



ASA East Region
2008 Youth Championships
 (Under ASA Laws, ASA Technical Rules & IPC Swimming Rules)
 A Level One Licensed Meet - N^p. ERX810



EVENT 501 Mens Open 50m Breaststroke

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints
1.	Sam BRADLEY	14 Mid Beds	6	49.66	565

16 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	Nathan HENDERSON	15 Lstof & OB		32.50
2.	David GODRIDGE	15 Watford		32.93
3.	Lawrence PALMER	15 Luton		33.11
4.	Adam MAXWELL	16 Hatfield		33.16
5.	William MEADOWS	16 Deben		33.56
6.	Andrew EGAN	15 Hatfield		33.57
7.	Andrew WEATHERITT	16 St Ives		33.65
8.	Alex DEAL	15 Sudbury		34.07
9.	Stephen FISHER	16 UEA Norwich		34.12
10.	Mark COLLINS	15 Kings Lynn		34.22
11.	George MORRIS	16 Bo Southend		34.26
12.	Thomas CLARK	16 Putteridge		34.27
13.	Matthew ATKINS	16 Lstof & OB		34.50
14.	Robert BALDRANCE	16 Mid Beds		34.62
15.	Alex FRANCEY	16 Harlow Pen		34.73
16.	Andrew COATES	16 Co Peterboro		34.78
17.	Nathan GARRITY	16 Hadleigh		34.98
18.	Sebastian WATERS	16 UEA Norwich		35.05
19.	Matthew SAUNDERS	16 Southend		35.11
20.	Jack HARGRAVES	16 Chelmsford		35.20
21.	Joseph MACKAY	16 Colchester		35.36
22.	James ATTWATER	15 Deben		35.80
23.	Ben JOHNSON	15 UEA Norwich		35.84
24.	Sam MUNKLEY	16 Hertsmere		36.03
25.	Dean BRUMBY	15 Rochford		36.05
26.	Aydin BERKI	15 Mid Beds		36.11
27.	Ashley BINNS	15 Co Peterboro		36.44
28.	Sam BRADLEY	14 Mid Beds	6	49.66
	Matthew HENSON	16 Co St Albans		DQ ST-

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	James ALLCHORNE	19 Hatfield		31.39
2.	Thomas WILLIAMS	23 Sudbury		32.07
3.	Christopher HOWE	17 Leighton Buz		32.56
4.	Ho-on TO	19 Cambridge Un		32.70
5.	Bobby CAVE	17 Hatfield		32.82
6.	Chris EYNON	19 Sudbury		33.03
7.	Roger MALLETT	19 Biggleswade		33.10
8.	Luke WESTWOOD	17 Co Cambridge		33.29
9.	Craig BULL	19 Hatfield		33.96
10.	Stuart CLARKE	23 Bishop Stort		34.74
11.	Myles GIBSON	17 Mid Beds		34.90
12.	Jack GEORGE	17 Stevenage		35.51

EVENT 502 Womens Open 50m Breaststroke

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints
1.	Emma HOLLIS	16 Epping For't	7	50.34	680
2.	Sarah BOWLING	18 Kings Lynn	9	45.39	614

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	Zoe SMITH	14 Lstof & OB		35.26
2.	Emma WARRINGTON	15 Hoddesdon		36.08
3.	Kelly JOHNSON	14 Modernians		36.31
4.	Becky WILLINSON	15 UEA Norwich		36.73
5.	Charlotte McCONNELL	14 Mid Beds		37.44
6.	Chelsea PROUTEN	15 Mid Beds		37.68
7.	Charlotte OVENDEN	14 Modernians		37.90
8.	Hazel PICKFORD	15 Hatfield		38.16
9.	Whitney HARD	15 Thurrock		38.35
10.	Harriet COOK	14 Hertford		38.73
11.	Hannah PARR	14 Luton		38.80
12.	Nicole GIBBS	14 Brentwood		38.84
13.	Katie SYKES	15 Kings Lynn		38.86
14.	Lucy MACKENZIE	14 Hadleigh		39.32
15.	Amy ROOT	15 Halstead		40.03
16.	Liberty TAYLOR	14 teamipswich		40.05

16 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time
1.	Amy SWALLOW	16 teamipswich		35.92
2.	Claire BARRON	17 UEA Norwich		35.93
3.	Petra CHOMICZ	17 Kings Lynn		35.94
4.	Louise BUSH	17 UEA Norwich		35.99
5.	Karen KWOK	16 Modernians		36.35
6.	Chloe PELLICAN	16 UEA Norwich		37.27
7.	Harriet LEE	17 Mid Beds		37.33



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8.	Riasa DOUGLAS-COLLOW	16	Lstoff & OB	37.45
9.	Bernice EDGEWORTH	16	Bishop Stort	37.65
10.	Alice SCOTT	19	UEA Norwich	37.79
11.	Fenella FOSKETT	16	Deben	37.81
12.	Emily AUST	18	Mid Beds	38.24
13.	Zoe SMITH	16	Luton	38.88
14.	Sarah BOWLING	18	Kings Lynn	45.39
15.	Emma HOLLIS	16	Epping Fort	50.34

EVENT 503 Mens Open 200m IM

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat.	Time	BDPoints	50	100	150
1.	Sam BRADLEY	14	Mid Beds	7	3:15.75	569	47.10	1:35.05	2:34.76
2.	Ryan CROUCH	14	teamipswich	10	2:51.46	496	37.83	1:19.73	2:13.59
	Jack COPPING	15	Colchester P	10	DQ	ST-			

16 Yrs/Under Age Group - Full Results

Place	Name	AaD	Club	Cat.	Time	50	100	150
1.	Lewis COLEMAN	16	teamipswich		2:12.40	28.69	1:02.36	1:41.00
2.	David GODRIDGE	15	Watford		2:17.97	29.70	1:06.17	1:47.02
3.	Nicholas THOMPSON	16	UEA Norwich		2:18.87	30.93	1:07.02	1:46.52
4.	Dean WOODCOCK	16	Chelmsford		2:20.63	30.56	1:06.92	1:48.38
5.	Dale HART	16	Kings Lynn		2:20.78	29.08	1:07.05	1:49.40
6.	Thomas FREEMAN	16	Co Peterboro		2:20.93	31.35	1:06.83	1:47.87
7.	Andrew BIGLEY	16	teamipswich		2:20.94	29.61	1:08.30	1:49.38
8.	William BLACKABY	15	Stowmarket		2:27.20	29.53	1:07.64	1:53.13
9.	Christian STOKES	15	Mid Beds		2:28.18	31.31	1:09.23	1:54.20
10.	Aydin BERKI	15	Mid Beds		2:28.27	32.41	1:12.74	1:55.82
11.	Henry WOOD	16	Phoenix Bas		2:29.66	32.74	1:10.63	1:53.89
12.	James SUTHERLAND	16	Hatfield		2:30.43	29.91	1:06.58	1:53.06
13.	Timothy EVANS	15	Southend		2:31.29	31.73	1:11.82	1:57.82
14.	Lawrence PALMER	15	Luton		2:32.20	32.40	1:14.20	1:55.29
15.	David LAMBERT	15	Kings Lynn		2:38.53	31.79	1:12.94	2:00.95
16.	Ryan CROUCH	14	teamipswich	10	2:51.46	37.83	1:19.73	2:13.59
17.	Sam BRADLEY	14	Mid Beds	7	3:15.75	47.10	1:35.05	2:34.76
	Jack COPPING	15	Colchester P	10	DQ	ST-		

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat.	Time	50	100	150
1.	John SARGENT	22	Hatfield		2:11.17	27.81	59.67	1:38.88
2.	Thomas HOLLINGSWORTH	20	UEA Norwich		2:15.62	28.51	1:03.40	1:43.85
3.	Charles WALKER	18	Co Peterboro		2:17.13	28.62	1:03.35	1:45.12
4.	George SCOTHERN	17	Brentwood		2:17.71	28.96	1:03.83	1:44.30
5.	Thomas ROOTSEY	18	Colchester		2:18.92	29.34	1:03.09	1:46.76
6.	Richard MOLLOY	18	Bishop Stort		2:21.18	30.06	1:05.36	1:47.60
7.	Martyn BIRMINGHAM	19	Hatfield		2:22.21	28.65	1:04.78	1:47.36
8.	Jonathan SAYER	18	Bo Southend		2:23.06	30.00	1:08.50	1:51.96
9.	Luke WESTWOOD	17	Co Cambridge		2:23.62	31.63	1:09.12	1:50.46
10.	Lewis KING	17	Hatfield		2:23.92	30.55	1:08.82	1:51.77
11.	Oliver CROSBY	17	Colchester		2:25.29	31.24	1:07.88	1:51.50
12.	Paul TITLEY	19	Mid Beds		2:29.86	30.59	1:08.57	1:53.55

EVENT 504 Womens Open 200m IM

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat.	Time	BDPoints	50	100	150
1.	Jodie FLEMING	14	Colchester P	6	4:48.08	318	1:05.54	2:06.95	3:32.23

15 Yrs/Under Age Group - Full Results

Place	Name	AaD	Club	Cat.	Time	50	100	150
1.	Sophie CHAMBERLAIN	15	St Felix Sch		2:26.49	31.24	1:10.00	1:53.12
2.	Anne BOCHMANN	14	UEA Norwich		2:27.50	32.08	1:10.13	1:52.35
3.	Lucy CHARLES	14	Hoddesdon		2:30.59	31.79	1:09.78	1:57.73
4.	Bethany COGGINS	14	UEA Norwich		2:32.24	31.24	1:11.53	1:57.54
5.	Rebecca WHITE	14	St Felix Sch		2:34.14	33.88	1:13.62	1:58.78
6.	Carolyn ASTBURY	15	Watford		2:34.90	33.69	1:12.26	1:59.85
7.	Zoe SMITH	14	Lstoff & OB		2:36.07	33.95	1:15.10	1:59.55
8.	Rachael FRANKLIN	15	Brentwood		2:36.67	34.51	1:15.34	2:00.10
9.	Isabella THOMSON	15	Co Cambridge		2:37.88	30.39	1:12.66	2:00.26
10.	Whitney BUCKLER	15	UEA Norwich		2:37.96	34.70	1:14.99	2:03.78
11.	Robyn BALL	15	St Felix Sch		2:38.24	33.87	1:14.23	2:04.03
12.	Laura ADAMS	14	UEA Norwich		2:39.12	34.31	1:14.78	2:03.18
13.	Charlotte McCONNELL	14	Mid Beds		2:39.61	33.83	1:15.85	2:03.77
14.	Charlotte HENSON	14	Co St Albans		2:39.78	35.61	1:14.02	2:02.45
15.	Becky WILLINSON	15	UEA Norwich		2:39.87	34.82	1:17.02	2:02.45
16.	Coral YOUNG	14	teamipswich		2:39.94	37.13	1:16.23	2:05.76
17.	Amy STEWART	14	Watford		2:40.22	34.67	1:15.46	2:02.84
18.	Tamara RICHARDS	15	Mid Beds		2:40.31	33.57	1:14.41	2:02.63
19.	Charlotte OVENDEN	14	Modernians		2:40.46	35.24	1:17.13	2:02.94
20.	Georgina FREEMAN	14	Co Peterboro		2:41.38	33.24	1:15.13	2:05.24
21.	Victoria SPARROW	14	West Suffolk		2:41.42	33.72	1:13.55	2:05.57
22.	Chloe DAVIS	14	Runnymede		2:41.44	34.05	1:15.12	2:04.89
23.	Katie SYKES	15	Kings Lynn		2:41.77	33.65	1:16.45	2:04.20
24.	Hannah PARR	14	Luton		2:42.12	36.31	1:19.28	2:04.46
25.	Charley GALLAGHER	15	Southend		2:42.16	36.01	1:18.48	2:06.68
26.	Abigail SAYER	14	Thurrock		2:43.03	34.82	1:16.06	2:06.88
27.	Nicole GIBBS	14	Brentwood		2:45.14	36.84	1:20.86	2:06.51



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Place	Name	AaD Club	Cat.	Time	50	100	150
28.	Jodie FLEMING	14 Colchester P	6	4:48.08	1:05.54	2:06.95	3:32.23
16 Yrs/Over Age Group - Full Results							
1.	Petra CHOMICZ	17 Kings Lynn		2:28.14	33.30	1:11.73	1:52.58
2.	Katie AMBRIDGE	18 Hatfield		2:29.49	31.93	1:12.58	1:55.56
3.	Natalie EFFEMEY	24 Modernians		2:29.60	32.25	1:10.90	1:54.69
4.	Hannah RAINE	17 Mid Beds		2:31.68	32.51	1:10.93	1:55.79
5.	Verity GOODEY	16 Southend		2:32.07	32.08	1:13.51	1:56.81
6.	Claire BARRON	17 UEA Norwich		2:32.89	33.58	1:13.87	1:57.33
7.	Jessica FORD	17 Thurrock		2:32.96	34.15	1:13.56	1:58.70
8.	Lara NYMAN	16 Hatfield		2:33.17	32.83	1:12.93	1:58.34
9.	Christine TOOKE	18 Co Peterboro		2:34.49	33.94	1:12.96	1:58.88
10.	Chloe PELLICAN	16 UEA Norwich		2:35.75	32.34	1:14.13	1:58.45
11.	Charlotte DELICATA	16 Thurrock		2:36.24	34.35	1:13.65	2:00.15
12.	Shannon HARROLD	16 Thurrock		2:37.29	34.05	1:15.64	2:01.86
13.	Fenella FOSKETT	16 Deben		2:37.31	34.20	1:15.18	2:01.94
14.	Mairi WALKER	18 Lstof & OB		2:38.31	33.97	1:13.69	2:02.72
15.	Sophie POOLE	17 teamipswich		2:38.58	33.53	1:15.47	2:03.26
16.	Bernice EDGEWORTH	17 Bishop Stort		2:39.47	35.96	1:18.04	2:03.08
17.	Natalie WARD	18 Runnymede		2:42.29	34.23	1:15.21	2:04.85

EVENT 504 Womens Open 200m IM

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50	100	150
1.	Jodie FLEMING	14 Colchester P	6	4:48.08	318	1:05.54	2:06.95	3:32.23

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150
1.	Sophie CHAMBERLAIN	15 St Felix Sch		2:26.49	31.24	1:10.00	1:53.12
2.	Anne BOCHMANN	14 UEA Norwich		2:27.50	32.08	1:10.13	1:52.35
3.	Lucy CHARLES	14 Hoddesdon		2:30.59	31.79	1:09.78	1:57.73
4.	Bethany COGGINS	14 UEA Norwich		2:32.24	31.24	1:11.53	1:57.54
5.	Rebecca WHITE	14 St Felix Sch		2:34.14	33.88	1:13.62	1:58.78
6.	Carolyn ASTBURY	15 Watford		2:34.90	33.69	1:12.26	1:59.85
7.	Zoe SMITH	14 Lstof & OB		2:36.07	33.95	1:15.10	1:59.55
8.	Rachael FRANKLIN	15 Brentwood		2:36.67	34.51	1:15.34	2:00.10
9.	Isabella THOMSON	15 Co Cambridge		2:37.88	30.39	1:12.66	2:00.26
10.	Whitney BUCKLER	15 UEA Norwich		2:37.96	34.70	1:14.99	2:03.78
11.	Robyn BALL	15 St Felix Sch		2:38.24	33.87	1:14.23	2:04.03
12.	Laura ADAMS	14 UEA Norwich		2:39.12	34.31	1:14.78	2:03.18
13.	Charlotte McCONNELL	14 Mid Beds		2:39.61	33.83	1:15.85	2:03.77
14.	Charlotte HENSON	14 Co St Albans		2:39.78	35.61	1:14.02	2:02.45
15.	Becky WILLINSON	15 UEA Norwich		2:39.87	34.82	1:17.02	2:02.45
16.	Coral YOUNG	14 teamipswich		2:39.94	37.13	1:16.23	2:05.76
17.	Amy STEWART	14 Watford		2:40.22	34.67	1:15.46	2:02.84
18.	Tamara RICHARDS	15 Mid Beds		2:40.31	33.57	1:14.41	2:02.63
19.	Charlotte OVENDEN	14 Modernians		2:40.46	35.24	1:17.13	2:02.94
20.	Georgina FREEMAN	14 Co Peterboro		2:41.38	33.24	1:15.13	2:05.24
21.	Victoria SPARROW	14 West Suffolk		2:41.42	33.72	1:13.55	2:05.57
22.	Chloe DAVIS	14 Runnymede		2:41.44	34.05	1:15.12	2:04.89
23.	Katie SYKES	15 Kings Lynn		2:41.77	33.65	1:16.45	2:04.20
24.	Hannah PARR	14 Luton		2:42.12	36.31	1:19.28	2:04.46
25.	Charley GALLAGHER	15 Southend		2:42.16	36.01	1:18.48	2:06.68
26.	Abigail SAYER	14 Thurrock		2:43.03	34.82	1:16.06	2:06.88
27.	Nicole GIBBS	14 Brentwood		2:45.14	36.84	1:20.86	2:06.51
28.	Jodie FLEMING	14 Colchester P	6	4:48.08	1:05.54	2:06.95	3:32.23

16 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150
1.	Petra CHOMICZ	17 Kings Lynn		2:28.14	33.30	1:11.73	1:52.58
2.	Katie AMBRIDGE	18 Hatfield		2:29.49	31.93	1:12.58	1:55.56
3.	Natalie EFFEMEY	24 Modernians		2:29.60	32.25	1:10.90	1:54.69
4.	Hannah RAINE	17 Mid Beds		2:31.68	32.51	1:10.93	1:55.79
5.	Verity GOODEY	16 Southend		2:32.07	32.08	1:13.51	1:56.81
6.	Claire BARRON	17 UEA Norwich		2:32.89	33.58	1:13.87	1:57.33
7.	Jessica FORD	17 Thurrock		2:32.96	34.15	1:13.56	1:58.70
8.	Lara NYMAN	16 Hatfield		2:33.17	32.83	1:12.93	1:58.34
9.	Christine TOOKE	18 Co Peterboro		2:34.49	33.94	1:12.96	1:58.88
10.	Chloe PELLICAN	16 UEA Norwich		2:35.75	32.34	1:14.13	1:58.45
11.	Charlotte DELICATA	16 Thurrock		2:36.24	34.35	1:13.65	2:00.15
12.	Shannon HARROLD	16 Thurrock		2:37.29	34.05	1:15.64	2:01.86
13.	Fenella FOSKETT	16 Deben		2:37.31	34.20	1:15.18	2:01.94
14.	Mairi WALKER	18 Lstof & OB		2:38.31	33.97	1:13.69	2:02.72
15.	Sophie POOLE	17 teamipswich		2:38.58	33.53	1:15.47	2:03.26
16.	Bernice EDGEWORTH	17 Bishop Stort		2:39.47	35.96	1:18.04	2:03.08
17.	Natalie WARD	18 Runnymede		2:42.29	34.23	1:15.21	2:04.85



ASA East Region 2008 Youth Championships

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A Level One Licensed Meet - N^o ERX810



EVENT 505 Mens Open 400m Freestyle (Timed Finals)

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50	100	150	200	250	300	350
1.	Sam BRADLEY	14 Mid Beds	7	5:36.22	667	38.67	1:20.84	2:04.17	2:47.05	3:30.34	4:12.97	4:55.94
2.	Ryan CROUCH	14 teamipswich	10	4:59.53	542	33.44	1:11.59	1:50.18	2:28.68	3:06.49	3:45.31	4:22.92
3.	Jack COPPING	15 Colchester P	10	5:15.75	463	35.55	1:16.53	1:58.09	2:37.37	3:17.60	3:57.04	4:37.27

16 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150	200	250	300	350
1.	Thomas SUTTON	15 St Felix Sch		4:14.88	29.33	1:00.92	1:33.07	2:05.43	2:37.77	3:10.31	3:42.56
2.	Nicholas THOMPSON	16 UEA Norwich		4:18.05	29.06	1:00.62	1:33.30	2:06.71	2:39.49	3:12.38	3:45.39
3.	Jordan BATE	15 UEA Norwich		4:23.05	30.19	1:03.59	1:36.92	2:10.77	2:44.19	3:17.59	3:50.64
4.	Callum CANDY	15 Hatfield		4:24.25	29.82	1:02.81	1:36.39	2:11.12	2:44.84	3:19.21	3:52.57
5.	Andrew WILKINSON	15 Co Cambridge		4:28.75	29.86	1:02.85	1:36.61	2:11.26	2:46.33	3:21.63	3:56.13
6.	Thomas FREEMAN	16 Co Peterboro		4:29.19	30.33	1:03.88	1:37.79	2:12.20	2:46.56	3:20.98	3:55.72
7.	Aydin BERKI	15 Mid Beds		4:30.37	30.59	1:03.64	1:37.96	2:12.92	2:47.92	3:23.16	3:57.72
8.	Michael WHITE	16 St Felix Sch		4:30.74	30.19	1:04.03	1:38.69	2:13.67	2:47.60	3:22.61	3:57.19
9.	Christian STOKES	15 Mid Beds		4:31.37	30.72	1:03.72	1:38.10	2:12.81	2:47.75	3:23.02	3:58.00
10.	Christopher COX	15 Hertsmere		4:32.00	30.63	1:04.24	1:38.55	2:13.40	2:48.25	3:23.77	3:58.25
11.	Sean TOMLIN	16 Bo Southend		4:33.15	30.08	1:03.60	1:37.41	2:12.15	2:46.78	3:22.73	3:57.57
12.	Christopher BROOKS	15 Southend		4:33.39	29.71	1:02.86	1:37.63	2:12.88	2:48.05	3:22.62	3:58.52
13.	Robert BALDRANCE	16 Mid Beds		4:34.68	29.65	1:03.93	1:39.09	2:15.19	2:50.88	3:27.37	4:01.29
14.	Mark COLLINS	15 Kings Lynn		4:35.93	30.66	1:04.89	1:39.74	2:14.98	2:50.27	3:25.66	4:01.43
15.	Adam CARTER	15 Runnymede		4:35.99	31.53	1:05.52	1:40.34	2:15.69	2:51.06	3:26.62	4:02.15
16.	James MITCHELL	15 Thurrock		4:36.39	31.97	1:06.33	1:41.04	2:16.32	2:51.52	3:26.96	4:02.08
17.	Thomas FORD	16 Thurrock		4:36.47	30.24	1:04.86	1:40.54	2:16.08	2:51.93	3:27.07	4:02.55
18.	George MORRIS	16 Bo Southend		4:36.72	30.29	1:04.17	1:38.93	2:14.80	2:51.21	3:27.20	4:01.88
19.	Daniel FEW	16 Colchester		4:40.38	29.99	1:04.42	1:39.95	2:16.31	2:52.50	3:29.28	4:05.58
20.	Adam INGLEDEW	15 Mid Beds		4:51.20	28.01	59.39	1:32.80	2:06.33	2:56.32	3:35.12	4:13.13
21.	Ryan CROUCH	14 teamipswich	10	4:59.53	33.44	1:11.59	1:50.18	2:28.68	3:06.49	3:45.31	4:22.92
22.	Jack COPPING	15 Colchester P	10	5:15.75	35.55	1:16.53	1:58.09	2:37.37	3:17.60	3:57.04	4:37.27
23.	Sam BRADLEY	14 Mid Beds	7	5:36.22	38.67	1:20.84	2:04.17	2:47.05	3:30.34	4:12.97	4:55.94

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150	200	250	300	350
1.	Bret FERGUSON	21 Hatfield		4:06.40	28.65	59.39	1:30.26	2:01.27	2:32.03	3:03.25	3:34.92
2.	Samual HEARD	19 UEA Norwich		4:10.13	29.17	1:00.72	1:32.85	2:04.89	2:36.07	3:07.83	3:39.09
3.	Lewis KING	17 Hatfield		4:23.33	30.33	1:03.11	1:36.15	2:10.28	2:44.04	3:18.60	3:52.53
4.	Lewis MATTIN	18 UEA Norwich		4:24.40	31.18	1:05.00	1:38.36	2:11.59	2:44.91	3:18.21	3:51.95
5.	Stuart CLARKE	23 Bishop Stort		4:25.44	29.06	1:01.22	1:34.23	2:08.63	2:42.91	3:17.80	3:51.73
6.	Jonathan SAYER	18 Bo Southend		4:31.39	30.00	1:04.13	1:38.40	2:12.89	2:46.39	3:20.52	3:57.01
7.	Chris EYNON	19 Sudbury		4:33.20	30.23	1:04.24	1:39.00	2:14.35	2:49.37	3:24.78	3:59.32

EVENT 506 Womens Open 400m Freestyle (Timed Finals)

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50	100	150	200	250	300	350
1.	Emma HOLLIS	16 Epping For't	8	6:13.10	485	39.81	1:25.12	2:13.94	3:01.50	3:50.47	4:39.18	5:28.78
2.	Sarah BOWLING	18 Kings Lynn	9	5:36.91	481	38.17	1:19.66	2:02.83	2:45.72	3:29.17	4:12.14	4:55.04
3.	Claire WARNE	15 Flitwick	6	7:30.96	464	51.87	1:50.06	2:46.62	3:43.47	4:39.90	5:38.36	6:35.44
4.	Emily HARRIS	10 Lstoft & OB	9	7:07.93	235	46.71	1:39.49	2:33.74	3:28.87	4:25.03	5:20.03	6:14.95

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150	200	250	300	350
1.	Anne BOCHMANN	14 UEA Norwich		4:24.20	30.47	1:03.06	1:36.38	2:10.01	2:43.58	3:17.38	3:51.28
2.	Sophie CHAMBERLAIN	15 St Felix Sch		4:32.81	31.41	1:05.67	1:40.58	2:15.17	2:49.86	3:24.73	3:59.40
3.	Lucy CHARLES	14 Hoddesdon		4:33.12	31.14	1:05.40	1:40.23	2:15.08	2:50.04	3:25.19	4:00.16
4.	Georgina HUNT	15 Thurrock		4:36.87	32.01	1:06.17	1:41.24	2:16.42	2:51.61	3:26.96	4:02.53
5.	Yasmin BITHREY	14 Mid Beds		4:38.38	31.58	1:06.25	1:41.87	2:17.32	2:53.22	3:29.12	4:04.24
6.	Alex HARRISON	14 St Felix Sch		4:41.28	31.80	1:06.90	1:42.49	2:18.55	2:54.42	3:30.69	4:07.17
7.	Philippa HARDY	14 Hatfield		4:44.05	31.92	1:07.08	1:42.84	2:19.20	2:55.52	3:31.94	4:08.35
8.	Laura ADAMS	14 UEA Norwich		4:45.00	32.70	1:08.34	1:44.60	2:20.69	2:56.83	3:33.36	4:09.50
9.	Rebecca WHITE	14 St Felix Sch		4:45.39	31.79	1:06.32	1:42.51	2:19.30	2:55.77	3:32.66	4:09.35
10.	Alice MARCHANT	15 Mid Beds		4:47.94	32.38	1:07.68	1:44.21	2:21.63	2:58.55	3:35.38	4:12.10
11.	Eleanor MASON	14 Mid Beds		4:49.00	32.39	1:07.83	1:44.52	2:22.08	2:59.73	3:36.30	4:14.02
12.	Robyn BALL	15 St Felix Sch		4:49.14	31.72	1:07.33	1:43.65	2:21.00	2:58.07	3:35.63	4:12.87
13.	Eleanor NEWELL	14 Kings Lynn		4:52.37	33.76	1:10.39	1:47.87	2:25.18	3:01.82	3:39.56	4:16.55
14.	Nina WISEMAN	15 Bishop Stort		4:53.63	32.48	1:07.66	1:44.70	2:22.11	3:00.38	3:38.44	4:16.90
15.	Kerriann CHIPPERFIELD	14 Thurrock		4:53.95	32.69	1:09.29	1:47.39	2:25.28	3:03.47	3:41.47	4:19.26
16.	Georgina FREEMAN	14 Co Peterboro		4:54.98	32.62	1:09.41	1:47.37	2:08.16	3:03.00	3:40.83	4:18.76
17.	Eleanor VEASY	14 St Felix Sch		4:55.02	33.16	1:09.40	1:47.23	2:25.24	3:03.04	3:41.00	4:18.51
18.	Eleanor BEDWELL	14 Epping For't		4:55.32	33.13	1:10.10	1:47.56	2:25.80	3:03.86	3:42.24	4:19.91
19.	Charlotte BLACKSLEY	14 Mid Beds		4:56.77	32.77	1:09.14	1:46.72	2:25.14	3:03.38	3:41.49	4:19.57
20.	Charley GALLAGHER	15 Southend		4:59.36	32.79	1:10.53	1:49.52	2:28.75	3:07.65	3:46.61	4:24.82
21.	Sophie THRUSSELL	15 Mid Beds		4:59.60	34.46	1:11.60	1:49.25	2:27.37	3:05.38	3:43.59	4:22.22
22.	Chloe HARRIS	15 St Felix Sch		5:00.35	34.50	1:12.36	1:50.68	2:28.14	3:06.21	3:44.81	4:22.84
23.	Annabelle STANNARD	14 St Felix Sch		5:02.43	33.58	1:10.00	1:47.80	2:26.05	3:05.49	3:44.76	4:24.52
24.	Chloe DAVIS	14 Runnymede		5:02.45	32.85	1:10.20	1:49.30	2:28.39	3:07.67	3:46.65	4:25.34
25.	Georgina ROUGHSEGE	15 Co Cambridge		5:10.95	34.08	1:11.93	1:51.39	2:31.22	3:11.65	3:52.27	4:32.14
26.	Emily HARRIS	10 Lstoft & OB	9	7:07.93	46.71	1:39.49	2:33.74	3:28.87	4:25.03	5:20.03	6:14.95
27.	Claire WARNE	15 Flitwick	6	7:30.96	51.87	1:50.06	2:46.62	3:43.47	4:39.90	5:38.36	6:35.44



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16 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50	100	150	200	250	300	350
1.	Harriet BRETTELE	16 Mid Beds		4:32.74	31.08	1:05.46	1:40.67	2:16.28	2:51.05	3:25.17	3:59.81
2.	Shannon HARROLD	16 Thurrock		4:41.93	32.31	1:07.16	1:43.05	2:19.34	2:55.24	3:31.57	4:07.27
3.	Jessica FORD	17 Thurrock		4:43.97	32.70	1:07.76	1:43.69	2:19.67	2:55.50	3:31.40	4:08.12
4.	Fenella FOSKETT	16 Deben		4:50.19	32.33	1:08.33	1:45.75	2:23.17	3:00.19	3:37.74	4:14.76
5.	Hannah MOUNSEY	17 Kings Lynn		4:53.90	32.43	1:09.35	1:47.41	2:25.91	3:03.51	3:40.47	4:17.88
6.	Charlotte DAVIS	16 Runnymede		4:59.91	32.95	1:08.56	1:45.43	2:23.60	3:02.33	3:42.05	4:21.87
7.	Sarah BOWLING	18 Kings Lynn	9	5:36.91	38.17	1:19.66	2:02.83	2:45.72	3:29.17	4:12.14	4:55.04
8.	Emma HOLLIS	16 Epping Fort	8	6:13.10	39.81	1:25.12	2:13.94	3:01.50	3:50.47	4:39.18	5:28.78

EVENT 507 Mens Open 100m Butterfly

16 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50
1.	Lewis COLEMAN	16 teamipswich		1:00.20	28.46
2.	Andrew BIGLEY	16 teamipswich		1:02.78	29.80
3.	Craig ROSS	16 Bishop Stort		1:04.07	29.20
4.	William BLACKABY	15 Stowmarket		1:04.12	29.67
5.	James SUTHERLAND	16 Hatfield		1:04.28	29.17
6.	Jason DANIELS	15 Thurrock		1:04.59	30.17
7.	Sam MUNKLEY	16 Hertsmere		1:04.72	29.37
8.	Michael WHITE	16 St Felix Sch		1:05.89	30.95
9.	Timothy EVANS	15 Southend		1:06.02	30.79
10.	Oliver CREASEY	16 Hitchin		1:06.03	30.31
11.	Sean TOMLIN	16 Bo Southend		1:06.06	30.53
12.	Morgan PUGH	15 Harpenden		1:07.20	30.82
13.	David LAMBERT	15 Kings Lynn		1:09.42	31.90

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50
1.	Jonathan QUINN	17 Hatfield		58.54	27.15
2.	John SARGENT	22 Hatfield		58.71	27.54
3.	James ALLCHORNE	19 Hatfield		59.97	27.86
4.	Kouji URATA	18 Hatfield		1:00.72	28.50
5.	Thomas HOLLINGSWORTH	20 UEA Norwich		1:00.82	28.57
6.	Mark STEVENS	18 Deben		1:00.92	28.06
7.	Geoffrey SHORT	21 Bishop Stort		1:01.13	27.60
8.	Bobby CAVE	17 Hatfield		1:02.43	30.01
9.	Jonathan POOK	19 Hatfield		1:02.53	28.41
10.	Thomas ROOTSEY	18 Colchester		1:02.72	29.33
11.	Mark LEAMON	21 UEA Norwich		1:03.52	29.45
12.	Matthew JONES	19 Mildenhall		1:04.42	29.55
13.	John McKENZIE	18 UEA Norwich		1:04.45	29.27
14.	James CARLINE	18 Modernians		1:05.08	30.26
15.	Stuart KIRK	20 Modernians		1:05.25	29.34
16.	Thomas WILLIAMS	23 Sudbury		1:05.37	29.77
17.	Jonathan SAYER	18 Bo Southend		1:05.48	30.40
18.	Adam M JAMIESON	17 Mildenhall		1:06.91	29.76

EVENT 508 Womens Open 100m Butterfly

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50
1.	Sarah BOWLING	18 Kings Lynn	9	1:26.86	465	39.95

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50
1.	Bethany COGGINS	14 UEA Norwich		1:05.80	31.17
2.	Alice TENNANT	15 Deben		1:07.82	31.58
3.	Yasmin BITHREY	14 Mid Beds		1:08.53	32.27
4.	Isabella THOMSON	15 Co Cambridge		1:08.82	30.85
5.	Charlotte TAYLOR	14 teamipswich		1:10.77	32.58
6.	Sophie THRUSSELL	15 Mid Beds		1:11.27	33.97
7.	Jennifer REDMOND	14 teamipswich		1:11.36	34.15
8.	Megan LANGRIDGE	15 Thurrock		1:11.56	33.95
9.	Tamara RICHARDS	15 Mid Beds		1:12.40	33.54
10.	Laura ADAMS	14 UEA Norwich		1:12.53	33.83
11.	Rebecca WHITE	14 St Felix Sch		1:13.29	34.31
11.	Carolyn ASTBURY	15 Watford		1:13.29	34.13
13.	Katie SYKES	15 Kings Lynn		1:13.94	33.77
14.	Abigail SAYER	14 Thurrock		1:14.00	35.17
15.	Charlotte BLACKSLEY	14 Mid Beds		1:14.70	35.06
16.	Chloe DAVIS	14 Runnymede		1:15.12	33.90
17.	Kerriann CHIPPERFIELD	14 Thurrock		1:15.61	34.76

16 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50
1.	Katie AMBRIDGE	18 Hatfield		1:05.95	31.38
2.	Rebecca WARNER	18 Modernians		1:06.49	30.98
3.	Verity GOODEY	16 Southend		1:06.81	31.14
4.	Mairi WALKER	18 Lstoft & OB		1:08.44	33.22
5.	Hannah RAINE	17 Mid Beds		1:09.26	32.34
6.	Chloe PELLICAN	16 UEA Norwich		1:09.37	32.51
7.	Louise KING	17 Mid Beds		1:10.08	32.72
8.	Charlotte DAVIS	16 Runnymede		1:11.66	33.46
9.	Natalie WARD	18 Runnymede		1:13.64	34.19
10.	Sophie POOLE	17 teamipswich		1:13.94	33.86



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11. Sarah BOWLING 18 Kings Lynn 9 1:26.86 39.95

EVENT 509 Mens Open 200m Backstroke

16 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Time	50	100	150
1.	Adam INGLEDEW	15 Mid Beds	2:20.03	32.99	1:08.75	1:44.73
2.	Dean WOODCOCK	16 Chelmsford	2:23.41	33.87	1:09.80	1:47.10
3.	Sean TOMLIN	16 Bo Southend	2:25.27	33.75	1:10.31	1:47.57
4.	Jason DANIELS	15 Thurrock	2:25.41	34.22	1:11.45	1:48.78
5.	Jason RODD	15 teamipswich	2:27.31	34.64	1:12.80	1:50.78
6.	Conor HARROLD	15 Thurrock	2:27.62	34.85	1:12.15	1:50.43
7.	William BLACKABY	15 Stowmarket	2:29.05	35.20	1:12.80	1:51.44
8.	Dale HART	16 Kings Lynn	2:29.41	34.87	1:12.98	1:51.63
9.	Craig ROSS	16 Bishop Stort	2:29.54	33.48	1:11.22	1:50.90
10.	Timothy TRIPP	15 Colchester	2:30.30	35.00	1:12.16	1:51.50

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Time	50	100	150
1.	Richard HARRIS	18 St Felix Sch	2:16.39	31.25	1:05.15	1:40.43
2.	Tom GILBERT	17 Chelmsford	2:19.99	32.36	1:07.62	1:43.63
3.	Thomas ROOTSEY	18 Colchester	2:21.03	32.31	1:08.30	1:45.33
4.	Richard MOLLOY	18 Bishop Stort	2:27.12	36.12	1:13.06	1:50.85
5.	John SARGENT	22 Hatfield	2:27.72	34.64	1:12.48	1:50.82
6.	Paul TITLEY	19 Mid Beds	2:28.30	33.74	1:11.29	1:50.57
7.	Jonathan QUINN	17 Hatfield	2:33.75	36.33	1:14.94	1:54.33

EVENT 510 Womens Open 200m Backstroke

15 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Time	50	100	150
1.	Anne BOCHMANN	14 UEA Norwich	2:24.61	34.96	1:11.42	1:48.13
2.	Hazel PICKFORD	15 Hatfield	2:26.43	34.44	1:11.78	1:49.76
3.	Charlotte TAYLOR	14 teamipswich	2:27.75	34.59	1:13.29	1:52.27
4.	Danielle SAYER	14 Thurrock	2:27.94	35.27	1:12.45	1:50.74
5.	Robyn BALL	15 St Felix Sch	2:28.48	35.17	1:12.41	1:50.48
6.	Alex HUSTON	15 St Felix Sch	2:29.08	34.75	1:13.03	1:52.88
7.	Sophie SWEET	15 Co Peterboro	2:31.17	34.59	1:13.67	1:52.83
8.	Coral YOUNG	14 teamipswich	2:32.13	35.75	1:14.85	1:54.54
9.	Lucy CHARLES	14 Hoddesdon	2:32.15	35.39	1:14.32	1:53.84
10.	Amy MURFIT	14 Basildon	2:32.80	35.49	1:13.93	1:54.04
11.	Carolyn ASTBURY	15 Watford	2:33.73	36.11	1:14.82	1:54.79
12.	Megan LANGRIDGE	15 Thurrock	2:34.35	36.50	1:14.73	1:55.02
13.	Victoria SPARROW	14 West Suffolk	2:35.81	36.58	1:17.08	1:57.28
14.	Whitney BUCKLER	15 UEA Norwich	2:36.65	35.79	1:15.43	1:56.36
15.	Laura ADAMS	14 UEA Norwich	2:36.74	36.81	1:16.47	1:56.77
16.	Rachael FRANKLIN	15 Brentwood	2:36.83	36.81	1:16.72	1:57.02
17.	Rachel HOLLINGTON	14 Mid Beds	2:36.97	35.23	1:13.64	1:55.06
18.	Paige DORE-BOIZE	15 Watford	2:38.17	36.54	1:16.15	1:57.49
19.	Mattaya NABARRO	14 Mid Beds	2:38.20	37.23	1:17.08	1:58.20
20.	Alice CALLANAN	14 Watford	2:39.26	37.10	1:17.01	1:58.59
21.	Harriet PITT	15 Chelmsford	2:41.07	38.55	1:20.03	2:01.83
22.	Eleanor BEDWELL	14 Epping Fort	2:41.19	37.75	1:18.45	2:00.24
23.	Amy HATFIELD	15 Thurrock	2:41.67	37.25	1:18.63	2:00.67
24.	Sophie THRUSSELL	15 Mid Beds	2:42.64	39.08	1:20.09	2:02.12
25.	Chloe DAVIS	14 Runnymede	2:45.49	38.12	1:20.10	2:03.27
26.	Charlotte McCONNELL	14 Mid Beds	2:46.81	37.93	1:19.35	2:03.22
27.	Charlotte BLACKSLEY	14 Mid Beds	3:08.16	34.65	1:11.62	2:15.67

16 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Time	50	100	150
1.	Rebecca READER	16 teamipswich	2:24.04	33.61	1:10.49	1:47.38
2.	Laura INGLES	16 UEA Norwich	2:28.16	33.97	1:10.76	1:49.38
3.	Christine TOOKE	18 Co Peterboro	2:29.94	34.18	1:11.81	1:51.17
4.	Charlotte DELICATA	16 Thurrock	2:33.42	36.04	1:14.20	1:54.04
5.	Emily HAWES	17 Lstoff & OB	2:34.60	35.80	1:14.10	1:54.12
6.	Harriet BRETTLE	16 Mid Beds	2:36.55	36.90	1:16.81	1:57.45
7.	Chloe PELLICAN	16 UEA Norwich	2:36.64	37.82	1:17.79	1:57.63
8.	Natalie WARD	18 Runnymede	2:38.38	37.28	1:17.91	1:58.63
9.	Jane BRUMBY	17 Rochford	2:44.04	36.99	1:18.56	2:01.35

EVENT 511 Mens Open 100m Freestyle

Multi-Disability by British Disability Points

Place	Name	AaD Club	Cat.	Time	BDPoints	50
1.	Ryan CROUCH	14 teamipswich	10	1:04.83	534	30.96
2.	Sam BRADLEY	14 Mid Beds	7	1:18.03	493	37.56
3.	Jack COPPING	15 Colchester P	10	1:11.47	399	33.88

16 Yrs/Under Age Group - Full Results

Place	Name	AaD Club	Cat.	Time	50
1.	David GODRIDGE	15 Watford		55.07	25.71
2.	Luke DeMOYA	16 Co Peterboro		56.02	26.64
3.	Troy LYNCH	16 teamipswich		56.24	27.66
4.	Lewis COLEMAN	16 teamipswich		56.33	27.55
5.	Andrew BIGLEY	16 teamipswich		56.68	27.42



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6.	Adam MAXWELL	16	Hatfield	56.94	27.60	
7.	Dale HART	16	Kings Lynn	56.98	27.55	
8.	James SUTHERLAND	16	Hatfield	57.42	27.97	
9.	Craig ROSS	16	Bishop Stort	57.45	27.42	
10.	Adam INGLEDEW	15	Mid Beds	57.51	27.44	
11.	Thomas SUTTON	15	St Felix Sch	57.83	27.89	
12.	Tim RIVIERE	15	Co Cambridge	57.90	27.46	
13.	Timothy EVANS	15	Southend	57.92	28.12	
14.	Paul MACKIE	15	Hemel Hemp	57.97	28.88	
15.	Mark COLLINS	15	Kings Lynn	58.15	27.89	
16.	Andrew WEATHERITT	16	St Ives	58.35	28.07	
17.	Chris BRADBURY	15	Mid Beds	58.36	27.33	
18.	Tom OLIVE	15	Hadleigh	58.48	28.27	
19.	Andrew WILKINSON	15	Co Cambridge	58.54	28.19	
20.	Levi LUCAS	15	Hatfield	58.56	28.36	
21.	Dean WOODCOCK	16	Chelmsford	58.64	28.15	
22.	David CARLINE	15	Modernians	58.67	28.24	
23.	Matthew HENSON	16	Co St Albans	59.00	28.14	
23.	Benjamin MASON	16	Hoddesdon	59.00	28.18	
25.	Jason RODD	15	teamipswich	59.01	28.77	
26.	Michael WHITE	16	St Felix Sch	59.08	28.28	
27.	Morgan PUGH	15	Harpden	59.26	28.26	
28.	Brandon SEARLE	15	Mildenhall	59.27	28.45	
29.	Liam OSBORNE	15	Diss Otters	59.28	29.09	
30.	Callum CANDY	15	Hatfield	59.57	28.74	
30.	Nathan HENDERSON	15	Lstof & OB	59.57	28.66	
32.	Aydin BERKI	15	Mid Beds	59.68	28.45	
33.	Max WHITE	16	Newmarket	59.85	28.38	
34.	Andrew EGAN	15	Hatfield	59.99	29.00	
35.	Nicholas BATSON	15	UEA Norwich	1:00.04	28.57	
36.	Alex FRANCEY	16	Harlow Pen	1:00.14	28.93	
37.	Christopher COX	15	Hertsmere	1:00.25	28.96	
38.	Alex DEAL	15	Sudbury	1:00.39	28.21	
39.	William MEADOWS	16	Deben	1:00.41	28.57	
40.	Philip SMITH	16	Dunstable	1:00.48	29.48	
41.	Matthew SAUNDERS	16	Southend	1:00.74	28.72	
42.	Joe GERAERTS	16	Dunstable	1:00.75	28.71	
43.	Chris DAVEY	15	Mid Beds	1:00.76	29.25	
44.	Christian STOKES	15	Mid Beds	1:00.83	28.79	
45.	Joseph MOYES	16	Co Cambridge	1:00.85	28.93	
46.	David LAMBERT	15	Kings Lynn	1:00.96	29.60	
47.	Thomas QUINTON	16	UEA Norwich	1:01.07	29.25	
48.	Ashley BYGRAVES	16	St Neot Swan	1:01.15	28.17	
49.	Nathaniel PEIRSON	16	UEA Norwich	1:01.16	29.13	
50.	Daniel FEW	16	Colchester	1:01.28	28.75	
51.	Henry WOOD	16	Phoenix Bas	1:01.43	29.28	
52.	George MORRIS	16	Bo Southend	1:01.52	29.49	
53.	Sean TOMLIN	16	Bo Southend	1:01.63	29.19	
54.	Oliver CREASEY	16	Hitchin	1:02.54	29.16	
55.	Ryan CROUCH	14	teamipswich	1:04.83	30.96	
56.	Jack COPPING	15	Colchester P	1:11.47	33.88	
57.	Sam BRADLEY	14	Mid Beds	7	1:18.03	37.56
	L CHAMBERLAIN-CLARK	16	Flitwick	DQ	ST-	
	William NICHOLLS	15	St Neot Swan	DQ	ST-	

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat.	Time	50
1.	James ALLCHORNE	19	Hatfield		54.72	26.31
2.	Matthew KING	17	Hatfield		54.73	26.12
3.	Charles WALKER	18	Co Peterboro		55.26	27.04
4.	Shaun HARRISON	28	Stowmarket		55.28	26.46
5.	Stuart KIRK	20	Modernians		55.42	26.90
6.	Stuart CLARKE	23	Bishop Stort		55.57	26.87
7.	Martyn BERMINGHAM	19	Hatfield		55.66	26.42
8.	Bret FERGUSON	21	Hatfield		55.72	27.53
9.	Samual HEARD	19	UEA Norwich		56.14	26.55
10.	Thomas HOLLINGSWORTH	20	UEA Norwich		56.38	27.20
11.	Jonathan POOK	19	Hatfield		56.47	27.07
12.	Christopher TAYLOR	18	teamipswich		56.85	27.26
13.	James CARLINE	18	Modernians		57.30	27.54
14.	James RUMBELOW	18	Co Cambridge		57.75	27.70
15.	Sargon YOUSSEFI	17	Colchester		57.98	27.48
16.	Richard HARRIS	18	St Felix Sch		58.04	27.46
17.	Lance OWIDE	17	Watford		58.08	27.64
18.	Mark STEVENS	18	Deben		58.13	27.98
19.	Alexander BARKER	18	Kings Lynn		58.44	28.30
20.	Ryan CURRELL	19	Dunstable		58.45	28.00
21.	Lewis KING	17	Hatfield		58.59	28.58
22.	John McKENZIE	18	UEA Norwich		58.83	28.20
23.	Matthew JONES	19	Mildenhall		59.04	28.52
24.	Christopher HOWE	17	Leighton Buz		59.09	28.43
25.	Oliver CROSBY	17	Colchester		59.53	28.31
26.	Lewis RAINBOW	17	Hitchin		59.71	28.55
27.	Luke WESTWOOD	17	Co Cambridge		59.79	27.93
28.	Richard MOLLOY	18	Bishop Stort		59.80	28.35
29.	Steve BUCKLEY	30	Co Cambridge		1:00.17	28.62
30.	Jonathan SAYER	18	Bo Southend		1:03.38	27.79



ASA East Region
2008 Youth Championships
 (Under ASA Laws, ASA Technical Rules & IPC Swimming Rules)
 A Level One Licensed Meet - N^o. ERX810



EVENT 512 Womens Open 100m Freestyle

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat.	Time	BDPoints	50
1.	Emma HOLLIS	16	Epping For't	8	1:23.02	563	39.25
2.	Claire WARNE	15	Flitwick	6	1:47.39	375	51.57
3.	Emily HARRIS	10	Lstoft & OB	9	1:37.83	243	47.10

15 Yrs/Under Age Group - Full Results

Place	Name	AaD	Club	Cat.	Time	50
1.	Anne BOCHMANN	14	UEA Norwich		59.62	29.47
2.	Sophie CHAMBERLAIN	15	St Felix Sch		1:00.74	29.59
3.	Alex HUSTON	15	St Felix Sch		1:00.77	29.50
4.	Rachel ANDVIG	15	teamipswich		1:01.25	29.45
5.	Alice TENNANT	15	Deben		1:01.74	29.89
5.	Philippa HARDY	14	Hatfield		1:01.74	30.09
7.	Yasmin BITHREY	14	Mid Beds		1:02.02	30.21
8.	Lucy CHARLES	14	Hoddesdon		1:02.22	30.27
9.	Jasmine CROSS	14	teamipswich		1:02.42	29.82
10.	Robyn BALL	15	St Felix Sch		1:02.57	29.99
11.	April HYAM	15	teamipswich		1:02.86	30.27
12.	Alex HARRISON	14	St Felix Sch		1:03.63	30.36
13.	Zoe SMITH	14	Lstoft & OB		1:03.66	30.44
14.	Emily RIDOUT	14	Dunstable		1:03.82	31.01
15.	Isabella THOMSON	15	Co Cambridge		1:03.99	30.34
16.	Georgina ROUGHSEGE	15	Co Cambridge		1:04.27	30.75
17.	Hazel PICKFORD	15	Hatfield		1:04.34	30.59
18.	Elizabeth BARRY	15	Watford		1:04.38	31.20
19.	Laura CONDON	14	Dunstable		1:04.53	31.28
20.	Whitney BUCKLER	15	UEA Norwich		1:04.59	30.85
21.	Sophie SWEET	15	Co Peterboro		1:04.66	29.85
22.	Amy MURFITT	14	Basildon		1:04.68	31.37
23.	Tamara RICHARDS	15	Mid Beds		1:04.86	31.60
24.	Emma JONES	15	Biggleswade		1:05.07	31.48
25.	Coral YOUNG	14	teamipswich		1:05.21	32.11
26.	Zoe OTHIENO	14	Co Cambridge		1:05.29	31.62
27.	Nina WISEMAN	15	Bishop Stort		1:05.36	31.75
28.	Charlotte BEGG	14	Co Cambridge		1:05.48	32.27
28.	Danielle LEE	15	Mid Beds		1:05.48	31.22
30.	Eleanor VEASY	14	St Felix Sch		1:05.56	32.17
31.	Amy BYFORD	14	Chelmsford		1:05.58	30.65
32.	Eleanor MASON	14	Mid Beds		1:05.59	31.73
33.	Becky WILLINSON	15	UEA Norwich		1:05.68	31.71
34.	Lucy HALL	14	Chelmsford		1:05.75	32.13
35.	Rachael FRANKLIN	15	Brentwood		1:05.78	32.21
36.	Charlotte HENSON	14	Co St Albans		1:05.84	31.89
37.	Georgina FREEMAN	14	Co Peterboro		1:05.85	31.24
38.	Jessica PARK	14	Halstead		1:05.91	31.49
39.	Charley GALLAGHER	15	Southend		1:06.08	32.01
40.	Holly REES	15	Co Cambridge		1:06.15	31.39
41.	Eleanor BEDWELL	14	Epping For't		1:06.21	32.28
42.	Charlotte BLACKSLEY	14	Mid Beds		1:06.27	31.93
43.	Rachel HOLLINGTON	14	Mid Beds		1:06.35	31.34
44.	Harriet COOK	14	Hertford		1:06.45	31.40
45.	Helen STRUTHERS	15	Co Cambridge		1:06.46	31.94
46.	Leah FISHER	14	Newmarket		1:06.54	32.34
47.	Holly GANNON	14	Hoddesdon		1:06.74	31.72
48.	Karla TURNER	15	Fifolits		1:06.84	32.26
49.	Annabelle STANNARD	14	St Felix Sch		1:06.93	32.29
49.	Kerriann CHIPPERFIELD	14	Thurrock		1:06.93	32.11
51.	Laura ADAMS	14	UEA Norwich		1:06.99	32.58
52.	Harriet PITT	15	Chelmsford		1:07.06	32.52
53.	Abigail MALSTER	14	Hadleigh		1:07.24	32.67
54.	Alice MARCHANT	15	Mid Beds		1:07.41	32.54
55.	Charlotte OVENDEN	14	Modernians		1:07.50	31.91
56.	Sarah LARNER	14	Colchester		1:07.53	32.78
57.	Lucy MACKENZIE	14	Hadleigh		1:07.80	32.46
58.	Alexandra EAMES-BAYTON	14	Deben		1:08.31	32.19
59.	Emily HARRIS	10	Lstoft & OB	9	1:37.83	47.10
60.	Claire WARNE	15	Flitwick	6	1:47.39	51.57

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat.	Time	50
1.	Natasha BROWN	17	Hatfield		1:02.00	29.91
2.	Sophie GEORGE	19	Sudbury		1:02.13	29.95
3.	Verity GOODEY	16	Southend		1:02.29	30.13
4.	Rebecca READER	16	teamipswich		1:02.31	30.29
5.	Emily HAWES	17	Lstoft & OB		1:02.80	30.27
6.	Laura INGLESON	17	UEA Norwich		1:03.34	30.52
7.	Claire BARRON	17	UEA Norwich		1:03.49	30.73
8.	Hannah MOUNSEY	17	Kings Lynn		1:03.71	30.68
9.	Riasa DOUGLAS-COLLOW	16	Lstoft & OB		1:04.04	31.04
10.	Lara NYMAN	16	Hatfield		1:04.11	30.41
11.	Fenella FOSKETT	16	Deben		1:04.24	31.22
12.	Stephanie COOKE	18	Aylsham Vikg		1:04.61	30.76
13.	Emily PITTS	16	West Suffolk		1:04.90	30.72
14.	Louise KING	17	Mid Beds		1:05.20	31.79
15.	Charlotte DAVIS	16	Runnymede		1:05.24	31.76
16.	Jessica TAYLOR	19	UEA Norwich		1:05.27	31.69
16.	Jessica HUGGETT	16	Bishop Stort		1:05.27	31.61
18.	Harriet BRETTLE	16	Mid Beds		1:05.71	30.99
19.	Bernice EDGEWORTH	16	Bishop Stort		1:06.13	31.74
20.	Rebecca WARNER	18	Modernians		1:08.82	31.89
21.	Emma HOLLIS	16	Epping For't	8	1:23.02	39.25