



ASA East Region 2008 Youth Championships

(Under ASA Laws, ASA Technical Rules & IPC Swimming Rules)
A Level One Licensed Meet - N^o. ERX810



EVENT 301 Womens Open 400m IM

15 Yrs/Under Age Group

Place	Name	AaD Club	Time	50	100	150	200	250	300	350
1.	Anne BOCHMANN	14 UEA Norwich	5:03.19	32.24	1:08.21	1:47.80	2:25.51	3:09.05	3:52.22	4:28.46
2.	Sophie CHAMBERLAIN	15 St Felix Sch	5:06.32	32.43	1:10.90	1:50.40	2:29.70	3:13.43	3:57.52	4:32.62
3.	Bethany COGGINS	14 UEA Norwich	5:13.89	31.84	1:07.31	1:50.10	2:30.83	3:16.85	4:02.17	4:38.19
4.	Rebecca WHITE	14 St Felix Sch	5:16.81	33.74	1:12.20	1:53.34	2:33.37	3:19.18	4:05.80	4:41.57
5.	Carolyn ASTBURY	15 Watford	5:17.27	33.27	1:11.54	1:52.12	2:32.32	3:18.92	4:05.97	4:42.27
6.	Charlotte TAYLOR	14 teamipswich	5:24.15	32.48	1:11.58	1:53.09	2:32.60	3:19.88	4:08.05	4:47.80
7.	Laura ADAMS	14 UEA Norwich	5:26.64	34.35	1:14.05	1:55.82	2:36.45	3:25.47	4:14.04	4:50.71
8.	Amy STEWART	14 Watford	5:39.47							
9.	Alice MARCHANT	15 Mid Beds	5:39.54	35.74	1:15.72	1:58.65	2:40.79	3:33.41	4:27.34	5:04.24
10.	Sophie THRUSSELL	15 Mid Beds	5:42.44	34.43	1:12.85	1:57.77	2:40.24	3:31.71	4:23.40	5:04.35
11.	Hannah PARR	14 Luton	5:45.34							

16 Yrs/Over Age Group

Place	Name	AaD Club	Time	50	100	150	200	250	300	350
1.	Jessica FORD	17 Thurrock	5:15.66	33.89	1:14.45	1:55.90	2:35.96	3:20.24	4:05.14	4:41.11
2.	Hannah RAINE	17 Mid Beds	5:23.95	32.80	1:11.17	1:52.79	2:34.40	3:20.34	4:08.34	4:46.74
3.	Charlotte DELICATA	16 Thurrock	5:26.90	34.36	1:14.98	1:56.86	2:37.63	3:24.58	4:13.36	4:51.33
4.	Chloe PELLICAN	16 UEA Norwich	5:27.63	33.29	1:12.31	1:57.20	2:39.03	3:24.50	4:10.62	4:50.07
5.	Catherine HICKS	16 St Felix Sch	5:37.45	35.78	1:15.04	1:59.73	2:43.47	3:32.81	4:21.57	5:00.42
	Lara NYMAN	16 Hatfield	DQ							

EVENT 302 Mens Open 400m IM

16 Yrs/Under Age Group

Place	Name	AaD Club	Time	50	100	150	200	250	300	350
1.	Lewis COLEMAN	16 teamipswich	4:44.72	30.08	1:05.01	1:41.67	2:18.73	2:58.37	3:39.24	4:12.54
2.	Dean WOODCOCK	16 Chelmsford	4:52.52	30.60	1:05.78	1:44.76	2:22.13	3:04.17	3:46.46	4:20.29
3.	Thomas FREEMAN	16 Co Peterboro	5:02.19	31.59	1:08.44	1:46.50	2:24.30	3:09.49	3:53.81	4:28.83
4.	Lawrence PALMER	15 Luton	5:12.83	32.22	1:11.06	1:53.52	2:37.35	3:17.64	4:00.65	4:38.37
5.	James ATTWATER	15 Deben	5:24.92	33.27	1:12.33	1:55.80	2:38.25	3:22.37	4:08.36	4:47.42
	Timothy EVANS	15 Southend	DQ							
	Jordan BATE	15 UEA Norwich	DQ							

17 Yrs/Over Age Group

Place	Name	AaD Club	Time	50	100	150	200	250	300	350
1.	Jonathan QUINN	17 Hatfield	4:34.31	29.00	1:02.45	1:39.10	2:14.60	2:51.58	3:30.59	4:02.92
2.	Thomas HOLLINGSWORTH	20 UEA Norwich	4:45.32	29.83	1:04.49	1:41.88	2:18.81	2:59.79	3:41.29	4:14.37
3.	Thomas ROOTSEY	18 Colchester	4:55.36	30.39	1:05.85	1:42.81	2:20.11	3:04.01	3:49.21	4:22.74
4.	George SCOTHERN	17 Brentwood	5:03.69	29.50	1:03.87	1:41.84	2:20.27	3:04.66	3:51.72	4:27.63
5.	Jonathan SAYER	18 Bo Southend	5:04.59	31.65	1:07.43	1:47.90	2:27.06	3:11.98	3:57.67	4:31.99

EVENT 303 Womens Open 50m Backstroke

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints
1.	Jodie FLEMING	14 Colchester P	6	52.45	635

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	Charlotte TAYLOR	14 teamipswich		32.18
2.	Sophie SWEET	15 Co Peterboro		32.32
3.	Lucy CHARLES	14 Hoddesdon		32.66
4.	Georgina ROUGHSEDE	15 Co Cambridge		32.67
5.	Hazel PICKFORD	15 Hatfield		32.92
6.	Robyn BALL	15 St Felix Sch		33.45
7.	Rachel HOLLINGTON	14 Mid Beds		33.73
8.	Danielle LEE	15 Mid Beds		33.77
9.	Coral YOUNG	14 teamipswich		33.81
10.	Amy MURFITT	14 Basildon		33.86
11.	Carly OGOGO	15 Lstof & OB		33.96
12.	Rachel ANDVIG	15 teamipswich		34.20
13.	Whitney BUCKLER	15 UEA Norwich		34.23
14.	Emily RIDOUT	14 Dunstable		34.28
15.	Charlotte HENSON	14 Co St Albans		34.30
16.	Victoria SPARROW	14 West Suffolk		34.41
17.	Georgette SMITH	14 Harpenden		34.46
18.	Tamara RICHARDS	15 Mid Beds		34.84
19.	Eleanor BEDWELL	14 Epping Fort		34.90
20.	Gemma SARGENT	14 St Ives		34.96
21.	Brogan PLUMMER	14 Luton		34.99
22.	Paige DORE-BOIZE	15 Watford		35.13
23.	Lucy MACKENZIE	14 Hadleigh		35.43
24.	Helen STRUTHERS	15 Co Cambridge		35.53
25.	Ellen FISHER	14 Kings Lynn		35.56
26.	Amy HATFIELD	15 Thurrock		35.79
27.	Alexandra EAMES-BAYTON	14 Deben		36.35
28.	Joyce KWOK	15 Modernians		36.57
29.	Jodie FLEMING	14 Colchester P	6	52.45

16 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	Zoe CRAY	34 teamipswich		30.94
2.	Rebecca READER	16 teamipswich		31.72



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3.	Natasha BROWN	17	Hatfield	32.05
4.	Verity GOODEY	16	Southend	32.06
5.	Sophie GEORGE	19	Sudbury	32.71
6.	Harriet BRETTLE	16	Mid Beds	33.47
7.	Natalie WARD	18	Runnymede	33.48
8.	Emily HAWES	17	Lstof & OB	33.67
8.	Katie AMBRIDGE	18	Hatfield	33.67
10.	Emily PRIOR	16	Deben	33.68
11.	Meagan SEARLE	16	Mildenhall	33.88
12.	Laura HEALEY	19	Lstof & OB	34.04
13.	Jane BRUMBY	17	Rochford	34.23
14.	Hannah SARGENT	17	St Ives	34.29
15.	Emily PITTS	16	West Suffolk	34.66
16.	Megan SAGGERS	16	West Suffolk	34.86
17.	Marina ESTEVE	16	St Felix Sch	34.93

EVENT 304 Mens Open 50m Backstroke

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints
1.	Sam BRADLEY	14 Mid Beds	7	42.96	572
2.	Ryan CROUCH	14 teamipswich	10	35.98	560

16 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	
1.	James SUTHERLAND	16 Hatfield		29.47	
2.	Craig ROSS	16 Bishop Stort		30.19	
3.	Sean TOMLIN	16 Bo Southend		30.65	
4.	Tim RIVIERE	15 Co Cambridge		30.69	
5.	Stephen FISHER	16 UEA Norwich		30.94	
6.	Adam INGLEDEW	15 Mid Beds		31.09	
7.	Nathan HENDERSON	15 Lstof & OB		31.28	
8.	Chris BRADBURY	15 Mid Beds		31.39	
8.	Brendon MARSH	15 teamipswich		31.39	
10.	Sebastian WATERS	16 UEA Norwich		31.48	
11.	Andrew WEATHERITT	16 St Ives		31.49	
12.	William NICHOLLS	15 St Neot Swan		31.58	
13.	Alex DEAL	15 Sudbury		31.61	
14.	David CARLINE	15 Modernians		31.76	
15.	Brandon SEARLE	15 Mildenhall		31.79	
16.	Thomas SUTTON	15 St Felix Sch		31.81	
17.	William BLACKABY	15 Stowmarket		31.96	
18.	Tom OLIVE	15 Hadleigh		32.00	
19.	Morgan PUGH	15 Harpenden		32.05	
20.	Levi LUCAS	15 Hatfield		32.17	
21.	Liam OSBORNE	15 Diss Otters		32.60	
22.	Dean GIBSON	15 Biggleswade		32.77	
23.	Ryan CROUCH	14 teamipswich	10	35.98	
24.	Sam BRADLEY	14 Mid Beds	7	42.96	
	Luke DeMOYA	16 Co Peterboro		DQ	Fl-

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	John SARGENT	22 Hatfield		28.05
2.	Richard MOLLOY	18 Bishop Stort		28.83
3.	Charles WALKER	18 Co Peterboro		29.27
4.	Richard HARRIS	18 St Felix Sch		29.47
5.	Geoffrey SHORT	21 Bishop Stort		29.49
6.	James CARLINE	18 Modernians		29.66
7.	Bobby CAVE	17 Hatfield		30.50
8.	Paul TITLEY	19 Mid Beds		30.58
9.	Douglas GORDON	18 Co Cambridge		30.86
10.	Richard FREEDMAN	22 UEA Norwich		31.07
11.	Adam M JAMIESON	17 Mildenhall		31.72
12.	Andrew WHEELER	22 Modernians		32.24

EVENT 305 Womens Open 200m Freestyle

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50	100	150
1.	Sarah BOWLING	18 Kings Lynn	9	2:40.65	547	36.01	1:16.47	1:58.60
2.	Claire WARNE	15 Flitwick	6	3:44.59	486	51.53	1:48.69	2:46.40

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150
1.	Anne BOCHMANN	14 UEA Norwich		2:06.49	30.38	1:02.41	1:34.89
2.	Sophie CHAMBERLAIN	15 St Felix Sch		2:09.22	30.16	1:03.62	1:36.99
3.	Lucy CHARLES	14 Hoddesdon		2:10.49	30.33	1:03.33	1:37.37
4.	Alex HUSTON	15 St Felix Sch		2:10.66	30.24	1:03.41	1:38.10
5.	Georgina HUNT	15 Thurrock		2:11.98	31.04	1:04.40	1:38.39
6.	Yasmin BITHREY	14 Mid Beds		2:12.62	30.60	1:04.04	1:38.33
7.	Alice TENNANT	15 Deben		2:12.81	30.34	1:03.65	1:38.81
8.	Robyn BALL	15 St Felix Sch		2:13.05	30.69	1:03.93	1:38.57
9.	Alex HARRISON	14 St Felix Sch		2:13.53	31.03	1:04.60	1:39.47
10.	Philippa HARDY	14 Hatfield		2:13.64	30.61	1:04.02	1:38.79
11.	Rachel ANDVIG	15 teamipswich		2:16.49	31.85	1:06.91	1:42.19
12.	Jasmine CROSS	14 teamipswich		2:17.07	32.14	1:07.50	1:41.83



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13.	Eleanor MASON	14	Mid Beds	2:17.14	31.61	1:06.33	1:42.21
14.	Sophie SWEET	15	Co Peterboro	2:17.93	30.19	1:04.99	1:41.51
15.	April HYAM	15	teamipswich	2:17.94	32.09	1:07.06	1:43.12
16.	Georgina FREEMAN	14	Co Peterboro	2:18.23	31.43	1:06.49	1:43.12
17.	Whitney BUCKLER	15	UEA Norwich	2:18.56	31.87	1:06.93	1:42.87
18.	Amy MURFITT	14	Basildon	2:18.89	32.80	1:08.28	1:43.99
19.	Eleanor NEWELL	14	Kings Lynn	2:19.77	32.81	1:08.33	1:44.13
20.	Eleanor VEASY	14	St Felix Sch	2:19.80	32.20	1:07.81	1:43.84
21.	Alice MARCHANT	15	Mid Beds	2:19.83	32.56	1:08.30	1:44.38
22.	Laura ADAMS	14	UEA Norwich	2:19.94	32.68	1:08.52	1:44.56
23.	Katie TAVENER	14	Mid Beds	2:20.20	32.25	1:08.77	1:45.46
24.	Isabella THOMSON	15	Co Cambridge	2:20.27	30.24	1:05.03	1:43.25
25.	Coral YOUNG	14	teamipswich	2:20.99	32.51	1:08.37	1:45.53
26.	Charley GALLAGHER	15	Southend	2:21.05	31.64	1:07.59	1:45.61
27.	Tamara RICHARDS	15	Mid Beds	2:21.20	32.63	1:08.69	1:45.26
28.	Jennifer REDMOND	14	teamipswich	2:21.28	32.32	1:08.00	1:44.58
29.	Nina WISEMAN	15	Bishop Stort	2:21.36	32.26	1:07.80	1:44.75
30.	Rachael FRANKLIN	15	Brentwood	2:21.46	32.42	1:08.38	1:45.32
31.	Lucy HALL	14	Chelmsford	2:21.63	32.96	1:08.40	1:45.22
32.	Charlotte BLACKSLEY	14	Mid Beds	2:21.84	31.92	1:07.16	1:45.19
33.	Sarah LARNER	14	Colchester	2:21.88	33.65	1:09.76	1:46.97
34.	Annabelle STANNARD	14	St Felix Sch	2:21.98	32.30	1:07.61	1:44.85
35.	Laura CONDON	14	Dunstable	2:22.03	32.48	1:08.12	1:45.43
36.	Helen BROWN	14	Chatteris	2:22.36	32.94	1:08.96	1:45.91
37.	Eleanor BEDWELL	14	Epping For't	2:22.86	32.81	1:09.10	1:46.30
38.	Kerriann CHIPPERFIELD	14	Thurrock	2:23.58	32.18	1:08.25	1:46.27
39.	Charlotte McCONNELL	14	Mid Beds	2:23.79	32.53	1:08.85	1:46.80
40.	Georgina ROUGHSEGE	15	Co Cambridge	2:23.88	32.87	1:09.81	1:47.79
41.	Rachel HOLLINGTON	14	Mid Beds	2:23.89	32.34	1:08.02	1:46.04
42.	Chloe DAVIS	14	Runnymede	2:24.08	32.21	1:08.40	1:46.44
43.	Emma JONES	15	Biggleswade	2:24.28	32.47	1:09.04	1:46.78
44.	Jessica PARK	14	Halstead	2:24.88	32.83	1:09.43	1:47.74
45.	Chloe HARRIS	15	St Felix Sch	2:25.06	33.84	1:10.64	1:48.20
46.	Holly REES	15	Co Cambridge	2:25.31	32.19	1:08.46	1:47.36
47.	Charlotte HENSON	14	Co St Albans	2:25.42	32.85	1:09.78	1:48.40
48.	Rhianydd JONES	15	Flitwick	2:25.73	33.32	1:09.78	1:47.92
49.	Mattaya NABARRO	14	Mid Beds	2:26.26	34.18	1:11.40	1:49.42
50.	Holly GANNON	14	Hoddesdon	2:26.44	33.56	1:10.96	1:48.32
51.	Abigail MALSTER	14	Hadleigh	2:28.94	33.96	1:11.37	1:49.94
52.	Claire WARNE	15	Flitwick	3:44.59	51.53	1:48.69	2:46.40
	Danielle LEE	15	Mid Beds	DQ			

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat.	Time	50	100	150
1.	Harriet BRETTL	16	Mid Beds		2:11.87	29.88	1:02.72	1:37.30
2.	Petra CHOMICZ	17	Kings Lynn		2:12.64	31.47	1:05.54	1:38.60
3.	Rebecca READER	16	teamipswich		2:13.17	31.23	1:04.04	1:38.56
4.	Christine TOOKE	18	Co Peterboro		2:16.14	31.71	1:06.08	1:41.07
5.	Fenella FOSKETT	16	Deben		2:16.30	31.55	1:05.91	1:41.67
6.	Hannah MOUNSEY	17	Kings Lynn		2:16.44	30.85	1:05.61	1:41.05
7.	Shannon HARROLD	16	Thurrock		2:17.18	31.88	1:06.24	1:42.10
8.	Emily HAWES	17	Lstof & OB		2:17.28	30.91	1:04.89	1:40.81
9.	Verity GOODEY	16	Southend		2:19.19	31.37	1:05.80	1:41.52
10.	Charlotte DAVIS	16	Runnymede		2:19.73	32.09	1:07.23	1:43.25
11.	Riasa DOUGLAS-COLLOW	16	Lstof & OB		2:20.41	31.91	1:07.17	1:44.23
12.	Natalie WARD	18	Runnymede		2:21.42	33.61	1:08.85	1:45.42
13.	Bernice EDGEWORTH	16	Bishop Stort		2:21.96	31.91	1:07.66	1:44.78
14.	Charlotte DELICATA	16	Thurrock		2:23.30	33.13	1:09.48	1:46.65
15.	Sarah BOWLING	18	Kings Lynn	9	2:40.65	36.01	1:16.47	1:58.60

EVENT 306 Mens Open 200m Freestyle

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat.	Time	BDPoints	50	100	150
1.	Sam BRADLEY	14	Mid Beds	7	2:43.25	636	38.01	1:20.23	2:02.22

16 Yrs/Under Age Group - Full Results

Place	Name	AaD	Club	Cat.	Time	50	100	150
1.	Thomas SUTTON	15	St Felix Sch		2:01.23	28.37	59.27	1:30.32
2.	Nicholas THOMPSON	16	UEA Norwich		2:01.25	28.26	59.12	1:30.33
3.	David GODRIDGE	15	Watford		2:02.36	29.07	1:00.19	1:31.97
4.	Andrew BIGLEY	16	teamipswich		2:02.38	28.19	59.00	1:30.31
5.	Luke DeMOYA	16	Co Peterboro		2:03.94	28.06	59.50	1:31.95
6.	Callum CANDY	15	Halfeld		2:05.01	28.58	1:00.24	1:33.04
6.	Troy LYNCH	16	teamipswich		2:05.01	29.16	1:01.46	1:33.82
8.	Dale HART	16	Kings Lynn		2:05.33	28.17	59.33	1:31.42
9.	Adam MAXWELL	16	Halfeld		2:05.35	28.74	1:00.57	1:32.89
10.	Adam INGLEDEW	15	Mid Beds		2:05.36	28.74	1:00.33	1:33.31
11.	Craig ROSS	16	Bishop Stort		2:06.38	28.16	1:00.28	1:33.67
12.	Andrew WILKINSON	15	Co Cambridge		2:06.83	28.92	1:00.91	1:34.46
13.	George MORRIS	16	Bo Southend		2:07.02	28.95	1:00.91	1:33.66
14.	Aydin BERKI	15	Mid Beds		2:07.22	29.85	1:02.21	1:35.37
15.	Mark COLLINS	15	Kings Lynn		2:07.95	29.89	1:02.48	1:35.02
16.	Christian STOKES	15	Mid Beds		2:08.10	29.65	1:01.89	1:35.16
17.	Christopher COX	15	Hertsmere		2:08.57	30.07	1:02.12	1:35.47
18.	Timothy EVANS	15	Southend		2:08.79	29.27	1:01.69	1:35.62
19.	Michael WHITE	16	St Felix Sch		2:09.10	29.86	1:02.06	1:35.39
20.	Tim RIVIERE	15	Co Cambridge		2:09.39	29.07	1:02.57	1:37.32
21.	Christopher BROOKS	15	Southend		2:09.54	29.52	1:02.09	1:35.84



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22.	Simon WEIGHELL	15	Flitwick	2:09.89	29.67	1:02.20	1:36.26
23.	Andrew EGAN	15	Hatfield	2:09.95	30.14	1:02.64	1:36.30
24.	Dean WOODCOCK	16	Chelmsford	2:10.16	29.22	1:01.62	1:35.76
25.	Sean TOMLIN	16	Bo Southend	2:10.46	29.32	1:01.73	1:36.02
26.	Brendon MARSH	15	teamipswich	2:11.08	30.61	1:04.41	1:38.52
27.	Thomas FORD	16	Thurrock	2:11.14	30.03	1:03.32	1:37.71
28.	Morgan PUGH	15	Harpenden	2:11.41	29.77	1:03.44	1:37.59
29.	Brandon SEARLE	15	Mildenhall	2:11.57	30.78	1:05.15	1:38.87
30.	Paul MACKIE	15	Hemel Hemp	2:11.81	29.81	1:03.35	1:38.45
31.	Robert BALDRANCE	16	Mid Beds	2:12.36	30.42	1:04.53	1:38.86
32.	Thomas QUINTON	16	UEA Norwich	2:12.67	30.10	1:04.50	1:39.18
33.	Tom OLIVE	15	Hadleigh	2:12.83	31.06	1:05.92	1:40.53
34.	Conor HARROLD	15	Thurrock	2:13.88	31.20	1:05.14	1:39.94
35.	Henry WOOD	16	Phoenix Bas	2:14.46	29.88	1:04.01	1:38.58
36.	James MITCHELL	15	Thurrock	2:14.90	31.52	1:05.93	1:40.82
37.	Joe GERAERTS	16	Dunstable	2:16.29	30.37	1:04.72	1:40.46
38.	Callum McCOLGAN	15	Lstof & OB	2:17.04	29.39	1:02.94	1:39.20
39.	Liam OSBORNE	15	Diss Otters	2:18.92	30.47	1:05.28	1:42.51
40.	Sam BRADLEY	14	Mid Beds	2:43.25	38.01	1:20.23	2:02.22

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150
1.	Charles WALKER	18	Co Peterboro	1:57.62	27.68	57.15	1:27.12
2.	James ALLCHORNE	19	Hatfield	1:58.20	27.71	57.22	1:27.64
3.	Stuart CLARKE	23	Bishop Stort	2:01.34	27.87	57.61	1:28.50
4.	Jonathan SAYER	18	Bo Southend	2:01.42	28.18	59.10	1:30.15
5.	Samual HEARD	19	UEA Norwich	2:02.27	28.69	59.99	1:31.07
6.	Bret FERGUSON	21	Hatfield	2:02.79	28.79	1:00.04	1:31.56
7.	Martyn BERMINGHAM	19	Hatfield	2:03.43	28.42	1:00.44	1:33.08
8.	Thomas HOLLINGSWORTH	20	UEA Norwich	2:04.26	28.69	1:00.18	1:32.06
9.	Douglas GORDON	18	Co Cambridge	2:05.08	28.56	1:00.51	1:33.47
10.	Lewis KING	17	Hatfield	2:05.24	29.50	1:01.85	1:33.22
11.	Richard HARRIS	18	St Felix Sch	2:05.32	28.17	59.78	1:32.89
12.	Christopher TAYLOR	18	teamipswich	2:05.49	28.59	1:00.36	1:33.04
13.	Benjamin DAVIES	17	Deben	2:06.48	28.09	59.13	1:32.63
14.	James RUMBELOW	18	Co Cambridge	2:06.93	28.70	1:00.55	1:33.56
15.	Luke WESTWOOD	17	Co Cambridge	2:09.92	29.30	1:02.04	1:35.94
16.	Adam M JAMIESON	17	Mildenhall	2:13.54	30.12	1:04.24	1:39.31

EVENT 307 Womens Open 100m Breaststroke

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50
1.	Emma HOLLIS	16	Epping For't	1:48.45	621	51.05
2.	Sarah BOWLING	18	Kings Lynn	1:37.97	484	47.60
1.	Jodie FLEMING	14	Colchester P	2:40.81	190	1:16.17

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50
1.	Alex HARRISON	14	St Felix Sch	1:16.24	35.95
2.	Sophie CHAMBERLAIN	15	St Felix Sch	1:19.38	38.22
3.	Zoe SMITH	14	Lstof & OB	1:19.45	38.13
4.	Emma WARRINGTON	15	Hoddesdon	1:20.63	38.47
5.	Becky WILLINSON	15	UEA Norwich	1:22.21	38.07
6.	Isabella THOMSON	15	Co Cambridge	1:22.41	38.80
7.	Charlotte McCONNELL	14	Mid Beds	1:22.42	38.90
8.	Chelsea PROUTEN	15	Mid Beds	1:23.35	38.47
9.	Katie SYKES	15	Kings Lynn	1:23.76	39.41
10.	Charlotte OVENDEN	14	Modernians	1:24.01	38.55
11.	Nicole GIBBS	14	Brentwood	1:24.64	40.12
12.	Katie TAVENER	14	Mid Beds	1:26.18	39.59
13.	Jodie FLEMING	14	Colchester P	2:40.81	1:16.17

16 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50
1.	Petra CHOMICZ	17	Kings Lynn	1:14.91	35.38
2.	Amy SWALLOW	16	teamipswich	1:17.01	36.78
3.	Claire BARRON	17	UEA Norwich	1:18.38	36.98
4.	Nicola RICHARDS	18	Hatfield	1:20.41	37.86
5.	Bernice EDGEWORTH	16	Bishop Stort	1:20.89	38.04
6.	Harriet LEE	17	Mid Beds	1:21.83	38.67
7.	Christine TOOKE	18	Co Peterboro	1:22.45	38.63
8.	Louise BUSH	17	UEA Norwich	1:22.50	38.07
9.	Hannah RAINE	17	Mid Beds	1:22.66	38.94
10.	Sarah BOWLING	18	Kings Lynn	1:37.97	47.60
11.	Emma HOLLIS	16	Epping For't	1:48.45	51.05



ASA East Region
2008 Youth Championships
 (Under ASA Laws, ASA Technical Rules & IPC Swimming Rules)
 A Level One Licensed Meet - N^o. ERX810



EVENT 308 Mens Open 100m Breaststroke

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50
1.	Sam BRADLEY	14 Mid Beds	6	1:50.00	495	51.92

16 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50
1.	Nathan HENDERSON	15 Lstoft & OB		1:11.89	33.95
2.	Lewis COLEMAN	16 teamipswich		1:12.96	33.85
3.	Lawrence PALMER	15 Luton		1:13.00	34.90
4.	Andrew EGAN	15 Hatfield		1:13.04	34.45
5.	Nicholas THOMPSON	16 UEA Norwich		1:13.58	34.98
6.	Adam MAXWELL	16 Hatfield		1:14.52	33.80
7.	Stephen FISHER	16 UEA Norwich		1:14.77	34.77
8.	David GODRIDGE	15 Watford		1:14.90	33.77
9.	Matthew HENSON	16 Co St Albans		1:15.20	35.15
10.	Alex DEAL	15 Sudbury		1:15.61	35.11
11.	William MEADOWS	16 Deben		1:15.80	34.58
12.	Dean WOODCOCK	16 Chelmsford		1:16.05	36.18
13.	Thomas FREEMAN	16 Co Peterboro		1:16.20	35.59
14.	Simon WEIGHELL	15 Flitwick		1:17.19	36.54
15.	Robert BALDRANCE	16 Mid Beds		1:17.34	36.44
16.	Ben JOHNSON	15 UEA Norwich		1:17.38	36.11
17.	Andrew COATES	16 Co Peterboro		1:17.48	35.97
18.	Aydin BERKI	15 Mid Beds		1:17.55	36.79
18.	George MORRIS	16 Bo Southend		1:17.55	35.60
20.	Andrew WEATHERITT	16 St Ives		1:18.24	35.95
21.	Nathan GARRITY	16 Hadleigh		1:18.26	36.98
22.	James ATTWATER	15 Deben		1:19.15	36.95
23.	Dean BRUMBY	15 Rochford		1:19.40	36.88
24.	Mark COLLINS	15 Kings Lynn		1:20.10	36.46
25.	Ashley BINNS	15 Co Peterboro		1:20.11	36.81
26.	Sam BRADLEY	14 Mid Beds	6	1:50.00	51.92
	Matthew NAUNTON	16 Deben		DNC	

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50
1.	James ALLCHORNE	19 Hatfield		1:10.71	32.89
2.	Bobby CAVE	17 Hatfield		1:11.55	33.54
3.	Thomas WILLIAMS	23 Sudbury		1:12.03	33.83
4.	Jonathan QUINN	17 Hatfield		1:12.64	34.38
5.	Christopher HOWE	17 Leighton Buz		1:13.71	34.33
6.	Chris EYNON	19 Sudbury		1:14.38	33.75
7.	Luke WESTWOOD	17 Co Cambridge		1:14.39	35.16
8.	Richard MOLLOY	18 Bishop Stort		1:14.40	34.17
9.	Martyn BERMINGHAM	19 Hatfield		1:14.95	34.25
10.	Paul TITLEY	19 Mid Beds		1:18.80	36.31

EVENT 309 Womens Open 200m Butterfly

15 Yrs/Under Age Group

Place	Name	AaD Club	Time	50	100	150
1.	Bethany COGGINS	14 UEA Norwich	2:20.87	31.42	1:07.19	1:43.99
2.	Anne BOCHMANN	14 UEA Norwich	2:27.77	33.47	1:10.94	1:49.82
3.	Megan LANGRIDGE	15 Thurrock	2:29.20	34.10	1:12.35	1:50.72
4.	Abigail SAYER	14 Thurrock	2:30.64	34.09	1:12.11	1:51.32
5.	Yasmin BITHREY	14 Mid Beds	2:33.29	34.47	1:13.65	1:53.31
6.	Carolyn ASTBURY	15 Watford	2:34.36	34.21	1:12.60	1:53.40
7.	Laura ADAMS	14 UEA Norwich	2:34.89	34.54	1:14.73	1:54.52
8.	Sophie THRUSSELL	15 Mid Beds	2:37.23	34.16	1:13.15	1:54.40
9.	Rebecca WHITE	14 St Felix Sch	2:45.40	36.26	1:18.20	2:01.55

16 Yrs/Over Age Group

Place	Name	AaD Club	Time	50	100	150
1.	Katie AMBRIDGE	18 Hatfield	2:22.57	31.75	1:07.17	1:43.99
2.	Chloe PELLICAN	16 UEA Norwich	2:29.75	33.10	1:10.82	1:50.09
3.	Mairi WALKER	18 Lstoft & OB	2:29.90	34.84	1:12.82	1:52.52
4.	Lara NYMAN	16 Hatfield	2:29.99	33.12	1:10.83	1:50.13
5.	Louise KING	17 Mid Beds	2:34.33	33.48	1:11.75	1:52.48
6.	Charlotte DAVIS	16 Runnymede	2:35.92	33.91	1:12.52	1:53.31
7.	Catherine HICKS	16 St Felix Sch	2:38.06	35.83	1:15.29	1:56.20
8.	Natalie WARD	18 Runnymede	2:45.87	34.26	1:15.50	2:00.45
	Verity GOODEY	16 Southend	DNC			



ASA East Region
2008 Youth Championships
 (Under ASA Laws, ASA Technical Rules & IPC Swimming Rules)
 A Level One Licensed Meet - N^p ERX810



EVENT 310 Mens Open 200m Butterfly

16 Yrs/Under Age Group

Place	Name	AaD Club	Time	50	100	150
1.	Sean TOMLIN	16 Bo Southend	2:17.58	30.59	1:05.69	1:41.57
2.	Jordan BATE	15 UEA Norwich	2:22.35	31.93	1:08.41	1:45.62
3.	Sam MUNKLEY	16 Hertsmere	2:24.32	30.78	1:07.15	1:45.18
4.	Jason DANIELS	15 Thurrock	2:32.00	33.45	1:11.92	1:52.09
	Michael WHITE	16 St Felix Sch	DQ			

17 Yrs/Over Age Group

Place	Name	AaD Club	Time	50	100	150
1.	Lewis MATTIN	18 UEA Norwich	2:15.05	30.45	1:05.20	1:40.14
2.	Kouji URATA	18 Hatfield	2:18.82	30.12	1:05.56	1:41.61
3.	Lewis KING	17 Hatfield	2:19.66	30.74	1:06.69	1:42.35

EVENT 311 Mens/Womens Open 800m Freestyle (Timed Finals)

MENS 16 Yrs/Under Age Group

Place	Name	AaD Club	Time	100	200	300	400	500	600	700
1.	Thomas SUTTON	15 St Felix Sch	8:56.58	1:03.70	2:11.34	3:19.25	4:27.65	5:35.79	6:44.17	7:51.47
2.	Aydin BERKI	15 Mid Beds	9:06.91	1:03.33	2:11.05	3:19.41	4:28.76	5:38.52	6:48.66	7:58.54
3.	Callum CANDY	15 Hatfield	9:13.85	1:04.16	2:13.41	3:23.38	4:33.92	5:44.61	6:55.14	8:05.65
4.	James MITCHELL	15 Thurrock	9:15.68	1:06.43	2:16.41	3:25.81	4:35.54	5:45.71	6:56.43	8:06.56
5.	Jason DANIELS	15 Thurrock	9:18.29	1:04.20	2:13.55	3:23.85	4:35.27	5:46.88	6:59.05	8:11.18
6.	Christian STOKES	15 Mid Beds	9:18.48	1:03.84	2:13.10	3:23.29	4:34.81	5:46.36	6:57.75	8:08.98
7.	Andrew WILKINSON	15 Co Cambridge	9:19.71	1:03.65	2:13.21	3:24.50	4:37.75	5:49.18	7:01.27	8:12.18
8.	Sean TOMLIN	16 Bo Southend	9:21.84	1:05.21	2:15.28	3:26.25	4:37.31	5:48.14	7:00.25	8:11.07
9.	Timothy EVANS	15 Southend	9:23.94	1:06.89	2:17.67	3:29.07	4:40.30	5:55.00	7:08.41	8:18.63
10.	Adam CARTER	15 Runnymede	9:25.76	1:05.51	2:16.38	3:28.12	4:40.20	5:52.16	7:04.23	8:16.14
11.	Michael WHITE	16 St Felix Sch	9:26.37	1:06.06	2:17.04	3:27.38	4:38.99	5:48.93	7:01.68	8:13.98
12.	Thomas FORD	16 Thurrock	9:27.79	1:08.10	2:20.75	3:33.41	4:45.25	5:57.41	7:08.93	8:20.29
13.	Conor HARROLD	15 Thurrock	9:29.17	1:06.81	2:17.05	3:27.68	4:39.46	5:52.01	7:04.95	8:17.93
14.	Robert BALDRANCE	16 Mid Beds	9:30.17	1:05.79	2:16.95	3:29.25	4:41.53	5:53.98	7:07.04	8:18.48
15.	Christopher COX	15 Hertsmere	9:31.38	1:09.94	2:22.26	3:34.43	4:47.34	5:59.05	7:10.94	8:22.97
16.	George MORRIS	16 Bo Southend	9:31.48	1:05.63	2:17.16	3:29.87	4:42.96	5:56.64	7:08.56	8:21.11
17.	Thomas QUINTON	16 UEA Norwich	9:31.61	1:09.70	2:22.18	3:34.46	4:47.22	5:59.69	7:11.96	8:23.99
18.	Daniel FEW	16 Colchester	9:38.12	1:06.31	2:17.93	3:29.96	4:42.89	5:56.63	7:11.34	8:25.60
19.	Carl HALFORD	15 Flitwick	9:41.36	1:08.24	2:21.19	3:34.61	4:48.38	6:02.16	7:16.32	8:30.03
20.	Josh FARRELL	15 Mid Beds	9:41.95	1:08.58	2:21.69	3:35.37	4:49.17	6:03.12	7:16.70	8:30.51
21.	Henry WOOD	16 Phoenix Bas	9:47.54	1:06.80	2:18.61	3:32.56	4:46.57	6:02.03	7:16.69	8:32.39
22.	Ben JOHNSON	15 UEA Norwich	9:56.76	1:08.74	2:23.71	3:38.05	4:54.03	6:09.95	7:26.53	8:42.99

MENS 17 Yrs/Over Age Group

Place	Name	AaD Club	Time	100	200	300	400	500	600	700
1.	Bret FERGUSON	21 Hatfield	8:38.42	1:01.02	2:06.10	3:12.56	4:18.37	5:24.21	6:30.18	7:34.98
2.	Samual HEARD	19 UEA Norwich	8:39.46	1:01.79	2:07.20	3:12.80	4:18.36	5:24.13	6:30.16	7:35.68
3.	Lewis MATTIN	18 UEA Norwich	8:49.38	1:04.52	2:11.47	3:17.92	4:24.66	5:31.00	6:37.71	7:44.37
4.	Lewis KING	17 Hatfield	8:58.93	1:03.89	2:10.20	3:17.97	4:26.54	5:35.12	6:44.22	7:53.12
5.	Jonathan SAYER	18 Bo Southend	8:59.63	1:02.91	2:10.82	3:19.53	4:28.11	5:37.09	6:46.24	7:55.63
6.	Douglas GORDON	18 Co Cambridge	9:09.94	1:04.27	2:13.02	3:23.61	4:35.28	5:44.85	6:54.49	8:04.04
7.	Thomas ROOTSEY	18 Colchester	9:16.13	1:03.01	2:11.38	3:20.58	4:30.99	5:42.68	6:54.79	8:06.83
8.	Chris EYNON	19 Sudbury	9:16.43	1:04.63	2:13.98	3:24.72	4:35.89	5:46.55	6:58.50	8:09.69

WOMENS 15 Yrs/Under Age Group

Place	Name	AaD Club	Time	100	200	300	400	500	600	700
1.	Sophie CHAMBERLAIN	15 St Felix Sch	9:22.98	1:06.18	2:16.13	3:26.80	4:38.51	5:50.39	7:02.21	8:13.59
2.	Laura ADAMS	14 UEA Norwich	9:34.38	1:09.27	2:21.19	3:33.23	4:45.67	5:57.61	7:10.11	8:22.77
3.	Rebecca WHITE	14 St Felix Sch	9:37.14	1:07.03	2:19.53	3:32.61	4:45.90	5:59.41	7:12.80	8:26.94
4.	Danielle SAYER	14 Thurrock	9:43.66	1:08.53	2:21.66	3:35.04	4:48.58	6:02.22	7:16.72	8:30.88
5.	Alice MARCHANT	15 Mid Beds	9:48.50	1:10.89	2:25.35	3:40.26	4:54.83	6:09.36	7:23.54	8:36.89
6.	Rachel ANDVIG	15 teamipswich	9:53.98	1:11.40	2:27.22	3:43.11	4:58.42	6:13.26	7:28.67	8:42.74
7.	Charlotte BLACKSLEY	14 Mid Beds	10:02.01	1:10.10	2:25.96	3:41.50	4:56.53	6:13.36	7:29.94	8:46.71
8.	Eleanor MASON	14 Mid Beds	10:02.07	1:10.02	2:26.51	3:43.04	4:59.23	6:16.03	7:32.32	8:48.83
9.	Amy MURFITT	14 Basildon	10:06.14	1:09.43	2:24.10	3:40.71	4:58.75	6:16.85	7:35.27	8:53.02
10.	Nina WISEMAN	15 Bishop Stort	10:06.48	1:09.43	2:25.65	3:43.24	5:00.17	6:17.47	7:35.10	8:52.37
11.	Chloe HARRIS	15 St Felix Sch	10:13.29	1:12.70	2:29.06	3:45.92	5:03.11	6:20.74	7:39.24	8:57.11
12.	Eleanor NEWELL	14 Kings Lynn	10:13.51	1:12.58	2:29.03	3:45.25	5:02.10	6:19.85	7:38.68	8:57.88
13.	Kerriann CHIPPERFIELD	14 Thurrock	10:15.48	1:10.05	2:25.48	3:42.39	5:00.50	6:19.08	7:38.53	8:58.40
14.	Charley GALLAGHER	15 Southend	10:16.81	1:11.94	2:30.93	3:49.68	5:08.46	6:27.82	7:46.98	9:05.00
15.	Chloe DAVIS	14 Runnymede	10:21.65	1:12.11	2:30.68	3:49.55	5:09.09	6:28.07	7:47.05	9:05.37
16.	Georgina ROUGHSEGE	15 Co Cambridge	10:40.02	1:12.76	2:33.56	3:54.76	5:17.41	6:38.87	8:01.45	9:22.99

WOMENS 16 Yrs/Over Age Group

Place	Name	AaD Club	Time	100	200	300	400	500	600	700
1.	Jessica FORD	17 Thurrock	9:26.35	1:06.87	2:17.79	3:29.24	4:40.96	5:52.81	7:04.83	8:16.88
2.	Shannon HARROLD	16 Thurrock	9:36.62	1:08.65	2:20.84	3:32.97	4:45.52	5:58.64	7:11.97	8:24.95
3.	Fenella FOSKETT	16 Deben	9:41.78	1:07.86	2:21.41	3:35.03	4:49.18	6:02.65	7:16.51	8:30.17