.73	35.14	1:15.10	1:57.10
4.	Andrew EGAN	15 Hatfield	2:40.24	36.41	1:17.41	1:58.49
5.	Nathan HENDERSON	15 Lstoft & OB	2:40.98	36.21	1:18.13	1:59.95
6.	David GODRIDGE	15 Watford	2:41.03	34.57	1:16.38	1:59.60
7.	Dean WOODCOCK	16 Chelmsford	2:41.31	35.91	1:16.64	1:58.57
8.	Thomas FREEMAN	16 Co Peterboro	2:42.51	35.95	1:17.19	1:59.88
9.	Aydin BERKI	15 Mid Beds	2:43.68	36.95	1:18.16	2:00.94
10.	Robert BALDRANCE	16 Mid Beds	2:44.40		1:19.28	
11.	Andrew COATES	16 Co Peterboro	2:46.75	37.09	1:19.31	2:04.25
12.	Simon WEIGHELL	15 Flitwick	2:48.73	38.50	1:20.90	2:05.34
13.	George MORRIS	16 Bo Southend	2:50.06	35.85	1:19.17	2:04.65
14.	Nathan GARRITY	16 Hadleigh	2:50.27	37.83	1:22.10	2:08.44
15.	Ashley BINNS	15 Co Peterboro	2:54.08	37.40	1:22.04	2:08.10
16.	Stephen FISHER	16 UEA Norwich	2:54.75	37.67	1:19.78	2:06.52

17 Yrs/Over Age Group

Place	Name	AaD Club	Time	50	100	150
1.	Bobby CAVE	17 Hatfield	2:31.23	34.61	1:13.93	1:53.44
2.	James ALLCHORNE	19 Hatfield	2:32.40	33.28	1:11.75	1:51.77
3.	Jonathan QUINN	17 Hatfield	2:32.77	33.26	1:11.50	1:51.41
4.	Luke WESTWOOD	17 Co Cambridge	2:43.27	36.15	1:18.01	2:00.89
5.	Christopher HOWE	17 Leighton Buz	2:44.38	35.98	1:17.32	2:00.34
6.	Paul TITLEY	19 Mid Beds	2:51.51	37.62	1:21.01	2:06.08

EVENT 106 Womens Open 200m Breaststroke

15 Yrs/Under Age Group

Place	Name	AaD Club	Time	50	100	150
1.	Alex HARRISON	14 St Felix Sch	2:42.80	36.85	1:17.92	2:00.25
2.	Anne BOCHMANN	14 UEA Norwich	2:43.69	38.21	1:21.18	2:02.49
3.	Sophie CHAMBERLAIN	15 St Felix Sch	2:48.05	39.01	1:21.99	2:04.79
4.	Bethany COGGINS	14 UEA Norwich	2:51.35	39.76	1:23.55	2:07.60
5.	Georgina HUNT	15 Thurrock	2:55.10	40.46	1:25.15	2:10.39
6.	Charlotte McCONNELL	14 Mid Beds	2:55.50	39.91	1:25.01	2:10.77
7.	Hannah PARR	14 Luton	2:56.94	41.43	1:26.53	2:12.74
8.	Becky WILLINSON	15 UEA Norwich	2:57.72	39.26	1:24.44	2:11.71
9.	Katie TAVENER	14 Mid Beds	2:58.63	40.95	1:26.43	2:13.19
10.	Emma WARRINGTON	15 Hoddesdon	2:58.82	40.08	1:25.17	2:12.08
11.	Katie SYKES	15 Kings Lynn	2:58.89	41.27	1:26.88	2:12.92
12.	Charlotte OVENDEN	14 Modernians	3:01.81	41.10	1:26.29	2:14.22



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16 Yrs/Over Age Group

Place	Name	AaD Club	Time	50	100	150
1.	Petra CHOMICZ	17 Kings Lynn	2:40.26	36.38	1:16.75	1:57.90
2.	Amy SWALLOW	16 teamipswich	2:48.21	38.31	1:21.20	2:04.84
3.	Claire BARRON	17 UEA Norwich	2:48.82	38.69	1:21.61	2:04.59
4.	Harriet LEE	17 Mid Beds	2:51.07	38.50	1:21.59	2:06.70
5.	Chloe PELLICAN	16 UEA Norwich	2:52.22	40.15	1:24.52	2:08.59
6.	Jessica FORD	17 Thurrock	2:53.18	39.51	1:23.44	2:08.03
7.	Bernice EDGEWORTH	16 Bishop Stort	2:53.26	38.60	1:22.28	2:07.45
8.	Nicola RICHARDS	18 Hatfield	2:53.38	38.04	1:22.38	2:07.57
9.	Christine TOOKE	18 Co Peterboro	2:55.15	39.41	1:23.65	2:09.22
10.	Zoe SMITH	16 Luton	2:57.23	40.81	1:26.16	2:12.73
11.	Louise BUSH	17 UEA Norwich	2:58.27	40.06	1:25.89	2:12.74

EVENT 107 Mens Open 50m Butterfly

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints
1.	James HOLLIS	13 Epping For't	10	33.59	518
2.	Sam BRADLEY	14 Mid Beds	7	44.42	351

16 Yrs/Under Age Group

Place	Name	AaD Club	Time
1.	James SUTHERLAND	16 Hatfield	27.54
2.	Sam MUNKLEY	16 Hertsmere	27.92
3.	David GODRIDGE	15 Watford	27.97
4.	Adam MAXWELL	16 Hatfield	28.26
5.	William BLACKABY	15 Stowmarket	28.57
6.	Craig ROSS	16 Bishop Stort	28.65
7.	Troy LYNCH	16 teamipswich	28.68
8.	Alex FRANCEY	16 Harlow Pen	28.72
9.	Chris BRADBURY	15 Mid Beds	28.95
10.	Adam INGLEDEW	15 Mid Beds	28.96
11.	Andrew WEATHERITT	16 St Ives	29.07
12.	Sean TOMLIN	16 Bo Southend	29.33
13.	Jason DANIELS	15 Thurrock	29.44
14.	Nathan HENDERSON	15 Lstoft & OB	29.49
15.	Michael WHITE	16 St Felix Sch	29.65
16.	Timothy EVANS	15 Southend	29.89
17.	Oliver CREASEY	16 Hiltchin	29.97
18.	Morgan PUGH	15 Harpenden	30.03
19.	Tom OLIVE	15 Hadleigh	30.10
20.	Alex DEAL	15 Sudbury	30.38
21.	Matthew AUSTIN	16 Co Peterboro	30.39
22.	Joseph MOYES	16 Co Cambridge	30.40
23.	Tim RIVIERE	15 Co Cambridge	30.67
24.	Lawrence PALMER	15 Luton	30.68
24.	Oliver JOHN	15 Kings Lynn	30.68
26.	Levi LUCAS	15 Hatfield	30.87
26.	Matthew NAUNTON	16 Deben	30.87
28.	Joseph MACKAY	16 Colchester	30.97
29.	James HOLLIS	13 Epping For't	33.59
30.	Sam BRADLEY	14 Mid Beds	44.42

17 Yrs/Over Age Group

Place	Name	AaD Club	Time
1.	Geoffrey SHORT	21 Bishop Stort	25.99
2.	Charles WALKER	18 Co Peterboro	27.21
3.	John SARGENT	22 Hatfield	27.28
4.	James ALLCHORNE	19 Hatfield	27.48
5.	Jonathan POOK	19 Hatfield	27.77
6.	Alexander BARKER	18 Kings Lynn	27.97
7.	Richard MOLLOY	18 Bishop Stort	28.22
8.	Matthew KING	17 Hatfield	28.24
9.	Luke LARGE	18 UEA Norwich	28.27
10.	Sargon YOUSSEFI	17 Colchester	28.32
11.	Adam M JAMIESON	17 Mildenhall	28.38
12.	Thomas WILLIAMS	23 Sudbury	28.41
12.	Stuart KIRK	20 Modernians	28.41
14.	Stuart CLARKE	23 Bishop Stort	28.71
15.	James CARLINE	18 Modernians	28.82
16.	David CURTIS	17 St Neot Swan	28.90
17.	Christopher HOWE	17 Leighton Buz	28.98
18.	Matthew JONES	19 Mildenhall	29.39
19.	Douglas GORDON	18 Co Cambridge	29.46
20.	Adam SPEAR	17 Clacton On S	29.73
21.	Oliver CROSBY	17 Colchester	29.81
22.	James RUMBELOW	18 Co Cambridge	29.83
23.	Martyn BERMINGHAM	19 Hatfield	29.87
24.	Andrew WHEELER	22 Modernians	29.97



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EVENT 108 Womens Open 50m Butterfly

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat.	Time	BDPoints
1.	Sarah BOWLING	18	Kings Lynn	9	38.50	668
2.	Emma HOLLIS	16	Epping Fort	8	43.60	506
3.	Claire WARNE	15	Flitwick	6	52.58	396

15 Yrs/Under Age Group

Place	Name	AaD	Club	Time
1.	Bethany COGGINS	14	UEA Norwich	29.65
2.	Lucy CHARLES	14	Hoddesdon	30.80
3.	Yasmin BITHREY	14	Mid Beds	31.39
4.	Alice TENNANT	15	Deben	31.49
5.	Jennifer REDMOND	14	teamipswich	31.64
6.	Georgina HUNT	15	Thurrock	32.01
7.	Jasmine CROSS	14	teamipswich	32.17
8.	Zoe SMITH	14	Lstof & OB	32.28
9.	Tamara RICHARDS	15	Mid Beds	32.56
10.	Katie SYKES	15	Kings Lynn	32.57
11.	Leah FISHER	14	Newmarket	32.60
12.	Robyn BALL	15	St Felix Sch	32.64
13.	Carolyn ASTBURY	15	Watford	32.72
14.	Lucy TALLENTIRE	15	Colchester	32.79
15.	Georgia KNOWLES	15	Southend	32.80
16.	Amy STEWART	14	Watford	32.88
17.	Sophie THRUSSELL	15	Mid Beds	33.17
18.	Danielle LEE	15	Mid Beds	33.25
19.	Charlotte BLACKSLEY	14	Mid Beds	33.39
20.	Eleanor MASON	14	Mid Beds	33.46
21.	Charlotte BEGG	14	Co Cambridge	33.56
22.	Ellen CRICK	15	Harpenden	33.62
23.	Holly GANNON	14	Hoddesdon	33.81
24.	Karla TURNER	15	Fifolits	33.89
25.	Laura ADAMS	14	UEA Norwich	33.92
26.	Sarah LARNER	14	Colchester	33.93
27.	Tamsin HILLS	14	Brentwood	34.07
28.	Abigail SAYER	14	Thurrock	34.23
29.	Emma BOWERS	15	Kings Lynn	34.38
30.	Charlotte MERRELL	14	Hitchin	34.49
31.	Charlotte OVENDEN	14	Modernians	34.50
32.	Amy MURFITT	14	Basildon	34.93
33.	Claire WARNE	15	Flitwick	52.58

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time
1.	Rebecca WARNER	18	Modernians	28.69
2.	Verity GOODEY	16	Southend	30.07
3.	Mairi WALKER	18	Lstof & OB	30.72
4.	Sophie GEORGE	19	Sudbury	31.13
5.	Jessica HUGGETT	16	Bishop Stort	31.80
6.	Sophie POOLE	17	teamipswich	31.89
7.	Emily BONE	21	UEA Norwich	31.95
8.	Natalie WARD	18	Runnymede	32.03
9.	Louise KING	17	Mid Beds	32.11
10.	Charlotte DAVIS	16	Runnymede	32.13
11.	Sara GREENWOOD	21	Norwich Swan	32.18
12.	Chloe PELLICAN	16	UEA Norwich	32.22
13.	Lydia DeCARVALHO	16	teamipswich	32.38
14.	Emily PRIOR	16	Deben	32.44
15.	Fenella FOSKETT	16	Deben	32.63
16.	Hannah MOUNSEY	17	Kings Lynn	32.65
17.	Catherine MARKWELL	26	UEA Norwich	32.73
18.	Georgia INGLESON	17	UEA Norwich	33.20
19.	Emma LANDER	16	Hitchin	34.48
20.	Sarah BOWLING	18	Kings Lynn	38.50
21.	Emma HOLLIS	16	Epping Fort	43.60



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EVENT 109 Mens/Womens Open 1500m Freestyle (Timed Finals)

MENS 16 Yrs/Under Age Group
Place Name

AaD Club	Time	100 800	200 900	300 1000	400 1100	500 1200	600 1300	700 1400
1. Jordan BATE 15 UEA Norwich	16:39.89	1:03.97	2:11.34	3:17.99	4:25.09	5:32.05	6:39.09	7:46.56
2. Thomas SUTTON 15 St Felix Sch	17:03.90	8:53.12	10:00.27	11:07.13	12:13.89	13:20.87	14:27.81	15:34.85
3. Aydin BERKI 15 Mid Beds	17:22.73	1:03.98	2:10.53	3:17.92	4:25.56	5:33.93	6:43.26	7:52.45
4. Thomas FREEMAN 16 Co Peterboro	17:31.03	9:01.81	10:11.15	11:20.89	12:31.18	13:40.66	14:50.23	15:58.94
5. Sean TOMLIN 16 Bo Southend	18:00.22	1:04.50	2:12.91	3:21.52	4:30.74	5:40.23	6:49.76	7:59.57
6. Adam CARTER 15 Runnymede	18:06.31	9:09.89	10:20.09	11:30.25	12:40.92	13:51.90	15:02.85	16:13.74
7. Robert BALDRANCE 16 Mid Beds	18:07.29	1:04.92	2:14.45	3:24.53	4:34.80	5:45.42	6:55.92	8:05.93
8. George MORRIS 16 Bo Southend	18:12.77	9:16.25	10:26.91	11:38.18	12:49.10	13:59.77	15:11.77	16:22.76
9. Thomas FORD 16 Thurrock	18:27.10	1:04.79	2:13.18	3:22.11	4:31.07	5:41.84	6:52.77	8:04.71
10. Carl HALFORD 15 Flitwick	18:29.35	9:16.49	10:29.19	11:42.97	12:57.13	14:12.27	15:28.12	16:44.45
11. Josh FARRELL 15 Mid Beds	18:38.99	1:05.58	2:16.01	3:27.84	4:40.00	5:52.28	7:05.34	8:19.08
12. Christopher COX 15 Hertsmere	18:43.47	9:33.05	10:46.26	12:00.52	13:14.33	14:28.26	15:41.51	16:55.19
13. Ashley BINNS 15 Co Peterboro	19:08.86	1:05.55	2:17.03	3:27.58	4:40.06	5:52.38	7:06.13	8:18.37
Christian STOKES 15 Mid Beds	DNF	9:32.76	10:46.32	12:00.45	13:14.88	14:28.48	15:42.35	16:56.34
		1:06.67	2:17.07	3:28.44	4:40.52	5:52.95	7:06.64	8:22.05
		9:37.92	10:53.45	12:07.75	13:22.27	14:37.54	15:51.10	17:02.80
		1:07.03	2:20.07	3:34.33	4:48.76	6:03.77	7:18.19	8:32.02
		9:46.28	11:01.50	12:16.39	13:31.92	14:46.32	16:01.83	17:15.34
		1:07.71	2:20.86	3:34.98	4:49.25	6:03.37	7:17.78	8:32.08
		9:46.66	11:01.22	12:16.14	13:31.10	14:46.40	16:01.69	17:16.94
		1:07.69	2:20.39	3:34.01	4:48.73	6:03.01	7:17.69	8:32.34
		9:47.57	11:02.13	12:17.43	13:33.29	14:50.69	16:07.33	17:23.84
		1:06.65	2:17.92	3:30.19	4:43.89	5:58.36	7:14.08	8:30.16
		9:46.43	11:03.11	12:20.03	13:37.21	14:55.40	16:12.66	17:29.49
		1:07.95	2:22.43	3:38.13	4:54.80	6:11.74	7:29.63	8:48.02
		10:05.64	11:23.70	12:41.68	13:59.59	15:17.09	16:35.98	17:54.28

MENS 17 Yrs/Over Age Group

1. Samual HEARD 19 UEA Norwich	16:28.59	1:04.45	2:11.72	3:18.27	4:24.93	5:31.36	6:37.19	7:43.47
2. Lewis MATTIN 18 UEA Norwich	16:43.91	8:49.23	9:55.00	11:00.75	12:06.49	13:12.10	14:17.79	15:23.90
3. Chris EYNON 19 Sudbury	17:54.10	1:05.65	2:14.54	3:22.63	4:30.13	5:36.50	6:43.21	7:50.13
		8:56.98	10:04.05	11:11.17	12:18.14	13:25.04	14:32.08	15:38.89
		1:03.84	2:13.31	3:24.12	4:35.89	5:48.04	7:00.38	8:13.08
		9:25.70	10:37.78	11:50.92	13:03.82	14:17.74	15:30.61	16:43.62

WOMENS 15 Yrs/Under Age Group

1. Sophie CHAMBERLAIN 15 St Felix Sch	17:49.89	1:06.66	2:17.57	3:28.81	4:40.64	5:52.62	7:04.39	8:16.17
2. Laura ADAMS 14 UEA Norwich	18:19.31	9:27.96	10:39.30	11:51.38	13:03.50	14:15.54	15:27.46	16:39.69
3. Rebecca WHITE 14 St Felix Sch	18:20.14	1:09.72	2:22.42	3:35.42	4:48.22	6:02.10	7:15.35	8:28.76
4. Alice MARCHANT 15 Mid Beds	18:25.64	9:42.15	10:55.96	12:09.91	13:24.15	14:38.52	15:52.84	17:07.21
5. Danielle SAYER 14 Thurrock	18:26.73	1:07.59	2:20.11	3:33.45	4:47.16	6:00.80	7:14.52	8:28.29
6. Eleanor VEASY 14 St Felix Sch	19:04.89	9:42.43	10:56.93	12:11.33	13:26.25	14:40.66	15:54.99	17:09.41
7. April HYAM 15 teamipswich	19:07.58	1:08.81	2:23.04	3:36.89	4:51.04	6:05.31	7:19.21	8:32.02
8. Nina WISEMAN 15 Bishop Stort	19:08.60	9:47.53	11:01.87	12:16.66	13:30.97	14:45.83	15:59.94	17:14.22
9. Charlotte BLACKSLEY 14 Mid Beds	19:15.00	1:10.02	2:23.45	3:36.98	4:50.38	6:04.11	7:17.99	8:32.19
10. Chloe HARRIS 15 St Felix Sch	19:22.37	9:46.45	11:01.10	12:16.06	13:30.58	14:45.30	15:59.97	17:14.42
11. Lucy HALL 14 Chelmsford	19:24.93	1:12.96	2:29.97	3:46.52	5:03.39	6:19.85	7:35.67	8:51.66
12. Charley GALLAGHER 15 Southend	19:38.24	10:08.05	11:24.97	12:42.24	13:58.76	15:15.62	16:32.90	17:49.77
13. Eleanor NEWELL 14 Kings Lynn	19:39.86	1:12.68	2:30.21	3:47.80	5:05.33	6:23.66	7:39.62	8:56.92
14. Eleanor MASON 14 Mid Beds	19:42.24	10:13.51	11:30.94	12:48.12	14:04.71	15:21.38	16:38.26	17:55.34
15. Helen BROWN 14 Chatteris	19:44.46	1:09.05	2:24.90	3:41.93	4:58.58	6:15.73	7:33.42	8:50.85
16. Annabelle STANNARD 14 St Felix Sch	19:46.58	10:08.41	11:26.41	12:43.60	14:00.79	15:17.86	16:35.79	17:53.50
17. Sophie THRUSSELL 15 Mid Beds	20:05.02	1:12.83	2:28.91	3:43.94	4:59.54	6:15.12	7:31.50	8:48.55
18. Chloe DAVIS 14 Runnymede	20:06.10	10:05.70	11:23.90	12:41.91	14:00.85	15:19.93	16:39.76	17:58.24
		1:13.36	2:30.11	3:46.75	5:03.50	6:21.45	7:39.55	8:57.15
		10:14.51	11:32.23	12:50.12	14:08.69	15:27.88	16:46.94	18:05.68
		1:12.39	2:30.03	3:48.64	5:07.10	6:25.06	7:43.19	9:01.41
		10:19.00	11:36.84	12:54.20	14:12.43	15:31.01	16:49.56	18:08.42
		1:13.27	2:30.84	3:49.36	5:08.40	6:27.38	7:47.34	9:07.17
		10:27.44	11:47.29	13:06.98	14:26.91	15:46.95	17:05.64	18:25.25
		1:13.07	2:29.34	3:46.35	5:04.24	6:22.20	7:41.21	8:59.91
		10:19.53	11:39.89	13:00.09	14:20.86	15:42.73	17:03.89	18:23.37
		1:12.89	2:29.88	3:46.60	5:03.78	6:21.73	7:40.82	9:01.13
		10:20.47	11:41.32	13:02.33	14:23.29	15:43.81	17:04.71	18:24.57
		1:13.19	2:31.43	3:50.43	5:09.93	6:30.10	7:49.21	9:08.65
		10:28.15	11:48.28	13:08.54	14:29.03	15:49.45	17:09.55	18:28.33
		1:12.67	2:28.64	3:44.66	5:02.00	6:21.26	7:40.89	9:01.29
		10:21.45	11:42.05	13:03.09	14:24.50	15:46.09	17:06.83	18:28.33
		1:13.72	2:31.69	3:50.13	5:09.87	6:30.54	7:52.03	9:13.62
		10:35.75	11:57.61	13:19.39	14:41.38	16:02.64	17:25.30	18:46.69
		1:13.08	2:33.91	3:53.82	5:13.50	6:34.06	7:53.48	9:14.71
		10:35.32	11:56.13	13:17.29	14:38.77	16:00.69	17:23.35	18:45.82

WOMENS 16 Yrs/Over Age Group

1. Harriet BRETTE 16 Mid Beds	18:09.07	1:07.05	2:16.22	3:26.61	4:37.51	5:51.37	7:04.52	8:18.32
2. Jessica FORD 17 Thurrock	18:12.76	9:32.55	10:48.14	12:02.90	13:16.37	14:30.22	15:44.86	16:58.06
3. Shannon HARROLD 16 Thurrock	18:18.67	1:06.43	2:17.16	3:28.56	4:40.40	5:52.40	7:04.84	8:18.14
		9:31.21	10:44.58	11:59.00	13:13.28	14:27.81	15:42.75	16:58.26
		1:08.22	2:19.64	3:32.39	4:45.60	5:59.09	7:12.01	8:24.95
		9:38.34	10:51.41	12:05.13	13:19.62	14:34.72	15:49.87	17:05.38