



# ASA East Region 2009 BAGCAT Championships (50m)

(Under ASA Laws, ASA Technical Rules)  
A Level One Licensed Meet - N° ERX913 & ERX914



## **EVENT 301 Girls Open 100m Breaststroke**

### **10 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Philippa DAVENALL	10	Colchester	1:31.42	491	43.13
2.	Andrea HOUBEN	10	Potters Bar	1:34.01	449	44.82
3.	Sophie KENNY	10	Epping Fort	1:34.27	444	44.47
4.	Laura MARZOLINI	10	Norwich Swan	1:34.56	441	45.30
5.	Danica BRAZIER	10	Chelmsford	1:35.89	421	46.26
6.	Eleanor WASE	10	Mid Beds	1:37.08	403	45.96
7.	Alice WATSON-FLOWERS	10	Lstof & OB	1:38.61	382	47.29
8.	Fiona THORNTON	10	Hatfield	1:38.97	378	46.77
9.	Eleanor WRIGHT	10	West Suffolk	1:39.46	372	46.13
10.	Ebony TALBOT	10	Runnymede	1:39.54	370	47.75
11.	Ellie MITCHELL	10	Runnymede	1:40.33	360	46.89
12.	Chloe RUDKIN	10	Harwich DP	1:40.34	360	48.25
13.	Zoe BRADLEY	10	Southend	1:40.79	354	48.48
14.	Sophie CONWAY	10	teamipswich	1:42.11	339	47.06
15.	Isabel HOLMES	10	Dereham	1:42.49	334	48.89
16.	Anna HENDERSON	10	Linslade	1:42.71	332	47.41
17.	Hope JONES	10	Thurrock	1:42.74	332	47.77
18.	Juliet MERELIE	10	Harpenden	1:43.59	321	49.55
19.	Elinor MACDONALD	10	Berkhamsted	1:43.87	319	49.81
20.	Sophie BOWLER	10	St Felix Sch	1:44.40	313	49.55
21.	Isabelle DEAN	10	Hatfield	1:44.70	310	50.30
22.	Tillie GEGGUS	10	Thurrock	1:45.18	305	49.55
23.	Miranda WILLIS	10	Hertsmeare	1:45.21	304	49.42
24.	Sarah ELLIS	10	Runnymede	1:47.10	285	52.02

### **11 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Lily WEST	11	Hatfield	1:24.77	612	41.19
2.	Karis ELLERBY	11	Bo Southend	1:27.90	548	42.29
3.	Charlotte LONGDEN	11	Bishop Stort	1:28.36	540	41.12
4.	Kayleigh UMFREVILLE	11	Thurrock	1:28.54	537	42.61
5.	Lucy ALLINGTON	11	Lstof & OB	1:29.06	527	41.11
6.	Grace GILROY	11	Brentwood	1:29.14	525	43.12
7.	Eleanor McGRATH	11	Beccles Town	1:31.16	490	43.56
8.	Hannah VICK	11	West Norfolk	1:31.67	481	42.66
9.	Rachael GUNN	11	Bishop Stort	1:32.00	475	43.70
10.	Phoebe BAXTER	11	Berkhamsted	1:32.70	465	44.00
11.	Isobelle READ	11	Lstof & OB	1:32.81	463	44.49
12.	Hannah BAGLEY	11	Hemel Hemp	1:33.11	458	43.59
13.	Georgia KERRIDGE	11	St Felix Sch	1:33.24	456	43.07
14.	Medbh WILLIAMS	11	UEA Norwich	1:33.38	453	44.90
15.	Robyn BRETT	11	Berkhamsted	1:33.89	445	43.87
16.	Erin PLUMMER	11	Hatfield	1:34.05	443	44.19
17.	Katie SMITH	11	Hatfield	1:36.09	413	45.45

### **12 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Christie BAYS	12	Hatfield	1:21.87	641	38.05
2.	Hayley WARRINGTON	12	Hoddesdon	1:23.41	607	39.14
3.	Ellie TRIPP	12	Colchester	1:24.15	591	39.66
4.	Emily McCONNELL	12	Mid Beds	1:24.36	587	39.31
5.	Katie WHIFFIN	12	Epping Fort	1:24.55	584	39.30
6.	Rebecca WILSON	12	Deben	1:24.58	583	41.03
7.	Kayleigh SIMS	12	Bo Southend	1:24.67	581	40.71
8.	Ella RIDES	12	Sudbury	1:24.75	579	39.93
9.	Devon PRIOR	12	Watford	1:25.59	563	40.71
10.	Hayley ALCOCK	12	Modernians	1:26.11	553	40.78
11.	Flora SHAUL	12	UEA Norwich	1:26.75	541	42.07
12.	Eleanor PIRRIE	12	Runnymede	1:26.77	540	40.84
13.	Molly NORMAN	12	Co Peterboro	1:27.00	536	40.76
14.	Madeleine CHURCHMAN	12	Hitchin	1:27.03	536	42.10
15.	Isobel PAGE	12	UEA Norwich	1:27.54	526	42.21
16.	Madeleine SINCLAIR	12	Harwich DP	1:28.26	512	41.22
17.	Kelsey DOYLE	12	Hemel Hemp	1:28.97	500	41.65
18.	Amy CHUNG	12	Watford	1:29.05	499	42.96
19.	Georgia CRAWFORD	12	Co Cambridge	1:29.77	487	41.70
20.	Cassie EVERILL	12	Lstof & OB	1:30.66	472	43.87

### **13 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Zara BAILEY	13	Co Peterboro	1:22.34	611	39.03
2.	Charlotte REID	13	Hatfield	1:22.69	603	38.51
3.	Charlotte HICKS	13	St Felix Sch	1:23.59	585	39.23
4.	Fionnuala MAHER	13	Modernians	1:24.31	570	39.35
5.	Cara ROSE	13	West Norfolk	1:25.01	556	40.77
6.	Lizzie NICOLSON-LAI	13	St Felix Sch	1:25.08	555	40.43
7.	Anne-Marie DuPREEZ	13	Co St Albans	1:25.33	550	42.61
8.	Amber SWALES	13	Mid Beds	1:25.63	545	41.13
9.	Bethany CATCHPOLE	13	teamipswich	1:26.14	535	40.86
10.	Katie WILLIS	13	Southend	1:26.54	528	40.36
11.	Emma HALL	13	Canvey Isl	1:26.75	524	40.07
12.	Lorna ATTWOOD	13	Co Peterboro	1:26.99	520	40.31
13.	Melissa KNIGHTON	13	Runnymede	1:27.15	517	40.50
14.	Poppy INGLESON	13	UEA Norwich	1:27.75	506	40.42
15.	Rebecca WELCH	13	Cheshunt	1:27.92	503	40.31
16.	Giselle CHAUHAN	13	Hatfield	1:28.43	495	41.80
17.	Marcella ARIS	13	UEA Norwich	1:28.54	492	41.71
18.	Katie BURR	13	Hertford	1:29.62	474	43.29



# ASA East Region 2009 BAGCAT Championships (50m)

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## EVENT 302 Boys Open 200m IM

### 10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1.	William COOPER	10	UEA Norwich	2:52.31	381	37.13	1:19.96	2:14.10
2.	Keenan STOKES	10	UEA Norwich	2:53.32	375	39.82	1:25.24	2:15.90
3.	George CATTERALL	10	Mid Beds	2:56.30	353	40.06	1:21.90	2:18.00
4.	Cameron SIMPSON	10	Colchester	2:57.36	345	39.34	1:26.01	2:17.71
5.	Byron WOOD	10	Runnymede	2:58.01	341	40.71	1:25.35	2:20.17
6.	Cavan BECK	10	Rochford	2:58.41	339	38.70	1:23.69	2:23.08
7.	Michael REVELL	10	Harpenden	2:59.66	331	38.50	1:26.22	2:18.28
8.	Matthew CALVER	10	Lstof & OB	3:00.15	327	39.88	1:24.76	2:21.06
9.	Jordan MANN	10	UEA Norwich	3:00.83	323	36.50	1:24.11	2:21.89
10.	Lewis COOPER	10	Phoenix Bas	3:02.07	315	41.20	1:27.11	2:23.40
11.	Casey BARRETT	10	UEA Norwich	3:03.67	306	40.93	1:27.92	2:22.86
12.	Jack PICKERING	10	teamipswich	3:04.32	301	41.77	1:30.79	2:24.42
13.	Robert DOIG	10	teamipswich	3:04.60	300	42.53	1:32.83	2:26.77
14.	Robert BRUNTON	10	Co Cambridge	3:05.30	296	41.34	1:28.27	2:24.98
15.	Sam PEDDER	10	Co Cambridge	3:07.35	284	40.15	1:25.26	2:22.91
16.	Mason RIDDINGTON	10	Thurrock	3:08.76	277	40.14	1:30.55	2:27.67
17.	Aaron BEARWISH	10	Thurrock	3:09.86	271	41.52	1:29.51	2:28.67
18.	Piers CASEY	10	Co Peterboro	3:10.03	270	40.63	1:31.51	2:30.13
19.	Callum MOONEY	10	UEA Norwich	3:10.28	269	43.19	1:30.99	2:27.23
20.	Hal WHYATT	10	Co Peterboro	3:10.65	266	43.10	1:33.52	2:29.87
21.	William STONER	10	UEA Norwich	3:11.61	261	39.54	1:28.89	2:27.79
22.	Joseph COOK	10	Hertford	3:12.61	256	43.00	1:31.47	2:32.95
23.	Aaron CLARKE	10	Thurrock	3:12.94	254	42.97	1:31.80	2:29.22
24.	Stanley COLLINS	10	Lstof & OB	3:17.55	232	45.83	1:35.20	2:33.71
25.	Joshua CASSIDY	10	Co Peterboro	3:20.58	219	45.74	1:37.49	2:37.32

### 11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1.	Jake TYSON	11	teamipswich	2:36.93	525	33.07	1:16.86	2:03.13
2.	Jack UTTING	11	Gt Yarmouth	2:39.61	497	34.64	1:13.44	2:03.22
3.	Nico CAMPBELL	11	Cheshunt	2:40.76	487	32.18	1:15.49	2:03.78
4.	Philip DOWDING-YOUNG	11	teamipswich	2:42.12	473	35.49	1:16.92	2:06.10
5.	Calum ELEY	11	Mid Beds	2:42.51	470	33.73	1:15.61	2:05.39
6.	Benjamin PURCELL	11	Hatfield	2:45.99	439	37.01	1:22.51	2:08.37
7.	William KEARSEY	11	Hatfield	2:46.16	438	35.96	1:18.60	2:10.15
8.	Adam COLYER	11	Hertsmere	2:46.29	436	35.85	1:21.87	2:09.24
9.	James DAY	11	Thurrock	2:46.49	434	36.51	1:20.76	2:12.24
10.	Ethan FARRELL	11	Hatfield	2:47.33	427	35.71	1:19.76	2:10.27
11.	Salaam MOTIN	11	Thurrock	2:48.27	419	37.07	1:18.93	2:10.52
12.	George EPSLY	11	Thurrock	2:49.81	407	35.74	1:19.20	2:12.58
13.	Jozef OCHWAT	11	teamipswich	2:49.95	406	40.09	1:23.01	2:12.82
14.	Martyn WALTON	11	Hatfield	2:50.17	404	36.19	1:17.19	2:13.37
15.	Jack THOMSON	11	UEA Norwich	2:51.08	398	37.41	1:21.56	2:12.69
16.	Mitchell PEARS	11	Co Peterboro	2:51.85	391	37.95	1:25.77	2:13.40
17.	Tomas STEVENS	11	Hoddesdon	2:52.89	384	36.53	1:17.81	2:13.40
18.	Rhys SHORT	11	Hatfield	2:53.27	380	37.60	1:20.91	2:14.02
19.	Jordan STAFF	11	UEA Norwich	2:54.17	373	39.66	1:23.95	2:16.01
20.	Charlie CHURCH	11	Lstof & OB	2:54.32	372	38.51	1:24.11	2:17.21
21.	Billy MAYNARD	11	Southend	2:54.69	370	40.17	1:22.66	2:17.73
22.	Samuel LONGDEN	11	Bishop Stort	2:55.07	367	37.59	1:25.04	2:17.46
23.	Daniel POWELL	11	Co Peterboro	2:56.24	359	38.46	1:22.17	2:19.95
24.	Peter TODD	11	St Ives	2:56.31	359	39.40	1:25.61	2:18.81
25.	Ashley TRENT	11	Newmarket	2:56.75	355	38.56	1:24.37	2:18.71
26.	Russell BECK	11	Rochford	2:57.33	352	38.76	1:24.72	2:19.08
27.	Oliver MALTBY	11	Modernians	2:57.48	351	34.57	1:20.71	2:19.55
28.	Cameron HARRIS	11	teamipswich	2:57.58	349	42.27	1:25.83	2:19.54
29.	Tom MITCHELL	11	Co Peterboro	2:58.43	344	42.34	1:26.68	2:19.54
30.	Joseph COOPER	11	UEA Norwich	2:59.46	337	38.97	1:23.67	2:20.20
31.	Daniel MILLS	11	Co Cambridge	2:59.50	337	39.72	1:24.78	2:21.06
32.	William MANNING	11	Thurrock	3:01.35	324	40.02	1:26.85	2:21.94
33.	Calvin COE	11	Stowmarket	3:02.01	321	39.21	1:26.01	2:20.79
34.	James CAMERON	11	Hatfield	3:02.32	318	38.85	1:24.13	2:21.46
35.	Ben RANSOME	11	Hertford	3:02.88	315	43.17	1:30.18	2:23.28
36.	Haydn TANKARD	11	Co Peterboro	3:10.76	269	45.80	1:32.90	2:28.23

### 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1.	Barton TOWNLEY	12	Bo Southend	2:36.27	509	33.29	1:13.23	2:01.42
2.	George STANNARD	12	St Felix Sch	2:38.01	492	35.54	1:15.45	2:02.88
3.	Jarrod BRADFIELD	12	Clacton On S	2:39.05	482	31.38	1:12.75	2:03.88
4.	Augustus VEASEY	12	Chelmsford	2:39.89	474	36.33	1:18.39	2:03.45
5.	Brandon NABARRO	12	Mid Beds	2:40.21	471	34.42	1:16.46	2:04.54
6.	Regan LLOYD	12	teamipswich	2:40.74	467	32.29	1:14.09	2:04.83
7.	Robert LIGHTOWLER	12	Co St Albans	2:40.75	467	34.62	1:16.15	2:04.69
8.	Ethan LAMB	12	Hatfield	2:41.51	459	36.58	1:20.79	2:06.78
9.	Sam HOLMES	12	Co Peterboro	2:42.14	453	35.34	1:14.57	2:04.61
10.	Frederick WOODCOCK	12	Hemel Hemp	2:42.71	449	36.15	1:18.29	2:07.42
11.	Ashley HOLNESS-WRIGHT	12	Watford	2:43.75	439	34.42	1:17.86	2:06.89
12.	Murphy TALBOT	12	Runnymede	2:43.85	439	35.77	1:20.28	2:07.70
13.	Matthew LEMNELL	12	Colchester	2:44.01	437	34.20	1:16.22	2:06.89
14.	Jim VICKERS	12	Colchester	2:44.08	437	36.43	1:16.44	2:08.05
15.	Orin MANN	12	Braintree	2:45.28	427	35.61	1:18.39	2:07.54
16.	Christopher MURPHY	12	Flitwick	2:45.98	420	35.92	1:19.24	2:10.46
17.	Louis SELLER	12	Deben	2:47.27	411	36.87	1:17.15	2:10.61
18.	Joshua AYLETT	12	Co Peterboro	2:48.06	404	36.32	1:19.75	2:12.34
19.	Ottavio TANZILLO	12	Co Peterboro	2:49.93	390	36.77	1:20.35	2:13.23
20.	Yong Sung KWON	12	Hitchin	2:50.90	382	36.85	1:22.00	2:12.19
21.	Antony COOMBE	12	Co Peterboro	2:55.50	349	38.12	1:21.59	2:15.85
22.	Jack PICKFORD	12	Watford	2:56.98	339	39.31	1:22.09	2:18.59
	Tim SHUTTLEWORTH	12	Hatfield	DQ SL-1L				



# ASA East Region 2009 BAGCAT Championships (50m)

(Under ASA Laws, ASA Technical Rules)

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## 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1.	Caleb HUGHES	13	Mid Beds	2:20.55	675	32.60	1:07.97	1:49.64
2.	Luke DURBAN	13	Braintree	2:30.78	552	32.86	1:12.46	1:57.23
3.	Harry SMITH	13	UEA Norwich	2:31.30	546	33.40	1:13.18	1:58.04
4.	Kilian KORTH	13	teamipswich	2:32.21	536	31.29	1:07.86	1:58.32
5.	Michael ANDREWS	13	Berkhamsted	2:32.61	532	32.77	1:13.39	1:58.19
6.	Louis MAYHEW	13	Watford	2:32.67	532	33.33	1:11.73	1:59.13
7.	Jordan PURDY	13	St Felix Sch	2:32.70	532	33.11	1:12.92	1:58.88
8.	Jack CARTER	13	Southend	2:33.43	525	32.04	1:13.01	1:57.92
9.	Tom LAMBERT	13	Mid Beds	2:34.31	515	33.45	1:13.57	2:00.25
10.	James CLOSE	13	Hatfield	2:35.31	505	31.49	1:11.72	2:01.71
11.	Adam LAST	13	Deben	2:35.45	503	32.95	1:15.43	2:01.02
12.	Luke HOUSE	13	UEA Norwich	2:35.49	503	34.68	1:14.27	2:00.85
13.	Luke BOURNE	13	Rochford	2:35.51	503	34.52	1:13.84	2:00.42
14.	Matthew BRIGHAM	13	Co Peterboro	2:36.09	498	34.10	1:13.68	2:01.27
15.	Alexander VIPOND	13	Colchester	2:36.46	494	33.09	1:13.04	2:00.74
16.	Freddy CASSFORD	13	Epping Fort	2:36.71	492	32.52	1:14.05	2:01.39
17.	Braddan WESTLAKE	13	Newmarket	2:36.82	490	32.66	1:12.11	2:02.00
18.	Robert ALAND	13	teamipswich	2:36.83	490	33.27	1:15.40	2:03.61
19.	Rory GEOGHEGAN	13	Runnymede	2:37.04	488	33.52	1:15.71	2:00.45
20.	Matthew WILLIAMS	13	Cheshunt	2:37.56	483	33.41	1:14.03	2:02.92
21.	Harry GEGGUS	13	Thurrock	2:38.06	479	36.57	1:18.23	2:01.51
22.	Julian DIXON	13	Harpenden	2:38.33	476	32.25	1:12.29	2:02.70
23.	Hayden THOMAS	13	Epping Fort	2:38.45	474	34.58	1:17.14	2:00.66
24.	Bradley CLARKE	13	Thurrock	2:38.48	474	35.12	1:16.07	2:02.32
25.	Thomas McLAGAN	13	Braintree	2:38.96	470	35.02	1:15.76	2:03.21
26.	Owen FRENCH	13	Lstof & OB	2:39.04	469	33.39	1:15.08	2:00.83
27.	Greg BAXTER	13	Berkhamsted	2:40.00	461	34.28	1:17.22	2:05.18
28.	David ALLEN	13	Flitwick	2:41.10	451	34.42	1:14.96	2:04.63
29.	Matthew CHAPMAN	13	Watford	2:41.99	443	34.14	1:16.42	2:07.38
30.	Luke JONES	13	Hatfield	2:42.48	439	35.86	1:19.51	2:06.62
31.	Thomas SHERRIFF	13	Hemel Hemp	2:42.72	437	35.08	1:17.10	2:06.93
32.	Liam DOONAN	13	Co Cambridge	2:45.00	418	34.83	1:16.78	2:07.56
33.	Ivan BRETT	13	Bishop Stort	2:47.77	395	35.06	1:20.19	2:08.58

## 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1.	Miles GARNER	14	UEA Norwich	2:19.17	689	29.97	1:06.20	1:47.67
2.	Liam KNIGHT	14	Co Peterboro	2:21.44	660	28.83	1:04.92	1:47.12
3.	Richard JEFFERIES	14	Co Cambridge	2:22.64	644	30.65	1:06.91	1:51.12
4.	Lewis HUGHES	14	UEA Norwich	2:23.41	634	30.93	1:07.55	1:51.66
5.	Elliot COOK	14	teamipswich	2:23.75	630	30.51	1:07.21	1:51.20
6.	George FLINTHAM	14	UEA Norwich	2:25.20	613	30.67	1:07.43	1:51.29
7.	Ryan TOMKINS	14	teamipswich	2:26.05	602	32.61	1:11.27	1:54.19
8.	Harry PAYNE	14	Bo Southend	2:26.75	594	31.23	1:11.07	1:54.55
9.	Cameron BASHIR	14	Sudbury	2:28.01	580	31.74	1:11.16	1:54.13
10.	Jack SPENCE	14	Watford	2:28.54	574	32.01	1:10.22	1:55.38
11.	Daniel SORRELL	14	Chelmsford	2:28.90	569	31.93	1:10.30	1:54.74
12.	James WINNELL	14	Runnymede	2:30.12	556	30.99	1:08.38	1:56.77
13.	Benjamin ROOTS	14	Chelmsford	2:30.16	556	30.83	1:09.73	1:55.38
14.	Jake ROBINSON	14	Stevenage	2:30.53	551	32.35	1:09.57	1:54.36
15.	Christopher GARLICK	14	Brentwood	2:31.23	544	31.44	1:09.25	1:55.60
16.	Nicholas ILSLEY	14	Co Peterboro	2:31.74	539	32.47	1:11.63	1:57.61
17.	William HAWKES	14	Flitwick	2:32.20	534	32.14	1:11.37	1:58.01
18.	Luke TARGET	14	Hatfield	2:32.47	531	33.32	1:14.33	1:58.15
19.	Danny PROFFITT	14	West Suffolk	2:32.58	530	32.30	1:10.70	1:58.06
19.	Michael FERNANDES	14	Hertsmere	2:32.58	530	31.86	1:11.23	1:57.55
21.	Thomas WORBEY	14	Hatfield	2:32.82	527	32.67	1:09.67	1:56.82
22.	Owen LINDFORD	14	UEA Norwich	2:34.20	513	34.20	1:15.15	2:01.40
23.	Oliver TAFFS	14	Bishop Stort	2:34.66	509	32.13	1:10.07	1:58.63
24.	Tom VICKERS	14	Colchester	2:34.87	507	31.50	1:10.32	1:58.91
25.	Aran CHAMBERLAIN-CLARK	14	Flitwick	2:35.39	501	32.92	1:10.88	1:59.33
26.	Reece PARKER	14	Southend	2:38.04	476	31.91	1:14.28	2:01.49
	Joe HATTON	14	UEA Norwich	DQ SL-3L				



# ASA East Region 2009 BAGCAT Championships (50m)

(Under ASA Laws, ASA Technical Rules)

A Level One Licensed Meet - N<sup>o</sup> ERX913 & ERX914



## EVENT 303 Girls Open 400m IM

### 10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt
1.	Bethan McELROY	10	Canvey Isl	6:07.39	496
	50m 39.52	100m 1:26.50	150m 2:13.53	200m 3:01.67	250m 3:51.98
	39.52	46.98	47.03	48.14	50.31
					300m 4:45.48
					350m 5:27.59
					400m 6:07.39
2.	Tillie GEGGUS	10	Thurrock	6:19.26	449
	50m 41.17	100m 1:27.02	150m 2:14.35	200m 3:00.44	250m 3:58.25
	41.17	45.85	47.33	46.09	57.81
					300m 4:54.19
					350m 5:37.84
					400m 6:19.26
3.	Georgina PRYOR	10	Bishop Stort	6:24.48	429
	50m 38.51	100m 1:25.27	150m 2:14.24	200m 3:03.08	250m 4:01.53
	38.51	46.76	48.97	48.84	58.45
					300m 5:00.94
					350m 5:43.80
					400m 6:24.48
4.	Ellie STAMP	10	Chelmsford	6:24.99	427
	50m 41.45	100m 1:30.93	150m 2:22.08	200m 3:10.16	250m 4:04.47
	41.45	49.48	51.15	48.08	54.31
					300m 4:59.75
					350m 5:43.83
					400m 6:24.99
5.	Hope JONES	10	Thurrock	6:25.92	424
	50m 42.87	100m 1:32.98	150m 2:23.81	200m 3:13.32	250m 4:07.99
	42.87	50.11	50.83	49.51	54.67
					300m 5:02.55
					350m 5:44.38
					400m 6:25.92
6.	Olivia STANDISH-LEIGH	10	Co Peterboro	6:38.18	382
	50m 43.58	100m 1:38.52	150m 2:26.19	200m 3:12.90	250m 4:12.21
	43.58	54.94	47.67	46.71	59.31
					300m 5:12.59
					350m 5:55.75
					400m 6:38.18
7.	Anna HENDERSON	10	Linslade	6:56.53	327
	50m 45.28	100m 1:42.00	150m 2:35.76	200m 3:30.07	250m 4:25.44
	45.28	56.72	53.76	54.31	55.37
					300m 5:23.20
					350m 6:11.99
					400m 6:56.53
8.	Ellie MITCHELL	10	Runnymede	6:59.09	320
	50m 47.31	100m 1:47.90	150m 2:38.17	200m 3:28.53	250m 4:28.08
	47.31	1:00.59	50.27	50.36	59.55
					300m 5:27.29
					350m 6:12.39
					400m 6:59.09

### 11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt
1.	Alice HEWSON	11	Berkhamsted	5:39.69	604
	50m 33.73	100m 1:15.21	150m 1:57.31	200m 2:39.03	250m 3:30.76
	33.73	41.48	42.10	41.72	51.73
					300m 4:24.33
					350m 5:02.38
					400m 5:39.69
2.	Courtney SANDERS	11	Chelmsford	5:48.71	559
	50m 37.52	100m 1:18.99	150m 2:03.96	200m 2:46.86	250m 3:37.60
	37.52	41.47	44.97	42.90	50.74
					300m 4:28.75
					350m 5:10.28
					400m 5:48.71
3.	Karis ELLERBY	11	Bo Southend	5:54.76	532
	50m 38.82	100m 1:26.47	150m 2:12.31	200m 2:58.20	250m 3:46.56
	38.82	47.65	45.84	45.89	48.36
					300m 4:36.58
					350m 5:17.19
					400m 5:54.76
4.	Georgia KERRIDGE	11	St Felix Sch	6:02.60	498
	50m 39.66	100m 1:28.11	150m 2:14.33	200m 3:00.11	250m 3:51.00
	39.66	48.45	46.22	45.78	50.89
					300m 4:42.65
					350m 5:23.91
					400m 6:02.60
5.	Kirstie FEHILY	11	Canvey Isl	6:10.32	467
	50m 40.60	100m 1:29.47	150m 2:14.18	200m 2:56.89	250m 3:53.72
	40.60	48.87	44.71	42.71	56.83
					300m 4:51.13
					350m 5:31.44
					400m 6:10.32
6.	Rachael MOORE	11	Thurrock	6:11.22	463
	50m 42.11	100m 1:35.82	150m 2:22.04	200m 3:06.70	250m 4:00.26
	42.11	53.71	46.22	44.66	53.56
					300m 4:53.85
					350m 5:33.48
					400m 6:11.22
7.	Isabelle READ	11	Lstof & OB	6:13.06	455
	50m 41.31	100m 1:30.81	150m 2:18.86	200m 3:05.98	250m 3:57.14
	41.31	49.50	48.05	47.12	51.16
					300m 4:49.37
					350m 5:31.71
					400m 6:13.06
8.	Molly REEDER	11	West Suffolk	6:14.50	450
	50m 41.14	100m 1:31.97	150m 2:17.31	200m 3:02.23	250m 3:56.74
	41.14	50.83	45.34	44.92	54.51
					300m 4:52.74
					350m 5:34.57
					400m 6:14.50
9.	Chloe Annie BASS	11	Thurrock	6:20.88	427
	50m 39.06	100m 1:28.40	150m 2:15.88	200m 3:04.57	250m 3:59.31
	39.06	49.34	47.48	48.69	54.74
					300m 4:57.85
					350m 5:39.84
					400m 6:20.88

### 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt
1.	Kathryn PEARSE	12	Phoenix Bas	5:30.41	640
	50m 34.95	100m 1:16.84	150m 1:58.33	200m 2:39.19	250m 3:26.16
	34.95	41.89	41.49	40.86	46.97
					300m 4:14.79
					350m 4:53.99
					400m 5:30.41
2.	Eleanor PIRRIE	12	Runnymede	5:31.72	632
	50m 36.28	100m 1:14.93	150m 1:58.80	200m 2:41.06	250m 3:29.54
	36.28	38.65	43.87	42.26	48.48
					300m 4:17.49
					350m 4:55.23
					400m 5:31.72
3.	Emma CASSIDY	12	Thurrock	5:36.61	606
	50m 35.12	100m 1:16.85	150m 1:59.43	200m 2:40.66	250m 3:30.93
	35.12	41.73	42.58	41.23	50.27
					300m 4:22.92
					350m 5:00.65
					400m 5:36.61
4.	Bethany FREEMAN	12	Co Peterboro	5:37.96	600
	50m 35.67	100m 1:18.79	150m 1:59.16	200m 2:39.92	250m 3:33.15
	35.67	43.12	40.37	40.76	53.23
					300m 4:23.78
					350m 5:01.94
					400m 5:37.96
5.	Eliza DUFFY	12	Chelmsford	5:38.17	599
	50m 35.12	100m 1:17.07	150m 1:59.25	200m 2:41.84	250m 3:31.97
	35.12	41.95	42.18	42.59	50.13
					300m 4:23.99
					350m 5:02.33
					400m 5:38.17
6.	Molly NORMAN	12	Co Peterboro	5:39.61	592
	50m 35.52	100m 1:17.60	150m 2:01.21	200m 2:43.71	250m 3:33.55
	35.52	42.08	43.61	42.50	49.84
					300m 4:24.08
					350m 5:02.36
					400m 5:39.61
7.	Ellie TRIPP	12	Colchester	5:42.05	579
	50m 36.12	100m 1:21.72	150m 2:05.49	200m 2:49.52	250m 3:36.93
	36.12	45.60	43.77	44.03	47.41
					300m 4:26.50
					350m 5:05.10
					400m 5:42.05
8.	Amy CHUNG	12	Watford	5:42.33	578
	50m 39.22	100m 1:21.71	150m 2:05.00	200m 2:47.55	250m 3:34.70
	39.22	42.49	43.29	42.55	47.15
					300m 4:22.68
					350m 5:03.09
					400m 5:42.33
9.	Katarina BLANCO	12	Bo Southend	5:42.64	576
	50m 35.88	100m 1:19.32	150m 2:03.15	200m 2:46.43	250m 3:36.28
	35.88	43.44	43.83	43.28	49.85
					300m 4:27.71
					350m 5:05.70
					400m 5:42.64



# ASA East Region 2009 BAGCAT Championships (50m)

(Under ASA Laws, ASA Technical Rules)

A Level One Licensed Meet - N<sup>o</sup> ERX913 & ERX914



10. Melissa COWELL	12 Thurrock	5:48.35	549
50m 37.07	100m 1:20.23	150m 2:05.02	200m 2:48.12
37.07	43.16	44.79	43.10
250m 3:38.77	300m 4:30.63	350m 5:10.38	400m 5:48.35
50.65	51.86	39.75	37.97
11. Emma LINES	12 Lstoft & OB	5:50.15	541
50m 38.27	100m 1:22.14	150m 2:06.11	200m 2:48.02
38.27	43.87	43.97	41.91
250m 3:38.31	300m 4:28.80	350m 5:09.58	400m 5:50.15
50.29	50.49	40.78	40.57
12. Hayley WARRINGTON	12 Hoddesdon	5:50.26	541
50m 38.24	100m 1:24.17	150m 2:10.47	200m 2:55.87
38.24	45.93	46.30	45.40
250m 3:44.46	300m 4:32.88	350m 5:14.15	400m 5:50.26
48.59	48.42	41.27	36.11
13. Katie RUMSEY	12 St Felix Sch	5:50.27	541
50m 36.82	100m 1:23.36	150m 2:04.96	200m 2:46.60
36.82	46.54	41.60	41.64
250m 3:41.05	300m 4:33.89	350m 5:12.42	400m 5:50.27
54.45	52.84	38.53	37.85
14. Cassie EVERILL	12 Lstoft & OB	5:52.15	532
50m 38.38	100m 1:25.53	150m 2:08.98	200m 2:53.98
38.38	47.15	43.45	45.00
250m 3:41.93	300m 4:33.05	350m 5:12.97	400m 5:52.15
47.95	51.12	39.92	39.18
15. Katie WHIFFIN	12 Epping For't	5:54.20	523
50m 36.45	100m 1:23.29	150m 2:09.85	200m 2:55.24
36.45	46.84	46.56	45.39
250m 3:44.37	300m 4:35.62	350m 5:14.77	400m 5:54.20
49.13	51.25	39.15	39.43
16. Rebecca HAYES	12 Thurrock	5:55.05	519
50m 38.01	100m 1:23.07	150m 2:06.31	200m 2:49.34
38.01	45.06	43.24	43.03
250m 3:40.74	300m 4:35.53	350m 5:14.91	400m 5:55.05
51.40	54.79	39.38	40.14
17. Georgia MILLS	12 Thurrock	5:56.71	512
50m 38.00	100m 1:23.61	150m 2:09.90	200m 2:55.03
38.00	45.61	46.29	45.13
250m 3:46.38	300m 4:39.97	350m 5:19.29	400m 5:56.71
51.35	53.59	39.32	37.42
18. Pippa SHUTTLEWORTH	12 Hatfield	5:57.26	510
50m 37.79	100m 1:24.63	150m 2:09.81	200m 2:53.07
37.79	46.84	45.18	43.26
250m 3:48.50	300m 4:42.98	350m 5:21.20	400m 5:57.26
55.43	54.48	38.22	36.06
19. Katherine STEPHENS	12 Thurrock	6:01.39	492
50m 35.86	100m 1:19.62	150m 2:07.33	200m 2:51.80
35.86	43.76	47.71	44.47
250m 3:42.69	300m 4:37.16	350m 5:19.74	400m 6:01.39
50.89	54.47	42.58	41.65
20. Tamsin RANSOME	12 West Suffolk	6:02.04	489
50m 37.85	100m 1:25.64	150m 2:11.60	200m 2:57.07
37.85	47.79	45.96	45.47
250m 3:51.30	300m 4:44.02	350m 5:24.02	400m 6:02.04
54.23	52.72	40.00	38.02
21. Kayleigh SIMS	12 Bo Southend	6:07.20	468
50m 38.67	100m 1:26.72	150m 2:13.76	200m 3:01.04
38.67	48.05	47.04	47.28
250m 3:48.85	300m 4:38.45	350m 5:22.51	400m 6:07.20
47.81	49.60	44.06	44.69
22. Danielle HALL	12 Colchester	6:08.81	462
50m 38.77	100m 1:24.59	150m 2:13.67	200m 2:59.53
38.77	45.82	49.08	45.86
250m 3:52.53	300m 4:46.75	350m 5:29.32	400m 6:08.81
53.00	54.22	42.57	39.49
23. Maisie FOX	12 UEA Norwich	6:11.49	452
50m 39.52	100m 1:24.72	150m 2:11.62	200m 2:57.51
39.52	45.20	46.90	45.89
250m 3:50.23	300m 4:45.09	350m 5:29.26	400m 6:11.49
52.72	54.86	44.17	42.23

## 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	BAG Pt
1.	Charlotte HICKS	13	St Felix Sch	5:14.32	731
	50m 32.52	100m 1:09.23	150m 1:49.11	200m 2:28.88	250m 3:14.62
	32.52	36.71	39.88	39.77	45.74
	300m 4:01.54	350m 4:38.98	400m 5:14.32		
					37.44
2.	Marcella ARIS	13	UEA Norwich	5:19.02	703
	50m 34.84	100m 1:15.37	150m 1:55.83	200m 2:35.22	250m 3:23.67
	34.84	40.53	40.46	39.39	48.45
	300m 4:11.55	350m 4:46.07	400m 5:19.02		
					34.52
3.	Zara BAILEY	13	Co Peterboro	5:19.44	700
	50m 33.79	100m 1:13.21	150m 1:54.82	200m 2:35.84	250m 3:22.97
	33.79	39.42	41.61	41.02	47.13
	300m 4:10.37	350m 4:45.49	400m 5:19.44		
					35.12
4.	Poppy INGLESON	13	UEA Norwich	5:24.31	672
	50m 32.79	100m 1:11.78	150m 1:52.69	200m 2:32.99	250m 3:22.10
	32.79	38.99	40.91	40.30	49.11
	300m 4:12.50	350m 4:48.21	400m 5:24.31		
					36.10
5.	Amelia KNOWLES	13	Southend	5:33.57	621
	50m 33.53	100m 1:12.66	150m 1:55.20	200m 2:37.60	250m 3:27.87
	33.53	39.13	42.54	42.40	50.27
	300m 4:18.44	350m 4:56.06	400m 5:33.57		
					37.62
6.	Evie TAYLOR	13	teampiswich	5:36.55	607
	50m 34.19	100m 1:15.58	150m 1:58.46	200m 2:40.54	250m 3:31.12
	34.19	41.39	42.88	42.08	50.58
	300m 4:20.29	350m 4:59.36	400m 5:36.55		
					37.19
7.	Katriona SAVAGE	13	West Suffolk	5:42.39	577
	50m 34.93	100m 1:17.31	150m 2:00.56	200m 2:44.06	250m 3:33.86
	34.93	42.38	43.25	43.50	49.80
	300m 4:26.42	350m 5:05.18	400m 5:42.39		
					38.76
8.	Amber SWALES	13	Mid Beds	5:42.40	577
	50m 37.34	100m 1:21.52	150m 2:06.26	200m 2:49.13	250m 3:38.32
	37.34	44.18	44.74	42.87	49.19
	300m 4:27.04	350m 5:05.81	400m 5:42.40		
					38.77
9.	Melissa KNIGHTON	13	Runnymede	5:44.96	564
	50m 35.92	100m 1:19.81	150m 2:03.27	200m 2:45.61	250m 3:36.43
	35.92	43.89	43.46	42.34	50.82
	300m 4:26.95	350m 5:07.11	400m 5:44.96		
					40.16
10.	Alexandra PERKINS	13	UEA Norwich	5:45.16	564
	50m 35.69	100m 1:18.66	150m 2:01.75	200m 2:45.00	250m 3:35.73
	35.69	42.97	43.09	43.25	50.73
	300m 4:28.10	350m 5:06.91	400m 5:45.16		
					38.81
11.	Shannon RUFF	13	Co Peterboro	5:47.63	552
	50m 39.20	100m 1:23.49	150m 2:07.90	200m 2:52.91	250m 3:43.18
	39.20	44.29	44.41	45.01	50.27
	300m 4:32.11	350m 5:10.59	400m 5:47.63		
					38.48
12.	Ellie FAIRFOOT	13	UEA Norwich	5:48.52	547
	50m 34.99	100m 1:18.68	150m 2:03.50	200m 2:46.17	250m 3:38.37
	34.99	43.69	44.82	42.67	52.20
	300m 4:31.51	350m 5:09.78	400m 5:48.52		
					53.14
13.	Katherine FITZJOHN	13	Co Peterboro	5:52.14	531
	50m 35.30	100m 1:17.88	150m 2:01.40	200m 2:44.74	250m 3:38.57
	35.30	42.58	43.52	43.34	53.83
	300m 4:31.87	350m 5:11.72	400m 5:52.14		
					53.30



# ASA East Region 2009 BAGCAT Championships (50m)

(Under ASA Laws, ASA Technical Rules)  
A Level One Licensed Meet - N° ERX913 & ERX914



## **EVENT 304 FINAL OF EVENT 302 Boys 10 Yrs 200m IM**

Full Results

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1.	William COOPER	10	UEA Norwich	2:49.31	405	36.82	1:19.18	2:11.30
2.	Keenan STOKES	10	UEA Norwich	2:51.14	390	39.05	1:24.59	2:12.81
3.	Cameron SIMPSON	10	Colchester	2:53.05	376	39.33	1:25.79	2:15.13
4.	George CATTERALL	10	Mid Beds	2:53.10	376	38.51	1:21.70	2:15.93
5.	Byron WOOD	10	Runnymede	2:59.02	335	39.16	1:26.72	2:21.01
6.	Michael REVELL	10	Harpenden	2:59.58	331	39.89	1:26.71	2:20.60
7.	Cavan BECK	10	Rochford	2:59.76	330	38.87	1:24.38	2:22.74
8.	Matthew CALVER	10	Lstof & OB	3:00.40	326	40.28	1:25.47	2:22.23

## **EVENT 305 FINAL OF EVENT 302 Boys 11 Yrs 200m IM**

Full Results

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1.	Jake TYSON	11	teamipswich	2:34.61	549	33.06	1:14.67	2:01.40
2.	Jack UTTING	11	Gt Yarmouth	2:35.20	543	33.37	1:13.27	2:00.29
3.	Nico CAMPBELL	11	Cheshunt	2:40.50	489	32.35	1:16.26	2:04.49
4.	Philip DOWDING-YOUNG	11	teamipswich	2:42.34	472	36.17	1:16.28	2:06.78
5.	Calum ELEY	11	Mid Beds	2:42.99	465	33.75	1:17.11	2:05.93
6.	Benjamin PURCELL	11	Hatfield	2:45.81	441	36.70	1:22.34	2:08.65
7.	Adam COLYER	11	Hertsmere	2:47.40	427	37.27	1:22.31	2:10.54
8.	William KEARSEY	11	Hatfield	2:47.79	424	35.98	1:18.93	2:10.33

## **EVENT 306 FINAL OF EVENT 302 Boys 12 Yrs 200m IM**

Full Results

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1.	Barton TOWNLEY	12	Bo Southend	2:33.47	538	32.21	1:10.79	1:57.82
2.	Jarrod BRADFIELD	12	Clacton On S	2:36.39	508	31.25	1:12.05	2:02.31
3.	George STANNARD	12	St Felix Sch	2:37.95	493	35.32	1:15.68	2:01.93
4.	Brandon NABARRO	12	Mid Beds	2:38.88	484	34.88	1:17.22	2:03.73
5.	Augustus VEASEY	12	Chelmsford	2:38.92	483	35.05	1:17.64	2:02.69
6.	Regan LLOYD	12	teamipswich	2:40.16	472	33.42	1:14.15	2:05.03
7.	Ethan LAMB	12	Hatfield	2:42.17	453	35.60	1:19.51	2:05.62
8.	Robert LIGHTOWLER	12	Co St Albans	2:43.17	445	36.44	1:16.94	2:07.22

## **EVENT 307 FINAL OF EVENT 302 Boys 13 Yrs 200m IM**

Full Results

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1.	Caleb HUGHES	13	Mid Beds	2:20.52	675	32.25	1:06.49	1:48.31
2.	Louis MAYHEW	13	Watford	2:31.12	548	33.30	1:12.03	1:58.80
3.	Luke DURBAN	13	Braintree	2:31.30	546	33.07	1:12.95	1:58.21
4.	Jack CARTER	13	Southend	2:31.74	542	32.37	1:14.36	1:58.03
5.	Tom LAMBERT	13	Mid Beds	2:33.40	525	33.12	1:13.28	1:59.58
6.	Michael ANDREWS	13	Berkhamsted	2:33.65	521	32.96	1:14.24	1:58.83
7.	Jordan PURDY	13	St Felix Sch	2:34.56	513	33.69	1:14.00	2:01.23
	James CLOSE	13	Hatfield	DNC				

## **EVENT 308 FINAL OF EVENT 302 Boys 14 Yrs 200m IM**

Full Results

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1.	Liam KNIGHT	14	Co Peterboro	2:17.59	712	28.30	1:02.93	1:44.43
2.	Richard JEFFERIES	14	Co Cambridge	2:20.71	669	30.27	1:05.84	1:49.10
3.	George FLINTHAM	14	UEA Norwich	2:24.95	616	30.72	1:07.71	1:51.18
4.	Harry PAYNE	14	Bo Southend	2:27.22	589	30.74	1:10.10	1:53.75
5.	Jack SPENCE	14	Watford	2:30.63	550	32.09	1:09.56	1:56.23
	Cameron BASHIR	14	Sudbury	DNC				

## **EVENT 309 FINAL OF EVENT 301 Girls 10 Yrs 100m Breaststroke**

Full Results

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Philippa DAVENALL	10	Colchester	1:29.27	529	43.53
2.	Laura MARZOLINI	10	Norwich Swan	1:32.83	468	43.89
3.	Eleanor WASE	10	Mid Beds	1:33.33	460	43.97
4.	Andrea HOUBEN	10	Potters Bar	1:33.52	456	43.62
5.	Sophie KENNY	10	Epping Fort	1:34.04	448	44.66
6.	Danica BRAZIER	10	Chelmsford	1:35.01	434	46.03
7.	Fiona THORNTON	10	Hatfield	1:36.83	407	47.52
8.	Alice WATSON-FLOWERS	10	Lstof & OB	1:36.84	407	47.39

## **EVENT 310 FINAL OF EVENT 301 Girls 11 Yrs 100m Breaststroke**

Full Results

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Lily WEST	11	Hatfield	1:25.53	596	40.50
2.	Kayleigh UMFREVILLE	11	Thurrock	1:26.31	580	41.44
3.	Charlotte LONGDEN	11	Bishop Stort	1:27.20	562	41.50
4.	Karis ELLERBY	11	Bo Southend	1:27.52	556	40.92
5.	Grace GILROY	11	Brentwood	1:27.98	547	41.86
6.	Hannah VICK	11	West Norfolk	1:30.96	494	43.07
7.	Lucy ALLINGTON	11	Lstof & OB	1:31.23	489	42.57
8.	Eleanor McGRATH	11	Beccles Town	1:32.51	467	45.28



# ASA East Region 2009 BAGCAT Championships (50m)

(Under ASA Laws, ASA Technical Rules)  
A Level One Licensed Meet - N<sup>o</sup> ERX913 & ERX914



## ***EVENT 311 FINAL OF EVENT 301 Girls 12 Yrs 100m Breaststroke***

Full Results

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Christie BAYS	12	Hatfield	1:20.67	667	37.56
2.	Hayley WARRINGTON	12	Hoddesdon	1:22.73	621	38.88
3.	Emily McCONNELL	12	Mid Beds	1:23.01	616	38.77
4.	Rebecca WILSON	12	Deben	1:23.37	608	40.23
5.	Ellie TRIPP	12	Colchester	1:23.72	600	39.39
6.	Ella RIDES	12	Sudbury	1:24.38	587	40.34
7.	Katie WHIFFIN	12	Epping For't	1:24.47	585	39.18
8.	Kayleigh SIMS	12	Bo Southend	1:25.37	567	39.93

## ***EVENT 312 FINAL OF EVENT 301 Girls 13 Yrs 100m Breaststroke***

Full Results

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Fionnuala MAHER	13	Modernians	1:21.32	633	39.18
2.	Charlotte REID	13	Hatfield	1:21.34	632	38.98
3.	Anne-Marie DuPREEZ	13	Co St Albans	1:22.13	615	39.09
4.	Zara BAILEY	13	Co Peterboro	1:22.71	603	39.57
5.	Charlotte HICKS	13	St Felix Sch	1:23.07	596	39.77
6.	Cara ROSE	13	West Norfolk	1:24.76	562	40.64
7.	Amber SWALES	13	Mid Beds	1:24.81	561	41.03
8.	Lizzie NICOLSON-LAI	13	St Felix Sch	1:25.52	547	40.30

## ***EVENT 313 Mens 11/14 Yrs 800m Freestyle Team (Timed Final)***

Place	Name	Club	Time		
1.	teamipswich	teamipswich	8:27.29		
		Ryan TOMKINS	2.03.41	28.92	31.79
		Elliot COOK	2.08.06	31.76	30.94
		Kilian KORTH	2.08.33	28.65	32.95
		Charlie SMITH	2.07.49	33.59	32.87
				29.71	33.27
				32.81	32.54
				28.19	32.41
				33.24	33.65
		2.	UEA City of Norwich	UEA Norwich	8:31.33
Miles GARNER	2.04.00			29.36	32.24
Luke HOUSE	2.14.60			31.78	30.62
Lewis HUGHES	2.02.12			29.80	33.64
Harry SMITH	2.10.61			35.85	35.31
				28.01	30.94
				31.67	31.50
				29.47	33.66
				34.08	33.40
3.	City Of Peterborough			Co Peterboro	8:54.80
		Liam KNIGHT	2.07.82	29.40	32.66
		Nicholas ILSLEY	2.12.31	32.99	32.77
		Sam HOLMES	2.21.67	29.79	33.32
		Matthew BRIGHAM	2.13.00	34.50	34.70
				31.65	35.77
				37.09	37.16
				29.94	34.16
				34.72	34.18
		4.	Modernians	Modernians	8:57.46
Jamie DOUGLAS	2.13.18			30.57	34.32
Connor DELANEY	2.15.61			35.03	33.26
Thomas LANGFORD	2.13.55			30.60	35.48
Joshua STEEL	2.15.12			35.36	34.17
				29.43	33.47
				35.09	35.56
				28.73	34.23
				35.98	36.18
5.	Hatfield			Hatfield	9:01.92
		James CLOSE	2.13.30	29.65	33.96
		Thomas WORBEY	2.16.27	34.87	34.82
		Gavin CURNANE	2.17.23	31.37	35.26
		Kane FARRELL	2.15.12	35.36	34.28
				31.59	35.16
				35.88	34.60
				30.57	34.06
				35.66	34.83
		6.	St Felix School	St Felix Sch	9:05.25
George STANNARD	2.18.01			31.72	35.16
Jack BARTLETT	2.09.57			36.94	34.19
Jordan PURDY	2.16.21			29.25	32.95
Nick CATTON	2.21.46			34.10	33.27
				31.19	34.19
				35.68	35.15
				32.44	36.01
				37.87	35.14
7.	Epping Forest			Epping For't	9:09.70
		Henry MAHER	2.14.94	30.30	34.35
		Freddy CASSFORD	2.16.12	35.95	34.34
		Hayden THOMAS	2.23.22	31.11	34.86
		Lee BAKER	2.15.42	35.66	34.49
				31.78	36.71
				38.35	36.38
				29.05	33.99
				36.39	35.99